

BEGINNING A FOREIGN COOKERY DEPARTMENT—PRETTY SPRING NECKWEAR—A CHARMING FROCK

MRS. WILSON EXTENDS THE CHANCE TO COLLECT GOOD FOREIGN RECIPES

Invites Housewives From Other Lands to Send in Their Favorites to Be Reprinted in the Column—Each Week They Will Be Published in Special Article

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AFTER this series of foreign recipes will appear once each week; these recipes are from all parts of Europe. If you are foreign born and if you have a recipe that is distinctive to your country send it to me and I will try it out, and then publish it under the column.

Poverty of purse and soil has forced our sisters across the sea to use and turn into palatable, attractive dishes many foods that we thought unfit for use. Each nation has many dishes that are peculiarly its own; many of them are delicious. Try them and you will be surprised at their delightful variety. Many of us visit the Italian and Hungarian and Chinese restaurants for variety. So here is a real opportunity to make these dishes in your own home.

Our continental sisters have found out that a vegetable oil and herbs are less injurious than pork fat and pepper, and that if food is served attractively it not only satisfies the sense of sight, but also actually promotes digestion.

From a culinary point of view, the women folk of Norway and Sweden, as cooks, occupy a position that is all their own. For, while other nations are composed of people who dearly love their homes and enjoy the food eaten therein, there is no race of people in Europe cleaner about their homes or who manage the culinary department better than those of Norway and Sweden. These people not only combine the vivacity and ingenuity of the French and the Italian with the patience of the English, but they also have the neatness and thoroughness of the Holland Dutch in their work.

Fish Soup A staple article of diet among these people is a delicious fish soup; it is prepared in the following manner: Scale and cleanse well one medium-sized fish weighing about one pound. Do not remove the head. Wash and cut in three-inch pieces and place in a saucpan, and cover with three pints of cold water. Add

Two onions, chopped fine. One carrot, pared and cut in dice. Cook slowly for one hour and then strain, and remove the bones and head. Rub the meat and vegetables through a coarse sieve. Now add One cup of diced potatoes, previously boiled. Three tablespoons of finely chopped parsley. One-half teaspoon of powdered thyme. One tablespoon of salt. One teaspoon of pepper. Three tablespoons of cornstarch, form a batter; beat until smooth and

What Is New in Collars A Daily Fashion Talk by Florence Rose



Collars are particularly fascinating at this time of the year. And here is something new—the starched collar! This and the softer, daintier ones will run in close competition

THERE has been so much said about the little things about a woman's costume that go toward making the total complete, or in other words either make or mar it, that it would seem almost superfluous to repeat the importance of these seemingly little things. Yet, on the other hand, as there are always new little quirks in accessories, it is well to be advised often of their importance. I have seen some very charming neckwear in the shops of late, which really made me quite envious and set me to work figuring out what I had with which this sort of neckwear could be worn, that I might have some reasonable excuse to purchase it. After all, I think, we have all gotten in a bad habit of excusing ourselves for buying any little luxury that strikes our fancy and which cannot be called a dire necessity. But to return to our neckwear, from which I wandered, these new things seem of printed organdie, in little bonnet designs. If perchance the flower

Ask Mrs. Wilson

If you have any cookery problems, bring them to Mrs. Wilson. She will be glad to answer you through these columns. No personal replies, however, can be given. Address questions to Mrs. M. A. Wilson, EVENING PUBLIC LEDGER, Philadelphia.

then place in a pudding cloth or mold, and tie loosely. Plunge into boiling water. Cook for one hour. Remove and drain well and then turn on a hot platter. Cover with mushrooms or parsley sauce and serve.

Cottage Cheese and Noodles au Gratin

Cook one package of noodles in boiling water for ten minutes and then drain, place in a bowl and add

One cup of cottage cheese, One medium-sized onion, grated, Two teaspoons of salt, One teaspoon of paprika, Two tablespoons of finely minced parsley.

One and one-half cups of thick tomato sauce.

Mix and then pour into an au gratin dish. Sprinkle with fine crumbs and one tablespoon of grated cheese. Bake in moderate oven thirty-five minutes. Serve. These dishes will replace meat on the menu.

