

PUDDINGS AND CAKES—WOMAN'S EXCHANGE—THAT TRIVIAL POSITION—CYNTHIA'S ANSWERS

MRS. WILSON GIVES SEVERAL GOOD RECIPES FOR DESSERTS

Cinnamon Loaf Cake and Fig Pudding Are Not Hard to Prepare and Are Delicious When Made

Mocha Mousse Is a Timely Frozen Dish That Requires No Sugar in the Making

By MRS. M. A. WILSON

SHORTLY after the beginning of the war the good housewives of the thriving suburban village decided that they had reached the limit of their patience with the farmers in the surrounding counties.

When one of the members of the Garden Club was asked how the idea originated, she explained to me that the farmers in the vicinity were attracted by the city prices and very grudgingly allowed them only a very small portion of the produce.

On plots that the average person devotes to a lawn, these folk grew potatoes that would compare favorably with the Idaho finest for baking and cooking.

Ever-bearing raspberries and strawberries and a Jamaica tomato, with more than fifty varieties of flowers, filled the large hall at one of their exhibitions.

The housewives of the community are splendid cooks and they know that the readers of this paper would be anxious to have some of their recipes, which I have spent one afternoon in gathering.

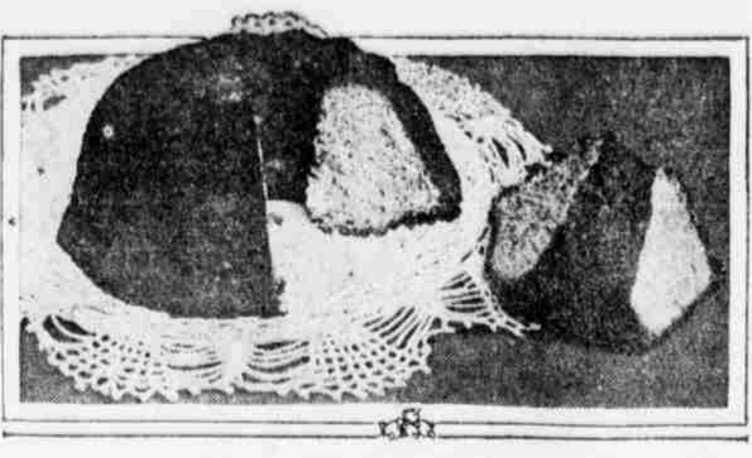
Cinnamon Loaf Cake Three-quarters cup of sugar, Yolk of one egg, Four tablespoons of shortening, Cream until light lemon color and then add

Fig Pudding Place in a mixing bowl One cup of finely chopped suet, Two cups of bread crumbs, One cup of flour,

Fried Fig Pudding Cut slices of leftover pudding about three-quarters of an inch thick and then dip in batter and fry golden brown in hot fat. Serve with lemon sauce.

Rice Flour Sponge Cake This cake is most delicious. Just like a breath of summer and deliciously flaky. Sift Two-thirds cup of sugar, Seven-eighths cup of rice flour,

Mocha Mousse Whip one cup of cream until stiff and then place one cup of white corn syrup and four tablespoons of



A piece of the flaky rice flour sponge cake that Mrs. Wilson gives directions for in today's article

Mrs. Wilson at Food Fair: What She Does and When

Mrs. Mary A. Wilson, food expert of the Evening Public Ledger, is giving cooking demonstrations daily at the Food Fair in the First Regiment Armory, Broad and Callowhill streets.

Her program for today and Thursday follows: THIS AFTERNOON 3 p. m.—Breads, pastries, cream puffs.

TONIGHT 8 p. m.—Planning and serving a luncheon costing twenty cents per person.

TOMORROW 3 p. m.—Breads, using left-overs. 8 p. m.—Dried fruits and nut-fins.

coffee in a saucepan and bring to a boil. Cook for six minutes, strain through cheesecloth and then add the yolks of two eggs. Beat well and then let cool. Add the stiffly beaten whites of two eggs, then the whipped cream and one teaspoon of mocha extract. Fold lightly together and pour into a mold. A one-pound coffee can is splendid for this purpose.

Paek in ice and salt for two and one-half hours, using one part salt to three parts ice. Remove from the salt pack and when ready serve and wipe with a cloth which has been wrung from hot water. The mousse will then slide out on a platter. Serve at once with rice sponge cake. This amount will serve five or six persons.

Mrs. Wilson Answers Queries

No. 5 My dear Mrs. Wilson: Will you kindly inform me if I ought to do anything to glass cooking dishes before using them for the first time? Why do my stew dumplings always go together in one mass, even after dropping by the spoonfuls, carefully? Also, the dough always rises the cover of the pot and boils over the oil stove. When I make a stew—kept covered with water, too—the vegetables and some pieces of the meat will stick to the kettle, forming a hard, brown, burned substance to clean out, taking much time and labor. Is there a perforated piece that comes to place in the bottom of pots to help? Is it the air chamber between that does not work? Have tried in several stores, but they do not keep them, or have not heard of them, etc. When you state brush over the pie-crust, or brush over the top of, etc., what do you brush with? READER.

