THE RIGHT KIND OF TABLE: THE SEASHORE "WIDOW": TAKING OUT SPOTS: CYNTHIA LETTERS

MRS. WILSON PLANS GOOD MEALS WITH THE LEAST EXPENDITURE

A Practical Discussion About Getting Real Food Value for Mone y Spent and Some Helpful Suggestions in the Matter of Buying

> By MRS, M. A. WILSON (oppright, 1919, by Mrs. M. A. Wilson All Rights Reserved.)

TT IS not really the food eaten each day that counts as a part of the work to supply the body with sufficient nourishment, but rather the amount of food actually digested. Hence variety in eating is most im-

A monotonous diet frequently does not contain sufficient mineral salts and the amount of vitamines necessary for the physical well-being of the body, so that a varied diet, with plenty of leafy green vegetables, fresh fruits, milk and good homemade bread, is vitally necessary.

During the process of digestion some parts of the food are left or discarded; this waste, if permitted to clog up the system, will become poisonous and therefore it must be removed. To do this work the human machine must have sufficient nondigestible bulky material to stimulate the intestines and digestive tract into action and thus remove the waste. This bulk or, as it is called, roughage, can easily be kale, beets, carrots and other similar buns and one for raisin and nut loaf. vegetables and fruit.

A diet of meat, potatoes and white green foods and roughage, and if bread box. this diet is continued for any length of time it will not provide sufficient for methods of breadmaking. material for the body to eliminate the waste; this very often results in autointoxication and kindred digestive troubles.

that a wise meal can and should be a replaced in the menu for days at a time without serious results if the fish may also be used.

budget and at the same time supply and will help to afford variety. the family with sufficient food that Oatmeal purchased in bulk from a charge foods unwisely. willing to spend a little energy in bran, rye and graham flours should fit at a minimum cost. preparing this food.

Purchasing food from day to day is expensive and wasteful and requires time; if the housewife must take the time to run to the store. and if she solves this difficulty by sending the children to purchase the food, then she stands a chance of not only unwise buying, but also, owing to the child's lack of judgment in foods, she will frequently receive food that is not at all suited to her

To overcome this divide the marketing day into either semi- or triweekly visits, namely, Wednesday and Saturday or Monday, Wednesday and Saturday.

If you use the latter method you must keep this fact in mind, that Monday will be a very poor day for the meats, fresh fruits and vegetables, and it could be used for selecting the ordinary staples and then use the other two days for selecting the perishable provisions.

Purchase flour in one-sixteenthbarrel size, which is a twelve and one-quarter-pound bag, rather than in the smaller size package. Good home-made bread can be made for an approximate cost of six and onehalf cents per loaf and it will have a food value equaling two loaves of bread from the baker's; it will satisfy the family, too, for you know that the home where the family can get good home-made bread instills into the members a sort of family pride, as it were. Can't you remem ber how you bragged and bragged about the bread your mother used to make? And can't you see the happy expression on the face of the DARIS has been less influential in the we have given special consideration. child who has a big slice of homemade bread spread with either a fruit butter or sirup?

bread. Place in a bowl

		C 40.00
One quart of water	2	4:0
Four tablespoons of sugar.		2
Four tablespoons of short		
ening		2
One tablespoon of salt	6 000	14
Sixteen cups of flour		* *
One yeast cake	W10	14
Four potatoes	1	
Total	. 7	6
Cost		
Water		
Two ounces of shortening	.8	.04
Two owners of sugar		

One pound of potatoes05 hour, or approximately three and rather than alender.

Four lbs of flour at 71/2c30

WHERE YOU CAN SEE MRS. WILSON'S MOVIE

SATURDAY is baking day, and a very good day, too, to see Mrs. Wilson's scenario about baking de-Heious cakes if you haven't done so The schedule for today is:

CHARLOTTE RUSSE (Six delicious ones for twenty five

cents) Saturday, afternoon and evening. 'aschall, Seventy-first street and

Woodland avenue. QUEEN VICTORIA SPONGE CAKE

he Colonial, Camden.

(Two for a quarter) Saturday, afternoon and evening.

Both recipes can be obtained at the box office or by sending to the Editor of Woman's Page, EVENING PUBLIC LEDGER. Please inclose self iddressed stamped envelope.

