

MEAT FOR THE WEEK-END-FLORAL HAT TRIMMINGS ADVENTURES WITH A PURSE-CYNTHIA

MRS. WILSON PLANS USE OF CUT OF LAMB

Chops for Saturday Night, Shoulder for Sunday and Leftovers for Dinner Monday

Shepherd's Pie Is Economical and Nutritious, and Braised Red Cabbage Goes Well With It

By MRS. M. A. WILSON (Copyright, 1919, by Mrs. M. A. Wilson. All rights reserved.) THE end of the month of November finds the salad plants increasing in cost, so that frequently the thrifty housewife who needs to see the full value for each penny for food decides that she will eliminate these expensive greens from the menu.

SATURDAY Dinner Barley Broth Neck Chops in Casserole Baked Sweet Potatoes Carrots Pickled Red Cabbage Apples Coffee

SUNDAY Dinner Clear Tomato Soup Roast Shoulder of Lamb Cranberry Sauce Brown Gravy Mashed Turnips Coleslaw Gelatin Coffee

MONDAY Dinner Cole Slaw Shepherd's Pie Radishes Braised Red Cabbage Celery Salad Old-fashioned Rice Pudding Coffee

Have the butcher bone and roll a shoulder, selecting a shoulder that weighs about three and one-half pounds. Crack the bones well. Wash the bones and place in a stock pot and add:

Three pints of water. Two onions, minced fine. One faggot of soup herbs. One-quarter cup of well-washed barley.

Cook slowly for two hours and then remove the bones, season and add two tablespoons of finely minced parsley.

Neck Chops in Casserole Have the butcher cut one and one-half pounds of neck chops into four pieces and then wipe with a damp cloth. Roll in flour and brown quickly in hot fat. Lift to a casserole dish and add:

One cup of finely chopped onions. Four tablespoons of finely chopped parsley. One and one-half cups of brown gravy.

Cover the dish close and place in a slow oven for one and one-half hours. Make a brown gravy by adding four tablespoons of flour to the fat left in the frying pan after browning the meat.

Pickled Red Cabbage Select a firm head of cabbage, cut in half and shred fine a sufficient amount of it to measure about two cups. Place the cabbage in a bowl and add:

Two onions, chopped fine. One green pepper, chopped fine. Now place in a saucepan: One tablespoon of bacon fat. One-half cup of vinegar. One teaspoon of salt. One teaspoon of white pepper. One-quarter teaspoon of mustard. Heat to the boiling point, then pour over the cabbage, chill and then serve.

Shepherd's Pie Cut the meat left from Sunday dinner into neat pieces and place in a casserole dish and add:

One and one-half cups of brown gravy. One cup of parboiled sliced carrots. One cup of parboiled and sliced onions. Season to taste. Now cover three-quarter inch deep with crust of well-

Ask Mrs. Wilson If you have any cooking problems, bring them to Mrs. Wilson. She will be glad to answer you through these columns. No personal replies, however, can be given. Address questions to Mrs. M. A. Wilson, EVENING PUBLIC LEDGER, Philadelphia.

Braised Red Cabbage Chop fine the balance of the head of red cabbage, place in a saucepan and cover with boiling water. Cook for five minutes and then turn into a colander and let the cold water run on it. Let drain well and then place four tablespoons of bacon fat in a frying pan and add three onions, minced fine, and the prepared cabbage. Cover closely and let simmer for twenty minutes over a slow fire. Turn frequently and just before serving, season with:

One-half teaspoon of salt. One-quarter teaspoon of white pepper. One tablespoon of vinegar. The market basket should require: One quart of turnips, minced fine. Gelatin and a stalk of celery.

Mrs. Wilson Answers Queries

No. 1 My dear Mrs. Wilson: I have been reading the Woman's Page and became very interested in your recipes and would be very pleased if you could tell me how much paraffin to use in chocolate, when coating chocolates. I want to make the cream chocolates for a church bazaar. I make cream chocolates and have fine luck with them, but the chocolate seems to turn gray and I notice and heard that others have paraffin in the chocolate. Please state the quantity. Would you also tell me where I could purchase a candy thermometer? Thanking you in advance.

MRS. F. Use one tablespoon of paraffin or two level tablespoons of cocoa butter to every half pound of dipping or hot chocolate. Your trouble seems to be that you use entirely too much heat while melting the chocolate. A candy thermometer can be bought in any of the department stores, in the housefurnishing department. Melt chocolate at 35 degrees Fahr. For recipe of sticky cinnamon bun see issue November 10.

No. 2 My dear Mrs. Wilson: Kindly inform me how mince-meat, made without meat, can be preserved for several months without the addition of spirits of any kind. I wish to make a supply shortly for the Christmas holidays and want to feel certain that it will keep well. Thanking you in advance.

