WHOLESOME CEREAL—A CHARMING WRAP—WOMAN'S EXCHANGE—THE PLEASURE OF WISHING

MRS. WILSON GIVES DIRECTIONS FOR PREPARING BREAKFAST

Cereal Should Be Cooked Over Night in Double Boiler or Fireless Cooker to Be Thoroughly Done

By MRS. M. A. WILSON

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A WELL-PREPARED breakfast cereal is most important if we are to start the day right. Poor and insufficiently cooked cereal will cause intestinal disturbances and make the family irritable and unable to do their work at par.

When mother must care for the entire family, without help of a maid, daughter can prepare the breakfast cereal while sonny is laying the table. Cereal requires long, slow and constant cooking and for this reason either a double-boiler or a fireless cooker is necessary. Place the water in the pan and add, for every quart of water, one teaspoon of salt and one cup of cereal. Stir to prevent lumping and bring quickly to a boil. Cook for ten minutes and then place either in the fireless cooker or in the double boiler. Place on the simmering burner, which has been turned low, and let cook overnight.

The breakfast cereal should be prepared about 9:30 in the evening and left until breakfast time. It is important that the double part of the boiler is filled with plenty of water before setting the upper part, which contains the cereal, to cook.

For variety oatmeal, corn meal, wheat, barley and whole-wheat flour and bran may be used. When using whole-wheat flour and bran use

One cup of whole-wheat flour,
One cup of bran

to one quart of boiling water and proceed as for cereal. If you will rub the bottom of the cereal kettle thoroughly with a good shortening before pouring in the water the cereal will not stick to the bottom of the kettle.

SOME SPREADS FOR THE BREAKFAST CEREAL

Treacle

Place two tablespoons of butter in one-half cup of sirup and set the cup in a pan of warm water and stir often to blend well. Serve in place of milk.

Caledonian Cream

Place in a bowl

Yolk of one egg,
One glass of good home-made jelly,

Beat with covered egg beater until light and fluffy mass of cream.

English Cream

Place in a saucepan

One and one-half cups of milk,
Three tablespoons of flour.

Stir to dissolve and then bring to a boil. Cook slowly for five minutes and then add

One-half teaspoon of salt,
One-half cup of sugar,
One well-beaten egg.

Beat hard to mix and then use as a cream.

Where You Can See Mrs. Wilson's Movies

MRS. WILSON'S interesting cooking scenarios that are continuing to create such interest are being shown this week as follows:

CHARLOTTE RUSSE

Saturday—The Leader, Forty-first street and Lancaster avenue.

CORN MUFFINS

Saturday—Apollo, 1237 North Fifty-second street.

LEBANON CRUMB CAKE

Saturday—Dazzland, Frankford avenue and Birch street.

For copies of the recipes apply at box office or send self-addressed envelope to Editor of Woman's Page.

Egg Cream Toast Is Delicious for an Unusual Meal to Begin the Day or for an Invalid's Tray

Try spreading two tablespoons of orange marmalade over the cereals.

Fancy Cereals

Add one-half package of seeded raisins for a California breakfast cereal. One-half cup of finely chopped peanuts, pitted prunes, evaporated apples, peaches, apricots or cherries may be used. Try adding one-half cup of shredded cocoanut, stoned dates or finely chopped figs.

Bread Grits

Place stale bread in the oven to brown nicely and then put through the food chopper. Now sift out the fine crumbs and lay these aside for crumbs. Place the large coarse crumbs in cereal dishes and add a few seeded raisins and cover with hot milk.

Egg Cream Toast

Toast one large slice of bread for each service and then place in a saucepan

Two cups of milk,
Three tablespoons of flour.

Stir to dissolve the flour and then bring to a boil and add

Two tablespoons of sugar,
Yolks of two eggs.

Beat hard to blend. Pour over the toast and top with Caledonian cream made with whites of two eggs and one glass of home-made jelly. If this dish is made from whole-wheat bread and a few seeded raisins added no other dish will be required to fill out the menu for the breakfast. This is also an ideal dish to serve when it is necessary, in the case of illness, to build up the strength of the patient with additional delicate protein dishes.

