WHAT TO HAVE SUNDAY: LETTERS TO CYNTHIA: NEW BATH RUGS: HOME HINTS: QUERIES

SAVE THIS MARKETING TABLE OF WEIGHTS MRS. WILSON GIVES

It Explains Just How Much That Quarter-Peck of Apples or Peaches Should Weigh and Should Be Known by Every Thrifty Woman-The Regular Sunday

Menu and Recipes

By MRS. M. A. WILSON (Copyrisht, 1819, by Mrs. M. A. Wilson, All Rights Reserved.)

WHEN you buy food, have you any guide to go by? When a merchant sells you one-quarter peck or one-half gallon of food-do you know how much it should weigh? To market intelligently the housewife must know the various weights of the foods in the markets.

The farmer sells his od products to conform to standard measure ments; by using weight you should also be able to receive full value for

the money you spend. Apples should weigh three pounds to every one-quarter peck.

Beans, green or string, should weigh one and one-half pounds to every one-quarter peck. Beans, wax, should weigh one and

one-half pounds to every one-quarter Beans, lima, should weigh three and one-half pounds to every one-

quarter peck. Beets should weigh three and three-quarter pounds to every onequarter peck.

one-eighth pounds to every onequarter peck.

pounds to every one-quarter peck. lettuce. Kale should weigh twelve ounces to every one-quarter peck.

Onions should weigh three pounds

quarter peck. Green pens should weigh one and in hot fat. Make a brown gravy. three-quarter pounds to every one-

quarter peck. Peaches should weigh three pounds to every one-quarter peck.

Plums should weigh four pounds to every one-quarter peck.

Potatoes should weigh three and fine, three-quarter pounds to every onequarter peck. Sweet potatoes should weigh

three and three-eighth pounds to every one-quarter peck. Quinces should weigh three pounds

to every one-quarter peck. Tomatoes should weigh three and one-half pounds to every one-quarter

Turnips should weigh three pounds seven ounces to every one-quarter

The above table is taken from standard legal weights, for all foods sold by dry measure; and as most of our fruits and vegetables are sold by this measure, the thrifty woman will see that she obtains full weight or measure. The law also provides that apples, peaches, pears, cucum- and add to the mayonnaise dressing, bers and cabbage may be sold by then add

numerical count. It is the small leaks that finally drain the purse dry, for seldom do we waste something that costs, fifty, seventy-five cents or a dollar. But we can, if we do not ascertain that we are receiving full weight when purchasing food, waste many dollars each month, and then we feel that while we have spent a large and bring to a boil and cook for ten portion of our income for food, we have really received very little actual value for it.

A Suggestive Sunday Menu Breakfast Sliced Peaches Broiled Bacon Rice Griddle Cakes

Radishes Dinner Watercress Deviled Cucumbers Pork Tenderloin Cutlets

Brown Gravy Corn on Cob Baked Tomatoes Russian Dressing Lettuce Peach Cobbler, Virginia Style Coffee

Supper Macaroni and Cheese, Neapolitan Tomato Salad

Peach Shortcake Rice Griddle Cakes

On Saturday wash one-half cup of rice in plenty of cold water, then place to cook in two and one-half cups of boiling water. Cook until rice is soft and the water absorbed. Then cool and mash and rub through a sieve. Now place one and one-half cups of sour milk in a pitcher and

One teaspoon of baking soda, Two tablespoons of strup, Two tablespoons of shortening,

One teaspoon of salt. One and one-half cups of flour.

Beat well and add the prepared

rice. Beat again to thoroughly mix. then place in the icebox until Sunof baking powder and beat to thoroughly mix. Bake on a hot other on almost any cloudy night. On griddle.

Deviled Cucumbers

Pare the cucumbers and then cut in half, then cut into long thin slices length of cucumber. Place in bowl and cover with two table-Set aside for two hours, now rate one onion fine, and chop very opion and pepper in bowl and add

One-half teaspoon of mustard, One-half teaspoon of paprika, One tablespoon of mayonnaise

wash the cucambers and pat Jane Barr.

