

COOKERY FROM THE SUNNY SOUTH—SUMMER DISPOSITIONS—A SMART FASHION—CYNTHIA

SWEET-SPICED BLACKBERRY JAM
RECIPE GIVEN BY MRS. WILSON

It Comes From the Mountain Fastnesses of Tennessee Together With Other Prized Ones—Try Cinnamon Mountain Squash Pie, Grandmother Todd's Rice Custard Pudding, Gutney Run Potato Cake or Another of the Tempting Dishes Presented Here

By MRS. M. A. WILSON
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EARLY settlers carried into this country many of the Old World methods, and, while many of the large cities have become more or less cosmopolitan in the methods of preparing foods, the rural communities have kept and handed down from one generation to another recipes that have become famous.

There is a little community in the mountain fastness of Tennessee whose ancestors were thrifty Irish, English and Scotch. They prize many recipes of delicious goodness that, when made of fresh-churned butter and newly-laid eggs, vie with the daintiest concoctions of the marts of the world.

Grandmother Todd's Rice Custard Pudding
This is a boiled rice pudding. It is delicious. Wash one-half cup of rice, using plenty of warm water. Place the rice in a saucepan and add two and one-half cups of boiling water. Cook until the rice is soft and the water absorbed. Now make a custard of

Three cups of milk,
Two well-beaten eggs,
Two tablespoons of cornstarch.
Place the eggs in a bowl and beat. Add the milk and beat again, then add the starch and stir until it is dissolved. Bring to a boil and then add

Rice,
Three-quarters cup of sugar,
One-half teaspoon of nutmeg.
Stir to thoroughly blend and cook for five minutes. Pour into individual custard cups. Chill, and serve with stewed fruit.

Mrs. Todd's Bean Cakes
Mince fine sufficient salt pork or bacon to measure one-half cup. Cook in the frying pan until nicely browned, and then lift the pork into a bowl and add

Three cups of finely washed cooked beans,
One teaspoon of salt,
One-half teaspoon of pepper.
Form into flat cakes and then roll in flour, and brown in bacon fat. When the cakes are all browned add three tablespoons of flour to the fat in the pan. Stir to thoroughly blend and then add two cups of milk. Stir until boiling and cook for five minutes. Serve with bean cakes.

Cousin Selina's Hominy
Wash and soak one cup of large hominy in warm water for four hours. Cover with boiling water and cook until tender. Now place in a frying pan

One-half cup of finely chopped salt pork,
Four onions chopped fine;
Two cups of stewed tomatoes,
The prepared hominy.
Cook gently until nearly dry, and add one-half cup of store cheese. Stir until the cheese is melted and serve. Finely chopped parsley may be sprinkled over this dish for garnish.

Cinnamon Mountain Squash Pie
Pare and steam the squash. Rub through a sieve, and then to one and one-half cups of squash add

Two eggs,
Three-quarters cup of milk,
One cup of sugar,
One teaspoon of cinnamon,
One-half teaspoon of nutmeg,
One-half teaspoon of ginger.
Beat to mix and pour in pie tins lined with plain pastry. Sprinkle seeded raisins over the top and bake in a slow oven for forty minutes.

Buttermilk Bag Pudding
Use a pudding cloth to cook this pudding. Wash the cloth in warm water, and then rub with shortening and dust with flour. Now place in the mixing bowl

One cup of buttermilk,
Two level teaspoons of baking soda,
One-half cup of syrup,
One cup of brown sugar,
Three-quarters cup of finely chopped suet,
Three cups of flour,
One teaspoon of ginger,
Two teaspoons of cinnamon,
One-half teaspoon of allspice,
One-half teaspoon of nutmeg,
One cup of seeded raisins, or well-cleaned fresh fruit.
Mix thoroughly, and then tie in

the prepared cloth and allow room in it for the pudding to swell. Plunge into boiling water and boil for one and one-quarter hours. Serve with sweetened cream sauce or fruit custard sauce.

Sweetened Cream Sauce
Place in a saucepan
Two cups of milk,
Four tablespoons of cornstarch.
Dissolve starch in cold milk and bring to a boil. Cook for five minutes and then add

One-half cup of sugar,
One-half teaspoon of nutmeg,
One well-beaten egg.
Beat to mix.

Fruit Custard Sauce
Place in a saucepan
One and one-half cups of cold stewed fresh fruit,
One cup of milk,
Four level tablespoons of cornstarch.
Stir to dissolve the starch and then bring to a boil, stirring constantly. Cook for five minutes, and add one well-beaten egg and three-quarters cup of sugar. Beat hard and then cook for two minutes.

