

ECONOMY TALK WOMAN'S EXCHANGE—UNUSUAL LAMPSHADE—THE IDEAL WIFE—CYNTHIA

MRS. WILSON SUGGESTS HOW TO CUT DOWN COST OF LIVING

Special Care Should Be Taken Not to Waste Small Bits of Food Good for Next Day

By MRS. M. A. WILSON
WHAT part do you play in helping to keep up the high cost of living and how far are you willing to economize in an effort to help cut the cost that threatens to prevent the housewife from supplying her family with sufficient nourishment to maintain life?



MRS. M. A. WILSON

Oven Thermometer Will Save Its Cost in Economy by Regulating Amount of Heat Necessary

and can't get any sugar. What can I do to keep them from spoiling? Can I preserve or cook them, and use sugar, as we use them? Will they keep as well? You have helped me many times and your reply will be much appreciated. Accept my sincere thanks a thousand times. PHILA.

The Woman's Exchange

Newlywed's Monogram
Dear Madam—Would like you to inform me which is the proper way to monogram my household linens. Am a young bride and wish to use my marriage name on them. For instance my initials would be V. D. and I am now Mrs. F. P. Would I monogram them V. D. F. P. or otherwise? Thanking you a thousand times and good luck to your column. NEWLYWED.

Wants to Weigh More

Dear Madam—You have given so much helpful advice to others that I can't help asking you please to favor me with the same. My trouble is a physical one and I would like to hear your opinion. I am a young man, eighteen years of age, am 5 feet 8 inches tall, and weigh 141½ pounds with outer garments. Now I believe that I am not of sufficient weight for a man of my height and age. Is that true? I should really weigh around 152 pounds, and I am appealing to you to give me a method of increasing my weight. I have tried exercising, but to no avail. I am also a consistent walker, and I generally take a hike to the woods every day after school. Do you think this walking of miles tends to keep down a person's weight? MALE READER.

To Keep Cats Away

Dear Madam—We are very much annoyed by the moanings and noises of the cats at night. Is there anything we can do to keep the cats away? Does putting the hair up in kid-curlers injure it in any way? MAVIS.

The Question Corner

- 1. Which material is most popular now for evening gowns?
2. Describe the "Medici" collar.
3. What will help break the nail-biting habit?
4. What will give a healthy glow to the tips of the fingers and thus make the fingernails rosy?
5. How can the small pieces of soap in the bathroom be used?
6. What will prevent ants from getting on the kitchen table?

Saturday's Answers

- 1. Three hundred thousand babies die each year in the United States.
2. About one-half of this number die during their first month and the majority of the deaths are traceable to preventable causes.
3. Cucumbers are good for the complexion and the juice can be used raw if one chooses. Simply press the sliced cucumbers and apply the juice, letting it dry on the face. It can stay on all night. Rinse with warm water to remove.
4. White window shades can be cleaned by going over them with a sponge dipped in very thick soda-water made from white soap and warm water.
5. To renew worn linoleum go over it with a thin coating of good linseed oil.
6. Before applying new glue remove all the old. Vinegar will remove old glue.

making cheesecakes, cheese croquettes or cheese pudding. Remember that unless we seek to utilize every portion of food that is purchased we are all contributing to the high cost of living by helping to consume more than we need and thus causing a world-wide shortage of food. Until the consumption of food is considerably lower than the amount produced we will not only have high prices, but we are actually helping to increase materially the cost of these foods, hence we must watch their care, preparation and serving with an eagle eye.

Mrs. Wilson Answers Queries

No. 12
Dear Mrs. Wilson: Will you please tell me how to make bread and biscuits from graham flour? I have a hundred pounds from the government. Do you set a sponge with yeast, the same as for wheat bread, or do you use powder? Isn't graham flour the same as whole-wheat flour? Must wheat flour be used with it? I also have a large basket of quinces

BECOMING SUIT OF BROWN DUVETYN



The fullness at the hips makes this especially effective for the slender figure. The trimming with buttons is interesting.

A Daily Fashion Talk by Florence Rose

WHAT do you think about duvetyne? asks the woman who is planning to buy a new autumn or winter suit. Wisely enough she isn't gone brown as many dollars as a suit costs nowadays unless she knows something of the material in the suit.

There is no question or doubt as to the charm of duvetyne. No other material compares with it in tone. For instance, take, let us say, a serge and dye it exactly the same shade of brown as that used to dye a piece of duvetyne and you will see that the duvetyne takes on a warmth and softness and mellowness of color that the serge simply doesn't get at all. It is amazingly becoming, is duvetyne. And there are people who really cannot wear brown in other materials who look well in it in duvetyne. And duvetyne is very good for the stout woman. That is because in duvetyne there are very few highlights. The light seems to sink into the texture of the material; the one who wears it seems smaller than she really is. However, the suit shown in the cut is not a model to be selected by the lady of many pounds, but rather by her slender young daughter. For there is a fullness about the hips that requires a model to be selected by the lady of many pounds, but rather by her slender young daughter. For there is a fullness about the hips that requires a model to be selected by the lady of many pounds, but rather by her slender young daughter.

THE NEW FOLDING LAMPSHADE



The small city apartment, with its limited space, has brought forth many new designs in furniture and house-furnishings. Not the least important of the new designs is the umbrella lamp. The two illustrations tell the whole story. An ordinary lamp is fitted with a shade which may be raised and lowered like an umbrella. The convenience of this in an apartment is obvious: in the daytime the lamp shade is closed, while the lamp is put aside out of the way; at night the shade is raised, and we have an attractive reading lamp. If one is unable to find the frame for a shade of this kind, a child's parasol may be purchased and fitted to a lamp after the handle and tip have been cut off. A mechanic can easily adjust the parasol to the lamp, while the cotton covering may be removed and replaced with silk. Use the old covering as a pattern for cutting the silk; sew the seams and fasten the new covering to the frame, finishing it at the bottom with gilt braid or silk fringe.

