SERVING GOOD MEALS TO BOARDERS-WHAT ABOUT GOSSIP?-CYNTHIA'S LETTERS-SHOPPING

MRS. WILSON PLANS INEXPENSIVE AND ATTRACTIVE BREAKFASTS

An Article Written for the Benefit of Reader Anxious to Please Her Eight Boarders

Preparing Sausage and Hot Cakes, a Tasty Bread Omelet and Other Dishes That Will Tempt

By MRS. M. A. WILSON

My dear Mrs. Wilson-Will you please give me an idea as to what to have for breakfast for eight men, who pay \$8 a week for board? These men seem to think I should have a steak three times a day, which is entirely out of the question. Kindly give me a little variety and allow me to thank you. Very sincerely, A CONSTANT READER.

To provide eight nealthy men really be doing them an injury Eating meat constantly like this would in time lead to serious intestinal disorders. Many attractive foods can be used to replace meat.

Apple Sauce Cereal and Cream

Tomato Sauce Fishcakes Hashed Brown Potatoes Rolls, Toast or Bread and Butter Coffee

For variety use an emince of leftover meats; sausage and hot cakes, powder. creamed beef in biscuit cases, ment biscuit with cream gravy, baked or tomato fritters, bean croquettes, cheese, egg and meat croquettes or meat cakes. Liver and onions and hash with poached egg-all will give you variety.

To be successfu! you will need to purchase your food in quantity. that is, wholesale. When serving fishcake, croquettes and the like, pre- chopper. pare them the afternoon before and fry them then. Lift to a platter that has been covered with a paper napkin and set where they will cool rapidly. Then place in the icebox, and in the morning just place them in the oven to reheat.

Get into the habit of serving hot biscuits and corn muffins for breakfast. Prepare the mixture over night and place in the icebox and then bake in the morning.

My personal experience in feeding over 10,000 navy men was that en will seldom ask for meat if other palatable foods are served Frequently the housewife who is catering to a family of eight does not have accurate recipes for this amount, and often a failure is it is really the absence of practical methods that causes the trouble.

Men like hashed brown, French fried, lyonnaise and potato cakes for et So this will splendid variety. Have the potatoes cold boiled, pared and cut, ready to pop right into the pan in the morn-

Always have the fat in the pan smoking hot and add a few potatoes at a time, so that the fut does not chill. Potatoes that require a lot of fat waste this commodity and are expensive. So be sure the pan is very hot before adding the potatoes.

When making an omelet try this method: Soak sta'e bread and holidays. See the lemon recipes on then, when soft, put in a clean the woman's page, September 2, cloth and squeeze dry. Rub through the colander, and then, to make omelets for eight men, place in a mixing bowl

One and one-half cups of bread, prepared as directed,

One cup of milk, Five tablespoons of flour.

One tablespoon of salt,

Two teaspoons of paprika.

Yolks of ten eggs.

Beat until very well blended and then fold in the stiffly beaten whites of the eggs and place three table- and 19. July 28, 1919, on canning and black patent leather. You can get spoons of fat in a frying pan. When tomatoes. August 20, 1919, for cat- the blotting pad with its corners dec hot add three-quarters cup of above sups. mixture and cook until set, then turn and fold and roll and turn on a hot plate. This gives you an individual omelet for each man. This may be mixed overnight and then placed in the icebox and used when ready, adding the whites of

eggs in the morning. Preparing Sausages and Hot Cakes Place in a saucepan

Three cups of boiling water,

Two teaspoons of salt,

Two onions, chopped fine. Four tablespoons of finely chop-

ped parsley. One teaspoon of powdered thyme, One cup of oatmeal.

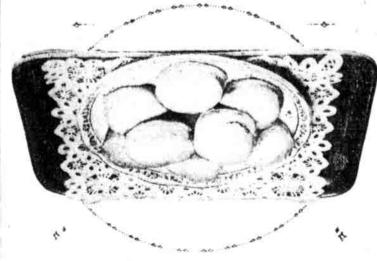
of an hour. Turn into a bowl and let cool. Chill until ice cold and then

One pound of sausage meat.

