

SUGGESTIONS FOR COOLING BEVERAGES : KEEPING HOME ACCOUNTS : CYNTHIA'S LETTERS

HOW TO MAKE SODAS AND SUNDAES; VARIED RECIPES BY MRS. WILSON

Now That Summer Is Well On the Way We Are Longing for Cooling Beverages and Delicacies—They Are Really Not Hard to Prepare, as You Will See in This Article—Save It

By MRS. M. A. WILSON

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The first hot days are quite apt to make us long for a cooling, thirst-quenching drink. And now that these drinks are included among the luxury taxables, many of us feel that unless we have them at home we shall have to eliminate them entirely.

In planning to prepare summer drinks at home remember that a sirup used for sweetening will give much better results than sugar alone; this sirup is called a stock sirup.

Stock Sirup

Three cups of granulated sugar. One and one-half cups of water. Bring to a boil and cook for five minutes and then cool. Pour into a bottle and set in a cool place until needed.

To Make Lemonade, Using the Stock Sirup

Grated rind of one-quarter lemon. Juice of four lemons. One and one-half cups of stock sirup. Four cups of cold water.

Stir with a spoon and then serve in tall, thin glasses. A sprig of mint lends zest to a cool drink.

Orangeade

Small oranges will do for this. Grate the yellow rind of three oranges and then ream out the juice from one dozen oranges. Put through a strainer and add

One and one-half cups of stock sirup. Two cups of cold water.

Stir to blend well and pour in bottles and set near the ice. This will keep three or four days.

Strawberryade

Place two quarts of soft, ripe berries in a saucepan and add one quart of water. Mash well and bring to a boil and cook for ten minutes. Strain and add two cups of stock sirup. Pour into bottles and set on or near the ice to chill. Serve iced with a dash of nutmeg.

Carbonated water may be purchased in pint and quart bottles and used for making sodas at home. The pint and quart size will be found to be much cheaper than the old-fashioned siphon.

How to Make Vanilla Sirup

Place in a saucepan Two cups of sugar. Three-quarters cup of water.

Bring to a boil and cook for three minutes. Remove and cool and add Three tablespoons of vanilla extract.

Bottle

To use, place three tablespoons of the vanilla sirup in a thin glass and add two tablespoons of crushed ice and two tablespoons of cream and then fill with the carbonated water.

Lemon Sirup

Grate the rind from two lemons. It is most important when grating the yellow part that none of the white or pithy substance gets in with the grated outer rind. (This white, pithy part lays very close to the outer yel-

low surface). Place the grated rind in a bowl and add one cup of strained juice. Place three cups of sugar in a saucepan and add three-quarters cup of water. Stir until dissolved and then bring to a boil and cook for three minutes. Pour in on the prepared lemon juice and stir until well mixed. Cover and set in a cool place for twelve hours. Strain through a fine piece of cheesecloth into a Mason jar. Seal and place in the icebox. If kept in a cool place, this sirup will keep from two to three weeks. Orange sirup may be prepared in the same manner.

Chocolate Sirup

Two cups of white corn sirup. One and one-half cups of sugar. One cup of cocoa. One and one-half cups of water.

Place in a saucepan and bring to a boil. Cook slowly for five minutes and add one tablespoon vanilla, one teaspoon cinnamon, then pour into a Mason jar. Seal.

To use place five tablespoons of the sirup in a glass and add two tablespoons of cream and then fill with carbonated water. To make ice cream sodas add one large tablespoon of ice cream.

Sundaes

This delicious American concoction may be very easily prepared at home by using crushed fruits, chocolate, nuts and marshmallow whip.

How to Prepare the Fruits

Crushed Strawberry Place one quart of full-ripe berries in a saucepan and add one and one-half cups of sugar. Crush well, using the potato masher. Place on the stove and bring to a boil and then cook slowly until the fruit is clear. Pour into Mason jars and seal. Keep near or on the ice. Other fruits may be prepared in the same manner.

Chop Suey

One cup of seeded raisins. One-half cup of currants. One and one-half cups of nuts. Put through the food chopper and

Mrs. Wilson Answers Questions

My dear Mrs. Wilson—Will you publish a good wheat muffin recipe? I always have good ones, but lately they don't seem to be light and puffy. The flour is all wheat and no substitute. Also exact amounts of ingredients for crullers, making about fifty? Mrs. A. R.

