# EVENING PUBLIC LEDGER-PHILADELPHIA, SATURDAY, JANUARY 11, 1919

GETTING DINNER FOR A TIRED HUSBAND-THERE'S HEALTH OUTDOORS-NOVELTIES-QUERIES A SPARKLING WINTER'S DAY HERE'S THE RIGHT KIND OF MEAL The Sweater in New Guise

A Typical Dinner Scene That Takes the Heart Out of Many a Good, Willing Husband

The Expensive Way Versus the Meal That Is Planned and Prepared With Care.

for the evening meal. "Hello, Sam, times a day. I just got in from a matinee and Had Mrs. Sam known this, she, of giblets on toast for breakfast. have hardly got things under way, herself, would not have been anemic and oh, my, I haven't much for and Sam would not have to fight off supper tonight! Will you run over the heavy drowsiness that overtakes to Smith's and buy a loaf of bread, him frequently after his noon meal. and, say, what kind of meat do you Sam, after a hasty breakfast, feels want? Get a couple of pork chops that at noon he must have someand a half pound of potato salad, thing hot to eat, so he hurries out will you ?"

store, Mrs. Sam bustled around her vegetables and a dessert and then he spick and span kitchen, proceeding to goes back to the office. Now if Mrs. boil water for the coffee in a sauce- Sam had prepared a tasty breakpan. For here, in this kitchen, there fast that could be eaten leisurely, was no friendly tea kettle singing its telling Sam that today he should little song of "Hurry up, hurry up!", try to order a plate of soup, a little The range was fireless, and while salad and nice dessert for his noon the meal would require the best part meal, he would miss that nerve-rackof an hour to prepare, it would be ing strain that usually gripped him rushed through quickly on the gas late in the afternoon. And when she

range. Mr. Sam returned half-heartedly be ready to serve a dainty, attractive with two pork chops done up in wax all home-cooked meal, with a basket paper; this in turn was wrapped in of delicate rolls and a good pat of the butcher's regular paper and the butter-then Sam would feel like a Potatoes au Gratin Boiled Onions new man. packages were place in a bag.

"Goodness, what did they charge you for these fat chops?" Mrs. Sam Frequently, where the family is exclaimed. "Twenty-seven cents! small, the housewife does not care Why that's a crime, and fifteen to purchase a roast or a chicken for cents for the potato salad and the reason that it lasts too long. ten cents for the bread-it's just Have the butcher cut one full rib awfull Hardly a bite to eat without from a prime standing rib and then the bread." Sam was tired, and have the top rib cut into two pieces, there was a nervous pucker between then let him bone and tie the balhis eyes as he listened to Mrs. Sam's ance. This will give you two pieces rambling talk, while he walked slow- cut from the top of the rib and a ly to the bathroom for a "wash-up." heart-shaped piece of meat, this Now, Mrs. Sam, wake up! This piece being about five inches thick. is no kind of a meal to present Roast this in the usual manner, havto a man who returns from his ing the browned sweet potatoes with daily toil; it will take all the heart a meat the first time. For the secout of him. The thought that some ond serving reheat in brown gravy. one at home is putting time, thought Use the left-over portion for emince and care into planning and prepar- of beef for breakfast. ing a meal for him against his return will give the most disheartened the top of the ribs, adding an onion

ahead. There is a real sound instinct that



FOR HIM: MRS. WILSON EXPLAINS

How to Serve Two for a

Sunday

Lettuce

Monday

Watercress

Tuesday

Noodle Soup

Reheat Roast of Beef in

Brown Gravy

Mashed Potatoes

Wednesday

Radishes

Chicken a la Maryland

Lettuce

Thursday

Home-made Piccalilli

Top Rib Pot Roast

Celery Salad

Friday

Scallions

**Oyster** Pie

Coleslaw

Saturday

Baked Apple

Lettuce

Canned Fruit

Roast Beef

Olives

Coffee

Coffee

Corn

Coffee

Coffee

Olives

Coffee

Spinach

Carrots and Peas

Coffee

Recipes

Celery Browned Potatoes Apple Tarts and rushes through a luncheon While Sam Brown went to the usually consisting of soup, meat,

Chicken Fricassee with Vegetables **Cranberry Tarts** Lettuce heard his key in the door, she would

Meals for Two

Potato Cakes

Baked Apple Cheese Canape Cream Puffs Celery Chicken a la King French Fried Potatocs

