

DEEDS ARE THE THINGS THAT COUNT—DELICIOUS HORS D'OEUVRES—CYNTHIA'S ADVICE

MRS. WILSON SUGGESTS MENUS FOR SUNDAY

Serving Vegetable Hors d'Oeuvres Will Stimulate Appetite in Warm Weather—Some Delicious Recipes to Use Up Leftovers—A Different Kind of Cake

By MRS. M. A. WILSON (Copyright, 1919, by Mrs. M. A. Wilson. All rights reserved.)

FROM now on until late in September a plentiful supply of fresh vegetables will be in the markets. In planning the marketing remember that no matter how abundant and reasonably priced certain foods are, if the family has a dislike to it, do not purchase that food. Plan to have just a little meat or its equivalent, two of three fresh vegetables, a salad and a good dessert.

thoroughly mix and then bring to a boil and add one-quarter pound of cheese cut into tiny pieces. Stir and continue to cook until the cheese melts. Remove from the fire and add One onion, grated. Four tablespoons of finely chopped parsley. One and one-half teaspoons of salt. One teaspoon of paprika.

Stir well to blend and then pour on a greased platter and let cool. Set in the icebox until needed. This must be prepared on Saturday. Now lift a large spoonful of the mixture and shape, then roll in flour, then in beaten egg and finally dip in fine bread crumbs. Fry until golden brown in hot fat. Serve with cream sauce and garnish with parsley.

Coleslaw Chop the cabbage fine and then add One green pepper, chopped fine. Place in cold water to crisp. Now prepare a dressing as follows. Place in a saucepan Three-quarters cup of vinegar. One-half cup of water. Three tablespoons of flour.

Beat to mix and then drain the cabbage well. Place in a bowl and pour the dressing over it. Now add three tablespoons of vinegar and use a fork to thoroughly mix. This will be sufficient coleslaw for Monday night's dinner.

Peach Cake Place in a mixing bowl Three-quarters cup of sugar. One egg. Four tablespoons of shortening. Two cups of flour. Four level teaspoons of baking powder.

Beat just enough to mix and then pour into a deep well greased and flour layer cake pan. Cover the top thickly with sliced peaches and then place in a small bowl Six tablespoons of flour. Four tablespoons of sugar. Two tablespoons of shortening. One teaspoon of cinnamon. Rub between the tips of the fingers until crumbly and then spread on the top of the peaches and bake in a moderate oven for thirty minutes.

