## THE COSMOPOLITAN KITCHEN; THE WINTER SUIT; WOMAN TALKS; CYNTHIA'S LETTERS; SHOPPING

### RECIPES FROM SUNNY CALIFORNIA ARE GIVEN BY MRS. M. A. WILSON

This Week's Cosmopolitan Kitchen Affords Opportunity to Get Acquainted With Several Savory Dishes, Spanish in Their Origin-Enchiladas, Baked Peppers and Rice and Other Appetizing Concoctions

By MRS. M. A. WILSON Copyright, 1919, by Mrs. M. A. Wilson.

THERE comes a note asking for California recipes and for suggestive recipes and methods of serving food of this state. California is Spanish and its architecture and traditions of the Mission Valley are known throughout the civilized

Spanish conquest of the territory along the Pacific coast is a matter of history. But it is in this section of the country that the Old World style of cooking is still dominant.

Corn, beans, cocos, chocolate and every variety of fresh fruits give an exceptional opportunity to the housewife to provide a large and varied menu for the family.

California, the land that is kissed by the sun, has a wonderful assort.' Spanish dishes cut them in half and! forty-niners have left a saying be- Then cover with boiling water and hind them that few, if any, of them parboil gently for ten minutes. Cool thought that their efforts were to be and scrape the pulp from the pephanded down as part of the tradi- pers, discarding the skin. tions of the place.

Joe Miller-Joaquin Miller, the poet of the Sierras-who has won lived in the mountain fastness. and roses than it did to live anywhere else on the face of the globe. Not all of us can fold our tents in of the good old U. S. A. into the land sieve. of milk and honey, but many of us can easily prepare the dishes that thick and while the chili is cooking the natives of the land of sunshine

Chili Stew, Spanish

Cut one pound of lean stewing beef into small pieces and roll each piece in flour. Now place in a deep sauce- fine. pan four tablespoons of shortening and then when smoking hot add the prepared meat and toss gently until well browned. Now add

One cup of sliced onions, One cup of stewed tomatoes, Piece of garlic size of a pea. Six white potatoes, washed and

One cup of boiling water. One teaspoon of chili powder.

Cut the white potatoes into slices one-half inch thick. Cook gently until meet is tender, usually about one hour. Season with salt and pep

Spanish Bean Puree

Wash and soak overnight one pint of beans; in the morning place in a saucepan and cover with cold water and bring slowly to a boil. Cook until the beans are soft and then drain and mash the beans very fine.

Three ounces of salt pork Four large onions.

Place the pork and onions in a fry ing pan and cook gently until the pork is lightly browned and then add

Three red peppers, minced very

Cook gently for fifteen minutes and then season with salt and paprika and lift to a hot vegetable dish. Sprinkle with finely minced parsley and serve in place of pota-

Baked Peppers and Rice, Spanish Wash one-half cup of rice and then cook until tender and the water absorbed, in two and one-half cups of boiling water. While the rice is cooking chop fine

Three medium-sized onions, Two red peppers,

One green pepper

Four branches of parsley.

Now mince fine two ounces of salt pork, then place in a frying pan and add the prepared onions, peppers and parsley. Cook very gently until pork portions. is well tried out and then add

One cup of stewed tomatoes,

The cooked rice, One well-beaten egg.

One and one-half teaspoons of salt, One teaspoon of paprika.

Mix thoroughly and then cool, and fill into large bell peppers. Place the peppers in a baking dish and add three-quarters cup of hot water to prevent peppers bursting. Bake in a moderate oven for thirty minutes. Just five minutes before removing

from the oven place a strip of bacon

on each pepper and then serve with

her parsley or cheese sauce. Onions, Spanish

Peel and slice a sufficient number onions to measure two and one iff cups. Parboil and then drain. now place a layer of onions in a ell-greased baking dish and cover

One-half-inch layer of fine bread Four tablespoons of grated cheese, One onion, minced fine,

One-half green pepper, minced

Ine-quarter teaspoon of salt, One half teaspoon of paprika.

at, making two layers, add--half cup of milk. Bake in a ate oven for twenty-five mine the Spers for the

MRS. WILSON'S NEW "MOVIE"

THE Queen Victoria sponge cake and charlotte russe movies have won such favor with Philadelphia women that record numbers are making their way

THE VICTORIA THEATRE THIS WEEK

see the newest film in Mrs. Wilson's cooking movies—Lebanon crumb cake.