Seen It Yet?

You can ask that question these days and almost get an answer without having a person say "seen

Women are keenly interested in Mrs. Wilson's cooking "movie." cems so easy to learn by the screen nethed. Almost like having Mrs Wilson roune and pay a visit your own kitchen. In short, it's an opportunity not to be missed by the woman who takes pride in erving good things to cat

Charlotte Russe

The Victoria, Name and Market streets, some the this work

Queen Victoria Sponge Cake Friday and Saturday, afternoon and evenings, the Globe. Philadelphia, Fifts ninth

Both recipes can be obtained at the hox office of the theatres or by ending to the Editor of the Woman - Page, Extense Pt 000

the pench shortcake. Carrots should weigh three and dry. Spread with onion and pepper mixture and sprinkle with paprika aroni and shortcake may all be preand serve. This Swiss appetizer is Cucumbers should weigh three delicious if served ice cold on crisp

Pork Tenderloin Cutlets

Have the butcher cut one and onenine ounces to every one-quarter quarter pounds of pork tenderloin Parsnips should weigh three and season and then roll in flour. Dip one-eighth pounds to every one- in heaten egg and then cover with fine crumbs. Fry until golden brown

Baked Tomatoes

Cut a slice from the top of the tomatoes and then scoop out the cen-Pears should weigh three pounds ters with a spoon, taking care not ten ounces to every one-quarter to break. Now chop the pulp fine, place in a bowl and add

One green pepper, chopped fine, Two medium-sized onions, chopped

One cup of bread crumbs, Four tublespoons of bacon fat, One teaspoon of salt. One-half teaspoon of pepper,

Mix thoroughly and then fill into the tomatoes and place in a baking dish. Add one-half cup of water to prevent the tomatoes from bursting. Now when ready to place the dish containing the tomatoes in the oven to bake, add a slight sprinkling of grated cheese.

Russian Dressing

Place in a bowl: one cup of mayonnaise dressing and then grate

One medium-sized onior. One medium-sized raw carrot One medium sized raw beet.

One teaspoon of mustard One-half teaspoon of salt. Beat well and serve ice cold

degrees Fahrenheit for twenty-four Peach Cobbler, Virginia Style hours, stirring frequently. Store in Pare one quart of peaches and then a crock or jars, filling about twocut into small pieces. Place in a thirds full. Keep in ice box until saucepan and add one and one-half ready to use. Use one-half cup of But, oh! I found she only was a flirt. cups of brown sugar. Place on fire this yeast in place of one yeast cake.

minutes. Now add One and one-half cups of fine bread crumbs.

One-half teaspoon of nutmeg, Three tablespoons of butter.

Beat to mix and then pour into a baking dish and cover with a crust of pastry. Brush with water and bake in a moderate oven. Serve with vanilla sauce, either hot or cold.

Vanilla Sauce One and one-half cups of brown

Three-marters cup of water.

Two tablespoons of cornstarch Stir to dissolve the sugar and starch and then bring to a boil and cook for five minutes. Now add two teaspoons of vanilla.

Macaroni and Cheese Neapolitan Cook one package of macaroni in

boiling water for twenty minutes Drain and now mince fine One and one-half green peppers,

Two onions, Four tomotoes.

One cup of cream sauce.

