OLD-FASHIONED DISHES-FLORENCE ROSE FASHIONS-CYNTHIA'S ADVICE-WOMAN'S EXCHANGE

SOME OLDEN-TIME RECIPES ARE GIVEN BY MRS. WILSON

English Pepperpot, a Popu- Where You Can See lar Dish in Former Days, Is Still as Delicious as Ever

By MRS. M. A. WILSON (Copyright, 1918, by Mrs. M. A. Wilson, All

OLD-TIME English dishes that were familiar in the early days of Philadelphia bring back to the housewife of yestervear dainties of long ago. Philadelphia, true to the old south of England customs, early divided itself into local communities; namely, Southwark, Schuylkill, Germantown, Mount Airy, Chestout Hill, Frankford, Kensington Cash Lane and many other local sington, Oak Lane and many other local sections that were much closer to the city, such as Francisville, Girardville and others.

nd others.

Kensington is a typical English set-ement, settled and inhabited by the ood folk from the mill districts of Eng-nd. These weavers and their fellowworkers have kept in their midst the making of foods typical of the never-forgotten country places at home in Old England: Catfish and waffles, fried fish and potato chips, pepperpot, the world-renowned old English pork pies and puddings and also the suet pud-dings that are so dear to the sons and daughters of England.

daughters of England.

Occasionally through the streets of this community one still hears the call of the pepperpot vender. "Still hot, pepperpot"; or the fish vender, "Your fish—it's ready to cat; fried tish, two for a shilling." There were pork pies, just the kind mother used to make in the old country, in Nottingham. Oldham and in the shires. People felt that unless they had these delicious meaty pies in the fall of the year, they lost one of the real opportunities to indulge in the piessure of the countryside. No fair, baxaar or entertainment was a success unless these delicacies were promised. cess unless these delicacies were prom-inently displayed on the bill of fare.

English Pepperpot

English Pepperpot

Wash and cleanse thoroughly two well-cracked pigs' feet. Place in a soup kettle and add a good-sized veal bone and

One bunch of potherbs.

Two large onions, cut fine.

One small carrot, cut in dice.

One small furnip, diced.

And sufficient water to cover, usually about four quarts. Cook slowly for four hours and then strain off the stock and chop the meat fine from the feet and also the meat which has been picked from the bones. Add to the stock together with:

One teaspoon of siccet marjoram.

One teaspoon of siceet marjoram,
One teaspoon of salt,
One-half teaspoon of pepper.
And the dumplings, made as follows:
Place in a bowl

One done-half cups of flour, One teaspoon of salt, One teaspoon of pepper, One level tablespoon of baking pow-

Two tablespoons of grated onion, One-half teaspoon of powdered

Mix theroughly and then rub in two tablespoons of shortening and mix to a dough with six tablespoons of milk. Form into balls and drop in boiling stock. Cook for twenty minutes, then thicken slightly with flour and serve.

Fried Fish, English Style
Cleanse the fish thoroughly, then
wash well and drain. Roll in flour, then
season and fry in hot fat until golden
brown. Serve with mustard sauce.

Mustard Sauce One tablespoon of evaporated milk. One-half teaspoon of white pepper, One-half teaspoon of salt, One-half teaspoon of sugar. One teaspoon of mustard. Two tablespoons of salad oil.

Blend well and then add:

tablespoons of grated

Adventures With a Purse

IN ALL probability, you would pass it times without number, without once seeing it, for it is such a tiny little place. Only the artistic sign and the unusually lovely window tell the story of a fascinating interior. But to begin at the beginning, one time, several years ago, the proprietress happened to secure some lovely silverware direct from Holland. And before she knew it she had sold it all, and was being earnestly besought to get more. From this beginning, the idea of having a gift shop of her own grew until at last it has been realized. She has made a close study of Japanese and Chinese art, and you will find rare bits from the Orient. And her aquariums !queerly shaped bowls covered with tops of carved black lacquer, and adorned with a richly colored tassel and beads. In such an environment, the most domestic fish would assume an Oriental expression: And the chests—veritable treasure chests, with a riot of rarely colored silks peeping out! I assure you that this little shop is a corner from Arabian Nights. You will want to look around—and once you do, I warn you, you will be unable to come away emptyheuded. with a richly colored tassel and beads.

