

THE COSMOPOLITAN KITCHEN: ON CORRESPONDENCE: AN UNUSUAL SUIT: CYNTHIA'S LETTERS

SOME PRIZE VIRGINIA RECIPES—A READER SENDS MRS. WILSON

Sweet Potato Biscuit, Aunt Polly Rives's One-Egg Cake, a French Beef Stew, Two Tempting Desserts and Others You Will Surely Want to Try.

Save the Article

By MRS. M. A. WILSON

THE Virginia housewife is ever alert and anxious to try out new dishes, and, as she is naturally a splendid cook, every one is most anxious to have her recipes.

French Beef Stew—Mrs. Mitchell's Recipe. Cut a sufficient amount of cold cooked beef to measure one and one-half cups. Place in a saucepan and add...

Where You Can See Those Cooking Movies

YOU VE heard a great many women talking about them, of course. But how about yourself? Have you seen the novel and interesting scenarios in which Mrs. M. A. Wilson, the EVENING PUBLIC LEDGER food expert, deftly shows how to make three delicious and economical kinds of cakes?

LEBANON CRUM CAKE. (Six servings for twenty cents.) Wednesday—The Hiltite, Tulpehocken street and Germantown avenue. Thursday, Friday and Saturday—The Alhambra, Twelfth and Morris streets.

CHARLOTTE RUSSE. (Six for a quarter.) Wednesday—Allegheny, 3144 Frankford avenue. Thursday—Model, 425 South street. Friday and Saturday—Fairmount, Twenty-sixth street and Girard avenue.

QUEEN VICTORIA SPONGE CAKE. Wednesday and Thursday—Globe, Fifty-ninth and Market streets. Friday and Saturday—Point Breeze, 1628 Point Breeze avenue. For copies of recipes ask at box office of theatre or send self-addressed stamped envelope to Editor of Woman's Page, EVENING PUBLIC LEDGER.

Buck and Breck Pickle. Select two medium-sized heads of cabbage and chop very fine. Chop fine also. Fifteen green tomatoes. Twelve ripe tomatoes. Fifteen medium-sized onions. Eight green peppers. Six red peppers. Sprinkle with one pound of salt and let stand overnight. In the morning drain well, and then place in a preserving kettle and add...

greased and floured loaf-shaped pan, and bake forty minutes in moderate oven.

Stewed Sweet Potatoes in Cream. Wash and cook until tender one quart of small sweet potatoes, and then pare. Now place in a saucepan two ounces of bacon, chopped fine. Cook gently until a very delicate brown, and then add six tablespoons of flour and stir well to mix. Now add two cups of rich milk. Bring to a boil and add the prepared sweet potatoes. Season to taste and let simmer very slowly for fifteen minutes. Turn into a large vegetable

Mrs. Wilson Answers Queries

No. 1245. My dear Mrs. Wilson—I have kept your recipes for some time, and I think they are very good. I have not seen a good recipe for meat filling. I may have missed that paper, so I wish you would send me one as my mother is coming to see me for a few days, and I want to show her that I can cook some things. What kind of filling for spongecake do you think is nice? We used to get white cake that had a chocolate filling between the layers about two inches thick and same on top. I can't seem to get any idea to stand; they all are too sticky. Please answer soon. Yours truly, M. J. B.

One-half cup finely chopped onions. One and one-half cups fine bread crumbs. Four tablespoons shortening. Two teaspoons salt. One teaspoon pepper. One-half teaspoon thyme. One-quarter sweet marjoram. Use fruit whip between sponge cake. See cake recipe, woman's page, for fillings and icings—June 19, July 19, July 23 and August 3.

No. 1246. My dear Mrs. Wilson—Will you kindly suggest some way of using wild cherries? We have too many of them here. Would like very much to know, as I have been very successful following your rules for cooking. You will greatly oblige me. M. S. W.

No. 1183. My dear Mrs. Wilson—Will you kindly give a recipe on how to prepare chicory for table, as I have it growing in my garden for the first time and am not familiar with it? Are both leaves and root eatable? I thank you. M. G. E. P. Chicory may be used for salad. Root is used as substitute for coffee and is frequently blended with coffee.

THE TUCKED VELOUR VEST IS A FEATURE



This winter's suit is trim, smart and serviceable. Here is one in navy blue velour, a feature of which is the tucked vest of the material.