Mix thoroughly and then form into sausages and roll in flour and fry until golden brown in hot fat. Make a brown gravy and serve with the sausages.

Beef or meat from the neck and back of careass, the skin and giblets of the chicken may be used for this

dish to give variety. w for the hot cakes: Soak



Serving hot biscuits for breakfast is one very good way to make the meal attractive without making it expensive. Prepare the mixture the night before, place in the leebox and then bake in the morning

No. 1264

See grape recipes, woman's page,

August 30, 1919. Use partially ripe

No. 2165

tried your recipe for custard pie and haven't had very much success

with it. The pie looked lovely, but when I went to cut it found

that the custard had in some way

if you could tell me what the trou-

Perhaps you filled the tin too full

and it seeped through, or perhaps

the lower crust was rolled too thin.

No. 1266

peach jelly?

My dear Mrs. Wilson-Will you

please publish a recipe for making

See the woman's page for August

No. 1267

inform me through your columns in the paper if the peanuts re-

which you recently gave a recipe,

should be used in the raw or

roasted state? Thanking you in advance, Mrs. WM. D.

sold for eating purposes-roasted.

No. 1268

My dear Mrs. Wilson - Would

ou kindly tell me whether re-

finers' cane sirup can be used for

and what quantity per pound of fruit? H. H. B.

one part water for a heavy sirup.

caper sauce?

and add

No. 1269

Caper Sauce

One cup of milk in a saucepan

which meat was cooked.

Six tablexpoons of flour.

One-half cup of capers.

Adventures

One-half cup of stock or liquid in

Stir to dissolve and then bring to

boil and cook for five minutes. Add

One and one-half teaspoons of salt,

Heat very slowly for five minutes

THE new desk sets are unusual. Have you seen them? They are made of a combination of highly colored cretonne.

orated in this cretonne and black; and

then there are paper holders, blotters

One of the most complete toys-I

guess you would call it-I have ever

seen I happened upon today quite acci-

dentally. It is a little cretonne-covered

One side lets down, and you

suit case, probably twelve inches in

have a tiny writing pad with wee naper

and envelopes for little folks' corre-

spondence. When you let down the other

side you have a complete sewing kit.

even including tiny patterns for dolly's

dresses. It is priced at \$2.25, and it

and most everything you would need for

With a Purse

One teaspoon of white pepper,

quired to make plum conserve.

My dear Mrs. Wilson - Kindly

2 and 25 for recipes requested.

Would be very thankful

E. E. W.

Mrs. J. A. H.

or other got into the crust, making

My dear Mrs. Wilson - Have

M. J. D.

A Muffin Morie

CORN meal muffins! Mrs. Wil son's new cooking movie shows to make the kind that fairly in your mouth. The picture is

VICTORIA THEATRE Ninth and Market street, all this

one quart. Rub through a sieve and grapes.

One quart of flour, Four tablespoons of strup,

tublespoons of baking

Beat hard to mix and then bake on a hot griddle. Leftover oatmeal. beans and lyonnaise potatoes, corn rice, hominy or corn mush may be used for variety.

Chinook Sausage

One quart of water, run through food chopper,

One teaspoon of powdered thyme. One teaspoon of pepper.

dried beef, adding two teaspoons of

done the afternoon before and this will make it very easy to quickly serve a palatable breakfast. All recipes given here for a family for charged up to the food itself, where eight may be divided in half for the ordinary family.

Mrs. Wilson Answers Queries

No. 1260 kindly give me through your col-umns the following recipes: Engappreciate this information so

wheat in usual muffin recipe.

No. 1261

No. 1262

publish in your columns a recipe for the dough in potpie.

Mrs. J. S. O.

