

DELECTABLE FRUIT DISHES—CHOOSE YOUR FRIENDS AT LEISURE—ADVENTURES WITH A PURSE

MRS. WILSON GIVES GOOD RECIPES FOR VARIOUS FRUIT SHORTCAKES

Buttermilk Used in Dough for Delicious Southern Delicacies—How to Prepare Berries for This Dessert—Custard Sauce to Pour Over It—New England Method of Making Biscuits—Pennsylvania's Way

By MRS. M. A. WILSON

JUST at this season, when berries and fresh fruits are at their best, this form of dessert is most tempting. The evolution of the shortcake has brought into existence a dessert very different from that made by the old mammy of the South, whose genius for concocting delectable dishes is almost a tradition now.

The genuine shortcake of mammy's day, made by mammy herself, who just had to have something nice for her "chilluns," was of a simple rich biscuit dough, that made this dish famous throughout the South.

Famous southern cooks, who delighted the family with this morsel of goodness, declare "You-all just have to have some sure enough butter and some creamy buttermilk to wet up the dough, then you just naturally rolls it out and cuts it with the biscuit cutter," and then place the shortcakes on a baking sheet and bake them until a creamy brown.

While the cakes are still warm split them open and spread lightly with butter and fill with the crushed and sweetened fruit. Serve while warm with plenty of sweet cream. Now who wouldn't like this delicious dish?

However, the days of cheap butter and an abundance of cream and eggs are gone forever, or at least until stricken Europe overcomes its shortage in the dairy products.

Those of us who love this delicious dish may still enjoy it by using any of the recipes given below. If you are unable to obtain buttermilk, you may still make the cakes by using sweet milk and baking powder.

Old Virginia Shortcake Sift the flour and then fill a quart measure, using a tablespoon to lift the flour. Care should be taken not to shake or pack the flour down, as the quart of flour should weigh just one pound. Place in a bowl and add

- One tablespoon of baking powder, One teaspoon of salt, Three-quarters cup of sugar. Sift again to mix and then rub in one-half cup of shortening. Place one and one-half cups of buttermilk in a pitcher and add one and one-quarter teaspoons of baking powder. Stir to thoroughly dissolve the soda and then use this to mix the flour to a dough. Knead well in the bowl with a spoon and then turn on a slightly floured board and roll or pat out one inch thick. Cut with a large biscuit cutter and brush the top with shortening and bake in a hot oven for fifteen minutes.

FOR A SCHOOL GIRL



This frock of serge is suitable for the fall days before an outside coat is necessary. The dress requires a tailored hat to be absolutely smart.

A Daily Fashion Talk by Florence Rose

FOR the young miss who is going away to school, or even the one who is going to stay at home, the design shown today is really very good. It is the practical sort of dress from which one might be very sure of getting plenty of wear. An every-day dress, it should be called, and after all, it is from these every-day dresses that we all get the most satisfaction. The frock is made of serge, with the vest, pipings and the buttons covered with satin. The waist blouses a bit over the skirt and is held in at the waistline with a narrow belt of the serge, which ties at the center front and is finished at the ends with silk tassels. The skirt is straight, but ample in width to conform with the present mode and is full at the hips, with generous pockets at either side.

Serge, of course, is going to be good this fall, though the rage for a serge frock has subsided somewhat in the last six months. The difficulty of getting good quality serge as well as the price of serge has done much to wean the women away from it. In the place of serge many women are selecting tricotine and duvetyne.

Navy blue, too, is losing ground and for fall brown will, without doubt, be the favorite color. Tan shades are considered very smart, as well as the grey shades. Dark green is another color that is gaining in popularity and, of course, jade green remains in fashion.

(Copyright, 1919, by Florence Rose)

Miss Rose Will Help You

with your summer clothes. Perhaps you are wondering just what color in vogue now will be most suitable for you. Or perhaps it is the present-day styles that perplex you. Miss Rose will be glad to give you the benefit of her advice. Address Miss Rose, woman's page, EVENING PUBLIC LEDGER, Send a self-addressed stamped envelope for personal reply, as none of the answers will be printed.

