

OLDE TYME MUTTON PIE—ATTRACTIVE NECKPIECES—THAT EMPTY FEELING—CYNTHIA'S LETTERS

MRS. M. A. WILSON GIVES AN OLD ENGLISH RECIPE

Friday's Market Basket Contains Interesting Things This Week for Sunday's Three Meals

Apple and Raisin Strudel Rolled Like Jelly Roll and Cut Into Slices Makes Delicious Dessert

By MRS. M. A. WILSON

THE housewife in the eighteenth century must indeed have been an expert in those days of old. No telephones or wires to let one know that guests were coming and the mail was at the convenience of the seasons. Therefore it was very necessary that she looked well to the ways of the household and be prepared to shelter and care for the stranger and friend alike who might be within her gates.

Mutton pies have been for centuries a favorite dish of all who have had the pleasure of eating them and they can still be had in many of the taverns that abound on the London and post roads of rural England.

The neck and breast were the parts used, and as these parts were usually the cheapest cuts many folks were inclined, for financial reasons, to use and serve this meat in the most attractive manner.

In the shires a mutton pasty is today considered a luxury and one that the epicures delight to dine upon. So you, too, Mrs. Housewife, should try this Old-World delectable morsel and then add it to your menu.

A MENU FOR THREE MEALS ON SUNDAY

Breakfast Sliced Oranges Cereal and Cream Pancakes and Bacon Sirup Coffee

Dinner Ye Olde Tyme Mutton Pie Mashed Potatoes Glazed Carrots Tomato Salad Apple and Raisin Strudel Coffee

Supper Salmon Salad Potato Cakes Sliced Tomatoes Apple and Raisin Strudel Tea

The market basket will require: Three oranges, One-half pound of bacon, One bunch of celery, One and one-half pounds of neck of mutton,

One quart of potatoes, One bunch of carrots, One head of lettuce, One quart of tomatoes, One-quarter peck of apples, One package of seeded raisins, One can of salmon, One package of pancake flour, Three eggs

and the usual staples that are purchased weekly.

Ye Olde Tyme Mutton Pie In the north of England the pie is made with a potato crust and this affords a splendid change from the usual crust. Have the butcher cut a neck of mutton in cutlets, cutting about three-quarters inch thick. To do this he must not split the neck in half, as is the usual method. Wipe the meat with a damp cloth and then place on a platter and pour over the meat the following:

Three tablespoons of salad oil, One tablespoon of vinegar, One onion, minced fine, One teaspoon of paprika.

Mix thoroughly and then turn the meat frequently. Let stand for one hour and then place in a saucepan and cover with boiling water. Add one fagot of soup herbs and cook until tender. Cool and remove the meat from the broth. Now place in a mixing bowl

One and one-half cups of bread-crumbs, One cup of finely minced celery leaves, One cup of finely minced onions, One teaspoon of thyme, One teaspoon of sweet marjoram, Four tablespoons of shortening, One egg.

One and one-half teaspoons of salt. Mix to blend thoroughly and then form into thin flat cakes and lay one on each piece of meat. Roll the meat in flour and then lay in a baking dish. Thicken the gravy and season it, and then pour over the meat and cover with a pastry crust made as follows: Place in a mixing bowl

One cup of mashed potatoes, One cup of flour, One teaspoon of salt, Four teaspoons of baking powder, Four tablespoons of shortening, One egg.

Mix thoroughly and then roll on well-floured pastry board one-half inch thick. Loosen the pastry from the board, using a spatula. Cut three or four small gashes in the center to permit the steam to escape and then place on pie and wash the crust with milk. Bake in a hot oven for forty minutes. Serve from the dish.

Glazed Carrots Wash and cook the carrots until tender and then remove the skins and cut in quarters. Place three



MRS. M. A. WILSON

Where You Can See Mrs. Wilson's Movies

MRS. WILSON'S interesting cooking scenarios that are continuing to create such interest are being shown this week as follows:

CHARLOTTE RUSSE Friday and Saturday—The Leader, Forty-first street and Lancaster avenue.

CORN MUFFINS Friday and Saturday—Apollo, 1237 North Fifty-second street.

LEBANON CRUMB CAKE Friday and Saturday—Dazzland, Frankford avenue and Birch street.

