

COOKING FOR A SMALL FAMILY—INITIALING LINENS—WOMAN'S CODE—CYNTHIA—FASHIONS

MRS. WILSON GIVES MEALS JUST FOR TWO

Tells How the Young Housekeeper Can Serve Attractive Dinner Without Waste—Small-Family Recipes for Many Good Things

By MRS. M. A. WILSON
KEEPING house for just a couple is sometimes a difficult problem to the young housekeeper, if she wishes to eliminate waste and prevent monotony on the bill of fare.
The right kind of marketing will help solve this difficulty, however. Do not purchase large amounts of food that will have to be reheated or used as leftovers. When the family is small it takes very little extra time to make many little delicacies that will help provide an abundant table without waste.
When using canned products divide the contents into two portions and place one portion in a bowl or fruit jar, and set it in the icebox. In this way it will not be necessary to serve the same food at two consecutive meals.
From one No. 2 can of tomatoes you may serve either stewed tomatoes, tomato soup, creole sauce, scalloped tomatoes, with macaroni or in vegetable soup. Peas may be served au naturel, in purées and in green pea cutlets or mashed and made into cakes and browned in butter. They may be used as creamed peas, as pea pudding and as a garnish for steaks or chops and in chowders.
From a can of corn there may be served puree of corn, corn chowder, corn fritter, corn omelet, corn pudding, scalloped corn, corn cutlets and creamed corn. String beans may be served as a garnish in steaks with chops and steaks, in chowder and vegetable soup or with cream sauce in salads. A can of beets will serve as buttered hot beets, cold spiced beets, beets cut for garnishes, beets for salads, or the centers may be scooped out and then the beets may be filled with creamed chicken or emince of meat and covered with fine bread crumbs and grated cheese. Bake in a hot oven for fifteen minutes and serve with hollandaise sauce. Or they may be served with a boiled New England dinner.
Shrimp may be served with mayonnaise on salad, au gratin, creamed shrimp on toast or as shrimp and rice chili or as shrimp curry. A can of salmon will make salmon salad, salmon croquettes, salmon loaf, creamed salmon and salmon patties and deviled salmon cutlets.
Meats, such as for steaks, steaks, chops and small sirloin roasts with fish, egg and cheese dishes, together with nuts, dried and fresh fruits and succulent green vegetables, will afford a pleasant variety for the menu.
A little study will easily convince you that with careful planning and conservative purchasing, catering for two is but little more difficult or more expensive than when providing for the usual family.
A can of baked beans may be divided into two portions, one part placed in a small casserole, adding
One-half cupful of water.
One small onion, chopped fine.
Two branches of parsley, chopped fine.

DISTINCTIVE MONOGRAMS FOR LINENS



The newest thing in marking linens is to have the monogram on your stationery worked on your linens, too. Both of the embroidered monograms shown in the picture were drawn from monograms originally marking distinctive stationery. One is in script and the other in block letters. The alphabet given above is in block letters, which can be combined to make very artistic monograms. Three sample ones are given. Arranged in a circle three letters frequently fit into one another just as they are, but sometimes it is necessary to elongate the center initial or shorten a side of one of the outside letters. The letters can also be combined in the popular diamond shape by this method of elongating the middle letter and shortening the side ones, using the angular lines instead of the curves. Interesting squares can be formed from the letters given above, too.

Please Tell Me What to Do

By CYNTHIA

"Just Seventeen"
You will telephone Cynthia on Thursday between noon and one o'clock perhaps she may be able to help you.
Cure for Bands/legs
Dear Cynthia—Is too much running, jumping and athletic work the cause of slightly bowed legs? Will you please give me some advice to help me in this trouble of straightening my legs? I read your paper daily and find so much good information in it that I hope you'll aid me in my great distress. I am a young girl just about entering the best age. I am five feet five and weigh 110 pounds. Please give me some of your wonderful help.
A TOMBOY OF SIXTEEN.
In severe cases an operation can be performed to straighten the legs, and when they are slightly bowed, from braces may be worn. A doctor, however, should be consulted before any such measure is taken. A doctor would not bring about such a condition. You were probably allowed to walk too soon after the operation. Please give me some of your wonderful help.
Dear Cynthia—Am a daily reader of your worthy column. Am therefore coming for advice in regard to some trouble of mine.
I am a young girl seventeen years old and have been acquainted with a young man of nineteen. Our friendship soon quickened into love. I was so much in love with him that I gave up all my boy and girl friends for him, as I wasn't interested in anybody else. He said he loved me, but never showed it.
Well, it went so far that he asked me to loan him some money, which I did, little by little, until all of my savings were gone and without my parents' knowledge. When I came to figure it out, Cynthia, you would be surprised at the amount I had loaned him.
He then asked to marry me, to which I and my parents did not object. I then happened to ask him about the money, to which he replied that if we expected to marry it was just as much his as mine. I then thought it was figured out the same.
But all of a sudden he stopped coming down without even calling me up or giving any reason whatever. I waited for about three weeks but still no call or anything. I was getting kind of anxious to find out what the matter was, so I called up at the place where he is employed and then I asked him the reasons for all of this. He says he has changed his mind and does not intend to get married for a good long while, as his parents say, he is too young. And about the money he says he will call up and let me know whenever he will get it.
I was dumbstruck when I heard that and was not myself again for a good long while.
I was thinking about it right and day at first, being afraid to tell my parents but finally did, and they did not say a word about it, because I found out later they thought that would happen.
Now, dear Cynthia, I hate him just as much as I loved him. And don't care at all for him any more. This all happened about a month ago and he has not let me know yet in regard to the money. Therefore please advise me and help me out.
HEARTBROKEN.