Little feet love to patter around before they are tucked in bed at night.
And of course on these cold nights this
is a very unwise procedure, unless they
are protected. There are tiny little
cuilted silk slippers, with sprays of
flowers embroidered on them. They
have no heels, of course, but they have
backs, so that they will stay on, and
they are quite the cunningest little slippers you ever did see. Their price is
\$1.25.

Did you know that if you prefer a hlack beaded bag, and want to make it yourself, you can get a top to match? I ran across some lovely gun metal tops today priced at \$4 and \$5.50. They are exceedingly plain, lending a beautiful finish to your bag, without in any way detracting from the handwork.

box that would make a nice pres-A box that would make a nice present to put in your small son's stocking is a surprise gift box containing a collection of mysterious packages. He opens one, and finds a diminutive wrist watch, on a tiny strap. Another concests a top, another a wee set of garden tools, and still another a box of crayons. There are nine surprise packages in all, and the box costs only 80 cents.

For the names of shops where ar-With a Purse' can be purchased, diress Editor of Woman's Page EVENING PUBLIC LEDGER, or phone Woman's Department, Walnut Mrs. Wilson's Movies

These interesting cooking pictures that are so popular among the housewives of the city will be shown again all this week. They will be exhibited as follows:

CORN MUFFINS Thursday and Friday-Great Northern, Broad and Eric avenue. CHARLOTTE RUSSE

Thursday and Friday-Empress Theatre, Main street, Manayunk. LEBANON CRUMB CAKE Thursday, Friday and Saturday -Market Street Theatre, 333 Mar-

cet street the box office of the theatre or send a self-addressed envelope to the editor of Woman's Page.

Two tablespoons of finely minced

Ye Olde-Tyme Pork Pye The English housewife usually uses individual pans or custard cups for this pie. Line either custard cups or individual pie plates with pastry made as

follows: Place in a mixing bowl

hree-quarters cup of finely chopped suct and mix to a dough with one-half cup of milk or water. Roll one-quarter inch thick on floured pastry board and of the maple. then line the dishes and fitt them with and then place in a bowl the following mixture: Place in a mixing bowl

One pound of sausage meat, Two cups of breaderumbs, One-half cup of grated onions, Four tablespoons of finely minced

parsley, Eight tablespoons of greats sauce or

Mix thoroughly and then divide into five individual pies. Cover with the top crust and cut gashes in the top crust. Brush with milk or water and bake in a slow oven for one hour.

Fried Pies Place in a mixing bowl
Two cups of flour.
One teaspoon of salt.
Two teaspoons of baking powder.
Sift and then rub in five tablespoons

Sift and then rub in five tablespoons of flour and work to a smooth dough with one-half cup of ice-cold water. Roll out one-quarter inch thick and spread with the mixture prepared for the pork pie. Brush the edges with water and press them firrally together. Let stand for fifteen minutes and then fry like crullers in hot fat.

Mrs. Wilson Answers Queries

No. 25 My dear Mrs. Wilson: I would appreciate it very much if you would please give me the di-

The Question Corner Today's Inquiries

What combination of metals and chemicals will clean flat silver

without harming it, and without the necessity of rubbing?
2. Of what material are many after-noon dresses for dressy occasions

made? If it is impossible to accept an invitation to a shower for a bride-to-be, how should the present be

sent?
. How can charcoal be freshened
to absorb odors in a refrigerator?
. What will clean metal lace?

6. In edging washable curtains with glmp, what should be allowed for?

Yesterday's Answers

Yesterday's Answers

Miss Florence King, of Chicago, who is president of the National Woman's Association of Commerce, and is an attorney, has the added distinction of being the only woman in the United States who ever won a case before the Supreme Court.

