

CUTTING DOWN THE GAS BILL—PLEASING A WOMAN—YOUR SUMMER SWEATER—CYNTHIA

MRS. WILSON EXPLAINS PROPER USE OF OVENS

Amount of Heating Required for a Slow, Moderate and Hot Oven. Timetable for Roasting

The Right Way to Broil and Bake Various Dishes at Once to Save Fuel

By MRS. M. A. WILSON

JUST how much fuel are you using in your oven? Do you overbake or burn food? Many housewives feel that it is impossible to secure accurate results in baking in the gas range; this is due to the fact that few women really understand the principle of baking with gas.

To secure a slow oven light both burners and turn them for five minutes; then turn both of them down low, turning the handle that controls the flow of gas two-thirds off. This will maintain a steady, even heat. A slow oven requires 250 to 275 degrees Fahrenheit of heat. A moderate oven is 350 to 375 degrees Fahrenheit of heat. It can be obtained by burning both burners of gas range for eight minutes and then turning them down one-half to maintain this heat.

A hot oven requires 425 to 450 degrees Fahrenheit and will need to have the burners burning for twelve minutes and then turned off one-quarter.

This last heat is intense and entirely too hot for breads, pastries and cakes. Meats require this heat for one-half of the length of time in the period of cooking. This heat is also necessary for broiling, grilling, etc.

Now, also try to utilize the full oven space when baking by cooking two or more dishes at the same time. Vegetables may be placed in casseroles or earthen dishes or even ordinary saucepan; cover them closely and cook in the oven until tender. This will not injure other foods baking in the oven.

Do not place breads, cakes and pastries upon the top shelf; rather place them on the lower shelf and cook in moderate oven. Do you know that there are still among us women who firmly believe that placing other foods to cook in oven with cake will surely spoil it? This is a mistake; utilize every bit of oven space.

An oven thermometer soon pays for itself. Pay strict attention to heating the oven; if the oven is too hot, the heat is wasted, while it cools sufficiently. This wastes gas. When food is first placed in the oven keep oven door closed for first ten minutes and then open when necessary.

Placing food in oven will materially reduce the heat. Do not try to increase the heat; just as soon as the mixture acquires the heat, the baking will begin in the usual manner and the dish be ready to remove from oven in given time.

Never keep the oven waiting for the food; rather let food remain in cool place while oven is heating.

Before mixing materials select the pans that will best fit in the oven. This does not mean that you must discard your present equipment. It means that you should place in groups such pans that entirely fill oven space without crowding. Keep this fact in mind when purchasing new utensils.

Use your oven for baking and boiling, and then cook your meats in the old-fashioned English way by direct contact with the flame. This means that you must first place one quart of water and one tablespoonful of salt in the broiler pan of the gas range; then place in the roast, steaks or chops upon the broiler; turn every few minutes. The roast must be placed farther from the flame to prevent burning. A good rule for this is to keep roasting meat four inches from flame, steaks and chops two and one-half inches and fish three inches.

The placing of water in the boiler pan prevents fat from catching fire. This liquid may be allowed to cool and then the fat can be removed, clarified and used for other purposes. Roast with one pint of boiling water while cooking.

Time for Roasting Meat in Gas Broiler

Beef, eighteen minutes to the pound.

Lamb and mutton, twenty-one minutes to the pound.

Veal, twenty-five minutes to the pound.

Chicken or duck, eighteen minutes to the pound without filling and twenty-five minutes to the pound with filling.

Fish, fifteen minutes to the pound.

As gratin dishes, meat pie and various vegetables may be cooked at the same time.

Some dishes that are easy to prepare

Scalloped Corn

The family is small a can make two portions.

Level Measurements

In all of Mrs. Wilson's recipes level measurements are used. By this is meant to slice off the little amount of baking powder, flour, cornstarch, etc., that piles up on the spoon until the contrast of the spoon are perfectly level. Mrs. Wilson uses this method of measuring because there is no other way to indicate the exact amount of flour, etc., to be used. As an interesting experiment, some time, measure out two heaping or even rounded table spoonfuls of flour and two level ones into separate cups and see just what a great difference there is between these two quantities.

- One tablespoonful grated onion. One tablespoonful finely minced parsley. One-half cupful fine bread crumbs. One-half cupful milk. One egg. One teaspoonful salt. One-half teaspoonful pepper. One teaspoonful sugar. Two tablespoonfuls shortening.

Beat to mix. Bake in an au gratin dish or individual custard cups in moderate oven for twenty-five minutes or until firm in center.

Potatoes may be pared, cut in quarters and then placed in a saucepan and covered with boiling water. Place in the back part of oven.

Wash and cleanse spinach, then place in an earthen casserole with one cupful of boiling water. Cover closely and bake thirty minutes in the oven. Green foods baked in either the glass or earthen casserole will have a delicious flavor that is impossible to impart to these foods if they are cooked in a saucepan on top of the stove.

