

NO BOUNDS TO LOVE OF RIGHT—HINTS FOR THE SUNDAY MEAL—FLORENCE ROSE TALKS

MRS. WILSON SUGGESTS MENUS FOR A SUNDAY IN SUMMERTIME

They Call for Generous Use of Fruits and Vegetables, but the Warning Is Given That the Housekeeper Avoid Bargain-Price Wilted Produce or Uncovered Goods—Both Are Breeding Places for Bacteria

By MRS. M. A. WILSON (Copyright, 1919, by Mrs. M. A. Wilson. All Rights Reserved.)

MARKETING to some housewives means the purchasing of so much meat, including those vegetables that require the least effort to prepare.

Select good, wholesome food; do not purchase at a bargain price wilted or partially decayed fruits and vegetables.

- A Suggested Sunday Menu Breakfast Raspberries Moravian Omelet Fried Bananas Coffee Waffles Dinner Bohemian Relish Cheese Cutlets Parsley Sauce Boiled Potatoes String Beans Cucumber Salad Raspberry Betty Coffee Supper Salami Sausage Potato Salad Sliced Tomatoes Hot Biscuits Tea

The market basket will require two boxes of raspberries, one-half dozen bananas, one-half pound of salami sausage, one head of lettuce, one-quarter pound of cheese, two quarts of milk, one-half dozen eggs, one bunch of parsley, one-quarter peck of potatoes, one quart of string beans, one cucumber, one green pepper, three tomatoes, two bunches of radishes, two bunches of scallions, one bunch of watercress.

Moravian Omelet Soak one-half cup of sifted stale bread crumbs in one-half cup of milk, adding one-half teaspoon of salt, one-quarter teaspoon of pepper, one teaspoon of grated onion, one tablespoon of finely minced parsley, three well-beaten eggs.

Fried Bananas Peel and cut the bananas in half and then roll in flour. Fry off for a few minutes and then roll again and fry until golden brown in hot fat.

Bohemian Relish Place on a bread-and-butter plate two slices of salami sausage, one radish, one spoonful of the prepared scallion, one thin slice of tomato.

Cheese Cutlets These should be prepared on Saturday. Place in a sautépan one and one-half cups of milk, eight level tablespoons of flour.

One small onion, grated, one teaspoon of paprika, one and one-half teaspoons of salt, one-half cup of fine bread crumbs.

ENTER LARGE DOTS ON SMART FABRICS



This cape was not slow to take advantage of the large dots that are now being seen on smart fabrics. The material is pongee, and the garment is entirely lined with blue taffeta.

A Daily Fashion Talk by Florence Rose THE men are having this summer with their suits should be a good lesson to the women. It is only the man with foresight, who ordered his suit long ago, that is the proud possessor of his full quota of summer suits.

According to the best authorities, the price of clothing is not going to go down for some time, so there is no hope of holding off for better prices.

My dear Mrs. Wilson—Will you kindly advise whether your recipes, etc., are to be had in book form; a book that should be of help to a bride in preparing salads, desserts, etc., and formulae for luncheons and dinners?

Line a pie tin with plain pastry and then fill with the rhubarb, cut into one-half-inch pieces. Place three-quarters cup of sugar in a bowl and add four tablespoons of cornstarch.

Miss Rose Will Help You with your summer clothes. Perhaps you are wondering just what color in vogue now will be most suitable for you.

Advertisement for 'Freezone' corn treatment. Includes illustration of a woman's feet and a bottle of the product. Text: 'It doesn't hurt one bit to lift touchy corns and calluses off with the fingers. Never Let a Corn Ache Twice! Apply a few drops of Freezone on a tender corn or a callus, instantly it stops hurting, then shortly you lift that bothersome corn or callus right off, root and all—without pain! Try it!'

THE WOMAN'S EXCHANGE

Always in Capital To the Editor of Woman's Page: Dear Madam—Will you kindly inform me through your page in the EVENING PUBLIC LEDGER in what city in Massachusetts the State Department of Health is located?

Gifts for a Man To the Editor of Woman's Page: Dear Madam—Will you kindly publish in your paper what would be an appropriate gift to give to a male friend of mine, who is a Philadelphia tennis crick, for his birthday?

The Question Corner Today's Inquiries 1. Name a woman who figured prominently in the Revolutionary war? 2. How can a very unusual collar for a dark georgette dress be made with the use of beads?

Styles in Hats Dear Madam—Are the all-feather turbans hats fashionable for summer as well as fall wear, and are they in style just at present?

To Fatten Arms and Neck Dear Madam—Having read the advice you give to many through your wonderful column, I would greatly appreciate if you would answer the following questions:

The "Lovekin" Uses Gas Economically Because of its exclusive construction, it features the water in the boiler absorbs the heat to the fullest extent, eliminating waste when small quantities of water are drawn.

Advertisement for 'Lovekin' water heater. Includes illustration of the device and text: 'The "Lovekin" Uses Gas Economically. Because of its exclusive construction, it features the water in the boiler absorbs the heat to the fullest extent, eliminating waste when small quantities of water are drawn.'

LOVE OF RIGHT AND HONOR HAVE NO DATED PERIOD

The Modern Youth of 1918, Deplored as He Has Frequently Been, Rang the Liberty Bell, Too

I HAD the rare good fortune to be near the reviewing stand at Independence Hall on the day of the welcome home parade of the Twenty-eighth Division—a welcome home to those long lines of khaki-clad warriors and wreaths, full hearts and proud tears for the boys who would never come home.

Our ideals of liberty used to be buried between the dusty covers of history books at our American flag, and yet how new—as new as the freshest flower put on that almost living thing of broken iron, in memory of the youngest boy who had died for it!

IT IS something to think about in the turmoil and shouting of the Fourth of July. There are those who will say, "so soon America has forgotten what patriotism really means."

fruity flavored POMPEIAN OLIVE OIL "always fresh" Serve It With All Your Salads Sold Everywhere

Advertisement for 'Miss Princine' baking powder. Includes illustration of a woman and a box of the product. Text: 'No More Uncertainty About Your Baking. All doubt as to the success of your baking results is removed when you use Miss Princine Pure Phosphate Baking Powder.'

Large advertisement for 'Talcolette' talcum powder. Includes illustration of a woman and a jar of the product. Text: '"A luxury and an economy," says a lady who uses Talcolette. A quality powder adapted to every toilet use. It is light, soft and daintily perfumed with the essence of Neapolitan violets.'