See the woman's page of July 17 kets.

To cut the cost of foods purchase salt fish in three-pound boxes; this may be used for fish cakes, creamed fish, fish au gratin, fish cutlets and heart of the business section that textiles. Nearly all stains may be re-Keep this fact plainly in mind: served plain, such as boiled cod with kept a splendid variety and catered moved easily at home if reliable methods cream sauce. Select the boneless to the best trade, and the store in a are known. good one, and that good eating is variety of salt cod and remember

If the family likes mackerel, a housewife will serve attractive ten-pound kit would keep for three liver dishes made from cottage, butter- or four months in a cool place, and cash . milk or pot cheese, eggs and milk if the small-sized fish are purchased S shop around wisely and look since this determines the treatment to Now, the housewife who must plan served boiled or broiled, panned or be: that a full garbage pail is the to feed her family on a limited baked for both breakfast or dinner bad ge of poor, inefficient house-

will not only satisfy their bodily sanitary store will cost less per need, but also at the same time ap- pound than the package cereal, but the tastes of the family should weight of the fabric. Do not use strong peal to the appetite, will need to mar- it must be kept in tin or glass con- be consulted if you are to be suc- acids on cotton, and even diluted ones bon tetrachloride, chloroform or turpenket carefully and wisely, and then be tainers in a cool place. Corn meal, ce ssful in keeping them physically

be cared I or in the same manner. Whole nat iral rice, while more expensive the an the white or polished rice, is a better buy for those who count ead 1 penny. These natural little brown grains may be combined with smal | portions of cheese, meat, eggs and made to replace meat on

Now & nally the green produce. When my ney is limited the housewife free mently feels that she obtains litt le value for her expenditures in the purchase of green produce and I usually satisfies herself with re tatoes and some canned foods.

This 'is a very big mistake from the star dpoint of health. The home that use s these foods sparingly during the fall, winter and late spring usually finds its members anamic. rheuma tic and in poor general health. So. Mrs. Housewife, buy your is mily plenty of health insurance in an abundance of fresh fruits and we getables. For you know, supplied to the body in cereals, bran would not be too much bread. Pre- after 1 be abundant supply of the bread and muffins, cabbage, celery, pare four loaves and then use one summer has passed, we will still apples, oranges, turnips, spinach, loaf for rolls and one for cinnamon have u ntil next spring beets, carrots, turniy s, parsnips, cabbage, celery, Wrap the bread, when thoroughly kale, I pinach, leeks and onions that cold, in wax paper to prevent dry- can us ually be purchased at reasonbread is lacking in the needed leafy ing out and store it in well-ventilated able prices, if you will take the time and the trouble to hunt up the mar-

city or country town I was in, there apply for that particular kind of stain.

The removal of stains is a necessary were usually two classes of stores- feature of the laundering and general the store on the main street in the care of clothing and other household less 'prominent location, where good, One of the most important factors is wise eating. Meat can be entirely that one pound will equal three replaced in the menu for days at a pounds of fresh fish.

If the family like the marginant did not do.

If the family like the marginant did not do.

If the family like the marginant did not do. Usus illy the merchant did not de- it harsier to remove the stain. The na

and the various dried beans and peas there will be less waste to them and cart fully before making a purchase; be adopted. An mover may "set" and lentils. Both fresh and salted a half of the fish may be served as and once purchased see that every a portion. Salt mackerel may be bit of this food is utilized. Remem- sible wif ery, and it is a disgrace to pur-

Make up a menu and remember

Here Is Fall Footwear

A Daily Fashion Tall ; by Florence Rose



A woman's heart leaps up when she beholds fall shoes. Those shown this se ason warrant much interest