ON THE HUNT FOR A MAN WHO REFUSES TO TALK

About Himself—Is There Such a Person or Must Woman's Code Always Be Love and Listen?—A Discussion of the Problem With a Reader

A YOUNG woman who feels a bit disillusioned writes to know if she is the only one of her kind going through certain experiences. Briefly, this is the case. This particular girl, who signs herself "Hesitant," is engaged to a young man, and she is beginning to find out that he has faults. The principal faulting that has come slowly but surely out of the mist of love is egotism. The young man it seems is a good bit wrapped up in the things that concern himself, and likes to talk about them at length, without giving much time to the things that concern the girl. The question from the reader is: Can one love and at the same moment be perfectly aware of another's failings?
Let me say frankly, yes, Hesitant. In spite of the quotation that says, "Love is blind and lovers cannot see the petty follies that their loves commit," most girls of normal intelligence recognize quite clearly the failings of their young men before they marry them. And let me tell you this, you are going to hurt long way before you find the perfect man who is not more or less highly interested in himself.
At heart we are all egotists thinking about the things that happen in our lives and wanting to talk about them. Ego, you know, is the Latin word for "I," and most of us who are honest own up that "myself" is always more interesting than "yourself." I say we are all egotists after a fashion, but men outshine us in this respect, as does the sun the moon. There is no getting away from the fact. Examining the average conversation of a man and woman, and see where it eventually settles. Around the hopes and fears and interests and affairs of the mere man.
This is just something women have learned to accept, or in fact, a great many of them never have to learn. It is just born in them to listen, and on to the money. Therefore please advise me and help me out.

Advertisement for Blaylock & Blynn, Inc. featuring Tweed-O-Wool Suits. Includes text: "Established 1850", "1528 Chestnut St.", "A PRODUCT OF BLAYLOCK SPECIALIZATION", "Featured in Philadelphia and vicinity by the Blaylock Store exclusively. Fashioned of homespun tweed in the 1919 heather shades, and all the plain smart and choice colors of the new season." Price range: 26.50 to 38.50.

Advertisement for Mando hair removal product. Text: "MANDO REMOVES SUPERFLUOUS HAIR. The removal of a hair growth from under the arms or the face can be very easily accomplished by using this excellent preparation. Sold by drug and department stores. Price \$1.00. Samples 10c. Le Fevre Co., 329 N. 15th St., Phila." Includes illustrations of women's faces and bodies.

Advertisement for Redfern Corset. Text: "Redfern Corset. What is there about your figure that you do not like! Whatever it is a Redfern model will correct. More-over the Redfern is a mould for your form, which will take on its beautiful contour as easily as you breathe. You will not realize that you are wearing a corset excepting for your attractive figure and its comfortable support." Includes illustration of a woman in a corset.

The Crocheted Sweaters

A Daily Fashion Talk by Florence Rose



These are two of the new crocheted sweaters. They are described in today's fashion talk.
SWEATERS have long since ceased to be an incidental part of a woman's wardrobe, for in the last few years the sweater has become a staple and there are placed upon the market each year new designs in sweaters, just as there are new designs in dresses or suits. Every woman has one sweater and most women have a number in their outfit.
Having acquired the knack of knitting and learned to do all sorts of difficult things, handwork of this sort would very likely have died out, had it not been that some one conceived the brilliant idea of the crocheted sweater. This year crocheting is what knitting was a year ago.
Most of the crocheted sweaters are very plain in design and are made on much the same plan as the lace. I have seen some of the sweaters between the chain ends.

Tuxedo at Wedding
Dear Cynthia—Please answer these questions:
First, Is it proper to wear a tuxedo at a house wedding?
Second, Should a white, black or white and black trimming bow tie be worn?
Third, Is it proper upon meeting a strange girl at a dance to offer yourself as an escort to her home?
If you should only be worn at men's dinners or at informal home dinners. Whenever a man is at an affair with ladies he wears full dress coat.
Full dress at a wedding is only worn when the wedding takes place after six o'clock in the evening. Before that a cutaway is worn.
A black-bow tie is worn with a tuxedo, never a white one.
If you have been properly introduced to the girl and you find that she has no one to take her home and has made no arrangements to be called for, it is better to wear full dress coat.

Advertisement for Kiddie Clothes. Text: "Kiddie Clothes. Dresses that combine dainty effect and smart utility. Hand Embroidered and Smocked Anderson Gingham Imported Chambrays. Then the quaint Pin-flores of dotted Swiss and dimity. Styles Are Legion Prices Fair Margaret Allen Specialist In Children's Smart Dresses 1721 1/2 Chestnut Street, Phila. 810 Boardwalk, Ocean City, N. J."

Advertisement for Worthington blouses. Text: "GOWNS SUITS WRAPS. Tomorrow's Special Dolmans AND Wraps. OF SERGE, TRICO, SATIN, DUVETYN AND VELOUR. These models embody extreme simplicity and perfect taste so characteristic of Worthington ideals. 29.50 TO 200.00. Worthington 1312 Walnut Street. TOMORROW Friday and Sat. Only We Again Offer This \$5 Crepe de Chine BLOUSE. A TRIG and at becoming model as attached is No. 520-2. In crepe de chine; pleats down the front. The collar is attached in a novel manner with large pearl buttons that have self-bound buttonholes. The blouse comes in flesh, white, bisque, sunset and peach. A \$5 value at Peggy's—\$3. We've been fortunate enough to obtain a limited quantity of these blouses to offer you once again at \$3. Frankly, they're worth more than that, and when we offered them a few weeks ago we sold every garment in less than three days. If you were disappointed before, here is your chance—and remember it's a Tremendous Value for Thurs., Fri. and Sat. Only By Parcel Post the Extra PEGGY'S BLOUSE SHOP 1208 CHESTNUT STREET