For copies of the recipes apply at box office or send self-addressed envelope to Editor of Woman's Page.

tablespoons of shortening in a saucepan and add two teaspoons of sugar and the carrots. Cover closely and let glaze, shaking the saucepan frequently so that all sides of the carrots may be glazed. When ready to serve season with salt and pepper to taste and add

One tablespoon of vinegar, One tablespoon of grated onion, One tablespoon of finely minced parsley.

Apple and Raisin Strudel Pare one quart of apples and chop finely. Place in a mixing bowl and add:

Two cups of brown sugar, One tablespoon of cinnamon, Four tablespoons of shortening, One teaspoon of nutmeg, One-half package of seeded raisins, Grated rind of one lemon, Juice of one lemon.

Mix thoroughly and then place in a mixing bowl

Three cups of flour, One teaspoon of salt, One tablespoon of baking powder, Three tablespoons of sugar, One teaspoon of cinnamon.

Sift to mix and then rub in two-thirds of a cup of shortening thoroughly and mix to a dough with one-half cup of ice-cold water. Place on the ice for one hour and then roll out lightly on floured pastry board one-quarter inch thick. Spread with the prepared mixture evenly. Roll like jelly roll, place on a baking sheet and bake in slow oven forty minutes. Cool. Cut with very sharp knife into two-inch slices.

A Real Toast "Here's to the woman with many a care, Who sits all day in an office chair, And at night, when her day's work is through, Goes home and finds more work to do; Gets up in the morning and cooks and wrestles around with laundry tubs; Yet the usual hour finds her smiling beside her desk in the office chair, If she's strong enough these burdens to tote, Here's to the state where they let her vote!" —Woman's Citizen.

The Question Corner Today's Inquiries

1. What precaution should always be taken in a steam-heated room? 2. How can the nickel on a gas stove be cleaned? 3. What should be remembered in doing a buttonhole stitch on the edge of a piece of embroidery? 4. How can velvet curtains be freshened for the winter? 5. What will remove house paint from a mantel? 6. In arranging the mantel shelf what should be avoided?

Yesterday's Answers 1. A bed of asparagus for next year's garden may be started this month. 2. A woman of five feet three should weigh 120 pounds. 3. Providing two sets of curtains for the kitchen window will save wear and tear, as one set can be used while the other is being washed. 4. The newest shape of tea ball is a tiny silver teapot, hanging from a rod attached to a silver tray. 5. A convenient conthanger now being shown in the shops is made of separate blocks of wood, lined with plush or velvet, which can be adjusted to fit any size coat or dress. 6. Many of the sport hats for fall and winter are made of embroidered fabrics.

Please Tell Me What to Do

By CYNTHIA

To "Heart-Broken" You are asking rather an impossible thing, dear, because you tell me nothing whatever about this young man who has won your heart. I might advise you to do the very thing which would not appeal to a man of his type and which might turn him from you. It would be too great a risk to advise without more knowledge of the case.

Don't Knock the Girls Dear Cynthia—I would like to say a few words in regard to this discussion about dolls.

I am a girl twenty-one and I believe in using enough rouge and powder to make one's self attractive. It has never hurt any one yet. I have known and do know scores of girls of both classes who have found that many a girl some world class as a doll had far more real worth and a much kinder heart than some narrow, straight-lined persons who condemn them.

In fact, I'll say this is nearly always my experience. The reason every girl uses "make-up" is simply to make herself look like a little more attractive if she is not blessed with a natural pink and white skin, and few of us mortals are. It is every girl's wish and duty in fact, to look as attractive as possible, and it is merely in an innocent endeavor to accomplish this that she "dolls up," as they say. Like the letter of one of our readers, "The Right to be Happy." There is one fellow who is broad minded enough to look at it in the proper light, and who has found from experience that many a doll is a "real girl." It is well to judge people by themselves and not by what they have on their faces. If there are any who are serious about selves, and free from faults, let them criticize the girls. If we are not on the lookout for evil, we will not find it. Let those who don't approve of such things do us they please, and live and let live. If there was no more harm committed in the world than the girls commit when they innocently use rouge and powder, I would be a great old world indeed. Let the girls have their fun. —AVIA FLUX

Addressed to Louise Why don't you take up some night courses either at the evening high school or Drexel Institute, Temple College or the Y. M. C. A.? In this way you would be sure to meet some new girls and boys and they would be interesting at the same time. There are all sorts of courses, making hats and dresses, cooking and courses that train the mind.

