EVENING PUBLIC LEDGER-PHILADELPHIA, FRIDAY, OCTOBER 3, 1919

MENU FOR SUNDAY-ATTRACTIVE NEW VEILS-CYNTHIA'S ADVICE-THE EXTRAVAGANT WIFE

SOME OLD ENGLISH RECIPES ARE SET FORTH BY MRS. WILSON

Friday Market Basket Contains All Kinds of Tasty and Wholesome Foods to Last Over the Week-End

Delicious Blue Mountain Cake With Jelly and Cocoanut Icing Is Included for Sunday's Dessert

By MRS. M. A. WILSON Copyright, 1918, by Mrs. M. A. Wilson, All Rights Reserved.

SO MANY requests have come to me for these old-time dishes that I have felt that the Friday market basket should be the means of love these old-time dishes.

Breakfast Baked Apples Cereal and Cream Creamed Salt Cod on Toast Ginger Rolls Coffee Dinner Sliced Cucumbers Radishes Ye Olde English Pease Puddinge Pye Baked Sweet Potatoes Creamed Celery Coleslaw Bhue Mountain Angel Cake Coffee

Supper Macaroni Rabbit Coleslaw Stewed Apples Cornbread Cake Tea The market basket will require One-half pound of lean bacon. Three-quarters of center cut salt

One-quarter peck of apples, One cucumber, One bunch of radishes. One bunch of paraley.

One pin of onions, One-half pound of dried peas or lima beans.

One quart of sweet potatoes, One large stalk of celery, One small head of cabbage, One-half dozen eggs, One-half pound of cheese, One small package of cocoanut, One pound of macaroni, Two quarts of milk.

And the regular weekly staples. Select a thick, chunky cut of boneless salt cod and place in a bowl late on Saturday evening. Cover with water and let stand until Sunday morning, and then lift the fish into a piece of cheesecloth and tie closely and plunge into boiling water. Cook for twenty minutes and then lift, drain well and divide into four or five portions, placing each portion of fish on a slice of toast. Cover with a thick

cream sauce, allowing nearly one-



The more thoroughly a cake is beaten the lighter and more flaky the result will be. This stage in the preparation for the oven is almost the most important of all. It merges the ingredients properly and lets air into the batter to induce lightness and make is rise better

carrying them to you. All the to a dough with four tablespoons of Sift three times to mix and then recipes for these old English favor- water. Roll out on a floured pastry beat the whites of three eggs until ites have come to me from the board one-quarter inch thick. Cut very stiff. Cut and fold the pregentry of Old England; in other into three-inch squares and mark pared flour into the stiffly beaten words, from the old aristocrats who the top of the pastry with a fork whites of eggs and when thoroughly to resemble a soda cracker, and then mixed turn into a pan that has been

A SUGGESTIVE SUNDAY MENU brush with milk and bake in a mod- previously rubbed smooth with a erate oven until a delicate brown. little flour and a piece of tissue To serve the pie, lay one piece of paper. Do not grease the pan. Bake the pastry on a plate and lift on it in a moderate oven until firm to a portion of the prepared baked touch in the center of the cake. Cool pease puddinge. Cover with a sec- and remove from the pan by loosenond piece of the pastry and then ing with a spatula. Spread the top pour over it about one-third cup of of cake with water icing, and then parsley sauce. Serve as directed for spread with one-half inch layer of good jam or jelly and sprinkle with each service.

Macaroni Rabbit

One well-beaten egg.

Two teaspoons of salt,

Place in a bowl

One egg.

One teaspoon of salt.

Four tablespoons of milk.

One teaspoon of paprika.

When the cheese is nicely blended

pour over the macaroni and serve.

Corn Bread

One and one-half cups of flour.