before this year, which is 7 erhaps nat- had to content themselves with slipshod bring to a boil, and cook for three with the crease crooked! I had placed pastor say come again? You ought to had to content themselves with slipshod bring to a boil, and cook for three with the crease crooked! I had placed be the church is the one in ural enough, because wir lie the war workmanship in shoes. The materials minutes. Then add Now let us figure the actual cost lasted there has been so much else to have been inferior, and often it was of making a loaf of home-made do with Atlantic transports than to necessary to accept elaborate poor-qualbring back the conceits of fashion from ity shoes in place of those that were Paris that we have rather drifted apart. simple and high grade. Even now there We have gone our own sweet way in are women in France-true Pairsiansmatters of dress, and Zaris has gone who send to the United States for their her own way, and those ways have shoes because they find them so far turned out to be not very much alike, superior in cut and finish, and more But in other matters fluere is some in- than one peturning American soldier dication of a willirgness to be in who made lasting friendships in France fluenced. Gradually we have taken to came back with commissions for womthe short sleeves and we have rather en's shoes. France has shown little compromised on the long skirt that we inclination to copy our mode of shoes. thought was attractive, and the very but she has been more eager to buy our short skirt that Paris dictated. But shoes than we have been to buy hers, not even a little deart has been made by | High in grice, yes; but not one whit Paris shoe fashiour. We are as ob- less in quality, are the shoes of the durate as she and, instead of becoming autumn. In the sketch here you will more like French shoes, those that are see at the left a high brown laced boot promised for autumn are less similar. such as you will want for street wear crabs in.

It is really a difference in French feet kid with speded uppers. In the center rather than in French shoes. For while is the ever-popular Colonial pump with the French shoes are short-vamped, black beaded buckles, while next to it chopped off affairs, those worn by is one of black kid with a pair of Total \$ 431/2 American women are extremely long as pumps at the right with stitching and to vamp, and are so constructed as to perforations as decorations. To bake this bread it would re- make the foot appear even longer and All of diese shoes have, as you see,

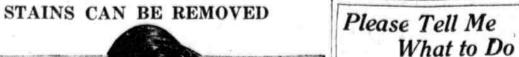
America has for long been famous for is high and it is small enough at the one-half cents, thus making a total the high qualky of her shoes, however. of forty-seven cents for seven one- Two of the three things that all the in above the base in a way characteristic loaves of bread, or approxi- world will come to America to learn are of what we have come to call French six and one-half cents per shoemaking and dentistry. Apparently heels. af; for a family of four or five this our teeth and our feet are things that

realm of women's dress, than ever And since the war French women have

The difference is doubt is a basic one, this autungu. The next is of brown

quire forty-five minutes in the gas slenderer than it is. So much the worse bigh Frerigh heels, which are, after all, or therefore, as you see, bigh Frerigh heels, which are, after all, or the five short and substantial cause the characteristic heel of French shoes is it heel that has less curve. It

(Copyraight, 1919, by Florence Rose,)





Stains are not tragedies if you know how to remove them. Determine

look at that spot!" Every one is familiar with that re-

voice. The tragedy of spoiling a new garment, however, is eliminated if the I ha ve found that, no matter what unfortunate one knows what remedy to if necessary.

the goods and sold only for ture of the stain should be known if possible before its removal is attempted, be adopted. An unsuitable stain rethe stains so its removal becomes difficult or even impos-

Treatment Depends on Fabric

occurs also should be known, for the method of treatment depends much on otherwise try to bleach with javelle can address at the only woman or girl you the nature, color, weave, finish and materials. Tou accept, arrive there, get board and go to work. So much, so method of treatment depends much on otherwise try to bleach with javelle The kind of fabric on which the stain carbon tetrachloride. the nature, color, weave, finish and water or potassium permanganate. should be neutralized afterward with a tine. suitable alkali. Care also should be weakens the fabric.

After any reagent rinse the fabric Do not use very hot water on with fat, then use soap and warm water wool or silk. Rubbing also must be or benzine, gasoline or carbon tetra-avoided with these fabrics. Both wool chloride. and silk are disselved by strong alkalis; borns or a weak solution of ammonia is with javelle water. more suitable. Acids, with the exception of nitrie, do not attack silk and

With colored materials avoid use of bleaching agent which will destroy the color of the material. Because of this soap or kerosene, benzine or gasoline. It is much more difficult to remove Vaseline—Use kerosene or turper stains from colored material than from tine

Bluing-Use boiling water.