Coleslaw Chocolate Eclairs Pot roast the two pieces cut from The Total Cost of Meat man ambition and energy to forge and carrots. Serve with a border of Roast beef, 31% lbs. at 45c...,\$1.58

nicely cooked macaroni. One 3-lb. stewing chicken at Chicken 40c ..... 1.20 causes a man to shrink from a meal A broiler or a small stewing of this kind. Meat, fish, eggs, milk, chicken of three pounds will provide

Total ......\$2.78 etc., are tissue-building foods that four meals for the small family of There will be sufficient meat left require careful preparation if we are two. If you are using a stewing from the roast beef and chicken for to receive the needed nutrition from chicken, singe, then draw and wash an emince for breakfast or luncheon, them. Therefore they are valuable thoroughly. Then steam until tender at an approximate cost of thirtyonly in the proportion to the extent and then remove the legs, thighs and eight and three-fourths cents per to which man or woman uses his or wings, leaving the breast whole, meal. Use individual tart pan in-her muscles and strength in daily Pick the meat from the back of the stead of making large pics; they are have read your

# PLEASE TELL ME WHAT TO DO By CYNTHIA

Have Many Friends Dear Cynthia-I am a young boy and Week on a Pot Roast and I have some girl friends.

a Small Chicken-Varied them all the same, but when one girl me. But I am too young to have only one girl friend. Cynthia, I had a girl friend with

The Total Cost of the Meat whom I went for six months and then. for no reason at all, she went with anfor Week Would Be Two other boy. Would it be proper for me to speak to

Dollars and Seventy- her? I have not spoken to her as yet. JOHN DOUGH.

Sample Menus By MRS. M. A. WILSON Comparisont, 1919, by Mrs. M. A. WILSON Mrs. M. A. WILSON Mrs. M. A. WILSON Mrs. M. A. WILSON MR. D. M. A. WILSON and, upon entering his home, he found his wife just setting the table for the evening meal, "Hello, Sam, "He

# His Pride Was Hurt

This Fride Was Hurt Dear Cynthia-Before Christmas I had a date with a sulfor which, on ac-count of something very unexpected. I had to break at the last minute. He valled up before he came out to see me, and when my sister told him i wasn't home, he seemed greatly dis-appointed. I wrote him a letter ex-plaining about it and I sent him a Christmas card, too. But I have never heard from him since. Would you advise me to drop him as Here is a week's menus that will use the small roast and the chicken: Peas

Would you advise ma to drop him, certainly think I have gone half y meet him? HIGH SCHOOL PUPIL.

I wouldn't do anything further just row. It is easy to understand that per-haps the boy is still put our about the matter, for we are all a fittle unreason-able about broken engagements, but you have done virtually all you could to make amends. There is just one thing more you might do some time, if you would like to keep on knowing him. Invite him to any little party at your home you might happen to give.

# You Are Unfair to Him

You Are Unfair to Him Dear Cynthia—As you help so many other young people I will come to you for advice also. I am a girl of twenty and have known a boy a tew years my menior for four years. In fact, he's been going around with me all this time. I know he loves me very much, but I do not care for him. T've tried time and again to like him, but it seems im-possible. Sometimes I do feel I care a little for him, but when I go out in company and see other fellows, he gets on my nerves and I can't even talk pleasantly to him. We had a little mis-understanding recently, and he wrote to me asking me did I want his company or was I going to give him up. So I am undecided.

or was I going to give him up. So I am undecided. He is a nice follow and a good dancer and always treats me right. Now I have a few other boy friends, which I like much better than him. At present I am very puzz'ed about this and would appreciate your help greatly. Also if any of your readers would like to volce their opinions I would be very grateful to them. RED EYES.

to them. RED EYES. You are unwise to try to make your-self love a boy for whom you care less than most other boys. You are only twenty, and you will meet many young men perhaps before you neet the real one. It would be far kinder to this one to tell him you do not care in the way he wants you to care than to let the affair go on. It will make things a little easier for you to say you are not infer-ested in any boy in particular at all. See him once in a while, if he would like to call on you. It can de no harm If he understands how things are, and there is the vague possibility that you will like him lots better when you know you are not bound to him in any way.