Three-quarters cup of cornmeal,

Two tablespoons of baking pow-

Use the yolk of one egg for making cocoanut. mayonnaise dressing for the cole

Blue Mountain Cake

place two tablespoons of butter in a frying pan and add the prepared Place in a mixing bowl. onions. Cover closely and let smother Three-quarters cup of flour, until tender. Cook and then drain Two-thirds cup of sugar. one pound of macaroni, and then One-quarter teaspoon of salt place on a warm platter in the oven Two teaspoons of baking powder. while the rabbit is cooking. When the onions are tender add

Cornmeal Muffins! "DLEASE give me another one! I That's what the family will say about the commeal muffins made the way Mrs. Wilson makes them in her latest cooking movie shown at the

VICTORIA THEATRE Ninth and Market streets, all this week **OTHER COOKING MOVIES** The other cooking scenarios that

have proved so popular are being shown as follows:

Lebanon Crumb Cake Friday and Saturday, the Lincoln Forty-ninth street above Woodland avenue.

Charlotte Russe Friday and Saturday, the Over brook, Sixty-third street and Haverford avenue.

Page.

Queen Victoria Sponge Cake Friday and Saturday, Darby. For copies of recipes ask at hox ffice or send self-addressed stamped envelope to Editor of Woman's

Proper Clothes for Trip

an's Page.

Use the balance of the blue mountain cake for the supper. THE WOMAN'S EXCHANGE

Please Tell Me What to Do

By CYNTHIA

A Word to Mabel Mabel-I am glad you wrote to me if it was a relief to your mind. Try deau, to put this chapter out of your life. Turn to other things and find something to do for others. But please ever even speak to that person again

Better Read the Paper

Perplexed-No, Cynthia has no fa vorites. Your letter was published in the issue of Friday, September 19, and was followed by a letter signed by the 'Never Lonesome Man,'' which was a ery good answer to you. Adother answer to your letter is pub lished today.

Does Simplicity Count?

Dear Cynthia-Just a line to Dan B. and Buck. You are right, Dan B. about a girl who is too mean to giv ow a kiss after knowing him for two months. And, Dan B., I am sure Buck did not mean what he said about dancing with their mouths; al hough I declare it is a regular light pera to sit and watch a couple on the dance floor, because their mouths go fast as their feet.

Well, girls, if you want boy friends nake yourselves as attractive and live-y as possible in the right way. By ng the sister of three grown brothers and two older sisters I know. How ut it, boys?

Miss Simplicity doesn't count today. BOBBY.

Give Him Time

you have nothing to complain of. The yet she refuses to wear always exactly mark against the skin of the face. showing you every attention a man ences in mesh and weave of the veil, those women who have come to the able to cook and keep house like some for her, bould show a girl if he likes her. He so that the careful observer would al- conclusion that taupe is most becoming plain little Alice-sit-by-the-fire girl. grow to love her, but you must ways know a new vell from oue of last and therefore insist on having this color give him time. Be controots and in-terested in him and step worrying about the show of affection. Acts of affec-uressed woman will not wear striking ment worked in silk and carefully ad-who is beautiful, smartly dressed and

One-half pound of cheese cut into and woman unless they are engaged. If dark blue or perhaps purple, ion should not be shown between a man colors. She clings to blacks and taupes, he wants to marry you he'll ask you Meantime there are freak veils. There some day soon and then if you love him are wells that are made with two little combined with a large mesh. on can show him affection as he will holes for your eyes and vells that are

show you. Good Advice, "Perplexed" Dear Cynthia-May I tell "Perplexed" my experience? About two years ago a very popular boy at high school asked me to go out night as on several occasions. One night as school asked me to go out with him 'Aren't you going to kiss me goodnight?"

"I certainly am not." I an lieve in kissin# are you?' "Yes, I believe in kissing those I

POLLY B.