You won't be a bit sorry if you go, too! This delicious cake, large enough for six servings, only costs twenty cents to make. Remember, Lebanon crumb cake all this week, day and evening, at the Victoria Theatre, 913 Market street

OTHER COOKING MOVIES

Queen Victoria Sponge Cake Wednesday and Thursday, the Bluebird, 2200 N. Broad street; Friday and Saturday, Point Breeze Theatre, 1638 Point Breeze avenue,

Charlotte Russe

Wednesday, the Grand, Camden; Thursday, the Princess, Camden; Fri-

day and Saturday, the Globe, Fifty-ninth and Market streets, For copies of the recipes ask the box office at the theatre or send a selfaddressed envelope, with one-cent postage stamp, to the Editor of Woman's Page. EVENING PUBLIC LEDGER.

powder.

Two cups of sifted flour,

One tenspoon of salt,

Adventures

With a Purse

ment of foods to provide daily sus- then remove the seeds and veins and tenance for her children. The old soak in cold water for two hours.

Enchiladas

Place in a frying pan five table- begin to cook either in Spanish fashspoons of shortening and add three millions of friends with his charming spoons of snortening and and the cakes—or fry in hot shortening. Lift pulp from one dozen peppers. Pre- the tortillas to a plate and spread always claimed that it really cost pare as directed. Cook gently until with chili and place one-half large less to live in the land of sunshine a very delicate brown and then add spoonful of the prepared cheese fillfour tablespoons of sifted flour. Stir ing. Fold or roll tortillas over and to thoroughly mix and then add cover with two tablespoons of chili

One and one-half cupe of stewed sauce, . Arab fashion and follow the citizens tomatocs, rubbed through a fine Cook until the mixture is very

> Grate one-quarter pound of cheese (good store cheese).

One dozen finely minced olives, Two onions, grated, Two hard-boiled eggs, chopped

One-half cup of seeded raisins, One cup of minced chicken, Three tablespoons of butter or

olive oil. Place in a saucepan and when the tortillas are ready to serve heat And that is why I am devoting today's Fur is extremely high—that is, any

#### Mrs. Wilson Answers Queries

No. 1187

My dear Mrs. Wilson-Will you give a recipe for cheese cake, the filling of which resembles a custard? Thanking you for the same, M. M. K.

Cheese Cake

lace in a saucepan

Two cups of milk, Six tablespoons of cornstarch

Stir to dissolve the starch, and then bring to a boil and cook for five minutes. Cool and then add

or pot cheese

One teaspoon of nutmeg, Yolks of four eggs.

Beat to thoroughly mix and then low, blue with a thread of silver pour into a pastry-lined pan and through it—oh, all sorts of lovely shades. bake in a slow oven. Use the whites The twenty-six-inch width is only sixty-five cents a yard and the yard-wide material is seventy-five cents-a of egg for baking a cake.

No. 1186

My dear Mrs. Wilson-Will you kindly give me a recipe for oyster cocktail sauce, so it will be a nice red color? H. L.

Cocktail Sauce One-half cup of catsup. Two tablespoons of Worcester- rich on the living-room table.

One-half teaspoon of mustard, Juice of one-half lemon.

Mix well and divide into four

#### The Question Corner

Today's Inquiries

What is meant by the term "ac-cessories" when applied to clothes?

Name a peculiar wedding cus-tom in Poland. What is the newest way of wear ing the peplum or Russian blouse? How can handkerchiefs be per-fumed in the washing? What will take out medicine

How can the sediment in the bot-tom of vases or bottles be re-moved?

Yesterday's Answers

Paul Poiret is a Parisian who is a famous designer of clothes. The birthstone for September is

the sapphire. the sapphire.

The birthday flower for this month is the morning glory.

It is entirely a matter of preference whether one does or does not wear a hat down to dinner at a hotel when living there.

To remove callus from the pains the highest a hat of the pains of number of the pains.

rub with a piece of pumice dipped in a little warm water. Do not rub hard enough to make sore, and after the treatment apply olive oil.
Stains made from acid fruits can
be removed with the following solution: One quarter teaspoonful
of ammonia, a little baking soda of anmonia, a little baking soda or borax to one cup of water. The stained piece is spread over a pad and sponged with this so-lution or stretched over a bowl and the agent applied one drop-at a time with a medicine drop-per. Rinse. FABRIC FURS SEEN ON WINTER SUITS



Very woolly angora supplies the collar and pecket trimming for this attractive suit

