# EVENING PUBLIC LEDGER-PHILADELPHIA, FRIDAY, OCTOBER 10, 1919

# WHAT TO BUY FOR SUNDAY DINNER : A HIKE IN AUTUMN : FOR YOUR BLOUSE : CYNTHIA LETTERS

MRS. WILSON SUGGESTS OLD TIME BAKED KIDNEY AND LIVER PIE

For Sunday Dinner, and Offers An Attractive Menu to' Go With It. **Recipes** Given, Too

12

What to Have for Breakfast and Supper and An Itemized List to Take Marketing on Saturday

By MRS. M. A. WILSON Copyright 1818 by Mrs. M. A. Wilson All Rights Reserved.

**ROILED** pies, fried pies and those baked in the oven come to us from countries and shires of Merrie Olde England. The buxom housewife and the ruddy-cheeked and starry-eyed English lass, who helps and at the same time is in training for her future home, both take great delight in having these pies not only delicious to taste, but attractive to the

With this end in view, we often find the lass crimping the edge of the pastry between fingers, so that it looks as if it were fluted; then she cuts leaves and sprays from the dough and places them on the top crust.

Chicken fat and melted suct. blended with clarified ham or bacon drippings, are sometimes used in preparing these crusts. When rightly made, these pies can be eaten hot or cold and the gravy will be free from grease, in the form of a jelly. Serve the sweet and sour relishes with these pics.

A SUGGESTIVE MENU FOR SUNDAY

> Breakfast Sliced Bananas

Cercal and Cream Cornmeal Griddle Cakes Bacon Sirup Coffee Dinnet

Celery Home-Made Relish Ye Olde-Tyme Liver and Kidney Pie to a dough with three-quarters cup Mashed Potatoes Creamed Onions of ice-cold water. When mixing the Lettuce

Tea

sieve.

Banana Custard Supper Shrimp and Celery Salad

Corn Muffins Banana Cake The market basket will require: Two quarts of milk, One dozen bananas. One-quarter pound of bacon, One large stalk of celery. One pound of lamb's liver, Three lambs' kidneys, Four ounces of suel. One quart of onions. One head of lettuce. One can of shrimp, One quart of potatoes, Two green peppers, One can of tomatoes,

Three eggs. **Cornmeal Griddle Cakes** Place in a mixing bowl One cup of cornmeal spoons of sh

# A WELL-EQUIPPED KITCHEN

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Mrs. M. A. Wilson examining he idely varied stock of cake and pastry 羅選 國 は Mension tins

tablespoons of bacon fat. After the

Please Tell Me bacon fat is well blended rub in four ounces of finely chopped suct. Mix What to Do dough take care not to knead, but Coffee chop, cutting and folding over. This By CYNTHIA will give a delightfully fine and Men Falled to Gall Dear Cynthia-You have helped so-many other girls that I am sure you can help me. I met a young man last Thursday night and he and his friend made an engagement with me and a girl friend of mine. They were to call for us, and neither one came. We have been advised not to notice them. Do you think there could have been any reason why neither could come or, at least, let us know? I care for the follow and would like your help. Should I see him and ask him or what shall I do? Please advise me and answer as soon as possible. ANXIOUS. The young men were unpardonably Men Failed to Call flaky crust. Banana Custard Place two cups of milk in a saucepan and add One-half cup of cornstarch. Four bananas, rubbed through a Stir to dissolve the starch and then bring to a boil and cook for five minutes, slowly, then add One-half cup of sugar, The soung men were unpardonably rude. Even if one were prevented by illness, the other could have telephoned One teaspoon of vanilla extract, Yolk of one egg. Beat to blend and then rinse the

or let you know in some way why they or let you know in some way why they calld not come. You would be very foolish to seek them out. If you meet them again-bow to them, but do not seek for an explanation. He police if they talk to you and try to apologize and make another engagement with you, but on no account make that engagement and do custard cups with cold water and drain well. Pour in the custard and set aside to mold. Use the white of One egg, One-half glass of jelly and beat to a stiff meringue. Use account make that engagement and to not invite either of them to visit you. as a garnish for the custard.

Was She a "Doll"?

no means good-looking. As yet my boy friends are few and far between, but I don't worry. I know that some day he right one will come along. I have we brothers in the service of the ma-ines. They are twenty-four and twenty six. They agree with me. But Bobby, take a tip (pardon the slang): when a man asks a girl to marry him there isn't anything in the world sweeter to know than that he is the first man to have kissed her.

