MARKETING ON SATURDAY: NOVELTIES IN THE SHOPS: CYNTHIA'S LETTERS: WOMAN TALKS

MRS. WILSON GIVES SUNDAY MENUS BROWN IS THE SMART TO DEFEAT HIGH COST OF LIVING

Three Meals, Based on Those Once Planned by Queen Victoria When She Investigated the Possibilities of Three Shillings Sixpence-Their Cost Now Would Be Two Dollars

HOW ABOUT YOU?

I who had seen Mrs. Wilson's charlotte russe "movie" came all

he way to the fourth floor of the

the printed recipe, and do you know why she was so anxious to have it?

How about you? Have you seen

bese cooking movies that are cre

ating so much interest and favorable

omment among Philadelphia women

CHARLOTTE RUSSE

(Six delictous ones for twenty-five

Friday, afternoon and evening.

Saturday, afternoon and evening, Paschall, Seventy-first street and

QUEEN VICTORIA SPONGE

CAKE

(Two for a quarter)

Friday and Saturday, afternoons

and evenings, the Colonial, Camden.

Both recipes can be obtained at he boxoffice or by sending to the

Editor of Woman's Page, EVENING

PUBLIC LEDGER, Please in-lose self

Brown Potroast of Shin Beef

Four medium-sized carrots.

Prepare the dumplings as fol-

One and one-half cups of flour,

One-quarter teaspoon of pepper.

Mix thoroughly and then add one-

half cup of water. Form to a dough

and drop by the tablespoonful into

the boiling water. Cover the sauce-

pan closely and cook for fifteen min-

utes, then lift on a warm dish and

English Brown Betty

Wash the apples and cut into

One teaspoon of shortening.

One teaspoon of salt,

One onion, grated,

pour the gravy over all.

One cup of brown sugar,

One tenspoon of nutmeg,

One teaspoon of cinnamon,

Three-quarters cun of flour

bowl

Wipe the meat with a damp cloth

addressed stamped envelope.

Sixty-second street and

schedule for today and tomorrow.

Woodland avenue.

Woodland avenue.

haven't here's the

Hecause the gingerbread recipe

Monday's EVENING

LEDGER turned out so good!

BLU LEBOUR Building to ask for

By MRS. M. A. WILSON Coppright, 1818, by Mrs. M. A. Wilson. All Rights Reserved.;

THE high cost of living is partly the result of wrong and silly standards of living. In the generations gone by, the women folk were producers as well as consumers; and few housewives would admit that they were failures in the making of the home.

The grandmother of yesterday will tell you that she had no delicatessen shop to depend upon and that the men folks liked plain, wellseasoned, home-cooked food. Grandmother made her own breads, cakes, pies and cookies, and it was seldom that any one could find her pantry

We, the housewives of modern times, feel perfectly satisfied to purchase many of our foods prepared. and for this reason we must pay a double price. This is a great mistake. For the woman who seldom cooks cooking soon becomes a lost art, and a nation whose housewives lose the art of preparing palatable and attractive foods soon produces a nation of weaklings.

So. Mrs. Housewife, if great chefs take pride and pleasure in preparing and serving attractive foods in hotels and mansions, you must roll up your own sleeves and with a face beaming with pride and pleasure concect for your family dainty and inexpensive foods that will give them muscle and brawn, as the Scotchman says, and send forth from your domicile a race of selfreliant and sturdy men and women.

This can only be done when the water and place in a baking sheet housewife is vitally interested and and take in a hot oven for eighteen constantly helping and supervising minutes. the actual preparation of the food. The Queen of England always had one real ambition, and it was to take a market basket on her arm and go and then pat into it one-half cup of to market with three shillings six- flour. Now heat the bacon fat left pence in her purse. You know that from cooking the bacon for breakthis amount of money is less than fast in a saucepan and place in the \$1 in American money, and to hear meat. Brown quickly, turning freher express this desire it was but quently until every part is nicely natural to want to know just how browned, then add two cups of water she would select the foods. Here is and cover closely and cook slowly an outline of what the queen would for one hour. Now add select with a little less than a dollar in the year of 1889:

Breakfast Hot Scones with Jam Tea

Shin of Beef, Pot-Roast Style Vegetables Dumplings Brown Betty

> Supper Welsh Rabbit on Toast

Potato Salad Sliced Brown Betty The market basket will require for

this menu

One and one-half pounds of shin

Five onions.