Things to Know

English matchmakers are deeply interested in planning a suitable marriage for Princess Mary. The king and queen are so devoted to their only daughter that they have heretofore refused to consider the subject seriously, but as the princess is now in her twenty-third year they realize that before very long the question of her marriage will have to be taken up.

Legislative measures for the protection of women in industry scheduled for introduction during the present session of Congress include abolition of child labor, eight-hour day and forty-four-hour week, with a weekly day of rest; abolition of night work for women and minors, and pay for equal work and the establishment of minimum wage commissions in all the states.

With few exceptions actresses receive less pay than actors of equal prominence.

The ensign adopted for the league of nations, has three broad horizontal stripes, the top and bottom being white and the center blue. It is really the flag representing the letter "J" in the international code—which is the universal language of the sea—with the colors reversed. The design was selected principally because it clashes in no way with any existing national flag.

Although totally blind, Miss Gertrude Timmer, of Grand Rapids, Mich., is an expert operator on the typewriter.

How to Clean a Sponge To the Editor of the Woman's Page: Dear Madam—Would it be too much trouble for you to let me know through your very helpful column how to clean a sponge? I have derived a lot of benefit from your page and thought that you could help me with this, as you seem to know all sorts of things needful.

A. R. S.

Place the sponge in a bucket of water into which salt and a little household ammonia have been mixed. Let it soak for about an hour and rinse in clear water.

Try a Treatment with Cuticura For Dandruff

Please Tell Me What to Do

By CYNTHIA

Broken-Hearted Wife My dear, I am afraid your idea of advertising for a woman friend would not help very much. I am sorry, but receiving many letters signed as you say your first was, I cannot just place your case. If you care to be a little more explicit and write further I will do my utmost to advise and help you.

Some Dissertation! "Sorry Idealist"—Your letter was too long and too profound to publish. Such "unsophisticated youth" as yours should be left to "inhale the air in blissful traversings of Paradesical thoughts," oh, poet of some prominence!

Let Her Work It Out Herself

Dear Cynthia—I would like to know what you think of this case: Four years ago a cousin of my husband's and a girl friend of mine were engaged. Somehow it was broken. About two months later she married a man she did not love. Why I do not know. She lived with him about six weeks and obtained an annulment about eleven months later. Now all of this time she was writing to a young man 135 miles away, never mentioning she was married. Before he left for France he had her meet his people and they seem to think her engaged to him because they often refer to the big reception they are going to give her when she and he are married.

This summer she is here and the young man she was engaged to is here, and his brother. Right here let me add, in the last year she has kept company—that is steady company—with his two brothers.

This young man is now going around with her, and knowing all this, wishes to renew the engagement with his brother. Her people are in favor of the other young man now on his way home. She says she cannot tell him the truth when he thinks she has not deceived him. Still she cannot see why this other one wants to marry her, knowing that she has been so friendly with his brother. Everybody who knows them is watching to see how things are going to turn out. His brother looks as though he could fight him, and his head is extremely gray (he is only twenty). The last time she talked with him he acted as though he wanted to hurt her.

GO-BETWEEN.

The girl must be rather a conscience-loaf. An outside opinion will not help matters, my dear. My advice is to keep out of it entirely and have no opinion to give in the matter. Things which concern others and do not come into your own life are much better left alone, and talk and gossip always make such matters worse. Let this young woman work it out herself. She has gotten herself into the mix-up and she must get herself out of it.

Stands Up for the Girls

Dear Cynthia—I read with interest the letter which G. B. R. wrote the other night, and can certainly say I agree with him.

I am a girl eighteen years old, but am thought much older by most people. I am not good-looking, but try to show an attractive appearance. If I think I look pale quite often I use a little rouge. But I have lots of friends of both sexes and know they all respect me.

Most sensible girls realize that young men like girls who have pleasing dispositions and personalities, and also an attractive appearance.

Also in answer to "One Who Knows," why should he judge all girls by two he has seen? If a fellow chooses to go with that sort of girl he should certainly know what to expect. But a nice girl does not do such things, even in "this day and age of the world." And there are lots of nice girls left. A fellow surely can find out something about a girl before he goes out with her.

I am sure there are plenty of young men and girls who agree with me.