WHEN SHE MEETS HER SOLDIER BOY

WHEN she meets her soldier boy, she finds that the world has changed since she last saw him. The girl who once was a simple, unassuming creature, now is a woman of many guises.

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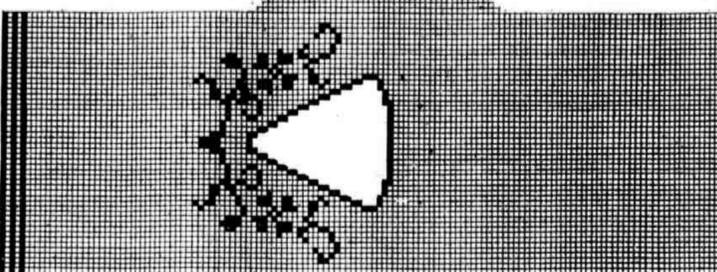
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ATTRACTIVE CROCHETED SWEATER WITH SLEEVES

The crocheted sweater grows in popularity by leaps and bounds, and no wonder, for what could be daintier than this soft mesh in some bright summer color with a pretty summer frock showing through? The pattern shown today is for the sweater with sleeves, which is as much in demand as the one without.



The pattern is for a regulation size thirty-six to thirty-eight, and eight or nine balls of mercerized cotton or wool are required. To make the sweater commence at back with fifty closed meshes and crochet right up and across for the sleeves. Two styles of sleeves are given. One is the open bell effect and the other is caught into the cuff shown below. Start cuff with eighteen closed meshes. A girdle or belt can be made from the cuff pattern.

Please Tell Me What to Do

By CYNTHIA

Wants 'Em Fifty-Fifty

Dear Cynthia—Can you please inform me what all this talk about "vamps" in your paper is about? It certainly does interest me a whole lot. Some of your people are for them, we'll say Spots, for instance, and some against them. Now, may I express my opinion? Give me this kind—not a vamp and not a dried apple, but a good girl, the fifty-fifty. That's just what I'm looking for; that's all I have to say.

Come on, boys, speak up. The girls will have you apologizing to them before long; come on and get the yellow out of you. FIFTY-FIFTY.

A reader signing "Black Eyes" wrote in to Cynthia about a week ago, saying that at dances and other parties the girls who had the good times were the vamps. Cynthia invited a discussion on the subject, and there have been many letters on the matter since. So that's what "all this talk about vamps" means.

Don't Believe Him

Dear Cynthia—I am a young girl in love with a fellow who I think loves me. Last week at a party he told me he loved me and asked whether I loved him. I told him I would tell him now, and that night I decided to tell him I did. The next day I met him on the street; he did not notice me. Now, dear Cynthia, would you kindly advise me what to do, for I would not like to break friendship with him.

BROWN EYES.

How can you think that a man who

April Is Here

When April came with sunshine And showers and blue bloom, My heart with sudden gladness Was like a fragrant room.

Her eyes were heaven's own azure, As deep as God's own truth, Her soul was made of rapture And mystery and youth.

She knew the sorry burden Of all the ancient years, Yet could not dwell with sadness And memory and tears.

With her there was no shadow Of failure or despair, But only loving joyance To heart, how glad we were!

—Bliss Carman, in McClure's.

Miss Day 139 South 13th Street New Creations in Easter Millinery Showing Authoritative Styles in Hats for All Occasions Charming Designs Offered at Attractive Prices Banded Bags, Neckwear, Sweaters and Veilings

Easter Furs Reflecting that superior richness which portrays the personal distinction of the smartly gowned woman. Our name on Furs is a symbol of quality—the guarantee of super-excellence. As large manufacturers we get direct from the trapper selected skins. These go straight to you at prices away below other stores because all "in-between" profits are eliminated. Furriers to Two Generations GITTELMAN'S SONS 916 Arch St.

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Adventures With a Purse

FROM the time the first garden was planted, and Adam cared for its fruit and flowers, man has been interested in gardening. If you are doubtful, ask any real, normal man what his idea of happiness is. And nine times out of ten he will tell you it is to have a home of his own, with a garden in which to potter around. Now women, many of them, are different. They take more to the home idea, and love to arrange in low bowls and vases the flowers which have been grown. Perhaps that is why I know so little about garden tools. But here goes—I write of a Jimmy weeder that will "dig out the roots."

I know not whether the roots of flowers or weeds, which I have heard said are unwelcome visitors in gardens, but in any event this weeder will dig out the roots, and lots of people—all with gardeners unquestionably—are buying them. They cost but twenty-five cents.

You know how convenient those little pieces of rough paper emery boards are for filing off rough corners of the nails? Well, I saw them today in sets of four held together by little pieces of French ivory, for ten cents. They're very handy and would look well on the dresser. The French ivory shield makes this set look like a piece in your ivory toilet set.