Clean window shades by rubbing them with dry flour or corn-

with dry flour or corn

A convenient utensil for the kit-3. A convenient utensil for the kitchenette or camping outfit is a knife, fork and spoon, attached together at the handles and jointed so that they will fold up into about one-half of the space they would ordinarily occupy, 4. A fascinating book for the children has talking-machine records fastened in it to describe the picture and rhymes.

picture and rhymes.

A good way to keep bills folded together in the pocketbook or handbag is to clip them together with a paper-clip.

Porcelain can be polished bright and new with whiting.

The

Ye Olde-Tyme Pork Pye in Individual Pie Plates Is Baked in the Oven an Hour

rections for chocolate cornstarch pud-ding and beef croquettes and oblige, (Mrs.) J. C. K.

Chocolate Cornstarch Pudding lace in a saucepan Two cups of milk, One-half cup of cocoa, One-half cup of cornstarch.

Stir to dissolve thoroughly and then bring to a boil and cook for three minutes. Add two-thirds cup of sugar and beat to mix thoroughly, and then cook for two minutes. Remove from the fire and add One teaspaon of vanilla, One-quarter teaspoon of cinnamou

Beef Croquettes

One and one half cups of finely chapped cooked beet.
One cup of very thick cream sauce, One teaspoon salt. One teaspoon of paprika, One teaspoon of Worcestshire sauce,

One-quarter teaspoon of mustard,

Tico tablespoons of grated onion. Mix thoroughly and then form into croquettes and roll lightly in flour. Dip in beaten egg and then in fine crumbs, and fry until golden brown in hot fat.

Two cups of sifted flour,
One-half teaspoon of salt.
One level tablespoon of baking powler.
Sift to mix and theu rub into the flour

(Mrs.) F. S. B To Clarify Maple Sirup Your sirup is evidently the true sap the maple. Place it in a saucepan

My dear Mrs. Wilson:
Kindly publish a recipe for creamed codfish. Thanking you in advance.

J. P. Creamed Codfish

Soak the boneless fish overnight and then parboils for twenty minutes. Or place one package of shredded codfish in a napkin and dip in hot water and then squeeze dry. Place One and one-half cups of milk

n saucepan and add Six tablespoons of flour. Stir to dissolve and then bring to a boil and cook for five minutes. Add the prepared fish and

Two tablespoons of finely chopped One teaspoon of paprika.

Heat and then serve on toast No 20

My dear Mrs. Wilson: Will you be kind enough to give will you be kind enough to give me some suggestions as to what I can do with a number of coconuts all of which I cannot use at once? Will they keep in the shells for any length of time? Or if you can give me any recipes for using or preserving them I shall appreciate the same. (Mrs.) E. H.

Coconuts will keep in the shell all winter, if kept in a cool place until

Kitchen Paper

Paper has many uses in the kitchen. The cook needs a piece of paper on which to drain the fried croquettes, the fritter or the doughnut, and she reaches out for the brown paper that came around the meat. She turns to the same source when she wishes paper for liming a cake pan. A little reflection, the home economics kitchen of the Department of Agriculture suggests, will show how far from cleanly is this practice. In every kitchen a roll of grocer's caper on its frame will prove useful. You are then sure of having paper that has not been handled since it was rolled up by machinery in the factory. Paraffin paper should be on hand for covering food, for wrapping up sandwiches for school lunches, and for similar purposes.

greasy pans and kettles.

CHARMING COSTUME Please Tell Me OF ALL-BLACK VELVET What to Do.



The embroidery in colored wool is the only touch of color on this frock which would be suitable for an afternoon tea, luncheon or matinee. The toque is also of black velvet with a single ostrich feather White of one egg,
One-half cup of water,
The crushed egg shell.
One teaspoon of powdered charcoal.

A Daily Fashion Talk by Florence Rose

One-held cup of cater,
The crushed egg shell.
One teaspoon of pondered charcoal.
Mix to blend before adding to the strup. Heat the mixture slowly and bring to a boil. Cook for ten minutes and then stand until cool. Filter and use.