ONE WAITING FOR THE RIGHT ONE

#### Compared With English Girls

Dear Cynthia I would just like to reply to that poor, deluded follow who calls himself Romance. I have been in a good many countries in this world and have met and lived with men o Il types, but I have never met a man he spoke as Romance speaks,

I nave never heard a man speak ye and say he preferred a girl who made herself up as a fool in a circus as I a good many girls in my home town Philly do.

I think a good many girls must wonder why they can't get a fellow to call for any length of time, and that the cause.

One girl wonders why when our loys got to England and France they stopped writing." I never saw English inssies paint and powder as our girl

So, girls, it is entirely up to you whether you make fools of yourselves o not, but if you have half the sense you should have, you will cut out th ough stuff and come back to earth. ONE WHO IS TELLING YOU RIGHT.

#### To Remove Mildew

For mildew, if the fabric is wash able, wet with soapsuis and cover the -pots with a paste made of softsoan and powdered chalk; then expose to sun for several hours and afterward inse thoroughly.

If one prefers, mildew may be reparts powdered starch, adding lemon and air until the stain disappears. Then rinse out very thoroughly

#### Little Fashion Hints

Some suit coats are not only em-broidered, but have heavy cord girdles around the waist.

The skirt with extended sides has so much prettiness that fashion is loath to give it up.

A very smart coat is the box style, buttoned straight down from neck to knee and worn with fur.

It is said that the dangling and elabo rate neck chains will go out all at once like all overdone fashions.

### The Question Corner

#### **Today's Inquiries**

When was the federal suffrage amendment passed by the House of Representatives? By the Senate?

What is the salary paid to the teachers on the Indian reserva tions?

When velvet hows have been wet in the rain what can be done with them?

When coffee with cream in it is spilled how should the stain he treated? What is the proper way to re-

move a grease stain with a powder absorber such as French chalk, ungnesia, etc.

**Vesterday's Answers** 

make liquid by adding water.

Pumpkin shaped invitation cards

rut from yellow cardboard are novel for the Halloween party.

"Light and rosy be thy slumbers, Rocked upon thy mother's

She can hill thee with her numbers, .

are taken from the "Cr. Song," sung by Jenny Lind,

To the cradled heav'n of rest

A boy just four feet tall should weigh fifty three and a half counds in his Stocking feet and with indoor clothing.

A little tablespread can be cuf

The antice characteristic of the characteris

may be stenciled to look quite attractive.

Little waxed fluted paper con

tainers just the size for baking small cakes can be had and are used instead of cake tins.

Tradle

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Anything

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from the leading stores of Phila., W

minglen. Camten Atlantis City

Lasy Terms

RUMFOR

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## Girdles, Girdles Everywhere A Daily Fashion Talk by Florence Rose

The Whole Wonderful Red-Gold World Is on Your Side When

THIS little letter I have in my hand outdoors is always on our side because L came hiding behind a pair of ini-tials and the pen name that can cover The point I want to m The point I want to make is this, the whole range of human emotions-Worried: You can never settle any-Worried " answer he given.

WHY A WALK IN OCTOBER

Therefore : you have allowed a certain thing to Dear Worried -I don't know muy one trouble you for any amount of time it I would rather write to than you just grows all out of proportion to its im-now. Because, you see, this morning portance. Your mind is all upset, your could have sent a letter to a woman viewpoint twisted and absolutely unable writer, too, and signed it just the way to cope with the situation,

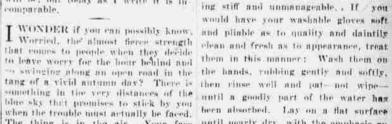
You Get Swinging in the Open!

IS A GOOD WORRY CURE

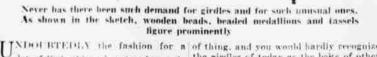
you did, but this afternoon I would nt-tach a different name. If I can only but in you one-half the joy of living a certain something put in me! What I needed this morning was to stop trying to adjust thingy by reason-ing them out. I needed to go out where things are big and one can forget about certain something put in me? How did 1 get this way? I could answer poetically, but T won't. To be brief, this morning, all tangled up in something that had been wrapped see how much smaller they grow around my good spirits for three days.