A Real Stocking Bag

all joined together with the toes meet-

ing in the center. A tassel was at-tached to the center where the toes met

the points made by the heels. At the

top an embroidery hoop was attached

Veils for Well-Dressed Women A Daily Fashion Talk by Florence Rose



Veils will be more popular than ever this season. Today's fashion talk describes some of the smart new one

TT IS not the easiest thing in the world | trimmed with monkey fur and cat fur, ▲ for veil makers and veil designers to give us every year something that is Rather more than last year women

give us every year something that is novel in veils, for the well-dressed will wear veils. They will be worn Heart-Broken=Why are you heart-roken? Surely if this young man goes matter and yet she wants novelty. She o see you and takes you out frequently refuses to wear anything that will be defined denote often with the set of the set of

> justed on the cheek. And at the right there is an all-over very things attracted him.

pin dot of chenille, which is ingeniously gets irritated because of these very qualities (Copyright, 1919, by Florence Bose,

rich center panel.

a background of blue. Although my description does not do the set justice. I am sure that you will like it when you see it. It costs \$1.40.

'baby." in firm white letters, against

A new neckpiece consists of a black Chinese Brocade Bag ribbon -- three-quarter length -- from A modish bag is of gorgeous Chinese brocade set in panel effect between panwhich hangs a rather large pearl bead, with a gold-finished top, forming a of tortoise shell with pierced holes for pear-shaped pendant. The pearl may the stitches that attach bag to frame. be had in white or pink, and in either These handsome shell frames are imthere are colorful, little lights. The mensely practical, for when one chooses the bag may be removed and another of price is fifty cents.

Although necklaces of all sorts are ing smells, when window sills were being worn, from those of pearl to those loaded with full, jolly looking jars and of elaborate design and color, many of Well, be didn't stay away, but came glasses which reflected darts of golden us there be who will always love best again and again and we became real sellow or rich red in the sunlight. So a twinkling lavalliere on a slender 'pals.' But Platonie friendship it is that I draw courage to write of chain, particularly the one of platinum One shop has a few lavallieres that one never has enough. These quart copied from expensive diamond and jars, which are priced at ten cents each, platinum models, made of sterling sil-He declares that if the first kiss have airtight tops, keeping your toma- ver. The designs are lovely, and the toes or frait secure from germs and air. tiny stones sparkle at one for all the ered about the rest, but now it is the Ten of these, for instance, costing but world like real diamonds. Prices are \$1. would be a good investment, for \$2.50 and \$2.75.

For the names of shops where ar

WHY THIS GIRL'S HUSBAND WILL HAVE TO BE PATIENT

She Is Extravagant, but You Can't Marry a Pretty, Pampered Belle and Expect an Alice-Sit-by-the-Fire, Too

THE young wife this young husband be a wonder. She means well enough, writes of is driving him mad with but extravagance is a deep-rooted habit her extravagance. "She is beautiful," that cannot be done away with all in he explains, "all that could be desired one fell swoop.

in the way of looks and style, but when Do not mag your pretty little wife, it comes to common sense about buying but appeal to her as a fifty-fifty partclothes she hasn't any at all. Coming ner to help you out. By praising her from a family where there was always efforts at cooking spur her on to greater plenty of money, she seems to have no interest in these matters and if she sense of the value of it and spends it spends more time at home she will have like water. She knows little about fewer chances to let money slip away. cooking and therefore wastes in that Also going out less she will have less way, too. Before we were married, be-lieving it would be hard for her to do finery.

without many luxuries with me for the Some night let the two of you sit first few years, I explained how things how much you can afford to spend would be and she seemed perfectly on clothes, on food, on rent, on en-willing to live in the style my salary tertainment, etc. Ask your wife how could afford. But now we have only much she thinks would be a reasonable been married six months and she is allowance for clothes and the house spending my salary before I earn it. have talked and talked and it does that she must live within it. Appeal a little good for a couple of weeks and then she comes in with some more new

Then she comes in with some more new the sum, can a man do in a case like this? Please advise a fellow whose wife keeps him on a trip as well as enough to found on a trip as well as enough to found on a trip as well as enough to found to found the sum of the sum "BROKE." a nestegg.

