EVENING PUBLIC LEDGER-PHILADELPHIA, WEDNESDAY, OCTOBER 1, 1919

WAYS TO COOK GAME-SMART FUR SET-WOMAN'S EXCHANGE-LACK OF WILL-POWER

MRS. WILSON OFFERS FISH AND GAME DISHES

Products of Delaware Water Gap and Vicinity Make Tasty Features for Autumn Dinners

Boiled Rabbit Is Delicious Dressed With Onion Sauce and Placed on the Table Hot

By MRS. M. A. WILSON Copyright, 1918, by Mrs. M. A. Wilson, All Rights Reserved.

N AUTOMOBILE trip to the A Delaware Water Gap by way of Bethlehem, Easton and then along the beautiful river boulevard to the Gap itself, which is the gateway of the Alleghenies, is ideal. There are many Indian legends about the Gap; one of them especially interesting because of the river. It is that at one time the mountains were a solid barrier and that the fast-moving water has worn a pathway through the mountains, the strata of which are composed of limestone and soft slag.

This portion of the country was glad to leave the German Father- mixture cool and then add land. There is also a scattering of English Quakers who, because of religious persecutions, migrated to Wales and then to this beautifu! valley between the mountains.

Many evidences of the thrift of these early pioneers are still to be found. At one of the Crossdale farms, not only the original farmhouse, but also the Dutch oven of the early 1800's is still in existence.

These ovens were suilt out of doors, near the entrance to the kitchen, and with a roof extending over the oven about twenty inches. This oven is much like that used by the campers and is familiar to those who have visited the rural districts in European countries. The fue! is placed in the oven chamuntil the whole oven is well heated. he embers are then raked out and then bread baked first with pies and cakes following later. There is a kind of fireplace underneath the stewing. Place in a bowl and add oven and once the oven is heated three tablespoons of salt and suffithis fireplace is filled with wood and cient cold water to cover. Let stand cointained for many hours at a and wash under the fresh water.

The good housewife Crossdale, alert and alive to her many housewifely duties, must need a goodworking out of doors certainly gives a sauce. Thicken with cornstarch ne an appetite.

The old English doggerel that the farmer's son must early to bed and onions, early to rise to be healthy, wealthy Four tablespoons of finely chopand wise is very true in these ped parsley, mountain fastnesses. The Quaker wife is a splendid cook and the store of jams, jellies and conserves will testify to her foresightedness in garnering the summer fruits.

Plenty of farm and dairy produck, fish and game were to be had in those days, and the early pioneer folk adapted themselves to this diet. And to the Cosmopolitan kitchen I am bringing some deficious ways to serve the natural products of the ware Indians.

Fish, Shirley Point Style

Almost any fish of the freshwater variety may be prepared in this manner. Use two pounds of fish. Scale and cleanse the fish and then split it open and lay on wellgreased baking pan. Now chop fine One red pepper,

Four branches of parsley, Two onions,

Four strips of bacon. Spread the fish with shortening and then sprinkle with the prepared easoning. Place in a hot oven and baste every fifteen minutes with hot water. Bake for thirty-five min-

Three onions, Three branches of parsley, Two ounces of salt pork

sh, or about thirty-five minutes in that you can protect your hands in case you have to help yourself up a steep hill or through heavy underbrush. mines the length of time for

Usually the folk about the Gap de to have this dish when the ad are running, but any other weighing from two and oneto four pounds will be equally s. Scale and cleanse the fish ed then prepare as follows:

The Filling

Three branches of parsley, wo branches of celery. Place one-half cup of finely chop

They're Delicious

THAT'S what you'll say about the cornmeal muffins made the way Mrs. Wilson makes them in ber, new cooking movie shown at the

VICTORIA THEATRE Ninth and Market streets, all this

OTHER COOKING MOVIES The other cooking scenarios that

have proved so popular are being shown as follows:

Lebanon Crumb Cake Wednesday, the Imperial, Six tieth and Walnut streets. Thursday, Friday and Saturday,

the Lincoln, Forty-ninth street above Woodland avenue.

