TEMPTING WAYS TO SERVE EGGS-A NEW WAY TO MAKE A DRESS-IN THE SHOPS-CYNTHIA

MRS. WILSON GIVES TASTY EGG RECIPES

Why a Boiled Egg Is a Spoiled One and the Right Way to Cook It to Make It Digestible

How to Make a Spanish Omelet, Tiger Eve Sandand Other Dishes

By MRS. M. A. WILSON r, rare, by Mrs. M. A. Wilton. All Rights Reserved

EGGS are a valuable food product; buttered toast.

they contain the purest form of If you have any old-fashioned readily take the place of meat.

eggs we mean those of the hen, but ing stores. this may be made to include the eggs of the bantam, guinea fowl, fowl. Ployer and pheasant eggs are esteemed to be a great delicacy.

The similarity in the proportion of the shell, yolk and white of eggs in the chicken eggs is that the shell averages about one-tenth, the yolk is counted as waste. The white contains about six-eighths water, the polids of the white are virtually all nitrogenous matter or protein. The

How to Do It-the Boiled Er Place water in a saucepan and bring to a boil; boil for three minutes and then add the eggs. Place on the back of the stove and let the eggs stand for eight minutes for a very soft boil and ten minutes for a medium soft boil and twenty-five

minutes for hard boiled. The water should be kept hot-that is, just below the boiling point. Fried Eggs Place the fat in the pan and heat until very hot and then place where the pan will maintain this heat with out getting any hotter; if you use the gas turn down the burner. Add the eggs. Let them cook very slowly until set and then turn if desired. Eggs cooked in this way will

crisped egg around the edge. Omelet

Plain and fluffy omelets are cooked in the same manner as the fried eggs.

not absorb the fat and will be tender

and delicate, and not have a crust of

Plain Omelet

Place three tablespoonfuls of shortening in a frying pan and then. while heating, place three eggs in a bowl and add

One tablespoonful of milk. One tablespoonful of water.

Beat with a fork to thoroughly mix and then, when the pan is smoking hot, turn in the mixture. Then place where the omelet will cook very slowly. Season and then turn and fold and roll, turning on a hot platter.

Fluffy Omelet

Separate the yolks and whites of three eggs. Place the yolks in a bowl and add three tablespoonfuls of milk. Beat to thoroughly mix and then beat the whites until very stiff. Cut and fold the yolks into the prepared whites and then turn into a pan and cook slowly. Fold and roll and turn on a hot platter.

When just one sort of hat answers the purpose for the very smart hat when every woman who appears well goes with a certain type of hat on her head, then we content ourselves with that one kind. Now, last spring, you know, untrimmed sailors were very smart. A well-adjusted sailor hat was supremely smart for street wear. And because we didn't have much of a heart for clothes when the war was still Fried eggs and omelets may be garnished with ham, bacon, parsley, finely chopped; pimentoes and green

To make variously flavored omelets, prepare the omelet as for plain omelet and then just before the turning and rolling add the desired flavoring. Then roll and fold the We get one, and then the hower we med hat appeals to us, and later we are assured that we must have one that is ribbon trimmed. Because they are all so attractive. When the season opened were assured that ostrich trimming omelet and turn on hot dish. Have the filling heated before spreading on the omelet. Leftover vegetables and bits of meat may be used in this manner for attractive dishes.

Spanish Omelet

Use the fluffy omelet recipe and n chop fine two medium-sized todrain free from moisture ad add one medium-sized onion and large olives, chopped fine. in a small pan with one tableaful of butter to heat. When apread over the omelet and then and roll or place in a hot oven

prepare peached eggs place

Philadelphia.

wiches, Eggs Cartheoth tablespoonful of vinegar to each pint of water. Bring to a boil and then open the egg on a saucer and slide into the boiling water. Let simmer slowly until it forms and then lift with a skimmer on to a napkin to drain. Ten roll gently on a slice of

albumen, which digests very easily, muffin rings place them flat in the Eggs are body builders and flesh- bottom of the saucepan and then forming foods, and they can very your the eggs in and poach. Or you may use any of the poachers that Ordinarily speaking, when we say are usually sold in the housefurnish-

keep the yelk in the shell until ready to use. Add a pinch of salt to the white and beat until very stiff. Pile in a pyramid on a square slice of toast. Make a well in the center of about three-tenth and the white the yolk. Dust over lightly with about four-tenths. The shell alone paprika and then bake for seven minutes in a hot oven

yolk contains about one-half water are generally used for this dish. and one-third fat, and the balance is Prepare the tomatoes or peppers by of nitrogenous matter or protein. cutting a slice from the top and Newly laid or fresh eggs have a then hollowing out the centers. semitransparent uniform, pale pink- Break in an egg and then season