Mrs. Wilson Answers Queries

My dear Mrs. Wilson-As you have helped many others, no doubt you will also help me. I have often used your recipes with success, so I am asking you, if it is not too much trouble, to print in your columns a recipe for deviled crabs. I am to cook dinner on Wednesday night and we are going to have crabs, so I would like to have the Thanking you in advance,

Deviled Crabs Place in a saucepan One cup of milk,

Five tablespoons of flour. Stir to dissolve the flour and then

One tablespoon of grated onion, green pepper,

One and one-half cups of crab meat.

One teaspoon of salt, One teaspoon of paprika, One-half teaspoon of mustard,

Pinch of cloves. Mix thoroughly and then fill into well-cleansed crab shells and brush with beaten egg and cover with fine crumbs, patting the crumbs gently. Fry until golden brown in hot fat Use a frying basket to place the

My dear Mrs. Wilson-Will you kindly give a recipe for chow-chow? Also is there anything to put in cream to make it whip? buy my milk from a neighbor, who has a cow. The cream is so rich I think it would whip. But isn't there something one has to put in I have all your recipes since January 1, except those when I couldn't get a paper. Thanking you very much, Mrs. G. W. D.

See pickling recipes, coming. Cream should be twenty-four hours old before whipping. Add oneold before whipping. Add one-quarter teaspoon of lemon julee to LOCUST Mais. 130, 6:30. Evgs. 6:30 to 11. each pint of cream for whipping. LOCUST Mais. 1130, 6:30. Evgs. 6:30 to 11.

What Shall She Wear? Dear Cynthia-I am going to Camp ber. Would a white silk skirt and woolen sweater be appropriate to wear? What would you suggest? ably a most becoming costume for your day at the camp.

By CYNTHIA

To "One In Doubt"

You are welcome to membership in

Buck Private Writes

silent "Buck Private," but knowest

thou, Cynthia, that my feelings were

Dear Cynthia-This is the long

Last night for the first time I noticed

Cynthia, put yourself in my place

while in the service of your country

You have come back whole, to find your

ers offer you a better one in the Quaker

have wandered through the Park and

nicked up a couple of girls in the hope

churches (notice plural) and have

Community Service tell you that it is

sorry, but all of its activities are vir-

you are not in uniform! You have tried

know that there are some nice girls in

day on the street. You are hungry for

you could be a pretty good friend to

one of them or several of them once you

could meet them, and you have been so

friendship would be a good thing for

both of you, that you could enjoy being

in their presence without becoming sen-timental, but to you'r all seems much

further away than did France from

Now, Cynthia, tell me, "What shall do?" THE BUCK PRIVATE.

P. S. Your club is a good idea! It

That was too bad that Cynthia should

Why do you have to wait to have

go back if the church is the one in

Mr. Albert Cook Myers, of the His-

streets, takes men in the service out on hikes every Sunday. Suppose you write

Club, and there are always a number

the boys and talk with them. If Mr

Myers cannot arrange this, write to the

column again and we may be able to

After the walk there is always

which you are a member.

their companionship. You know

Philadelphia, for

America !

I do?"

You accept, arrive there, ge

than a husband.

for him

City.

THANK YOU.

GITHE first time I have worn it, and | Chocolate and cacon-Use borax and the K. U. H. C. cold water; bleach if necessary. ('offee and ten (clear)—Use boiling mark, made in an anguished tone of water; bleach if necessary. Coffee and tea (with cream)-Use cold water, then boiling water; bleach

Cream and milk-Use cold water, right much hurt with the way in which then some and cold water. you censored my first epistle to you? Egg-Use cold water, Rememberest thou that I closed by say

Fruit and fruit juices-Use boiling water; bleach if necessary. ing "aufwiedersehen" and you changed Grass-Use cold water, soap and cold it to "farewell" and apparently powater, alcohol or a bleaching agent. litely slammed the door in my face? Grease and oils-Use French chalk, That burt, Cypthia!

blotting paper or other absorbent, or warm water and soap, or gasoline, ben zine, or cabron tetrachloride. Iodine-Use warm water and soap, alcohol or ammonia.

Ink-Try cold water, then use

acid or bleach if necessary. You have gone through several nerve-Iron-Use exalic acid, hydrochleric acid, salts of lemon or lemon juice and racking experiences during the last year Kerosene-Use warm water and soap.