Charlotte Russe Wednesday, the Orient, Sixty and street and Woodland avenue Thursday, Friday and Saturday, he Overbrook, Sixty-third street and Haverford avenue.

Queen Victoria Sponge Cake Wednesday, Broad Street Casino, Broad street below Eric avenue. Thursday, Friday and Saturday

For copies of recipes ask at box office or send self-addressed stamped envelope to Editor of Woman's

originally settled by Holland tender, without browning; then add Dutch and later by folk who were one cup of bread crumbs. Let the

One and one-half teaspoons of

One teaspoon of pepper.

string. Now rub the fish well with of these girls are from excellent families,

Two tablespoons of vinegar, One cup of boiling water.

ber and the fire is kept burning beneath the fish and garnish with

Boiled Rabbit With Onion Sauce

Skin and then cut the rabbit for hus the heat in the oven can be for one-half hour and then drain

Place in a saucepan and add One onion. One carrot, diced,

One faggot of soup herbs, sized oven to bake the bread and and sufficient boiling water to cover. pastry and beans for the family and Cook until tender and use equal hose who labor for the family in parts of liquid left in the pan after fields. For you know that cooking the rabbit and milk to make and add

One-half cup of finely chopped

One and one-half teaspoons of

One teaspoon of pepper. Simmer slowly fifteen minutes.

The Woman's Exchange

Back Number of Magazine

To G. McG-I am sorry, but is would not be possible to ask for the fertile valleys around Water Gap, magazine that you wanted through the the home of the peace-loving Dela- column. No doubt you could get the back number through a newsstand where that particular magazine is sold. Or you could write to the circulation department of the magazine itself, in closing the price and postage, and ask

Clothing for Long Hike

To the Editor of Woman's Page:

Dear Madam—Will you please tell me in the exchange the three ways the Indian had for testing the eyesight?

Also tell me the proper treatment for the feet and proper clothing to wear on a long hike. M. O.

If you go to the reference room of the Public Library, Thirteenth and Locust streets, you can find books which will give the information you want about the Indians.

the Indians.

Wear soft woolen stockings and thick-Wanda Small Fish Baked
Scale and cleanse about two founds of small fish and then wash and wipe dry. Roll in flour and then place in a baking dish and sprinkle over the fish

Three onions,

Wear soft woolen stockings and thick-soled shoes on a long hike. If it is an overnight hike be sure to bathe your feet before "turning in" for the night and have a fresh pair of stockings to put on before starting out again. Wear loose clothing that will give you plenty of freedom to take long strides and swing your arms. Wear a khaki or cordured will not show dirt, will protect you from burrs and nettles will protect you from burrs and nettles if you go through fields and will resist rain if you should run into bad weather. A khaki or white shirtwaist, with a loose water and the juice of one lemon and bake in a hot oven until the will leave the meat of the thick gloves that you cannot hurt so

Please Tell Me What to Do

By CYNTHIA

No Harm in This

Dear Cynthia-I am very auxious to know if it would be proper if I wrote a letter to a girl I was formerly employed with. This is no love affair. We were friends with each other only around the office.

There would be no reason for you not to write the note, if you do so in a courteous, sensible way.

Advice for "Capt."

Since your mother disapproves of the young man's presence in your home I would not meet him outside. Perhaps your mother is only displeased for the time being and will change her mind in a little while. Conx her to overlook the incident just this once.

Analyzes Buck's Letter

Dear Cynthia-I could not resist replying to "Dan B.'s" criticism of Buck. So, although I admit it is extremely foolish for me to waste my time in this manner, I'll be obliged to you if you will print this.