Muffins

One egg. One and one-half cups of milk. Four tablespoons of sugar. Three tablespoons of shortening. Two and one-quarter cups of sifted flour. Five teaspoons of baking powder. One teaspoon of salt.

Place in a bowl and beat to thoroughly mix. Pour into well-greased muffin pans and bake for twenty minutes in a moderate oven.

Fifty Crullers

Six cups of sifted flour. One teaspoon of salt. Four level tablespoons of baking powder. One and one-half cups of sugar.

Place in a bowl and sift to mix. Now rub in three tablespoons of shortening. Place one egg in a bowl and add one and one-half cups of milk. Beat to mix and then use this to dough up the flour for the crullers. Roll on a floured pastry board and fry until golden brown in hot fat.

My dear Mrs. Wilson—Will you please be so kind, when convenient for you, to give me a recipe for old-fashioned drop dumplings? All recipes of yours I have tried so far I have had good luck with and know I shall have the same with these. Thanking you in advance, Miss A. B. S.

Old-Fashioned Drop Dumplings

Grate one onion into a mixing bowl and add Four tablespoons of chopped parsley. One teaspoon of salt. One-half teaspoon of pepper. Two cups of flour. Three level teaspoons of baking powder. One egg. Two-thirds cup of milk.

Beat to thoroughly mix and drop from spoon into top of stew or pot of boiling water. Cover closely. Do not open saucepan for ten minutes. Cook for fifteen minutes.

My dear Mrs. Wilson—I tried your recipe for baked beans in fireless cooker, but found them with all the water still on top. I had the stone heated thoroughly and left all day in the cooker until 7:30 p. m. Is my cooker at fault? I should like very much to use it for your recipe, but I think five cups of boiling water too much for using but one stone unless it is reheated, and then, of course, they will not be brown. Perhaps the insulation has deteriorated. Can anything be done for this? It is aluminum lined. I find the same trouble in making soup. It looks so watery, but I surely heat the stone also. Mrs. A. S.

It is intended to finish baking the beans in the oven, as they do not brown sufficiently in the fireless cooker. Your cooker is all right; use two hot stones in making soup; one below and one above.

Dish Mop for Floors

The long-handled mop is a joy to any one who has a great deal of furniture under which the dust will gather. There are some corners, though, that are too small for even one corner of the mop to get into. For this emergency one housewife had a snappy dish mop, which she oiled with floor oil, and used in these corners, where the mop would not go. In consequence, there was never an inch of her hardwood floor that was not well brushed and oiled all the time.

WHERE DOES THE MONEY GO?



A household budget such as is discussed in this article would prevent all this worry and this empty pocketbook. Classified "household books" reveal unwise spending and economies, determine per cent of income required and limit to be observed. Three methods are explained

WOULD you like to know where that \$5 bill that was in your purse yesterday went? Would you like to know why your last month's allowance did not hold out so you could have the new hat you wanted and really needed? Would you like to know just how much money you spend a year on food? Of course, every housewife would like to know. Why don't you find out?

"Just wondering," will never tell you facts. A business man does not "just wonder" whether his business is paying or not. His books tell him. But you say since your books would show money being spent and never money being made, you wouldn't have the satisfaction the business man realizes at the end of the year. You are dealing with much more satisfying results than the business man. You are factoring in the results of your work. The home, in its completeness or its incompleteness, its order or its disorder, its system or its lack of system, answers you, but it does not tell you whether you are getting value received for the energy and money expended. Is that important?

Are the questions pertinent that you ask yourself concerning the amount of money it costs you to live, the amount you spend on essentials and the amount you spend on things you would be better without? If they are, then it is important and necessary that you keep account of the money spent, in order that those questions can be answered.

Accounts Must Be Accurate Accounts are of virtually no value if they are not accurate. If you are not willing to put down everything for which you spend, if you do not intend to spend a little time and thought on the subject of accounts, do not start for, like everything else worth while, it requires energy and thought.

Keeping accounts is a peculiar type of burden. If done correctly it lessens other burdens. In keeping accounts if you know the questions you want answered the time you spend in the daily routine is sure to be decreased.

How will you go about keeping your notebook one with too much detail, for either evil will make them lose their interest and value long before you can expect results.