Place in a mixing bowl One and one-half cups of flour, One teaspoon of salt,

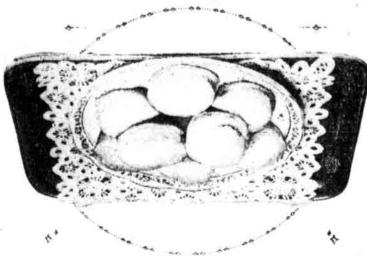
One tablespoon of grated onion, parsley.

Mix to a dough with two-thirds would bring many an hour of happi cup of cold water. Drop from the ness to its small owner spoon into boiling stew. Cover the

My dear Mrs. Wilson — When should meringue be placed on a pie and how long should it be left in the oven? Kindly publish the recipe for potpie, using diced raw potatoes and cooked meat. Also give recipe for roasting potatoes with roast beef or pork and recipe for cornstarch pudding, G. H. S.

See recipes for pie August 5, 1919. nt stale bread in water, so Other recipes requested will be given that when pressed dry it measures shortly in the Friday market basket.

GIVE THEM HOT BISCUITS



My dear Mrs. Wilson - Please tell me how to make a good jelly from Concord grapes; made some last year and it kept very well, but did not stiffen wel. The grapes are just beginning to turn dark now. I use a great many of your recipes and like them very

then place in a large bowl and add

Fire tablespoons of shortening, One egg. Four cups of water,

Place in a saucepan

One-quarter pound dried beef. Four onions put through food

Two cups of cornmeal. Stir constantly until thick like mush and then cool and form into sausage and roll in flour and fry until golden brown in hot fat. Serve with either brown or cream gravy. Corned beef or other meat may be used to replace the dried beef. Allow one and one-half to two cups of cold cooked meat to replace the

My dear Mrs. Wilson-Will you lish plum pudding, muffins made from rye flour and to preserve lemon and pickled walnuts? Will

Recipes for the genuine plum pudding will be featured in time for the 1919. It is too late to make walnut pickle. Use rye flour to replace

My dear Mrs. Wilson - Referring to the various recipes in your articles, will you kindly give me the following: Three-pound plain cake, two quarts tomato catsup? Thanking you in advance,

Mrs. E. E. M. See cake recipes June 7, 8, 12, 15

My dear Mrs. Wilson - Please

One-half teaspoon of pepper,

Two teaspoons of baking powder, One tablespoon of finely minced

I must tell you about the unusual and Stir to prevent lumping and then boil constantly for three-quarters lid with a cloth and cook for fifteen most attractive tea ball I discovered minutes. Covering the lid with a This is none of your round perforated cloth prevents the moisture forming balls, depending from a chain-dear me on the dough. Do not open lid for no! This, if you please, is shaped like ten minutes after adding dumplings. a tiny ten pot, hanging from a rod at tached to a silver finish tray. All 1 need suggest is that you drop in and No. 1263 see it when you are in town, for I know full well that, once you have seen it rou will willingly pay its price of \$1.75

For names of shops, address Women's Page Editor. Phone Walnut 3000,

IF YOU LOVE-

to have it for your ten table.

Flowers you should be interested in THE CENTURY FLOWER SHOP 15th Below Chestnut &

The Woman's Exchange

Name for Sewing Circle

Dear Madam-Would you kindly suggest a few names for a sewing circle to be organized by about twelve girls from the ages of seventeen to twenty-two? As the cool weather is approaching we decided to form a sewing circle, but are in doubt what we should call it.

How would any of these names do The Stitch-in-Time Club," "The Nimble Thimble Girls." "The Sister Susie Circle," or "The Needle and Thread Club"?

Hair Too Curly

Dear Madam-Your answers to the troubles of the weaker sex are seemingly so helpful that I, a mere man, am writing to you in the hope that you may be able to help me also.

My trouble is that my hair is uheontrollably curly and stiff and won't stay put unless I use pil or cosmetic sticks. and they are so insanitary, gathering, as they do, dust and dirt because of their greasiness. I would be grateful if you would give me some remedy for MERE MAN.