Four carrots.

One quart of apples, One-quarter pound of cheese,

One quart of potatoes, One ounce of ten.

One pound of sugar. Two pounds of flour,

Two ounces of baking pawder,

with the usual seasoning. Today we could easily arrange this menu as follows:

Cantaloupe

Hot Scones with Jam Bacon Coffee Dinner

Brown Pot Roast of Shin Beef Braised Vegetables Dumplings Lettuce

Brown Betty

Supper Welsh Rabbit on Toast Potato Salad

Brown Betty with Fruit Whip Tea And our market basket would re quire

One cantaloupe. One-quarter pound of bacon, One glass of jelly,

One and one-half pounds of shi One bunch of carrots,

One pint of onions, One pint of potatoes, One head of lettuce,

One quart of summer apples, One-quarter pound of cheese, Flour, seasoning, tea and coffee milk, butter, etc.

Prices vary in many localities, and while one article may be purchased at a lower cost, something else may be a little higher; also they vary from week to week. This menu could be carried out at present-day prices for an approximate sum of \$2.

Hot Scones

Place in a mixing bowl Three cups of flour, One teaspoon of salt Six level teaspoons of baking pow

Three level tablespoons of sugar. Sift to mix and then rub in four ablespoons of shortening and mix to outfit it would not be safe to can COLOR FOR AUTUMN



A symphony in brown. The dress is made of embroidered lace net trimmed with matched brown taffeta ribbon

ify you if you have already made plans by ever giving in. Beat until stiff enough to hold its for a brown autumn frock-it cannot possibly become too greatly popularized.

for it must still rest, on a plane of the
third that below to the exclusive few

me what to do? I'll tell you in the beof times I don't think he will "get cially a shortage of less expensive brown materials, this because the textile

Stell was Jane's story. Now she So if you have brown you may be had come to tell Helen her good sure that you will not be dressed in demand for brown.

makers simply did not foresee such a

harmony. that break out almost at right angles "It seems horrible for a child like from the waist. They are charming if you are slender. If you are too siender you may well rejoice in them. But here is devoutly hoping that the woman that is too stout does not become enamored of them and determine on having her next freek built accord-

ing to this model! The frock sketched is made of embroidered lace net in brown trimmed with matching brown taffeta ribbon. The hat is of brown velvet with taffeta ribbon tied in a bow at the back. (Conyright, 1919, by Florence Rose,)

but the did not look clean,

neither did the baby. Jane sprang to her feet half em-

"Well." she exclaimed "this is a

scrambled the laundry off on the floor. I'll have the baby in bed in two She was so het I thought o give ber a bath. "Has she been bathed today?" asked

> Jane looked surprised "Then she must have a bathe Here,

"It's such a nuisance," Jane pro-"Cold will do if we rub her thoroughly afterward. Helen looked up at Jane and spoke "Do you mean to tell me severely.

Helen one evening to know how Jane that you ever bathe that baby in cold water "We'll hunt her up some night." "Why, Helen," the chirrup was Helen suggested, and two nights later on gone from Jane's voice.

"Do you?" "Has anything ever happened?" Jane flushed. "Sunday she had but it probably wasn't from cramps,

that. There was defense in Jane's tone, same thing again if it happened to be too much trouble to avoid it

(Tomorrow, Ruth thinks Helen unnecessarity severe.)

A perfect leavener for any flour it costs no more than the low grade powders and is the best at any price.

ONE POUND

THE WHOLESOME BAKING POWDER Go buy it today

Please Tell Me What to Do

For Short Eyelashes are so short and thin and very light. with, be unfortunately my boy friend Is there anything you can tell me to make them just the opposite of what they are?. I cut them to make them t grow. Don't you think that was a good steady hat was a good steady company." When I say ANXIOUS. young, don't think that I mean fifteen

again in time. I wouldn't do so for about four or five

chap, very liberal and will take me anywhere I care to go and I like him early sixteen years of age, and while visiting, not long ago. I became acquainted with a very nice young man, Every to keep he girl do has taken a liking to (at least I thought so then). time that I went out riding with him he would try to kiss me, but I would this one too, I would like to have him not let him. Now just before I left he come, but if I do it will mean a scrap not let him. Now just before I left he come, but if I do it begged me to let him kiss me good-by, with the other boy. and I very foolishly did permit him. Now, Cynthia, did that young man