Mrs. Wilson Answers Queries

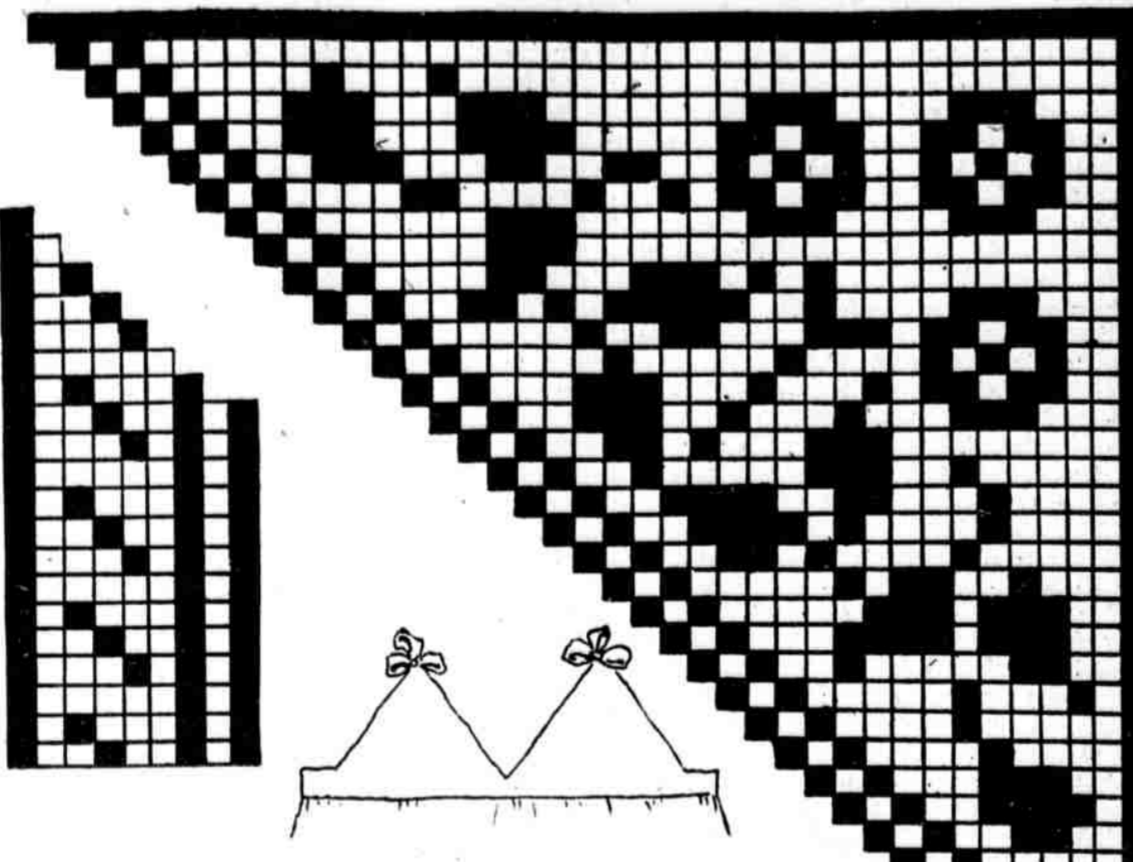
My dear Mrs. Wilson—Will you kindly print in your columns a recipe for chocolate, maple and caramel cake? I refer to the cake itself, not the frosting, although I should like to know of a good maple frosting. Thanking you, I remain, Mrs. W. H. K.

Use the same recipe for the maple as for the chocolate cake, leaving out the cocoa and substituting one teaspoon of maple flavoring or use maple sugar in place of other sugar. Use caramel icing on the cake.

Chocolate Cake Three-quarters cup of sugar. Yolks of two eggs. Cream until light and then add Four tablespoons of shortening. Two cups of flour. One-half cup of cocoa. Four level teaspoons of baking powder. One cup of milk. One teaspoon of cinnamon. One teaspoon of vanilla.

My dear Mrs. Wilson—Will you kindly give me a recipe for orange marmalade, grapefruit marmalade and also how to preserve rhubarb? Thanking you in advance, K. M. G.

PRETTY YOKE IN FILET CROCHET



This dainty pattern could be used for a nightgown, chemise or under-waist, in white or a color. The cotton used is No. 80. The under-arm strap, shown in the separate pattern, may be made as long as desired. The shoulder may be simply joined together or it may have the piquant little bow, which is run through the holes and tied on top

THE WOMAN'S EXCHANGE

A Thoughtful Offer To the Editor of Woman's Page: Dear Madam—A few days ago I saw a letter in your paper about an old lady, a former actress, who lives with the old mother, and you asked for some one to take her out for an automobile ride. Will you kindly give me her address? I will do what I can for her.

Outdoor Games for Girls To the Editor of Woman's Page: Dear Madam—Please send me some games which would be suitable for girls to play at a Y. W. C. A. summer camp on the New England coast.

To Preserve Lemon Juice To the Editor of Woman's Page: Dear Madam—Kindly advise me how to preserve lemon juice for future use? How can I rid the house of large black roaches? I prefer the dinner. The sailor is only nineteen years old. I would like something unusual. He is very fond of a good time and a hearty laugh.

