

COSTUMES FOR MARCH 17—TASTY SALADS—SHOULD WOMEN SMOKE?—CYNTHIA'S LETTERS

MRS. WILSON GIVES RECIPES FOR TIDBITS

The Little Special Things That Make the Restaurant Dinner Attractive. Not Expensive

Delicious Canapes, a Cheese Dressing Russian Sauce and One That Comes to Us From Canada

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JUST a short time ago a dear home woman wrote me: "Please tell me how to vary my menus; I am a good, practical housekeeper, but my family just rave over the salads at this restaurant, while my daughter thinks a certain other restaurant's hors d'oeuvres and entrees are delicious. When my sister writes that she and her daughter are coming to town my daughter will say, 'Oh, mother, just don't bother with a meal, we will take them out for dinner.' Then I realize that my family is just plainly tired and perhaps somewhat ashamed of my heavy cooked dinners.

"Only last night my husband said to me, 'Say, mother, that was a pretty good bisque tontie we had at C's; I certainly was tempted to have another portion. Gee, but I certainly wish you could fix up those classy desserts; they are only a mouthful, but they certainly touch the spot.'

"I am writing this so that you will see that father, too, has deserted me and gone over to the other side, so that it seems that the days of good old-fashioned, substantial meals are past."

Now, many housewives have the impression that the preparation of the delicious accessories of the cosmopolitan meal is expensive. Well, I hardly need tell you that the French housewife is noted for her thrift and that these dainty tidbits are frequently portions of leftovers from a meal, sometimes the scrapings of a saucepan or a tablespoonful of meat, vegetables and gravy.

Have you ever had just a small piece of fish left over entirely too small to serve by itself? And rather than leave it on a plate or saucer to form an accumulation you think, "Well, I can't use it, so into the garbage can it goes."

Now, this tablespoonful or two of fish would have made you a few delicious canapes; by flaking it and then putting it through a sieve. Place it on a platter and then add:

Two tablespoonfuls of butter, One teaspoonful of paprika, One tablespoonful of grated onion, One tablespoonful of finely minced parsley.

Work to a smooth paste and then spread on a narrow strip of toast. Garnish with a slice of hard-boiled egg.

The canape, though it bears a foreign name, is not necessarily an expensive addition to the menu for the family, nor is it elaborate. This delectable morsel is rather dainty, delicate and used as an appetizer that

Ask Mrs. Wilson

If you have any cookery problems, bring them to Mrs. Wilson. She will be glad to answer you through these columns. No personal replies, however, can be given. Address questions to Mrs. M. A. Wilson, Evening Public Ledger, Philadelphia.

helps to start and stimulate the digestive juices and thus cause them to flow freely for the digestion of the food.

Canapes are usually served cold, on a plate covered with a doily; the canape is placed on this. They need not all be alike; the bread may be cut with various sandwich cutters or it may be cut into finger widths and then toasted lightly and spread with the prepared paste.

Meat, chicken, cheese, nuts, olives, etc., may be used in place of the fish. If you have just a spoonful or so of peas, beans, spinach, cauliflower or asparagus you may use it in place of the fish, thus making a vegetable canape. Try two canned pimientos in place of either meat or fish, etc.

Prepare dainty individual salads, taking care that the lettuce is crisp and well drained. Serve with mayonnaise, cheese, Russian, Old English, cream, mustard or ottawa dressings.

Russian Dressing Place one cupful of mayonnaise in a bowl and then pare and grate One medium-sized raw onion, One medium-sized raw carrot, One medium-sized raw beet.

Ottawa Dressing One-half cupful of chili sauce, One-half cupful of salad oil, Four tablespoonfuls of vinegar, Two medium-sized onions, grated, Two green or red peppers, chopped fine.

Cheese Dressing Four tablespoonfuls of grated cheese, One teaspoonful of mustard, One teaspoonful of paprika, One teaspoonful of salt, Eight tablespoonfuls of oil, Four tablespoonfuls of vinegar.

Old English Mustard Dressing One tablespoonful of evaporated milk, One teaspoonful of mustard.

Place in a soup plate and blend together, then add one tablespoonful of oil. Then drop the vinegar, then the oil again until you have used Eight tablespoonfuls of salad oil, One tablespoonful of vinegar.

Serve on lettuce, cucumbers, meat and fish. Use little tart pans for making pies. Also the cakes in individual portions before serving.

slipping into her street dress and observing Natalie's face closely. "I suppose they are a nuisance to have around. But how do you manage?"