only do that to see what kind of a girl going with one all the time isn't. I was? Do you think that it was exactly what I like. I like the boy very wrong for me to let him do it? I just met and would like to cultivate I really liked him very much, and I his friendship, but don't want to lose feel sure that I would not have let the other's. Please help me out and feel sure that I would not have let him if I had not liked him. But was I will be your sincere well-wisher. he a nice boy to beg me to let him kiss me? Or was he, as I said before, just trying to test me? Perhaps some of ur renders can reply to this.

Boys do try to test girls this way, decision that you are going to have although sometimes they do not realize other company and then have it. If that is what they are doing. It is only the young man you speak of has asked when they go home and think things you to marry him you will be able to over that they realize it is often pos- explain to him that you feel you are too A Daily Fashion Talk by Florence Rose sible to analyze girls in this way. I young and unsettled in your mind to be BECOMING or not, brown is imwouldn't worry, however, dear. Just thinking of that yet, and that until you B mensely smart. It is a color that don't do it again, because there will are engaged you feel it is only right will have the right look this autumn be so many who will ask just that same that you should see other boys. If he

Jealous Suitor

things that helong to the exclusive few. And the reason is that there is a marked shortage of brown fabrics in the market. Makers of frocks and the market, Makers of frocks and suits who put things out in large quan-tities at small prices have not been able crowd and not gone with one special member of that church if he or she many of them to get enough brown to meet their needs. There is espe-

Adventures With a Purse

Season and cover again and cook slowly until the meat and vegetables are tender, usually about thirty-five minutes. Now add sufficient water to make one and these one and the table that you will understand the side they needed in the various fashionable shades of brown, and not infrequently and arrangements groped around vainly for the electric distinct that you will understand the shades of brown, and not infrequently and arrangements groped around vainly for the electric distinct that you will understand the shades of brown, and not infrequently and arrangements groped around vainly for the electric distinct the proped aroun ourding house where she was staying, with expert dyers to dye the fabrics light switch that you will understand of one's own medicine does no end of "At that I don't see how it's posible," Ruth said incredulously.

Helen pursed her lips, "Well," she

word a gray in that it must not be mixed. One
shade of brown against another is al.

The shade of brown against another is al. most an eyesore. Two shades of blue and looking like pushpins, they have sometimes are quite attractive, and been treated with radium, with the rewater in a saucepan and add one tea- to do it, and so she made a way. She spoon of salt. Place in a mixing found a good landlady, fortunately, never can wed browns with hope of the light switch will enable you to walk straight to it. And for the light with Yes, isn't it. It was just like Jane You can tell at a glance that this is a chain there comes a tiny little bulb. to call the baby that. There was about one of the most recent frocks and that as much joy as you could put into a it is really hot from the designers. For thimble in Jane's life when the baby it has those dinkly little extended hips glow in the dark and enables you to trouble. Either kind may be had for twenty-five cents each.

One cannot have too many ash travs in the house when the man of the house is home. Seems as if a body ought to have one on every chair. You can get a neat little ash tray of brass. with a holder for a box of safety matches and two holders for cigars or cigarettes, for fifty cents. They are quite nice-looking and are exceptionally reasonable in price.

stick. I am the last one to want to see a woman with her lips painted a bright But on the other hand I am not are chapped as they used to be so fre-Since I have been using my weather to have my lips chapped. You can get one of these lip sticks in white tucked in your handbag, and it costs only twenty-five cents and war tax. Of course, you can also get it in rose, which may impart just the tiniest color but not enough to look the least arti ficial.

