MRS. WILSON'S MENUS FOR SUNDAY MEALS

The Contents of This Week's Market Basket for Breakfast, Dinner and Supper Will Cost About Three Dollars-Number of Persons to Be Served Six

By MRS. M. A. WILSON

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TN PURCHASING fruit and vege- pour into well-greased custard cups. tables a little experience will en- Set the cups in a baking pan containable the housewife to judge the quality by the appearance of the article. Dried, withered-looking vege- cup to loosen. Let stand for four tables have lost their natural moist- minutes to shrink and then unmold ure and are apt to be tough and upon a hot platter. Place a very thin round of toast under each pudleathery when cooked. And while it ding. Cover with mushroom sauce. is true that they may be soaked in Mushroom Sauce cold water and thus refreshed, the Place one and one-half cups of wise purchaser will select the fresh milk in a saucepan and add four products, even if they are a trifle tablespoons of flour. Stir until dis-

nushraoms, One well-beaten egg.

hopped parsiey.

One teaspoon of sail.

One teaspoon of paprika,

Fried Noodles

Beat to mix and then add suffi-

One green pepper, chopped fine.

Frozen Strawberry Custard

planned so as to include a guest or

glass of raspberry vinegar. Or perhaps

heated, an iced drink of this sort is

refreshing. The raspberry vinegar comes

in forty-five cent bottles, while the lo-

You cannot judge a book, I will

grant you, by its cover any more than

powder by its box. But a powder that

combines excellence and purity of qual

ity with an attractive box is greatly

to be desired. The particular powder

I have in mind is delightfully fragrant,

box-round, large rather flat, and ar-

would like on your dresser or bureau

tistically decorated-is the sort you

For the names of shops where ar-icles mentioned in "Adventures

With a Purse" can be purchased, address Editor of Woman's Page,

EVENING PUBLIC LEDGER, or phone

the Woman's Department, Walnut 3000.

Cigar Box Door Stop

treasure chests for old letters, precious

keepsakes, important papers and all

kinds of things. And there is many a

child who has spent a delightful rainy

box furniture for the dollhouse. But

now there is another way in which it

can be used. It can be decorated with a hand-painted flower, stenciled with a

home-made design, or covered with

afternoon in the nursery making cigar

Cigar boxes have long been used as

ticles mentioned in

With a Purse

Adventures

Three tablespoons of water.

One-half teaspoon of salt,

Pinch of pepper.

ten minutes.

more expensive. Off-color vegetables and fruits are frequently offered at a price that will attract the close buyer. All fruits and vegetables that show the slightest sign of decay should be taboo. A certain decomposition has set in, and as cooking does not always kill these bacteria, it is wisest not to purchase foods that show evidence

of decay. The economical housewife will always attend to the buying herself. And she will give close inspection to her purchases. Insist that foods be protected from dirt, dust of the streets and from flies. All three of cient flour to make a stiff dough. these causes are responsible for Knead for five minutes and then much of the sickness and suffering cover and let stand for ten minutes. and many of the deaths each year. Now roll out on a floured pastry

warm weather. Particularly is this Drain. Now place five tablespoons true if the family desires to follow of shortening in a frying pan and the meatless or vegetarian plan of add having the Sunday menu a meatless Three onions, cut fine,

Sunday Breakfast

Berries Watercress Omelet in Tomato Cases French-fried Potatoes Rolls Dinner

Vegetable Cocktail Radishes Scallions Mushroom Sauce Peas Pudding Fried Noodles Asparagus

Coleslaw Frozen Strawberry Custard Coffee

Supper Corn Fritters

Home-made Chili Sauce Sliced Tomatoes Strawberry Shortcake

The market basket will require Two quarts of berries. One bunch of watercress.

Fifteen eggs. Four large potatoes, One bunch of scallions.

One bunch of radishes. One-half pound of dried peak, One-quarter pound of mushrooms,

Small bunch of asparague, Three pints of milk. One-half pint of cream,

One can of corn. Fight tomatoes. Head of cabbage.

This menu could be purchased, including the staples, for an approximate cost of \$3.

