

FIELDS OPEN TO 1919 GRADUATES—REFRESHMENTS BUFFET STYLE—DAINTY DRESS FOR DOTTY

MRS. WILSON GIVES TASTY MENUS FOR WEDDING ANNIVERSARIES

Informal Buffet Meal Easiest to Serve for Twelve or More Guests—Tasty Recipe for Filet of Chicken—How to Make Wedding Cake and Icing for Affair—Popover Cases Easy to Make—Cocoa Fruit Punch

By MRS. M. A. WILSON (Copyright, 1919, by Mrs. M. A. Wilson. All Rights Reserved.)

Ask Mrs. Wilson

If you have any cooking problems, bring them to Mrs. Wilson. She will be glad to answer you through these columns. No personal replies, however, can be given. Address questions to Mrs. M. A. Wilson, EVENING PUBLIC LEDGER, Philadelphia.

Cover with Three-quarters cup of mayonnaise dressing. One-quarter cup of vinegar. Toss gently to mix.

Now chill a baking pan by placing on ice. Make two quarts of lemon gelatin. Pour some gelatin in the pan and turn it so as to make a one-half-inch coating of gelatin all over the pan. Now spread on the potato salad in an even layer. Pour over the salad a little gelatin every few minutes to fill the crevices and cover the top. Set aside to mold and then when ready to serve, dip the pan in warm water for a few minutes and then unmold on a pastry board. Cut into squares and place in a nest of crisp lettuce leaves and garnish with a teaspoon of mayonnaise dressing.

Anniversary Wedding Cake Prepare the pan, which should be a round one, preferably a heavy tin pudding pan; grease well, then flour and then line with four thicknesses of greased paper. Use vegetable or salad oil for greasing both the pan and papers. Now place in a mixing bowl

One and one-half cups of sugar, Yolks of six eggs. Cream well and then add Four cups of flour, sifted twice, Four teaspoons of baking powder, Two teaspoons of flavoring, One and one-quarter cups of milk. Beat just enough to mix thoroughly, then carefully cut and fold in the stiffly beaten white of one egg. Pour a layer of the batter in the pan one and one-half inches deep, then spread a layer of finely chopped nuts and citron, place in the balance of the batter and then a layer of nuts and citron on top. Pat in gently with the back of the spoon. Bake in a moderate oven for fifty minutes.

Place the food on the table and then allow the guests to help themselves, passing the dishes in the good old-fashioned way. Have a wedding cake and arrange candles for each year. If more than a dozen guests are to be present, then the buffet supper is easiest to serve. The gentlemen will serve their partners, as this must necessarily be a plate meal. For a buffet service have the table covered with heavy linen tablecloth; the centerpiece should be quite large and showy. Place the sandwiches and other foods so that they may be quickly and easily served. A few chairs are required for convenience of elderly persons. This informal meal is very easy to serve. Have some one preside for the tea or coffee service and to help with the serving.

A Toast to the Wedded Couple A very pretty French custom is the drinking of a toast to the happy couple. Have a large punch bowl filled with fruit punch and serve to each guest at the beginning of the meal, so that all may toast the celebrants of this auspicious occasion with a cheer for health, wealth and much happiness.

Suggested Menus

- Fruit Punch Sweet Mixed Pickles Olives Salted Nuts Filet of Chicken, Poindexter Tartar Sauce Jellied Potato Salad Anniversary Wedding Cake, Iced Tea Salted Almonds Fruit Cup Olives Radishes Chicken a la King in Popover Cases Tomato Salad Iced Coffee Grape Punch Cheese Canapes Olives Radishes Shrimp and Deviled-Egg Salad Fancy Cakes Ice Cream Iced Tea Orange and Banana Cocktail Sliced Tomatoes Colelaw Deviled Clams Potato Salad Mock Alaska Iced Coffee Cocoa Fruit Punch Olives Radishes Watercress Chicken-Salad Sandwiches Fruit Salad Cake Iced Tea Gingerale Cocktail Salted Nuts Pickles Salmon Croquettes Tomato Salad Individual Shortcakes Cocoa Loving Cup Olives Pickles Chicken Salad Rice Croquettes Ice Cream Cake Coffee All recipes are for twelve persons. Filet of Chicken, Poindexter Singe, draw and then wash thoroughly a large stewing chicken and then cook until tender. Let cool. Now cut the wings and take out the bones, breaking as little as possible. Cut the breast into slices a little larger than an oyster and remove the bones and then cut the meat into neat fillets. If the meat breaks apart press firmly together and then season, roll in flour and dip in beaten egg, then roll in fine crumbs. Press firmly. Fry until golden brown in hot fat. This may be prepared early in the day and then set in the oven to heat.

Vanilla Pudding Three-quarters cup of sugar, One egg. Cream well and then add Four tablespoons of shortening, One cup of flour, One cup of bread crumbs, One teaspoon of salt, One tablespoon of baking powder, One cup of milk. Mix thoroughly and then pour in well-greased mold and boil for one and one-quarter hours or bake for forty-five minutes in a moderate oven. Serve with cream sauce.