Three Plans Suggested Three plans of keeping accounts are commonly suggested by economists. Any one of them will work out successfully, according to home-economics specialists of the United States Department of Agriculture.

The first method is the "Food, 35 per cent, \$58.30" (or whatever percentage of the income planned for in the budget). On the other cards would be "Clothing, . . . per cent, \$ . . . ; Household Furnishings, . . . per cent, \$ . . . ; Running Expenses, . . . per cent, \$ . . . ;" If a general summary for the month is desired a card with all the headings could bear the totals taken from the various cards. At the end of the year the month's totals could be summarized and kept for reference.

The woman who keeps accounts will know after a little experience just what information she wishes and can adapt any of these methods to her own needs.

Cards in Third Method The third method of keeping accounts is by means of a card system. It varies little from the methods already given, except that the headings are placed on cards instead of in a book. On one card would be the heading "Food, 35 per cent, \$58.30" (or whatever percentage of the income planned for in the budget). On the other cards would be "Clothing, . . . per cent, \$ . . . ; Household Furnishings, . . . per cent, \$ . . . ; Running Expenses, . . . per cent, \$ . . . ;" If a general summary for the month is desired a card with all the headings could bear the totals taken from the various cards. At the end of the year the month's totals could be summarized and kept for reference.

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Adventures With a Purse YOU remember those delightful little Splash-Me dollies with their elaborately coiffed hair and captivating expression? Well, now comes a new dolly—a coy maiden with funny little boudoir cap and provocative manner, who looks at you in a most entrancing fashion, with lips pursed up invitingly. She is the "Ties-Me" lady, costing \$1.25. I know you'll like her.

Every woman should have one best nightgown for when she goes a-visiting. And while a clingy gown of crepe de chine is desirable, I will confess, yet after all that is lovelier than a soft little garment of sheer muslin, or whatever it is they are made of, if it bears some handwork? Now, the nightgown I have in mind—and one would be tempted to term it a robe de nuit—is soft and fine. It is made empire style, with high-waisted ribbon belt. It is sleeveless, and for an edging hand-been lowered in price to \$5.95. For yourself, or for the girl who has a hope chest, you could find nothing lovelier in the way of a nightgown.

For the names of shops where articles mentioned in "Adventures With a Purse" can be purchased, address Editor of Woman's Page, EVENING PUBLIC LEDGER, or phone the Woman's Department, Walnut 2000.

Please Tell Me What to Do

By CYNTHIA

An Answer for Sandy My Dear Cynthia—Love! That infinite, inexplicable something that is bound to spring up in your life!

But, Sandy, how much better could we explain "love" than Webster? His definition is this: "A strong, complex emotion or feeling of affection or regard for."

True, "but it is almost a divine thing, something inexplicable, yet we all know it exists."

The strong emotional feeling issuing from your heart tells you what love is.

No love is love unless it is true love. By that I mean the earnest and delightful, though fearful, feeling of one person for another.

Love is something to be looked forward to, something to be respected and not thrown away on everybody who thinks it is "fun" to be silly and sentimental. A poor explanation, Sandy, but I can't explain it, only feel it.

Here's your first answer, Sandy. There are more, too. Love has many followers and many friends who would solve her meaning. Cynthia will print the answers through the week.

Don't Listen to "Friends" Dear Cynthia—I am a girl of sixteen and associate with a good many boys. Only a few months ago one fellow said that he loved me. I went with him for a few weeks and he asked to go to a show with him, which I refused. That got him angry, but he didn't show it. After that we stopped talking to each other. Now he goes with some other girl. The very next day after he asked the other girl to go with him he told my friend that he loved her and would like to go with me. What could I do to get him back? I don't want to give a party. I love him and he loves me. HEARTBROKEN.

My dear, I am afraid Cynthia is going to scold a little. In the first place, little girls of sixteen should be studying their lessons and playing good healthy out-of-door games with boys and girls. The very idea that you are in love with this boy is absurd. Don't listen to what others tell you about his feelings for you, or any one else's, for that matter. If a man loves a woman (this is for when you are older) he'd tell her so himself, and until the woman discards the subject with others. Many a happy possible marriage has been spoiled by the silly, thoughtless talk of "best friends." If this boy likes you he will go to see you, and if he does not let him alone and forget the matter.