Omelet in Tomato Cases

Select firm tomatoes and then cut a slice from the top, and with a spoon carefully remove the centers. Place the tomato in well-greased custard cups and then break in a bowl four eggs. Then add Four tablespoons of water,

One teaspoon of salt.

One-half teaspoon of pepper.

Beat to mix and then fill into the you would prefer loganberry juice? For prepared tomato. Sprinkle one tea- the friend who drops in unexpectedly or spoon of fine bread crumbs on top yourself when you are tired and overof each tomato and add

One teaspoon of butter, Dash of paprika.

Set the custard cups in a baking ganberry juice comes in bottles costing pan and place in a hot oven, and bake as little as fifteen cents and so on up for twenty minutes. Turn on a slice to eighty-five cents. of toast and cover with cream sauce.

Vegetable Cocktail

Cut the center parts of the tomatoes left over from the tomatoes used you can judge the quality of a face for breakfast and then add One carrot, cut in dice and par-

boiled. One onion, chopped fine, Four tablespoons of mayonnaise and clings most satisfactorily. And the dressing.

One teaspoon of salt.

One-half teaspoon of paprika. would like on you Mix well and then serve ice cold The price is \$1. in cocktail glasses.

Peas Pudding Soak one-half pound of dried peas

over night and then in the morning boil until tender. Drain and then rub through a fine sieve. Measure and place two cups in a mixing bowl and

One cup of prepared stale bread, One cup of prepared thick cream

Three-well beaten eggs, One tablespoon of salt, One and one-half teaspoons of bak-

og powder, One-half teaspoon of thyme,

One tablespoon of Worcestershire tablespoons of finely minced

ADD OLD TRIMMING TO THE NEW FROCK



The embroidery bands of yesteryear can come in handy this season. Here is a dainty net gown that displays just this trimming.

A Daily Fashion Talk by Florence Rose

Cook slowly but gently until soft brown slightly and cook for about over the things in the treasure chest.

A small two-quart freezer will smartest things are made by utilizing things that have seen service in other lake sufficient for the ordinary things that have seen service in other lake sufficient for the ordinary things that have seen service in other law company to meals and gets hyster. make sufficient for the ordinary things that have seen server appearfamily at a very small outlay. It ing wemen consider this their greatest will require about ten pounds of ice asset—their ability to use the old

and one and one-quarter pounds of things in the construction of the new, salt. Break the ice very fine and This all came to me when I viewed use a bowl to measure with. Allow the model shown today, because of the three parts of ice to one part of salt embroidered bands which trim the bodice for the freezing mixture and four and the skirt. We have all seen other

One and one-quarter cups of sugar, One teaspoon of vanilla.

Beat to thoroughly mix and then

One and one-quarter cups of sugar, One teaspoon of vanilla, Beat to thoroughly mix and then

One teaspoon of vanilla, Beat to thoroughly mix and then

One and one-quarter cups of sugar, One teaspoon of vanilla, Beat to thoroughly mix and then

One teaspoon of vanilla, Beat to thoroughly mix and then

One and one-quarter cups of sugar, One teaspoon of vanilla, Beat to thoroughly mix and then the sound of the summer models, as well with the sum to facilities a person, and then

One and one-quarter cups of sugar, One teaspoon of vanilla, Beat to thoroughly mix and then the sound of the summer models, as well with the sum to facilities a person, and then the spunk to tell him.

One and one-quarter cups of sugar, one teaspoon of vanilla.

One teaspoon of vanilla, Beat to thoroughly mix and then the sound of the summer models, as well with the sum to facilities and the sum to fac Beat to thoroughly mix and then which is decorated with ruffles of the

me.... will provide ample food for six membership.

New York city the other day.

The British Institution of Naval Architects has unanimously decided to admit women as active members.

Today's Inquiries

Who is Sarah F. Frost? prevent the ends from tangling?

4. What material is now being used for motoring coats? 5. How can the window shades in

into attractive decoration? What style of hairdressing for

Yesterday's Answers

The electoral reform bill recently adopted in Belgium grants the right to vote to widows who have not remarried, to the mothers of soldiers killed in battle and to the mothers of civilians shot by the Germans.

back with two pieces of glass with pasepartout made a very pleasant diversion for the sie room, as they can be turned from time to time.

