# WHEN YOU GO TO THE BUTCHER'S : ONE BOY'S INGRATITUDE : TEA CHINA : WOMAN'S EXCHANGE

WHEN IT'S TEATIME

## MRS. WILSON TELLS HOW TO BUY THE DIFFERENT CUTS OF MEAT

An Explanation of What Each One Ought to Yield in the Way of a Real Meal-Valuable Facts for the Housewife to Clip Out and Save for Market-

By MRS M. A. WILSON Copyright, 1919, by Mrs. M. A. Wilson. All

IN ORDER to purchase meats intelligently so that we will receive the best value for money expended, it is necessary to know the nature of the cuts, and especially the proportionate amounts of lean meat, fat and bone that they contain; also the approximate food values of the meat obtained from various parts of

Hind Quarters

Loin steaks average 57 per cent lean, 33 per cent visible fat, 10 per cent bone. Sirloin steaks in general contain a larger percentage of lean meat and a smaller amount of fat than the porterhouse or club steaks.

and the smallest in the eleventh or twelfth rib cuts.

Round steaks are meats cut from the round. They average 67 per

the largest percentage of fat is pally bone. found in the rump roast. Soup bones contain from 8 to 60 per cent lean

The Forequarters

the chuck, the shoulder, clod, neck and shank. The chuck contains 67 per cent lean meat, 20 per cent fat, and 12 per cent bone. Chuck steak varies from 60 to 80 per cent lean and from 8 to 24 per cent fat. The clod, or bolar cut, contains

82 per cent lean meat and 5 per Relatively more lean and less fat

The navel, brisket and rib ends and while they are about the same

deal about this friendship with Nick Car-

When Scott finally told her that he had never liked the things said about

"De you know definitely of anything shonorable that he has ever done?"

"Do you trust me?"
"Of course, you darring."
"Then why not give him the benefit

And again woman-like, Ruth did not now whether to feel gratified at her ictory or resentful that Scott had not seemed more jealous and less willing to

The tea at Nick Carson's sister's was a queer kind of an affair. If Ruth had abjected to meeting strange types at Betty's she certainly could not have been impressed with the people she met here.

ira. Dayton was a young married oman passionately devoted to the Bo-emian life, which meant to her the gath-

oring at her attractive house of inter-sating people, men and women who did things in the world. On the Sunday even-ing that Scott and Ruth first made their

appearance at her place they were taken upstairs to the very top of the place, where an enormous room ran the length of the house. Several people stood about, a girl chatted with two men by the side

ocupies danced to a sprightly new record. There was a gayety and abandon in the air and Ruth unconsciously expand-

She did not stop to think that it was because she wanted to be there and because she had been instrumental in get-fing Scott there that she felt as she did. That was why she did not feel out of place and awkward as she had that night at Gene Mathew's dinner.

As Ruth stopped uncertainly at the top of the staircase several people turned around and the next minute Nick Carson himself came across the room bilowed by a tail, dark woman.

wing her forward. "Here she is, ly, I want you to like her," and Ruth and herself being introduced to Mrs. Dayton's husd, a commonplace-looking fellow, who owed his wife's fads because she sted him to, and was literally bored dash at these affairs. He was a pie plodder, found it difficult to follow the gay witticisms of the crowd and not interested in the follow of the Polly Dayton's friends treated him a certain nonohalant tolerance and it go at that. Ruth introduced Scott toot as an afterthought. In the extension task but closed them as they stood ing each other. Scott, slander and and highly the drammer, Nick Carson dark but close-lipped, with eyes told nething at all, perfectly best and typically the man of the Mick Carson was a new type to have them together, Ruth felt had, therefore utterly fascinating the law them together, Ruth felt was an after the sometimes. It was an after the sometimes as far as women that was an after the sometimes. It was an American flag.

A rug was also used in the battle, but the child was so terribly burned that she died in Coopes has a new tracks as far as women.