The Question Corner Today's Inquiries 1. What is the newest style of wrap which combines scarf and sweater? 2. How can iron rust stains be removed? 3. When placing a vase of flowers on a mahogany table, what precaution will prevent spotting of the table in case the water is spilled? 4. How should refreshments be served at a garden party? 5. If the colored material for a dress runs short before the waist is cut out, in what attractive way can the dress be made? 6. What material is worn a great deal this year for bathing suits?

Yesterday's Answers 1. The water in which potatoes have been boiled is very good for spouting and brightening silk. 2. A pretty and becoming collar for a crocheted sweater is the long rowel effect in front, and a sailor collar at the back opened to permit it to lie flat. 3. The loops of broken garter clasps can be used as hangers for kitchen towels. 4. The bristles of hair brushes can be stiffened by soaking in water and washing soda. 5. A "muffler" collar can be made useful as well as ornamental, if the ends which extend below the waist line are turned up to make little pockets. 6. An effective screen can be made at home of a rough frame, painted and covered with wallpaper.

Advertisement for Miss Princine Pure Phosphate Baking Powder. Includes text: 'This Habit Is One With Good Results', 'Housewives who are baking with Miss Princine', and an image of the product box.

Adventures With a Purse

"WASH hands and face first," read the directions, "and then take about a thimbleful of the ointment and rub on the hands and face. After this is wiped off the skin is soft and white. It is made of almond meal, which every one knows is very good for the skin, and it costs sixty cents. In warm weather, when we expose our skin so frequently to the sun and wind of both shore and country, a preparation like this is particularly timely.

A trim, little slip-on sweater adds a very smart extra touch to the tailored costume. There is something most attractive about a white skirt, well made, good-looking sport shoes of white and one of the little sweater vests in a good shade of blue or old rose. One store is showing these little sweaters in a number of popular colors, including those I already have mentioned, and dark blue and tan. And they are priced at \$1.25.

The little catnip mouse I saw today reminded me of the time mother brought home some catnip for Fuss-and-Feathers, our beloved cat. How he rolled around in dignified and solemn manner as he sported with the catnip. We watched him with gales of laughter. Until you have bought a catnip mouse for your cat, you will never see him at his original best. And you know catnip is good for him. I saw some of these little mice for ten cents.

"Your pearls are lovely," she said enviously, as she lifted them from against my dress. And, of course, the minute she took hold of them she knew they were not even very good pearls, for they were so light. But when you can find a string of pearls that have a soft glow and at the same time are rather heavy, you can feel that you really are most fortunate. That is what I saw today in one of the shops. The pearls are three-quarter length, are well matched and the string feels quite heavy. These necklaces are priced at seventy-five cents and \$1. And after all is said and done, there is nothing like a necklace of soft, glowing pearls.

For names of shops, address Woman's Page Editor, Fifteen Walnut 3000.

Please Tell Me What to Do

By CYNTHIA

Take Up Exercise Thoughtful—Suppose you forget the fault-finding, dear, and try to correct the faults your mother tells you of. A little girl of fourteen ought not to be having nerves. Get out of doors, play tennis, basketball or even walk for exercise. Do not find fault with your sister, but be patient and kind and busy all the time, and do not think of trying to run off to your aunt.

Damaels in Distress Dear Cynthia—We are two constant readers of your most interesting column and want you to give us some of your valuable advice. We are two girls they would have asked you youngest in each respective family. We both have older sisters who object to our wearing our hair up and long skirts and also object to our meeting young men. We are both considered sociable and naturally have many boy acquaintances, but whenever they come to our houses our sisters scold us.

Now, dear Cynthia, do you think we are taking too great privileges for our ages? Any advice will be greatly appreciated by the TWIN SISTERS IN DISTRESS. Girls of seventeen are usually old enough to receive boy visitors. Talk to your parents on the subject and abide by their decision.

Roasts "Two Maidens" Dear Cynthia—As the letter written, signed "Two Maidens," and printed on July 15, asked for the candid opinion of the fellow readers, I am writing in hopes that the two eighteen-year-old young ladies (so called!) will think twice before they accept another card from strange men.

