

IMPORTANCE OF MEASUREMENTS IN COOKING—MAKING A VEST—THE BRAINY WOMAN—CYNTHIA

MRS. WILSON TALKS ON EXACT MEASUREMENTS

Shows Just How Many Good Recipes Turn Out Poorly Because Women Refuse to Be Accurate in Their Level Spoonfuls

By MRS. M. A. WILSON

MANY women are familiar with the importance of accurate measurements in preparing foods. Others frequently complain of the trouble they have with their recipes...

Ask Mrs. Wilson

If you have any cooking problems bring them to Mrs. Wilson. She will be glad to answer you through these columns. No personal replies, however, can be given.

do you know how much waste there was; or the weight of the bone in the meat that you purchased on Wednesday? Do you ever weigh your purchases? Think this over and then buy a good pair of scales and keep them in a convenient place.

- List of Equivalent Measures: 1 salt spoon = 1/2 teaspoon, 2 teaspoons = 1 tablespoon, 3 tablespoons = 1 cook's spoon, etc.

- Dry Measure: 8 quarts = 1 peck, 4 quarts = 1/2 peck, 2 quarts = 1/4 peck, etc.

AFTERNOON DRESS IN PEKIN BLUE GEORGETTE



The georgette, which is blue, is decorated with beads in the same color. The lines are very good.

A Daily Fashion Talk by Florence Rose: CAN you imagine what would have been the effect if a dressmaker some ten or fifteen or twenty years ago had produced a sketch somewhat like the one that we have for you today...

A spatula will repay its cost many times over the first month it is used. It is possible with this knife to remove every particle of food from a mixing bowl.

How can you keep house without a pair of reliable scales? Do you know how much the chicken weighed that you bought on Saturday, and

Of General Interest

A food scientist states that one and a half pints of milk with half a pound of pea-flour will supply all the essential ingredients for a whole day's food.

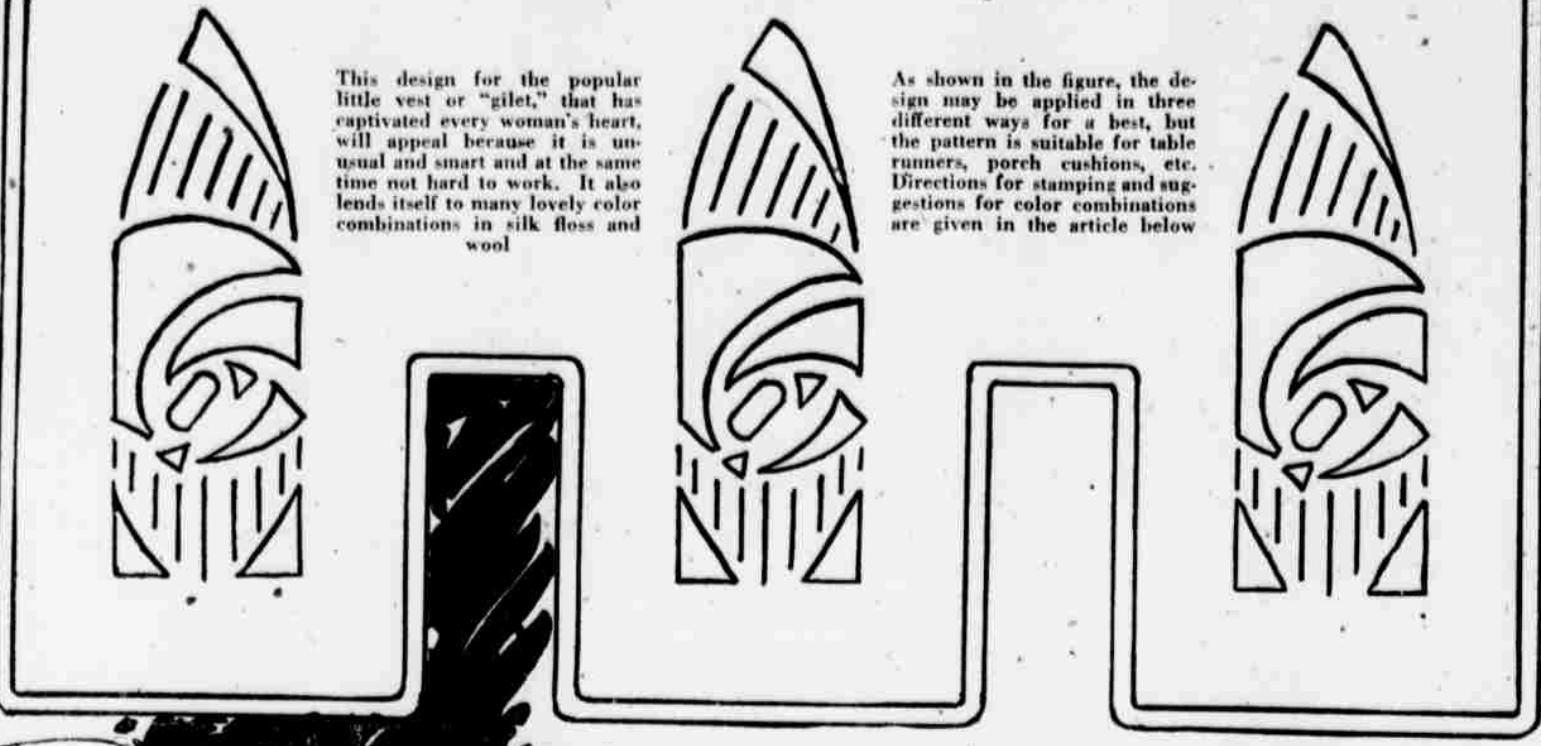
The first attempt to transport the mails by air is credited to the British, under whose auspices the experiment was made with varying success in India in 1911.