When Birds Fly South

Some hirds begin their southward Crush sufficient well-dried macaflight in July, and they are the ones. rooms to measure one cup. Sift and that have farthest to go, as some are then place in a bowl and add two not content until they reach Patagonia, cups of thin custard. Let soak two says the American Forestry Magazine, hours, then add of Washington, D. C. September marks One-half cup of liquor from Maraday morning, then add one teaspoon the great exodus, and a majority of birds schino cherry bottle, Two-thirds cup of pulverized birds can be heard calling to one ar Place in a freezer and freeze until clear nights they go up several thousand

feet and are out of hearing. Home-Making

fill into cases and then pack for two The art of home-making is very dif hours to ripen. ferent from the art of dressmaking, ns of salt and a few pieces of Many women have beautiful clothes and My dear Mrs. Wilson — Could you tell me how to make nettle beer? It is a nonintoxicating drink that the old folks used to bideous homes. Others dress like frumps and leave one spellbound at the gra-ciousness of their bouses. Dressing ne one-half green pepper. Place one's self is a far lesser art than dress ing one's home. Dressing one's self is a wholly egoistic amusement, while cre ating a beautiful atmosphere where others may rest and be happy shows a developed social consciousness and a boiling water to fill pail. brotherhood with the world spirit. and then strain, and add

Please Tell Me What to Do

By CYNTHIA

Here's to Plain Jane

One-half cup of grated cheese,

Peach Shortcake

lot with one tablespoon of butter.

Lise the white of egg left from

the maxennaise and one-half glass

of jelly for fruit whip, then serve, on

The market basket will require

One and one-quarter pounds

Our-gunrier neck of tomotoes,

One carrier of peaches,

One hunch of vadishes,

time bruch of scattereress.

One-half dozen corn,

Carrots and beets.

ing the usual staples.

Mrs. Wilson

One quart of onions,

One package of macaroni,

One-quarter pound of cheese.

approximately \$2.50 without includ-

Answers Queries

My dear Mrs. Wilson-Will you

please let me know through the

Home-Made Yeast

Pare and grate five large potatoes

and place in a saucepan and add

seven cups of water. Bring to a boil

until cold and then strain and add

One yeast cake, crumbled,

Two and one-half cups flour.

My dear Mrs. Wilson - Kindly

let me know through your columns a good recipe for making oatmeal

cookies with sour milk, also the best oatmeal to use. I have had

Oatmeal Cookies

Two-thirds cup of sour milk.

One teaspoon of baking soda,

Three-quarters cup of brown

Stir to thoroughly dissolve and

One and one-half cups of fine out-

My dear Mrs. Wilson-Will you

kindly publish as soon as possible a recipe for biscuit torton? Thanking you, I am, Miss E. S.

Biscuit Tortoni

nearly firm. Add one pint of heavy

whipping cream beaten stiff. Now

either pack to ripen for one hour or

Nettle Beer

Gather the nettles and over large

Let cool

Two tablespoons of shortening,

One teaspoon of baking powder.

Place in a mixing bowl

Two cups of flour,

then add

Three level tablespoons of salt,

paper how to make yeast? Mrs. B. M.

One enemalier.

pork tenderloin,

Lettier

One-quarter pound of bacon

Bake in a moderate oven.

One teaspoon of paprika.

Place in a mixing bowl.

One-half tenspoon of salt.

Four tablespoons of sugar.

One cup of flour.

Dear Cynthia-Every evening since 'A Disappointed Doughboy" wrote to 'Happy" I have eagerly watched your column for her answer. You know I am so interested in their correspond ence; why, I almost envy "Happy." One and one-half teaspoons of salt. And I am interested in the discussion

ver you. Sometimes I think you are Mix thoroughly and then place the n charming young man, and then a macaroni in a baking dish and over young woman macaroni in a baking dish and over young woman and then a sweet, it pour the prepared sauce. Place in "motherly" lady. Which is correct. moderate oven and bake fifteen dear Cynthin?