MRS. F. E. W. See mince-meat recipe, week of November 24.

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Flowers That Bloom in Winter A Daily Fashion Talk by Florence Rose



The hat on the left is of beige duvetyl, with the popular visor effect. In the middle is a variation of the "off-the-face" shape, which is entirely covered with flowers. The hat on the right is of the third hat, but that tiny wreath of French flowers gives it just the touch it needs to make it distinctive.

Adventures With a Purse

MY MIND is turning Christmas-ward today, so naturally my steps have taken me in the direction of Christmas gifts in the shops. Now take, for instance, those birthstone rings. Every girl would like to have a ring set with her birthstone. And at one shop I know of you may buy them for \$1.50, \$2.50 and \$7.50, the main difference in the prices being caused by the size of the stones. The stones for the most part are oblong-shaped, set very plainly in gold. Their greatest charm is their utter simplicity. One would look very smart on the little finger.

Then there are the newest powder boxes. In general style they are like the sherry glasses with the keepies with their tiny skirts. But for handies, these have not the roguish keepies, but those demure little "wooden heads" that one sees in smart millinery shops. I am sure that you would like them. They cost \$1.65.

And the gift boxes of jelly. The box itself is of festive red, with Christmas greetings inscribed in black. Inside are six little glasses of delicious jelly, each one a different flavor. The price is \$1. Smaller boxes may be had for fifty cents.

Oh, yes, and that one gift table I

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The Woman's Exchange

Dressing Dolls for Homes To the Editor of Woman's Page:

Dear Madam—I am writing to ask you concerning a club. I would like to get together a number of girls who would be interested in working among the poor and crippled children in hospitals, orphanages, etc. If I cannot obtain any one interested in this work I would like to do something myself. My idea is to dress dolls and take them to the poor children in the hospitals; also books, candy, etc.

How would I go about this kind of work? What hospitals or homes have the very poor children, who need some attention? Could I do this kind of work in any hospital or do you have to obtain permission from the head of the same. SYMPATHIZER.

Piano Is in the Way To the Editor of Woman's Page: Dear Madam—I moved into a house last July, and the parties that moved left an old piano (old style). I have been after the people ever since I moved in the house to move the piano. It is in my way, as the rooms are very small, and they have failed to move it. Can you kindly advise me as to what step I should take to get it out. It is no good. It is out of order, and they don't care to move it. I had an idea of breaking it up, but I thought I would wait and get advice from some one who knows better than I. Will you kindly answer in the EVENING PUBLIC LEDGER as soon as possible what to do about it? MRS. T. F. B.

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NOBODY PAYS ATTENTION TO JENNY'S STATEMENTS

Because as Soon as She Realizes That Some One Disagrees With Her She Goes Right Over to the Other Side

THE discussion was about national prohibition, and the group was made up of several women. "I think it's a very good thing," one of them stated vehemently. "That is, I mean," she corrected herself, "it's a very good thing for some people for just a little while, don't you? Not for always, I mean, but just for a while. But I do think it awful," she hurried on, "to do it for always, just to say that nobody can ever have anything over."

Women like this remind me of a dog chasing a bird. Do you ever watch that? The dog wanders about looking for some kind of trouble to come along and make things interesting. Suddenly he sees a bird on the other side of the road, hopping serenely about, picking up a piece of something here, a bit of something else there and turning its head up contemptuously at a twig just

beyond. The dog's ears go up, then settle back and his tongue quivers. He stalks silently, a little nearer. The bird continues its impudent course, chirping cheerily now and then. Suddenly the dog makes a rush for it—and lands far beyond the spot where it was. The bird by that time is safe in the mysteries of a tangle of branches still chirping merrily. The dog grins rather sheepishly, looks around to see if any one saw him make a fool of himself, and then assumes a nonchalant air. "Why all the hurry?" his manner asks indifferently. "You don't suppose for a minute that I came all the way over here to get that silly little bird, do you? I really didn't even know there was a bird here. I came over to look at this stone. It has a peculiar appearance." And, having established his innocence, he burks once or twice and slinks off, looking frightfully embarrassed.

THESE women who make such decided statements, and then can't change them quickly enough when they see that they have taken the wrong standpoint, are very much like that dog. They rush upon a discussion so rapidly and with such a brave front that they haven't any bravery left when it comes to sticking to their remarks. Their rapid change to the other side is exactly like that dog's obvious explanation of his utter indifference to the

bird. You have to laugh at this embarrassment of the dog and nobody takes Jenny seriously either. Nobody respects any of these violent statements of hers that are so lacking in conviction, so "subject to change without notice." In fact, nobody even listens to her after having heard a few of them.

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