Mrs. Wilson will tell some ways of making sandwiches in her regular article in tomorrow's Public Ledger, besides giving appetizing menus for the week.

Adventures With a Purse

A TOUCH of black is always a smart addition to one's costume. Sometimes it might be a black brooch, other times a chain of black and then again it might be a black mesh bag. Had you ever thought of that? You would if you were to see the black mesh bags I saw today. They are of the softest, finest gun metal mesh. The shimmering folds hang gracefully and the tops are well shaped. The one I liked was $13.

She was very courteous and explained at great length to me how this glove holder and cleaner works. "A glove is like a shoe," she said, "as long as it retains its shape it looks well. And certainly it is a good investment to pay $1.50 for this frame, and a jar of the cleaning paste, when you stop to think that in a very short time you will have saved the price of it in the cost of having your gloves cleaned." Which is sound enough reasoning for any one. The wooden stand has two hands over which you fit your gloves. To insure their fitting firmly and well on the hands or form there is a set of metal pins, looking for all the world like hairpins. Fitting the gloves thus on the wooden forms renews their shape. And while they are smoothed out on these wooden hands you rub them carefully with the white cleansing paste, which keeps them immaculate.

You may wear a blouse of soft georgette crepe—and look ravishing. Or you may purchase one of glowing satin and be irresistible. But say what you will, there is something about a handmade waist, be it ever so plain, that carries with it an impression of excellent taste and discrimination in clothes. The only thing about the matter is that generally hand-made blouses are very expensive. One shop, however, has a table of lovely soft waists, handmade, with plain collars, and no trimming except the finest and daintiest of hemstitching. And they bear the remarkable price of $5.75. I think the only reason for the remarkably low price is because the waists are slightly soiled.

For the names of shops where articles mentioned in "Adventures With a Purse" can be purchased, address Editor of Woman's Page, EVENING PUBLIC LEDGER, or phone the Woman's Department, Walnut 2000.

THE WOMAN'S EXCHANGE

All About Halloween

To the Editor of Woman's Page:

Dear Madam—Will you kindly tell me some games to play at a Halloween party? Also tell me what kind of refreshments would you suggest for children, aged from ten to twelve. A. S.

To the Editor of Woman's Page:

Dear Madam—Kindly suggest a list of games to play at a Halloween party, the ages ranging from eighteen to twenty-two, also a list of costumes and what to serve, there being about forty present. A DAILY READER.

To the Editor of Woman's Page:

Dear Madam—Will you please tell me how Spanish and Gypsy girls dress and how much material I would require for each?

A friend of mine would like to know if it would be right to dress as a Red Cross nurse, as I heard it was against the law. A. W.

To the Editor of Woman's Page:

Dear Madam—Would you please be so kind as to tell me how to dress my hair for Halloween? I am going to dress as a Spanish dancer. A READER.

As these letters are all so much alike I have grouped them together to answer. If A. S. and A Daily Reader will send me self-addressed, stamped envelopes I will be glad to send them a list of games and stunts and refreshments for Halloween.

Some attractive costumes that are not hard to work up are Night, Dawn, Butterfly, Spanish or Gypsy girls, Artist costume, Maid Marian, Pirate Maid, Puritan Maid, Gretchen, Japanese, Indian, Scotch, Little Bo-Peep and Dolly Drake for the girls. For the boys there are Mexicans, Pirates, Robin Hood, Buster Brown, Scarecrow, Simple Simon, Little Boy Blue, Indians, Buffalo Bill, Romans, Arabs, Clowns, Brownies and Uncle Sam.

The foundations for the Spanish and Gypsy girl costumes would be the same, a full white waist with a round neck and short sleeves and a very full skirt of a brilliant color, preferably yellow or red. You would need about four yards of yard-wide material for the skirt. For the Spanish girl you would need bright-colored or flowered shawl, with a deep fringe, about three yards square. You can make the fringe by raveling the edge, if necessary. Drape this over one shoulder and around your waist, letting one end fall to the bottom of your skirt on one side. A black lace or net shawl will do just as well. Black stockings and high-heeled slippers should be worn.