A velvet bow on a hat can be steamed with a hot curling iron covered with damp cloths. * If silk stockings are washed in

When hand towels in the kitchen show signs of wear in the mid-dle, two can be sewed together so that the good end of each is saved and the rags can be thrown away. A plain white net dress can be

THE HOUSEKEEPER'S SIDE OF THE EIGHT-HOUR DAY FOR SERVANTS

Dear madam—Would you have a not know how to place the silver in the word or two from a housekeeper who has been fortunate enough to keep servants one, after cleaning a bathroom beautifor fifteen or sixteen years? I am fully, lays the rug on the floor not afraid the proposal of a wage scale wrong way every week. Think of it! of \$15 or \$18 a week is going to upset That is a sample of some of the commy household. To try to be fair to the plaints I find her making about her mistress and servant both is not as hard servant. I argue if the girl knew enough s it would seem.

Let the maid take the situation in she would not be a servant. The averas it would seem. hand and consider herself getting \$8 a age servant is less fortunate than we week, living in a nice house, good in intelligence and education and we eighborhood, well heated and furnished should make allowance for that, oom, clean linen, use of bathroom, My friends continually say: with its many advantages, and the you can talk; you are fortunate to have privilege of a cup of tea whenever she a girl that stays." may desire it between times, and then that same girl was offered twice the let her try to get all this for the bal- wages I pay her and told me of it and ance, say, of her new union wage scale I advised her to accept it if advanwhen it provides for her living away, tageous to her, but she remained. I do would be from \$7 to \$9 a week, not mean to insinuate that it is one Where can she get all this for that? | long life of congeniality and bliss. But The eight-hour day is more than the I do mean to say I impress upon my average servant works. If you take and servant I am the mistress and things average her time week in and week out it's not much more than six bours. I without making her feel she is the mean working hours. Where the girls underling. That is bumiliating and would room and board themselves outside would in no way compare with the side would in no way compare with the conveniences of the average household.

I think one of the most unreasonable things expected of a servant is to ask the convenience of the most unreasonable out of any one. I am just as much interested in my servant having a good

portunity to be her own true self, automaton. tables before using them, for sani-tary reasons.

for jelly and then cut into thin strips the materials themselves; they prove between 2 and 5 in the afternoon. This us slaves from morning to night.

Treat the girls fair, that's all. Make formation about an examination to be the excuse that she has "nothing to wear," as the fashions are not only feminine, but there is great latitude given, which anables the great latitude part. and then add the noodles. Toss and given, which enables the woman to make

I have spoken many times about the servant longer than a couple of weeks. treasure chest and it bears repeating yet the same persons can work for me

and the short sleeves required of the she decided to like a person, and Rita Ruth in her heart of hearts thought colored silk,

two, so the housewife will find this O., has voted to admit women to active

marched in the annual police parade in

DID you ever make raspberry vinegar? The number of business and professional women in the United States is estimated at 11,000,000.

The Question Corner

2. What is a convenient way to keep 3. Describe a dainty summer kuit ting bag.

the summer bungalow be turned

evening, once popular, is con into favor again?

give Chinese embroideries and teakhad to.

Two pictures framed back to

cold water before they are worn

they will not pull down off the heel or sag at the knee. A pain waite net dress can be very daintily trimmed with a ribbon of light color with a picot edge. This encircles the back of the neck and extends to the waistline, under a rolling collar of the net. The ribbon also makes the girdle with a long end.

"Ob.

Why make them think they are nothher to sit in the kitchen evening after cening after her work is done just because she may be wanted. Why not titled to that for the work they do. Why let them go out to have a little chat with their friends as we ourselves would like to do if louely? And that is very little to grant, and look what it would be much ashamed to have to close means to the maid! I disapprove very my girl's room door when persons strongly of having foods served in the pass it because it was furnished with dining-room too good and too expensive torn sheets and quilts and the discarded untid might cat is more than made up blouse.

