SUGGESTIONS FOR SATURDAY'S MARKETING : AN EVENING GOWN : BLUEBIRD PINS : CYNTHIA

THE CHINESE TEA JACKET

SOME APPETIZING SUNDAY MENUS AND RECIPES BY MRS. WILSON

They Make Use of the Luscious Fruits and Vegetables Now on the Market, and the Cost of the Day's Meals Comes Only to \$2.75.

Follow This Plan

By MRS. M. A. WILSON Copyright, 1919, by Mrs. M. A. Wilson All Rights Reserved.;

for Just Twenty Cents!

THAT'S one of the tempting fea-

ake. It's not only delicious but it's

EVENING PUBLIC LEDGER food ex-

THE VICTORIA THEATRE

OTHER COOKING MOVIES

Queen Victoria Sponge Cake

Friday, and Saturday, Point Breeze Thentre, 1638 Point Breeze

Charlotte Russe

Friday and Saturday, the Globe, Fifty-minth and Market streets.

For copies of the recipes ask at the box office at the theatre or send

self-addressed envelope, with one-

ent postage stamp, to the Editor of

Grated rind of one-half lemon,

One and one-half cups of flour,

One-half teaspoon of salt,

Four tablespoons of sugar.

Four tablespoons of shortening.

Mix thoroughly and then place in

Sift to mix and then rub in five

tablespoons of shortening and mix

to a dough with one-half cup of cold

water. Roll on well-floured pastry

LEDGER.

utes with

vanilla sauce.

One cup of sirup.

Place in a saucepan

One-half cup of water,

Mrs Wilson

One can of sirup.

Four tablespoons of water,

Two tablespoons of shortening.

Vanilla Sauce

Two tablespoons of cornstarch.

Answers Queries

No. 1193

you please tell me how to pickle

and preserve the rind of water-

melon, and how to pickle mussels?

I have been a constant reader of

your cooking problems and recipes

in the paper for some time past and am pleased to say that I have

tried many of them and have been

No. 1183

den for the first time and am not familiar with it? Are both leaves and root eatable?

Chicory may be used for salad.

The root is used as a substitute for

coffee, and is frequently blended

No. 1191

My dear Mrs. Wilson-Please

give me some menus for a picnic

unch, something not too dry and

things that will keep, because they will have to be carried a long dis-

tance. About five couples will attend the picnic. Thanking you

See issue of the paper, July 31, for

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Mrs. L. B.

very well satisfied with them.

See the pickling recipes.

My dear Mrs. Wilson-Will

nan's Page, EVENING PUBLIC

slay and tomorrow, afternoon and

vening. The Victoria is at 913

ookie movies Mrs. Wilson.

pert, shows how to make it. an see the picture at

cap. In the newest film in her

tures about Lebanon crumb

Six Servings of It

MAKE the most of the various vegetables that are on the market stalls. The family will seldom tire if the various methods are em ployed to afford variety.

The sky, the sun and the wind all bring to us the word of approaching autumn; this is nature's warning that the harvest is here and that soon the cold and stormy days will rob us of the opportunity to enjoy the luscious fruits and vegetables of the summer season.

The wise housewife who has curtailed the meat supply and who has supplemented it by serving every variety of fresh produce now feels that just as the queen month of the year shows her products she also will now serve an entire vegetable menu for

Breakfast

Grapes Cream Gravy Fried Tomatoes Squash Muffins

Watercress Radishes Clear Tomato Soup

Parsley Sauce Corn Pudding Boiled White Potatoes Lima Beans Colesiaw Baked Apple Rolls

Supper Broiled Tomatoes forn Fritters Potato Salad Apple Cake

The market basket will require One pound of grapes, One-quarter peck of tomatoes.

One squash, One bunch of radishes. One bunch of watercreed. One dozen ears of corn,

One bunch of parsley, One-quarter peck of white pota-One-quarter peck of lima beans,

One small head of cabbage, One-quarter peck of apples,

Four eggs, One quart of milk, One can of sirup.