Good Advice Dear Cynthia—Although not a steady reader of your column, I have often glanced over the interesting little details which life has offered to your "friends-innocent." I feel as though I were butting into a family whose members are bound by consistently interchanging their views and opinions regarding boys and girls, and yet I am urged to do so by the shall I say "sympathetic understanding" of my nature?

It seems to me that the best of your columns have written to you at a moment when they were guided more by impulse than by "heartache." Those of your confidants who claim that boys care for such and such a girl, and on the other hand those who claim that girls care for such and such a boy—are they in a position to state their heart-felt views on that rather delicate matter? I am a medical student, not yet twenty years old, but have associated with the best of girls since I was twelve. I can honestly say I have known well more than a hundred girls and have enjoyed a beautiful friendship with many a one. What have I found? A girl who is as light-hearted as a bird, yet with sterling qualities—is often misjudged. A girl who has committed a wrong has been harshly criticized when the young man in the case, the one temptible cur that he was, was not even considered seriously. I have known personally a dozen such cases. You fellows who condemn certain types of girls, remember one thing, you are always in a position to bring out the best and the sweetest tendencies in girls, care for something new, and give them a command respect, and upon whom can we exert a greater influence than on one who looks up to us? Girls, you are often placed in a position where you can either encourage or discourage a boy along certain lines. The girl who will quickly resent the least bit of familiarity from a male acquaintance will command his respect and humble him!

As you meet your opposites, teach them, but don't condemn. Treat him with kid gloves, but make him thoroughly ashamed and make him think: "Treat her gently but firmly, show her

Time Brings Happiness Dear Cynthia—I am afraid that I am writing too often to your column, but I find it so very interesting that I am hard to resist writing often. Since I came to Trenton I have not missed a day reading it. I still love "Old Philly," though.

This letter is for "Zedee." If you are as you state, I cannot see why you are not much sought after. You say you dance well. Every athletic man enjoys a good dancer with a graceful manner. Your description of your home and parents bespeaks careful rearing and that touch of refinement necessary to happiness in the home. You are also sharing your talents with your friends in planning their dresses. This is proof that you are generous and have an unselfish disposition. A rare article in this day and time. I place your moment of good luck just as that is one thing that only attracts for the moment, and when it is gone the first-mentioned good traits loom up conspicuously to make up for its loss.

With all in your favor you sure ought to be able to attain your desires, and the dream of the husband and little one, all of your own, should come true. You are young. Give Father a chance! He is the greatest factor in our destinies, and it is up to us mortals to be patient till he decides to ward success. Here's hoping that we do meet some day.

Sometimes it makes Cynthia feel very badly to think that she can't have these friends in planning their dresses. For instance, "Trenton." I would like to have given that bit of a lift by putting the address, but I'm sure you understand that it couldn't be done. No hard feelings?

To "Just Thirty" Dear Cynthia—My hat is off to the little lady who wrote to your column several days ago signing herself "Just

The Small Fur Stole A Daily Fashion Talk by Florence Rose



For the young girl or youngish there is nothing smarter than the little fur stole that has crept so enormously into vogue. Squirrel, mole and fisher are the skins used in the pieces shown in the sketch

IF YOU are forty or fifty odd and you are worn with the one-piece street frock, giving the look that is needed on a coolish day and just the bit of protection about the neck that makes it possible to be quite comfortable without a coat or jacket.

At the left is a clever little collar made of mole combined with chiffon. And the other two I selected for today's illustration because next to mole skin, the furs that make them are the most popular this autumn for these smart neckpieces—fisher and squirrel. Fisher goes well with the new browns, but with navy blue you would find nothing better than squirrel—which has come into an enormous vogue. The squirrel set is trimmed with beads and tails which remain popular especially in the smaller pieces.

What an inspiration to any man such a woman must be. I do envy that husband of hers, crippled though he be. I do hope he properly appreciates this little woman and I wish for her every happiness and blessing. Here's luck, "Just Thirty." I'd give anything for a wife like you. E. A.

To Remove Smoke Stains This suggestion will be beneficial to housewives who have not the convenience of electricity or the modern gas fixtures. Frequently the ceiling above an old-fashioned gas jet becomes discolored from smoke and heat. The discoloration may be removed if a layer of starch and water is applied with a piece of flannel. After the mixture has dried it should be brushed lightly with a brush. No stain or mark will remain.