Let me tell you all (the members of the K. U. H. C.) my views on life. I think we should be thankful that God gave us this beautiful earth, and I think we should be kind to our fellow erentures, and even if we do find grouchy Two teaspoons of baking pander, people here and there forgive them and smile, cheer them and let them see the Mix thoroughly and then rub in it is hard to do that sometimes, but four tablespoons of shortening and remember God had it hard, too. And mix to a dough with one-half cup of when the time comes for you to have

water. Turn into well-greased and floured pan and spread with a spoon. I am a very freekled young girlie, and evenly. Cover the top with sliced so I try to hide my freekles by smiling reaches and sprinkle over the and in trying to do my part in mak-peaches one-half cup of brown sugar, ing others happy, and I hope some day

and one teaspoon of cinnamon, then I shall be other than PLAIN JANE. Yours is the spirit that wins, Plain Jane. Certainly your mind isn't plain.

> To "H. S." Since you are healthy, strong and

buoyant I do not see why you should The tomatoes, peach cobbler, mac- worry. You know some girls never do grow to be very tall and some are pared on Saturday. The tomatoes and maturally thin, no matter what, macaroni can be reheated as re- sixteen, however, you need not give up mpe about getting broader or tailer. Girls, as a rule, grow until they are eighteen and frequently after that, and then you need never give up hope about

a little over the ears. Fasten it with a barrette at the back of the neck, since

To "Ingra" your note casually friendly, without col- the slender woman.

to explain. Served You Right, Dan B. Dear Cynthia-Speaking of girls re inds me of one we labeled the "flirt"

and then add one-half cup of hops THE FLIRT and cook for ten minutes. Let stand When she first came on the beach We all thought she was a "peach. And when she walked her manner seem-Two-thirds rup of granulated

ed quite pert. She looked at me. I think. I'm sure I saw her wink, And now I find she only was a flirt, Stir to thoroughly mix and then

She was a short and flippont creature Very pleased t' meet cher Was brought out very snappy.

She danced sp very well. With pride I began to swell,

The moon shope on the beach,

Round her walst my arm did reach; She was the loveliest girl that ever wore a skirt. Twas a thing too good to miss; Her kiss was, oh! so bliss:

Too bad she turned out to be a flirt.

splendid luck with all the recipes I have tried so far.

Miss F. R. G. One night we had a date; wnited very late;

On the beach I found out she had "done table center ! me dirt." For a fellow-in my haste-I saw his arm around her waist

Oh, boys, how I do hate to know a flirt!

Novel Marketing List

A novel marketing list is a slate hung in whatever part of the house it most frequented by the family, on which the needs of the day are written. When one or more of the articles required have been bought by any member of the household a line is drawn through that Work to a stiff dough and then item or items. In the evening snything roll and cut. Bake in a moderate forgotten is carried over to the followoven for ten minutes. Put rolled or ing day, or if all the articles have purchased the slate is wiped clean .flaked oatmeal through the food



to hide skin trouble Resino. aids poor complexions

If your complexion is rough, red or unsightly, don't try to cover up the defects with cosmetics which do not conceal, but usually attract atention to the reason for their use Begin today to clear your skin with Resinol Ointment and Resinol Soap. This treatment not only cleanses

the skin and enables it to breathe but usually removes redness and twelve-quart pail pour sufficient roughness. your dealer for Resinol Soap and

BEADED GEORGETTES TO STAY IN VOGUE



An excellent model for the woman who wishes a dressy afternoon frock or one for informal dinner. georgette in the Russian blouse is beaded

A Daily Fashion Talk by Florence Rose Wear you half parted on the side, with it fixed softly at the sides and $E^{\rm VERY}$ year during the late summer there is always some sort of neck. wear finished that becomes a fud in is hanging. You are old enough to New York. This is due, I think, to if you could mention a couple of games wear high heels, and they would add satisfy the desire of women to dress up that could be played at a patriotic party to your height, although, personally, I their summer frocks a bit and make that is to be given for a sofidier who think little girls are very sweet and their summer trocks a bit and make low heels are comfortable. The skirts them last just a little longer. This ow heeks are constorrange. The sames year, because of the round neck line, with a "tent" arranged over it. The

Combining bended georgette with score cards are kept throughout the satin is considered very good, and one evening.

one who wishes a dress which may be winners at the end of a given time worn at informal dinners, or at formal wins the game. afternoon affairs, during the fall and

The hat worn with this costume is of satin and is trimmed with an ostrich feather of jade coloring.