The Gypsy girl wears a brilliant apron over her skirt and a kerchief around her neck. Another kerchief, all of pretty, bright colors, is worn over her head and she wears earrings and chains of all kinds.

There is no law against dressing as a Red Cross nurse, but during the war and since that time the Red Cross nurse has come to be almost sacred and many people hesitate to take that part unless they have the right to. Your friend might go as a Red Cross worker if she has that feeling, but it would be perfectly safe for her to dress as the nurse.

The Spanish head dress requires a high knot on top of the head. A high comb usually finishes it. A short black lace veil held just back of the knot and falling just below the shoulders is pretty, too. A red rose nestling against the knot and the veil makes a coquettish touch.

Address of Comedienne

To the Editor of Woman's Page:

Dear Madam—As you have helped so many people out of their troubles I am bringing my difficulties to you also in the hope that you can aid me.

Can you give me the address of Miss Nora Bayes, the popular musical comedy comedienne?

Could you tell me when King Albert and Queen Elizabeth expect to visit Philadelphia? D. B.

Nora Bayes's address is 624 West End avenue, New York city. A theatrical magazine will be able to answer your other question. King Albert and Queen Elizabeth of Belgium will be in this city some time near the 23d or 24th of this month. The orginal plan was that they would be here for a few hours on the 24th before leaving for Washington, but another report says that they are going to be here for a few days before going to Atlantic City on the 23d. So it seems to be just a little indefinite when they will be here.

Must Leave Town for Winter

To the Editor of Woman's Page:

Dear Madam—You seem to be a human encyclopedia, so I am writing to you for some information. I shall be very glad if you can help me, and I appreciate your efforts to do so. Because of my health it is expedient that I remove to a warmer, milder climate, where the weather is not cold or extremely damp. I am not subject to asthma, but though the winters are milder and shorter in my state than in Pennsylvania, I think I could not stand another. The wind blows so very hard at all times that it makes the winter quite rough. Do you not think that Florida is the best place to go? What I want to know is, Do they pack oranges during the winter months there and how could I communicate with some agency to ascertain if I could get work of that kind, as I am better when I exercise and get fresh air? I am compelled to earn my own living as I go. If you have any other suggestions to offer as to climate and work, please give them. A DAILY READER.

To the Editor of Woman's Page:

Dear Madam—Kindly suggest a list of papers from all the states. Why don't you get a Florida paper there and look through the help wanted advertisements? I am sure you would be able to find something in that way. Have you thought of California? The climate out there is said to be so delightful that it makes every one well and strong, and there is plenty of outdoor work. You might look over some paper from California, too.

Have you looked at the advertisements in the Philadelphia papers? There might be just a chance of your finding exactly the thing that you are looking for. If none of these attempts is successful, why not insert a short advertisement yourself, asking for work of this kind? I am sure you would be able to get something.

In Search of a Tailor

To the Editor of Woman's Page:

Dear Madam—Would appreciate it very much if you could give me the name and address of some good reliable moderate-priced tailor for ladies' suits in or not too far from the center of the city or even requiring a short trolley ride. I have my own materials. E. C. R.

In the business directory of the telephone book you will find a long list of tailors, and you can tell best for yourself just which one would be most convenient for you. The charges are different, according to the locality, reputation and ability of the tailor, but the only way to find out how they charge is to call them on the telephone. I am sorry I have no facilities to find out such things for you, but, of course, that would require more time than I could give to one letter. I hope you will find some one satisfactory.

Has Friends in England

To the Editor of Woman's Page:

Dear Madam—I left England some years ago and would like to find out if any of my friends are living. Where should I write? And I would also like to know where I could get some of Mrs. Henry Woods's books. I have read a number and would like to read more. They could just be paper covered. I wonder if you remember my writing about Mrs. J.? I got a more pitiful letter than ever, they are worse off than before. I sent her a parcel and I have some more things. She might as well have as many as we have left. A. G.