A Daily Fashion Talk by Florence Rose I tions that strike us as being cheap to make a "freak" of myself. and tawdry; and there are other instances where something is used in HERE is a secret about a woman and broadtail that is copied after the fur times they stand and look at me as that is here or a whole big house, just of that name. It is in perfectly good them." that is here or a whole big house, just of that name. It is in perfectly good them."
as soon as September comes, with its repute, though certain of the fabric I could say much more, but that hint of fall and winter days, she begins imitations of fur seem cheap and sec- would fill a page, so this is all this home. And so because September ton and woolen substitutes for fur soon as possible, I am, has come, with its hint of the fall, and because I am a woman with-not a that are being used on suits and coats whole big house, or again just one room for collars and cuffs this autumn that

I have felt the call to house dressing. are immensely attractive.

gently until well mixed. Other meat Adventures to this fascinating subject.

There are waste baskets of cretome that

There are waste baskets of cretome that is, any fur that is worth having. And rather Now prepare the tortillas or pan-lend a bright touch to a dull corner, than have inferior fur most women your column for some time and wish to cakes as follows: Place in a mixing One comes in a black and white check would select one of these furry or say that it is certainly wonderful and Library Association. with a design of large pink roses. An-woolly fabrics that have recently come often used to wonder whether there white and blue flowers with a touch of to the fore.

They are priced at \$1 and Angora, although we have had it myself, and, really, dear Cynthia, your for many seasons, is still in high would have found out. I have found would have found out. I have found favor, and a very woolly edition of this two friends in the column whom I sym-And the pillows—even now only a angora is used in the suit here sketched. pathize with, and I sincerely hope they few left, for they are real bargains. They are those fat, chubby, round pil- where, another season, fur might have will find the kind of girls they like. lows with a cluster of apples in the been used. You will notice that there friend "Anxious" and friend "Buck Private." I am a young center. I have seen pillows in almost is an absence of the angora along the lady twenty years of age. Please tell every shop in the city, but I have seen none to equal these in price and quality. They are made of what appears have noticed that in jackets trimmed want to be classed with some of them. be China silk and the price is only with fur there is usually the same ab- I like just that sort of a young man \$2.25. Although they come in several sence of trimming along the bottom of that he is, but, like him, I never colors, so quickly have they sold there the jacket. The collar is splendidly one of them. I find only the kind that how remains only a few in old rose old rose with a cluster of three silk proportioned generous and skillfully cut kiss them, which I will never permit, apples one yellow, one blue and one so as to provide warmth and an attractiff I have to die a lonesome old maid,

tive frame for the face. are being chosen by the discriminating for they are worse than the other kind Then there is some lovely material for hangings, material that would make American women this season. In spite I believe in being kind and sympathize beautiful curtains for either bedroom or, of the widening of hips in afternoon with every one, be it friend or foe, but One and one-half cups of sugar, living room. It is called fiber silk and.

One and one-half cups of cottage as the name suggests, has a shimmering weant and narrow. There is the same and letting a boy see you love him bestraight up and downness of jacket. fore you really know him. That isn't comes in almost any shade you would The narrow belt is likewise still in evi- what I would call true friendship when want - pink for bedrooms, gold or dence.

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Miss Rose Will Help You with your clothes. Perhaps you are wondering just what color in vogue now will be most suitable for you. Or perhaps it is the present-day styles that perplex you. Miss Rose will be glad to give you the benefit of her advice. Address Miss Rose, woman's page, Evening Public Ledger. Send a self-adressed stamped envelope for personal reply, as none of the answers

LetCuticuraBe Your Beauty Doctor

# All druggists; Soap 25, Ointment 25 & 50, Talcum 25, Sample each free of "Cuticurs, Dept. 61, Boston."

Final Offerings From Our Big August Sale of Furniture

Two lovely 3-piece furniture suits that won't fail to please both your eye and pocketbook. This week only!

In Tapestry

3 handsome pieces, overstuffed, handsomely covered. Was \$200.

silky finish that is very rich looking. It

bronze for living room and green, yel-

Also the table runners of a brown

satin-finish material-they are stamped

ready for embroidering. And the sample

one I saw worked was done in vellow.

brown, blue and black, an effective con-

trast against the brown. They cost only \$1.85 and when finished look very

For the names of shops where ar-

ticles mentioned in "Adventures With a Purse" can be purchased,

address Editor of Woman's Page,

EVENING PUBLIC LEDGER, or phone the Woman's Department, Walnut

would it take long to embroider one.

remarkable price.