"WILL I EVER BE HAPPY AGAIN? THIS GIRL WRITES

A Little Discussion of That Well-Known Little Line of Poetry, "When Half-Gods Go, the Gods Arrive" 🌸

DEAR Friend-Some few mouths DEAR Friend—Some few months ago I received a shock that I think would have broken my heart if hearts ever really do break. I had centered almost every thought, hope and desire in one man who forgot me absolutely in an incredibly short time. There is one thing I dread and that is becoming embittered. I have kept on going out and among friends and to places of amusement. I joke and laugh and talk, but all the time the hurt feeling seems to time the hurt feeling seems to growing worse. I don't lack be growing worse. I don't lack occupation as I have a good position which requires my best efforts and holds my interest. What can I do. or can I never be happy? Please do not think I mope. Every one says I have lots of "pep" and no one seems

I like the first one very much and I would hate to lose his friendship, but

MARIE W. Yes, indeed, I do agree that a gir should go around with more than one The Woman's boy unless she is engaged. The only thing that you can do is to make your Little Children's Games the Editor of Woman's Page:

mad' and go away. We Asked a Clergyman Anxious-A member of the Protestant Episcopal church can remain a

marries one who is divorced, Most Episcopal clergymen refuse to or some other flower. At the last perform the ceremony, however. But word of the poem the little people beit may be performed by a clergyman of gin their search about the room for real acknowledged a legal ceremony by the or artificial flowers that have been pre-Episcopal church.

If he cares deeply and you still permit

Unhappy "Billie A."

Suppose you change your tactics and do not cry when this husband of yours or a mark on his card. (A similar oughly soften them. Then wash in soap ill-treats you. Sometimes a good dose mark may be given to each child who and warm water. wins any of the games and then a prize given to the little boy and girl It is a strange kind of leve which ad-

vises leaving the lover, because that cards.) I'm afraid Cynthia would give that

as it is too long. If I can give you any help I will be very glad.

The Question Corner Today's Inquiries

the unmarried Siamese woman of thirty-five or over? When is a "bread and butter"

letter required? What little stunt serves to make the flavor of the cookies in the cookie jar more delicious? Describe a novel way to make bib apron for a little girl.

5. When a long seam is to be stitched how can it be held together se-curely? 6. To what good use can discarded shaying was been as a started shaving-soap boxes be put?

Yesterday's Answers The ''Hobo Party,'' or "Tramps' Festival,'' makes a novel bard dance for harvest time. Boys and girls come in "shreds and

dance for harvest time. Boys and girls come in "shreds and patches" and the refreshments are served in tin pails.

Three novel articles that would sell well at a bazaar are a beaded chain with large bead pendant, an embroidered bib apron for a small child and a card table cover in tan, embroidered in each corner with a heart, diamond, spade and club.

Paint Brushes can be softened in turpentine.

turpentine. Burmese women have the dis-tinction of being the only Asiatic women who have absolute freedom and control over their prop-crty. In law, religion and cus-tom they are the equals of their

husbands. husbands.
To prevent metal screens from corroding coat them with a little lard or other similar fat. Hold near the fire for a minute to thoroughly film.

Drawing a heavy white chalk cir-cle around the sugar canister will keep the ants away.

INC

DER

PRINCINE

It would be different if I intended to years to come if I did have the remotest idea of so doing. He is a very nice have lots of 'pep' and no one seems to think I have such a thing as a heart. I have a reputation for wit and I have to live up to it when I feel like crying. Dear friend, if you can heip me I shall be ever gratefully yours.

JANET. very much, still I don't think it right to keep a girl down to one, I recently me and wants to come down. As I like

THAT was you letter to me, Janet, and now I shall write one to you. Did you ever hear, dear friend, the line "When half-gods go, the gods arrive"? on being as brave as you are now, and Whenever I hear of a case like yours keep on long enough, there is simply no that is the first thing that pops into way to escape being happy and ridicmy mind. It means simply this: That ulously happy soon again. I know, when we lose what seems perfect hap- Janet, the second young man of your piness, happiness in such greater dreams will build up in you all the measure comes to us later, that we faith the first young man tore down-

the EVENING PUBLIC Langua that Miss C. had a dog and would like to give it to some one outside of the city. Exchange I live in a country town and would like to have a nice dog as a pet. I have

realize before we were worshiping

poetry wouldn't be so firmly impressed on my mind if it weren't that the

philosophy in it invariably comes true

I would like to have you by my side

now so that I might recount to you all

the cases I know where girls have

thought they could never be happy again and where, not more than a year

later, they have been so happy that all

the world wasn't big enough to hold

The thing for you to do. Janet, is keep on just the way you are going with just one new kind of medicine.