Nick Carson she had laughed. "What kind of things?"
"Oh, his affairs with women, and so forth."

of the doubt?"

"All right, we will."

And So They Were Married By HAZEL DEYO BATCHELOR

RUTH did want to confess to Scott foxtrot, and Nick Carson was holding her close and saying, "Not so bad for a victrola record, is it?"

herself wanted any other man in the him did not include Scott and it was the world but Scott.

ably less. Ask Mrs. Wilson

If you have any cookery problems bring them to Mrs. Wilson. She will be glad to answer you through these columns. No personal replies, however, can given. Address questions to Mrs. M. A. Wilson, EVENING PUBLIC LEDGER, Philadelphia.

average 52 per cent lean meat, 40 per cent fat and 8 per cent bone. The brisket and navel cuts are similar in proportion, while the rib ends slightly higher in percentage of bone and less lean.

Flank steak contains 85 per cent lean meat and 15 per cent fat. Rib cuts contain 52 per cent lean | Shank cuts, or soup bones from the meat, 31 per cent fat, 17 per cent shank, vary from 15 to 67 per cent bone. The greatest percentage of lean meat and from 25 to 76 per lean meat is found in the sixth rib, cent bone, while the boneless shank, used for stews, goulashes, hashes and minces, contains 85 per cent lean meat and 15 per cent fat.

The trimmings from the loin, in cent lean meat, 20 per cent fat, 16 steaks, reduce their weight about per cent bone. The round steaks 13 per cent and these trimmings contain from 73 to 84 per cent lean average 4.6 per cent fat and 2 per cent bone. Round steak is reduced The rump contains 49 per cent about 7 per cent in weight in trimlean meat, the round as a pot roast mings, principally in fat; chuck contains about 86 per cent lean meat; steaks about 61/2 per cent, princi-

Rump, shoulder, pot roast and neck are all materially reduced in weight by fat and bone trimmings, the size and condition of the animal The forequarters of beef contain determining the actual amounts. The actual proportion of lean meat, fat and bone in the various cuts, their relative values to economy, fixes the prices to the consumer.

Taking the cuts of meat in their right order, we have:

First. The neck for soups, stews and corning. The cost is very low and the waste is considerable.

Second. The chuck. This includes meat is found in the chuck rib roast | the entire shoulder and contains five than in that cut from the prime ribs. The first two ribs are usually sold as shoulder, roast and steak,

Ruth wondered why she felt em

occurred since she had been married.

(In the next chapter-The Charm of

From Here and There

Almost every country in the world can boast of a gold mine.

The water of a river in winter is sev-

The best meat to eat in cold weather is mutton, owing to its high heating value.

BARON VONDEWITZ DIVORCED

Dancer Receives Decree After

Brief Romance

White Plains, N. Y., Feb. 7.—The ro-mance of the Baron and Baroness Broif Vondewitz was brought to a close in the Supreme Court here yesterday when Justice Seeger granted the Baroness an absolute divorce.

quality as No. 9, they cost consider-

Three. The shoulder clod. This is part of the chuck and can be purchased in almost all markets. The price is low and there is no waste. It is used principally for steaks and pot roasts. When used for steak score the meat well.

Fourth. Shank. According to the market price, this is the cheapest part of the beef. However, it contains 54 to 57 per cent waste and requires long cooking. It is used for soups and stews.

Fifth, Ribs, Contains eight ribs; five of these are the prime cuts and are used for roasting exclusively. Sixth. Sirloin. The loin, some cuts contain as low as 3 per cent waste. The sirloin is tender, therefore quickly and easily cooked. For this reason it is one of the most popular cuts.

Seventh. Porterhouse. This portion of the loin contains the choicest steaks, excellent and nutritious and easily and quickly cooked. The fillet, or tender loin, forms a part of the loin and averages about 13 per cent

Eighth. Rump. This cut is very nutritious, but requires careful cooking to render it tender; it contains slightly more waste than the round, Good steaks are obtained from the rump; it is also used for pot roast, braising and corning.