This menu will cost approximately 2.75, including all the necessary staples.

To prepare this menu dip the grapes in plenty of cold water and swirl them around rapidly. Now lay on a cloth and drain. Cut with the scissors to divide into suitable size portions.

Squash Muffins

Wash and pare one medium-sized squash or cymling and then put bring to a boil and cook for three seeds. Place in a mixing bowl and of vanilla.

Two cups of sifted flour. One teaspoon of salt, Five teaspoons of baking powde Two tablespoons of sirup. Three tablespoons of shortening. One egg.

One cup of water. Beat to thoroughly mix and then pour into well-greased muffin pans

and bake in a moderate oven for

twenty minutes. Clear Tomato Soup

. Five tomatoes, Three onions.

Mince fine

Four branches of parsley.

Now place three tablespoons of shortening in a saucepan and add the My dear Mrs. Wilson-Will you kindly give me a recipe to tomatoes and onions and parsley. Cook for a few minutes and then add prepare chicory for the table, as I have it growing in my gar-

Four cups of boiling water. One-half teaspoon of thyme.

Cook until the tomatoes are very soft and then rub through a fine sieve. Add two tablespoons of tapioca and cook until the tapioca is very clear. Season and serve.

Corn Pudding

Score and scrape the pulp from seven ears of core and ther in a mixing bowl and add

One cup of thick cream sauce, Two well-beaten eggs, Three-quarters cup of fine bread

crumbs, One teaspoon of salt, One teaspoon of paprika, One grated onion.

Beat to mix and then turn into well-greased custard cups and set the cups in a pan of warm water. Bake in a moderate oven for thirty minutes. Remove from the oven and let stand for three minutes. Loosen the puddings from the custard cups gently with a knife and turn on rounds of toasts and serve with rarsley sauce.

Parsley Sauce

Place in the saucepan One and one-quarter cups of milk, Four tablespoons of flour. Stir to dissolve and then bring to

boil, and cook slowly for three nutes, adding

One tablespoon of grated onion, Three tablespoons of finely minced

One tablespoon of butter. Beat to mix.

Baked Apple Roll and pare eight apples. Chop in a mixing bowl. Add

Score and scrape five ears of corn. Place in a mixing bowl and add

One onion, grated, Two tablespoons of parsley, minced

One egg. One teaspoon of salt,

One-half teaspoon of pepper, One cup of milk. Two cups of flour, Three tenspoons of baking pow

Beat hard to mix and then fry in hot fat or bake on a griddle.

Apple Cake

Place in a mixing bowl One cup of flour, One-hulf teaspoon of salt, Two teaspoons of baking powder, Three tablespoons of sirup, Two tablespoons of shortening,

One-half cup of water. Beat to mix and then turn into well-greased and floured oblong pan and spread about three-quarters-inch thick. Cover the top thickly with sliced apples and now sprinkle over he apples

One-half teaspoon of cinnamon, One-quarter teaspoon of nutmeg. One-half cup of brown sugar. Spread over the top of the brown sugar five tablespoons of sirup. Bake in a moderate oven and cool.

Cut into oblongs and lift from the

Adventures With a Purse

Three teaspoons of baking powder, pan with a spatula or cake turner.

board one-half inch thick. Spread with prepared apple mixture and roll like for jelly roll and fasten the ends by tucking in securely. Place in they certainly are well-greased and floured pan and bedspread that I have in mind is made bake in a moderate oven for thirtyeream color, and is stamped with a stunning design in French knots. The five minutes. Baste every ten minsample spread I saw was embroidered in great coarse knots of old blue and was finished off with a heavy fringe. You cannot imagine how effective this is—and you can buy one to embroider Mix well before using. Serve with for \$3.75. Here's the pice part about Young Women's Christian Association only fifty-five cents.

happy coloring. Stir to dissolve the starch and then shop is showing bluebird pins, and they must be almost an inch across, for through a fine sieve to remove the minutes. Cool and add one teaspoon twenty-five cents for a set of two They make lovely little collar or cuff pins. And then you can buy a larger bird to make the full set for twentyfive cents. These pins are remarkable

> of Flanders fields. And to see one is to want to wear it, so beautiful is the oin itself. The price is \$1.