(Copyright, 1915, by Florence Rose)

For Flowers

Of versatile usefulness is a glass mayonnaise bowl, blue edged and gold lined. A lovely flower container for the

Miss Rose Will Help You with your clothes. Perhaps you

are wondering just what color in vogue now will be most suitable for you. Or perhaps it is the present-day styles that perplex you. Miss Rose will be glad to give you benefit of her advice. Address Miss Rose, woman's page, EVENING dressed stamped envelope for peronal reply, as none of the answers will be printed.



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FLESH

Large jar 35c

DANCING WITH STRANGERS The Woman's Exchange

Tar on Rugs

To the Editor Dear Madam-Can you tell me what will remove tar from the carpets? It has been tracked in from that put READER. on the streets.

Scrub the stains with a cloth seaked in turpentine, changing to a fresh cloth girls are seventeen and eighteen and as soon as it becomes discolored, and continuing along as any color comes to make engagements with boys because off, A reader once recommended a mixture of one part alcohol, one part fore, each night the girls go off by benzine and one part chloroform for removing pitch stains from rugs or delithemselves. cate colors. You might try this.

Ragtime Playing

playing? this information. Look in among the sale dose of it another.

advertisements in the papers or ask among your friends. The Stamp Language

languages don't agree, so I wouldn't put too much faith in any of them. Here is

The most succ Upside down left-1 love you.

Crosswise-My heart is another's. Straight up and down-Good by, weetheart. Upside down right-Write no more, In middle at top-Yes.
In middle at bottom-No.

Right angles at left. I hate you. Top corner at right-I wish your friendship.

On line with surname-Accept my Same upside down-I am engaged.

For Soldier's Party

Dear Madam :-- I notice where you have given games for parties. I wonder HIS SISTER

In one corner of the room have a table the bertun has been extremely popular, tent may be made of canvas or of a If I were you I would let the hand. One sees it everywhere, on every type blanker, thrown over a clothesline. At kerchiefs go, and drop the forgetful of costume and every sort of material. the table sits a "recruiting officer," This menu can be purchased for young man a note, asking for the little Lace, however, is the most used and games come up, hands out a score card who, as each recruit for the evening's box. Do not refer in any way to the broken engagement—simply ask if he broken engagement—simply ask if he broken engagement of blue or khaki. The bertha is quite a of blue or khaki. The two who receive gold cards are contains of the receive would mind sending the little trinket to becoming neek finish for the woman gold cards are captains of the respective would mind sending the little trinket to with a sloping shoulder line. But, woe sides. There should be an equal number of players on each side. Each player thinking to ask him for it after he to the woman with the high square is equipped with a palm leaf fan and had been kind enough to keep it. Make shoulder. This is also a fashion for "bombs" made of blue or khaki paper. oring it the slightest with the suspicion that you might want to resume the friendship. I think eventually an explanation will be forthcoming. The young man probably broke the engagement under heavy pressure on the spur of the moment and is ashamed to come of the moment and is ashamed to come to the planation. The shaded georgettes. Some have great faith in the tenaciousness of this style to end to the moment and is ashamed to come of the again to the shaded georgettes. Some have great faith in the tenaciousness of this style to end to the moment and is ashamed to come of the moment and is ashamed to come to the spurious that the season, while others have great faith in the tenaciousness of this style to end to the spurious that the season of the moment and is ashamed to come to the spurious that the sides of the room, and the object of the game is for each side to send bombs into the other's territory and to make them fall to the floor. The opponents is to buy it. That is, of course, if you transfer the specific products. are a great number of beaded geor-gettes made up for this coming season. side, and a gold star may be pasted on though as I told you before the way each score card. The greatest number the heads are applied to the georgette of stars wins a prize for the captain is quiet different from what has been who holds it, and each star counts for the members of the division, as the