Buttermilk Bread

Scald and cool two cups of buttermilk to eighty degrees Fahrenheit. Pour into a bowl and then add

Three tablespoons of sugar, Two teaspoons of salt, Two tablespoons of shortening, One-half teaspoon of baking soda.

Stir until the sugar and salt are dissolved and then crumble in one yeast cake and stir again to dissolve. Then add eight cups of sifted flour. Work to a smooth, elastic dough. Grease the bread bowl with shortening and then place the dough in it, and turn the dough over to thoroughly coat with shortening. This prevents the dough forming a crust while it is rising. Cover and set away in a place free from drafts for three and a half hours or overnight. Now punch down the dough, turning it over. Cover and let rise for one hour and then turn on the molding board. Cut and shape for loaves. Place in well-greased pans and let rise for fifty minutes. Bake in a moderate oven for thirty-five minutes. This bread is delicious and wholesome, and sweet as a nut. It will keep moist longer than the loaf made in the usual way.

Cottage Cheese Pudding

Place in a bowl One and one-half cups of flour, Two teaspoons of salt, One teaspoon of pepper, Two tablespoons of finely chopped parsley.

One small onion, grated, Four level teaspoons of baking powder, One cup of cottage cheese, One egg, One-half teaspoon of powdered thyme.

Now add one cup of milk to form a batter; beat until smooth and

then place in a pudding cloth or mold, and tie loosely. Plunge into boiling water. Cook for one hour. Remove and drain well and then turn on a hot platter. Cover with mushrooms or parsley sauce and serve.

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The Woman's Exchange

A League for Servant Girls

Dear Madam—I have been reading in the EVENING PUBLIC LEDGER about the woman's league to get working women an eight-hour day, which we think is very nice. But is there any sympathy for the girls who live out? They have to work from 6:30 in the morning and are never through before 10 at night, with just four afternoons every month off, which I think is very little for anybody. What do some of the readers think? What do you think? ANNE AND MABLE.

I would be very much pleased to have some readers' expression on this. A little later on I will give an opinion in the little article that appears each night in the right-hand corner of the page. It is surely a question that interests everybody and I'm glad you brought it up.

To Remove Stain of Plant "Juice"

Dear Madam—Will you kindly publish in your column the following question, for which I thank you very much in advance? The methods to be used in removing the milky substance which is secreted from a rubber plant leaf from a black French serge dress. I was sitting near a rubber plant and presume that is what it is, for upon examination of the plant I found a leaf secreted the said white substance.

The secretion from these plants is a sort of gummy or resinous substance, and the real trouble that are most satisfactory for that are turpentine, white reform or wood alcohol. Sponging with

one of them would be the best way to remove the stain from your dress.

Dark Shoes Would Look Better

Dear Madam—One again I approach you in a dilemma, and feel sure your good judgment will help me. I have a pair of buttoned champagne-topped, patent leather slipper foxing shoes. Would they be out of place worn with a brown coat suit nearly a tinge in color? Or are they only permissible with a dress?

In cleaning white suede gloves, it is necessary to use gasoline always, and the real trouble that are most satisfactory for that are turpentine, white reform or wood alcohol. Sponging with

The Question Box

Today's Inquiries 1. In what capacity will New Zealand women tour the world at an early date? 2. What simple expedient will make collars or wrap-up suits more easily out of the measuring cut and make the cut easier to work? 3. When a shirtwaist shrinks so that it is too short-waisted, how can it be lengthened so the pressing will not show? 4. Is it proper for a young girl to invite her own escort to an evening party to which she has received a formal invitation when the word escort is not mentioned? 5. How should utensils that have been used in preparing onions be washed in order to remove the odor? 6. What method of cleaning wallpaper has been found satisfactory in housecleaning?

Yesterday's Answers

1. The National Society of the Daughters of the American Revolution will celebrate its thirtieth anniversary next year. 2. When a tablecloth wears out on the edges, the center part that is still good can be cut into smaller squares and hemmed for lunch napkins. 3. The usefulness of a scrubbing brush can be prolonged by unscrewing the handle as soon as the bristles wear out at the end and fastening it on the other end to make use of the longer bristles. 4. A piece of acetone nailing the wallpaper or curtains in the dining room may be pasted on the swinging door under the glass piece at the "handle" to add an unusual touch of decoration. 5. A thick application of zinc ointment, applied daily and allowed to remain for a half hour or more, will soften and refine the skin. 6. When last year's hat is faced beyond repair the top of the crown can be cut out and the space filled with large flat foam. Around the side of the brim and the top of the brim covered with silk to match the flowers.