Take up some sort of course at a night

school, one that will inject a new in-

terest into your life, and keep you busy

mastering it. Or instead of this you

might try going in for some social

make one forget and play is the next

best. See to it that you are never idle-work or play and try not to

spend much time alone. If you keep

Work is the best teacher of all to

service work in the evenings.

their thrill and joy.

only at the shrine of a substitute. Perhaps this famous little line of

I would like very much to have dog like that one. If I am the lucky nice home.

Unfortunately this little chap's letter did not come until after several other communications had been forwarded to Miss C., the owner of Toodles; so I take the liberty of turning Perhaps there is some one else who would like to place a nice dog in a home where there is a "nice big back friend will be forwarded to bim.

To Take Off Tar

Dear Madam-Will you kindly tell me how I can remove tar from a shirt

ANXIOUS ONE.

Rub the stains with lard to thormark may be given to each child who and warm water.







THE HENRY B. GILPIN CO.

Mrs. Wilson Answers Queries

My dear Mrs. Wilson-May I ask you to publish a recipe for cheese croquettes and oblige,

Cheese Croquettes Place in a saucepan

One cup of milk, Five tablespoons of flour. Stir to dissolve and then bring to a boil. Now add

One cup of grated cheese, One teaspoon of salt, One-half teaspoon of paprika, One tablespoon of grated onion,

Stir well and cook for five minutes. Pour on a greased plate and set aside for four hours to mold. Form into croquettes and then roll in flour, dip in beaten egg and then roll nated. in fine bread crumbs. Fry until golden brown in hot fat. Serve with parsley sauce.

My dear Mrs. Wilson-Will you please give a recipe through your columns for canning crab meat?

Unless you use steam-pressure gh with one cup of water. crab meat. The danger of ptomaine head the dough in the bowl for five poisoning is great unless this outfit then divide into three is used and you must work right on Roll out the size of a small the shore, as the craos must be te and cut twice, forming cooked and cleaned, then packed for This will give four wedge- canning in less than one hour after She or nie shaped pieces about leaving the water.

One tablespoon of baking powder, Three tablespoons of shortening. Mix thoroughly and then turn into a baking dish and bake

Nutmeg Sauce

with nutmeg sauce.

One cup of sirup, One-half cup of water. Two tablespoons of cornstarch. One teaspoon of nutmeg. Stir to dissolve the starch and

Welsh Rabbit on Toast

Tonst a large slice of bread for each person and keep it warm until needed. Place

One onion, grated, One-quarter pound of cheese, cut

in a saucepan and add One-quarter teaspoon of salt, One-quarter teaspoon of pepper, One-quarter teaspoon of mustard, Two tablespoons of catsup or Wor-

cestershire sauce. Stir until melted and beat to blend. Pour over toast and serve.

Fruit Whid Place in a bowl

While of one egg. One-half glass of jelly.

three-quarters of an inch thick. shape. Use the yolk of egg with possibly become too greatly popularized, Brush the tops with a little sirup and mayonnaise or boiled salad dressing.

> And So They Were Married

By HAZEL DEVO BATCHELOR

orgright, 1919, by Public Ledger Co. START THIS STORY TODAY

news. Twenty dollars a week may look like a paltry sun to a great many people but to Jane it spelt wonders. She was going to take a larger room in the brown, immediately made arrangements brown brown, immediately made arrangements brown brown, immediately made arrangements brown, immediately made arrangements brown, immediately made arrangements brown brown

to make one and three-quarter cups sible, Prepare the dumplings as fol-lows: Place one quart of boiling sible if you have to do it. Jane had

who keeps an eye on Joy. 'What a sweet name!"

came. She's a canny little thing. that to suffer as Jane has. I should think it would make her fearfully bit-

"Does she seem bitter to you?" Ruth shook her head. Well, she isn't bitter, not a bit, but she has a fault that will bring her more unhappiness some day unless she is

place the dumplings as a border There was so much of prophecy in around the platter. Lift the meat Helen's voice that Ruth looked up aland vegetables in the center and most startled, wondering what that fault could be.