Try using brilliantine. There are various makes of this to be had in drug stores. This is clean, not at all greasy and has a softening effect on curly hair. Brushing the hair back a great deal will help, too. If you wear a cap around a good bit it will also tend to flatten your hair and make it less curly. How ever, wearing a hat too much is bad or the hair and brings on baldness.

To Marietta You can't hope to have a nice com plexion until you begin to live more sensible. Any girl your age ought to nine hours' sleep each night. Try giving up so many dances for a while since you must get up so early in the morning. Eat plenty of sensible food, leaving out the pastries and including greens. Drink plenty of unter and get lots of exercise.

Dear Madam-This is the first time fourteen and would like a camera very much if any of your kind readers have Puritans in another period of dress a camera that they do not want. BLACK EYES.

We do not, of course, know "Black uniform. Eyes," but if any of our readers having an old camera would like to look into the case we will gladly give the address. Please send your address, "Black

Decorations for Luncheon

of Woman's Page: Use the peanuts just as they are GRATEFUL.

e very pretty together. Make a centerfruit, such as peaches and pears, and what quantity per pound of fruit?

H. H. B.

Refiners' cane sirup may be used for preserving fruit. Use equal for preserving fruit. Use equal sirup. Bring to a boil and use to fill jars. Use two parts of sirup and water for the mand have a vase of flowers at each corper part water for a heavy sirup.

Bring to a heavy sirup.

Getting Acquainted

The thing to do is get acquainted with boys and then let them introduce appealing features of the new French sixups. Something that never could have been producing something that never could have been produced without this mand have a vase of flowers at each corper part water for a heavy sirup.

And here is a little word to the mother chap to make a "foursome." There is your fill debutante daughter. That willfor preserving fruit. Use equal them. Have alternating strings of yelparts of sirup and water for thin sirup. Bring to a boil and use to fill jars. Use two parts of sirup and per.

To Polish Pearl Buttons

My dear Mrs. Wilson - Would you kindly tell me how to make caper sauce? E. M.

- 6. How can a wire basket such as is used for holding unfiled letters in an office be utilized in the kitchen?

Saturday's Answers

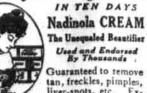
Russia is the latest country a organize the Girl Scouts. When he "gives his daughter away" the bride's father dresses just as the bridegroom doesgray pin stripe trousers, a cut-nway coat, gray tie and gray gloves, stand-up collar and eithe

a white or dark vest. This is formal attire for a man at a wedding held before 6 o'clock. A Miss O'Neill, of the British and Allied Transport Service at New York, was the only Amer-ican woman to know in advance all the dates of the sailing of every transport.

Cream chantilly lace is the new est trimming for the black sati Before washing a garment that is spotted outline the spots in

hasting thread, then when the dress is wet they will not be hard to distinguish. The good parts of torn underwear can be dyed and used as strips for rag rugs.

Beautify the Complexion



liver-spots, etc. Ex-treme cases 20 days. Rids pores and tissues of impurities. Leaves the skin clear, soft, healthy. At leading toilet counters. If they haven't it, by mail, two sizes, 60c. and \$1.20. NATIONAL TOILET CO., Peris, Tenn. "Bold by Jacob Bren., 1915 Chestnet Mand other tellet counters."

OF PICOTED CHIFFON FOR A YOUNG GIRL



A decorous little evening frock for the girl of debutante age. It is all of chiffon-except the soft, graceful girdle, which is of satin

ment of the brevity of skirt and fashions leading us? Sometimes it almost seems, for sheer decency's sake. ter our disapproval of them as dld the decadence known as the Restoration by assuming some modest but becoming had to bear.

of two little bibs, one in back and one in form that he has of you. front, held together by two strings of beads over each shoulder-perhaps then you would have to take to some Puritan / "In Love."-No, I do not think you not lost all their senses. Only you don't man, and there are no reasons against Purple asters and yellow asters would hear so much about the clothes that the your marrying him, promise to do so dressmakers have made for them. How- and Heaven be with you ore of them and then have suspended ever, these conservative fashions have

of the debutante daughter. | That will-To Polish Pearl Buttons

To the Educe of Woman's Page:

Dear Madam—Will you kindly please tell me if there is any way to brighten pearl buttons?