Ninth. Pin bone, the middle portion of the loin. It is of excellent quality, tender and of good flavor and quite as popular as the loin. It is the face cut of the rump.

essential in cooking is to sear the outside in order to retain the juices. and then cook slowly until tender.

Steak and roast are cut from the round and the back or heel end is used for pot roast and stews.

PEPLUMS AND BUTTONS



festive are sees the as spend on the ais smart little gardinate and special to the spend of the suits should be spend to the suits after should be spend to the spe Supreme Court here yesterday when Justice Seeger granted the Baroness an absolute divorce.

She did not stop to think that it was scause she wanted to be there and because she wanted to be there and because she had been instrumental in geting Scott there that she felt as she lid. That was why she did not feel out place and awkward as she had that the get as general people in the staircase several people in the general people in the staircase several people in the general people in the staircase several people in the general people in the staircase several people were married secretly in May 1, 1914. Their courtship was a bride one, the Baron having met his was a staircase several people in the staircase several people were married secretly in May 1, 1914. Their courtship was a bride one, the Baron having met his was a staircase several people in the staircase several people was a staircase and the secretly in May 1, 1914. Their courtship was a bride one, the Baron having in Copenhagen, Denmark, under the name of Mile. Adele Valkyrien.

As Ruth stopped uncertainty at the staircase several people in the staircase several people in the staircase several people was a staircase one, the Baron when he proposed to the staircase are night at the staircase several people in the staircase several people in the staircase several people in the staircase one, the Baron having met his bride only a few months before while she was dancing in Copenhagen, Denmark, under the name of Mile. Adele Valkyrien.

As Ruth stopped uncertainty at the lattended a performance in the Royal Opera, at Copenhagen, where she was the lattended a performance in the Royal Opera, at Copenhagen, where she was the lattended a performance

with her from her flapper days without really marring the simplicity of the suit. There is a tendency on the part of less skillful tailors and dressmakers this season to use buttons in such a way as to spoil the general effect of the suit or frock. It takes a really clever designer to put them on as they are used here, so that they really add to the unity of the design.

The model here is made of blue serge and is trimmed with black soutache braid and buttons. The peplum of the skirt, which is very narrow, is characterized by a deep apron at the front, which is also bound by the soutache braid at the lower edge. The large hat worn with this suit, which is also especially attractive on the youthful figure, is of straw with a soft crown of bine taiffets.



The wicker tea wagon has won its way into the heart of woman, just as all things of wicker have done. But somehow one particularly associates the charm and daintiness of this ware with teatime. The china in this

## Please Tell Me What to Do

"Dimples" Made a Kind Offer

Proper to Go to Restaurant

Tenth. Round. An inexpensive does a young man have as much respect for a girl who does this as he does for a girl who does this as he does for a girl who refuses all such invitations?

I think not, but want the advice of some one older and wiser.

INQUISITIVE MISS.

The answer to your question depends largely upon your age and the length of time you have known the young man PLUMS AND BUTTONS
ARE ON SPRING SUITS

ARE on spring Suits

ARE on a spring suits

ARE on spr

Not Changeable, Only Young

Dear Cynthla—I am a girl of seventeen and don't know what to do, so come
teen and don't know what to do, so come
teen and don't know what to do, so come
teen and don't know what to do, so come
teen and don't know what to do, so come
teen and I like him very much; they
all seem to attract me. Then later they
ask me to keep company with them, and
I say I will, and after a few days I begin to dislike them and later almost hate
them, indeed so much so I can scarcely
look at them. This has happened several
times. The girls say I am like the
weather, but really it is not say fault.
I think it is my nature. Please advise
the what to do.

PAITHFUL READER.