THIS summer the woman has the op- treated as a human being and not an of company, a large, very large house, will be very successful. ordinary sized family, and the and can be just as beruffled and as Nothing gives me more pleasure than bears evidence of our living in it, but feminine as she chooses, for all true a clean, shiny house and my maid it is always in order, and my one maid Wash well all fruits and vege- board until thin as paper. Roll as feminine things are the fashion. Take dressed and sitting mending or sewing and myself keep it so, and neither of

Planning a menu for Sunday will dry for one-half hour and then cook require but little effort during the for fifteen minutes in boiling water.

Treat the girls fair, that's all, Make for a position as secretary in a require but little effort during the for fifteen minutes in boiling water.

Treat the girls fair, that's all, Make for a position as secretary in a grammar school office?

The bars, too, carry out the mistress go out early, making no your own house in a way that will show grammar school office? the imagination. In other years when plans for the day's meals and coming them your superior knowledge and abil-women were the sports hats with the home at the last minute cross because ity to do so, and the average wage ought dressy freeks, because the times were they did not think to make a dessert to satisfy them. Make up the differunusual the faux has was overlooked. when she forgot to tell them to do so, ence in kindness and appreciation and

MRS. M. A. T.

That was how the conversation ended,

In the next installment Rita's de-

was determined not to under-

And So They Were Married By HAZEL DEYO BATCHELOR

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I have a friend who never has a

START THIS STORY TODAY | there aren't too many in the world anydays when we used just such bands to THE Whitmores became a part of the way, parts of ice to one part salt for the parts of ice to one part salt for the packing mixture.

That was how the conversation ended, and utility bags, laundry bags and dust but Ruth went on with her private could be be be been ready few days. There was always running epinions just the same. She decided could be be be been ready few days. There was always running epinions just the same. She decided could be be be been ready for the same and utility bags, laundry bags and dust could be be be been ready for the same. She decided could be be be been ready for the same and utility bags, laundry bags and dust could be be be been ready for the same. She decided could be be be been ready for the same and utility bags, laundry bags and dust could be be be been ready for the same. She decided could be be be been ready for the same and utility bags, laundry bags and dust be been ready for the same. She decided could be be be been ready for the same and utility bags. There was always running the same and utility bags, laundry bags and dust be been ready for the same. She decided could be be be been ready for the same and utility bags. There was always running the same and utility bags. There was always running the same and utility bags. There was always running the same are same as the same and utility bags. There was always running the same are same as the same are same are same as the same are same are same as the same are same as the same are same are same are same as the same are same cups of milk in a saucepan and add- white net and the bands are also of back and forth and exchange of calls in not to say anything more to Scott, being one-half cup of cornstarch. Dis- white net, embroidered, but the same the evening. As was usual with Ruth, cause he ing one-half cup of cornstarch. Dissolve the starch in the cold milk and design might be most successfully carher impulsiveness had led her into an friendship and diked the Whitmores, you might make them of the wide net apply the more I see of him the more. with bands of embroidery on fine swiss.

The indimate friendship with this new there was nothing to worry about anyruffle on the edge, and line them with a ruffle on the edge, and line them with a ruffle on the edge, and line them with a ruffle on the edge, and line them with a ruffle on the edge, and line them with a ruffle on the edge, and line them with a ruffle on the edge, and line them with a ruffle on the edge, and line them with a ruffle on the edge, and line them with a ruffle on the edge, and line them with a ruffle on the edge, and line them with a ruffle on the edge, and line them with a ruffle on the edge, and line them with a ruffle on the edge, and line them with a ruffle on the edge, and line them with a ruffle on the edge, and line them with a ruffle on the edge, and line them with a ruffle on the edge, and line them with a ruffle on the edge, and line them with a ruffle on the edge. then bring to a boil. Cook for five with bands of embroidery on fine swiss.

This model has the rounded neckline woman. Ruth had no reserve once way.

This model has the rounded neckline she decided to like a person, and Rita Ruth's sensitive feelings a hundred notice the Whitmores' way of living than Clever fingers can cover tin candy boxes Beat to thoroughly mix and then add one pint of crushed strawberries. Freeze and then pack, and allow to ripen for two hours. Do not fill the can that contains the cream mixture more than three-quarters full. This permits the cream to expand.