A Daily Fashion Talk by Florence Rose. For the woman who, during the period of the war, went about in a service uniform it was something rather staggering to know that we were to enter an era of ruffles and frills, bouffant hips and mayhap frivolous, bouffant gowns, but for the costume in which she went about for daily business, whether the business was one of earning her bread or attending to some pet charity or hobby, she wanted something that was distinctly serviceable. She wanted a suit that was as free from unnecessary weight or strain as the suit which she had been accustomed to wear during war times. And, as usual, she got what she wanted. For, although we have gone back to bouffancy for evening attire, and, although it creeps into our day frocks and negligees here and there, the suits that are designed and chosen for the women of discrimination are for the most part those that are built pre-eminently for service. The problem for the designers was first of all to get something that would be at the same time serviceable and distinctive. It should not really suggest a uniform, but it should have all the advantages of one. Moreover, it should be in such accord with the present mode that we would readily know it was a new suit. There should be something about it that was just a little different from a suit of yesteryear.

To a Reader. I would not use paper torn out of an agent's notebook. One very good point in favor of manuscript is neatness. An editor would think you a very haphazard person indeed if you sent such paper. Buy any kind of thin, white, large, unlined sheets.

Use of Orange Stick. Dear Madam—Please tell me how to use an orange stick. MRS. L. I use the sharpened end of the orange stick to remove any soil from the finger-pail and use the blunt end to push back the cuticle or skin that grows up at the base of the nail. Wrap a little absorbent cotton around the blunt end and rub your finger. Rub a little cold cream around the cuticle at night to soften it. The preparation of which you speak in your second question is considered harmless.

The Sun Shines Brighter. Dear Madam—I received your letter and enclosure from the federal employment bureau. I cannot express my thanks to you and all who have interested themselves in my behalf. I appreciate it and also that there is such a medium of appeal to the public as your columns afford, as I never did before. It is a place to get real help. As it is now, I step out of the ranks of those needing help, as the doctor's final decision for my boy was Colorado, and if nothing has happened to him he will arrive at Denver about this morning. We are all satisfied and he was pleased to go, hoping the dry air and asthmal and prevent what we most feared, its tendency to affect his lungs. He is well enough to take light work and think to soon have me go to him, as he is my youngest and only unmarried son, and he has made a home for me for four years of widowhood. No wonder I was troubled. Again I thank you and all, for though the separation was hard for all his friends, we are satisfied, and I am not so much worried as I was when I signed.

A TROUBLED MOTHER. I am so happy that things have been satisfactorily settled, and I hope your boy will soon be well and strong again.

IF YOU LOVE. Flowers you should be interested in. THE CENTURY FLOWER SHOP. 17th. Below Chestnut St.

Miss Rose Will Help You. with your fall clothes. Perhaps you are wondering just what color in vogue now will be most suitable for you. Or perhaps it is the present-day styles that perplex you. Miss Rose will be glad to give you the benefit of her advice. Address Miss Rose, woman's page, EVENING PUBLIC LEDGER. Send a self-addressed, stamped envelope for personal reply, as none of the answers will be printed.

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Please Tell Me What to Do

By CYNTHIA

Attention, Bunny's Mother. To Bunny's Mother—We wrote you on Friday to telephone to Cynthia at the office any day after 10 o'clock. Please do so soon, as what you ask about can be done and Cynthia wants so much to help you. Her heart goes out to you.

Determined to Marry Him

Dear Cynthia—I am a young girl of nineteen and I go around with a young man of twenty-one. I met him a year ago. A week ago he asked me to marry him, and of course I said yes, but my mother and father do not like it at all. They threatened to put me out of the house if I married him, and I am determined to marry him no matter what happens. He told me he makes a salary of \$20 a week, and I think that would be plenty if both he and I worked for a while. He seems very nice to me and treats me with the greatest respect and is a very nice young man. Now, dear Cynthia, what would you advise me to do—not marry him or marry him? I am not treated with over respect at home and I would feel better if I could have a home of my own. I make \$10 a week. Please, dear Cynthia, answer this as soon as possible. M. A.

As you are only nineteen and the young man only twenty-one and only making \$20 a week, you would be unwise to go against your parents' wishes. You could easily wait until you are twenty-one, and by that time he would be making more and would have been able to prove himself worthy of you to your parents.

