# A PAGE OF REAL AND PRACTICAL INTERESTS FOR WOMEN—COOKING—IN THE SHOPS—LETTERS

# SPICED FRUITS AND GINGER NOVELTIES: MRS. WILSON GIVES RECIPES FOR THEM

Now Is the Season for These Piquant Delicacies-Bonbons and Dates Stuffed With Ginger

How to Use Curry Powder. An Appetizing Chicken and Rice Dish-A Curry of Mutton

By MRS. M. A. WILSON (Copyright, 1918, by Mrs. M. A. Wilson, All rights reserved.)

N TROPICAL countries the natives season their food abundantly with highly flavored aromatic spices. They also include the green and red peppers, chilies and gingers on their daily bill of fare.

The intense heat causes the liver to become inactive and torpid and thus the patient lapses into a prolonged sleep. The intense cold will have somewhat similar effect upon the human body; the blood becomes thick and sluggish and the liver torpid, which haves the person without ambition.

This is a seasonable time of the year to vary our diet with the addition of curries, spiced fruits and ginger novelties. The East Indian curry is a blend of aromatic spices; it may be purchased in every highgrade grocery shop. Leftover portions of meat, fish and vegetables may be used for making these appetizing dishes, which lend piquancy and vary the monotony of the win-

### Chicken and Rice Curry

Wash one-half cupful of rice in plenty of warm water and then drain. Rinse again and then place in a saucepan and add two and onehalf cupfuls of boiling water. Cook gently until the grains are soft and the water absorbed. Now place

One tablespoonful of butter

Three tablespoonfuls of flour in an iron frying pan and brown carefully until a dark brown, then

en stock

Two tablespoonfuls of catsup One tablespoonful of Worcester-

shire sauce Three-quarters teaspoonful of

curry powder One teaspoonful of salt

Cook gently to the boiling point and then add one cupful of shredded chicken meat and the prepared rice. Heat slowly until very hot and then turn on a hot platter and garnish with finely shredded parsley, then serve.

### Curry of Mutton Have the butcher cut the neck

of mutton into cutlets and then wipe saucepan together with Two medium-sized onions

used or the ordinary ginger root
may be obtained from the grocery
shops. Ask for stem ginger, as this
kind is less apt to be stringy and
roomse.

### TOOTHSOME GINGER DAINTIES



This is a seasonable time to vary the diet with spiced froit and singer novelties. In the pictures are shown the jar of Canton ginger, a plate of home-cooked ginger and then the candied ginger and stuffed dates

To Make Ginger Bonbons

then roll in the fondant, then roll waxed paper to harden. in XXXX sugar.

To Stuff Dates With Ginger

then roll between the hands to reished date in granulated sugar. Prunes may be used to replace the White of one egg

Ginger Creams

boiler and stir frequently to prevent one-half cupful of finely shredded finely candied ginger.

it turning into a sirup. When candied ginger and then cooled gela-Prepare some fondant, as given creamy add one-half cupful of finely tin. Whip until it begins to thicken in the Christmas recipes, for candy, cut candied ginger. Beat to mix and then pour into molds to become Cut the ginger the desired size and and then drop from the spoon on firm.

Soak one-half box of gelatin in Remove the stones from the dates one and one-half cupfuls of cold and then fill the center with a piece milk for one-half hour. Now add One and one-half cupfuls of chick- of candied ginger. Press firmly and one-half cupful of sugar and set in a pan of warm water. Stir until thirty minutes and then add Two large onions, chapped very store to shape of date. Roll the fin- gelatin is dissolved and then set aside to cool. While cooling place .

One-half glassful of jelly

Heat some fondant in a double egg-beater until light and fluffy. Add thicken stir in one-half cupful of

in a bowl and beat with a Dover let cool. Just before it begins to

## Mrs. Wilson Answers Housewives' Questions

My Dear Mrs. Wilson - Will boiling point. Season with salt and One quart of diced potatoes ou kindly publish a recipe for pepper. making terrapin stew from the canned terrapin? Thanking you in advance, very respectfully,

H. M. W. Terrapin Stew

with a damp cloth and place in a into a dish, now place in a sauce- soup kettle and add

Four level tablespoonfuls of but-

pepper.