The Sunday dinner and supper are planned so as to include a guest or roll and some of the content of the co The Chamber of Commerce of Niles. apartment to become absolutely shock- aside and let them go. The Chamber of Commerce of Niles, apartment to become absolutely shocking, has voted to admit women to active tembership.

One thousand women reserves are the difference in the annual police parade in New York city the other day.

Apartment to become absolutely shocking absolutely shocking absolutely shocking as absolutely shocking as a side and let them go.

Sometimes when Ruth ran in in the morning she would find Rita half dressed, but always picturesque in some lovely things about that to Ruth's dressed, but always picturesque in some lovely things about that the untiditively embroidered thing at the television of the committee in charge of this affair dressed, but always picturesque in some lovely luncheon sets or just extra doilles of unbleached muslin or serim or linen.

Make Your ness did not make the difference it phone, telephoning for things.

sould have in ner own said and shaking her lovely black head. eloths also look well with a crocheter scott liked the Whitmores, too. He Ruth and shaking her lovely black head. edge in dark blue or pink. was not as apt to run into things as emed so simple and sincere beside giving household advice to any one else from the points of the parasols.

all of which were picturesque.

strange about them.

ance anywhere."

But, dear. I don't think it's so of a bandbox. Ruth often wondered range. Look at their things and when she did her work, because it had nance anywhere." strange. they're paying only forty for the apart- to be done occasionally. But she liked

ment, a cheap little flat, and all those Rita too much to offend her by criticism lovely brocades, and tapestries, of one kind or another. and antiques. "I don't think that's mysterious. They might have had a lot of presents pendence is often expensive for Ruth.

when they were married." "People don't give things like that for presents; they give substantial things like Sheffield plate or living room hairs and tables; they don't as a rule

"Then Rita doesn't know how to do anything; it's plain to see she hasn't "Well, you didn't have to before

you were married." "I took to it, though." "Well, she's just one of the women who doesn't take to it, that's all." Ruth was silent for a time, then she said suddenly, "And their friends, why

they haven't any." How do you know?" "Do they ever talk about them? Do ou ever see any one go in there? We're the only people they know; don't you think it's strange?"

"Ruth, you're determined to make them mysterious, and if it makes you any happier, go ahead. To me they seem like a nice enough couple, and I'm for taking friends where you find them

THE YARN SHOP GOOD SHEPHERD AND MINERVA YABNS

Memorial Day, 1919

monument for the soldiers! And what will ye build it of? Can ye build it of marble or brass o

Outlasting the soldiers' love? Can ye glorify it with legends As grand as their blood have writ From the inmost shrine of this land of thine

To the outermost verge of it?

And the answer came: We would Out of our hopes made sure, And out of our purest prayers and

And out of your faith secure. We would build it out of the great white truths Their death hath sanctified. And the sculptured form of the men

in arms, And their faces ere they died. monument for the soldiers!

Built of a people's love, And blazoned and decked and pan-With the hearts we build it of. And see that ye build it stately, In pillar and niche and gate

those It would commemorate. JAMES WHITCOMB RILEY.

The Woman's Exchange

Wants Books on Special Subject To A. L. B .- There are books of for the maid. Is it not perfectly nat-ural for them to like to cat what they given to the junk man. But I also re-Thirteenth and Locust streets, which cook for others? The little you might quire her to keep that room in the treat specific departments in some of save on a chop or two less that the same order as the other rooms in the the chapters. No doubt you will find some which tell about the line of work for by the little extra services they The care of my home does not require that you are going to take up. Ask will render uncomplainingly to you if all my time by any means. I have lots the librarian to help you. I hope you

Grammar School Secretary

To the Editor of Woman's Page;
Dear Madam—Will you please pub-lish in your paper where I can get in-INTERESTED READER.