For the names of shops where articles mentioned in "Adventures With a Purse" can be purchased, address Editor of Woman's Page, EVENING PUBLIC LEDGER, or phone the Woman's Department, Walnut

The tea lacket is a charming addition to any woman's wardrobe. But this one is particularly charming because it is fashioned of two Oriental

handkerchiefs in apple green righty embroidered with colored silk thread

Please Tell Me What to Do

To Bunny's Mother

Cynthia will be only too glad to have notice. FRENCH knots are nice to embroider do all in her power to help you. Her fender is my steady. because they go along so fast. And heart goes to you, dear. And what you effective. Now this want to do can be done. Isn't that of a linen-finish material in a sort of good news? Call up Walnut 3000 any thanks for your common-sense advice! morning after 10 o'clock and ask for the woman's page and Cynthia, Everything will come out right some day. Don't worry.

To Mrs. S.

it, too. Pillows and bureau scarfs can in Baltimore and New York and ask if We go out with several young men. be secured in the same material and they will please furnish you with the design, so that you can make a complete addresses of some inexpensive lodging and when we do meet one of those who set for your bedroom. The searfs are places in those cities. At the same time come up to our standard, we always try you might address-two letters of the The bluebird, symbol of happiness, ciety, New York and Baltimore. That has come with us to stay. Never do address will be sufficient. It is never we tire of the gracefully poised bird wise to go to a strange city without with its bright, happy coloring. One knowing where you are going to stay.

Common-Sense Advice Dear Cynthin-I make a motion that

be elected a member of the K. U. H. Does nuybody second it?
This is the fourth time I have written to the EVENING PUBLIC LEDGER. "In Flanders Fields" is considered one of our fixest war poems and the sentiment it expresses is indeed beautiful. And Flanders fields commemorated in poem and song is now kept to be a comment of the control of the c rated in poem and song is now kept afresh in our minds by levely little round gold-finish pins showing a field of poppies. To wear one is to honor those who know too well the meaning of Flanders fields. And to see one is lives next door. Well, why not the phonograph or, in fact, doing pretty

> building in your shippard. How about I am writing this because I am the victim of just such a friend, I used to sit around and wait for him to talk to me, and, as a rule, he went out. Well, finally, when I got n wee bit older I went out, and the first time that he saw me bring a 'male' (or, rather, the 'male' brough

New my perch looks like an auction you telephone and if you would like to sale. New my perch looks like an auction name and address be given of the pieceme and see her she will be happy to fellows and girls, and the old "of- Is there a cost? When are you going VIRGINIA LEE.

Cynthia seconds the motion; and

To Make Them Call Again ladies, twenty-three years of age, who are desirous of some good advice, and Cynthia? we believe you can give it to us.

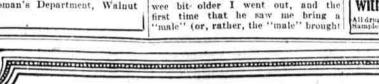
We have no steady company, al-though we would very much like to have. to entertain him in the nicest way pos-

We are good-looking girls of 'good reputation and we cannot understand why we should have trouble along this

We would, however, like to know what your advice would be to us in order to have those young men who are the character we desire call again.

Thanking you for your reply, we are, yours for advice, TWO BLONDES. When the boys come ask her to go out with you? Or, perhaps much as they please. When conversathere is a girl that works in an office tion seems to drag, get them to talking

> Help Your Skin While You Sleep with Cuticura



impatient. Twenty-three is young and your knights will come riding soon.