I decided to lift my skirts high and impossible square into the middle of an Oc-Washing Gloves tober day. In other words, I "chucked" Washable gloves refuse to be roughly everything and went out in the country and took a long walk. As you read washed and left to dry in any old way.

this I do not know how the weather. They show their resentment by becomwill be, but today as I write it is incomparable The thing is in the air. Your face until nearly dry, with the emphasis on glows and there is new power racing the nearly, because if allowed to dry through your blood. You aren't out altogether they will be stiff and grayish



Eatmor Cranberries can be prepared in 10 to 15 minutes. Cranberries ICINE



- CORRECT OF

lot of little things is returning, cot. the girdles of today as the beits of other Lines and cuffs and belts and buckles, we drape them about our whists interesting your blood. Too aren't out in color. When still just a triffe damp, fifteen minutes before the whole red-in color. When still just a triffe damp, gold world is on your side. It isn't pull out gently till they resume their bows and honquets a dozen or one notion of a girdle's being something in imagination; it is perfectly true. The original whiten moved by mixing together one part things that you must add to your frock which we confined the part of our figures each of soft sonp and salt with two if you would appear completely dressed, that we called our waistline is a thing We used to go in for that sort of thing. of the past,

Social States

juice to make a paste. Spread a layer and do you remember or perhaps it over both sides of the stained fabrie was too many scars ago how we used in mossibility these days, for whether and let it lie on grass or expose to sun A girdle without a bead seems to be an uncked a work and bag to make sure leather there are always b that we had all the necessories to the frocks that we had taken with us? Then came a time when every frock seemed to be complete in itself.

things. It makes the process of dressing girdles seem to be especially in demand things. It makes the process of dressing longer, to be sure, but really much more interesting, for every time she dresses, even if she dons the same frock or suit, there is the possibility of changing the there is the possibility of changing the arrangement or the choice of the se- or amount to nothing more than a short

different from the sort that we were girdles, before when we went in for that sort

# Adventures With a Purse

WHAT are you going to hang on the day-it is made of cast iron, and, of Christmas tree for pussy? (if course, that means that your bread course, you wouldn't think of leaving sticks hake with an even brown all over, that important member of the family just right. The price is not high, consuperiority and join in the frolic in the that about doubles the cost, proper, frisky spirit a delightful little

simply couldn't wait until Christmus to I know the very thing for you to give see how pussy enjoyed herself. It's a book all about the fun of see how pussy enjoyed herself.

Always the same old bread and rolls story form. But, oh, so practical, too ion't you sometimes get a wee bit tired because there are real recipes, simple

out of the festivities, now, would you? sidering what an investment any And here's the very thing to make pussy utensil is and how long it insts-\$1.10, unbend from her usual calm attitude of They come also in cast aluminum, but

If you have a little daughter who is catnip mouse! The most sedate and If you have a little daughter who is dignified cat isn't proof against the interested in domestic affairs, or a little charms of this exciting little gray flan-nel mite stuffed with real catning. I useful accomplishment of cooking, then

cooking, written for girls and boys, in

girdle consists of a silk cord trimmed But beyond a doubt we are return-with wooden bends and tassels, while the ing to the fashion for accessories. And there is no really feminine woman who does not at heart rather delight in these. With smartly dressed women these

ruffle just below the waist, there seems

To be sure these accessories are much to be opportunity for one of these

Two tablespoons of sirup, One teaspoon of salt.

Pour over the meal one cup of boiling water and stir to mix. Let cool and then add

One and one-half cups of milk or water.

#### One cup of flour.

One tablespoon of baking powder.

Beat to mix and bake in hot, well- pour into well greased and floured greased griddle. Save the bacon fat pan and spread higher on the sides to use for the pie for dinner.

### Ye Olde-Tyme Liver and Kidney Pie cover the dough with four thinly

Wash the liver and kidneys and meg, and then spread over the baplace in a saucepan. Cover with nanas one-half cup of brown sugar. cold water an1 bring slowly to a Bake in a moderate oven for thirtyboil. Turn into a colander and let five minutes. cold water run on the meat. Return to the saucepan and add for this cake. Lacking this, use

One fagot of potherbs,

Two onions.

Cover with boiling water and cook is baked. The pie can be prepared until tender. Now while the liver and baked on Saturday afternoon. and kidney are cooking chop fine

Sufficient onions to measure three-

quarters of a cup. Two green peppers.

The green tops of celery.