In the first place, Dan B., I really think you are too brilliant. Who would dream of Buck dascing with his mouth when he said that he "danced like most people chew gum"? Such wisdom is astonishing

How do you know what kind of girls Buck chooses for companions? Because they expected a fellow to be able to dance and to kiss them doesn't signify that they are the "riff-raff" of the In fact, I have found that Blend thoroughly and fill into the the majority of girls who go around fish and sew the opening with a with fellows expect these things. Many

I miss your point when you tell Buck shortening and then put into the not to try to kiss the girls good night fish five tablespoons of flour. Place and say that he is the kind of fellow a piece of cheesecoth the size of the that is spoiling the girls of today. Then fish in a well-greased and floured in the next paragraph you tell him to pan and lay the fish on this cloth go with a girl for two months and then and tuck in the ends under the fish, try to kiss her. Then if she refuses Blace in a hot oven and bake for one hour, basting every ten minutes with girl's character !

Do you kiss the best pal of your own sex? When baked, lift to a warm plat- your pal of the other sex? I believe ter and gently slide the cloth from in saving my kisses until the right man comes along. I should think that a parsley and serve with tartar sauce. girl who gave her kisses to every one I sily. would feel tainted when Prince Charming came along. These are the opinious of A MERE GIRL.

The Question Corner Today's Inquiries

What is the birthstone for Oc-

2. What is the birthday flower for October?

3. How can broken knitting needles 4. What novelty has made its appearance in the hope chest

When mud splashes on a black dress what will remove all the marks? What is meant by a Batik bed-

spread?

Yesterday's Answers A gold encrusted china coffee set makes an up-to-the-minute gift

for the golden wedding. In the game of "musical instru-ments" the players are called ments' the players are called upon in turn by the conductor to initate the playing of some special instrument. The conductor, too, plays the instrument, changing suddenly from one to the other. The bandsman whose instrument is being played must start to play it, too, and the converse fails to take a cue pays a one who fails to take a cue pays a forfeit.

A putty knife like painters use makes a convenient article to have in the kitchen. It can be used to pry lids, etc.

Metal bindings from wornout asbestos pads can be used on gas burners to support wabbly sauce-Organdie dotted swiss and voile

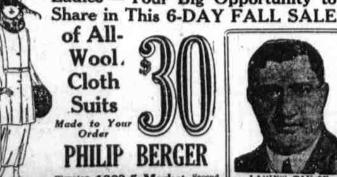
are materials in vogue for covers for bureaus, dressing tables, etc. Colored material is popular. To prevent that cloudy appear ance when washing glasses that have had milk in them, first thor-oughly rinse with lukewarm or cold water and then wash in hot

IF YOU LOVE --

Flowers you should be interested in THE CENTURY FLOWER SHOP

Safe Milk
Intents and Invalids THE ORIGINAL MALTED MILK Rich milk, malted grain, in powder form. For infants, invalids as growing children. Pure nutrition, upbuilding the whole body. Invigorates nursing mothers and the aged. More nutritious than tea, coffee, etc. Instantly prepared. Requires no cooking.

Substitutes Cost YOU Same Price Ladies - Your Big Opportunity to



THE COLD DAYS ARE COMING



A feature of the fur set, which is mole, is the fur ball trimming. This adds a smart finish to the stole. The black velvet hat is worthy of Narrow grosgrain ribbon supplies the only trimming, but the treatment of it is interesting

Adventures With a Purse

T COULD begin this adventure by tellgain in quilts that will make you scurry right down to the shop, and take advantage of it before it is too late. These quilts are of soft, warm lumbs' wool. They are covered with what I take to sateen, with plain border and flowered center. And would you believe it. the price is only \$5.50-while they last. Now this is a bargain "as is" a bargain.

The musical dictionary will be most useful to her who is studying music, for although only a comparatively small pages are names of great people known comes warm, to the music-loving world, and a word or two as to what branch of music the man or weman was interested in. This is a valuable little book, and well worth the price of forty cents.