D. A. S.



What a charming expression!

You'd say this, too, if you looked over your vast collection of children's pictures. For all of them seem to have that natural look—just the smiling, happy faces that children wear around home. Of course, it's not difficult if you have a fondness for the little folks. Then it's a pleasure!

EVANS STUDIO Successful Photographers of Children 1628 CHESTNUT ST.

The "Lovekin" Is Different Because of Exclusive Patented Features resulting from years of specialized experience. It should not be confused with other heaters in construction and gas consumption. Meets every hot-water need quickly, satisfactorily and economically. Approved by the U. S. I. Board for electrical.

LOVEKIN WATER HEATER COMPANY 39 Laurel Street Philadelphia, Pa.

WHEN YOU ARE LONELY DON'T RUSH FRIENDSHIPS

You Will Be Apt to Regret Later—Time Always Sends the Right Sort of Comrades

FREQUENTLY a young woman comes to the city alone or perhaps goes off on a vacation alone and is so out-and-out lonely that she is more than delighted to become a very intimate friend with the first girls she happens to meet.

The reader who wrote the letter printed below did this and now—well see for yourself the uncomfortable predicament in which she finds herself.

"When I first came to the city I was very, very lonely. The only one I ever talked to was my landlady. This lasted about one week when one night some girls in the boarding house where I live asked me to go to the movies with them. Of course I nearly jumped down their throats and for two months now I have been going around with them all the time. All this while I have realized they were not my kind of girls, but I wouldn't admit it to myself. Well, two weeks ago I met the very nicest sort of a girl you could care to meet and then it just seemed I couldn't cut short the acquaintance fast enough. I have come to you to ask you what to do about it. I don't want to hurt the other girls' feelings. There is nothing really wrong with these girls, but to be very frank they are tough-looking and tough-acting. They dress in the most conspicuous way possible, have white-washed noses and very much painted faces, and I am worried sick for fear people will class me with them. Besides I want to be friends with this other girl and I wouldn't for the world want her to know about these others. Please help me."

WORRIED.

There are two courses open to you. "Worried," either move to another boarding house or drop the girls gradually. The first course is by far the better of the two, because friendships made quickly just because girls happen to be in the same place are as quickly broken when the element of propinquity is removed. Then, too, in this way there will be no hurt feelings. That is one point that ought to be regarded in breaking off these rush affairs. It isn't fair to accept the friendship of others when you need it and then drop it like a hot potato for no seeming reason at all when something better comes in sight. This, even though the girls are "tough-looking," when you were desperately lonesome to snatch at a straw. At least, I don't blame you any more than I do the rest of us. For we have all at some time or other done the same thing. And I must admit experience has been the best teacher. One good dose of worry like this is good for us, because it lasts a lifetime. I am sure, for instance,

you would never jump hastily into friendship again. "Well, smile," and don't be worried any more. If you don't find it convenient to move take up a course in something or other which will require studying at night and prove a perfectly good excuse to extricate yourself from this "entangling alliance." Do that or tell the girls you are going to take the rest cure and go to bed early at night. It will do you good and perhaps you can persuade your new friend to come to your room some nights and have a good old-fashioned comfy-cozy party.

And when you drop in to examine one of these brushes for yourself, stop nearby and see the silk lampshades which have been reduced to twenty-five and fifty cents. Most of them are wicker covered, lined with green or plum color and are large enough to fit the ordinary size-houdic lamp. You'll find, too, some unusual Japanese shades in white, black rimmed with a little Japanese design and adorned with a red tassel. These are fifty cents.

Adventures With a Purse

MABEL views my frivolous adventures indulgently. I am not at all sure that she approves. But occasionally she unbends and helps me out. "Every one," she said recently, in an expansive moment, "admires the little sterling silver sewing kit I carry in my handbag." And small wonder! It is about three inches long, with round pointed ends and measuring probably three-quarters of an inch in diameter in the middle, where it is roundest. A slender rod which fits in the little case has three divisions, each one resembling a tiny spool on which one may wind black, white and a colored cotton or sewing silk. Inside the rod, which is hollow, one places two or three needles; the top is fitted with a sterling silver thimble. For the business girl or the woman who travels this would prove an admirable gift. You can get the case in plain sterling silver, in engraved or elaborately engraved design, with a place for the initial.