READER.

Use a little nail polish and the buffer on them. First rub them over with a little clive oil.

The Question Corner

Today's Inquiries

1. Is it proper for a married girl to be a bridesmaid?

2. Are the collars on the new winter coats large or small?

3. When you are away and have no coathanger convenient, what makes an admirable substitute?

4. How can a heart of a brass beid that have worn off be renewed at home?

5. What will clean piano keys?

6. How can a wire basket such as is used for holding unfiled letters in clear of the content of the collegent of the worn of the part of shades.

Today in the clear piano keys?

6. How can a wire basket such as is used for holding unfiled letters in comparison of the force is likewise a picoted foundation, and the parts of shades.

Today in the clear piano keys?

6. How can a wire basket such as is used for holding unfiled letters in content of the content of the content of the content of the pastel shades.

The Pour of the clive of the content of the content of the clive of the content of the content of the clive of the content of the c ful young lady may try to persuade you

shades, (t'apyright, 1919, by Florence Rose)

Miss Rose Will Help You with your fall clothes. Perhaps you are wondering just what color in vogue now will be most suitable for you. Or perhaps it is the present day styles that perplex you. Miss Rose will be glad to give you the benefit of her advice. Address Miss Rose, woman's page, Evening PUBLIC LEDGER. Send a self-adressed stamped envelope for perconal reply, as none of the answers will be printed.

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· Miss ·

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Please Tell Me What to Do

By CYNTHIA

Stands Up for the French Dear Cynthia-My own name caught my notice in your column tonight and I wish to have a few words to say young lady who calls herself 'Cynthia's Admirer.'

It was very fine of you to express yourself so frankly and I thank you for the very good opinion you seem to have of me. In connection with the thoughts and remarks of soldier acquaintances, let me say this: None of us have gone through this thing without having our views and, in fact, our entire lives changed. Different things are seen in a different light. and any one who has not been through it cannot appreciate our point of view. not through any fault of their own, but just because they have not had the experiences that tend to change, and if I may say it, broaden the mind. I am not spicy to pass around in the neighbor-defending the man who says that he hood. To live up to the standards of consideration in our scheme of living friend; there is something decidedly question. There is no way to please wrong with him, but at the same time or satisfy them for the simple reason an opinion of the entire soldiery from fied the remarks and actions of a few of the unprincipled who are to be found in every great organization. So if a of our town to consider. What, then, service man speaks in a way that is hard for you to understand, aust remember that he is just as good as ever. but maybe broadened and more frank in his way of thinking. As to the French girls, I suppose that there have been more arguments

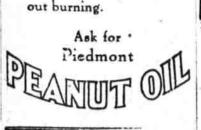
should feel highly honored. Most of us although they are very fine in their own way. There are people in France, both should be, and it is that class of people pleteness of the evening gowns worn in there; the fact remains that the major-Paris and offered us as models in eve- ity of French people have every appearning gowns for the coming season, once of being just as fine morally, What are we coming to? Where are spiritually add mentally as those of any other nation in the world. I have no cause to complain of the treatment that that we and our daughters would have they gave me, and I think that few have written to you. I am a girl to give up fashions entirely and regis- soldiers have real cause for any real France I never heard a word of comabout any of the many things that they words, treat her royally.

Well, perhaps if it came to having am back here with my friends again. your daughters wear one of those eve- and I am hoping that you may have the ning frocks the waist of which consists same high opinion of the man in uni-*HENNEN J. BLANTON.

Dear Madam—We are planning to uniform. But there really are lots of have a luncheon and would like a pretty color scheme for the table. Could you in Paris there are some women who still retain their interest in clothes that have rings true, dear. If you love this young

An Attack on "Buck"

economical shortening and fries "deep" with-



PRINCINE

INC

DER

IF YOU'VE DONE NOTHING WRONG, DOES "TALK" HURT?