Wash the dish in warm water and dry well. You use a saucepan that is too small. Have sufficient gravy in the stew to allow the dumplings to cook, not less than three or four cups of liquid. Use an asbestos mat under the saucepan and shake it occasionally, or use a wire pot stand in the bottom of the kettle. Use white paint brush for brushing the pastry.

No. 23 My dear Mrs. Wilson: I make a mint sauce for puddings. It tastes very nice, but when I put in the wine it seems to curdle the eggs. Can you tell me what is the trouble? L. J. T.

Put the liquids together first and then add the butter, sugar and then lastly the beaten egg, taking the mixture from the stove just after adding the egg. Egg cooks at a low temperature and must be beaten very hard to blend thoroughly as soon as added to the mixture.

THOMAS A. EDISON Invites you to hear the New Edison W. C. STIVER CO. Salesroom for The New Edison 64 WEST CHELLEN AVE. Germantown Open Evenings 6 to 8:30

Please Tell Me What to Do

By CYNTHIA

Take Notice, Adam Dear Cynthia—I certainly do hope that "Adam's" visit to the city is long enough to get a glance at this: Adam—Such slang, Adam, such slang! Well, you're right, the styles are most "ridiculous looking"—to a farmer. An example: If George Washington should come back to life tomorrow he would think us dirty dirties for not wearing knickerbockers and powdering our hair, what?

I'd imagine myself that, just as you said, the "fougey lizards" cut you out at a dance.

A DAILY READER WHO SEES AND HEARS ALL.

You Can Trust Some

Dear Cynthia—May I say a few words to some of your girl readers who think that a man can trust women after one fooling him? I am a policeman and I, too, was fooled once by a girl whom I thought some day to make my wife. This was five years ago. I loved this girl more than life. She was very pretty and a good little girl. You can leave it to a cop to tell which girl is good. I was but twenty-two then, people say I still look the same age. I was on the force then and I went around with her for more than two years, until I told her how much I loved her. She told me she loved me and couldn't live without me. I gave her a diamond ring and other presents. She was a good girl herself. I did not have much money then; I did not care to save any. I spent it on good times with her.

I'm not a bad-looking man. I don't drink or gamble; I never did and I never will. People think all policemen drink and gamble. No, readers, there are all kinds of men in the world. I wanted a home then and she dropped me for no reason, only that I was a policeman. That is, I think that was the reason. My parents are gone and they left me a little money. Well, I sold a house. My brother was killed in France. Now I am all alone in this house. We were the only children. The neighbors are all gone. I have to cook, sew and do housework just like any other woman. And it doesn't take me so long to do it. At times I feel like a married man.

Wake a married man. I don't want to make the story short, this man gambles and I don't think there is peace in this woman's home. No, I know they fight around like cats and dogs. She left him a few times, so if you are going to get married, you had better look for a poor fellow from the start. Look for the big timer, the kind I arrest at times. These men always have money and a flake on them. Like a fish, bites. I never wrote anything in your paper before. I read your paper every day and I never go home without the paper. The neighbors like me to their parties and I don't go because I can't trust them any more. Another reason, I can't dance. The men sometimes kid me and say I haven't got a cent. Well, I have a girl who can cook as good as I can and make my home as it is today. I will marry her. But where are that kind?

A DOWNTOWN COP.

Cynthia is very interested in your letter and she is glad to be able to assure you that there are many trustworthy girls, one of whom you will come to love some day and who will make you happy. They are to be found and you must not let yourself become hardened in thought because one weak and frivolous woman made a sad mistake and is living to regret it. When love comes, do not hesitate to welcome it and be happy.

She Will Give Right One Love Dear Cynthia—I just cannot resist answering "Serg" Arnes. There are so many real girls who are worth while that I feel sorry that he has not been fortunate enough to meet them. Girls should be placed on a higher level than he has put them.

I am a young girl and have several boy friends. They do not even attempt advances because there is something in my attitude which wards them off. I am not a prude and like to be sociable and have good times, but in the proper and conventional way. I am considered very attractive and pretty, so there would be every reason for a boy to want to kiss me—yet they do not try. I am going to be married, all right, and I'll tell you all up for the one I will some day love. The most beautiful idea I cherish and look forward to is "love," and when I meet my mate, I shall love him with all the intensity of my soul. A. R. K.