Although green is the gala color of the Turks it is seldom found in Turkish rugs. This is because the Turk does not approve of the use of the color where it would be trodden by the feet.

As far as can be learned, the earliest use of the nickname John Chinaman as a designation for Celestials is in "A Letter to the Commissioners of Management of Drury Lane Theatre," published in London just one hundred years ago.

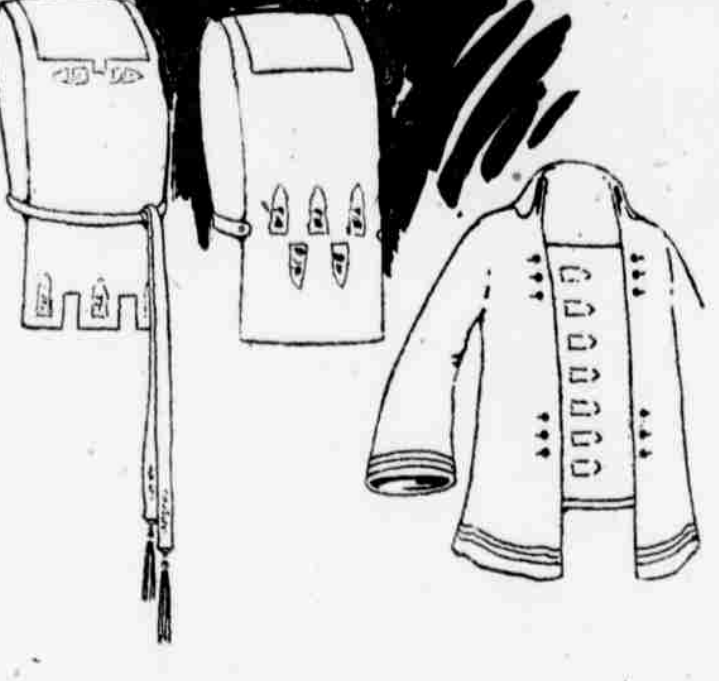
The coming summer will mark the centennial of the formal opening of the Suez Canal, one of the greatest engineering projects of the world. The festival given by the Khedive of Egypt in commemoration of the opening is said to have cost \$22,000,000.

A NOVEL EMBROIDERY DESIGN FOR THE VEST



This design for the popular little vest or "gilet," that has captivated every woman's heart, will appeal because it is unusual and smart and at the same time not hard to work. It also lends itself to many lovely color combinations in silk floss and wool.