Lampblack and soot-Use kerosene, original position gone and your employ benzine, chloroform, ether, gasoline or

by her first name is the editor of a col-Paint and varnish-Use alcohol, carumn in a newspaper and one whom you have never seen. You have a couple of fair friends (met through the Y. M.

Perspiration C. A.) who are as bad off as you. You use of the alkali, as it water; bleach in the sun or with javelle water or potassium permanganate. Pitch, tar and wheel grease-Rub that you might meet a girl who some day

would be a good friend, but you soon leave them in disgust. You have gone Scorch-Blench in the sunshine had the pastor shake you by the hand and tell you how glad (?) he is to see you, but never does he say "come again," You have had the War Camp Shoe polish (black)-Use soap and

water or turpentine. Shoe polish (tan)-Use alcohol. Sirup-Use water.

polish - Use cold water and tually off for the summer, and besides Vaseline-Use kerosene or turpento dance and find that an injury received in the service makes it impossible. You

Water-Steam or sponge the entire Wax-Scrape off as much as possi-Blood and meat stains - Use cold ble. Use French chalk, blotting paper water, soap and cold water or starch or other absorbent with a warm iron or use benzine or gasoline. remains use alcohol or bleach.

Adventures With a Purse

THIS, strictly speaking, is not an Andventure for women. On the other hand, if you are one who must count looke as though my election into it was her pennies, to say nothing of her hus- for life! band's, you will be immensely interband s. you will be immensely inter-ested in my adventure. It deals with instead of "until we meet again" or "to a trouser press, and it goes without our next meeting, or "an revoir," saying that it is designed to keep the That was your idea, was it? But you creases in "his" trousers, and so save see, Cynthia never dreamed you would tailors' bills. It is a heavy cardboard She simply did not print the word you arrangement, shaped very much like used because the first thing you know the leg of a trouser. The Man of the many of our patriotic citizens would be House carefully places his trousers in this press, and hangs them up in the closet. Saves pressing you know and closet. Saves pressing, you know, and Cynthia hones that is satisfactorily is well worth \$1. I have but one warning—never put them in the press for him. I did once, and they came out them incorrectly. I always think that a desk looks ever ever been to the Historical Society and

One tablespoon of finely minced so much more interesting if it has some the Shin and Tent Cub? odds and ends on it, don't you? Maybe that is why I was so pleased with torical Society. Thirteenth and Locust the blotter and letter-opener I saw today. The letter-opener is made of hikes every Sunday. Suppose you write highly-polished wood, and the blotter him a letter and see if you could join. is fastened to a smooth piece of the even if you are no longer wearing a same wood, or rather, the same kind of wood. The set costs only 50 cents, an entertainment at the Ship and Ten and I really believe you will like it for your own desk. It would make a very nice gift, too. For names of shoos, address Woman's Page Editor. Phone Walnut 3000,

suggest some other way. PHOTOPLAYS

of awfully nice girls there to

Н OWNED AND MANAGED BY MEMBERS OF THE UNITED EXHIBITORS' ASSOCIATION BELMONT 52D ABOVE MARKET

MARY MACLAREN IN EUREKA SOTH & MARKET STS.

PUTTING IT OVER JEFFERSON 29TH AND DAUPHIN STS. MAT. DAILY OLIVE THOMAS 13 "UPSTAIRS AND DOWN"

IUMBO PRONT ST. & GIRARD AVE

Jumbo Junction on Frank BESSIE BARRISCALE in "TANGLED THREADS"

NIXON 52D AND MARKET STS. 2:15, 7 and 9. VITAGRAPH COMEDY, "ZIPP AND ZEST

PARK RIDGE AVE. & DAUTHIN ST.
Mat. 2:15. Evg. 6:45 to 11.
ETHEL CLAYTON in
THE SPORTING CHANCE RIVOLI 52D AND SANSOM STS.
MATINEE DAILY
ANITA STEWART IN
"SHADOWS OF THE PAST"

STRAND GERMANTOWN AVE.