No. 44

My dear Mrs. Wilson:
One of us wrote you some time ago asking whether you would kindly explain how to make fondant iceing, marshmallow iceing and whether rose water which a cake recipe sometimes calls for, is the rose water which a cake recipe sometimes calls for, is the rose water which a cake recipe sometimes calls for, is the rose water which a cake recipe sometime calls for, is the rose water which you buy in a drug store. I guess in some way this letter was so verlocked by you. Will you please the let us know at your convenience? Thanking you. I am.

My dear Mrs. Wilson:

No. 25

My dear Mrs. Wilson:

Kindly publish a recipe for creamed.

Kindly publish a recipe for creamed codish. Thanking you in advance.

J. 2. Creamed Codfish.

Note the the mixture slowly and bring to a bill. Sashion Talk by Florence Rose of the sales of black has had such a vogue in France, represence? BOOB MeNUIT.

The toque is also of black hose one of the presence? Bood and even ingle from the street or at a party because he is with a girl? That is about the represence? Is a man to cut all his friends in the street or at a party because he is with a girl? That is about a convergence of the beauty and minimizing the defects of a woman's street when you how you are associated a water which a cake recipe sometime ago asking whether you would kindly explain how to make fondant iceing, marshmallow iceing and whether cross vater which a cake recipe sometimes calls for, is the rose water which a cake recipe sometime ago asking whether you would so the convergence of black has come just because the wind provide heat to see that let us know at your column, but the other matter of fact, more and more woman puring and s

Black velvet has always had less gloom about it than any other black fabric, and this is no doubt because black velvet itself is never deemed suit-

black velvet itself is never deemed suitable for mourning.

Rich appearing in itself, the black velvet is here enriched by the addition of black velvet cloth embroidered in colored wools. And, verily, so long as we demand fabrics so rich and trimmings so splendid we can hardly hope to reduce the high cost of wearing clothes. With this black frock is wern a shaped toque of black velvet, trimmed with an entrick feather.

Converight, 1919, by Florence Rose

Storing Clothes

In putting garments away for the season, guard against wrinkling, stretching, fading and insects. Fold so that creases will correspond as far as possible with the folds into which the season folls in way. as possible with the folds into which
the garment falls in use. Do not allow
weight to rest on folded garments.
Garments of firm materials may be left
hanging if carefully covered against
dust and insects; but sleazy materials.
It heavily trimmed garments, and circular
skirts are likely to be stretched out of
shape by their own weight. Keep in
the dark to avaid change in color.
Removable and washable collars, cuffs
and linings save cleaning in women's
dresses, waists, and coats.

THE GREAT NATIONAL DISEASE

Alfred W. McCann, Eminent Food Authority, Explains the Importance of Bran to Relieve It

Alfred W. McCann, in his greatealth book, "The Science of Eating," calls attention to the vast improvement in health of the Igorote soldiers in Buena Vista, Cavite Province, Philip-Newspapers cut into pieces of con-pine Islands, when Dr. Donald Me-venient size or old catalogues, if used to Caskey, medical inspector in charge, place under kettles or pans, will save much scrubbing of the sink or table. Light brown paper or tissue paper should be saved for use in cleaning mineral starvation and constipation is mineral starvation and constipation is receiving more attention today in med-ical circles than at any time during the past forty years.

Mr. McCann recently visited W. K. Kellogg at Battle Creek and as a result made the following statement:

"Bran contains phosphorus, iron, lime, potassium and many other medi-cinal properties discarded in the modern process of milling grain to the form of white flour. For this reason Americans should form the bran habit, consuming two or three tablespoonfuls daily.

"Kellogg's Krumbled Bran prepared under a process originated by W. K. Kellogg, the famous food manufacturer of Battle Creek, Mich., is designed to contribute all the rich solubles and extractives of wheat bran to America's ne-sided diet.

disease. Its gravity consists in the fact that it leads to so many other diseases. Because it readily submits in the vast majority of cases to the laxative action of clean bran, no housewife should ignore the virtues of this too long neglected food. Whatever objections may have heretofore been found to bran have been overcome in the new, healthful and Mavorful food cooked in the big kitchens at Battle Creek."

