WOMEN MAKE MERRY THROUGH HAPPY MIST OF TEARS-CYNTHIA'S LETTERS-MILITARY SUITS

THE WORLD'S HEARTACHE WHAT T0 PUT INT0
IS HEALED THIS GLAD DAY
THE OVERSEAS B0X
And Woman Makes Merry Through the Querrest Mist of Tears She A

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THE WOMAN'S EXCHANGE

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THE DAILY NOVELETTE
SOME TASTY OYSTER RECIPES THE BIRD-SEED TKAIL

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THAT ARE ECONOMICAL, TOO


It's round, short and curly, like part of a Q It's easy to cook, and delicious, too.
The package is yellow, banded with red There's no need guessing, here's the answer instead.
"Why didn't somebody think of that before?" is the usual greeting for a new and simple idea that carries a valuable improvement over things as they were.

Now you have an Americanized macaroni that appeals to the eye and the taste. The Curly-Q shape and Foulds' special manufacturing process insure quick cooking and easy eating, and make Curly-Q Macaroni just what you want for chafing dishes, ramekins and casseroles.

Cleanliness first" is the motto of the Foulds Milling Company. It greets the neat and tidy employes from every direction while they are working in the spotlessly clean building in which Foulds. Curly-Q Macaroni is made.

Foulds' Curly-Q Macaroni takes the place of meat as nothing else will, because it answers fully the natural craving for substantial food. It tempts the appetite and completely satisfies hunger. You will find it uncommonly good-it is so fiavory, firm and tender.

Eating less meat is proving a positive benefit to the American people. Children are gaining in health and strength by the serving of wholesome and healthful food like Foulds' Curly-Q Macaroni in place of meat.

We publish a complete, compact and convenient cook book which tells how to prepare pleasing combinations of Foulds ${ }^{5}$ Curly-Q Macaroni with fresh or canned vegetables, canned salmon or other fash, cheese, eggs, lett-gver turkey, chicken or meat. We send it free on request. Just ask for "Foulds Litle Yellow Cook Book." A postcard will do. THE FOULDS MILLING COMPANY $32 p$ West Madivon Street, Chicago, Ilinob