You can get books by Mrs. Woods at the Public Library, Thirteenth and Locust streets. It is very kind of you to take such an interest in Mrs. J. I am so sorry she is having such a hard time, but I know she appreciates your kindness, and I am sure that anything you can do for her will be a great help.

Wants Outdoor Exercise

To the Editor of Woman's Page:

Dear Madam—This is the first time I have taken the privilege to write to a person in your position and hope you may be able to help me.

I will give you the information which I think necessary in my case.

I am a boy eighteen years old, five feet eight inches in height, weighing about 127 pounds, brown hair, slightly curly, clear complexion but have no color whatever in my cheeks. I am as white as a sheet all the time.

Now for a remedy which I think would give me the necessary fresh air, as I am always indoors reading, and exercise.

Could you let me know where I could take up horseback riding, in the country preferably, as I spend all my time in the city, between work (indoors) and home?

I would like to know of a place which is inexpensive as I could not spend a great amount of money at the present time. I have never ridden horseback before but would like to learn, and get the exercise also. EDWARD.

In the business directory of the telephone book, under "Riding," you will find a number of riding academies out in the country. By calling them on the telephone you can get their charges and choose the least expensive. You might join a Y. M. C. A. outside of town and get some fresh air in that way. There are all kinds of outdoor sports that you could join in with.

Do you live near enough to your place of business to walk to it in the morning, or home again at night, or both? That gives you lots of fresh air and exercise, too. Or you might go through a series of regular exercises in your room at night, standing before an open window. Breath in deep through your nose and exhale through your mouth, very slowly and regularly. I hope you will be able to get plenty of fresh air and exercise, for it is too bad for a boy of your age to stay indoors all the time and to be so pale. I am sure the horseback riding will help you.

TIME FOR TOPCOATS AGAIN

Photo by Fashion Camera Studio

Surely nobody who had such an attractive coat as this would regret the coming of the cold weather. And doesn't it look warm and comfortable? The squirrel collar, cuffs and stole effect make just the right contrast with the richness of the maroon peach-bloom of the wrap

The Testing of Julia Grant

By HAZEL DEYO BATCHELOR

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In Which Dan Asks Julia When She Will Marry Him

READ THIS FIRST

Julia Grant is engaged to marry Dan Carson, when three weeks before their marriage he tells her that he is in love with another woman. She instantly releases him from their engagement and, after a period of intense suffering, goes into a hospital to take the training there. In the meantime Dan discovers that the other woman has been playing with him and his one desire is to get Julia back. He eventually succeeds in doing this through a lie which he tells Julia about discovering his love for her after it was too late. But Julia has changed in many ways, she has tasted independence and she has discovered that in other ways she is not the same woman. She knows this from her reluctance to consent to an immediate marriage.

NOW GO ON WITH THE STORY

IF DAN'S suggestion that they be married immediately left Julia surprisingly unresponsive, his intimation that he wanted her to give up her work at the hospital left her colder than ever. Suddenly she knew how much her work had meant to her and how she would resent giving it up. If she did give it up now, she argued, it would mean that she had used it as a means to an end, and that although it had helped for a time to assuage her grief and disappointment, she was quite willing to forsake it now that she had other things to substitute in its place.

And the truth of the matter was she was not willing to forsake it; she wanted to go on with it; she had grown to love it all; there was a thrill in looking forward to her day's work, a thrill she had never known before.

Her mind leaped ahead into the tomorrow as she sat there with her head on Dan's shoulder. In reality she was miles away from the gloomy back parlor. Dan had felt these moments of absorption more than once, and it vaguely annoyed him that Julia did not give all her thoughts to him. Like many another man, he felt that he was sharing Julia with something outside, and therefore he felt more and more that he must persuade her to give up her work and to turn her thoughts to other things. There were plenty of things for women to think about, things for their home, clothes. Julia had been content once to do this; she must go back to it.

The more he argued to himself the more certain was he that he was only asking what was due him. He had given in about the immediate marriage; Julia could give in to him about this.