In the first place, as I have said very

#### Two Sides to Every Criticism

Dear Cynthia—I've never written to a newspaper before, but reading your column I saw where a fine young man wrote in and spoke about the young girls of today. He signed it "An Old Rounder." That I did not approve of; it sounded kind of dissipated, but otherwise I do think his letter was just grand. If these girls would stay home and mend their stockings and wash their faces and brush their hair they would be doing well.

faces and brush their hair they would be doing well.

When I was younger I never used fit powder or anything artificial, and I it have always had the greatest respect from the men folks. I am now past it twenty-eight and have yet to be spoken to by a strange man. I wear stylish clothes, but not short skirts or tight ones. When the husband of my dreams does come he'll find a good and sensible woman waiting for him and not a dressed-up doil. The gentleman is very of wise and I hope he has a good wife.

MARIE.

"Old Rounder" Is Rebuked

"Old Rounder" Is Rebuked
Dear Cynthia—While reading the
PUBLIC LEDGER this evening I saw a
letter written by one who calls himself
"An Old Rounder."
May I say a few words about his letter?
In regard to the shampoo and facial
massage business, I would like to say a
word. Isn't there usually a larger crowd
in the barber shop than in the beauty
shop? That is'a proof that men are
also fond of their "beauty," if not more
so.

He finds all the women's faults, now I hope he will find a few of the men's. I wouldn't call his letter a "friendly tip," but a "slam" for the girls.
P. A. M.

Of Interest to Women . All States now admit women to the practice of law. Women school executives of Kansas have organized a State association.

Nearly 65,000 women were engaged in engineering work in England dur-ing the war.

Glasgow has now supplanted Bir-mingham in the honor of being the sec-ond largest city of the United Kingdom.

During the war the British covered the seas with something like four mil-lion of mines, costing from \$500 apiece upward.

A Mohammendan is allowed by his religion to have four wives of any creed or nationality except an idolater or fire-worshiper.

OUR STORE ORDERS ARE AS GOOD AS CASH and enable you to buy at the depart-ment and specialty stores you prefer Our terms are based on the length of credit—are fair and moderate. Write for full Betails.

MARRIOTT BROS., 1118 Chestnut

Mint Jell

fruit flavors in essence form, in vials. Each is so rich in condensed fruit juice that it makes a real fruit dainty. Yet they cost no more than old-style gelatine desserts,

## The Woman's Exchange

TODAY'S INQUIRIES

I. Who is Edith Benham?

In replying to an invitation, formal or informal, what rule should one be seareful to observe?

I it correct to use a visiting card in replying to an invitation?

Which shade of gray is as a rule most becoming to brunctice? To blondes?

In washing fiannels what will make the wool soft?

The government issues a free bulletin on on the use of fireless cookers. What is

YESTERDAY'S ANSWERS The last hospital established by the Women's Oversens Hospital abroad has been named the Jeanne D'Are. Miss Mary Garrett Hay, of New York, and Mrs. Josephine Corliss Preston, of Washington, occupied places tat the meeting of the Republican committee in Chiacao recently.

Before his marriage it is the duty of the bridegroom to speak for the service of a, priest or minister and secure the marriage license. He must also provide bouquets for the bride and her attendants.

There is a saging in France that unless

attendanta, here is a saying in France that unless a weman is in mourning she should not wear black after she is thirty nor again until she is sixty and even then it is better not to.

then it is better not to.

The guoiation:

"If eyes were made for seeing.

Then beauty is its own excuse for leing" comes from Emerson's

"Bhondors."

When one wishes to wear a fashlomable yet rather unbecoming color, putting cream or white at the neck prevents the color from coming in uncompilmentary contact with the face.

To Clean Gilt Frame To the Editor of Woman's Page:

Dear Madam-Will you kindly publish it our column how to clean gill frames? CONSTANT READER.

Use of Crude Oil

To the Editor of Woman's Page:

Dear Madam—Is crude oil a thick, dark brown substance? Would it be proper to apply it with a brush? Does the hair have to be washed after applying it? Does it change the color of the hair in any way, or do you think it straightens it? Thanking you in advance for your reply.