Call up the Board of Education, Lo-

Ideas for Bazaar

tor of Woman's Page: very many booths as yet.

ting bags of cretonne and silk or burlap the fellows in the world. edged with coarse embroidery, silk or fles to go with summer dresses, and of our day yet. checked ginghams; smaller bags for crocheting or for powder and puff, made of the K. U. H. C., and defy the vamps. silk or organdic, like the larger ones, Then you can make cameretonne. isoles of wide lace, with washable rib-

easy to get some remnants of your own saying goes, and his with a small cross-stitch design in each with a small cross-stitch design in each would have in her own simple little "It's the bane of my life, this order-corner and a crocheted edge. Wash

"You ought to get out and buy things For the linen and fancy work table You Need Not Bother With a was Bot as all there was something ap- yourself," said Ruth, laughing inwardly hang several parasols above the table pealing about big Dan Whitmore; he to hear herself talk. To think of her and let some of the articles hang down his volatile wife with her many moods, was funny. "You'd find things much long strips of pink and white crepe Ruth confided to Scott one evening Rita was always ready to get the edge of the table to make a bower. that she thought there was something dressed and go down town to shop, but For the candy table have two uprights at she thought them.

"Nonsense." laughed Scott with a two girls would start off, with the "You're simply imagination you could find a ro-





THE ROSE COLOR CURTAINS THAT DRAPE HER BRAIN

Make Working a Fearful Bore-She Trusts to Her Hands to "Carry on" and They Do-Ask the Office Manager

the following questions: "What is your the adding machine! greatest ambition? Why?" What do you think the answers were? Thirtysix out of the forty-five wanted nothing in the world so much as to get married Skipping statistics and merely using the eyes and ears, let us confess,

Now, if only the ambition to get marwork with a brand-new type of ambi- the cause to remedy them. And high in pose as the souls of

THE other day a very progressive has a little rose-colored brain in his woman office manager passed around office. Oh, dawning love, what crimes among the forty-five girls in her office writer; yea, on the filing system and

and thirty out of the thirty-six wanted even as we fight for woman's place in to get married so they could stop work. the sun, that thousands upon thousands These were honest injun unsigned con- of girls are lazily shirking their jobs fessions from a certain average type of and do not deserve a place in the sun. The girl who dillydallies over her type. writer, spends fifteen minutes at a time ried would make a girl work all the primping up and romancing before the harder-but how can it if her favorite dressing room mirror at her place far-off shining goal is not to work at business, does more harm to the cause all? The result is self-evident. The of equal wages for women than all the night after a man sees the girl of his narrow-minded men in the world put dreams and secretly sets his heart and together. Unequal wages for women are mind on marriage, he goes down to his frequently an effect and one must seek

tion. But when a girl has another The girl who makes her position a birthday and begins to think it is about side issue and romance and her looks time for her to have serious designs on the sum and substance of her existence one of the four young men of her spoils things for the girl who is sincere dreams, she draws the rose-colored cur-tains over her brains, goes down to the with the man beside her. Love is fine office in a trance and trusts to her and great, but there is a place for it hands to carry on. And they do "some- and the place is not in the office-in

Please Tell Me What to Do

Congratulates Ten Regular Fellows Dear Cynthia-I wish to congratulate the ten young men who wrote the for a woman to decide for herself. It is "Twenty Do's and Don'ts for Girls." Everything that they said was true, all becoming for a young girl. and for a long time I have been looking for a young man with these ideals, hair washes or dyes. You will have to but have found none until I found my consult a hair dresser.

ten friends through your column. of success in finding girls who meet less ones. your ideals. INTERESTED:

Defy the Vamps

Dear Cynthia-For a long while I have read letters in your column in re- ceiving callers. Do not meet your friends gard to vamps. They deserve all the outside of your home. Have scoldings they get. A little powder is talk with your mother and ask her to Dear Madam—I would be very pleased all right, but when it comes to having man she likes, but do not become ento receive some ideas for making ma- a face that looks as if it had been gaged to him unless you love him. terial for a bazaar three weeks from dipped in a flour barrel and cheeks that The Editor of Woman's Page will be much yet, for we do not know many make people stand still and ask them indefinitely. I have concluded it is her pleased to print other opinions on the things to make. Perhaps you know many selves, "What kind of an animal is She never allows them to eight-hour day for servants now being pretty, small things, quickly made; also that?" it oversteps all bounds. I think some booths. We have not planned they ought to be ashamed of themselves. You have probably started on the I know I wouldn't paint and powder things that I suggest first, bags: Knit- myself like that even if I did get all

Girls, do not let us care whether we cotton, of organdie, trimmed with ruf- are called deadheads or not, we'll have I would like to become a member of

ANNE R.