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FOR A SUNSHINY DAY



A garden is a lovely thing and so is a gardener when she is arrayed in a delightful frock such as this. The material is a dainty blue figured cotton crepe with the ruffling about the neck and sleeves and the butterfly sash of organdie. The arrangement of the sash and the novel lines of the waist are particularly interesting, the bodice being cut armor-style and the panel formed held in place with two sets of organdie streamers that tie into a bow. Another attractive feature of the dress is the wide hem effect. The attractive garden hat is cotton crepe

and do for people I think it must make you very happy, and I know something too that I wish it were possible that you and many of the tired, weary ones who write you might know, and that is the song of the bluebirds, robins and woodpeckers that wake me up at daylight. I only wish I might pass along the joy that comes to me as I lie and listen to them.

A WELL WISHER

The Council of Defense of your own state, in your state Capitol, has charge of all inquiries about the reclamation of land, and I am sure that it would be able to tell you about the other law that your boys are interested in. The committee on public lands of the Senate, in Washington, D. C., might also be able to help you. You were correct in your statement about soldiers released in France. General Pershing has been authorized to discharge in Europe on their own application any man who have good reasons for leaving and waive any claim for sea travel allowances from Europe to a port of embarkation and from Hoboken to their place of enlistment. The article you saw in the EVENING PUBLIC LEDGER of February 2 in the night extra edition. It is very kind of you to remember the people in the city in the joy that the country brings you and very unselfish of you to want to share your pleasure with others. We wish we could hear it too.

Would Like to Shave Her Joy

Dear Madam I am looking for information that I am hoping you can give me. Although I live on a farm in Herk Co. we receive the EVENING PUBLIC LEDGER daily, and on the woman's page I had so many helpful things and so many doubts cleared up that it makes me feel confident of help. I am the general correspondent for a number of soldier boys, four of them my own, and the questions that are at times thrown at me make me wish I were an encyclopedia. Please help me if you can. I wish the address and name of department where I may apply for information in regard to the free lands that soldiers may obtain. I don't mean this last agitation about reclamation service. I mean the law which allows a man to acquire land. Also would like to know if you can tell me in what issue of the EVENING PUBLIC LEDGER was the article which spoke of the ruling of General Pershing in regard to the release of soldiers held in France. I am sure I read that a soldier could be released, but would have to pay his own transportation to the United States of America, but in speaking of it to friends my statement was questioned. Sometimes when I read the letters published in your columns and see all the helpful things you are able to say

For the Tired Business Man

When Jim tells me he's going to have a hard day at the office, I know it's going to need something especially nice for dinner to make him the cheery, carefree husband I married—and on days like that I usually give him scalloped oysters because he likes them better that way. I heat and butter individual egg shirrels, put in a piece of buttered toast, cover with the oysters, and sprinkle with salt, pepper, and a teaspoonful of AI Sauce. I bake all this in a hot oven until the edges ruffle, and garnish with toast points and lemon. It's really no bother at all. It's the AI Sauce that does the trick. After that Jim's all pep and sunshine again! There's nothing like it to make him forget that he's a tired business man.—Adv.

Adventures With a Purse

"WHAT a convenient little traveling case!" I exclaimed to the pretty pink-and-white person in charge of the counter. "I have carried mine," she answered, "clear out to the coast and back. I wouldn't be without it." It is a compact-looking little box, consisting of eleven toilet articles—lip salve and hair stick, cake powder, loose powder, perfume and, in short, everything you would need to complete the most elaborate toilet, and each article is of a standard and well-known make. For traveling, or just to keep on your dresser, for the matter of that, you would look far before you will find its equal. The price is \$3.

It is one thing to talk about efficiency in the kitchen as applied to ironing boards and quite another thing to maintain it. For sometimes sheets don't wear out fast enough to keep your ironing boards well covered. And not only that, they're never exactly the right shape. But did you know that you can buy ready-made ironing board covers for the modest expenditure of fifty-five cents? They are shaped to fit the board, are of good, strong material and can be put on very easily.