Re Very Sure thear Cynthia-I have often wondered f this column is really and truly what t is supposed to be, or if all those ques-ions asked by lovelorn maidens and ynical youths are only the figment of the only 10

# . 1-10

A Daily Fashion Talk by Florence Rose

The sweater at the right will prove interesting to the woman who likes to work out knitting puzzles. It is described in today's fashion talk. The other sweater illustrates the popular combination of silk and wool

The other sweater illustrates the popular combination of silk and wool A GAIN the sweater. It does seem A that there is no end to the sumber sweater is of wool in a tan shade. The collar and the sash which ties at the collar and the sash which ties at the pright plaid. The uneven hem at the shade for the plaid. The uneven hem at the sweater is also coll with the bad penny—and is more numerous than ever in the variety of its design. The wool sweaters is, of course, good and so are those of silk about the bination of silk and wool. The sweater may be of wool and have a border of silk about the collar and curves, the plaid. The sweater is shear the plaid. The uneven hem at the same those of silk, about the bination of silk and wool. The weater may be of two the kilting puzzles. The sleeves and char have the ribe are lengthwise. The sleeves of the size and char is a dilpon the two the sile same the sile aborder of silk about the collar and curves, good and so are those of silk about the bination of silk and wool. The weater may be of wool and have a border of silk about the collar and curves. The sleeves of this so cover in the variety of the base and char is a slip-one than ever in the variety of the base and char is a slip-one than ever in the variety of silk about the collar and curves. The slipe is purphene with the base are the set of the sile as all content in the kinder and the sile as the slipe in the subter of the slipe as and char is a slip-one the of the slipe as a reason in the wool. And fluetration of this nave the ribe are lengthwise. The sleeves is more frequently recet, the bad of the collar and curfs. The reverse of this is more frequently recet, the bad of the sin more frequently recet, the bad of the sin more frequently recet, the bad of the slipe. The second flue as a reason at the side and the sis more frequently recet, the bad of this is more frequently recet, the bad of the is a slip-one the star as allower be the slipe as a reason the baby of the swea

An illustration of this new idea in (Copyright, 1919, by Florence Rose)

# THE WOMAN'S EXCHANGE

**Today's Inquiries** 3. Is it correct to seal a letter of introduction?

5. In making children's Russian blouse suit what allowance is it wise to make?

I truly what I those ques-to the Editor of Wossan's Four: To find out were asked to so wosk and when I shate to then comes to find out the what to do to make them stronger of twild ever what exercises to take: Thanking you in ad-Four the Wossan's Four Four Four Four T had not vance, I am.

# CAN TAKE YOU OUT OF A RUT

There Is a Cure in the Glory of the Wind for Almost Every III of the Mind and Body-The Hope That's in

the Outdoors

<text>



had simply believed that Scott saw no the thing at all." other woman through the same eyes

"No, you didn't," Scott admitted. that he saw her and in Ruth's code if Gone was the sweetness, the confithat he saw her and in rational friendship in there were nothing but friendship in Scott's heart toward Betty Lambert he had realized the possibilities in a

friendship with a woman like Betty Scott stared at her in amazement, Lambert. but Ruth did not analyze the 1--k. She that Ruth had had as a result of that knew that he was not defending him- night was swallowed up in a relentles self and it looked to her like guilt and thing that very much resembled jeal-OURY.

"You say you're humiliated," he said fig tears, but now her hurt turned Ruth had been choking back impendfinally, "why should you be?" rage

"Why should I be?" Ruth returned "Of course you wouldn't tell me, but "What will Helen say? What I suppose she maneuvered the whole will she think? Helen believed that you thing. She's probably crazy about you

will she think? Helen believed that you loved me, she knew more about us than any one else and now I wish I had never married you. I could never believe that in such a short time you would be taking other women to lunch and doing things like that to me." "You objected to my taking Betty to ings like that to me." "You objected to my taking Betty to fore making an accusation of that kind."

"Objected? Of course I objected. Why "Because you want to take her part?" "Because it's unfair to her and to me "Because it's unfair to her and to me "You must have known that I didn't and isn't worthy of you", returned Scott

dream you would mind, or I shouldn't quickly, have said anything about it." "I su

with it inmes of To Man Reader Too You can take a course in building con-struction at Drexel institute. Thirty-sec, and and Chestnhit streets. The course is session, with two classes a week, meet have said anything wrong in it. it wouldn't have taken ing Toessiay and Thursday evoluges been natural for me to speak so frankly ourse as preparation for this course. There is a more advanced course there, too, which requires more preparation ing technical lines. THETEEN.

. Who is Madame Grouitch? . What is the parody parts? 4. What pretty bit of decoration can be made with a cocoanut shell? 6. What affords a substitute for a cedar chest? Miss Liberty To the Editor of Woman's Pape

everal costumers.