"By doing things myself." "Everything?" Natalie's tone was inquisitive.

"But how did you learn?" "Those things just come to you if you have to do them." Ruth wanted to add that she couldn't afford even a part-time maid, but something, some little pride kept her from doing this.

"You see, I didn't forget our engagement to go shopping," she said, laughing. "I'm buying trousseau lingerie, and I know you can help me. Some of the girls were saying that your things were so lovely."

"They don't say that way very long, that's the trouble," said Ruth with a laugh, putting on her hat.

FOR THE ST. PATRICK'S DAY PARTY



Just two Irish colleens who are apt to be seen on the night of March 17. Both the costumes are made of crepe paper, one with white as foundation and the other with green. The little shamrocks are of cardboard. The charming little hats have the true flavor of Erin, but they are not very hard to make.

WHAT THE INFANTA SILHOUETTE IS



This pretty afternoon frock is in fitted blue-and-white georgette, with collar and chemise in white chiffon embroidered in white silk.

A Daily Fashion Talk by Florence Rose Copyright, 1919, by Florence Rose.

It is seldom that persons feel just the same toward each other after an estrangement and misunderstanding as if the difference was on matters of religion; it is better to let the friendship go, unless you can do so with understanding on the matter. If both are Protestants of different denominations you would not clash on the matter, but if one is a Catholic and the other a Protestant and both feel strongly about their faith, there is apt to be unhappiness in a mixed marriage. You would do best to forget this young man. There is certainly nothing improper in the discussing of religious differences.

All Right to Write Dear Cynthia—I feel very sorry for you. This frock, which really is a very mild edition of the new infanta mode, is made of figured georgette in blue and white. The foundation panel, the draped sides, the sleeves and the bodice itself are all trimmed with blue fringe. The collar and chemise are of white chiffon embroidered in white silk.

ASK FOR and GET Horlick's The Original Malted Milk For infants and invalids OTHERS ARE IMITATIONS

Please Tell Me What to Do

By CYNTHIA

Send Her Flowers Dear Cynthia—I am a boy sixteen years old and have never accepted invitations to evening parties if they were only for boys and girls, as I was very bashful. I have recently received an invitation from a girl the same age, with whom I am well acquainted, and I have made up my mind to accept it and get rid of bashfulness. Now the question is, should I take a present if I go to this party, and if so what would be suitable for a girl of her age?

Your letter did not come in time to answer before Friday, so I am answering at the first opportunity. There is no reason why you should take a present to the young girl unless the occasion is her birthday. In that case send her (do not take it with you), with your card enclosed in the present, either a book, a fine box of candy or some flowers, if you want to show her a nice little attention you might send her some flowers, if you love her, and you know him, do not take them.

Answer to "I Am Puzzled" G. C.—If the man tells you he cares for you and is attentive to you, calling often at your home and showing you every attention, why should you think him fickle? Ten or twelve years ago he was going with a girl, and she was making him propose, but you can certainly tell him you love him if he does want for your love and you know him to be an honorable man.

Have Written L. B. M. L. B. M.—From all you tell me I should certainly say that you love each other. When you regain your health why not ask her love frankly and propose marriage? She can only say yes or no, and it would be better to know positively than to be in a state of indecision. She is certainly encouraging you.

Try to Forget Him Dear Cynthia—I have written you several times and you have always helped. I am eighteen years of age and have been going with a young man two years older. This young man has loved me ever since I met him. I have now been going with him a year. I love him as much as he loves me. There has been an interference which has separated us. I am not the same as he is concerning our religion. I know that I shouldn't bring religion in, because it is improper. Now I wrote to him, asking him to forget all about it and still continue going with me. I want you to give me good advice on this subject. I thank you very much for assisting me.

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CAN A WOMAN SMOKE AND BE A LADY AS WELL?

The Question Comes From a Man Reader—He Believes Smokes for Women Ought to Include Letting the Twelve-Year-Old Daughter Watch Mother Puff Her Cigarette

CAN a woman smoke and be considered a lady at the same time? A man reader raises this important question. And it seems so important and worthy of debate that I am printing his letter in its entirety.

"Dear Editor," writes our reader, who signs himself "Just a Man." "May a man intrude, his views into your column and at the same time ask a question? Can a woman smoke and be considered a lady at the same time? By lady I mean everything that the word implies.