Ask Mrs. Wilson

ems, bring them to Mrs. Wilson. She will be glad to answer you through these columns. No personal replies, however, can be given. Address questions to Mrs. M. A. Wilson, EVENING PUBLIC LEDGER,

Tiger-Eye Sandwiches

Use a strictly fresh eggs for this. turkey, ducks, geese, gulls and wild. Separate the white and yolk and

Eggs Cartheoth

Tomatoes, pepper or pimentoes



TO MAKE A DRESS FROM A MAN'S SUIT

How a Stylish Dress Was Made From a Man's Discarded Suit

By MRS. MARY R. PAINE

Newly laid or fresh eggs have a semitransparent uniform, pale pinks ish tint; the shell contains a very small air chamber, which separates the skin and shell of the egg and is filled with air. This chamber in creases with the age of the egg.

Eggs when cooked at a low temperature are delicate and easy to digest, and they can be used for invalids, children and persons with a delicate digestion.

How to Cook Eggs

Eggs boiled are eggs spoiled; the physicians tell us that hard-boiled eggs require three and a half hours to digest, Keep this in mind when cooking eggs. Water boils at a temperature of 212 degrees Fahrenheit.

Daisies and Blue Georgatto

Daisies and Blue Georgatto

This is a story about a dress—how the same and shell of the seams which with sair in the story about a dress—how the same made from an old suit of men and old suit of men and bake from an old suit of men and old suit of men and bake from an old suit of men and old suit of men and bays when our nation was learning to give and save, when men shifts were in a most magical manner. Cold-cooked or leftover vegetables, such as corn, peas, asparagus, onlines or cauliflower may be such as corn, peas, asparagus, onlines or cauliflower may be such as corn, peas, asparagus, onlines or cauliflower may be made deggs require three and a half hours to digest, keep this in mind when cooking eggs. Water boils at a temperature of 212 degrees Fahrenheit.

Eggs should be cooked at a temperature between 165 and 185 degrees.

Fahrenheit.

Daisies and Blue Georgaetto

This was made from an old suit of men and old suit of men and old save when our nation was learning to give and save when our nation was learning to give and save when our nation was learning to give and save when our nation was learning to give and save when our nation was learning to give and save when our nation was learning to give and save when our nation was learnin

Daisies and Blue Georgette

A Daily Fashion Talk by Florence Rose

Daisies and dark blue georgette are used with tan straw in the hat at the

left. On the center hat little ostrich feathers are used, and to the right

there is a most charming little bonnet piled high with flowers and fruit,

This building the crown up high is a feature this season

would lead because the Directoire mode was revived, and ostrich is the one essential trimming of the Directoire hat. Then we felt somehow that flowers were most expressive of our joy in the end of the war, and Paris produced such perfectly charming ribbons and showed such skill in using them that we had to have ribbon-trimmed that as well.

So here are all three sorts of trimming in the hats reproduced for today. The one at the left is a tan straw shape, with pleatings of blue georgetic used as an underfacing of the brim and around the crown. Ox-eye daisies encircle the crown, with an ornamentation at the front in the form of trimmed quills.

In the center is a combination of straw and taffets, with two ostrich

feathers decorating the left side

Seventy-five railroad cars are needed ally to haul away the merchandise sold y America's largest mail-order house.

Look to Your Linen Closet

When thin places show in table

linens, or actual holes appear, these can

be neatly darned over white net and the

thin places so nicely re-enforced that it

is scarcely noticeable, and the life of

the linen will be surprisingly lengthened.

IBBONS, feathers or flowers?

clothes when the war was still

waging we somehow seemed content with

one street hat, at least for the first part of the meason. But this year things are guite different.

