

THE COSMOPOLITAN KITCHEN; THE WINTER SUIT; WOMAN TALKS; CYNTHIA'S LETTERS; SHOPPING

RECIPES FROM SUNNY CALIFORNIA ARE GIVEN BY MRS. M. A. WILSON

This Week's Cosmopolitan Kitchen Affords Opportunity to Get Acquainted With Several Savory Dishes, Spanish in Their Origin—Enchiladas, Baked Peppers and Rice and Other Appetizing Concoctions

By MRS. M. A. WILSON
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THERE comes a note asking for California recipes and for suggestive recipes and methods of serving food of this state.

Spanish conquest of the territory along the Pacific coast is a matter of history. But it is in this section of the country that the Old World style of cooking is still dominant.

Corn, beans, cocoa, chocolate and every variety of fresh fruits give an exceptional opportunity to the housewife to provide a large and varied menu for the family.

California, the land that is kissed by the sun, has a wonderful assortment of foods to provide daily sustenance for her children. The old forty-niners have left a saying behind them that few, if any, of them thought that their efforts were to be handed down as part of the traditions of the place.

Joe Miller—Joaquin Miller, the poet of the Sierras—who has won millions of friends with his charming poems of the mountains and who has lived in the mountain fastness, always claimed that it really cost less to live in the land of sunshine and roses than it did to live anywhere else on the face of the globe.

Not all of us can fold our tents in Arab fashion and follow the citizens of the good old U. S. A. into the land of milk and honey, but many of us can easily prepare the dishes that the natives of the land of sunshine enjoy.

Chili Stew, Spanish
Cut one pound of lean stewing beef into small pieces and roll each piece in flour.

Spanish Bean Purée
Wash and soak overnight one pint of beans; in the morning place in a saucepan and cover with cold water and bring slowly to a boil.

Place the pork and onions in a frying pan and cook gently until the pork is lightly browned and then add the beans and

Cook gently for fifteen minutes and then season with salt and paprika and lift to a hot vegetable dish. Sprinkle with finely minced parsley and serve in place of potatoes.

Baked Peppers and Rice, Spanish
Wash one-half cup of rice and then cook until tender and the water absorbed, in two and one-half cups of boiling water.

Now mince fine two ounces of salt pork, then place in a frying pan and add the prepared onions, peppers and parsley. Cook very gently until pork is well tried out and then add

One cup of stewed tomatoes, The cooked rice, One well-beaten egg, One and one-half teaspoons of salt, One teaspoon of paprika.

Mix thoroughly and then cool, and fill into large bell peppers. Place the peppers in a baking dish and add three-quarters cup of hot water to prevent peppers bursting. Bake in a moderate oven for thirty minutes. Just five minutes before removing from the oven place a strip of bacon on each pepper and then serve with either parsley or cheese sauce.

Onions, Spanish
Peel and slice a sufficient number of onions to measure two and one-half cups. Parboil and then drain, and now place a layer of onions in a well-greased baking dish and cover with

One-half-inch layer of fine bread crumbs, Four tablespoons of grated cheese, One onion, minced fine, One-half green pepper, minced fine, One-quarter teaspoon of salt, One-half teaspoon of paprika.

Repeat, making two layers, add one-half cup of milk. Bake in a moderate oven for twenty-five minutes and then serve from the dish.

MRS. WILSON'S NEW "MOVIE"

THE Queen Victoria sponge cake and charlotte russe movies have won such favor with Philadelphia women that record numbers are making their way in and out of

THE VICTORIA THEATRE THIS WEEK
to see the newest film in Mrs. Wilson's cooking movies—Lebanon crumb cake. You won't be a bit sorry if you go, too! This delicious cake, large enough for six servings, only costs twenty cents to make.

OTHER COOKING MOVIES
Queen Victoria Sponge Cake
Wednesday and Thursday, the Bluebird, 2200 N. Broad street; Friday and Saturday, Point Breeze Theatre, 1638 Point Breeze avenue.

Charlotte Russe
Wednesday, the Grand, Camden; Thursday, the Princess, Camden; Friday and Saturday, the Globe, Fifty-ninth and Market streets.

Spanish dishes cut them in half and then remove the seeds and veins and soak in cold water for two hours. Then cover with boiling water and parboil gently for ten minutes. Cool and scrape the pulp from the peppers, discarding the skin.

Enchiladas
Place in a frying pan five tablespoons of shortening and add three large onions, minced fine, and the pulp from one dozen peppers.

One and one-half cups of stewed tomatoes, rubbed through a fine sieve.
Cook until the mixture is very thick and while the chili is cooking grate one-quarter pound of cheese (good Swiss cheese).