WEST ALLEGHENY 25th and Alleghens

THE YOUNG MARRIED WOMAN WHO'S A SUMMER VAMP

Doesn't Mean Any Harm, but It's Mighty Mean to Steal the Beaus of Nice Young Girls

Dix on the first Sunday in September. Would a white silk skirt and Lost, Strayed or Stolen-One perfectly age, "if she hadn't already got one nice beau of twenty-one years, light, curly brown hair and perfectly sweet blue eyes. Last seen in the company A white silk skirt, white shoes and of attractive young married woman, who silk stockings, a linen or georgette asked him to come over and hold a skein edly agreed; "she's just leading their on waist knitted awaster and sports has of wool for her. If found please rewaist, knitted sweater and sports hat turn to Dolly Dimple, aged nineteen, all week without having some man dance

Have you a dashing, young married that's what I think she is. It isn't the lady in your hotel? Away without her husband and just can't leave the girls Did you ever notice how she cocks her of tender and single years in peace with bead on the side and smiles to show her You would be a very foolish girl to their beaus? It's pretty hard on the teeth? I mean the war she looks at teep on worrying over this man, who girls! keep on worrying over this man, who girls!

uddress The Same Hotel.

They have to fight against such terhas evidently become tired of you and rible odds. F'r instance. It's deliciously dreaming about him all day." who, being a good deal younger than flattering to a young man of say. you are, would be better as a friend twenty-two years to be singled out from girl, "as I was telling you, when I the crowd and invited to come sit next came down on the porch to go down Put him out of your mind and be friends with the other you speak of. to some daintily sophisticated young on the boardwalk with Mac she was friends with the other you speak of. Do not become engaged to him, however, least one of his kind. Youth loves to to the movies with us. Mrs. A? I hate tion of having irrevocably captured at had the nerve to say, 'Won't you come until you know him better. Let him be thought sophisticated and nothing to leave you sitting here all alone, and call on you and go out with him. When makes him seem nearer it than to ap- I was too mad to say a word, but you he asks you to marry him if you feel pear to be favored by some one who needn't worry; she wasn't waiting for that you do not love him tell him so, has that air of knowing all about my invitation. The first thing I knew that you do not love him tell him so. everything. but that you are willing to try to care What put me in mind of this was a and she stayed with us the whole eve-

and if he is satisfied to wait and give little conversation I happened to over- ning. you time to know him better you will hear on a trolley car at one of the do your part. But, my dear, even after resorts, that do not marry him unless you care

Send to Cleaner's

Dear Madam-I have a white gros-

to the Editor of Woman's Pag

The young married woman who steals beaus away from sweet girls ought to "I wouldn't care," one slim, pretty, be locked up! would you suggest for a dress for win-The Woman's

cleaned it with gasoline, but it did blue might be more practical, for blue

ter for Sunday wear? Second, what work could I do after Exchange school to pay my way to school, as I must pay to go? I can crochet, knit

man. What does she want with our

times and what does she get out of it?"

attendance on her. I think she's mean.

things she says: it's the way she looks.

"Why, last night." broke in the other

she was sending Mac in for her sweater

"That's just it." the other girl heat-

A CONSTANT READER. As brown is to be very fashionable this winter and as it is becoming to fair grain tam, and being very much soiled, skin, that might be pretty, although

your age and you can pick out one you

Why don't you get a position as

ing little children out for an niring.

helping with the mending, etc. It is a

not help it any, so would you kindly tell is always in vogue and you will want to wear your dress next winter, too. Wool I. H. A. challis, tricotine serge with satin trim-French chalk or magnesia warmed. ming, or an all-satin dress would be pretty. For the style go down to the subbed in and allowed to stand for a the heading of your column, and it is so entirely appropriate to my case that I'm going to take immediate advantage cleaner's. It would not be very expension periodical room of the public library. Thirteenth and Locust streets, and ask the librarian to let you see the fashion eleaner's. It would not be very expenmagazines there on file. You will find ever so many pretty styles for a girl

Her Sunday-Best Dress

the Editor of Woman's Page: mother's helper after school hours and Dear Madam-I am a girl thirteen rears of age, of light complexion and on Saturday? This would mean fakwith curly chestnut brown hair. I am very tall. I wonder would you be so very pleasant position and you would kind as to answer a few questions. not have any difficulty in obtaining one. The best thing to do would be to put

First, what color, material, style,

The Question Corner Today's Inquiries Who is Sister Mary Leopoldoni?

