

MARKETING ON SATURDAY: NOVELTIES IN THE SHOPS: CYNTHIA'S LETTERS: WOMAN TALKS

MRS. WILSON GIVES SUNDAY MENUS TO DEFEAT HIGH COST OF LIVING

Three Meals, Based on Those Once Planned by Queen Victoria When She Investigated the Possibilities of Three Shillings Sixpence—Their Cost Now Would Be Two Dollars

By MRS. M. A. WILSON (Copyright, 1919, by Mrs. M. A. Wilson. All Rights Reserved.)

THE high cost of living is partly the result of wrong and silly standards of living. In the generations gone by, the women folk were producers as well as consumers; and few housewives would admit that they were failures in the making of the home.

HOW ABOUT YOU?

YESTERDAY a woman reader who had seen Mrs. Wilson's charlotte russe "movie" came all the way to the fourth floor of the Public Ledger Building to ask for the printed recipe, and do you know why she was so anxious to have it? Because the gingerbread recipe in last Monday's EVENING PUBLIC LEDGER turned out so good!

How about you? Have you seen these cooking movies that are creating so much interest and favorable comment among Philadelphia women? In case you haven't here's the schedule for today and tomorrow.

CHARLOTTE RUSSE (Six delicious ones for twenty-five cents) Friday, afternoon and evening, Woodland avenue.

QUEEN VICTORIA SPONGE CAKE (Two for a quarter) Friday and Saturday, afternoons and evenings, the Colonial, Camden.

Both recipes can be obtained at the boxoffice or by sending to the Editor of Woman's Page, EVENING PUBLIC LEDGER, Please inclose self-addressed stamped envelope.

three-quarters of an inch thick. Brush the tops with a little sirup and water and place in a baking sheet and bake in a hot oven for eighteen minutes.

Brown Potroast of Shin Beef Wipe the meat with a damp cloth and then pat into it one-half cup of flour. Now heat the bacon fat left from cooking the bacon for breakfast in a saucepan and place in the meat. Brown quickly, turning frequently until every part is nicely browned, then add two cups of water and cover closely and cook slowly for one hour. Now add

Season and cover again and cook slowly until the meat and vegetables are tender, usually about thirty-five minutes. Now add sufficient water to make one and three-quarter cups of gravy.

Prepare the dumplings as follows: Place one quart of boiling water in a saucepan and add one teaspoon of salt. Place in a mixing bowl

One and one-half cups of flour, One teaspoon of salt, One-quarter teaspoon of pepper, Two teaspoons of baking powder, One onion, grated, One teaspoon of shortening.

Mix thoroughly and then add one-half cup of water. Form to a dough and drop by the tablespoonful into the boiling water. Cover the saucepan closely and cook for fifteen minutes, then lift on a warm dish and place the dumplings as a border around the platter. Lift the meat and vegetables in the center and pour the gravy over all.

English Brown Betty Wash the apples and cut into pieces and place in a saucepan with one cup of water. Cook until soft and then rub through a sieve, then add

One cup of brown sugar, One teaspoon of cinnamon, One teaspoon of nutmeg, One and one-half cups of bread crumbs, Three-quarters cup of flour,

Mrs. Wilson Answers Queries

My dear Mrs. Wilson—May I ask you to publish a recipe for cheese croquettes and oblige, I. S. W.

Cheese Croquettes Place in a saucepan One cup of milk, Five tablespoons of flour. Stir to dissolve and then bring to a boil. Now add

One cup of grated cheese, One teaspoon of salt, One-half teaspoon of paprika, One tablespoon of grated onion. Stir well and cook for five minutes. Pour on a greased plate and set aside for four hours to mold. Form into croquettes and then roll in flour, dip in beaten egg and then roll in fine bread crumbs. Fry until golden brown in hot fat. Serve with parsley sauce.