My Dear Mrs. Wilson-Please tell me how to make pepperpot. Very truly, Mrs. C.

Pepperpot

Cut one pound of honeycomb tripe chapped paraley, Open a can of terrapin and turn in tiny dice, wash well, place in a Open teaspoonful of baking pow-

Two well-recased culf's feet: Mix thoroughly, then add five

Dear Machinest and scaling a method from the grocery shops. Ask for stem ginger, as this is less apt to be stringy and oarse.

To Prepare

Soak the ginger in warm water vernight and then in the morning rash, using a vegetable brush. Now

Soak the ginger in warm water overnight and then in the morning wash, using a vegetable brush. Now scrape well and then place in fresh water—enough to cover—and cook gently on the back of the stove until tender. Or it may be placed in the fireless cooker overnight. When the root is tender, place the roo

PLEASE TELL ME WHAT TO DO By CYNTHIA

Don't Think Much of Her To tell the truth, M. M., I would not think much of her nor of the parents or guardians who allowed her to do so.

A Troubled Girl The first Mrs. Woodrow Wilson died

on August 6, 1914. The President's engagement to Mrs. Norman Galt was announced on October

The President's marriage to Mrs. Galt took place on December 18, 1915.

There are many differences of opinion as to the exact motives for the trip you and your flance discussed. It was a pity to call him a liar because he voiced his own opinion. All public men are subject to criticism and it does not do to get excited over adverse criticism. It is, of course, a mistake to criticize, and it is always well to put the best motives on a person's acts.

Most ocean steamships are equipped with orchestras or bands, and it is highly likely that there was one or there may even have been two on the George Wash-ington.

If any personal friends of the Presi-dent were in the party, doubtless they went on their own accord and will foot their own bills. Those who went on official business will have their expenses paid.

### Worried Mother

Worried Mother

Have you tried questioning the young man himself? You have every right to demand that he tell you all about himself—who his parents are and where he has lived before he went into the service. Every mother or father whose daughter wishes to marry has not only the right to demand an account of himself from the sultor or from his family if she knows nothing whatever about him, but should do so.

Write to marine headquarters in Washington. D. t., giving the man's name and regiment and division, and ask about his record. Tell plainly why you want to know and send an addressed stamped envelope for a reply. It may take some time to find out what you ask, but you will finally hear from them. In the meantime make all possible inquiries here. Write in confidence to Hrigadier General Waller here in Philadelphia (thaf is, if the young man is stationed here; and ask him what he knows of his record. I would leave no stone unturned if you think you really have reason to doubt his integrity. But do it quietly and do not talk about it to your friends. Handle your daugher gently on the matter, as too guich opposition might precipitate things.

To Dear Old Puzzled Twenty

Dear Cynthia—Frence Burrell am surfre column:
Dear Old Pozzled Twenty—I am surfred at you! Planed at you! Everyfred at you! Planed at you! Everyfred at you! Planed at you! Every-

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Raspberry georgette is the foundation of this very attractive afternoon

A Daily Fashion Talk by Florence Rose Everywhere one looks these days there is color. Quite true, it may be only a bright-colored toque, a string of vividhued beads about the neck, or simply a hued beads about the neck, or simply a dark frock enhanced with embroidery in high colorings, but nevertheless every great vague space had opened before thinking."

miled singer and then cooled gelainformation. He was not been as the matter, as too winds opposition might
make the matter, as too winds
the feet of warms who are fits to wind and then
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addressed care of this newspaper.