Kellogg's Krumbled Bran is on sale in the Kellogg "Waxtite" packages at all grocers, and W. K. Kellogg per-sonally guarantees entire satisfaction.

By CYNTHIA

A Rap for "Virtuous" Dear Cynthia—It seems to me that "Virtuous" is missing something in life. Kissing among girls and boys without real love as a foundation is not a crime, but it is cheapening. When we invite a guest to a meal we hardly expect any one who pleases to nibble at the guest's meal as it is passed to him.

home every hight to hid her like that home his how whose right it is. A man in marrying a girl gives to her his love, his name, his protection and a home, and surely the least that we can do is to guard as sacred that which should be kept for the least that we can do is to guard as sacred that which should be kept for the least that we can do is to guard as sacred that which should be kept for the least that we can do is to guard as sacred that which should be kept for the least that we can do is to guard as sacred that which should be kept for the least that we can do is to guard as sacred that which should be kept for the least that we can do is to guard as sacred that which should be kept for the least that we can do is to guard as sacred that which should be kept for the least that we can do is to guard as sacred that which should be kept for the least that we can do is to guard as sacred that which should be kept for the least that we can do is to guard as sacred that which should be kept for the least that we can do is to guard as sacred that which should be kept for the least that we can do is to guard as the least that we can do is to guard as the least that we can do is to guard as the least that the

that although a man will take all that a girl will give him, he gives respect to the girls who refuse familiarities. The best men are those who respect women, and if we do more to win the respect of the men we raise the standard of our men. Maybe there would be more men hanging to the straps in the trolley cars in place of women. I do not speak from theory, but from what I have seen in life, and I know many girls who feel as I do. I have had my share of sunshine and shadow, but I have never regretted that I have been and can still be

HAPPY WITHOUT KISSES.

She Wouldn't Speak to Him Dear Cynthia—On Halloween I went out with a girl I liked very much and she also liked me, but because a few other girls I knew spoke to me she would not walk home with me. I tried to apologize to her, but she would not accept it. Now, please tell me what to do in this case. cept it. Now, do in this case.

do in this case.

And just a word to M. S. I used to be down on "dolls" myself, but I find out that the girls of today are just as nice as those of yesterday even though they do use powder and paint. And nine out of ten of them cannot cook. Why is it some girls do not like paint and powder?

BOOR MeNUTT.

BOOB MeNUTT.

year round.

Three pints cranberries, 14 cup water, 2 cups sugar (or 2 cups of white corn syrap). Cook the cranberries and water until the skins of the fruit are broken; then press through a sieve, and cook this pulp until it becomes quick thick; add the

ties, always ask for

WOMEN WHO STOP YOUR WORK would take the coat off her back and give it to you if she thought you hadn't TO DISCUSS THEIR FRIENDS any of your own. "This used to be Sara's," she would say, meanwhile.

Often Forget That You Haven't the Slightest Idea of Whom

They Are Talking—They Think You're Interested Because They Are

"I JUST got this centerplece from Lucy—isn't it lovely? You know, Lucy does such beautiful work since she's been so sick. It's too had, though."

Sara's," she would say, meanwhile.

"but she's got too stout for it and so I just stepped right into it."

They aren't her sisters, her cousins, or her aunis, these unknown people she talks about. Nobody ever quite finds out what they are. And when the long story about them is told in the midst of traffic while the victim is wondering which car will hit her and what hospital she will be taken to, it really doesn't make very much difference who they are, anyhow.

she's been so sick. It's too bad, though. I don't see how Jim stands it, going How much less should we let who will home every night to find her like that.

You meet them on your front porch one man, for every real woman desires a home and children of her own.