Suppose we decide that the supremely modish hat is one of those charming Directoire affairs with an ostrich tip. We get one, and then the flower-trim-

we were assured that ostrain trimming would lead, because the Directoire mode was revived, and ostrich is the one essential trimming of the Direc-toire hat. Then we felt somehow that

flowers were most expressive of our joy in the end of the war, and Paris pro-duced such perfectly charming ribbons and showed such skill in using them that we had to have ribbon-trimmed

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e sleeves, the backs and the under-

I knew I could use no general skirt nattern, and must depend upon measurements, which seemed easy, if understood, I first took a two-inch beiting and fastened it around my waist, putting the opening just where the opening of the skirt was to be. Then I used the pieces of mohair lining as a foundation skirt, fastening it upon this belt, and making eighteen inches in length. To the bottom of this I intended dropping the serge drop skirt made of the trousers. The diagram shows how I obtained these straight pieces of serge sers. The diagram shows not serge tained these straight pieces of serge from the trousers. I sewed a front to a back part, firmly stitching and a back part, firmly stitching and seams open smoothly. course I used these pieces on the crosswise of the material and so folded them over and marked the center of back and front with a white thread. I now trimmed off the most uneven edges and turned what had been the front part of the trousers upon the foundation skirt. To this I fastened the serge dron stripping of the trousers upon the foundation skirt. drop, starting from the center, and lap-ping the fronts over the backs on the side scams, having first turned it back. so as to make the exact width across the front twenty seven inches when fin-ished. The back I slipped under this, having it thirty-four inches wide from the lapped-over fronts.

Now I pinned up the bottom the de-sired length. I faced this edge some three inches, and finished the side open-ings with button molds covered with the silk I had bought. These held these sides together without stitching. I had cut two widths of the silk, twenty-six inches long. These I had hemmed and now laid in easy pleats about five inches below the top of the belt. I allowed one of the front seams to open down eight inches and to pass over the down eight inches and to pass over the foundation opening about four inches to the left. This I fastened with snap fasteners and all was in readiness now for the coat part.

I first cut out this coat part to see just what should be used. First I took a shirtwalst pattern, as I believed this R IBBONS, feathers or flowers?

This is the question that presents itself to us every spring when we think about the new hat. And usually by this time any one who is the least but interested in dress could tell you whether it was to be a ribbon season, or a feather season, or a flower season, or a flower season, or a flower season, But this year it would not be so easy to determine. Because, in truth, it is all three. There is wide variety in the sorts of trimmings that will find their way to women hats.

When just one sort of hat answers the purpose for the very smart hat when every woman who appears well when every woman who appears well is guited by the Egyptians as symbolic of fidelity.

feathers decorating the left side at the back right side at the back. Piling flowers combined with fruit or vegetables on the crown of a hat is quite the latest fad. The hat at the right is trimmed in this fashion, flowers being combined with really detectable paragraph. The hat is of straw, with a pleating of wide ribbon around the edge and a tiny bow perched at the left side.

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From Here and There

Red was regarded by the Egyptians as symbolic of fidelity. I also used for the same, but this lower edge I turned up under and from there basted the piece I cut from the under part of the sleeve.

The fronts I cut out of the upper parts

of the sleeves (see illustration). The vest I made from the old fronts and also took the helt just across the back from nopoly of silk-making and jealously guarded the secret of its manufacture, but eventually the knowledge of the art spread to Korea and thence to Japan, where the industry was established about the third century of the present era. The art was carried thence to India and finally reached Europe. these. This belt I made almost held it close to the back seams with the button molds. When these were cut armholes in the foundation waist, which made of silk

around these armholes about two inches

From Points of Interest There are twice as many blind people in Russia as in the whole of the rest

The oldest banknotes in the world were issued in China 2897 years before the Christian era. Butterflies sleep head downwards, and their closely-folded wings form their bed-quilt, so to speak.

The Bible mentions nineteen different stones, six varieties of metals and thirty-five different animals.

India holds the record for images. It has been estimated that there are quite 300,000,000 images of the various gods there.

The highest telephone system in the world is installed at Sonata, Bolivia, 15,500 feet above the sea level.