I've made a discovery! If you have \$2.85 to invest you needn't put your hands in greasy dish water any more.

Mrs. Morrison's PUDDINGS 10¢ Light Desserts For Hot Weather Refreshing and delicious; Easily digested and easily prepared. Two flavors. Golden Vanilla Chocolate At your grocer's, but be sure you get Mrs. Morrison's.

There comes a dish-washing brush which works by water power. The bristles are very compact and sturdy and should easily remove the most stubborn spot. You attach the brush to the water spigot by means of a tube and turn on the water, after, of course, having rubbed the brush on a cake of soap. By the simple process of pressing a spring the brush twirls around with the force of the water and scours away on dish or plate at a good old rate. You should find one of these brushes a great comfort in your kitchen.

And when you drop in to examine one of these brushes for yourself, stop nearby and see the silk lampshades which have been reduced to twenty-five and fifty cents. Most of them are wicker covered, lined with green or plum color and are large enough to fit the ordinary size-houdic lamp. You'll find, too, some unusual Japanese shades in white, black rimmed with a little Japanese design and adorned with a red tassel. These are fifty cents.

KAYSER and ALLMAN 1522 Chestnut St. Rebuilding Sale An unusual opportunity to purchase high grade home fixtures at prices less than actual cost of present production. Reductions Range from 20% to 30% on Console and Davenport Tables End and center tables, upholstered chairs and sofas, carved and plain chairs, and an endless variety of Odd Pieces of Mahogany Furniture, Table and Floor Lamps in Bronze, Mahogany carved woods, wrought iron and pottery and cloisonne, etc. Lamp shades in custom made silk, all colors, also hand decorated on silk and hand decorated on glazed linen, etc. Framed mirrors, all styles and prices. Porcelains for mounting into Lamp Bases or for Ornamentation. Pottery, Bronzes, in fact, a wide range of selections in Choice Home Adornments Willow Furniture in All Designs All at reductions ranging from 20% to 30% Kayser & Allman Interior Decorators We Know How 1522 Chestnut St. Keep Buying W. S. S.

Mrs. Wilson Answers Queries

My dear Mrs. Wilson—Will you please be kind enough to again publish the recipe for your fireless cooker? Our paper has got mislaid or destroyed and I am much disappointed, as I was much interested in the cooker. Also will you again publish the recipe for creamed cabbage, like you buy in the delicatessen stores? I have all your recipes carefully bound, but loaned this to a woman, who loaned it to another. Please publish it again, as I will be more careful. Also you will please tell me how to fix the cream for strawberry shortcake? I have whipped the cream before, but almost before the meal is over it has evaporated into the cake and then it is a sorry-looking sight for the next day or meal; while I have been gone visiting and had the cake for luncheon—that is, half of it, and the other half for dinner—and it looked just as well at dinner as at luncheon. Please tell me the secret, if there is one! And let me thank you very much in advance.

PERPLEXED AND PUZZLED.

The article on fireless cookers is too long to reprint here, but you are welcome to come in and consult the files.

Creamed Cabbage

Chop fine a sufficient amount of cabbage to measure two pints. Add one large green pepper, One and one-half tablespoons of mustard seed, One teaspoon of celery seed, Mix thoroughly and then prepare one cup of mayonnaise. Beat into the mayonnaise four tablespoons of evaporated milk and then thin to the desired consistency with vinegar. Use fruit whip in place of the whipped cream on strawberry shortcake.

Fruit Whip

One-half glass of apple jelly, White of one egg. Beat until the mixture holds its shape, then use on the cake.

My dear Mrs. Wilson—Will you please tell me through the paper how to make vanilla? I have not seen a recipe for it as yet in your talks, which are all very helpful.

READER. You will not be able to make the extract of vanilla, owing to the fact that 95 per cent grain alcohol is required to make it.

THE WOMAN'S EXCHANGE

Mixup in Addresses To the Editor of the Woman's Page: Dear Madam—What can I do in a case like this? June 4 I received a letter from a friend just gone to Washington, D. C., to make her permanent home there. She told me about her nice flat, but said she expected to look around for a house. She, however, gave me her address, and I have written her, sending my letter July 14 to the address she gave, but it has come back.