Another thing to be remembered is that although a man will take all that mail from the postman; they come into mail from the postman; they come into your office just at the rush hour of your busy day. They stop you in the midst of everything and push the button that starts the flow of talk. And then they converse fluently with themselves, aiming their words in your direction, and waiting for your acknowledgment about people that you never heard of before.

people that you never heard of before.

There was a girl like that who went to boarding school. Her only brother had just died, and she was still receiving notes, letters, and cards of condolence. Her grief was so deep, her appreciation so great and her self-absorption so pronounced that she read every single one of those notes to every single girl who came into the room. She thought they were all as interested as she was. All the girls were so sympathetic that they wouldn't think of stopping her, but, oh, how they did get bored with it!

"Oh, this is from Nancy," she would exclaim. "Wait till I read you this. It sounds so like her." And none of them knew Nancy or who she was or anything about her.

YOU can't call a person like this selfish. Let her catch you in need of sympathy or help, or a cup of milk,

Let MILK build up under-nourished children

Let milk put extra flesh on the underweight children-extra energy into sluggish little bodies.

When a body is tired and out of

sorts there's nothing so refresh-

ing as a steaming, fragrant cup

of Tetley's Green Label Tea-

full-flavored and stimulating. The

clear color and strong flavor are

Tetley's Tea

It's all in the blending - Tetley's Teas are gathered from the world's

finest gardens and blended from 15 or

more different teas.

Milk is nature's best food. It contains all the food-elements necessary to life—some that are not found in other foods. That's why doctors are advising the use of more milk. For they know the seriousness of under-weight and under-nourishment in children-and that milk helps to correct this deficiency.

Weight Table for Parents:

If you do not know standard sigures for weight and measure-ment of children, ask our driver for our free booklet: "Milk - Its relation to normal weight." Or phone the main office— (Bell) Poplar 3503

Just try this: Weigh your child today and keep a record of the figures. Include one quart of milk in the daily diet-for a month. Then weigh the child and see the improvement. Test for yourself the body-building, dis-ease-resisting power of this vital food for children fresh MILK.

Supplee-Wills-Jones Philadelphia, Ocean City, Atlantic City, Chester

Fresh Milk-Vital Food for Children

Take It With You

From floor to floor. It is a "best friend" to the housewife who loves to have a dustless home.

OHIO TUEC **Electric Cleaner**

s light in weight, easily handled, cleans thoroughly and quickly. Why drive the dirt

from place to place when you can so readily get it ALL at once without labor or muss? Ask your nearest dealer to

demonstrate. If he does not have it we will tell you where you can see it. Also

Free-Westinghouse Electric Sewing Machine Highlander Electric Washer

H. C. Roberts Electric Supply Co. Wholesale Distributors Philadelphia, Pa.

surprised at the prompt and blessed relief. RESINOL SHAVING STICK gives a rich lather, full of soothing, healing properties which leave

All druggists carry the Resinol



treatment Is a simple effective remedy for sufferers from itching, burning, skin troubles. Try today, bathing that uncomfortable, irritated surface with RESINOL SOAP and warm water. After you have dried it gently with a soft cloth, apply RESINOL OINTMENT with the finger tips. Then see if you are not

the skin comfortable and refreshed.



"Constipation is the great untional

or he authorizes the grocer to refund the purchase price.

Sugar Savers

Spread Cranberry Butter on bread for

the youngsters, at meals and between meals.

It is far cheaper than dairy butter, is whole-

some, and they sure do like that tasty Cran-

berry tang. Put it up now for use all the

Cranberry Butter

Always cook Cranberries in porcelain-lined,

To be sure of the choicest cultivated varie-

Eatmor Cranberries

enameled or aluminum vessels.

sugar (and syrup if you use it), and cook for 34 hour over a very gentle fire, stirring constantly. When slightly cool turn into jurs, and cover closely.

Rich-Spicy-Full of Fruits-Nuts Aplenty-

Butter Shortened-



It's "The Cake That Made Mother Stop Baking," and it is reasonably priced.

Eight liberal pertions to the cake.