The Question Corner

Today's Inquiries What is the game of Blarney flags to be played at the St. Patrick's

to be played at the St. Patrick's day party?
"Marmee" is a famous and beloved character in literature. Who is "Marmee"?
What simple little ornaments are sufficient in themselves to trim a black velvet dress?
What innovation in the way of borders for wallpaper has been introduced this spring?
To what use can old neckties be put?

put? Why is it impracticable to pour hot water on stains that come from milk, eggs or meat juice?

Yesterday's Answers

Yesterday's Answers

The Red Cross has asked that knitting be resumed. The two articles in demand are socks for the tiny refugee bables of France and shawls for the women.

Idaho is the suffrage state that imposes jury duty on women according to its laws; but the law is more or less theoretical. In Nevada, Kansas, Utah, Washington and California, all suffrage states, women are permitted to serve on juries, but not obliged to. In the other suffrage states they are not even permitted.

A running stitch of coral or corn

other suffrage states they are not even permitted. A running stitch of coral or corn color wool makes a novel trimming for the blue or black satin peplum blouse made from the good pleces of an old satin dress. SAVOTY

of an old satin dress.

The most popular patterns in wall-papers for this season are in old chintz damask and flower tapestry effects with no color predominating. Moires are also good.

To prevent food to be kept hot from drying out place in the oven over top of a pan of hot water and cover with a plate.

Rhubarb should never be gooked in a tin utensil because the acids in the fruit working on the tin produce a poison.

Please Tell Me What to Do

By CYNTHIA

From a Jersey Girl

Dear Cynthia-I have been reading our column and following up your letters for some time. Recently while reading it over I came across the letter entitled "Disgusted With Vampire's Ways." As I saw you asked for some of the girl's ideals I thought I would

ways. As I saw you asked for some of the girl's ideals I thought I would read a few lines. I certainly think D. M. is a very sensible young feilow. I am a girl living in a small town in New Jersey. I am not good-looking, but have many friends; neither do I dance, because my parents do not approve of it; never use rouge or powder, but still I don't say I distlike it, because I have a sister that uses it all the time.

I like all kinds of sports and attend them regularly, but when it comes to dolling up to attract the boys' attention it is beyond me. I have several friends in Philadelphia and Camden and different places, but when they wish to see me they come to my home, and sometimes we go to a show or if we don't go out we stay home, play games and have music and have a fine time. I go to lots of parties and places and also entertain lots of times. In this way I can honestly say a girl thinks a great deal more of a fellow. So I say, keep on, D. M., you are on the right road. These girls that paint and powder and are always talking about love and marriage to the young fellows only go out the next day and tell all their girl friends what a fool of as some girls think. I hope to hear from some more girls on this subject.

A JERSEY HECKER

How Strong Love Is

inches from the bottom of the fronts and cut it low enough in the neck to wear soft lace or a light-colored vestes. After all pressing was done, I now placed on the fronts: clusters of moids four toward the bottom and five about the chest line—siso these were sewed on the overlaps under the arms.

It took me no longer to make this dress than had the material been all new, and I felt so renaid because the entire cost was but \$3.75 for a remnant of silk a little over two yards, and for the thread, molds and belting, which were altogether fifty cents.

How Strong Love Is the work fronts and the neck to column for some time, and now wish to submit to you a question of iny own. I am a comparatively young man first who attracted me very much and who seemed to find some pleasure in my company. Her folks, however, are quite who is the has always been accustomed to all luxuries, while I am a poor as "Job's turkey" and have my own way to make. In addition to this, I am handcapped by the loss of a leg. Is it wise to continue calling on the girl under the circumstances." She is only nineteen.

only nineteen.

I do not see why you should not continue to call on the young lady, since sha seems to find pleasure in your company. If you do eventually find you care for her you will not ask her to marry you until you can see your way to taking care of her. When a woman really loves a man such a handleap as you mention makes no difference in her love, and the fact that you are not able to provide for a girl now is no reason why you will not be able to provide for her nicely a few years from now, that is, if you work hard enough. Love is the big ruling guide in matters like this, not certain amounts of money or physical perfection. What do other readers think.

Would Act in Movies

Dear Cynthia—I am a render of the Evening Public Ledder, and I am coming for advice. Can you please tell me where I can apply to become a motion picture actor? READER.