Skating Time

You could get the costume "Liberty" 6. Vinegar will remove paint from glass. that you need would be included with it. I am sending you a list of the names of To Man Reader

Yesterday's Answers 1. In the same of "Book Titles" each suest draws a pieture to represent the title of a book. When all have done this the papers are passed around and every one in turn puts down a guess as to what the book is. The paper is folded over each guess as it is passed around so the titles will not be seen. 2. In the same of "Baz" each player bestns by counting one, the past "two" and so an unit seven is reached. Then the player whose turn it is must say "but" insigned. At every multiple of seven, fourtien, twenty-one, efc., "but" insigned. At every multiple seven, fourtien, twenty-one, efc., "but" must be said. Any player whose makes a mistake is out of the game. 3. In making pillow siles allow a couple of To the Editor of Woman's Pape:
Dear Madam—1 have written to your several times and asked you for your audd advice and you helped me out in every case and you helped me out in every case and you helped me out in every case at elither end wear out the worn part can be cut off.
In making pillow slips allow a could help me out in every case at elither end wear out the worn part can be cut off.
Sprinkle a haver of sait on the window from the your to tell me what I need and where to terming.
Brighten copper and sait in the water when washing.
Winey washing.
Winey will remove paint from the same.

Yesterday's Answers

lunch?

nothing else.

angrily.

toil.

Protein, the repairing element in workers should not clog their diges- the chicken was cooked. Add dump- stock.

carcass and neck. not only daintier in appearance, but

How to Serve two or three varieties may be made food, is required after muscular ex- Serve the thighs as chicken fricas- at one baking. The bones from the ertion, and for this reason brain see, using part of the stock in which beef and chicken may be used for

# Mrs. Wilson Answers Housewives' Questions

First:

My Dear Mrs. Wilson-As a dis-charged soldier, I am coming to of the trouble with Mexico, I be-came engaged. While in France I had scarlet fever, which has left me with a slight inflammation of the kidneys. The doctors at the army hospital in Lakewood, N. J., told me that with proper care and dieting I can regain my health in about two years.

I had planned to be married just as soon as I came home, but after knowing that I had this allment wished to postpone the wedding, but my fiancee said "Nay," so we will be married some time in the spring. Could you prepare for me a list of menus, covering two or three weeks, in which no meat, with the possible exception chicken or bacon, appears? After trying them I can vary them to suit my own taste. With the trying them I can with the suit my own taste. With the best wishes for the coming year, J. K., Jr. I am, J. K., JR .-- I shall be very glad to help you, and if I can be of any further help just write me. Menu for one week: BREAKFASTS First: Orange Juice

Toasted Bran Muffins Hot Milk Second: Baked Apple Wheat Mush Hot Milk Third: Steamed Prunes **Boiled** Fish

Watercress Hot Milk Toast Fourth: Orange Juice Watercress Soft Boiled Egg Hot Milk Toast Fifth: Grape Fruit

Oatmeal Hot Milk

Sixth: **Baked** Apple **Broiled Bacon** Toast Coffee

Seventh:

Prunes

LUNCHEONS Cream of Tomato String Bean Salad Cup Custard Tea Second: Puree of Asparagus Tomato Salad Junket Cocon Third: Cream of Spinach Celery Salad Fruit Gelantin Tea Fourth: Cream of Celery Bermuda Onion Salad Sliced Oranges Cocoa Fifth: Cheese Souffle Lettuce low his advice. Tea Sixth: Cream Chicken Broth Lettuce Tapioca Pudding Tea Seventh: Creamed Chicken Cocoa Coleslaw DINNERS First: Baked Fish Lettuce Spinach Sliced Oranges Second:

Deviled Clams Creamed Celery Corn Watercress Apple Sauce Sixth: Swiss Omelet Spinach Lettuce Canned Peaches Seventh: Baked Squab Creamed Asparagus Onion Salad Jelly with Whipped Cream

Drink freely of buttermilk and eat sparingly of bread, potatoes, rice, macaroni and other starchy foods. These may be used only upon the physician's orders. Keep in touch with your physician and closely fol-

# Children's Beauty

Keeping the children out in the fresh ir, clothed in a sensible manner and soupled with healthful play, will keep term robust and plant the medg of them robust and plant the scale of physical perfection and beauty so deep, by and firmly that they will flourish and yield the flawless blosson every mother secretly hopes to see in the

# Things to Know

A dainty bureau scarf can be made with dimity bordered with checkered gingham or used on the bias or flowered can be made in this way. bedspreads,

To clean kine cut a thick slice of lemon and rub the stained spots on the gine with B. Let it remain an hour and then wipe of the sold. The gine will be bright and shining.