"I am going to answer my question first myself and then you can tell me whether you agree with me or not. "To be brief I believe a woman can no more indulge in smoking and retain the true essentials of womanliness than she could go about the streets masquerading in man's clothes. Most certainly women who are addicted to cigarettes will not admit this. But mark this: Have you ever seen a woman who was willing to have her children see her smoke? Take, for instance, a group of women playing cards in the afternoon when there is a young daughter of twelve, say, wandering around. Is the door that leads into the room open or closed? It is closed. It seems this speaks stronger than any virtuous claiming on a woman's part that if smoking is all right for men it is all right for women.

"If smoking is quite in keeping with the attributes of a womanly woman, then why is a mother ashamed to own up to her deed before her daughter? Father is not obliged to hide his cigar or his cigarette when daughter comes into view. Then why must mother carefully hide all traces lest the youngster discover her? If she is so sure of her ground, why not bring the child to look forward with joy to her first cigarette?"

"THERE are some things that belong to men: Swearing is one of them and smoking is another. It is just as lawful for a woman to smoke as it is for a man. Also it is as lawful for her to swear. Why doesn't she take advantage of the privilege? "As long as the world rolls on there will be outward qualities that will distinguish men and those that will distinguish women. To say that this is not so is to close one's eyes to facts that speak as forcefully as the

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SHOULD WOMEN SMOKE?—CYNTHIA'S LETTERS

Can women smoke and still be considered womanly in the truest meaning of the word? That depends on how broad-minded you are, "Just a Man"

Home-Made Dress Hangers Ribbons that have duty as hair bows, sashes, etc., but have become unfit for such purposes, may be used advantageously. First cover the hanger with a bit of flannel, or any other soft material available, sprinkle with sachet powder and then commence at one end and wrap the ribbon tightly over the padding from end to end, stitching down securely, where you finish. The whole process takes only about ten minutes and you have a dainty, good-looking hanger that will prolong the life of your coats and dresses.



Dependability

This word best expresses what is in the mind of every family that speak of us as Their Grocers, and whom we are proud to boast of as Our Customers. This family relation, by the way, has existed for over 30 years—thousands of our best customer-friends are the grandchildren of our customers of those early days.

This confidence is born of two elements— 1st—Dependability of Quality. 2d—Dependability of Prices. We see to it that the quality of everything we sell is kept up to well-defined standards, and our prices positively in line with every market decline.

If you are paying any more for your goods than our prices, you are paying too much

- Our Very Coffee 30c lb Best Full, heavy body, delightful aroma. We care not what you pay, you cannot get a more satisfying "cup." Its quality never varies, we blend it and roast it in our own modern plant. Columbia River Shad...big can 18c Boneless Hake...brick, 22c Pink Salmon...can 12 1/2c, 20c Fancy Red Salmon...can 26c Calif. Bonita (like tuna)...can 19c

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- Arrow Brand Borax Soap, 5c A positive bargain in one of the best Laundry soaps made. Buy a dozen cakes. A little hardening makes soap last longer. Asco Pancake Flour...pkg. 10c Choice Tomatoes...can 12c, 17c Sweet, Tender Peas...can 14c Sugar Corn, big value...can 15c Cooked Spaghetti With Tomato Sauce can 8c, 12c Pure Jelly...glass 10c Florida Marmalade...big 10 oz. jar 30c Best Soup Beans...lb. 10c Evap. Milk...can 7c, 14c Choice Calif. Prunes...lb. 16c, 19c, 22c

Victor 8c Bread 8 Loaf There is no other loaf just like "Victor"—it is the sum total of modern bread-baking skill—the nearest approach to the best home-made you ever served. Victor Raisin Bread 10c (Peppered full of big luscious raisins)

These Prices in All Our 150 Meat Markets City Dressed Pork Chops 32c lb Best Cuts 38c lb Fresh Beef Liver...lb. 12c Lean Soup Beef...lb. 20c Smoked Butts...lb. 42c No-Waste Breakfast Bacon...30c Heinz Best Krout, 5c quart Everywhere in Philadelphia and Throughout Pennsylvania, New Jersey, Maryland and Delaware

AERONAUTICAL EXPOSITION OF THE MANUFACTURERS AIRCRAFT ASSOCIATION IN NEW YORK CITY MADISON 60th SQUARE and REGIMENT GARDEN ARMOY March 1st to 15th