Forget the Girls Now Dear Cynthia—I am a high-school boy of sixteen, and no baseball about me. I am always blushing in a girl's presence and then I never do know what a girl likes or likes to talk about.

It's agony for me to walk to school because of the number of girls going in the same direction.

When I meet a girl whom I know I tip my hat, mumble something and stumble on. This keeps on till we both get disgusted. I stop tipping and she stops smiling.

You are young, A. Z., to worry about the girls. Just don't bother about them. Simply smile and bow and say a word or two, if you will, but study your lessons and spend a lot of time in the air. Do you play baseball or tennis with other boys? When you are older will be time enough to think about the girls, and then you will have gotten over the shyness.

The Question Corner Today's Inquiries 1. What government position that has to do with dental hygiene is now open to women?

2. What is the birthstone for June?

3. Name the birthday flower for June.

4. How can beads be used in a dainty and unusual trimming for a georgette shirtwaist?

5. There is novel sort of retinning used on the pink crepe de chine nightgown. What is this?

6. The style of hair-dressing now coming into favor for evening is high on the head and adorned with a bandeau and an aigrette.

Yesterday's Answers 1. Sarah F. Frost is the real name of Julia Marlowe, the actress.

2. A convenient way to keep spools of silk to prevent the ends from tangling is to make tiny silk bags from remnants, the color of the silk.

3. A dainty summer knitting bag is made of organdie adorned with rows of ruffled net.

4. Motoring coats are being made of oilcloth in various colors.

5. The window shades in the summer bungalow can be stenciled with a single flower chosen from the cretonne curtains.

6. The style of hair-dressing now coming into favor for evening is high on the head and adorned with a bandeau and an aigrette.

DOES MONEY SEPARATE PARENTS FROM CHILDREN?

Here Is One View of It Illustrated in a Book That Has to Do With a Child of the Rich

DOES money separate parents from their children? Do the pleasures it can afford so tempt fathers and mothers to perpetually luxuriate in them that what is best for their children in the way of upbringing continually comes last?

One of the new books of social life, "Cricket," by Marjorie Benton Cooke, draws a vivid picture of what an extreme in this matter can be.

The following little scene illustrates what I mean:

"Oh, Jerry, don't leave me. I want to go with you, Jerry—always, because I love you so. Won't you take me, Jerry?"

"Don't be a little goose, Isabelle." "Please don't hate me, Jerry," she sobbed.

Now, doesn't that for all the world sound like the climax vampire scene from the problem play? Put it isn't. Do you know who Isabelle is? She is the sixteen-year-old daughter of ultra-wealthy and truly idle rich parents whose ideas of life have been chiefly gained from rather intolerant nursemaids and books purloined from various sources and who is therefore clinging to the neck of the first young man with whom she has ever come in contact.

The child, like most children, has a great deal of good in her, but each talent or aim is led into the wrong channel through lack of any personal interest to direct it into the right one.

If only neglect of children by their parents would simply make them a bit lonely and wistful! But it doesn't. It turns them into abnormal children, selfish, do-as-you-please young ladies and finally restless, dissatisfied women; unless they are rescued in time—which always happens in a story book, but, to say frequently does not happen in real life.

Unfortunately, in discussing this matter of the children of the rich, people are prone to give all their parents the name of leaving the upbringing of their children in the hands of others. This isn't fair or true. A great many fabulously wealthy mothers are daily putting the best that is in them into their children and devotedly striving to make fine men and women out of them. It isn't just to touch the subject of the children of the rich without exempting these women.

But, having done that, it is fair and true to say that on the whole money does separate parents from their children, and that where there is great wealth with no wise guiding mind behind it, boys and girls become fine men and women, not because of it but certainly in spite of it. You can pay for a great many things in this world, but there is not enough of money in the world to buy a real substitute for a mother as far as raising children is concerned.

NO ONE who has ever taken a hand at it can say that raising children as they should be raised is easy. There is no short cut. It is not only a labor of love but of an infinite amount of patience and self-sacrifice. There are times when the pleasure and personal wishes of mothers and fathers must be completely lost sight of for the time being. It would be folly then to think that a parent can, . . . the thought of a child just as, for instance, was continually done with the "Cricket," and expect at the same time to fulfill the duty of parenthood.