Have you ever tried using a spiral curtain rod for the kitchen windows, and wherever you use half-curtains? One of these rods looks like a piece of tightly coiled wire. You string the cur-

Anything

FRAMBES & CLARK

1112 Chestnut St., Phila.

649 Guarantee Tr. Bidg., Atlantic City

30 N. Third St., Camden

WORLD.

2314 Market Street

tain on this and pull it taut agross the window. This holds the curtain very was beside the point. The youn firm, and keeps it, I think, looking nicer said only one thing that counted. than the stiff rod. You can get these wouldn't take 'no' for an answer. for ten cents each.

Why should you want to kiss I ing you something that you know just matter. Maybe my suggestion will help ew baby is always a rather difficult to keep an engagement with him. as well as I do-that winter nights, you. One shop has cunning little baby if there is one among us who hasn't used when you will want warm, soft quilts, are fast approaching. I could do that, I say. But I much prefer to tell you semething that you may not know as well as I do. And that is about a barwell as I

For the names of shops where articles mentioned in "Adventures With a Purse" can be purchased, address Editor of Woman's Page, EVENING PUBLIC LEDGER, or phone the Woman's Department, Walnut 3000.

Iceless Icebox

A miniature iceless refrigerator, use ful where only small amounts of food book, as dictionaries go, it contains a need to be cooled, is made by inverting complete list of all terms used in music, an unglazed earthenware flowerpot in with instructions as to their pronuncia-tion, and a brief description of the cool also by placing the dish in cold meaning of each. At the bottom of the water and changing the water as it be-

> THE PERSON NAMED IN THE PE Taylor & Aspel SPORTS SHOP Smart Tailored

SPORTS SUITS Specially Priced Riding Habits Motor Coat and Hats Tailored Sports Dresses of Serge and Tricotine 130 South 16th St.

Ethel M. Taylor

LOCOMOBILE

THE CAR OF GENERAL PERSHING;

OF GENERAL MARCH, CHIEF OF STAFF; THE BULL DOG LIGHT-

NING EXPRESS OF THE GENERAL

STAFF IN FRANCE. UNQUESTION-

ABLY THE STRONGEST, SAFEST,

EASIEST RIDING CAR IN THE

\$8450 Upwards.

Locomobile Company of America

Philadelphia, Pa.

THEY WOULDN'T TAKE "NO" FOR AN ANSWER, SAID HE cease in China if a group of women students, returned from studying in foreign lands, have their way.

Explaining Why He Broke the Engagement—Another Way of ly in the headquarters of the Young Saying the Same Thing

PHE circumstances were like this: | "Mary, I'm awfully sorry I didn't The young man who was beginning to call on the young lady more than once in every two weeks asked her to ome home from a certain week-end matter what I have my mind made up visit Sunday night in place of Monday to do before, I just change then and there if any one suggests something different. I'm never captain of myself; course, in order that he might spend some other fellow is always running the traditional evening with her. It the ship. Goodness only knows where required a good bit of coaxing to make I'll land some day!" If, as I said, the the girl of his undefined dreams give in young man penalized himself to tell the on this point, but finally she promised truth in this way every time he broke to take the 4:40 Sunday afternoon a promise I wonder if the sheer shame of it wouldn't cure him completely? omeward.

Which she did, and, therefore, at 8 clock with cheeks glowing prettily red from vigorous washing after the dirty train ride, with nose daintily powdered and a very effective dark blue georgette on, she sat by the lamp in the liv ing room and waited. She waited until 10 o'clock but no young man came.

DID you ever consider how much of the mixture settle and then strain the liquid through a cloth into bottles. Cork by our inability to say "no" when we ought to say it? Take this case for instance. Can you imagine what his excuse was when he called up the young lady of the long wait the next evening to try to smooth things over? He had been out on a hike with a crowd of boys in the afternoon and had been persuaded to keep with the crowd and go to the home of one of the boys for supper. Shouldn't have gone, explained, but the boys wouldn't take "no" for an answer. Couldn't eat and run, of course; you know how that would be. And then the fellow's sister started to play the piano and he didn't realize how late it was untit suddenly he looked at his watch. By that time other boys and girls had dropped in and there was quite a party. wanted to leave even if it was late, but they wouldn't take "no" for an answer. There was no telephone or he would have-and so on the excuses ran, ad infinitum.