Hot Scopes Place in a mixing bowl Three cups of flour, One teaspoon of salt, Six level teaspoons of baking powder, Three level tablespoons of sugar, Sift to mix and then rub in four tablespoons of shortening and mix to a dough with one cup of water. Knead the dough in the bowl for five minutes, then divide into three pieces. Roll out the size of a small dinner plate and cut four, forming rounds. This will give two wedges, being in air-shaped pieces about

Unless you use steam-pressure outfit it would not be safe to can crab meat. The danger of botulism poisoning is great unless this outfit is used and you must work right on the shore, as the crabs must be cooked and cleaned, then packed for canning in less than one hour after leaving the water.

BROWN IS THE SMART COLOR FOR AUTUMN



A symphony in brown. The dress is made of embroidered lace net trimmed with matched brown taffeta ribbon

A Daily Fashion Talk by Florentine Rose BECOMING or not, brown is immensely smart. It is a color that will have the right look this autumn—and one thing that will doubtless gratify you if you have already made plans for a brown autumn frock—it cannot possibly become too greatly popularized, for it must still rest on a plane of the things that belong to the exclusive few.

And the reason is that there is a marked shortage of brown fabrics in the market. Makers of frocks and suits who put things out in large quantities at small prices have not been able to meet their needs. There is especially a shortage of less expensive brown materials, this because the textile makers simply did not foresee such a demand for brown.

So if you have brown you may be sure that you will not be dressed in the same color that every other woman you meet wears. Some of the smaller establishments, seeing the shortage of brown, immediately made arrangements with expert dyers to dye the fabrics they needed in the various fashionable shades of brown, and not infrequently lace or net is dyed to match exactly the silk or woolen fabric with which it is to be worn.

For brown is like gray in that it must not be mixed. One shade of brown against another is almost an eyesore. Two shades of blue sometimes are quite attractive, and greens can be combined sometimes with good enough effect, but one almost never can tell browns with hope of harmony.

You can tell at a glance that this is one of the most recent frocks and that it is really hot from the designers. For it has those dinky little extended hips that break out almost at right angles from the waist. They are charming if you are slender. If you are too slender you may well rejoice in them.

But here is devoutly hoping that the woman who is too stout does not become enamored of them and determine on having her next frock built according to this model! The frock sketched is made of embroidered lace net in brown trimmed with matching brown taffeta ribbon. The hat is of brown velvet with taffeta ribbon tied in a bow at the back.

hair, but she did not look clean, neither did the baby. Jane sprang to her feet half embarrassed at the company. "Well," she exclaimed, "this is a surprise. Here, sit down, and she scrambled the laundry off on the floor. "I'll have the baby in bed in two minutes. She was so hot I thought I'd pour her off, it's too much trouble to give her a bath."

"Has she been bathed today?" asked Helen, almost sharply. "No," Jane looked surprised. "Then she must have a bath! Here, I'll bathe her. Can you get some warm water?"

"It's such a nuisance," Jane protested. "Cold will do if we rub her thoroughly afterward." Helen looked up at Jane and spoke severely. "Do you mean to tell me that you ever bathe that baby in cold water?"

"Why, Helen," the chirrup was gone from Jane's voice. "Do you?" "Yes." "Has anything ever happened?" "Yes." "Has anything ever happened?" "Yes." "Has anything ever happened?" "Yes."

There was defense in Jane's tone, not regret. She would probably do the same thing again if it happened to be too much trouble to avoid it.

(Tomorrow, Ruth thinks Helen unnecessarily severe.)

A perfect leaven-er for any flour—it costs no more than the low grade powders and is the best at any price.

RUMFORD THE WHOLESOME BAKING POWDER Go buy it today

One Philadelphia housewife, whose delicious bakings were the envy of her friends, gave the credit to

for her success, and she told them that they could have the same results if they followed her practice, for this new-fashioned baking powder, takes the uncertainty out of baking, as a trial will convince.

1 lb. net weight. At Your Grocer's 1/2 lb. net weight 25c

Please Tell Me What to Do

By CYNTHIA

For Short Eyelashes Dear Cynthia—Please advise me what to do about my eyelashes. They are so short and thin and very light. Is there anything you can tell me to make them just the opposite of what they are? I put them to make them grow. Don't you think that was a good idea?