"You'll be too busy to stay on at the hospital, anyway," he said after a moment's time in which they both thought a great deal.

"Busy?" Julia's tone was incredulous.

Dan instantly felt that he had said the wrong thing, but he blundered on. "Why, yes, women who are about to be married are always busy, aren't they, getting ready, filling their 'hope chests,' or whatever it is they do?"

Julia's mind harked back. "Yes," just a little time ago her mind had been altogether occupied with those things, but now how different everything was. She did not mean to be cruel when she said quite simply:

"You see, Dan, I've been through that period of getting ready once before."

Dan's face grew white, and Julia, looking up suddenly, saw it.

"Oh, I'm sorry."

"I deserved it."

"It was stupid of me to say that, Dan, but I simply meant that there isn't enough of that kind left to do to keep my mind occupied, not now. Besides, I want to finish my training. I should like to have it if I ever need it."

"Finish your training? Why, that's impossible."

"Impossible?" Julia's tone was inquiring.

"Of course; how much longer have you?"

"Nearly two years."

"You don't mean to say that you are going to keep me waiting that long for our marriage, do you?"

Julia smiled at the injured, angry tone of his voice. It was the voice of the long-suffering man having come to the end of his patience with a woman who is particularly unreasonable.

"No, Dan, certainly not; but I can go on and finish afterward."

"After our marriage?"

"Yes."

"I wouldn't allow it. Such a thing isn't to be thought of. The idea of your imagining anything of the kind!" he stormed.

Julia was entirely calm, and she clung to this thing with everything in her. She did not argue, just waited for him to finish his tirade, then she said quietly:

"I'm determined to have some kind of a trade, Dan, and inasmuch as I've started this thing I'm going through with it. Women ought to be able to do things these days. Lucy and I have been brought up here at home without being given anything to do, and it isn't right."

"It was all right for your mother. She didn't have these new-fangled ideas about women having a trade."

Julia did not remind him that she herself might never have realized the necessity for it if it had not been for him.

Dan turned to pleading then. "I couldn't bear it to have my wife work after we are married," he begged. "Julia, listen to reason. You can't mean that you won't give this thing up."

"I'm afraid I do mean it, Dan. I must go through with it."

And Dan Carson knew that there was nothing for him to do but accept matters if he wanted Julia at all, and he did want her more than anything else in the world.

(Monday — Doctor Norville finds himself interested in Julia.)

To Dry Feathers

To renovate feather pillows or to dry feathers use the following method: Remove the bag from your vacuum cleaner. Rip the end of a pillow enough to fit on the cleaner; fasten it tightly and turn on the electric current. The air thus created rapidly agitates and dries the feathers. In a few minutes they are as light and fluffy as new.—October Good Housekeeping.

Fall Fashions

A suit of sapphire blue duvetyne is trimmed with bands of gray chenille.

Some tie-on blouses open over elaborately figured or embroidered vests.

Short sleeves, to be worn with long gloves, appear on some street costumes.

The full skirt is the newest line, but the straight-line silhouette is as good as ever.

Brocade is being used more than any other material for wraps and elaborate gowns.

Please Tell Me What to Do

By CYNTHIA

Shall She Write?

Dear Cynthia—Again I come to you for advice. I am a girl seventeen and am acquainted with a young man who is now in the army. We have gone to school together and about one year after I left school I met him on the street.

We held a conversation for about fifteen minutes and then he came home with me. He was to call and see me a few evenings afterward, which he did. On leaving he made another engagement which he did not keep. This all happened about a year ago. Now he has enlisted in the army and I received a letter a few days ago apologizing for what happened a year ago and asking me to write to him. Shall I write or not? UNDECIDED.

If the apology appears an adequate one you might write occasionally in answer to his letters. But be sure that your letters are always answers, never write a second one before you have had an answer from him and always wait several days to a week before answering him.

'Live Wires' Have Started Something

Dear Cynthia—In answer to the Live Wires on question of a girl marrying for love or money.