I don't like to be mean and hold post-mortems. "Broke." but it might help you to look at the matter with understanding eyes and when you understand couple of shiftless members of societyyour wife better, perhaps you will be always evading collectors and gossiping

able to deal with the situation. neighbors and never being able First let me impress this firmly on your heads above a sheaf of billsyour mind. In a wife, like in life, think she will be able to see things you can't have everything. Here you, your way. Never a pretty home, never Mince three onions fine and then and dances often with you at parties striking or too spectacular in veils and veil back so that it actually leaves a young man, pick out the best-dressed. an automobile of your own, never the you have nothing to complain of. The set is a gentleman. He was invent new and interesting differ-that he is a gentleman. He must invent new and interesting differ-

> who has been doing these things who is beautiful, smartly dressed and incidentally pampered because these Then he

THE secret of solving your problems lies in patience and tact. Marriage POMPEIAN is not and never was a miracle worker. OLIVE OIL A girl cannot become a wonder at saving simply by saying she is going to

"always fresh"

casily

digested

Makes Appetizing French Salad Dressings

different material and shape sewed to Sold Everywhere the frame. There is a queer, flat tassel to match the Oriental coloring in the



Adventures

'You are not one who doesn't be- slightest idea whether this is the season

I might as well stop coming." "If you only come to be kissed 1 would rather that you stay away," 1

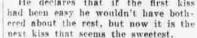
be his sweetheart as well as his pal had been easy he wouldn't have both-

require either rough clothes, as for next kiss that seems the sweetest. walking, or evening clothes. Wearing

Five tablespoons of sirup, Three tablespoons of shortening. love One and one-quarter cups of milk, Beat hard to thoroughly mix and then pour in well-greased and

floured oblong pan, and bake in hot answered. oven for thirty-five minutes. Cut into small squares and serve.

swered.



"Very well," he said, "if you only enced though I be, I have a memory. I like the good times I show you I guess can think back to days when from the

ouldn't last and I have promised to quart jars for preserving. I do know finish.

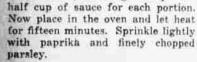
they could be used from year to year.

I saw an adorable set-turkish towel

With a Purse WOELDN'T dare to start this article by talking about preserving

time. It is a matter with which I am not very familiar. I have not the when nickles grow, or whether it is

time to make bean jelly. But inexperikitchen came savory odors, and tempt-



Finger Rolls Place in a bowl Three cups of flour, One teaspoon of salt Two tablespoons of baking pow-

Two tablespoons of sugar.

Sift to mix and then rub into the in handy. You will also need a silk prepared flour and then add one cup of milk and work to a smooth dough. Form into balls the size of a small egg and then roll between anything else unless you know that you the hands on a pastry board, form- will be invited to some place that would nails without realizing it. Bathing the ing into the finger roll. Place on a greased baking sheet and brush the top of the roll with shortening. Bake in a hot oven for eighteen minutes.

Ye Olde English Pease Puddinge Pye

Wash and then carefully look over one and one-half cups of dried peas. Place in a large bowl and cover with plenty of cold water Let soak overnight and in the morning turn into the colander and drain. Wash under running water and then place in a saucepan and add sufficient water to cover, and

One faggot of soup herbs, One-half cup of onions, minced

One-half teaspoon of thyme, One-quarter teaspoon of sweet marjoram.