There is a saying that the woman who has never loved, hugged, kissed, played with, listened to, told stories to, or thoroughly spanked a child has missed the credit of a mother. It could be amended to read that the mother who has not done all these things has completely fallen short of motherhood.

There can be a special trousseau table, too. The decorations can be very attractive. At the linen shower booth let the main decorations be three white parasols with showers of varicolored baby ribbon (this can be paper baby ribbon) hanging all around down from the edges of each. The parasols hang in a row from the framework at the top. The linen articles are arranged artistically about to form part of the decorations.

At the kitchen shower table bright shining pans are hung all along the top framework and a blue and white oilcloth color scheme is carried out. It is often possible to get paper that resembles oilcloth and this suits admirably. Everything used in a kitchen is sold at this table.

The lingerie table is attractive decorated with artificial or real pink blouses attached to pink string and hanging in showers from the white oilcloth color scheme. The framework of cutouts in crepe paper and stuffed perch on the pink string.

Decorations for the other tables can suggest themselves from these.

THE WOMAN'S EXCHANGE

About Mrs. McL's Dog To the Editor of Woman's Page:

Dear Madam—I would be glad to have the dog Mrs. McL. wants to find a home for. I don't hear very well when upstairs. I can't hear any one knocking on the gate, and feel a dog would be a great help to me. I can assure Mrs. McL. that it would have a very good home and care. Trusting for a favorable reply, I am, very sincerely,

K. K. It would be interesting to readers to know that K. K. was the fortunate recipient of Mrs. McL's dog and I think it will be generally agreed K. K. really deserved the pet.

Spot on Suede Shoe To the Editor of Woman's Page:

Dear Madam—I have a gray suede shoe with a small spot on it. As you have helped so many out I thought maybe you would tell me how to get it out. M. C.

A piece of fine-grained sandpaper rubbed over the spot to raise the nap might remove it. If not, then a little chloroform ought to take it out.

The June Bride Bazaar To the Editor of Woman's Page:

Dear Madam—On your page recently you mentioned a June bride bazaar. Would you kindly give some directions about this, as it sounds very new.

M. R. T. A June bride bazaar offers possibilities for many novel and interesting tables. There is the "linen shower" table or booth, the "kitchen shower" table, the "lingerie shower" table, the "miscellaneous shower" table, the "bride's bouquet" table and the "bride's cake" table. At each of these are sold the gifts appropriate for a young engaged girl at her shower and of course the lingerie, linen, etc., would be appropriate for a young girl to purchase for her trousseau. At the bouquet table any kind of fanciful little knick of knobs can be sold, of course, there must be a flower table at a bazaar to give color and fragrance. At the cake table homemade and fancy cake is sold.

PROTOPLAYS PHOTOPLAYS The following theatres obtain their pictures through the STANLEY Booking Corporation, which is a guarantee of early showing of the finest productions. Ask for the theatre in your locality obtaining pictures through the Stanley Booking Corporation.

Table listing various theatres and their current productions, including Alhambra, Apollo, Arcadia, Bluebird, Broadway, Empress, Fairmount, Family, 56th St., Great Northern, Imperial, Leader, Liberty, Belmont, Cedar, Coliseum, Colonial, Eureka, Frankford, Jefferson, Jumbo, Locust, Nixon, Park, Rivoli, Strand, and West Allegheny.

What's New in Bathing Suits A Daily Fashion Talk by Florence Rose



Bathing caps, a bathing suit and shoes. The suit is jersey silk with a fringe falling over full bloomers and forming the skirt. The caps are described in today's fashion talk

THIS may seem a bit early to some of the women to talk about bathing things, but for those who leave at the beginning of the season for the summer places it is not a bit in advance.

Just what are they using for bathing suits? Well, the old reliable mobair still is preferred by many. Then there is tafeta; and jersey and the new triclottes are much favored, as well as all the jersey weaves in silk.

Shown today on the figure is a suit of jersey silk. The bodice of this model is sleeveless, according to the new fashion, and the suggestion of the new style is also a feature. Attached to the bodice is a perim of fringe, which is a skirt. The bloomers are of jersey silk.

Shoes, too, are very important for bathing this summer and all the shops seem to have an excellent assortment from which to choose.

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