"An aesthetic fault," amended Helen, untidiness. Ruth could not help smiling. Un-

pieces and place in a saucepan with one cup of water. Cook until soft and then rub through a sieve, then "All right," Helen said quickly. "you're laughing at me now. I'd like to wager that some day Jane is going to suffer more through it than she has

And Ruth went home that afternoon One and one-half cups of bread thinking about what Helen had said.
Of course Helen had exaggerated feightfully, but she had been so sure of what she was saying. In the meantime Ruth intended to know Jane better. She was an interesting type. It would be fun I'll bathe her. Can you get some to know her better, to ask her to the warm water?" house. It promised a diversion from the

general type of woman Ruth had known tested. Ruth forgot Jane for a week and then suddenly remembered ber and telephoned

one of the evenings when Scott was to be out, the two girls went to hunt up The house where Jane stopped was the typical boarding house, not any worse than most and not any better. It had the regulation stone flight of steps leading up to the front door, and not regret. She would probably do the the regulation untidy maid of all work

opened that door to the girls, When Helen asked for Mrs. Knowles he girl pointed upstairs. "Door to the left back," she said aconically, no expression at all on her face, and Ruth and Helen climbed the

stairs and knocked on the door desig-"Come in." called a chirrupy voice Jane's voice had delicious inflections It sounded like a spring morning, it was full of bird tones, it was charming to listen to.

Helen pushed open the door. Jane was sitting on the floor beside he couch where the baby was lying. kicking up its little beels. The room unspeakable. Even Ruth saw that. In the corner was a heap of linen, little dresses, crumpled socks, and on two of the chairs was piled clean laundry which had not been put away. Jane berself wore a dirt; old smock over a soiled underskirt. She looked picturesque even now with her flame-colored cheeks and her black

pair off in a crowd, but that isn't like Dear Cynthia—Please advise me going all the time with one particular one. I think it is best for a girl to have more than one friend to go around

or sixteen, for I hm somewhat past that "Heauty doctoring" is slightly outage, yet I'm not over twenty-one. This side the pale of Cynthia's province, but young man I speak of thinks that it our little friends insist on bringing should be him only or not at all and their troubles here. Vaseline if applied to the cyclashes faithfully is said doesn't like the idea of my going out with another chap on the nights I to make them darker and improve their don't go with him. growth. I think you made a mistake to cut them, Auxious; but they'll come in marry this chap, but I don't. At least

Just Forget About It

Dear Cynthia-I am a young girl

TROUBLED.

and-one thing that will doubtless grat. question and you only cheapen yourself has not asked you to marry him, of course there is no reason why he should ask you to give all your time to him.

Here is the way I reason about a lip particularly comfortable when my lips Here, sit down, and she lip stick I have not known what it is in the coldest or windiest or sunniest I'd cool her off; it's too much trouble It comes in a size which can be easily

> For the names of shops where ar-cles mentioned in "Adventures mentioned in With a Purse" can be purchased, address Editor of Woman's Page, EVENING PUBLIC LEDGER, or phone Woman's Department, Walnut

> > Tells Her Secret to

the Neighbors

One Philadelphia housewife, whose de-licious bakings were the envy of her friends, gave the credit to

Pure Phosphate Baking Powder

her success, and she told them that by could have the same results if they lowed her practice, for this new-fash-ied baking powder, takes the uncer-nty out of baking, as a trial will con-

At Your Grocer's

a nice big back and front yard. Dear Madam-Please print some games which could be played at a little one to get Toodles I will give him a party for children six years of age. I enjoy reading the Woman's Exchange very much, and hope you will have great success with it AN INTERESTED READER. I hope these games will help and the application over to other readers. thank you for your kind wishes. Searching for Flowers Some grown-up person begins the game by reciting a poem about a violet and front yard." Letters for our young

viously hidden. Signal for discontinuing the search is given by bell. The that is spattered all over? boy or girl who by the end of that time has collected most flowers gets a

who have the most marks on their Ring toss (you can buy this game in the five and ten cent store) becomes a

wonderful contest for the children if husband a good old-fashioned spanking the rings are covered with gold and silver tinsel. The stand is also decorated. A Guessibg Contest

> child is required to take a guess as to how many articles are in the bag. The one guessing nearest gets a mark on his card, but at the end of the

A fairy bag full of little favors from

the ten-cent store is held up and each

party these favors are distributed. Romembering Put a number of objects on a table let each child go in one by one and stay while you count a certain number. When the little one goes out he is obliged to tell some grownup in another room just what he saw on the table. The child who remembers best

Little Boy Wants Dog o the Editor of Woman's Page: Dear Madam—I saw your notice