Cover and cook until the peas are very soft. While the peas are cooking chop one-half pound of bacon very fine. When the peas are cooked they should be like a thick porridge or mush, just stiff enough to hold oon. So be careful and just add sufficient water to cover the Cool and then rub them brough a fine sieve or colander into bowl and add One whole egg, Yolks of two eggs, The finely chopped bacon, Two leaspoors of salt,

One teaspoon of pepper. Mix thoroughly and then turn into well-greased baking dish and set s dish in a pan of water and bake a moderate oven until firm in the er. Now while the pudding is and prepare the crust as fel-

the cup of flour, me-half teaspoon of salt, ne teaspoon of baking powder. if to mix and then rub in five shortening and mix

o meals on the hoat is a me know at your garliest convenience optional. If your have your hat on at Now place in the oven and let heat me know at your earliest convenience mealtime you can keep it on when you for fifteen minutes. Sprinkle lightly what would be the proper clothes to go into the dining room, or if you have with paprika and finely chopped take on the following trip: Boat from taken it off and do not feel like putting made of stockings, was seen recently. Philadelphia to Boston, spend a couple it on you can go in to your meals as It was made of five socks, the back

of days in Boston. Then the boat again you are, from Boston to New York. Do you wear White Spots on Finger Nalls your hat to meals on boat? The lady in question is about forty. B. R. To the Editor of Woman's Page: Dear Madam-Please tell me what and smaller ones effectively finished

The proper clothes to wear on a trip of this kind would be a plain suit or causes white spots to come on the finger cloth dress with a dark hat and gloves. nails and what can I do to make them with two ribbon handles. If you wear the suit take along two

ean waists. A heavy sweater will come disappear. When they first came on my middle finger nail on the right hand thought I had bruised my nail, but dress, or if you wear the suit, a dressy waist for the evening. It would be more they gradually came on all my nails on the right hand and are now starting on comfortable on the boat if you take a heavy coat with you. You will not need the nails of the left hand. B. L.

No doubt you have bruised your other

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IN TEN DAYS

Nadinola CREAM

times a week in a tepid bath of olive oil or almond oil will make them The Question Corner stronger and less apt to show the white **Today's Inquiries** spots.

Suggest a novel costume that would serve equally well for the blonde or the brunette at the Halloween party. What is this season's color for the

maid of honor? When a hat must travel how should it be packed?

In putting away the wedding gown what will help to keep it from turning yellow? How can a white satin collar be freshened

In washing vegetables what will bring insects to the surface?

Yesterday's Answers

In the "Mystic Art Gallery." a novel-feature for the Halloween party, all sorts of black cut-outs are pasted on yellow cheesedotl that covers the entire wall in a corner of the moom. The cut-outs are black cats, owls, witches, etc., and each of them represents a certain brand of good or bad fortune. Each guest blindfolded in turn takes a stick and must point to one of these symbols. A witch sits over in the corner with a notebook telling what each cut-out signifies and she acts as inter-Very pretty bags can be made by

applying cut-out cretonne figures to black oilcloth. 3. A sick child who will not take liquid nourishment will often change his mind about it if he is allowed to take it through a glass

tube, a straw or a stick of macaroni. To make a stainless odorless give for children to play with soak

tapioca in water. Bran or oatmeal can be sewed in cheenecloth bags and used on the face in this way. Both are good for tender skin. Fine cornmeal heated a little and

sprinkled in the hair gives a dry shampoo that takes the dust and grease from the hair. NATIONAL TOILET CO., Parie. Tenn.



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THATTA A STATE A STATE A

is wonderfully use-

ticles mentioned in "Adventures With a Purse" can be purchased, address Editor of Woman's Page. A Keal Stocking Bag and wash cloth-for the baby. It is A bag, not only to hold stockings, but rather a hard matter to find a nice gift which the new baby has not already EVENING PUBLIC LEDGER, or phone received. In the center of the towel the Woman's Department, Walnut seams of which had been ripped and and on the wash cloth, is a diamond 3000. shaped space, in which is the word



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Editor of American Cockery

Goscip at the Tea Table 0 .0 • Miss • rincine Pure Phosphate Baking Powder urnished the thame of convers 1 1b., net weight, 35c Al Your Grocer's weight, 26 1337 CHESTNUT Millard Dress Shop is evident here in every model on display. Far removed from the commonplace, our styles win the praise of the most exacting devotee of fashion.