There are no motion picture studios in Philadelphia, but there is one in Betzwood. Pa., which is near Norristown.

Advice to "Worried"

Advice to "Worried"

Dear Cynthia—I was reading the paper tonight, when I came to a stop at the name of "Worried." I don't think that the man ever had a nice, charming girl friend, or he does not understand them, because we all like a little fun. Of course, too much is not good either for girls or men. As old as I am. I was never to a ball, dance or a party, because I do not care for a thing like that. I am sorry for "Worried" If he wants a wife and can't find any, but maybe this letter will help him. But, "Worried," don't think whenever you get married to make a slave out of your wife or to lock her up in the house. Remember, we all must have fresh air and fun.

AT THE AGE OF TWENTY-TWO.

MR HOVER Says that care in cooking makes second cuts palatable and helps

save money. You can work something of a miracle and make your husband admire your cookery, by using plenty of

MAKING YOUR HUSBAND BUY YOU A NEW SPRING OUTFIT

This Particular One Doesn't Want to, Although He Complains About His Wife's Shabbiness-Why It Is a Woman's Duty to Keep Her Heart Young With New Clothes

THIS is the season of the spring hat, with its flowers to please, of the pretty new spring suit, the frilly, white collar and the shoes all spick and span. I feel it; you feel it, and so does the woman next door.

And so at this time of the year, when all women rich and poor are in the control of the spring half as much as the mother who is smart and trim.

Girls, even little girls, love pretty things, and having mother love them, the is a strong bond between them,

Dear Friend: I hope you can help me with your advice, for I need it. Is it right for me to spend a little money on spring clothes? I haven't had anything new for five years, but have always made over my hats and worn the same cost. I have two little girls, and it keeps me busy buying clothes for them out of the money get.

Now, dear editor, here is the funny thing about it. Although my hus-band makes fun of me for the things I wear, and asks why don't I look stylish like other women, he will not let me have the money to buy clothes when I ask for it. He says I am extravagant. But he buys what he wants and says he has to make a good appearance where he works. Do you think this is right, dear editor? What can I do to make him know I have to have clothes too, and still not make him mad?

He gives me his money each week,

but I have to give him whatever he asks for, and then there is barely enough to buy clothes for the children and meet expenses. 1 do? ANXIOUS WIFE,

a good appearance in his job any more than a wife does in hers. The woman don't think he'll get cross if "ou rub who goes about shabby and down at the heels runs just as much danger of falling down on her job as the down-

And so at this time of the year, when all women, rich and poor, are in accord in spirit, comes this little letter:

things, and having mother love them, too is a strong bond between them. As they grow older the bond is strengthened. They will ask the boys come meet their nice-looking other. When they have troubles by will bring them to mother. they will bring them to mother.

Mother, whose pretty hat has a rose in it! Mother, whose heart is young and will therefore understand!

THUS you will see, my dear friend, it is far fairer for you to spend less money on your children's clother and more on your own than to skimp yourself as you have been doing.

That is one suggestion I have to make about how to get pretty things. When you are spending the weekly allowance let it hold a pretty new collar for you when it holds new hair-

ribbons for the girls.

Now for the spring wardrobe.

Simply have a heart-to-heart talk with
your husband. Warn him cheerfully
that for the next four weeks you are going to take a certain amount of money out of the wages each week toward getting some clothes you have decided you can no longer do without and hold your self-respect. Explain to him that you must buy things from time to time as he does.

You might even submit a plan tell-Don't believe him. Anxious Wife; a etc. Try to get him interested, and etc. Try to get him interested, and even coax him to come to the stores some Saturday afternoon with you. I don't think he'll get cross if you rub him the right way, but even if he right way, but even if he ing him how much you are going to spend, where you saw a cheap suit, etc. Try to get him interested, and at-the-heels man does on his.

Just try and get this into your mind, little woman. It is your duty to dress in pretty things. Your duty to dress in pretty things. Your duty to yourself and your children. A stay mad.



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Gidding's, in Philadelphia, quickly attained the same position as a fashion house that they hold in New York-where, at Fifth Avenue and 46th Street, their establishment is every day visited by the smartly dressed women of America as well as those from the metropolis and foreign countries-

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