SAVORY DISHES FROM THE SUNNY SOUTH : THE EXCHANGE : THOUGHTLESS WOMEN : CYNTHIA "AUNT CINDY," FAMOUS OLD SOUTHERN COOK, Please Tell Me A Gripping New Serial for the Woman's Page GIVES PRIZE RECIPES TO MRS. WILSON What to Do

"Factotum" of Lieutenant Governor's Mansion in Mississippi Tells How to Barbecue Fish and Make a Pig-Head Loaf—Other Savory Dishes

> By MRS. M. A. WILSON Consciplet, 1918, by Mes. M. A. Wilson, All Rights Reserved.

AUNT CINDY, the famous o'd] cook of the licutenant governor of Mississippi, proudly arrayed in her blue calico gown and a white apron of generous proportions around her spacious waist, with a bandana handkerchief tied tightly around her head, tignon fashion, filled the doorway of the cookhouse. For it is said that the lieutenant governor sets a very fine table, and while Aunt Cindy's husband, Uncle Jobe, is the chief factotum, nevertheless Aunt Cindy proudly claims the honors.

She has, by her own genius for cooking, evolved dishes that have the lieutenant governor" made home famous for its entertainment. As is the custom of the South, Aunt Cindy says, "Yaas 'm; Ah sutt'nly has ter step some. Folk jest kinda feel powerf'lly inclined to visit, so natcher'lly Aunt Cindy has ter per vide fur em.

Aunt Cindy's Famous Pig-Head Loaf Have the butcher split a mediumsized pig head and then singe and wash well to cleanse. Place in a kettle and add four quarts of cold water. Add the following spice tied in a piece of cheesecloth:

Two onions, chopped nee. One stalk of celery, chopped fine. Four branches in paraley_ chopped fine.

tablespann at micdered One thyme. One tablespons of secer whir-

joram, powdered. One-half leaspoon of powdered

sage. Bring to a boil and cook slowly

bones. Place the meat in a chopping through a colander. Add bowl and mince fine. Return the, Two tablespoons of finely minced and cover with cold water and add

stock to the kettle and boil to re- paralry. duce. Add four cups of this stock Chill and tile powder may be pur- onione. and the grated rind and juice of chased at fancy grocers. one lemon. Also

Two teaspoons of sall

One leaspoon of paprika. And the meat from the head.

Now rinse the loaf-shaped pans used. Scale and cleanse the fish and with cold water and pour in the split down the back. Remove the mixture. Set aside to cool and mold. fins and head and place in well- jorum, Now pour the leftover stock in a greased gridiron and cook until bowl and let cool. When ready to brown, Lift to a hot dish and cover serve cut the loaf in thin slices and with boiling mixture, made as follay on a large platter, covered with lows: Place in small saucepan crisp lettuce leaves. Garnish with the jellied leftover stock, chopped fine. Dust with paprika and serve.

Mulligatawny Soup

Three pints of chicken stock, One pint of water. One-half eggplant, chopped fine, Two apples, grated. Three onions, grated. Two green peppers, mineed fine, Juice of one lemon. One and one-half leaspoons

Seeing for Yourself Is a Real Pleasure

"HAVING heard," writes a reader, "so much praise of the recipes shown at the different theatres and not being able to be cesent at any of these for some time would appresente it if you would end them to me: When you read a little letter like

his it makes you want to take ad.3 vautage of being able to "see for ' doesn't it? Have you seen essirie off Mrs Wilson's interesting cooking mayies so many women are praising Here is the whedule :

QUEEN VICTORIA SPONGE CAKE

Wainesday and Thursday - The mint. Sixty second street , and Woodfield involute. Feidne and Saturday - The Fifty ighth Street Theatre, Fifty-eighth treet pup Woodland avenue.

LEBANON CRUMB CAKE

Six dehenous servings for 20 cents. Wednesday - The Colonial, Cam Thursday The Princess Cam Friday and Saturday Cross Keys, Sixtaeth and Market streets.

CHARLOTTE RUSSE (Six for 25 cents.) The entire week at the Lyric 'are Max. For copies of the recipes ask at ax office of the theatre or address Woman's Page Editor.