A small piece of sliced potato fitted no some utensil on the desk serves as a excellent agent for keeping of pens a good order. The potaoto is used as pen-wiper. Oysters a la Newburg Celery Salad

> To Keep Baby in Bed Much invention has been expended on schemes to keep active babies under the covers of their cribs. One simple

Buttered Onions Coleslaw the covers of their cribs. One simple plan depends upon an extension of the cotton flammel nightle, bug fashion, beyond the youngsters toes. The stout tape that draws up the hem may be tied fast to the footrail of the crib. Another scheme begins with a broad strip of ticking endroing the mattress at the place where the baby's waist would naturally come. To the strip in the middle of the bed is fastened a broad beit of strong cotton destined to go round the youngster's waist. The beit is hinged to the flat ticking strip by a short length of cloth, so that the child can turn easily, though he is help-lies to wriggle either up or dows in the bed. Snow Pudding

# Ask Mrs. Wilson If you have any cookery prob lems bring them to Mrs. Wilson,

Salad

She will be glad to answer you through these columns. Address questions to Mrs. M. A. Wilson, EVENING PUBLIC LEDGER, Philadel

Pease Pudding

Steamed Prunes

Baked Apple

Stewed Chicken

String Beans

Third:

Peas

Fourth:

phia.

t decoursed the paper from cover to cover and back sgain. The a grid-though I think it was a forrille mintake-and I'm twenty years and i. Not so very old, I'll admit, but I've graduated from a first-tissa life school. Exercise your feet in other ways than when the weight is on them to arrengthen secretary work by a well-known B. C. And hat, but not least, I've been self-supporting for two years. And now what I am going to tell you may prove simusing. If not interesting to some or your readers.

My mireates are kind and considerate, though they are both out in the busi-ness world. I have a most comfy and pleasing home, and for the last liften years world. I have a most comfy and pleasing home, and for the last liften one, cause it's not a Ford. But for all that I'm discontented. When I was about twelve years old I decided that I was in hove with a rather good-looking bey two years my senier. After he was graduated he went to Drexel to take a course in chemistry. We were both growing up, and he naked me to marry him. That was hearly three years gad, and I told him. I would—when he made his fortune. The one thing he and I made a specialty of was quarreling, but it was all in the day's work. a the Editor of Wollaw you please help me in Dear Madam-d'an you please help me in by way to find any one that I could do some cashing or stain sewing for that would give cashing or stain sewing for that would give I will thank you very much. MOTHER. The editor of the Woman's Page does going to

not have the facilities to person vestigate such causes as the scribed above, but she will be turn over this address to such be turn over this address to any reader who or so, you had better take some would like to look into the matter. ments from a reliable bair dresser.

It was all in the day's work. One day I met another fellow, about ten years my schlor, and we became great pais. We bulk were foothall crazy and book mad, so when L. got jealous things began to get interesting.

In the book mad, so when L got jealous things began to get interesting.
The war brocket out and the very first week they both signed up. They went to Texns together, and then they went to Texns together. It will be two years in May since I've even either one of them. Three months after they went away man No. 2 miked me to marry him. I told him I couldn't cause L would not let me. But that was not the reason. His education had been neglected and I was straid. Of what, if the range of the one most expressive of your individual choice. There is a deletate lacy in with size and s for, and nothing on early him be too mood for her. I like him too much as I have learned this last year. If I marry him he will give me a good home (he makes from \$100 to \$125 a week), and he will treat me like a toy poodle, a playing to be loved and petied all the time. Or maybe, after all these months on the order as a cavairyman (he was not huck I would like that.
L is a dreamer. If I marry him in might would like that.
L is a dreamer. If I marry him in might spend my life in a stuffy kitchen is a dreamer. If I marry him is the second and petied all the time. Or maybe, after all these months on the one you choose will probably cost but fifty to seventy of the outline of the hair of the was not huck I would like that.

Incise enough to get across), he would expect me to go West, live on a ranch and ride the range with him. I kind of think I would like that.
La is a dreamer, if I marry him I might spend my life in a stuffy kitchen attached to a two-story, six-room house, cooking for a crowd of youngsters; or I might live in a palace—some day. L has been in France over a year and has been in France over a year and it, and yet last week another fellow it more with my hair. Can you imagine a fellow asking a girl to marry him just to see her with her hair down? It's really my only beauty—a hig bunch of wayy chestnut brown.
This last proposal is really of no im-this last proposal is really of no im-the set of your as sine context weak and the rest of your hair by means of a nor sine proposal is really of no im-the set yrous as sine (or he, perchance).

wiser, but you will be pleased when some one remarks as she (or he, perchance.) looks at you admiringly: "How becomur hair is arranged this eveningly your hair is arranged this ing." I know because I have one.