As shown in the figure, the design may be applied in three different ways for a vest, but the pattern is suitable for table runners, porch cushions, etc. Directions for stamping and suggestions for color combinations are given in the article below.



MAKING THE LITTLE VEST

SOME of the very smartest vests or "gilets" are embroidered. And there are no end of possibilities in bright color combinations if one knows a pretty design. The one shown on the page today is smart in its simplicity and will lend itself to many interesting and original ideas.

done in gold are sumptuous and rich, and do much to go with the blue serge suit. Tau, with old blue or gold, is becoming to the brown suit. For the one-piece dress that is to be made at home the vest solves many problems. For the white linen dress done in varied greens, or reds, it is very pretty and colorful.

And So They Were Married

By HAZEL DEVO BACHELOR

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RUTH and Natalie eventually left Croft's, but not before Ruth had virtually pledged herself to return and look again at the \$25 suit. At the last minute she remembered to tell the haughty saleswoman that she would like her husband to see it before she actually bought it.

"I don't believe you really wanted a suit," Natalie said as they went down in the elevator. Ruth fancied that she detected a mean little tinge in Natalie's voice. Not for the world would she have had Natalie suspect the real state of affairs.

"No, I don't think so, because I am not sure just when we shall be able to come in," Natalie said.

"And it was thus that she finally escaped, followed by Natalie. 'I don't believe you really wanted a suit,' she informed Ruth chiddishly, and then 'I'm going to dinner with Jack,' she added absently.

"I'm going to wear a different dress at each," she informed Ruth chiddishly, and then 'I'm going to dinner with Jack,' she added absently.

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Please Tell Me What to Do

By CYNTHIA

Answers "Anxious": In the first place, my dear, you could not be in love with a boy you do not know. And the second place, I cannot give you advice how to attract strange boys; I want to say—don't do it.

Object to Her Marriage: Dear Cynthia—I have been reading your columns and I thought you would write and ask my advice. I am twenty-one years old and go with an uncle who is very wealthy.

Have a Chaperone: Dear Cynthia—you have helped others. I wonder if you could help me? I am only a young girl and am a member in a theatre house.

Let's Hear More Views: Dear Cynthia—I have been much interested in the letters published in your column on the subject of housework helping their wives with dishwashing.

ing to assist his wife (if any one would respect him for a husband, along with his ideas) with the household tasks than to offer his services to a street cleaner. Both, in his "contented" mind, being probably in the same category. Can you picture his even giving up his seat to a woman in a crowded street car?

It seems to me that the question all summer down to what should comprise a man and a woman's love is what is love. Don't you think the quality most admired in a woman is womanliness, and in a man, manliness? If one stops to consider, the attribute manliness is composed of several things; among them, chivalry, truly, but what is chivalry? Is it a man's manliness that is to be a gentleman, and for such a man to see his wife doing any manual labor in which he could share and thus relieve her of a hardship, would be decidedly foreign to the chivalrous instinct in him. Unfortunately, the men, themselves, these seem, to be few such persons.

To Discontinue a Correspondence: Dear Cynthia—After reading the good advice you have given others, I decided to ask you to help me. I was sick for several weeks with the flu. I was published in the town's paper I was convalescing slowly. A friend of mine at a camp in Virginia has written me a letter of sympathy. I would like to answer the letter, thanking him, but I do not know exactly how to word it so that he will discontinue correspondence. Please answer in the Express. Please answer as soon as possible. Thanking you in advance. L. E. H.

Make the note rather brief, writing in this style: "My dear Mr. Jones, you were very kind to be interested in my little attack of influenza, and I surely appreciated your thoughtful letter. I trust you managed to weather the epidemic without any inconvenience at all. The camps were so full of it that you must feel very lucky if you did. (Here you might add any small impersonal item that might occur to you, and then finish by saying): "Again thanking you for your thoughtfulness, sincerely."

REMOVES LIMIT ON MEAT: Food Administration Drops Regulation Restricting Licenses: Washington, March 12.—(By A. P.)—The food administration announced today that it has repealed its regulations prohibiting licensees from selling, delivering or having in their possession food commodities in excess of a reasonable sixty days' supply.