In Spanish Leather pleces Davenport, armchair and rocker; green, blue or brown leather. Was \$65.00.



Prompt Autocar Delivery Anywhere

H. S. ATWOOD & BRO., 40 & 42 S. 2d St. Carpet and Furniture Store

### Please Tell Me What to Do

Another Knock for Anxious Dear Cynthin-I read in your column letters from "Anxious" and "awfully Lonesome" on Friday, Auand gust 29, and would like you to print this

want "Anxious" to know there are like the bashful little violet flower that a few girls in this world who don't hides beneath its leaves. I remain, and stuff a lot of nonsense in their heads. Those "men vamps" I de-

And now for "Awfully Lonesome." I Dear Cynthia—I think Jerry is all would like to meet you very much. I wrong, as to a widow having had a great like fellows that can do a hard day's sorrow conducting Cynthia's column work, and hate these little ribbon preposterous. clerks with "misplaced eyebrows" on

MUMPS. cially enjoyed by

introduction, "Mumps," but I'm sure
"Awfully Lonesome" will soon meet some one who will help him along.

Why Do They Look at Her? Dear Cynthia-In answer to the let written by "Anxious" in tonight's EVENING PUBLIC LEDGER, I must say that I am a young girl, considered very attractive by every one. I am a decided brunette and tall. I have had some experience with men, more so than a good eled extensively.

Now just a word in favor of the girls thank you. who know. To the many men I have come in contact with and especially the ones that try to flatter me and say that I am hice, I say this: That when any one tells me I am nice I consider it an insult. I do not know what other it is an insult. Also, something else. I have been working fifteen hours a day for some time and have not had much time to go out with young men. My dear Cynthia, will you please tell me why every one looks at me on the street? I am always alone. I dress very stylish. THERE are some sort of substitu- I use powder and rouge, but not so as

When I am walking on the street real bold men and women will stand still and look at me; also the boys that congreplace of something else and is entirely gate on street corners speak to me, and to our liking. Such is the fabric now that I have ignored them so many

to think of how she can dress up that ond rate to us. There are various cot- evening. Hoping you will print this as GERALDINE

> Perhaps they are struck with your modesty, Geraldine. Who can tell?

were other folks in this big world like

The suit is made along lines that ones who don't even like themselves Don't think I am of those cold, icy they start so soon, for they don't mean

> Safe Milk HORLICK'S THE ORIGINAL MALTED MILK

Rich milk, malted grain, in powder form. For infants, invalids asigrowing children. Pure nutrition, upbuilding the whole body. Invigorates nursing mothers and the aged. More nutritious than tea, coffee, etc. Instantly prepared. Requires no cooking.

## it. Some day I hope to meet the right kind of a friend, and, believe me, dear Cynthia, I shall never finish thanking Some day I hope to meet the right

our heavenly Father, for I trust in Him always. I hope "Anxious" and "Buck Private" will soon meet a true friend, MISS V. HOPEFUL.

Almost Ideal, Isn't It?

their upper lips that you meet now-adays. There are not many fellows left old? Not beautiful, but very attractive, most certainly inclined to be dark-Every one in our family reads your complexioned, and eyes that fairly column, dear Cynthia, and it is espe- dance. Last, but not least, a plain but classy dresser. And she knows ever so Sorry Cynthia cannot bring about an many people. It's almost ideal, isn't it? ONLY GUESSING.

#### The Woman's Exchange

Civil Service Examinations

To the Editor of Woman's Page: Dear Madam-When are the next civil service examinations to take place? many girls of my age, as I have trav- Where may I obtain further informa-

place all the time—it just depends on mark you the sort of examination you want to station." take. For further information write the United States Civil Service Coman insult. I do not know the stimation missioner, l'ostomee Building, Ninta women say to it, but in my estimation and Market streets, or it might be more missioner, Postoffice Building, Ninth satisfactory for you to go there.

Little Dog Wanted

the Editor of Woman's Page Dear Madam - I am an interested reader of your column, and seeing how Fou have helped others I am going to trouble you to try help me.

I have just lost a little dog which thought a great deal of, and feel very There is only myself and husband in family. No children. Perhaps some of your readers may have a little female dog which they would like to get a good home for.

It would get excellent care, as we are both lovers of dogs. Would prefer a fox-terrier if I could get one. MRS. R. H. I will gladly forward letters to Mrs.