TAYLOR & SPAEL SPORTS SHOP RIDING HABITS SPECIALLY PRICED

JUST EXACTLY RIGHT FOR FOOTBALL GAMES



The tucks in the back give an added warmth that will feel good on a cold, blowy day, and the draped collar is as attractive as it is new. The police effect of the hat is an ideal sunshade that is becoming to the girl with a small, piquant face

A Daily Fashion Talk by Florence Rose

WHATEVER impressions the mind of the young college boy may register at the word "football" to the young girl those words at this time of the year have a significance that has very largely to do with her wardrobe. For the thing that the young girl must do at a football game is to look well. Understanding the game is of minor importance. Your escort will forgive the densest ignorance of the rules of the game if you look smarter and prettier and better dressed than the girl that sits by the side of his classmate. Of course, the police effect of the hat is an ideal sunshade that is becoming to the girl with a small, piquant face

And the hat? If you are planning to motor a long way before getting to the football field then, perhaps, you would select a smaller hat—one that could be fastened securely down all round about with a veil. But if you do not have to motor far then this is a hat that would be an excellent choice for it is simple in the extreme, being made of velvet with silk draped around the crown and knotted at the front. The deep, protecting crown at the front makes it a splendid sort of hat to wear when you are going to sit all round the length of time looking out on a sunlit field—and moreover it is a bit cozy—just that poke extension at the front.

Safe Milk for Infants and Invalids HORLICK'S THE ORIGINAL MALTED MILK

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The Woman's Exchange

Cleaning Velvet

Dear Madam—Could you kindly advise me through your valuable paper how I could wash a little girl's white nanne velvet hat and also how to wash and dry one of those silk baby quilts? I believe it is made in China or Japanese silk. They come in pink and blue. MRS. K.

Try sponging the hat with a weak solution of borax and water. It is very difficult to clean velvet when it is made up into a hat, for there is no way of getting under it to steam it. The borax will freshen it up, but if it does not clean it satisfactorily spread a thick layer of chalk or magnesina over the velvet and allow it to remain overnight. Brush it out thoroughly next day.

Unless you go to the trouble of taking the silk off the quilt to wash it in prepared soap shavings, the safest thing to use is carbon tetrachloride, which you can buy at the drug store.

Halloween is Friday

Dear Madam—Will you kindly tell me if Halloween is on the 30th or 31st, as we are going to have a party that night and every one I ask either says it is on the 30th or 31st. Some of my girl friends don't know what to dress us. So will you kindly give a few inexpensive suggestions? Also some suggestions for boys? Will you tell me how to go about this party? We are going to spend some thing like \$8 for it in money or dues from a club which she started and called it the Merriment Circle.

I forgot to mention that I (R. T.) am the oldest person and the youngest is a little sister of mine who is ten years of age and I am sixteen. The other ages are not older than sixteen and no one younger than ten. F. L. O.

Halloween is on the 31st, on Friday of this week. I am sending a list of costumes that your friends could wear at that night. Some costumes that boys could wear are Uncle Sam, soldier, sailor, clown, Arab, Indian, cowboy, pirate, bandit and scarecrow.

You can look over the city's death records or have some one look for you if you go to the Bureau of Vital Statistics in the City Hall. All you have to tell about the person whose record you want to find is the first and last names and the approximate date of the death.

CHILDREN'S APPAREL COATS HATS DRESSES BABY LAYETTES BOOTIES

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WORK THAT SEEMS TRIVIAL TO A PERSON OF YOUR WORTH

May Be the Means of Proving That You Are Able to Take Greater Responsibility in the Business World

THE young business woman who has functioned in every part counts. They all fit into one another, and they are all necessary. If that foolish "job" was worth starting and hiring some one for, it's worth keeping up, and it's worth the whole attention of the clerk who holds it. "I KNOW I could do something more worth while," she declares. Does anybody else know that? No matter how sure of it she is herself, the business world won't know anything about her ability until she proves her powers. It will give her something insultingly easy to do, and will keep her doing that for a long time. Then it will find a more important piece of work. "She did the other very well," it will decide. "Let's try her on this."

It isn't safe to flare up and call your employer unjust for not advancing you, until you can look your own work straight in the eye without making it blush. It isn't wise to feel about trivial duties until you are sure of your motive in doing it. You may think ambition fires you. The truth is that pride is stinging you. And unless you can put that pride in your pocket and hang it up in the closet, and come into the office in the morning wearing a strong resolution to prove that you are worthy of more responsibility, you will be the only person in the workaday world who realizes your true worth.

For Starching Borax is the nicest starch to use for fine collars and cuffs, as it makes them stiff and gives that much-desired new look. Gum arabic is the best stiffener for silks and crepes. It should be used in the proportion of one teaspoonful to a quart of water, and should be strained before using. Bran can be used instead of soap for washing cretonnes and colors, and will slightly starch any material rinsed in it.

Eatmor White Corn Syrup may be used in place of Sugar, in whole or in part, in making Cranberry Sauce, Pie, Butter and Tarts. Cranberries

LA FRANCE New La France boots effectively supplement a smartly tailored suit and dashing hat. And because her shoes bear the La France trade mark Milady will have absolute foot comfort as well as the pleasure of being beautifully shod. Kid, finished in black or brown, is the favorite material for shoes this Fall. We shall be glad to show you the new La France models—you will be delighted with them. "Letting shoes" rest every other day means having two pairs—but it makes each pair wear longer. 'TIS A FEAT TO FIT FEET Dalsimer THE BIG SHOE STORE 1204-06-08 Market Street