My dear Mrs. Wilson—I shall be much obliged if you will give me a recipe for a good pie crust. I am a beginner and I have had wonderful results from a number of your recipes, and I feel I will make a success of the pie crust if you will please help me and oblige. Mrs. E. J. B.

Plain pie crust: Place two cups of sifted flour in a bowl and add One teaspoon of salt, Two teaspoons of baking powder. Sift to mix and then rub in one-half cup of shortening and mix to a dough with one-half cup of ice-cold water. Cut and fold the dough to

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WHOSE LITTLE GIRL ARE YOU?



Have you a little person like this in your house? If you have, wouldn't you like to have her dressed up this way some bright, sunny Sunday morning at the shore? The little dress is white dotted swiss and the ruffles are of pink organdie. The stitching and the little flowers worked on the waistband are done in pink floss, and two of the tucks on the skirt are topped with pink stitching and the other one with pink French knots. A pale bonnet in pink organdie completes the charming little outfit.

Please Tell Me What to Do

By CYNTHIA

To "Reckless" Dear Cynthia—May I say a word to "Reckless"? In my poor way I will try to tell a story. About three years ago my sister—the dearest girl in the world to me—met a young man and he won her heart.

He soon became tired of her, however, and cast her aside for a later attraction. Well, my sister is under six feet of ground now, and so would he, perhaps not with a broken heart, but a broken head had I not promised her to let him alone.

"Reckless," did you ever have a sister? JUSTICE.

Good for "Seventeen" Dear Cynthia—I read a letter in the paper signed Fair Nineteen. And I am in the same boat as she is. I'd like to tell my idea on the subject.

I am seventeen, not good-looking, but would pass in a crowd. I have a lot of friends, but they are all older than me and consider me but a child; yet I have a good time with them. When I was fifteen I had a boy friend, seventeen; we went together three nights a week. My mother liked him and my mother liked me. He had often asked me to kiss him and I refused until one night after being coaxed for about three months I consented. And from that night I could see the change in him.

Laugh at Them, She Says Dear Cynthia—I have been a constant reader of your column, and would like to say a few words. Now I am nearly nineteen, and I, one of many, don't run around, or use powder and paint, and am not as some girls say (crazy over fellows). I've been able to keep house since I was eleven. I am acquainted with lots of young folks. I've been out with fellows and only those I've been properly introduced to, but as yet not one of them has taken my fancy. I'm not going to say I'm considered good-looking by both sexes, as that doesn't bother me in the least, as looks are only skin deep, it's what's under the looks. Of course, like all other girls, I've had my trials and troubles with the men. Of course they lose their balance once in a while and say things to you

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Smocking in Silver New Somebody is always thinking up some new way of putting joy into the life of a bride and one of the latest ideas pertains to the lingerie for her trousseau. Lingerie has long been made of washable satin, and recently it has become quite a fad to have underclothes smocked. Now the two styles have been put together and the bride-to-be feels that her trousseau is incomplete if she has not at least one garment of smocked satin. And now some one has gone a step farther and suggested smocking the satin with silver thread, which sounds almost too lovely to be possible.

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they don't mean in the least, but pass them over to me and you'll always come out on the top. You can't take many of them seriously nowadays, especially the young fellows at home. This letter is not for self praise, but just to state a few facts. Now what does Lieutenant B. think of this kind of a girl? A DAILY READER.

The Ideal Girl Dear Cynthia—I read two letters written by girls recently and I want to congratulate both of them for writing such common sense. The girl who signs herself "A Twenty-Year-Old Girl of Today" is right in defending the girls whom most people call "fickle."

I must admit that a great many fellows do not treat the girls they go with properly and in a great measure they are responsible for the said "fickleness." The H. S. G. wants to know what kind of a girl most fellows want. Well, I can safely speak for myself, as I am twenty-six and have seen quite a few types, and so far I have not met the girl I want, because my feminine acquaintances are very limited and the kind I want is scarce.

Give me the girl who knows as much about the management of a home as she does about dances, parks, etc., one who has spent part of her time learning from mother, one who dresses well and neatly instead of extravagantly and gaudily and who is loving and devoted, but not "mushy." A girl of this kind is worth waiting for because I believe that 75 per cent of the happiness and the success of married life depends on the woman. What do you think? H. D. C.

To "Still Gunning" Cheerio for you. The very nice and hopeful letter will appear shortly.

The Woman's Exchange

To A. J. No doubt you have not persisted in any skin treatment long enough to see a marked improvement.

Liquid green soap is sometimes prescribed for stubborn cases of large pores. You can buy this in a drug store. Camphor water applied with a little absorbent cotton and allowed to dry on the face is good for open pores. To make this dissolve an ounce of refined borax and a half an ounce of glycerine in a pint of camphor water made by letting a piece of camphor dissolve in water for a few days. If this is too drying omit the borax or use a little cold cream.