Destroy the Photographs

Worried Ever Since—My dear, I am sorry, but I am afraid you have cause to worry. Why should a girl have the pictures to which you allude in her possession at all? And if she had, why should she be so careless as to leave them about? It was thoughtless, of course, but it would be better not to keep such things. The young man must be a good young fellow. I would certainly have him on a friend, if it is possible. Surely tell him that you did not see any harm in having those things, but as others evidently have not your point of view you have destroyed the photographs (and do destroy them) and prefer not to talk about them any more.

Which Shall He Choose?

Dear Cynthia—I am a young man of twenty-four and am just back from overseas, where I served two years for

Uncle Sam, and I stood up pretty well under the hard knocks. Though brought up in ease and comfort, I intend to keep right at the hard knocks, for I take delight in 'em.

My father is a wealthy merchant, who has made piles of money on account of the war, and upon my return from the battlefields I was flatly disowned by him for attempting to disarrange his profiteering system. Now I am out for myself and an content, too.

Now, as I have about decided to choose myself a wife, I am writing to your logical advice, as my idea of a wife is that of necessity instead of luxury. I know a lot of girls. Some of them are very good. These are the kind who toil day after day. They are sensible, but poor. Also, I know girls that dwell away among the so-called smart set—you know, Cynthia, the famous pink-tea sippers. Well, these girls are very beautiful; that is, some of them; but they know nothing of what it means to get up at 5 a. m., to pack up a cold lunch and hike it for some distant factory or emporium. They have the do-say-me, though, and that is a temptation, but no consolation. What say you to the above? ROAMING ROVER

Isn't it fine, my friend, that apparently you have only to choose. However, if you want my advice, marry a girl you love and who loves you. It is well for the girl if she has some of a world's goods, but if you can support her, and you should be able to before you ask a girl to marry you, funds on her side should not come into your calculations. If you are a workman it is usually wiser to seek the companionship and love of a woman who understands your life and point of view rather than one who is not capable of making a comfortable home for you.

For the Right Kind of Girl

Dear Cynthia—It is with great pleasure indeed that I read your column in the EVENING PUBLIC LEDGER each night, but it is not often that I have a desire to step out of a remote obscurity into your column of interesting experiences and opinions. This once, however, I will venture a word and then fade away again into what will be to many a most welcome oblivion, I suppose. As a young lad about to attain my majority my acquaintance with girls has been quite normal. At first I overcame the shyness and began to go with girls of my own age and class, of whom from mere familiarity I soon became bored. Then I passed through a stage common to most of us boys bred in the city, in which the glamour of new friendship is sought by speaking to chance acquaint-

DO MOST GIRLS OBJECT TO SENTIMENTAL BOYS?

Here Is One, Anyway, Sick of "Mushy" Letters—Why Young Men Ought to Think Twice Sometimes

I HAVE before me a letter from a young girl who complains of receiving sentimental letters from a young man. Yes, boys, she actually complains. She doesn't like it! Seems queer, because so often the boys complain that girls expect this sort of thing.

The truth of the matter is the right sort of girls do not like, expect or want this nonsense at all. It is simply, I should say, a case of underrating a

anceships, attractively dressed, on the street. It is not so far distant for me to clearly remember that at that time the powder, the rouge, the flirtations bearing all appealed to me in a way, simply, I suppose, because it was different from that which my home rearing and Sunday school socials had brought.

With all of us, nevertheless, our admiration for the flirt soon wanes, and we find ourselves seeking out the simple, the natural and modest girl, even as I am doing now. Many may in a cynical way say there is no such ideal and unadorned type of female, but with all the optimism of youth I declare there is. The elimination of the danc-hall flirt from our desires will come to all of us I believe, who set our ideals high, and place in our category of women the be-painted flirt at the low level where she finds a deserving place.

Nothing can be nobler than the clean, honest and intellectual companionship of a girl, if she is the right kind of a companion. L.T.B.

Georgette Frocks demand Hairless Arms. 'Twas all very well in the days of heavy woolen and cotton dresses—but NOW, never! indeed! Fashion and Personal Beauty simply won't permit superfluous hair. You had best remove it with MANDO. You can buy it at all department stores and good drug stores.

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