ANXIOUS. "Beauty doctoring" is slightly outside the pale of Cynthia's province, but our little friends insist on bringing their troubles here. Vaseline if applied to the eyelashes fairly is said to make them darker and improve their growth. I think you made a mistake to cut them, Anxious; but they'll come in again in time.

Just Forget About It Dear Cynthia—I am a young girl nearly sixteen years of age, and while visiting, not long ago, I became acquainted with a very nice young man (at least I thought so then). Every time that I went out riding with him he would try to kiss me, but I would not let him. Now just before I left he begged me to let him kiss me good-bye, and I very foolishly did permit him.

Now, Cynthia, did that young man only do that to see what kind of a girl I was? Do you think that it was very wrong for me to let him do it? I really liked him very much, and I feel sure that I would not have let him kiss me had I not liked him. But was he a nice boy to beg me to let him kiss me? Or was he, as I said before, just trying to test me? Perhaps some of our readers can reply to this.

TROUBLED. Boys do try to test girls this way, although sometimes they do not realize that it is what they are doing. It is only when they go home and think things over that they realize it is often possible to analyze girls in this way. I wouldn't worry, however, for you don't do it again, because there will be so many who will ask just that same question and you only cheapen yourself by ever giving in.

Jealous Suitor Dear Cynthia—Will you please tell me what to do? I'll tell you in the beginning that I'm not a "one-man" girl. There is a young chap who likes me very much and I have given him with him for about six months. Now I have always before traveled with a crowd and not gone with any special one. Of course, they will naturally

Adventures With a Purse IT IS only when you have entered your room some dark night and have groped around vainly for the electric light switch that you will understand and appreciate what a comfort these little light locaters are. And since almost everybody has had this experience many times, I doubt not that every one will be interested in knowing about them.

Unhappy "Billie A." Suppose you change your tactics and do not cry when the husband of yours ill-treats you. Sometimes a good dose of one's own medicine does no end of good.

We Asked a Clergyman Anxious—A member of the Protestant Episcopal church can remain a member of that church if he or she marries one who is divorced.

The Question Corner Today's Inquiries 1. What peculiar custom surrounds the unmarried Siamese woman of thirty-five or over?

Yesterday's Answers 1. The "Hobo Party," or "Framps' Festival," makes a novel barn dance for harvest time. Boys and girls come in "shreds and patches" and the refreshments are served in tin pails.

For the names of shops where articles mentioned in "Adventures With a Purse" can be purchased, address Editor of Woman's Page, EVENING PUBLIC LEDGER, or phone the Woman's Department, Walnut 3000.

"WILL I EVER BE HAPPY AGAIN? THIS GIRL WRITES

A Little Discussion of That Well-Known Little Line of Poetry, "When Half-Gods Go, the Gods Arrive"

DEAR Friend—Some few months ago I received a shock that I think would have broken my heart if hearts ever really do break. I had centered almost every thought, hope and desire in one man who forgot me absolutely in an incredibly short time. There is one thing I dread and that is becoming embittered. I have kept on going out and among friends and to places of amusement, joke and laugh and talk, but all the time the hurt feeling seems to be growing worse. I don't lack occupation as I have a good position which requires my best efforts and holds my interest. What can I do, or can I never be happy? Please do not think I mope. Every one says I have lots of "pep" and no one seems to think I have such a thing as a heart. I have a reputation for wit and I have to live up to it when I feel like crying. Dear friend, if you can help me I shall be ever gratefully yours, JANET.

THAT was your letter to me, Janet, and now I shall write one to you. Did you ever hear, dear friend, the line "When half-gods go, the gods arrive"? Whenever I hear of a case like yours that is the first thing that pops into my mind. It means simply this: That when we lose what seems perfect happiness, happiness in such greater measure comes to us later, that we realize before we were, worshipping only at the shrine of a substitute.

Perhaps this famous little line of poetry wouldn't be so firmly impressed on my mind if it weren't that the philosophy in it invariably comes true. I would like to have you by my side now so that I might recount to you all the cases I know where girls have thought they could never be happy again and where, not more than a year later, they have been so happy that all the world wasn't big enough to hold their thrill and joy.