A CONSTANT READER.

Crude oil for the hair is soid in tubes, as a rule. It is a thin, jelly-like substance, and is more gray than brown. It should be applied directly to the scalp, massaged into it, and therefore the fingers are best to use. You only apply it to the roots of the hair and you must massage your scalp faithfully, loosening it well to have it take effect. I never heard, of it changing the color of any one's hair or of straightening it.

To the Editor of Woman's Page:

Dear Madam—Where is a good place to keep a will? Is it safe to keep it locked in a bureau drawer or a trunk in your own room? Is it necessary to have many persons at their names to your will? If so, about how many?

(Mrs.) M. B.

The safest place to keep a will is in a yault in a bank with any other valuable papers you may chance to have. You can rent a box for \$3, \$4 or \$5 a year. It is most unwise to keep a will in a bureau drawer, etc., as it is unwise

To the Editor of Woman's Page:

Dear Madam—I am a widow holding a position, working nine and one-half hours a day, mostly nightwork at present, my hours being from \$3.0 b. m. until 1 o'dock in the morning. I have three healthy boys, from eight to fifteen, depending on me. Now, the fifteen-year-old boy is strong, big, good-looking, smart in every way only in school. He will not study and has a dislike for school. He is getting special coaching and attends special school in the forenoon only. He has tried to get a position just for afternoons and Saturdays. He tells mo he cannot. I have tried hard to find a position for him for these hours, but cannot get one. He must be occupied afternoons and Saturdays to go to this school and I need his help. Any advice from you would be appreciated.

If you take the boy to 1522 Cherry

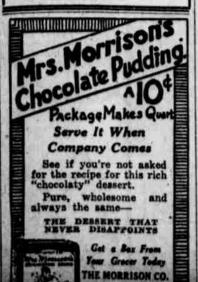
THE BOY'S MOTHER

If you take the boy to 1522 Cherry
street, the Bureau of Compulsory Education, it is possible a position that calls
for these hours might be found. Explain
the circumstances. Then, too, it would
be a good plan for you to put a little advertisement in the paper stating the
hours the boy could work.

# The New and Better CLEANSER

Cleans everything in the bath-room and kitchen. Will not scratch the finest tile or porcelain. Cuts all dirt and grease and will not harm the hands. At plumbers, grocers and hardware stores, or WALLS, OWEN & STAMBACH

COMPANY



### ALL THE FAMILY SKIMPED TO SEND HIM TO COLLEGE

He Asked for an Education and Got One, Until at Nineteen He Shattered All His Father's Dreams by Marrying a Girl Twentythree-The Sting of Ingratitude

Here is a case of real ingratitude. A mother and father, whose income was quite small, took their first-born was quite small, took their first-born son in consultation when he was fourteen and asked him what he wanted to do. He said he wanted to go to college, and had his mind set on a certain prep school to prepare him for it. The prep school seemed more or less of a luxury, but the parents loved their son a great deal and so they consented, on condition, that the boy promise to take every advantage of his education and to go all the way through the college course.

Those who have had to skimp and the learn in the matters of the state of the state of the learn in the matters of the state of the learn in the matters of the state of the last we heard from him'—he would be hunting through his overcoat pockets for the letter he was always willing to read to any one who would listen.

ALL the mother's and father's fond dreams were shattered. And what had the boy to show for his stubborn persistency two years later? Nothing but unhappiness, and the bitter conviction that the youth of nineteen has much to learn in the matters of the

connive to put some one through school know what the parents went through then. There were two little girls and another boy in the family, and I am afraid they too felt the

WELL, the long and the short of it is, in his freshman year at college the boy at the age of nineteen married a girl of twenty-three whom he had met in a little nearby fown. His father, who knew of the attachment—it was of short standing—advised as best he could against it. His mother pleaded. But the boy persisted.

with the petty love affair that loomed so big at the time, gratitude to his parents is perhaps the one big emotion that might have saved him. But there seems to have been no thought of it in his head.