But all the rest of the vocabulary was beside the point. The young man said only one thing that counted. "They These were the words that sealed his fate with the young woman who had Knowing just what to buy for the come all the way home from out of town

Familiar words, aren't they? I doubt

DERHAPS if we trained ourselves to tell the truth every time we failed to keep a promise things might be a little different. For instance, if the chap in question had been obliged to talk in this strain to his girl:

DARQUETRY FLOORS laid or done up; MOISE SCOPPITTI 2211 Chestnut St. Phone Loc. 5049



WHOLESALE PRICES to the RETAIL TRADE"

Manufacturing Furrier

122**7 WALKUT** ST.

A most reliable shop of correct styles for the women who demand exclusive and charming

"Distinctively Different"

Charge Accounts Invited

Women in China

Cigarette smoking and gambling will

Women's Christian Association in Shanghai to discuss forms of social service for which they might organize themselves. Various things were suggested, such as teaching, leading women's clubs and belping with music

and Sunday school work.

The baby welfare organization desired a campaign against eigarette smoking and gambling. The students decided to take it up and rouse public opinion against both practices by means of lectures, sermons, talks in schools and a wide publicity campaign.

Mrs. C. C. Chen, of Shanghai, president of the student committee of the Y. W. C. A., and two other prominent Chinese women are acting as the com-mittee to draw up a statement of the purpose of the organization and to make plans for future work.

Things to Know

Have an oilcloth bag for overshoes A soft paint brush is an excellent

duster. Sometimes doors stick because screws in the hinges are loose. A pair of milliner's pliers is a useful inmate of a work basket.

For Breakfast

Just try Cranberry Jelly on hot biscuit, rolls, toast, or muffins. It is so good, your appetite will surprise you. And so eco-

8 lbs. of Cranberries and 21/2 lbs. of sugar make 10 tumblers of delicious jelly.

Spring. Here is the recipe: Cranberry Jelly

Put it up now to use during Winter and

To Prepare Javelle Water

Dissovle one-half pound chloride of time in two quarts cold water. One

pound washing soda dissolved in one

quart boiling water.

Pour the clear liquid from the chlo-

ride of lime into the soda solution. Let

the mixture settle and then strain the

and keep in a dark place.

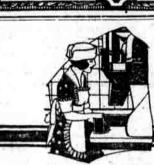
Cook until soft the desired quantity of cranberries with 1½ pints of water for each 2 quarts of berries. Strain the juice through a jelly bag.

Measure the juice and heat it to

Always cook Cranberries in porcelain-lined, enameled or aluminum vessels.

You naturally want the choicest cultivated varieties so ask for

Eatmor Cranberries



It's weighed and packed in sanitary boxes by machinery. No handling

The thing to do when you're tired and out of flavored and stimulating - almost makes you feel better to look at that cup of deep-colored fragrant tea!

It's the skilful blending that makes Tetley's such good tea-a blend of teas from 15 or more of the world's finest gardens.

Tetleys Tea

Try a cup of Tetlev's Green Label Tea. It's surprising how much better you'll feel. And you'll enjoy it!



Trimness and grace of line characterize the new Fall La France models. You'll find them as comfortable as they are good to look at. All, La France shoes are made by the Goodyear Welt process which assures easy wear and long wear. There are dainty dancing pumps, smart oxfords to wear with spats, and boots for either tailored or

and the contraction and a second

La France style for every occasion. No. 473 - Brown Is the Color Par Excellence for Autumn Wear

1204-06-08 Market Street

dressy costumes—in fact, there is a