Mountain Sweet-Spiced Blackberry Jam
Wash two quarts of blackberries, and then place in a saucepan and add three cups of water. Cool until soft, and then add and rub through a sieve to remove the seeds. Now measure the pulp and add to each quart of the pulp

One pint of currants, or green apple pulp,
Five cups of sugar.
Place in a saucepan and add the following spices, tied in a piece of cheesecloth,
One teaspoon of cinnamon,
One teaspoon of ginger,
One teaspoon of mace.

Gutney Run Potato Cake
Mince fine sufficient salt pork to measure to one-half cup. Place in a frying pan and add three-quarters cup of chopped green onions. Cook slowly until tender, and then add one quart of mashed potatoes, well seasoned. Mix well and then turn into a bowl. Cool, and then form into cakes and roll in flour, and brown in hot pork fat. Serve with well-seasoned cream gravy.

Meal Pudding
Place one quart of milk in a saucepan and bring to a boil, then add three-quarters cup of fine cornmeal. Stir until thick, and cook slowly for ten minutes and then add

One cup of mountain sweet-spiced jam,
One cup of syrup,
One-half cup of sugar,
One-half teaspoon of nutmeg.
Beat to mix and then pour into a baking pan and bake slowly for three-quarters of an hour. Cool, and then serve with plain cream.

Mountain Buttermilk Rye Muffins
Place in a mixing bowl
One and one-half cups of buttermilk,
One teaspoon of baking soda,
Four tablespoons of shortening,
Six tablespoons of syrup,
One egg.
Beat to mix and then add

Two and one-half cups of rye flour,
One teaspoon of baking powder.
Beat to thoroughly mix, and then pour into well-greased and floured muffin pans, and bake for thirty minutes in a moderate oven. When cold the muffins that are left over may be split and toasted, and then spread with mountain sweet-spiced jam.

Black-and-White Kitten
Dear Madam—We have noticed the success you have had in securing good homes for little kittens, and we are writing this in hopes that some one is looking for a very pretty black kitten (female) with white nose and four white paws, also white chest. It is very lovable and will certainly appreciate a good home. M. W.
M. W.'s address is held here and will be forwarded.

Reverend is the Word
Mr. Frank Ludlum, of Cape May Court House, N. J., sends in the information that the word mentioned once in the Bible is "reverend" and this can be found in the ninth verse of the 11th Psalm.

My dear Mrs. Wilson—Some time ago you gave a lesson on a meringue of one egg white and chocolate layer cake. The meringue you said would taste like cream. Can you tell me about it? Mrs. G. P.

Fruit Whip was used.
Place in a bowl
White of one egg,
One-half glass of jelly.
Beat until stiff enough to hold its shape; use a Dover egg beater.

My dear Mrs. Wilson—Will you give me your recipe for fruit whip and mayonnaise dressing? Mrs. W. I. P.

Fruit Whip
One-half glass of jelly,
White of one egg.
Place in a bowl and beat until the mixture holds its shape. If you use apple, crabapple, quince or currant you will have a beautiful white meringue. See the woman's page June 3, 1919, for salad dressings.

The New Bags for Summer
A Daily Fashion Talk by Florence Rose



The summer bags are lovely—even a shopping bag is a most graceful thing. Witness the one in the center of the sketch. It is of raffia and lined with blue taffeta. The other bags are described in today's fashion talk

A BIRD in the hand is worth two in the bush. It is an old and true saying in the ordinary run of life, but in the women's world in the summer time it should be "a bag in the hand that holds everything necessary, is worth two that are only ornamental." At least that is the way it looks to me on a hot summer day, when every extra thing I have to carry seems a burden. Women really have more to carry in the summer time anyway, for even the women who do not find it necessary to carry the powder puff, etc., in winter, do so in the warm weather. Then there is the parasol, and now that fans are the mode, there is just that much more to carry about.

Even when one has a frock or suit with pockets, these receptacles cannot be bulged out with articles. The same thing holds good regarding the purse. For no matter how expensive and elaborate a purse may be, if it has the appearance of being stuffed, the lines of the bag are lost and so is its beauty.

When speaking about rooney bags, I do not refer to the knitting bag, which so many women made use of last year, but good-sized purses, for the knitting bag is no more, except for the intention for which it was originally designed. While the new bags are ample enough in size to be convenient, they are not clumsy.

The materials used to make the latest bags are very lovely, and on the plain stuffs there is much embroidery in beads

or silk. Both the miser bags and the ordinary-shaped bags, with tops done in crochet and beads are still considered very smart. For summer the shops are showing these bags of white silk and white beads. These are very beautiful, also expensive. There are also dainty bags of flowered silk, intended to be carried with the organdie frocks.

At the left of the drawing is a very unusual bag, made after the form of a Chinese lantern. The lower part of the bag is of jade green silk, heavily corded to keep it round in shape. The upper part is of Chinese embroidery. A Chinese beaded tassel finishes the lower part.