But I think they were given excellent advice, and it was with great satisfaction I read Cynthia's comment. In the first place, "Maidens," do you suppose if the men thought you acted and looked like "ladies" or respectable girls that they would have asked you to join them? I think not. And do you not know any boys or men who could go with you on your walks, or take you in their own cars? If your friends should learn of your indiscreet acts I hardly think they would approve and remain your respectful friends!

I have an older brother who, being a college man, knows a little about such actions among girls. I'm doubtful if he would consider a girl a "lady" if she could be "picked up" just like a toy to be played with. Really, you were very fortunate to escape so easily. I can't imagine a girl doing a thing so common, calling herself a "lady." If you make dates with them and seem to be enjoyed by promiscuous acquaintances, why do not the boys you know, having met properly, find you such good company? I should think they would. Come, now, "Maidens," be "read!" yourself. Isn't your list of "beaux" limited, and are you sure you do not dress and make up in a "vampish" manner?

Please do not be offended or scornful when you learn I will cease to be "sweet sixteen" in a few weeks. I have many friends who take me around in their cars to dances, but always with due respect to my age. They know what I think of right living and, knowing I expect it of them, live up to my expectations. Otherwise I would not have them for friends. I have wonderful parents, go to boarding school and have so many advantages that I hope you will not be hopeless to what you have learned. I hope Cynthia will print as much of this as she can. I do so want you to change your viewpoint, because I know I'm right! Just A 17-YEAR-OLD "LADY."

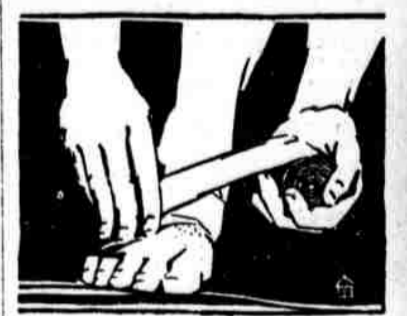
Soldiers Soothe Skin Troubles with Citicure. Includes text: 'Soothe Skin Troubles with Citicure' and an image of the product box.

ANGELA'S MOTHER-IN-LAW OFFERED TO MIND BABY

"Any Time at All"—But an Offer Is Something Very, Very Different From a Deed Accomplished

SHE lived in a city near New York and being an only sister she wanted to go over and meet brother naturally. And if you've ever had the thrilling good fortune to meet one of the transports you know just how superfluous a baby can be on such an occasion. You feel almost superfluous yourself, sometimes not being able to find a place to put one foot on the ground, let alone two. This is just to explain that Angela was not a neglectful mother, but only a careful one.

And Angela soberly put down the receiver, having learned the lesson that so many of us learn at some time or other: that the world is full of gracious offers, whether they come from aunts, uncles, cousins, mothers-in-law or just plain friends, but that an offer is very easy to make and something entirely different from a deed accomplished!



Resinol for chafed, blistered feet

If you are foot-sore, and have to stand on one foot and then on the other to get relief—you need Resinol Ointment. For quicker results, Resinol bathes the feet with Resinol Soap and warm water, then apply the ointment on retiring and bandage.

LIFE-RENUÉ Your Hair Permanently Waved BY SCIENCE'S LATEST EFFICIENT METHOD. Includes text and an image of a woman's hair.

Talcolette TALCUM VIOLET. The finishing touch after the bath—a shower of dainty, violet-scented. A toilet necessity—it absorbs perspiration odors; keeps the skin soft, cool, healthy, and fragrant with the breath of Neapolitan violets. Includes text and images of product tins.

AMERICAN STORES CO. Victor Bread Is Truly the "Staff of Life". Of all the wholesome and nutritious foods Nature provides for man's sustenance, there are none that surpass Bread as a balanced ration. Includes text and images of bread loaves.

Rose-Petal Complexion. Smooth and velvety as the petals of a rose the complexion aided by Nadine Face Powder. Includes text and an image of a woman's face.