> of the most interesting of these combinations is shown tellay. In this in-stance the hended georgette is used to form a Russian bloose and the sleeves wrapped in the divisional colors) enand the lower part of the tunic are edged with bunds made of the satin. The girdle is of jet bends, which match the beads on the georgette. The skirt is of the player who first gets through the player who first satin and is draped slightly at either barbed wire and captures his ration This frock is an excellent model for whose team has the greater number of wins a star for himself. The captain

Other games have been mailed. the distinctive Violet Powder for every toilet use A toilet necessity -it absorbs perspiration odors; keeps the skin

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Pennsylvania, New Jersey, Delaware

ASCO ASCO

Two young girls come to me with the question as to whether or not it is query, it is those mothers who do not proper to dance with strangers in the give ear who are fatally defeating their pavilions, etc., at summer resorts. The own ends.

AT THE SUMMER RESORTS

Is a Hazardous Pastime, but Too Strict Mothers Unknowingly

Place Daughters in the Path of It

to make engagements with boss because they think they are too young. There, whether it be on dance floors, on the beach or wherever it might happen to be. It is simply too great a hazard A person can't help wondering if the on the face of it ought to be enough mothers of these girls actually know to make any mother keep her eagle eye

Ragtime Playing

To the Editor of Woman's Page:

Dear Madam—Will you please tell consistent way they are beinging intelligently open unless you see to it Dear Madam—Will you please tell parents require in word in where I can learn regtime piano consistent way they are bringing up their daughters. Such an utter lack that a girl's natural interest in boys and such a whole. I am sorry not to be able to furnish of trust in one way and such a whole-satisfied. One of the most interesting summer vacation families I ever knew At seventeen and eighteen girls are was one where the four girls in the well on the way to giving a great many family had a fearful time to get started of their thoughts to boys. All girls are the same at heart and you might as well try to stop a dancing sunbeam to their mother and father. The secret Dear Madam—Will you be so kind as try to do away with these thrills of this was, of course, that the parents as to print the stamp language in your they get from the merest thought of were jolly good pals with the boys. olumn? CURIOUS. some youth in a blue coat, "ice-cream" And because they were and therefore trousers and beautifully cleaned white got to know them very well, they knew their daughters were far safer in these The most successful parents are those escorts' hands than if they had gone who give open ear to these thrills. As meandering off by themselves.

Adventures With a Purse

TUST let there be the faintest sus-, will like it, I know. It is priced at picion of fall in the air and you see fifteen cents for a piece. Right angles at right-Do you love the Little-Lady-Who-Loves-Her-Home sitting with contracted brow and pencil in hand. And, oh, the list of things she will make-things she is going to do her home-loving best to have when she dresses her house in fall and winter clothes. Put down this item, Little-Lady-Who-Loves-Her-Home rug! Not a pink and white affair with bath" appearing on it. Dear me, no! This bath mat has a foundation color of delft blue, and the design is in yellow and white and black. It is most rich looking-would give the plainest

bathroom a prosperous look, and al-though valued at \$2.65, has been re-

the danger to which they are subject-

duced to \$1.75. We read much about the many hair tonics which are guaranteed to grow hair where there never was a bair bebefore. However, what I really want to talk about is not a hair tonic, which most people do not use until their hair begins to depart, but of a shampoo which helps to keep the bair from combeautiful black tresses the ladies have.

very superior kind of tape is because it doesn't wrinkle and twist. Every one cnows that lingerie tape lasts much longer than ribbon, but that it will

For the names of shops where ar-ticles mentioned in "Adventures. With a Purse' can be purchased, address Editor of Woman's Page, EVENING PUBLIC LEDGER, or phone the Woman's Department, Walnut 3000.

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