Who is Nina Gabrilovitsch? What is the dollhunt for a little

girls' party? How can black lace be freshened? What makes an ingenious sort of marketing list?
6. What will clean and brighten the

inside of aluminum dishes?

Yesterday's Answers . After a Siamese girl arrives at the age of thirty-five and is still unmarried she becomes a special ward of the king who binds him

self to find a husband for her. "bread and butter" letter thank you ' note to a hostess is required if the guest has spent more than one night in her home. If it is a first visit the letter is even sent after a stay of one night.

A piece of dried lemon peel kept in the cookie jar makes the cookies more delicious. To make a novel bib apron for

a little girl, applique on the ma-terial a dog cut from a piece of gingham and a eat cut from a ce of calico. Underneath do this rhyme in outline stitch : The Gingham Dog and the Cal-

ico Cat Side by side on the apron sat. Use paper clips to hold pieces of material together when a long seam must be sewed. 6. Discarded shaving boxes make good button receptacles.

Cuticura Promotes Hair Health

a little ad in the paper.



1312 Walnut Street

PROTOPLAYS

PHOTOPLAYS



The following theatres obtain their pictures through the STANLEY Company of America, which is a guarantee of early showing of the finest productions. Ask for the theatre in your locality obtaining pictures through the Stanley Company of America.

Alhambra 12th, Morris & Passyunk Ave.
Mat. Daily at 2; Evgs. 6:45 & 9.
GEORGE WALSH in "Putting One Over"
"Perils of Thunder Mountain," No. 8.

APOLLO 52D AND THOMPSON STS.
MATINEE DAILY
ALICE JOYCE In
"THE THIRD DEGREE" ARCADIA CHESTNUT Below 10TH 10 A. M. to 11:15 P. M. ELBIE FERGUSON IN "A SOCIETY EXILE"

BLUEBIRD BROAD STREET AND SUSQUEHANNA AVE ELSIE FERGUSON IN "THE AVALANCHE"

EMPRESS MAIN ST., MANAYUNK MATINEE DAILY HALE HAMILTON IN FAIRMOUNT 26th A GIRARD AV

"A BROADWAY SAINT"

FAMILY THEATRE—1311 Market St. 0 A.M. to Midnight SERRUE HAYAKAWA in THE GRAY HORIZON"

56TH ST, THEATRE—Below Spruce, MATINEE DAILY CLARA KIMBALL YOUNG IN THE BETTER WIFE" GREAT NORTHERN Broad St. at Erie

"HIS BRIDAL NIGHT"

IMPERIAL 60TH & WALNUT STS.
Mate. 2:30. Evge. 7 & 9
"COMMON CLAT"

LEADER 41ST & LANCASTER AVE.
WIVIAN MARTINE DAILY
"LOUISIANA"

LIBERTY BROAD & COCUMBIA AV WATINEE DAILT VIVIAN MARTIN IN IN 'LOUISIANA'

333 MARKET STREET THEATRE W.M. S. HART in "WAGON TRACKS"

MODEL 425 SOUTH ST. Orchestra.
MITCHELL LEWIS in "JACQUES OF THE
SILVER NORTH." "Great damble." No. 5

PALACE 1214 MARKET STREET 10 A. M. to 11,15 P. L.

PRINCESS 1018 MARKET STREET ROOM A. M. to 11:15 P. M. OLIVE THOMAS IN "PRUDENCE ON BROADWAY"

REGENT MARKET ST. Below 17TH 11 A. M. to 11 P. M. EMMY WEHLEN IN PRAVORITE TO A FRIEND'

RIALTO GERMANTOWN AVE. AT TULPEHOCKEN ST. ELSIE FERGUSON IN THE AVALANCHE!

RUBY MARKET ST. BELOW 7TH 10 A. M. to 11:15 P. M. TOM MOORE in "A MAN AND HIS MONET" SAVOY 1211 MARKET STREET WILLIAM RUSSELL IN "HERO STUFF"

STANLEY MARKET ABOVE 16TH
11:15 A. M. 16:11:15 P. M.
PAULINE PREDERICK In
"PEACE OF ROARING RIVER"

VICTORIA MARKET ST. AB. OTH
OA M. to 11:15 P. M.
TOM MIX II
"COMING OF THE LAW"

When in Atlantic City ... What the