It's high time you were making some little school dresses for your small daughter. Seems as if little people have a special gift—gift—for getting dresses soiled in one day's wear at school. One shop is showing some very nice plaid dress gingham, thirty-two inches wide, for twenty-nine cents a yard. A number of attractive patterns can be had, most, six yards would be sufficient for a dress. Let's see, that would be only \$1.74 or \$1.71.

For the names of shops where articles mentioned in "Adventures With a Purse" can be purchased, address Editor of Woman's Page, EVENING PUBLIC LEDGER, or phone the Woman's Department, Walnut 3000.

Cleaning Windows

To one quart of warm water add one teaspoonful ammonia. Dip a chamois in this solution, wring almost dry and proceed. This will clean windows and mirrors and at the same time give them a fine polish. Keep solution clean in order to keep streaks off.

An After-Easter SPECIAL SALE \$25 to \$30 Dresses

Advertisement for Herman Berkowitch dresses. Features two women in elegant dresses. Text: AT \$15 Most extraordinary value. Up to \$75 Also Summer Furs. 1217 Walnut Street Up One Flight.

WHY WE OUGHT TO THANK THOSE WHO START THINGS

They Take All the Blows and the Ridicule and Then the Rest of Us Reap the Benefits—Courage and What Is Called Vision

I WAS talking to a woman the other day who was the founder of a great public movement, and she confided to me some of the ups and downs she had in the course of the years she has been at it. How tired she looked that very evening with her papers and her books. I came away from the quiet little hotel where we had had dinner, thinking how much we owe to those who spend their energies and their years in the furtherance of one cause. Sometimes it seems as though the rest of us are drones sitting back and letting some one else do the work. For we all reap the fruits of the organizations and the movements that are founded.

And the worst of it is that we aren't just drones, but have utter lack of sympathy or encouragement for anything until it is an assured success. Take almost any splendid institution now, or a law that has worked great good. Talk to the one who fought for it in its pioneer days. You would not believe all the rebuffs and the discouragement that came to them.

THE war put things in a different position; but we did not always have a war to stir the public conscience. The general attitude about any philanthropic plan or piece of legisla-

tion that would make the world a better place to live in has been, if kindly at all, "you are foolish to bother about it." But in most cases the attitude is not even kindly. Many is the man and many is the woman at the head of some organization which has the admiration and patronage of the whole country now who has been laughed and shamed out of an office like a little boy selling candy.

This is a necessary evil, for, while we are human, we will always shrink back from giving our support and enthusiasm to something that has not been tried out. And that is why we can never repay those who have the courage to face all this, holding tight to a plan until they see it triumphantly through.

Those who "start things" have what is called vision. If it were not so they would never be able to trudge from office to office, from senator to senator, weary and rebuffed for months and perhaps years. While men and women politely dismiss them, they see a star in the sky, and the light of it never fails them.

If it were not for the courageous men and women who frame bills and fight for them, who found splendid organizations and give their years to them; if it were not, in fact, for the men or women who start the things that the world laughs at first and then accepts as its own later on, there would be no such thing as progress.

Advertisement for Victory Pumps shoes. Features a woman in a high-heeled shoe. Text: Specially Priced. Black 7.50, Chestnut Kid 8.00. The Harper Shoe Co. WALK-OVER SHOPS. 1022 CHESTNUT ST. 1228 MARKET ST.

Advertisement for Stone dresses. Features two women in elegant dresses. Text: 1220-22-24, Walnut Street. Special Offering Dresses. \$45, \$55, \$69.50. Tricoline and Paired Tulle Dresses Tomorrow \$68.

Advertisement for Ladies Shoe Shining Parlor. Features a woman and a child. Text: 1229 Sansom Street. A Welcome Innovation. A place where women may get expert shoe-shining service without embarrassment. CAPA SHOE REPAIRING CO. 1229 Sansom St. OTHER STORES.

Advertisement for Bidding clothing. Features a woman in a dress. Text: 1422 Walnut St. West of Bellevue-Stratford. Specialists in BEAUTIFUL AND FASHIONABLE CLOTHES for Women. GOWNS AND DRESSES, TAILORED SUITS, DAY AND EVENING WRAPS, STREET AND MOTOR COATS. WAISTS, FURS AND LATEST PARIS HATS.