# CAN A WOMAN KEEP A SECRET?—TO WEAR IN THE EVENING—SOME TASTY RECIPES—CYNTHIA

ANY ONE CAN "PUT DOWN" EGGS

Preserving eggs during the months when they grow cheap saves a great

deal of money later on, and the process is so simple that even a child

can put them down to keep satisfactorily. Directions are given here

Retain Freshness Eight Months, but Use Clean

IN WATER GLASS OR LIME

HOW TO PRESERVE EGGS

the table of the average family.

This will be sufficient to preserve fifteen

dozen eggs and will serve as a guide for

clean it thoroughly, after which it should be scalded and allowed to dry.

Second. Heat a quantity of water to

Third. When cool, measure out nine

the boiling point and allow it to cool

quarts of water, place it in the crock

1422 Walnut St.

# **ARTICHOKE RECIPES** Please Tell Me GIVEN BY MRS. WILSON

Many Novel Ways to Cook This Delicacy - A Good Cheese Sauce and Fried in Batter

Serve Them With Finely Chopped Pimento or With Hollandaise Sauce; the Two Different Types

By MRS. M. A. WILSON Copyright, 1919. by Mrs. M. A. Wilson, All rights reserved.

THE artichoke is a plant closely. resembling the thistle and it is extensively cultivated for its flowerhead. The head is gathered just before the flower expands. The eatable portion is the fleshy part of the calyx, the bottom or basin of the blossom and the true base of the leaves of the flower.

The flesh of the artichoke corresponds closely to that which the old world folks call the cheese of the milk when fresh it will keep a much thistle. On the Continent, in Eu- longer time.

Make a little sait bag and cub the way or means by which I might try to rope, the artichoke is frequently served raw as a salad with either French or Parisian dressing, no smoke or odor. Under ordinary circumstances the fruit as prepared for market will by rubbing with a little salt and damp would be better not to try to renew keep several weeks. The canned artichoke, which was imported quite extensively before the war, consisted of the fronds and bottoms. It came in large quantities from both France and Italy.

The artichoke buds are used exclusively for garnishing.

### The Jerusalem Artichoke

This kind of artichoke is a tuber itary capes. of the species of the sunflower; it resembles somewhat the Irish potato. It has a sweetish flavor and contains a larger amount of natural water. This species of artichoke is more valuable than the common artichoke.

Two principal types of Jerusalem artichoke are:

First, Long, with reddish skin. Second Round, knobby and white

On the Continent they are frequently eaten raw with just a plain seasoning of salt, pepper and vinegar; in fact, much as we eat the American radish. They are frequently made into soup.

The word Jersualem is a queer cross of dialect from the Italian word Girasole, meaning sunflower.

# To Cook

Soak the fruit in bowl of cold water for two hours, then shake about in the water freely to remove all traces of sand. Plunge into boiling water and cook until tender, then drain. Serve in choice of following methods:

# Artichoke Vinaigrette

Cut one cold boiled artichoke into quarters, then place in deep bowl Place in bowl:

One beaspoonful sugar, One-half teaspoonful salt. One-half teaspoonful paprika, One-half teaspoonful mustard, Juice of one-half lemon or two tablespoonfuls vinegar. Five tablespoonfuls salad oil.

Beat to thoroughly mix. Now add one tablespoonful of grated onion and stir until well blended. Place artichoke in nest of lettuce; pour over the dressing. Serve gar-nished with finely chopped pimento.

# Artichoke-Hollandaise Sauce

Prepare artichoke as given above, Cut into quarters, then cook until tender; drain and lift each portion a thin slice of toasted bread. Cover with Hollandaise sauce.

#### Hollandaise Sauce Place in saucepan

Six tablespoonfuls salad oil. Three tablespoonfuls vinegar, Three tablespoonfuls water, One tablespoonful cornstarch.

Dissolve starch in mixture, then bring to boil. Cook slowly five minutes, then remove from fire and add well-beaten egg, beating it very extremely important item of her wardhard and fast to thoroughly incorporate, now add

One teaspoonful grated onion, One teaspoonful salt, One-kalf teaspoonful

Pinch mustard. Beat hard to blend, pour over prepared artichoke and sprinkle with finely grated cheese.

# Artichoke Fried in Batter

Cook artichoke until tender, drain and cut into eights; dip in the batfry until golden brown in holderve with cheese sauce.