Adventures With a Purse

THIS is to be an adventure among novelties. These little novelties are offered to you as suggestions for yourself, for your friend's birthday, or for your Christmas list. If you think that any one of these Adventures contains a suggestion for your Christmas list, I would advise you to ask me before you forget about it, even if you have not in mind buying things yet for Christmas. First of all, there is a holder for hot plates, that would make a most unusual and effective gift. It is four or five inches square, with pieces of wood pressing each other, so that the result looks like lattice work. It is painted purple, and then around the edges are tiny sprays of pink rosettes. It makes a most attractive accessory to the table, and the price is only 40 cents.

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Please Tell Me What to Do

By CYNTHIA

A Word to "Italian Beauty"
Dear Cynthia—I would like to say a few words to "An Italian Beauty." "Italian Beauty," before you sympathize with yourself. You say you knew a young man and all the girls were daffy about him on account of his money. He asked you to marry him; you didn't marry him. "Italian Beauty," with the Irish complexion, because you had money. Well, you would have married him if you hadn't spent the money, wouldn't you? Will you kindly tell me what makes you think you have such an awful amount of brains? I can't figure it out; and, one more thing, "Italian Beauty," with the Irish complexion, you seem to be ashamed that you are an Italian and proud to think you look Irish. And you said God blessed you with a complexion you don't have to buy in a drug store. People who brag about themselves don't get far.

A Few Words With "Buck"

Dear Cynthia—We have never written to you before although we were often tempted to. May we have a few words with Buck? Thank you. Buck: In regard to your statement about "paint and powder." We are both glad that there is some one who is broad-minded enough to see the harmlessness in using rouge. You really give us some encouragement for we both use "paint and powder" to a small extent, as our friends and relatives make us think we are committing a crime. We are not seventeen and high school girls and as we said before use "paint and powder," now Mr. Buck will you please answer us a few questions? Do you think it is wrong to use "beauty marks"? Do you think a girl when she has a fellow's fraternity pin or ring not being engaged should allow the fellow to kiss her? Personally neither of us allows kissing and some fellows consider us rather slow and we have been called to use the slang expression "walking icebergs."

PAINT AND POWDER

It should be hard, girls. Simply make up your minds not to kiss any one but the one you are to marry. We'll let Buck answer you, however, since you ask him so.

A Sad Case

Dear Cynthia—I am an exceptionally beautiful girl with blue eyes, and a swell dresser. Am desperately in love with a widower with three children and two automobiles, only he hasn't much education and eats peas with a knife. I really love him very dearly, but he is light complexioned, and I had my fortune told with a crystal gazer, and they said there is a dark-haired man waiting for me. I'm awfully worried and don't know what to do. Shall I marry him? I don't want to work any more. PERPLEXED.

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DO YOU WANT TO LIVE IN A HOME OR JUST A HOUSE?

Henry Forgets in Describing His Ideal Wife That a Good Housekeeper Is Not All That Is Necessary to Make a Home

HENRY is thinking of getting married. He hasn't decided just whom he'll marry, and I am afraid it will be long time before he does, because the list of virtues necessary in Henry's ideal wife would turn almost any girl into an angel before she reached her thirtieth birthday. Like every other man who is "thinking of getting married," Henry's most important requisite is "a good housekeeper." He thinks he's looking out for his comfort by insisting upon that, for men always seem to feel that if a girl can make lemon pie—and a good oyster stew—and is also able to darn their socks and "just put a few stitches" in a perfectly enormous hole (and incidentally do a house clean) she's "swell," what more could you want?

There's just one thing more, ladies. Now you will want it, only so far as later on, when wonderful cooking and unsurpassed housekeeping have become routine instead of remarkable. That one quality is the ability to make a comfortable home. For a house, you know, is not necessarily a home. And a home need not be a house; it may be a palace, a hut, or even just one shabby room. The name you can give to the place you live in depends almost entirely upon the woman who lives there. She may be the finest housekeeper in the world, according to your wishes; she may be able to cook a meal that will "make your hair curl." But if she doesn't know anything about comfort, she can't make a real home for you. If the place you live in has none of that enveloping atmosphere of ease, of comfort and of peace that distinguishes the right kind of a home you have to call it merely a house. A four-walled affair of brick, or stone or plaster, with some furniture in it. Cold, dreary?

There's something noticeably about a home. Something that you can go to and put your head down on, and think things out, something you can tell your troubles to, and enjoy things with. If the woman who lives there has made that place a real home, you will find that half the misery of your most troublesome times is in planning how you'll tell about them afterward at home. The burden of any problem or sorrow will be lightened by the sympathy and understanding you can look forward to having at home. At home! Just the sound of the words gives you a feeling of warmth, as if you had just come in out of a bitter wind into the steady radiating glow of burning coals in an open grate.



What about those ugly skin blemishes? Why don't you get rid of them? Be free to enjoy life—not unhappy because wherever you go people are noticing your poor complexion. RESINOL SOAP is just the help you need in that direction. Its wholesome lather roots the impurities out of the pores and helps to make the skin as nature intended it to be—radiant and healthy. It is also excellent for the bath and general toilet use. The Resinol medication it contains makes it an ideal cleanser for the hands which should be washed many times a day as a safeguard to health. At all druggists and toilet goods counters.

What about those ugly skin blemishes?

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Advertisement for La Resista corsets, featuring an illustration of a woman and text describing the product.

Advertisement for Wright, Tyndale & van Roden, Inc., featuring text about dinnerware sets and prices.