Games for Club Dear Madam—Please send me a list of games that are suitable to play at a ladies' club of eight, nine or ten members, not expensive ones. I would like four. SUBSCRIBER. I have sent the games to you by mail and hope you enjoy them.

Dear Madam—Please send me a list of games that are suitable to play at a ladies' club of eight, nine or ten members, not expensive ones. I would like four. SUBSCRIBER.

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When My Baby Had Fever THE first time my baby had fever, it was frantic with fear. It seemed hours before the doctor came. But he only smiled. "You needn't worry," he said. "Pretty soon that first tooth will be through and he'll be all right. We'll just make things easier for him, though, by giving him Nestlé's Milk Food." That was how I learned that Nestlé's is better for baby's stomach than other kinds of milk. The doctor told me it was made out of the pure milk modified with just the right amount of sugar and cereal, and all changed to a fluffy powder—pure, clean, safe. Soon the fever was gone, but we kept on with Nestlé's as the safest and best way to give him milk. And somehow the other teeth came more easily, and he seemed to be getting more healthy nourishment out of those warm bottles than he ever had out of ordinary milk. Now I know the Nestlé Company wants your baby like mine to be helped when those teeth come, so if you will fill out and send them the coupon below, they will send you free enough Nestlé's for twelve feedings and a Mother's Book on how to keep babies well and strong. Nestlé's is pure milk in powder form that is already modified and does not require the further addition of milk. Always pure and safe, always uniform, and free from the dangers of home modification, Nestlé's has stood the test of three generations and has today the largest sale of any baby food in the world. FREE! Enough Nestlé's for 12 feedings. Send the coupon! NESTLÉ'S MILK FOOD

JUNE GRADUATES FAVOR SOCIAL SERVICE WORK

A Special Article Written for Several Who Asked for Definite Information as to Specific Lines and General Opportunities

IN REPLY to an article on positions open to June graduates, recently published in these columns, nearly every letter received made inquiry about opportunities in social service work, journalism and advertising.

Today we are going to talk about social service. One of the letters asked that "it please be specified just what kind of work the social worker does and how much of a demand there is for her." The social worker does everything from giving some sickly little baby a back rub to a bath to installing and maintaining the huge welfare departments in the various large plants.

You will find her in the day nursery, in the settlement house, in the courts, in associated charity organizations, in agencies working with needy children, in agencies working with needy families in their homes, in preventive and reform agencies.

She is the investigator for the child labor organizations, for the Consumers' League; she is the playground worker and the club leader. She is the probation officer and attendance officer and you will find her visiting the girl on parole.

One eminent person has defined the social worker as "the trained and specialized good neighbor." That about describes her in most cases. It is her duty to do for the little people or the big people with whom she comes in contact what a very kind and wise neighbor would do. She looks into the troubles and tries to find a way out for them.

IN THE welfare department of the large plants for instance, the girl just naturally takes a confidence of the wise woman person who is in charge. It is, of course, not only her duty to become a big stout lock box of all these troubles, but she must forget all about herself a great deal of the time and build only for happiness, which of course is another way of dealing away with troubles. She plans recreation, such as dances and athletic sports; she forms clubs among the girls and boys and organizes interesting classes.

Of course it may be kept in mind that a young girl of say, twenty-one, would not be able to hold such a position, but I am trying to show what the future can hold. There are capable young women of twenty-nine and thirty holding such positions and I know of one splendid young woman "welfare head" even younger than this. Such a position is well paid.

ANOTHER very interesting field in social work is in the hospitals. You will find several workers now in most of the large hospitals. It is their duty to help the doctor at the clinic and see that the patient understands his orders; then they must visit the home and see that the patient has the proper means to carry out these orders.

Various amounts of training are required for the different lines of welfare and social service work. There are schools for social service and other girls get their training by doing volunteer or free work for some time. One might progress from free work to the position of an assistant and then in this way gradually progress to higher things.

The girl who has taken a business course and yet does not care to have a business career has a good opportunity to get valuable training by procuring a stenographical or clerical position with an organization having to do with relief work or social betterment. It will be an easy matter for her to switch to actual visiting later on.

IN LOOKING ahead in any direction, June graduates, there is this to be remembered: the permanent positions that mean well-defined and interesting careers with little or no limits in achievement all require training and preparation. Once acquired, however, nothing can ever rob you of it and you are provided, as it were, with a profession for all time.

To return to social service specifically, there never was a time when there were so many opportunities. Factory after factory is installing its welfare department; in fact, the conscience of the whole country is quickening to its duty toward human beings. If a girl feels seriously that she is fitted for this type of work then it would be worth while to go in for an amount of preparatory training. There is no definite age limit for the social worker, but it is the general rule that a girl must be twenty-one before actually stepping into a position that carries any responsibility.

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