# IN THE AFTERNOON WHAT WOULD WOMEN DEEM JUSTICE FOR THE KAISER?

If a Tribunal of Mothers Who Lost Their Boys in the War Sat as a Court of Justice, What Would the Verdict Be? A Suggestion From a Belgian

W the Belgian girl who came to this country three years ago. left for home a few weeks ago she had a very original little idea about what to do with the ex-Kalser. This young girl, who so endeared herself to America during her stay here, thought she would like to put the arch-Hun in a cage on wheels, hitched to a donkey and then she would like to drees in her Belgian costume dragging the Hohenzolern from city to city of Europe, exhibiting him for money and then turning over the receipts of the side show to the Belgian children who were made orphans at his hands.

ward and stilled forever the voice that used to ring such a little while ago through the cheery rooms of the little home?

Are exile and life imprisonment enough to satisfy the woman whose boy came back to her with groping mortal pattlefield of France?

There was a boy who leaned over a wounded comrade in the heat of pattlefield or plant of the first aid treatment to a shatter deep left of the cheery rooms of the little while ago through the c

It was intensely interesting to hear this. While the great jurists have weighed the facts of the case and speculated on the legal amount of punishment due Mr. Hohenzollern, there isn't a family in this country who has not a family in this country who has not cast a vote as to what should be the ultimate fate of the ex-Kaiser. These home courts may not know a great deal about law, but they would mete out justice swift and sure.

WHEN Miss Susaime Silvercruys, of men of the earth-swho stepped for-

MADAME STEPHEN LAUZANNE, wife of the editor-in-chief of Le Matin, a Paris paper, not long ago expressed herself in a statement in the New York Times, not particularly in regard to the Kaiser, but in regard to the chief German situation.

Some one has suggested that women be allowed to vote on the Kaiser's punishment. Looking over America and knowing that from thousands of homes went laughing, carefree boys who will never come back again; looking and knowing how mpthers are, we wonder what a tribunal of these mothers, for instance, would do, if called and asked to decide the fate of the man at whose gigantle sword their boys died.

We want as badly as she does. We want this horror to be the last, we want free people to live free under the flag of Liberty, we want our children and the children of our children to live proudly and happilly and to live proudly and happilly and to live freits of this earth without fearing a return of such abominations. But for this justice is needed, and there is no justice when the guilty go unpunished."

The question is how can we punish the guilty."

## And So They Were Married

Episode Two-(Each Other's Friends) By HAZEL DEYO BATCHELOR Copyright, 1918, by Public Ledger Co.

CHAPTER XXIII

out high colorings, but nevertheless every great vague space had opened before one is interested in having some bit of her. She felt as she had felt in college

"Then you admit she has set you to

Ruth drew away to stare up at him.

Inquiries are solicited and may be addressed care of this newspaper.

\*\*What is a solicited and may be addressed care of this newspaper.

\*\*What is a solicited and may be addressed care of this newspaper.

\*\*What is a solicited and may be followed him across the room.

\*\*Now." he said, when they were set the solicite talk."

\*\*But they didn't talk, not just at first.

\*\*Finally Ruth burst out. "Scott, isn't it awful about Alice and Bert? You agree with me now, don't you, that she is impossible?"

\*\*But a man wants a companion these days; a woman who reasons, not just a presty doll to play with in his lighter moments."

Things to Know

The first wedding anniversary is cotton, the second paper, the third leather, the fourth fruit and flowers and the fifth wood. in making a skirt for a person who is very slender, it is sometimes necessary to lift the skirt in the back and slightly to the sides to prevent it from swinging front and pouching out or sagging in the back.

ASK FOR and GET Horlick's Malted Milk

For Infants and Invalida OTHERS are IMITATIONS

NEMO CORSETS furnish a distinct and specific hygienic style-service; and their ackowledged scientific value cannot be estimated in dollars and cents. HYGIENIC STYLE-SERVICE: This prevents and cures physical weaknesses and improves

health and appearance.

durability and economic value is well established and deserved. The Nemo Corset System is divided as follows: Self-Reducing Service, \$4 to \$7
Wonderlift Service, \$6 to \$12
KopService, \$3 to \$10

DURABILITY: The Nemo reputation for



is in the British demand a suggestion of Roosevelt had the navivos