

**LUNCHEON FOR FIVE
PREPARED FOR \$1**

Mrs. Wilson, Evening Public Ledger Expert, Proves It at Food Fair

YES, AND 6 CENTS LEFT OVER

Healing the breach between a hearty appetite and a limited purse was successfully demonstrated last night, when Mrs. Mary A. Wilson, food expert for the Evening Public Ledger, showed the visitors at the Food Fair in the First Regiment Armory how to prepare a three-course luncheon for five persons for \$1.

Better still, only new materials were used, and after the shopping at market prices was finished six cents remained to be charged up to incidentals. "It is perfectly possible for a family of five to live on \$15 a week, or even less," said Mrs. Wilson. "And to prove that a twenty-cent luncheon can be entirely prepared from new materials, no left-overs of any sort need be used."

Women Crowd Booth
The booth was crowded with women and men who had come to see what wonders could be produced for a dollar. Some came with growing children, skeptical of the results of the demonstration, and went away satisfied when they saw five platters well filled.

A bean croquette, steaming hot, and macaroni with tomato sauce, was the first course; tomato and lettuce salad, the second; and for dessert, cut-up bananas, oranges, apples and coconut were covered with a jelly and egg whip. Bread and butter and a cup of tea went with the luncheon.

"No man," said Mrs. Wilson, "ever married a woman for a canned meal, for he can get a delicatessen store meal himself, and if people persist in eating out of a tin can, the cost of living will go higher and higher."

"If there is to be any real economy in the home, a little more time must be spent in the kitchen, planning and preparing for the most efficient use of foods."

How to Save in Meat

To show how cheap cuts of meat can be used most effectively, Mrs. Wilson will explain the different cuts at today's demonstrations. A side of beef and a side of lamb will be cut at the booth this afternoon.

Following the line of economy through effort spent in the kitchen, Mrs. Wilson will show how left overs can be transformed into palatable and inexpensive dishes.

Twenty-cent Luncheon

- 1/2 can beans07
- 2 eggs16
- 1/2 head lettuce05
- 1 onion01
- Shortening and crumbs10
- 1-3 box of macaroni04
- 1 can tomato sauce05
- 1 fresh tomato05
- Parsley02
- 1/2 of a ten-cent loaf of bread05
- 2 ounce of butter09
- Tea02
- Orange, apple, banana12
- Coconut03
- 1/4 glass of jelly04

Served to five persons \$.94

- Mayonnaise Without Eggs or Oil
- 1 cup milk
- 1/2 cup water
- 1/2 cup vinegar
- 1/2 cup flour

Stir the above until the flour is dissolved, cook the mixture until it is a rich cream, and add:
2 teaspoons paprika
1 teaspoon mustard
2 teaspoons sugar
1/2 teaspoon salt
4 tablespoons vinegar.
Keep in a glass jar.
(Level measurements only.)

WOMEN PLAN THRIFT DRIVE

Philadelphia Section of Jewish Council Will Provide Course

A thrift campaign to combat the high cost of living which will include co-operative buying and a government course in thrift for housewives, is planned by the Philadelphia section, Council of Jewish Women. That is announced by Mrs. Max Margolis, president of the organization. Plans will be made at the November meeting of the section. They will include, it is believed, a course in thrift conducted here by Miss Georgia Bacon, government expert on household economics. The proposed program calls for unusual economies on the part of women who participate.

NAVY FOOD GIVING OUT

Surplus Stores Fast Being Depleted.

Many Buying Government Stocks

Navy surplus stores of food in this city may soon be exhausted, according to Lieutenant Wayne, who has charge of the sale in Philadelphia. Yesterday persons stood in line throughout the day at Fifty-second and Spruce streets where army and navy surplus food were being sold at the store of Fred P. Bell. Another sale will be held there next Wednesday.

Today retail sales of government food are taking place at Sixteenth and Arch streets, the Schuykill arsenal, the Third Regiment Armory and at the Bell warehouse, 1450 Gray's Ferry road.



Owners of Real Estate on Chestnut, Walnut, Spruce and the Intersecting streets running North and South will be mightily interested in the inquiries we are receiving for just such properties. We can increase your income through rental—or sell for you at a substantial figure. If you can spare a few minutes to talk the matter over with us, we think you'll find the time very profitably spent.

J. Jackson & Co.
REALTORS

City Office, Chestnut at 12th
Broadway Office, Cor. Rising Sun Ave.
Sub. Lane Office, Spruce Street

Gimbel Brothers

Store Hours—9 to 5:30

For Tomorrow—Friday

Thursday, October 30, 1919

**This Is the Greatest Sale of
WOMEN'S and MISSES' COATS
That Philadelphia Has Known: Gimbels**

Thank the Warm October Days for the Chance to Select From
Two Thousand Stylish Garments
At **\$21.75**

—for when the warm days came, the makers' business stopped. They grew frantic and sold these coats at a loss, to realize instant cash.

The Sale Is Staged on the Thoroughfare and in the Subway Store

with more than 150 salespeople and every facility for quick, comfortable service.

Savings of \$10 to \$30 on Each Coat

More than fifty styles to choose from—any one's preference can be met. Nineteen smart models are pictured.

Pertinent Facts Briefly Told

The Fabrics:

- Tinseltone
- Bolivia
- Silvertone
- Suede Velour
- Seal plush
- Cheviots
- Beaver fabric fur
- Muskat fabric fur
- Broadcloth
- Silvertip
- Velour
- Polo Cloth
- Broadtail plush
- Mixtures
- Artex fabric fur
- Tiger fabric fur

The Colors:

- Black
- Navy
- Pekin
- Taupe
- Bison
- Seal brown
- Henna
- Plum
- Burgundy
- Russian green
- Oxford
- Beaver
- Mahogany
- Russet brown
- Oriental blue

The Styles:

- Long Coats
- Three-quarter Coats
- "Johnny" Coats
- Shawl Collars
- Cross-over Collars
- Belted Models
- Loose-back
- Pleated Back
- Raglan Models
- Chin Chin Collars
- Choker Collars

The Linings and Trimmings

Fancy silk or satin linings.
Sol silk linings.
Full lined; half lined; few unlined yoke models.
Fur trimmings include sealine, coney, skunk-opossum, kit-coney, raccoon.
Also beaver-fabric fur and Baffin seal fabric-fur trimmed.

All Sizes for Maid or Matron

Juniors of 15 to 19 years. For misses of 14 to 18 years.
Women's sizes, 36 to 44 bust. Extra sizes, 43 to 53 bust.

—Subway Store and First floor Thoroughfare

Gimbel Brothers: Philadelphia



**CHOICE AT
\$21.75**