How to Prepare the Batter

Break in bowl Une egg. Two tablespoonfuls water.

est to mix. Add Seven level tablespoonfuls flour, One-half teaspoonful salt, One-quarter teaspoonful pepper,

One teaspoonful vinegar.

with your spring and summer clothes. Perhaps you are wondering just what color in vogue now will be most suitable for you. Or perhaps it is the present-day styles that perplex you. Which of them will be most becoming to you? Miss Rose will be glad to give you the benefit of her advice on these or any of the many other matters that have to do with wearing the clothes that make a girl or woman look her best. Address Miss Rose, woman's page, Evennic Public Ledger. Send a self-addressed stamped envelope for personal reply, as none of the answers will be printed. One teaspoonful grated onion. Beat well to mix; now dip artiflour, then shake to loosen flour. Now dip in batter, fry

If you have any cookery problems, bring them to Mrs. Wilson, Eyes' letter with much interest and She will be glad to answer you must say I am inclined to agree with through these columns. No personal replies, however, can be given.

Ask Mrs. Wilson

Five level tablespoonfuls flour.

One-half cupful grated cheese.

Odd Uses for Salt

whiting to clean knife handles, stnined

sweep it all up, as the dampness might

cakes will not stick and there will be

The Popular Panel

and on suit conts. Sometimes, in

will reach from the neck far to the

bottom of the skirt, being caught just

occasionally widen out into almost mil-

THE time was when the young

I woman who dressed on a limited income felt that one of the things she

could get along without was an even-

frocks to wear beneath she could make

anything do. She could bundle herself

longed to mother or big sister. In fact, she begrudged the money that

might have been spent in an attractive

evening wrap and would far rather have spent it in more and more elab-orate evening freeks.

But now the evening wrap that is good looking is indispensable. It really should be rather gorgeous. The young girl or woman who goes about in the

evening even skimps a little on her dance and dinner frocks in order to

have such a wrap, which has become an

robe. In fact, she must have one for

summer and one for winter-and as

a generous bit of squirrel used to out-line the openings for the arms. The

shirring across the shoulders introduces

considerable fullness, which is restrain-

ed at the lower edge by more shirring.

Two bows of ribbon decorate the front

and summer, but in a way that does not make it irksome to wear. A squir-

rel collar would have been rather too warm, but used along the loose-hanging

arm slits as it is here it does not add any considerable warmth to the gar-

ment and very decidedly does add to the attractiveness and richness of the wrap.

(Copyright, 1919, by Florence Rose.)

Miss Rose Will Help You

And just a word about the fur. It is to be used quite extensively this spring

in a rather novel way.

many more as she can afford besides. Here is one in turquoise blue moire that is light in weight, albeit there is

ing coat. If she had aftractive evening

A TUROUOISE BLUE

bit at the waist line in order to hold their shape. On coats the panels

Egg stains on silver can be removed

Dip a piece of flannel in salt and

Sait scattered on the carpet before

for ten minutes, now add

One teaspoonful pepper,

One teaspoonful salt,

One well-beaten egg.

make it run.

The young men of today do not seem Address questions to Mrs. M. A. to want good and nice girls. I am sure Wilson, EVENING PUBLIC LEDGER nice girls can be as jolly as the others. t really seems that the more painted Philadelphia. and freakish girls are the better they One cupful milk,

I am not a beautiful blonde of eighteen summers." etc., as so many Dissolve the flour in milk and of your correspondents seem to be. I am ager, bring to a boil, cook slowly just a plain, ordinary girl. I have a water, bring to a boil, cook slowly fairly good education, being a high school graduate, and dress nice; but some times. Cynthia, I really get disgusted. It seems the "vamps" get them "The small ones, the tall ones, they grab 'em off like that." But, I say, cheer up. "Every dog has his day." so Black Eyes, although we are not dogs, perhaps we'll have our day,

What to Do

By CYNTHIA

Seems "Vamps" Get Them All

My Dear Cynthin-I have read Black

#### HOPING. Invite Him to Sunday Supper Dear Centhin - Some time ago I met

sweeping is very good, but he sure to a frequently up until a few months ago. By adding a tiny pinch of salt to Now, I admire this young man and silk when fresh it will keep a much would like very much to have his griddle with it instead of grease. Pan- | do

Perhaps the young man is going out very little since the death in the family occurred. If this is the case, then it the friendship until he seems more in the mood for it. However, if he does go out occasionally it would be quite April. May and June Provide Best Kind for This Purpose. The present season has a fondness all right to invite him to your home for loose panel effects, both on gowns some evening for Sunday night supper. You might write a friendly little connection with gowns, these panels to this effect,

#### Addressed to "Spats"

to rap the statement made by two chaps who signed themselves "Spats," are cheap until their families are tired First of all, it certainly makes my of an egg cooked in any form. Later, in the solution. Be careful to allow at least two inches of the solution to they're not out of their teens. To think ment that they did:

EVENING WRAP Before holding the position I now hold I used to work in a mill and came in daily contact with such girls as have been described as vampires. When it thrifty housewife makes provision for swer this purpose. comes to the boys saying they respect the future by preserving some for the the vamps nine times out of ten, it is winter months. an absolute falsehood, because when it Fresh clean eggs properly preserved comes to the question of marriage they can be used satisfactorily for all purlook for the girl who has made it poses in cooking and for the table. a practice to run to all the dances and When eggs preserved in water glass keep out all hours of the night, rouging are to be boiled a small hole should up like some china doll you might see be made in the shell with a pin at the

out in conversation and you will soon has been boiled and cooled. Place the forget yourself in being interested in mixture in a five-gallon crock or jar. A Daily Fashion Talk by Florence Rose forget yourself in being interested in what they are saying. When you are introduced to the girls try to start a conversation as soon as the introduc-tions are over, and don't mind whether you are blushing or not. you are blushing or not. Talk about the movies, the theatres or anything that occurs to you. People are chiefly interested in talking about themselves, into her tweed topcoat or wear some interested in talking about themselves, out-of-date evening coat that had be so learn to be a good listener. As soon out-of-date evening coat that had be so learn to be a good listener. In us the conversation gets under way you will forget your bashfulness.

and Very Good Ones Only Dear Cynthin-I would certainly like DURING the spring months many and add one quart of sodium silicate, housekeepers serve eggs because they stirring the mixture thoroughly. Fourth. The eggs should be placed Be careful to allow in the solution.

when eggs soar to eighty cents, ninety cover the eggs. of those boys during to make the state. cents and \$1 a dozen, few are found on | Fifth, Place the crock containing the preserved eggs in a cool, dry place, When the hens are laying freely and Waxed paper covered over and tied vell covered to prevent evaporation

#### Use of Lime Method When water glass cannot be ob-

tained the following method may be used in its stead. Many consider this method entirely satisfactory, though instances are known where eggs so preserved have tasted slightly of lime: Dissolve two to three pounds of un-

staked lime in five gallons of water that have previously been boiled and allowed to cool, and allow the mixture to stand until the lime settles and the liquid is clear. Place clean, fresh eggs in a clean earthenware jug or keg and sel until the eggs are covered. At least two inches of the solution should cover the top layer of eggs. Sometimes a pound of salt is used with the lime. but experience has shown that in gen satisfactory.

# Adventures With a Purse

I inquired of the shopkeeper. It looks like a miniature carpet sweeper, of silver finish, with a handle measuring the shopkeeper with a bored air—"that back.

In a table crumber." Now isn't that a novel idea—takes the crumbs up just novel idea—takes the crumbs up just Pickford?"

Pickford?"

It asked, "has the temptation to tell.

In a word, to be tight-mouthed has its disadvantages, for the tight-mouthed norm."

That's one talent our family has and it last two days; I could let the milk bill go over until next week, and with the extra change I was gaving for a hat, I could get that table linen." For here is another woman secret—she will go without herself; many a little sarrifice.

"We don't even tell each other, as a without herself; many a little sacrifice will she make in order to have nice things for her home. And how she will hum as she sets busily about her little daily duties, hurrying to run to town and purchase that table linen hefore it is gone. This Madeira luncheon set for instance. I am sure it is a hargain, for the property of the strick, but I guess I haven't the right to be herself. I haven't her tight to be herself.

I am a great believer in the idea that what is good for one woman's skin may tainly a talent and one entirely what is good for one woman's skin may be exactly the wrong thing for some one else's. Seems to me you have to try a pseparation or two until you find the "exactly Fight" one. Many people have tried the preparation for chapped and rough skin that this adventure deals with. Compound of healing unguents, almond scented, it softens and whitens many a hand that has become rough and lined by housework. I know one girl who slways rubs a hit of it on her hands after she has washed them. And her hands are a delight. A bottle costs but sixty cents. ottle costs but sixty cents.