Some, in reviewing this little story, will say if the parents had raised the boy differently he would not have failed them at such a crucial moment, sisted.

CHAKESPEARE picked up his little old quill pen and wrote a very true thing one day. Do you remember these lines from "As You Like It?"

"Blow, blow, thou winter wind, Thou art not so unkind as man's ingratitude."

Here is a case of real ingratitude.

"Blow blow, thou winter wind, Thou art not so unkind as man's ingratitude."

Here is a case of real ingratitude. place with other men's sons, he was glad when some one said: "How's the boy?" And, while his face was lighting up and he was answering, "Well, the last we heard from him"—he would be hunting through his overcoat pockets for the letter he was always willing to read to any one.

much to learn in the matters of the world. It would be different if this boy had not pleaded for the education he so ruthlessly threw down. But you must remember it was not forced upon him.

When this boy's life was threatened with the petty love affair that loomed so big at the time, gratitude to his parents is perhaps the one big sme.

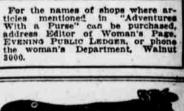
sisted.

I wonder if the young know how it is a rugged flower of the soul, their parents live in them. That blooming and springing up with sweet their parents live in them. That blooming and springing up with sweet father worked over dry-as-dust books perfume to greet us when we least exthrough those five years when his pect it, and growing not at all in boy was having the best there was to he had in the way of education, and I am sure those myriads of carefully-own heart!

### Adventures With a Purse

P Day will be here, and even if you have a ring with your have quite passed the age where this birth stone, and with the great popularity of rings for the little finger, it have quite passed the age where this enchanting time stirs you, you nevertheless know some "littlest girl" or "littlest boy" to whom you would like to send a little card. Know then of the display of valentines one of the shops is offering. Come little cards with gay red hearts and sportive Cupids. cards with gay red hearts and sportive Cupids. cards with many, many sentiments, from the blunt question. "Will you be my valentine?" to the more tentative offers of the bashful suitor. There is even one which declares most vehemently that while we have been asked to Hooverize on most anything, the writer will not "For the names of shops where articles mentioned in "Adventures With a Purse," can be purchased. on most anything, the writer will not Hooverize on affection for his or her Valentine. Prices are such that the slenderest purse can find a valentine.

FORE you know it. St. Valentine's ber it is a turquoise; if January, a gar-





What month does your birthday come, und what is your stone? If in December 1 OTHES are IMITATIONS





"Dimples" Made a kind Offer
Thank you very much, "Dimples," for
your offer, but as I do not personally
know the little girl who wrote in, I cannow undertake to bring about an introduction. You are a kind and thoughtful little girl and I am sure will always
have many good friends. You deserve
to, I am glad you decided to forget the
young man you wrote me about before.

Dear Cynthia—Is it proper for a oung girl to accompany a young man o a cafe or Chinese restaurant, and

who asks you to go to a restaurant with him. It would be better not to go to a Chinese restaurant unless with your brother or fiance, and unless a girl is un-her twenties it is considered more con-ventional for her not to dine at restau-

Since you see each other often there is no necessity for letter writing. It would not be out of the way to ask him why his parents object any more than for him to ask you. Do your parents and his object to your friendship? How old are you both? You do not say. Perhaps their objections are on the score of youth. I think you will have to tell me more particulars before I can give definite advice. But most young people do well to heed their parents. Tell theyoung man to stop writing the letters until your mothers no longer object.

Not Changeable, Only Young

In the first place, as I have said very often in this column, do not "keep company" with any man or boy. It is not wise, and very few girls of seventeen know their own minds sufficiently well to decide on marriage unless they are very truly in love, and in that case they know it. Then let them be engaged, not "keep company."

MILLINERY NUMBER

OUT

TODAY