One tenspoon of puppika. One trazpoor of chili parde-One traspoon of file powaer.

Out-half transpoor of thyme.

To Barbecue Fish

relivy lenves. Use the large size fish; black striped bass, cod, white or rockfish. In the carly spring shad may be One tablespoon of thyme. One tablespoon of sage.

Juice of one temon. One tablesphon of catsup.

BRHCE

One teaspoon of calt.

One sublespoor of Warcestershire To two and one-half quarts of this Brown nicely. One-half cop of scates, One tablespoon of cornstarch. One-quarter teaspoon of mustard, One tenspoon of paprike.

MRS. WILSON IN HER HOME

minutes and then spread over the stirring frequently. Cook until very een to twenty-three years of age. Piense stating your case there. This would falling as straight from the shoulders fish and serve.

tongue in a large preserving kettle moved from the head and cut into

Two carrots, cut in dice, One and one-half caps of dried

Que-halt ounce of celery seed, One-half onnce of mustard need. be cut into thin slices and fried in One tublespoon of sweet mur- mustard sauce.

One dozen whole allspice. One bunch of patherbs, Bring to a boil and skint fre-

Two tablespoons of melled butter, move the head, feet and tongue and juice or vinegar, and let soak one not condemned. One tublespoon of minced porsley, reduce. Strain and then measure.

stock add One tablespoon of black pepper, well browned add Three tablespoons of rall. Two cups of oatmeal,

Three cops of comment. One cap of whole-wheat flour.



Proper to Walk With Boy Dear Cynthia-I have read your col umn for quite a while and am very nuch interested in it. I have read the grand advice you give and would like ou to please help me. In it proper for a girl of my age to

allow a boy, six months younger than myself, to escort me home from school at noon and at 3:30? I was formally introduced to him at a Scout party in February, and every day last term after that he waited for me outside of school and walked home with me. My mother doesn't exactly object but she's afraid people might talk. This boy is a perfect little gentleman. He is very quiet and generally talks about his mother. I wish to know this before school started again, so I could do the right thing and not spoil my good reputation.

Could you also tell me is it proper for me to dance with boys a year or more older than myself? I love to dance and I have taught nearly all my girl friends how ALMOST FOURTEEN.

If the little boy lives in the same But it would be wiser not will see of him. of your age. tim

Of course, dance with boys older than yourself.

New Cure for H. C. of Le Southerner-My dear, what greatly Dear Cynthia-We are four good surprises me is that so many of you friends and we love each other, and on account of the high cost of living we a divorce. It seems to me if you would would like to get married. We are strangers in Philadelphia and we do would both put up a little better with not know many girls, so we are asking the worse.

you to tell us what to do. We have just been discharged from the army. We are leaving this matter to you. The girls must be at least from eight.

Walk After Theatre

neat pieces. Rinse a loaf-shaped Dear Cynthia-Kindiy let nie know pan with cold water, and then pour whether it is proper for three young dose of his own medicine. It's very in the mince. Set in a cool place to mold. The scrapple may be formed into croquettes and dipped in flour and fried until golden brown, or it may be cut into thin slices and fried in "fried until golden brown, or it may demned? It is not wise nor conventional for as it would deteriorate into common the usual manner. Cut the head young girls to walk on Chestnut street fighting. But a good, swift return of cheese into slices and served with nor, in fact, on any street after the the- treatment once would doubtless have

Cook the brains for breakfast or ages you mention go to the theatre luncheon.

boil the liquid for ten minutes to hour. Parboil. Now

One cup water.

Mince fine six strips of bacon. Four tabelspoons flour. Add One chopped onion.

\mathbf{E}^{very} day in the year all over the world men are protesting their love for women. How much of it is the kind that really lasts? Julia Grant was engaged to be married and her wedding day was draw-ing near when she discovered the golden thing that had been offered her was nothing but tawdry brass Her fiance was already in love with another woman! What can a girl do in a case like this? What this par ticular one did do forms the basis of a gripping new serial.

'The Testing of Julia Grant' written by Hazel Deyo Batchelor and shortly to appear on the Woman's Page. Some of the scenes are laid in the hospital where Julia Grant goes to take up training. Then fate steps in. What follows is more than a story. It is a vivid, dramatic cross-section of life that strips bare the lives of four real men and women. Fate does amazing things in reality, but read the story and see for yourself.