Just go on keeping up your ideals. Says He's to Marry Another

Dear Cynthia-I am a girl of twenty two years of age and have been going with a fellow for three and a half years. About six months ago he met a girl and now he is going to be married to her very soon. Oh. Cynthia, my heart is tells me be loved me and does yet, and wants to be in my company all the And when I tell him to keep ried he tells me it is untrue.

your advice on this subject.

man is going to marry another girl? If he tells you he is not and says he loves con, you might do well to listen to him. Of course, if you know that he is lying But do not listen to tales from others.

Dear Cynthia-I read in your colimn where a boob who signed himself or right before his or her eyes? If he or friendship. he could, then there's something wrong with him or her. I can't just explain less round of gayety was a state of myself, but you dear Cynthia, will run-down health from never having know what I mean. To tell the truth, enough of sleep and perhaps a little rep I am indiguant. I certainly think that poor Mr. Tauner was grand, don't But as I grew older I found the repu you?

SHOCKED: tation was a very small source of satis

About Beauty Corner

Dear Cynthia-Will you please teil ne if any one can send a picture t 'The Beauty Corner''; also, must the name and address be given of the pic-Is there a cost? When are you going to tell us who you are?

Any one who wishes to contribute to the Beauty Corner should direct the picture to the Beauty Corner, EVENING PUBLIC LEDGER. Send the name and address and say that you wish the picture returned to you. There is no Dear Cynthin - We are two young charge. Don't you think it's just as to keep on wondering abo



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about themselves and be very good listeners. HAVING COURAGE TO BE SEEN WITHOUT A MAN

This Girl, Who Is a Real One, Tells How She Arrived at This Enviable Stage

excellent position, "when I was just like the rest of them. What I mean is, scrpHEN I began to discover that the nearly broken from the shock. He also I didn't have the courage to be seen without a man. Take when I was love him, but I must try hard to forget trousers. To be seen for a few minme and would do anything to make me girls or my own family was another be real friends, happy. But when I think of the past I also dislike this young man, but I disgrace deeper dyed. It would scud will be real friends, "It is friendship built of entirely different material from the old half-senti-WORRIED GIRL.

How do you know that this young an is going to marry another siel? If world might see would ever come to lion dollars." pass again.

"Now it is all so different, and you it would be a different matter, can't tell you how much more I enjoy my engagements when they do come along. It was needing to go to bed carly and get sleep that made me first decide I was wasting my time going out "Critic" jumped on that poor with any Tom, Dick or Harry who deld man who got himself killed with might invite me, just simply to be able as wife. I never heard of such a thing to say I had an engagement. You see as to criticize that brave and fine man. I looked back and saw this endless Doesn't 'Critic' know what it is to love stream of young men filing in and out anybody? Could he or she stand by of my life and hardly any of the acand see his or her wife or husband killed quaintanceships had turned into lasting

"About all I had got out of my end tation was a very small source of satis faction when I went to the office tired that I yawned all day and so this that my clothes looked as though the

"THERE was a time." said the were hanging out on the line. That girl, twenty-four, who has an made me stop and think and hually turn

real kind of girls and men didn't tive a care whether all my dances were wants to be in my company all the cighteen or twenty or even twenty taken or not as long as I suited them. I tell him he must leave me two. I didn't care who it was or what alone. I don't want to have anything two. I didn't care who it was or what to do with him any more. Of course 1 it was as long as it was a spair of to making good in business didn't give utes at a dance talking to the bunch of or not on Sunday night. One or two of girls who mights not happen to have them were happier when I didn't be-Not very long age I met a very nice partners was a disgrace. To walk down cause they thought that would give them Not very long age I met a very une partials and a Sunday evening with a chance to come. They turned out to

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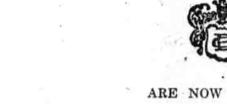
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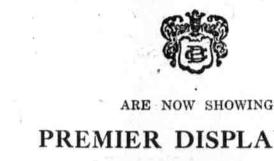
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