Place in a saucepan and when the tortillas are ready to serve heat gently until well mixed. Other meat may be used in place of the chicken. Now prepare the tortillas or pancakes as follows: Place in a mixing bowl

One cup of sliced onions, One cup of stewed tomatoes, Piece of garlic size of a pea, Six white potatoes, washed and pared, One cup of boiling water, One teaspoon of chili powder.

Cut the white potatoes into slices one-half inch thick. Cook gently until meat is tender, usually about one hour. Season with salt and pepper.

And the pillows—seen now only a few left, for they are real bargains. They are those fat, chubby, round pillows with a cluster of apples in the center.

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Also the table runners of a brown satin-finish material—they are stamped ready for embroidering. And the sample one I saw worked was done in yellow, brown, blue and black, an effective contrast against the brown.

Then there is some lovely material for hangings, material that would make beautiful curtains for either bedroom or living room. It is called fiber silk and, as the name suggests, has a shimmering silky finish that is very rich looking.

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Beat to thoroughly mix and then pour into a pastry-lined pan and bake in a slow oven. Use the whites of egg for baking a cake.

Mix well and divide into four portions.

Today's Inquiries
1. What is meant by the term "accessories" when applied to clothes?

2. Name a peculiar wedding custom in Poland.
3. What is the newest way of wearing the pelm or Russian blouse?

4. How can handkerchiefs be perfumed in the washing?
5. What will take out medicine stains?

6. How can the sediment in the bottom of vases or bottles be removed?

Yesterday's Answers
1. Paul Poiret is a Parisian who is a famous designer of clothes.

2. The birthstone for September is the sapphire.
3. The birthday flower for this month is the morning glory.

FABRIC FURS SEEN ON WINTER SUITS



Very woolly angora supplies the collar and pocket trimming for this attractive suit.

A Daily Fashion Talk by Florence Rose
THERE are some sort of substitutions that strike us as being cheap and tawdry; and there are other instances where something is used in place of something else and is entirely to our liking.

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Please Tell Me What to Do

By CYNTHIA

Another Knock for Anxious
Dear Cynthia—I read in your column letters from "Anxious" and "Awfully Lonesome" on Friday, August 29, and would like you to print this in reply for me:

I want "Anxious" to know there are a few fellows in this world who don't like fellows to make a fuss over them and stuff a lot of nonsense in their heads. Those "men vamps" I detest.

And now for "Awfully Lonesome"—I would like to meet you very much. I like fellows that can do a hard day's work, and hate these little ribbon clerks with "misplaced eyebrows" on their upper lips that you meet nowadays. There are not many fellows left like my dad.

Every one in our family reads your column, dear Cynthia, and it is especially enjoyed by MUMPS. Sorry Cynthia cannot bring about an introduction, "Mumps," but I'm sure "Awfully Lonesome" will soon meet some one who will help him along.

Why Do They Look at Her?
Dear Cynthia—In answer to the letter written by "Anxious" in tonight's EVENING PUBLIC LEDGER, I must say that I am a young girl, considered very attractive by every one. I am a decided brunette and tall. I have had some experience with men, more so than a good many girls of my age, as I have traveled extensively.

Now just a word in favor of the girls who know. To the many men I have come in contact with and especially the ones that try to flatter me and say that I am a beauty, I say this: That when one tells me I am nice I consider it an insult. I do not know what other women say to it, but in my estimation it is an insult. Also, something else. I have been working fifteen hours a day for some time and have not had much time to go out with young men.

Dear Cynthia, will you please tell me why every one looks at me on the street? I am always alone. I dress very stylish. I use powder and rouge, but not so as to make a "freak" of myself.

When I am walking on the street real bold men and women will stand still and look at me; also the boys that congregate on street corners speak to me, and now that I have ignored them so many times they stand and look at me as though they were afraid I might "eat them."

I would say much more, but that would fill a page, so this is all this evening. Hoping you will print this as soon as possible, I am,

GERALDINE
Perhaps they are struck with your modesty, Geraldine. Who can tell?

A Ray of Sunshine
Dear Cynthia—I have been reading your column for some time and wish to say that it is certainly wonderful and it does me a powerful lot of good. I often used to wonder whether there were other folks in this big world like myself, and, really, dear Cynthia, your column taught me a great deal I never would have found out. I have found two friends in the column whom I sympathize with, and I sincerely hope they will find the kind of girls they like.