Mrs. A. married a very rich man; while she did not marry for love she had everything her heart could desire. Two children; both have a very good education. She used her money for very good purposes, giving lots for the building of churches, libraries and hospitals.

While Mrs. B. married a poor man for love, she has a very hard time of it. She had six children, her husband was out of work on account of ill health and lack of education. Finally he died, leaving her penniless; her oldest child was only ten years old at the time.

So we have decided for ourselves to marry rich men or men comfortably off. We are DAILY READERS.

They Don't Come Back

Dear Cynthia—I am a girl seventeen years of age. I am not considered beautiful, but will pass in a crowd. Now, every time I am introduced to a new boy, I appear attractive to him, and when at a dance or party I have every dance and never lack company coming home. They also make an appointment with me, but after the appointment, Bingo! there goes everything. Although he thanks me for coming with him, and to my mind appears well pleased, he never calls me up again and forgets my very existence. I am a good listener, don't break my neck trying to please the boys, and on the other hand I don't treat them cold.

Why do you suppose I can't hold the boys' attraction after the first appointment? S. L. Z.

Try saying lightly as the boy is about to leave you at your home after taking you out "When shall I see you again?" Perhaps they need a little encouraging. Try it.

Dan B. Answers "Live Wires"

Dear Cynthia—It's rather hard to get the EVENING PUBLIC LEDGER now, but some kind soul sends me the Cynthia column daily.

Dear Live Wires—I am rather glad you called my attention to the question of your debate. As for my advising any one I wouldn't take the risk, yet I will state what I think of the matter.

When a poor man marries for love, and tries to make a living and fails, don't you think his wife will lose her love for him?

As to marrying for money—I recall a friend saying once, "I'm going to marry money and die for the rest of my life."

But one can't leave his happy home and try to live on love alone.

So I think, when a fellow and a girl come to an understanding, let the fellow go out and strive for a position where he can support his "one and only."

They say two can live as cheaply as one but that was before the H. C. of L.

And on my part, if I fall in love with a girl and intend to marry her, after we're engaged. I'll look up her rating. If she is worth enough to live on and then some, I'll marry her immediately.

If, however, her rating is absolutely nil, I'll go out and make enough to live on.

I'm rather sorry I can't help you out in your church affair, but you see I'm not a girl.

I wonder what Buck thinks? I wonder! DAN B.

United States Navy.

Excuse the comment, Dan B. but we don't quite like your seeming suggestion that you would be willing to live on your wife's money and not work. Now, we know you don't mean that, Dan B., nor do you mean that you would "look up her rating." You have good red blood in you, young man, and you wouldn't care whether she had money or not. You'd work till you made enough to support her, and you'd work anyway, now wouldn't you? I'm glad some one sends you Cynthia every day.

Encourages "Zadee"

Dear Cynthia—I hope this will come before the eyes of Zadee. She is to be admired for her straightforwardness. "Don't believe you are a failure, for if you do you will be."

You are young and just entering the time in life when every little puff of smoke looks like a London fog. Look ahead, for every dark cloud has a silver lining.

It is pretty hard to judge any one by a letter. If your statements are correct the only thing I can see is that the right fellow has not found you. Do not give up hope. But remember this an old Greek proverb, "That woman is best who is least spoken of among men, whether for good or evil."

Some girls of this generation think life is a good time, lots of money and a social position. They find after it is too late what is lacking—love.

That is the reason why good, clean fellows hesitate in marrying today.

If I may state my experience and desire, I have called at the homes of girls whose parents are of moderate means and others who are considered well-to-do. Some girls are good, quiet home girls. Others are what the fellows call "good-time babies."

Now a fellow does not want to marry a girl who has let every fellow in town hug or kiss her.

I hope some day to marry a nice, quiet girl who knows her duty in this world, enjoys a good time, a "sensible," good companion and appreciate her home.

I do not mean to knock the girls. I hope you have found something that will help you. ROMEO II.

For the House

When possible a refrigerator should be connected with a separate drain.

Light tones and simple wall paper will make a room look larger and more cheerful.