The Revolving Stool In some of the apartments the kitchen are so small that one may almost reach across them. In such instances time, steps and strength may be saved by the purchase of a revolving stool, upon which the kitchen mistress may whirl from sink to table, or from table to stove without even rising.

Adventures With a Purse

IF YOU have anything in the way of a room or two rooms, or an apartment or a whole house (in which case you are indeed fortunate), you will be interested in this adventure, for it has to do with window "fixings." And to begin at the top, I want to tell you first of all about the window rods, or does one call them curtain rods? These are double, one coming out beyond the other. And here is the advantage—on the one you hang your inside white curtains, and right over them, on the other rod, you hang your valance and draperies. Isn't that a good idea, and a trouble saver? These rods come in pairs, for seventy-five cents each.

Mabel is resourceful and original. I love to sit and listen to her when any discussion comes up. I have listened to her many times, but never have I seen her fail to "come through" with that quick mind of hers, and gain her point in an argument beyond all of which has nothing to do with Mabel's curtains. Not for nothing has she been endowed with originality. For instead of using plain white curtains for her bedroom, she has bought some voile with a rather fine black and white check—at fifty cents a yard. And I think she is going to use side drapes of a Nile green. Won't that make an effective window? You could, of course, use any color combination with the black and white. And isn't fifty cents reasonable for curtains?

In no matter what shop you find yourself, you will notice Halloween decorations and favors. It becomes then merely a question of finding the shop that has the most novel favors and the most reasonable. Here's where this adventure comes to the rescue, supposing all the time, of course, that you contemplate a card party or any kind of party at which you are planning to use Halloween decorations. Now, for instance, there are perky cut-outs of black cats with yellow trimmings, and yellow moons with black whiskers, sitting airily on the points. Then there are jolly little pigs with pumpkin heads on them, and wifel heads, and all sorts of Halloween novelties. And you will find that twenty or twenty-five cents will purchase almost all you need.

For the names of shops where articles mentioned in "Adventures With a Purse" can be purchased, address Editor of Woman's Page, Evening Public Ledger, or phone the Woman's Department, Walnut 3000.

Child Song Do you see, little girl, how the leaves blow. Blow in the moonlight and to me. Do you hear the song that the fairies sing. Sing in the fragrant night of Spring. By the brook in the moonlight glow.

Years will pass, little girl, and the leaves blow. Blow in the moonlight and to me. Do you hear the song that the fairies sing. Sing in the fragrant night of Spring. By the brook in the moonlight glow.

Be as a child in the night of Spring. By the brook in the moonlight glow. —Jane Myers, in McCall's

THAT SUDDEN ILL NATURE WHICH OVERPOWERS YOU

Often Is Brought on by Nothing More Alarming Than the Nearing of Your Lunch Hour

MARIE, who gives such a fine shampoo, and is so clever in turning straight, slinky hair into a mass of beautiful, shiny waves, was talking to a customer. The customer had just had a shampoo, and had refused a tonic rub, for the simple reason that the luxury of a "wash and wave" during her lunch hour had cost a whole week of dessert for lunch. Marie was scolding. "Well," she exclaimed, severely, "if you don't do something about your hair pretty soon, you just won't have any, that's all. It certainly does need taking care of. That's the worst thing you can neglect—your hair. As soon as that starts to go it's good-by, that's all." And she rambled on with threats and unhappy prophecies until the girl in the chair began to wonder how she would look without any hair, and how long it would take to save up enough to buy a wig.

Then Marie was interrupted. The manicurist outside pushed open the curtain. "How soon are you going to lunch?" she asked.

"Just as soon as I get through here," replied Marie. "I'm so hungry I could eat nails." The secret was out. The girl in the chair knew then that she would not have to wear a wig or go bald, knew that Marie's hunger and not her own defective hair had been the cause of the melancholy lecture.

HOW often that happens. You find suddenly that you hate everything in sight. You wonder why you ever started to do that piece of work instead of letting somebody else do it. If any one attempts to speak to you, you answer with a snarl. And if you are called "grumpy," or if you meet with that always maddening retort, "My, what a pleasant mood you're in," it makes you worse. You protest your good humor with contradictory crossness. "I'm not grumpy, I'm just trying to concentrate on this work, and I don't want to be bothered. You're

Many of the quarrels in this world start because one of the participants is hungry. Watch out for your tongue when you feel that midday emptiness overpowering you. You may say something that will make you much more unhappy than the hungeriness ever could!

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