What A. L. A. Means

To the Editor of Woman's Page: Dear Madam—Could you kindly tell . A Ray of Sunshine what the initials A. L. A. stand for 2
Dear Cynthia—I have been reading It is some organization. CURIOUS. A. L. A. stands for the American

> CHARLES AND DESCRIPTION OF THE PARTY OF THE Diamonds Jewelry Made Over Re-Set 11th St. bal. Chestent



If your skin is not iresh, smooth and glowing, or has suffered from an unwise use of cosmetics, here is an easy, inexpensive way to clear it: Spread on a little Resinol Ointment, letting it remain



clear, cold water to close the pores. Do this regularly, once a day, and see if it does not quickly soothe and cleanse the pores, I clean the tendency to pimples, and leave the complexion clear, fresh and velvety. Resined Sono and Resined Contract na, and leave the pores, leasen Rezinol Soan and velvety. Resistol Soap and Resistol Ointmen are sold by all druggists.

#### DID THIS EVER HAPPEN TO A PERSON CALLED "YOU"?

A Little Summer Story About the Girl-Who-Dared and What She Dared to Do

THE GIRL-WHO-DARED sat in the "I-I guess I wouldn't have time to 1 big hotel dining room, where the big make that 7:40," finally she replied. yellow stretches of bright sunshine fell But the man who was used to dealing obliquely across the tables, making the with those who walked in primrose water in the fine glasses sparkle and the paths waited. "It doesn't take but five linen look more expensive than ever, minutes in a taxicab," he was saying, Out through the long French windows "I'll order one for you now." And he the sea glinted and softly boomed, but stood there and so did the waiter. And inside there were only a few well- from the next table a young man eating Why not a very clever young woman, dressed men sitting at widely scattered an expensive breakfast watched with tables. It was early in the morn- interest. ing. That was why the girl was there. The whirlwind week-end at the fash- smallest second. Then something like

> day morning and the cold, solemn hour for returning to the job. dining room door came up to the table. though, for suggesting it." "Are you making the 7:40, madame?"

he said, with deference.
"Why," replied the girl, "I didn't know there was one. I got up to make

the 8:03. where may I obtain further information concerning these examinations? I thank you.

B. N.

B. and not so crowded. Good parlor-car Civil service examinations are taking service. I wanted to know, so's I could

Extra fare, parlor car service, send bag over to the station! These three thoughts rushed hurriedly through the mind of the girl who worked for her own living and had to save up to afford one week-end at a big hotel.



The Girl-Who-Dared paused for the ionable resort was over. It was Mon- steel seemed to leap into her eyes.

"I have planned to go on the 8:03." she said sweetly, "so I don't think I'll The waiter solicitously fiddled with change. Just leave my beg where it is, the water bottle, and just then the and don't bother about the taxi. I'll handsomely uniformed man who kept have plenty of time to walk to the guard over the bags just outside the station making the 8:03. Thank you,

The Girl-Who-Dared? Perhaps you know her. The Girl Who Dared to be Herself!

# mark your bag and sent it over to the of long service



QUALITY Gas Ranges are made right here in Philadelphia—100,000 in use, in and about the city. That's because of their splendid construction and service-giving quality.

Deliveries and connections made free of charge.

Better buy right now a good oil heater or gas heating stove to keep off the chill of mornings and evenings.

Headquarters for refrigerators, water heaters and gas irons.

PHILADELPHIA AND GAS RANGE ARCH



A pot of Tetley's fragrant tea, a fat juicy lemon, and a piece of ice to chill it! Result - a cooling frosty glass of iced tea that drives the heat away.

All of Tetley's Teas are gathered from the world's finest tea gardens, skilfully blended-and carefully packed to protect strength and flavor.

Make iced tea from Tetley's Orange Pekoe. It's delicious!

## TETLEY'S TEA Substitutes Cost YOU Same Price



Always on the lookout to secure new attractions, regardless of expense, the nanagement has far exceeded all previous efforts in the remarkable array of alent which will appear this week. Three of the specialles are direct from JANE GREEN and JANES BLYLER.

HESS and HENNETT

HESS and BENNETT
Ballroom Danoins Specialty
FRANKIE FABNUM
Frisco's Nearest Hival
MARY JANE, Singles Connecte
WILL CRUTCHFIELD
"A Pealing Breath Musical Comedy
USS EVANS-BURBOUGHS FONTAINE America's Foremost Dance Artist HAL HIXON, Eccentric Dancer

HARRY GLYN

29.75

INN & DUKE

Also Top, Street and Motor Coats Velour Hats