The Thrills Youth Gets From Playing With Fire Versus the Fair Name That Pays for Them

A LETTER from a young girl be long as I know I'm doing right, I don't wailing the fact people are talking care what people say." But Youth about her in spite of the fact that she fails to reason this way: There is no has done nothing wrong brings up the way to judge or even kindly observe question as to whether or not gossip the character of another but by his matters when one is at heart innocent. or her outward conduct. If we could Should or should not then the one see the souls of our neighbors, ah, then, talked about go her own sweet way that would be different! But we are doing the things that are causing the only given the concrete tools of earth,

comment if she knows herself there is and so we use them. no harm in these things? Discussing this matter, it is neces- world mind its own business? sary to make a qualification first. In speaking of people in general, we do not include the professional gossips who are always sitting to the concern our always sitting to the concern our always sitting to the concern our always sitting in the corner hoping selves in kindly or unkindly fashion with against hope that the worst will happen, so they will have something new and does not want a respectable girl for a these gossips is absolutely out of the as our three meals a day. I do not think that any one should form they do not want to be pleased or satis-

Having rid ourselves of these, how ever, we have all the rest of the people never, never in their most thrilling about them?

IT IS one of the biggest mistakes a world too full of pleasures that are wholesome looking on the outside as along without the good will and opinion well as the inside for you, to be exof those who know her, either per ploring those that always permit us to sonally or through hearsay.

have had very little chance to come into So you dance like most people chew contact with any but the peasant class, gum. How terrible! Most people chew and they are not representative, gum with their mouth and our friend But they are. Come, now. Come ou Buck dances with his mouth.

In other words, Buck, I'm down on men and women, who are not as they you for what you've said. You picked the riffraff of the country when in uniwhom we hear most about. Conse- form and they fell for your uniform-A Daily Fashion Talk by Florence Rose quently, we think the whole race is not for you. You're the kind of fellow WE READ with wide eyed amaze- just as had. As a matter of fact, my that spoils the girl of today. You adown name is French, and I suppose in mit that you try to kiss the girls goodthe bygone days there was a French night. Why do you try? If you didn't bareness of backs and general incom- ancestor, but that is neither here nor try you'd think more of her whether she expects it or not. If every one entertained the same principles about trying to kiss the girls good-night they (the girls) would imagine it is customary and you'd never find your ideal -the sensible (?) girl.

> complaint. I might add that while in kiss you good-night, start to go stead; with her. Take her out, show her a plaint from any of the French people good time, call a great deal-in other about two months of this, try to kiss But I am glad, nevertheless, that I her good-night. If she refuses she isn't human-she's supernatural and predestined to be an old maid. So you see, Buck, you're all wrong, Experience is the best teacher, but it

Youth has a habit of saying "As choose? It would be different if so many attractive. people weren't having a perfectly great of the shady places into the sunshine,

"But." save

Youth in hasty tones, "why can't the

our neighbor's affairs. To ignore the

YOUTH will find this out later: The

look wrong but are not actually wrong

moments, pays for what you sacrifice in

way, little girl just twenty. Isn't the

the way of fair name. Look at it this

pleasure you get out of things that

fact, to rail against it, does no good

Want to try a little experiment? The next time you Then, after

wasn't experience you had-it was just a series of mistakes. And please re member that all cherry-checked girls I thank you again. Cynthia

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FURS



WAISTS

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Each skin defect needs a special preparation. Does your face feel dry? Or is it oily and stippled? Is it marred by blackheads and pimples, or is it sallow and lifeless? For each of these conditions MARINELLO

offers a preparation scientifically com-pounded to fit the case, proved by

To be sure you have the cream you need, inspect your face crit-ically in the mirror and then study this chart. Lettuce Cream Foundation Cream Whitening Cream

-birnehes

Motor Cream

Astringent Cream

Study this How to Know Which Chart Cream You Need for For the guidance of woman who desire to use the preparations that will produce quickest and best results, the following chart has been compiled.