Perhaps your best friend is wearing

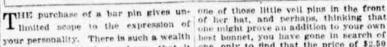
- Soothed -

With Cuticura

wavy chestnut brown. This last proposal is really of no im-portance at all, except that it started me thinking. Twe always thought that one was in love when one could not possibly live without the other, but they are all away and I'm still living and in the best of health, so am I in love? I wonder what some one else would do in my place? You are in a bad way, provide in miy place? OLWEN. You are in a bad way, aren't you? However, all is not lost. You would do well not to break with L. unless you feel that you love man No. 2 so well you cannot do without him. Otherwise wait till L. comes home and you can be bim before breaking with him. You may find that you love him, and you have given him your word, you know. But, my dear, if you find you do not love bim break the engagement, as mar-riage without love is almost a crima. Skin Troubles

Gravies

THEY prevent waste because they make



Adventures With a Purse

sally in-one de-glad to

The purchase of a bar pin gives un-of limited scope to the expression of pour personality. There is such a wealth  $\frac{1}{12}$  of pins from which to choose that it becomes merely a question of deciding on the one most expressive of your in-tar on the one most expressive of your in-dividual choice. There come some exclu-hat the pins in the front of the come some exclu-tion of the state of the pins in the front of her hat, and perhaps, thinking that one might prove an addition to your own hest bonnet, you have gone in search of or \$1 is prohibitive. Hear, then, of the one I saw today for \$1, which can expensive pins in a green gold metal, curloudy and comests of four good-sized brittants. dividual choice. There come some exclu-sive pins in a green gold metal, curiously carved and starred with gems of many colors. Here is a delicate lacy pin with each set in a round silver hand. I know

> For the names of shops where ar-ticles mentioned in "Adventures With a Purse" can be purchased, address Editor of Woman's Page, Evunica Functe LEDGER, or phone the Woman's Department, Walnut the 3000.

having experiences—and she (Ruth) at home eating a solitary lunch from a corner of the dining room table. And corner of the dining room table (Miss) S. so soon. Oh, it was unbearable : "As for Helen," Scott said suddenly, his words piercing Ruth's absorption," warm water and hang out in the bottle of javelle

treat

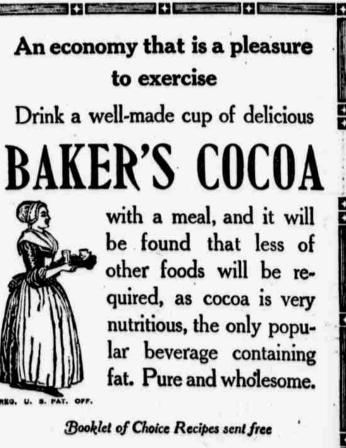
Massage your scalp ever- night before going to bed, rubbing with the tips of the fingers. Rub a little while vaseline into the routs of your hair at the same time. If this does not belp you after a month pened to be lunch time you thought you had to invite her to eat with you?"

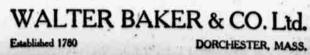
"No, I didn't think I had to. I wantmeet Hetty at the theatre.)

"Haven't you any trust in me?" Scott Helen witnessing the entire thing, provident of the structure of the struc

A Mother Writes A Mother Writes the Editor of Wounds's Proof: way to find any one that I could to some white soap first. Let it hang out in the way to find any one that I could to some white soap first. Let it hang out in the soar Madam-tan you please help me the way to find any one that I could to some white soap first. Let it hang out in the soar Madam-tan you please help me the way to find any one that I could to some white soap first. Let it hang out in the soar Madam-tan you please help me the some couldang in return for my little way to find any control to be the water touch your hands, as it burns. It should be used in a weak base first, thirten and the article should not re-to get and first with water your hands, as it burns. It should be used in a weak will rot the linen if it remains in con-tor use in the lawyel water touch your hands, as it burns. It should be used in a weak will rot the linen fit. Years and first with could go any will rot the linen fit. A I will thank you very much. A I will thank

(In the next instalment Buth and Scott





the meat go farther. Make yours luscious by flavoring them with plenty of the sauce with the Frenchy

tang-