At the right is a generous miser bag made of two shades of satin, embroidered, and the ends trimmed with fringe.

For the woman who desires a comely shopping bag, the one illustrated in the center should be interesting. This bag is made of raffia, is lined with blue taffeta and both sides of the bag are embroidered in colored silks.

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Adventures
With a Purse

UP COME the heavy rugs in summertime, and down go the cool rag rugs which help so much in giving the house an airy, cool appearance in warm weather. One girl I know has a cool little guest room in mahogany and rose, and for the summer, she has small rag rugs on the floor in gray and rose. There were pink ones, gray ones and some with a mixture of colors. They are just a nice size for the bathroom or small bedroom.

"Tonight," said I to the Recently Returned, "I am going to be comfy. There's no company coming." And I was cozily ensconced in the big chair, under my favorite soft shaded light, a kimono, when I walked the Recently Returned's uncle! That decided it right then and there. Not only would I write about the fetching garment I saw today—I would buy one for myself. First of all, it is made of old-rose Japanese crepe, cut with short kimono sleeves. It comes to the ankles and slips on over the head. One would call it neither negligee nor kimono, yet under it one could take off containing corsets and petticoats. A black silk cord ties around the waist, and a striking design stamped on the front gives one an opportunity to embellish some striking color contrasts in blacks, greens and tans. Ready made, and stamped for embroidery, it costs \$3. It is the comfort garment for home wear that one would slip into and then pray for unexpected company—it's so attractive.

"You will want to write about this," said Dorothea. "It's the best cleaning paste ever." It is a kind of paste that you rub on your shoes or gloves, and then turn right around and rub off again. But here's the difference—before you rub the paste on, spotty and soiled may be your shoes or your white kid gloves—but when you rub it off—behold you find them white and clean. No waiting for them to dry!

For the names of shops where articles mentioned in "Adventures With a Purse" can be purchased, address Editor of Woman's Page, EVENING PUBLIC LEDGER, or phone the Woman's Department, Walnut 3000.

IN THE DRESSING ROOM
OF THE SLEEPING CAR

You Can Find Out a Lot About Dispositions—Summer Time a Proving Ground for Character

IN ONE of the movies here recently they showed a close-up of a couple of men trying to shave in a Pullman. It was, of course our first chance to view such a proceeding and we gave it our full measure of mirth. The thing that made it particularly funny was that the men were trying to be so polite to each other. The train would lurch and send the elbow of one man into the ribs of another and the razor dear knows where, and the gentleman would assemble himself, apologize profusely for the collision and proceed.

It was very funny, and then we began to take sober second thought (we were two women together). Wouldn't it be fearful if they gave a close-up of the other end of the Pullman? What a contrast there would be! What a microscope on the general un-democratic nature of women! And on her off-times (we are sorry to say) selfish tendencies.

There is no place where true character shines out stronger than in the Pullman dressing room. Ever watched the woman who has been on the train all night before look with mingled pity and scorn on the woman to whom all the little contrivances are a deep dark mystery?

Ever bumped into the woman who combed her hair at one mirror, powdered her nose at another and let her fitted suitcase attend to the rest of the space in the jolly little dressing room? I hope you bumped into her. One does occasionally in the vague hope that she will come down to earth and remember she is not in her own leisurely boudoir, but on a crowded train where there are at least ten seat-bedecked women back in the car waiting to take a hurried wash before the train steams in at their appointed destination.

ing babies? Babies will cry, you know. Yours did or will, and there's no stopping an essential industry. How do we look on the porter? Is he an automaton that holds the ladder while one climbs in and out of an upper berth, that opens and closes innumerable windows and carts card tables back and forth, or is he a human being?

Is the elevator boy to us, as one writer once said, "not merely a Jack-in-the-box, but a being, looking before and after, with a soul, a mother and a future full of possibilities"? On the whole, don't you think it is worth wondering about?

Pretty Net Dresses
Some of the prettiest frocks for the warm weather are made of clear snow-white net trimmed with lace and ribbons. They are so simple in design that a description is superfluous; they have these bodices, straight skirts and sashes. Rivals to these are the models made of the finest crepe and voile; there are also for the ribbons to be passed through at the waist, so that they can be easily laundered. Little linen frocks have come into their own again; many take the form of coats and skirts with revers of white crepe de chine.

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A COVO SALAD
from the famous Waldorf
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LA SALADE BONAPARTE
Slice one medium sized tomato very thin, keeping the slices together, forming the whole tomato and lay on a salad plate. Surround with a ring of minced lettuce and around this another ring of nice, pickled water cress. Serve with COVO Mayonnaise.
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The Woman's
Exchange

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