Washable Oilcloth Doilies: For the cottage breakfast and lunch table one can be washed with soap and suds and dried. They are attractive in colors, in very attractive designs, and can be washed with a damp cloth with the utmost ease.

A Bedwork Box: A new box is one with a silk-covered top and a stencil design of a flowerpot and leaves. A rose made up of silk petals covered with beads is applied, the gold lace around the surface of the box. Gold lace around the edge of the box finishes the design.

ALICE G. PEARLMAN: Children's Ready-to-Wear Shop: 129 South 16th Street. Distinctive Models for Men and Hobbies in Coats, Suits and Frocks. Special care given to the difficult apron, blouse and skirt.

Advertisement for Blaylock & Blynn, Inc. featuring Tweed-O-Wool Suits. Text: "A full figure has much beauty of line when properly controlled and shaped in the contour of a good corset. The Front-Lace Redfern, designed for such a figure, will most strikingly emphasize its beauty." Price: 26.50 to 38.50.

BRAININESS IN A WOMAN DOES NOT ATTRACT MEN

Therefore the Clever One Hides Hers if She Would Fain Win a Man—Be Wooded and Won—After Marriage There's Another Side to the Story

THERE is a saying which runs, "Be good and you'll be lonely," which ought to be twisted around to "Be clever and you'll be lonely." This applies in particular to young women not averse to finding husbands. Men do not like clever women, or rather they are not attracted to them if they think they are clever.

In the possession of brains, or, to be more exact, in letting the world know he has brains, a man has all the advantage. A woman will sit by the hour listening to his ideas and his achievements when she hasn't any earthly idea what he is talking about. Then she goes upstairs and confides in any ready feminine ear the fact that "John C. is a wonderful talker."

BUT as for a woman with "too much brains," frankly a man is bored with her. He will call once or twice, bring around another man or two to meet this perfect whizz who can keep up a brilliant conversation all evening long; and then somehow his interest wanes. This girl will make a splendid wife for some one else.

And the next morning with the memory of the brilliant conversation of the night before, he lies in bed with the telephone to see if some wide-eyed young person with a ruffy pink dress would like to go to the movies on Wednesday night. Thus ends the reign of the clever woman!

In spite of these obstacles, however, clever women are marrying every day. How do they do it? By keeping their brains well under cover. If they have accomplished things it must seem to be made to appear they happened by the merest accident. A woman's word may be law in an office, a library or a school, but when she opens the door for the man she would fain call her own she must be completely shorn of that robe of authority and garbed in the sweet plaid garments of one who is led and never leads.

THE clever woman who would ever enter the estate of the normal young woman must keep in mind that for her the highest form of art is that which conceals its art. If she is to talk circles around men about the Peace Conference, if she knows they are all mixed up in naming the various major engagements of the recent war, for the good of any hopes she may have about a romance, let her keep these sweeping bits of information to herself.

If the injury to self-pride hurts, there is a straw of consolation that later builds itself into a haystack. Just as a man does not look for signs of human intelligence in a girl before

he marries, like as surely does he begin to search for them after having had the prize package home for a while. Then comes the lining of the clever woman. A man likes to display a clever wife before his friends. Somehow the glory of his cleverness reflects upon him. There must have been something particularly brainy about himself to have won the attention of this marvel.

Thus begins the reign of the clever woman! What Fashion Says: Many of the new cotton or silk blouses have sleeves of three-quarter length, with wide cuffs.

Some of the new brocade vests in the smart box coats have their lower parts gathered like a girle. Blouses to wear with box coats are generally of georgette embroidered with silk floss or yarn.

Theatre hats are often of the tiny Directoire style, and made of black satin and black straw with aigrette. The tendency is decidedly toward full flaring overskirts with tight underskirts.

A very beautiful sheath gown is covered with a lattice work of gray-blue beads.

YARNS SAVE \$2.00 PER LB. GERMANTOWN ZIPPER, \$4 per lb. Warranted, \$1.50 per lb. Wool Mohair, \$2.50 lb. 18 qualities and 10 shades, suitable for ladies' sweaters, infants' and men's jackets. Mail Orders Filled—Mill Prices. Samples Free. AMERICAN SPINNING CO. Dept. W, 60 North 4th St., Phila., Pa.

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