Watch for It

first time a boy takes a girl home he walk up the street just two inches ahead lirection there is no reason why he expects the girl to allow him to kiss her. of the person who always carries an should not walk home with a little girl and if she doesn't that is the last she jumbrella poked under the arm, so it

will see of him. to walk with him every day. Tell him nicely that you think he had better go with the boys sometimes. There is nothing improper in walking with him, the boys with the boys the nothing improper in walking with him, still some boys who know how to re-hut it is a mistake to do so all the spect a decent girl. I sincerely hope eleventh floor, but who rather enjoys A BUSINESS GIRL.

any one who might want to get off at any of the other floors might do so Avoid Divorce with ease.

The Linen Blouses

Some of the new linen blouses for sport wear are extremely mannish and tailored type, with link cuffs and breast pockets. Others-fresh from You can be protected against ill paris-go to the extremes of alluring reatment from your husband by going and no collars a' all, and they are cut to the Domestic Relations Court and kimono fashion- with no arm seam-

not mean even as much publicity as a as a chemise. They come just below divorce would. Divorce is not a cure; the hip and a broad, soft sash is knot Although I cannot introduce you to make even the thought of divorce posthe thing is to avoid the things which ted around the waistline to give just

The fact that your husband is willing vows, not that he loves you. Do not get a divorce if it can possibly be Dear Cynthia-Kindly let me know avoided. Very often a good cure for

without an older person they should go Readers, Please Tell Us straight home after the performance. Dear Cynthia-Could you or any

Braised Brains Remove loose tissue, wash and straight home alone. Girls who tell a fellow nineteen who does not go quently and cook until the meat on place on pan of warm water, con- waik on the street late at flight are apt out much with girls, but thinks he has the head and feet is tender. Re- taining two tablespoons of lemon to be judged lightly even if they are been "shat." what the first symptoms of love are? OUENTIN McL As the dart seems to affect its vic-Mince fine six strips of bacon. Brown nicely. Add brains, cut in pieces. When rell browned add Mince fine six strips of bacon. The bacon bacon bacon. Why is it, Boys? Dear Cynthia—Can you tell me why it is, dear Cynthin, that most boys seem to prefer the painted dolls? Why seem to prefer the painted dolls? Why the bacon bac Why is it, Boys?

it is that the more freakish a girl looks "hit. the more she is desired by the opposite

Sec.

Look in the Exchange Friendless-The answer to your ques I noticed a discussion in your paper about the kind of girls men like, and I tion will appear in the woman's ex-

THE WOMAN ON THE CAR WHO PLAYS "SOLITAIRE"

She Sits Sidewise in Rush Hours as Though Life Were a Game Without Neighbors

 $\mathbf{T}_{\text{played as a game of solitaire ought}}^{\text{HE man who said life was best}} \mathbf{T}_{\text{nose.}}^{\text{HEN}}$ again there's powdering her to have been sentenced to sit next to a fearful hurry to make herself prethis particular lady on the trolley car. sentable before meeting an esteemed one He would have had the keen pleasure on the 3:34. We would coudemn her of neting as foil between some ten to rush confidently into the waiting people on the other side of him des- room at the railroad station only to perately pushing up for more room and find some one there ahead of her. Some

Herself, The Person Who Would Not-Move. Ever meet her? She is the woman who sits sidewise, utterly defying the I would condemn our feiend to

axiom that a straight line is the short- main in a stuffy room with ten other est distance between two points and on persons in it as well as herself wanting the whole taking up as much room as for the sake of one conscientious obshe possibly can on the crowded trolley jector to fresh air! These and fifteen million other simicar.

It is only after I get off the trolley lar punishments I would visit on the thoughtless woman ! car half crushed to death that I can think of fitting punishment for her. For instance, she might he made to

"WHOLESALE PRICES to the RETAIL TRADE can't, by any possible chance, miss any

Manufacturing Furrier standing in the middle of the gate les 1227 WALNUT ST

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Tea is the sensible drink-and you can drink it three times a day.

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