The thing for you to do, Janet, is keep on just the way you are going with just one new kind of medicine. Take up some sort of course at a night school, one that will inject a new interest into your life, and keep you busy mastering it. Or instead of this you might try going in for some social service work in the evenings.

Work is the best teacher of all to make one forget and play is the next best. See to it that you are never idle—work or play and try not to spend much time alone. If you keep on being as brave as you are now, and keep on long enough, there is simply no way to escape being happy and ridiculously happy soon again. I know, Janet, the second young man of your dreams will build up in you all the faith the first young man tore down.

The Woman's Exchange

Little Children's Games To the Editor of Woman's Page: Dear Madam—Please print some games which could be played at a little party for children six years of age. I enjoy reading the Woman's Exchange very much, and hope you will have great success with it.

AN INTERESTED READER. I hope these games will help and thank you for your kind wishes.

Searching for Flowers Some grown-up person begins the game by reciting a poem about a violet or some other flower. At the last word of the poem the little people begin their search about the room for real or artificial flowers that have been previously hidden. Signal for discontinuing the search is given by bell. The boy or girl who by the end of that time has collected most flowers gets a prize or a mark on his card. (A similar mark may be given to each child who wins any of the games and the prize given to the little boy and girl who have the most marks on their cards.)

Ring Toss Do Luxe Ring toss (you can buy this game in the five and ten cent store) becomes a wonderful contest for the children if the rings are covered with gold and silver tinsel. The stand is also decorated.

A Guessing Contest A fairy bag full of little favors from the ten-cent store is held up and each child is required to take a guess as to how many articles are in the bag. The one guessing nearest gets a mark on his card, but at the end of the party these favors are distributed.

Remembering Put a number of objects on a table and let each child go in one by one and stay while you count a certain number. When the little one goes out he is obliged to tell some group in another room just what he saw on the table. The child who remembers best wins.

Little Boy Wants Dog To the Editor of Woman's Page: Dear Madam—I saw your notice in

the EVENING PUBLIC LEDGER that Miss C. had a dog and would like to give it to some one outside of the city. I live in a country town and would like to have a nice dog as a pet. I have a nice big back and front yard.

I would like very much to have a dog like that one. If I am the lucky one to get Toodies I will give him a nice home.

Unfortunately this little chap's letter did not come until after several other communications had been forwarded to Miss C., the owner of Toodies; so I take the liberty of turning the application over to other readers. Perhaps there is some one else who would like to place a nice dog in a home where there is a "nice big back and front yard." Letters for our young friend will be forwarded to him.

To Take Off Tar To the Editor of Woman's Page: Dear Madam—Will you kindly tell me how I can remove tar from a shirt that is spattered all over?

ANXIOUS ONE. Rub the stains with lard to thoroughly soften them. Then wash in soap and warm water.

GOWNS SUITS WRAPS

Mourning Attire a Specialty

Worthington 1312 Walnut Street

Advertisement for Talcolette baby powder. Features an illustration of a baby and a woman. Text: "No room for prickly heat on little rosebud bodies when mothers keep them powdered with Talcolette. Talcolette contains the necessary ingredients to make it the ideal baby powder. It is soft, soothing, and keeps the skin cool, healthy and fragrant. That's why Talcolette is popular both as a baby powder and for every toilet use." Includes prices: Large jar 35c, Small jar 25c. At your dealer's. Made by The Henry B. Gilpin Co., Baltimore, Md.

Advertisement for Princine baking powder. Features an illustration of a woman. Text: "Tells Her Secret to the Neighbors. One Philadelphia housewife, whose delicious bakings were the envy of her friends, gave the credit to Princine Pure Phosphate Baking Powder for her success, and she told them that they could have the same results if they followed her practice, for this new-fashioned baking powder, takes the uncertainty out of baking, as a trial will convince." Includes prices: 1 lb. net weight. At Your Grocer's 1/2 lb. net weight 25c.