They are "friend "Anxious" and "friend "Buck Private." I am a young lady twenty years of age. Please tell "Anxious" not to think all girls are alike for their fickle ways, for I wouldn't want to be classed with some of them. I like just that sort of a young man that he is, but, like him, I never find one of them. I had only the kind that want to make a fuss over girls and kiss them, which I will never permit, if I have to do a lonesome old maid.

Don't think I am of those cold, icy ones who don't even like themselves, for they are worse than the other kind. I believe in being kind and sympathetic with every one, a great deal I never would have found out. I have found two friends in the column whom I sympathize with, and I sincerely hope they will find the kind of girls they like.

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What A. L. A. Means
Dear Madam—Could you kindly tell what the initials A. L. A. stand for? It is some organization. CURIOUS.

A. L. A. stands for the American Library Association.

Diamonds Re-Set
Jewelry Made Over
IRA D. GARMAN
11th St. Nat. Chestnut

Safe Milk for Infants and Invalids
HORLICK'S THE ORIGINAL MALTED MILK
Rich milk, malted grain, in powder form. For infants, invalids, growing children. Pure nutrition, upbuilding the whole body. Invigorates nursing mothers and the aged. More nutritious than tea, coffee, etc. Instantly prepared. Requires no cooking. Substitutes Cost YOU Same Price

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Tyrol Wool for School wear is practical, serviceable and economical.

Fall and Winter
New Styles and Colors
Ladies' & Misses' Suits
28.75 32.75 38.75

Junior Suits
27.75 29.75
Also Top, Street and Motor Coats
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MANN & DILKS
1322 CHESTNUT STREET

DID THIS EVER HAPPEN TO A PERSON CALLED "YOU"?

A Little Summer Story About the Girl-Who-Dared and What She Dared to Do

THE GIRL-WHO-DARED sat in the big hotel dining room, where the big yellow stretches of bright sunshine fell obliquely across the tables, making the water in the fine glasses sparkle and the linen look more expensive than ever.

Over the long French windows the sea glistened and softly boomed, but inside there were only a few well-dressed men sitting at widely scattered tables. That was why the girl was there. The whirlwind week-end at the fashionable resort was over. It was Monday morning and the cold, solemn hour for returning to the job.

The waiter solicitously fiddled with the water bottle, and just then the handsomely uniformed man who kept guard over the bags just outside the dining room door came up to the table. "Are you making the 7:40, madame?" he said, with deference.

"Why," replied the girl, "I didn't know there was one. I got up to make the 8:03."

"But the other's a much better train," came back the keeper of the hats and bags. "It's faster, extra fare and not so crowded. Good parlor-car service. I wanted to know, so I could mark your bag and sent it over to the station."

Extra fare, parlor car service, send bag over to the station! These three thoughts rushed hurriedly through the mind of the girl who worked for her own living and had to save up to afford one week-end at a big hotel.

Ask For Mrs. Morrison's Puddings
Reduce the "H. C. L."
Try serving these delicious "food desserts" a couple of times a week. One 10c package.

Golden Vanilla Pudding or Chocolate Pudding
Contains more food value than steak and has every form of nutrition essential to strength building.

At Your Grocer's The Morrison Co., Phila.

PHILADELPHIA GAS RANGE ARCH AND 10 STREETS

The Tetley Trio
A pot of Tetley's fragrant tea, a fat juicy lemon, and a piece of ice to chill it! Result—a cooling frosty glass of iced tea that drives the heat away.

All of Tetley's Teas are gathered from the world's finest tea gardens, skilfully blended—and carefully packed to protect strength and flavor.

Make iced tea from Tetley's Orange Pekoe. It's delicious!

TETLEY'S TEA

MANN & DILKS
1322 CHESTNUT STREET

Pierrot Roof Garden
Atop HOTEL WALTON
Refined merriment; delicious refreshments; jovial dancing; classy specialties. Come here tonight; relax and recuperate from the cares of the day.

Couvert charge, \$1 per person
Always on the lookout to secure new attractions, regardless of expense, the management has far exceeded all previous efforts in the remarkable array of talent which will appear this week. Three of the specialties are direct from "Ziegfeld's Midnight Frolics," as follows:

JANE GREEN and JAMES BYLER
Musical Comedy
MISS EVANS-BURROUGHS FONTAINE
America's Foremost Dance Artist

HAR HIXON, Eccentric Dancer
All the above by courtesy of Florence Ziegfeld, Jr.

First entertainment at 7:45, followed by dancing until 10 o'clock, then all the specialties repeated, with a dance between every specialty.

Service Charge of \$1 per person
The Service Charge During Dinner Hours

MANN & DILKS
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