Must Wait for Him Dear Cynthia-I met a young mat some time ago and I care for him a good and the more I see of him the more

I would like him to know I care, but I have not the spunk to tell him.

Make Your Own Coffee at the Table

How much more convenient it would be if you could make coffee right at the table. Think of the time gained the steps saved, the extra bother and fuss eliminated:

Coffee Pot

fuss eliminated.

All this is possible—if you use Hires Instant Soluble Coffee. This was first made for our soldlers in France, who required good coffee that could be easily made. And so thoroughly did Hires Instant Soluble Coffee meet every requirement, 65 2-3 per cent of all the coffee contracted for by the American Army in the trenches, was American Army in the trenches, was Hires. We could not supply more be-cause our facilities would not permit. Hires Instant Soluble Coffee is the cause our rachities would not permit. Hires Instant Soluble Coffee is the dried nure juice of carefully selected coffee beans of Java and Mocha blend. This clear, aromatic juice is merely converted into a powdered soluble form. The minute you add hot water you have your coffee as originally made, and if you prefer your coffee leed you can have it, for Hires Instant Soluble Coffee dissolves instantly in Ice water.

And Hires Instant Soluble Coffee is he concentrated juice of the coffee bean, for by an exclusive process twice to much juice is taken from the coffee bean as is secured by the use of the coffee pot or percolator.

Because Hires Instant Soluble Coffee is so easy to make you can make it right at the table, or can have a clear fragrant cup any hour of the day or night.

A 30c can of Hires Instant Soluble

A 30c can of Hires Instant Soluble Coffee is equivalent to a pound of the less Mocha and Java coffee. The lowerer is due to the fact that with our exclusive process we extract 100 per mit more juice from the bean than your in making coffee in the old way field it at all stores—Adv.

thing terrible." Ask any employer who dream form or otherwise.

not a good habit to get into and not at Second. Cynthia does not recommend

Cynthia Answers C. D.

First. Smoking is entirely a matter

Third. Slipover sweaters are much in Congratulations, friends, and the best vogue this summer, especially the sieeve-

Fourth. Skirts will be several inches longer and narrower this summer than

they were last season Fifth. A girl of nineteen should do as her mother wishes in regard to relet others come. Be polite to the young



A Nutritious Diet for All Ages. Quick Lunch; Home or Office. OTHERS are IMITATIONS

WOODEN SPOIL

Victor Rousseau The fighting blood in you will sing in answering response to this corking story of the big pine country. The Sun says: "A red-blooded story with plenty of quick action!" At all bookshops Net \$1.50 George H. Doran Company, New York



Young Women and Girls Pine Tree Camp for Girls On beauti-Lake, 2000 feet above sea, in pine-laden air ef Pecono Mountains. Four heurs from New York and Philadelphia. Bungalows and tents on sunny hill. Experienced councilors. Tennis hazeball, canceing, "hikes"—all outdoor sports. Handicrafts, gardening, 8th Scason. 404 W. School Lane, Philadelphia, Pa. MISS BLANCHE D. PRICE

Pine Tree Camp for Girls Pocono Mts. New York, Miss Blanche D. Price, 404 W. School inne, Germantown, Philadelphia.

ALLENTOWN, PA. Cedar Crest College | FOR GIRLS Allentown, Pa., "Suburbs"—Limited enroll-ment. Two new modern buildings or high and picturesque campus of 53 acres. All and picture-sque campus of 53 acres. A modern cultural and vocational course Athletics. Bates 1500. Address BOX

EDUCATIONAL.

SHORTHAND AND BOOKREEPING reductes are in constant demand. Goed
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