For the woman who loves the rich contrast of black and pearl are some little collar pins that she will be unable to pass by. One set is oval, another round, and still another square. Each set of dull black and each holds a little black flower in the center of which glows a tiny pearl. But they are pretty—these pins, each set consisting of two of a good size—and the price of a set is fifty cents.

For the names of shops where articles mentioned in "Adventures With a Purse" can be purchased, address Editor of Woman's Page, EVENING PUBLIC LEDGER, or phone Woman's Department, Walnut 3300.

Parasol Matches Vest

If you are very up-to-the-minute this summer you had better have your parasol match your vest. Nothing could be more charming than a white linen suit with the vest in rose linen with embroidery in white and the parasol in rose and white too.

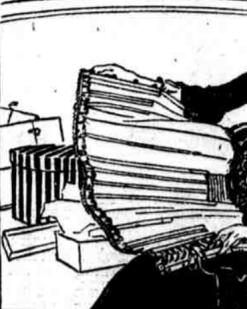
Summer Card Table Covers

Stenciled card tables are just the thing for the bridge game on the porch. The buff ones lend themselves to many pretty designs and covers, and they have the advantage of not getting dirty or easily soiled.

Crepe de Chine Blouses of charming quality and beauty. \$3.75 Upwards. A specialty is Tailored Blouses with detachable collars. The English Shop 1338 S. Penn Square Opp. City Hall

McPHILOMY'S 1624 MARKET ST. (Next to Stanley Theatre) Hosiery for the family Silk and Cotton All Prices and Styles Open Mon., Fri., Sat., Even.

Soothe Your Troubled Skin With Cuticura All Druggists; Soap 25c, Ointment 25c & 50c, Talcum 25c. Sample each free of "Cuticura, Dept. 61," Boston.



Redfern Corset A corset must be more than beautiful in appearance. It must lend beauty to yours—its lines must be correct. It must translate, as it were, your natural lines into those favored by Fashion. A Redfern Corset is Beautiful and Creates Beauty. Front Lace Back Lace. Made by The Warner Brothers Company, Inc.

HOW CAN MERE MAN TELL HOW TO PLEASE A WOMAN?

The Solemn-Looking Young Bachelor Who Always Seems to Be Doing the Wrong Thing for Arabella Wants to Know. If You Do Just as She Says, She Gets Mad

"A WOMAN," said the solemn-looking young bachelor as he laid the little pale blue note down beside his coffee cup and addressed a similar but chipper young bachelor on the other side of the table—breakfast table, "is a queer animal."

"Here's this note, we parted like two doves. I asked her if I could see her off at the train at 7 o'clock and she said no, I'd be late for the banquet. Coaxed her a little bit, but she wouldn't have it. So at 7 last evening I went to the banquet as ordered. And now this morning—well, here's what the note says:

"My dear John—I am so sorry, but I find I won't be able to keep the engagement for tomorrow evening. Something entirely unexpected has occurred. I am sure you will understand. Then there's a little more tea water and she closes like this, 'I hope you enjoyed the banquet last evening and trust you were on time. It is so important to be on time. Sincerely, ARABELLA.'"

The solemn-looking young bachelor put the note back beside the coffee cup and sighed. "Arabella is so pretty, such long eyelashes and a lovely smile. I wish there was some rule for me to go by. Last week at this time I was just getting over another little note like this, a pink one

I think it was. No, I believe it was lavender—no, by George it was pink because I remember."

"The chipper young bachelor on the other side of the table reached for the strap jug, caught his eye and brought him to."

"Well, anyway, John there are all three dances Arabella began to get nervous and fidgety and to look around the room. At the beginning of the intermission to the fifth dance she said, 'John, wouldn't you like to dance with some one else besides me?'"

"And I said, no, of course. And she came back, 'Sway, John there are all the nice girls I introduced you to there at the door. Go on, please ask one or two of them to dance with you. Lucille dances marvellously and all the boys are crazy about her. Knows loads of men you know, too. Go on and ask her to dance.'"

"And I did, and asked her to save another later in the evening because we had so many mutual friends. Then I danced with three other good-looking girls Arabella suggested."

"At noon the next day I got the pink note, and it broke four dates with me at one fell swoop. Did just what she told me and then she got mad. As far as I can see there isn't anyway to please a woman."

We wonder if there is!

La France! The very name spells smartness, charm, distinction. But La France Shoes have not won Milady's approval simply because of their grace and beauty. She knows that they are exceedingly comfortable, and that they will give her long and faithful service. The new models for Spring cannot fail to please you. May we not fit you with a pair? 'Tis a Feat to Fit Feet. Dalsimer The Big Shoe Store 1204-06-08 Market Street