Place in a saucepan and add

One and one-half cups of stewed tomatoes, rubbed through a sieve, Two tablespoons of cornstarch, Two teaspoons of salt. One teaspoon of thyme, One teaspoon of white pepper. One-quarter teaspoon of sweet

marjoram.

nerves, a lost temper and many spools Cook slowly for ten minutes and Cook slowly for ten minutes and then add two tablespoons of gelatin that has been soaking in one-quarter a really up-to-date table.

cup of cold water for twenty minutes. When the liver and kidney are tender remove from the saucepan and cool. Cut into dice and then line a deep pie pan with pastry; place a layer of the diced kidney and liver in the bottom of the pan, then a layer of the sauce, then a second layer of meat and the last of the sauce on top. Wet the sides of the pastry and then place the top crust position and pinch the edges closely together. Cut three small gashes in the top crust to permit the steam to escape. Brush with water or milk and bake in a slow oven for one

To prepare the pastry, use part of the bacon fat and part of the suct. Place three cups of flour in a mixing bowl and add

One tenspoon of salt, One tablespoon of baking powder. Sift to mix and then rub in six

Banana Cake Place in a mixing bowl One cup of flour, One-half teaspoon of salt. Two teaspoons of baking powder. Six tablespoons of brown sugar. Four tablespoons of shortening, Two-thirds cup of water.

Was She a "Doll"? Dear Cynthia---T would like to give my whole opinion about "Dolls." but it would take too long and may not be interesting. My experience is I had a real "Doll"---every inch a doll. How is that? I brushed powder off my coat three and four times a week. A happy job, for many a laugh I got out of it and my brother and sister, for and ones they told, too). Well, it made no difference to me. It was herself, her ways and witting, her actions that Beat to thoroughly mix and then pour into well greased and floured pan and spread higher on the sides and end than in the center. Now cover the dough with four thinly sliced bananas and dust with nut-meg, and then spread over the ba-nanas one-half cup of brown sugar. Bake in a moderate oven for thirty-five minutes. The oblong cheesecake pan is best for this culto. Losing the state of the state of the sub-for the shoulder. I wish I could be the state of the sub-to the shoulder. I wish I could be the state of the sub-for the sub-for the sub-mer sub-to the state of the sub-for the sub-manas one-half cup of brown sugar. Bake in a moderate oven for thirty-five minutes. The oblong cheesecake pan is best

THE RIGHT TO BE HAPPY

#### Here's Pluck!

cake the same time as the meat piet Dear Cynthia-I am a staily reade is baked. The pie can be prepared and baked on Saturday afternoon, and then simply reheated for the Sunday dinner. Try to prepare as much as possi-ble of the needed foods for Sunday on Saturday and thus eliminate the spending of so much time in the to school and a husband who

leave them alone.

JUST THIRTY.

**39 Laurel Street** 

Answer to "Bobby" Dear Cynthia-In answer to Bobby's

a girl of ninetcen, passable, but by

etter, let me say, without hurting Bobby's feelings, that she has the wrong idea about kissing boys. I am

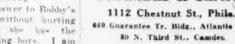
GRANDMOTHER WAS CONTENT TO HEAT

WATER IN A KETTLE

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had more time for such things than has the of toilay. Do away with the methods of the baat-of water heating systems that "keep you successor."



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of them? But how different the very ones, with clear directions that young To what use can finely sifted ashes he nut? taste when bread is made in those desisters would have no trouble to follow lightful "sticks"? Crisp and crusty, It's never too early to begin and thi To prepare white ink for use on black can Halloween invitations they seem to give a new meaning to the book is a big help, staff of life. The pan to make them in is what I found on my adventurings to- Page Editor, or phone Walnut 3000. white Chinese paint and





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spending of so much time in the spending of so much time in the kitchen Sunday. The batter for the griddle cakes may be prepared on Saturday evening and placed in the icebox. The Sewing Table Nothing really makes so much dif-ference as comfort in sewing. It saves an aching back, strained eyes and nerves a lost temper and many special

Mrs. Wilson's Movies

WHAT is more tempting on a crisp fail morning than

CORN MUFFINS

Today and tomorrow, in her see

ario at the Globe Theatre, Market

howing how to make delicious ones

LEBANON CRUMB CAKE

Friday and Saturday-Sherwood

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Friday and Saturday-The Idla Hour, West Chester.

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any Page.

vill be shown as follows:

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and Juniper streets, Mrs. Wilson is

Where You Can See

a deep layer-cake pan. Bake the