I do not want to lose trace of her, as she is one of my best friends, but is there anything I can do but wait until she writes?

She is very sensitive, and may not write, as she has not gotten an answer from me, although she may have received a postal card I wrote her immediately upon receiving her letter of June 4. Of course, I have no way of knowing what became of that card.

Before I heard where she had located I tried to send her a letter (through her husband) by addressing it to the building where he was supposed to be employed. This was returned also. He was with the food administration up to July, but had in the meantime secured the new position, and of course may not have been known there, as I imagine most of his time was still spent in the Hoover cafeteria.

Could I try this address again, as the lady is also employed there part of the time, or should I try to reach her husband through his late address; or should I write her to her old address in Ithaca, N. Y.?

MRS. W. R. Y.

The best thing for you to do in regard to your friend is to write to her former address and mark the letter "please forward," and also send one to her husband's former address in the food administration. Do you know any of her family or relatives who would be likely to know her present address? If you write to them they might be able to tell you something about her. I am sure that she will write again, for if she left the apartment she was in she would surely know that you could not reach her without knowing her correct address. If you do not hear anything from her after sending another letter, you might insert a personal advertisement in a newspaper in the city where she lives. There might be a chance of her seeing it. I hope you will soon hear from her or about her.

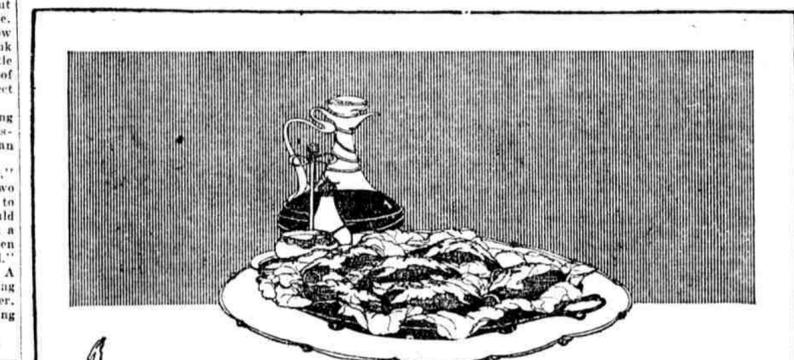
How to Clean a Sponge

To the Editor of the Woman's Page: Dear Madam—Would it be too much trouble for you to let me know through your very helpful column how to clean a sponge? I have derived a lot of benefit from your page and thought that you could help me with this, as you seem to know all sorts of things needful.

A. R. S.

Place the sponge in a bucket of water into which salt and a little household ammonia have been mixed. Let it soak for about an hour and rinse in clear water.

Try a Treatment with Cuticura For Dandruff



From a New York Friend

In New York there is an expert salad-maker who used to think she simply couldn't use anything but olive oil. To show us how much she now thinks of economical COVO—the new salad oil—she sent us several fine recipes—with COVO specified in capital letters. We give you one of them below. Try this cool salad some warm evening and see if you don't agree that our friend has discovered a salad recipe worth keeping.

JULY SALAD WITH TUNA FISH and COVO

- Six medium size cucumbers 2 cups water Salt and pepper to taste
1 can Tuna fish 6 whole cloves Serve with COVO
1 cup vinegar 1 tablespoon sugar Mayonnaise

Peel cucumbers and cook in vinegar and water seasoned with sugar, cloves, pepper and salt. (A small onion may be used if desired.) When soft, drain and chill. Hollow out cucumbers and fill hollow with shredded Tuna fish moistened slightly with COVO Mayonnaise. Mask with COVO Mayonnaise, chopped pimiento, and serve in nests of lettuce.

USE COVO, too, for the most delicious results in cakes, cookies and in deep and shallow frying.

COVO A BLEND OF PURE VEGETABLE OILS FOR SALADS AND COOKING USE COVO, too, for the most delicious results in cakes, cookies and in deep and shallow frying. THE FAIRBANKS COMPANY

At grocers, in tins of pint, quart, half-gallon and gallon sizes