For the names of shops where articles mentioned in "Adventures With a Purse" can be purchased, address Editor of Woman's Page, EVENING PUBLIC LENGER, or phone the Woman's Denartment, Walnut

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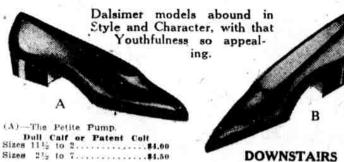
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# ON BEING ABLE TO KEEP THINGS TO YOURSELF

I PICKED it up curiously and turned A Promise Shouldn't Be Negessary to Bind One to Secrecy—Common Sense Ought to Dictate Whether Matters Confided Should Be Passed on or Not

"We don't even tell each other, as a it consists of thirteen pieces, daintily exalloned, eyeleted and embrodered in solid lots—and the price is \$5. How well a Madeira set looks for luncheon, to be sure! born tight-mouthed."

you think sometimes we pay a rather high price for our thrills? For in stance, no one would dream of telling stance, no one wome gream of the gossiper the things deep down in the heart that only could be told to one willing to lock them as deep in her own. The person who gossips may have a lot of fun, but she will cer tainly not go down in the history of the neighborhood as one who can be depended on for loyalty in time

probably four or fire inches in length.

It is decorated with that attractive engine turned finish, with an oval in the center for a monogram, "Oh, that," said that, said that, says the start says that, says the start says with a bored air, "that," said think she was patting herself on the trusted with anything important, for a start says the start says with a bored air, "that," said think she was patting herself on the trusted with anything important, for a says the start says the

novel idea—takes the crumbs up just like a sweeper! The price is \$2.50. It would make a mighty nice gift.

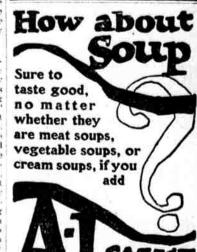
Here is a secret about women. Tell a woman of attractive dainty table linen, let her know it is most reasonably priced—a bargain, in fact—and you'll see her eyes begin to have a faraway look. Her mind is working something like this—"I might make the meat thing like this—"I might make the meat in the mind is coursed to me now I ought to spread about.

Pickford?"

"No," she replied, "you'll laugh when I tell you why I'm tickled. Here's a letter I got from some one who told me something the other day and forgot to say don't tell any one else, but that's a secret so far outweigh the thrills of a strangely attained to me mation to me attain the sails/ying human folly, but the compensations for being able to keep a secret so far outweigh the thrills of a strangely attained to me mation to me attain the sails/ying human folly, but the compensations for being able to keep a secret so far outweigh the thrills of a strangely attained to me smiss the thrills of a strangely attained to me something the other as a satisfying human folly, but the compensations for being able to keep a secret so far outweigh the thrills of a strangely attained to me smiss the thrills of a strangely assistation and the compensation and the secret so far outweigh the thrills of a strangely assistation and the compensation in the compensation and the compensation

Floor Cushions for Porch

A very new conceit for the porch this omer is a floor cushion covered with a light woven rug in the same shade The cushion is covered with the same material used in the rug and is put right on the floor. A plain center with a fanciful border, is an attractive and popular pattern.



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in a store window. All the object they large end before placing them in the have in the world is to be dressed up, water. This is done to allow the air If you boys prefer the so-called in the eggs to escape when heated, and in preference to good, quiet, it prevents cracking. respectable girls, please be gentlemen How to Preserve Eggs enough not to cultivate friendship with the different types of girls, if they are Fresh eggs properly preserved may! dead headers." in your estimation, be kept from eight to twelve months sel until the case are appropriately the case are appropri Because, remember this one thing, a in excellent condition and used with respectable girl does not wish good results. Eggs laid during April, the friendship of boys of your type. The May and early June have been found girl that is respected is the girl that to keep better than those laid later in does not wear her heart on her sleeve the season. If satisfactory results are and drink in all the foolish things that to be obtained the eggs should be fresh boys try to feed her. Remember, boys, and clean and, if possible, infertile. the joke is on your side. Eggs that float when placed in the solution are not fresh and, therefore, NO "DEADHEADER." cannot be preserved. When an egg is Getting Over Bashfulness only slightly soiled a cloth dampened Dear Cynthia—I am a young man, with vinegar can be used to remove seventeen years old, and I am very such stains. Under no circumstances bashful. I was invited several for bashful. I was invited several times should badly soiled eggs be used for to gatherings, but did not go. Can you preserving; if put into the jar while tell me what to do? When I am intro- dirty they will spoil, and washing reduced to girls I blush a lot. Can you moves a protective coating which pre please tell me what to do so that I can vents spoiling. I should suggest that you turn over of eggs is the use of sodium silicate, get rid of my bashfulness? HENRY. a new leaf and start to attend the or water glass. If the price of sodium parties to which you are invited. If eggs may be preserved at a cost of apyou don't it will be generally understood you do not care for such amuse. proximately two cents a dozen. It is not desirable to use the water-glass soments and the invitations will stop. lution a second time. Going out among people will help you Use one quart of sodium silicate, or get over your bashfulness. Make it a point to try to draw the boys and girls water glass, to nine quarts of water that

**属idding** 

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