The refrigerator and supply closet are close together in a well-regulated kitchen.

Plenty of brown in a living room gives it an air of richness.

Hat Trimming

Feathers of all sorts are going to be very much used on winter hats. You will show your regard of the fashion if you have your feathers placed so that they go downward instead of up. Sometimes ostrich feathers are placed beneath the brim so that they brush the shoulder.

The Question Corner

Today's Inquiries

1. What is the proper way to clean muffin pans?
2. Why is it practical to make an afternoon and an evening dress of harmonizing shades of the same color?
3. What is an amusing old superstition connected with the marriage ceremony?
4. How should the hair be treated if conditions require washing it more often than every three weeks?
5. What new style of veil is practical for wear when traveling?
6. How is wide white lace used on dark silk dresses?

Yesterday's Answers

1. In a steam-heated room the precaution should always be taken of keeping a bowl of water on the radiator to supply the moisture that otherwise would be dried out by the steam.
2. Clean the nickel on a gas stove with baking soda on a damp cloth.
3. In doing a buttonhole stitch on the edge of a piece of embroidery always remember to do the embroidery before cutting out the work, as cutting out makes raw edges that are hard to work on.
4. To freshen velour curtains brush them thoroughly, then sponge them with a weak solution of borax. When they are dry, brush a strong solution of gum arabic over the wrong side to stiffen the nap before brushing it on the right side.
5. Stains made by house paint on clothes can be removed by a cloth wet with kerosene. This should be done out of doors, as kerosene is very inflammable.
6. In arranging the mantel shelf avoid crowding too many ornaments on it so that no one will show to advantage.

Herpicide Mary Says:

To stop hair loss and rid your scalp of dandruff use NEWBRO'S HERPICIDE

Sold Everywhere

Applications at Barber Shops

CAN YOU GET ENJOYMENT OUT OF WISHING FOR THINGS

If You Can You Will Be Able to Stand Disappointments Better and Be Much Happier

SHE was hurrying home from market, her arms so loaded with Sunday's provisions that she had no hands with which to take off the coat that seemed so hot in the midday autumn sun. An automobile suddenly whizzed coolly past her, disturbing both her equilibrium and what was left of her peace of mind. She pushed back the involuntary sigh of envy.

"It would be nice to have one," she admitted. "But I guess if I had an automobile in this life, I wouldn't want to go to heaven!"

What a blessing it would be if we could all think of something cheering like that at those inevitable times when everybody else seems to have the luxuries, or sometimes even necessities, that we want and cannot have. You could never cry "Sour grapes!" at the woman who made that remark, and you could never accuse her of being insincere enough to say, "Well, I guess I'm better off without it," when everybody knows that she would be much better off with it.

It would be a comfort if we could face all our disappointments with that spirit. When the cake that was made so carefully and at such an expense of time and trouble comes out of the oven with a disconsolate crack across its face and a wet, "sad" streak through it; when that expected raise that has been spent so long in advance turns out to be a $3 one instead of a $5 one; or when that week-end visit that has been anticipated for so many weeks falls through suddenly, how unfortunate it is that most of us go into deep mourning over it. How much happier we should be if we could only delve deep and bring up a thought like this, "Well, I wanted it terribly and I'm so disappointed that I could lie right down and cry. But I suppose, if I had it it would be over, and I'd have to find something else to look forward to." Looking forward to events and wishing for them is almost as much fun as enjoying them, anyhow. It is like the sensation of watching a good play; you long for the happy ending, but you dread it, because as soon as it comes, all the delightful situations that lead up to it are over and you have to get up and go home.

THERE are so many luxuries, even necessities, that you want in this world and can't have. But, if you had them all now, what would there be for you to wish for? Wishing is a favorite indoor sport with almost everybody. Indeed, with some people, it ceases to be a sport and becomes a habit. They feel that they would never be happy if everything were as they wanted it, because they would not have anything to fuss over. But since we all must wish, and there's no harm in the act itself, let's do our wishing honestly and openly and try to get some fun out of it.

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