ARE GIRLS ARE OFTEN COMMONPLACE AT FIRST—CYNTHIA'S CORNER—SHOPPING ABOU

WHO MARRIES INTO BEAUTY A Discussion of the Chances for Happiness of the Couple

THE PLAIN-LOOKING GIRL

Where a Man Has All the Good Looks of the Family. Rare Books, Rare Girls and Rare Loves

PLEASE TELL

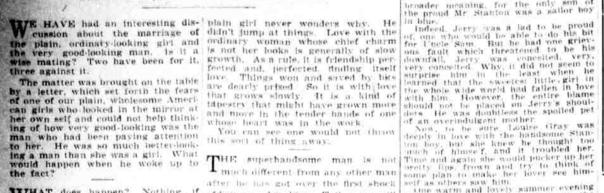
ME WHAT &

Calls "Horrified" Down

WHAT does happen? Nothing, if of being good looking. Talk as we will one can judge by majorities. The We not can judge by majorities. The man who had had the good fortune to fall in love with a girl who is not really pretty, as far as features are concerned, is, as a rule, what we might call the world's perfect lover, would be a few years in the business would have taught him that men are concerned, is, as a rule, what we might call the world's perfect lever. Perfect, because his is the kind of love that lasts.

The pretty girl really starts in the race-do women race for husbands? handicapped. One man falls in love with her eyes, another with the flasts of her teeth. At first neither seems to care about anything else. Then comes the fine day when the same eigraal flash of those teeth guides when the sameness of those deep blue eyes palls. He begins to wonder and to start pulling out his watch when it lan't even 10 o'clock.

The man who falls in love with a bit of the beaten track of life. Hinny is the heart of the explorer, be he Adon's himself.



of theirs good looking. Talk as we will the sailor had come bounding up the of man's vanity, looks can never mean

Milk Is Nature's Food sis of mineral matter they contair, but all emysiologists agree that talk by very valuable from this stand-point. It is food prepared by nature

ON SERGE FROCKS



THE WOMAN'S EXCHANGE

TODAY'S INQUIRIES

Rex Savs "Be a Regular Fellow"

To what is the "hardness" of water due"

"Sunny South" Would Be Nurse o the Editor of Weinan's Page:

Dear Madam-I am a daily reader of your feresting paper, which comes to us every y way down in 'Dixieland' I have been

To the Editor of Woolan's Pager.

To the Editor of Woolan's Pager.

The would have found piles.

The world have found piles.

The Makam—Since you have auxwered me so many questions I know you will not company nursing schools. As for this median in any nursing schools. As for the paid in any nursing schools. As for the paid in a strength of the paid in a strength of the paid in the colors. Lately we should for the paid in the colors are seen the sail to the colors. Lately we should the paid are so very incompany to the paid are so very incompany to the paid in the colors. Lately we should of the paid are so very interest that they don't in the colors and the paid are so very interest that they don't and must have a high school education. I should by all the soil in the colors are twenty-one. If you have not a school education I should by all the soil in the colors are twenty-one. If you have not a school education I should by all the soil in the colors are twenty-one. If you have not a school education I should by all the soil in the colors are twenty-one. If you have not a school education I should by all the soil of the serve on the soil of the serve on the soil of the serve of the serve of the serve

YESTERDAY'S ANSWERS

Enjoy the Candy, Rene

A nen rot for naby admirably suited for picules, traveling, etc., is one that folds and has an upper collapsible framework to hold mosquita netting in place.

Milk can be jested with a bright-colored heriting needle. The needle is plunged into the culb, then removed and held in a diagonal downward position. If the fluori rans quickly down the needle the milk is poor grade or watered. If it goes down slowly and forms a drop at the end of the needle it contains a good amount of butter fat.

the ruffle and hem, and they will hand gracefully.

THE DAILY NOVELETTE BOY BLUE

By ELIZABETH GROVESTEIN

WHEN Jerry Stanton was a very little W fellow he had been called "Little Boy Blue" by his fond parents. Now the term as applied to him had a bigger and cronder meaning, for the only son on the proud Mr Stanton was a satior boy

omacron's Complete Novelette -SLIGHT MISUNDERSTANDING"

THERE ARE CAPES



The transport of the desired of the control of the

The Cornish Sea

Come, see seill go, to Land's End Past larking cove and breathing sound

And, o'er the lark-thrilled, dewy The opal of the Cornish Sea.

There Neptune thrones in royal might. Watching his white-manned lions

And 'neath his frowning gaze, far

As changeful as a poet's heart, It stole my soul from me away.



SERVE SUGARLESS DESSERTS AND SHOW YOUR PATRIOTISM

Learn to Use Substitutes in Cooking-Recipes Given Here for Cakes, Pies, Icing and Puddings Sweetened With . Syrups—You Will Like Them

ONE cup of sugar a week for every one! For our coffee, lea and cucoa. is very difficult to compare foods for our lemonade and feed tea, and for sweetening our cereals, fruits and desserts. If we are to make this eight ounces now allowed per person per week for the growth and develop- last for the allotted time we must either cut out many desserts or learn to use the sugar substitutes Honey corn syrup, sorghum, molasses and refiners' syrup are among the best and most easily procured substitutes. Various fruit syrups and the home-made beet-sugar syrup can also serve in some parts of

the country.

The cup or more of sugar that is usually required for a cake assumes large proportions when we are on a sugar ration. A fruit cake which depends upon syrup and raisins for sweet and add dry materials sifted together. Fold in stiffy beaten egg whites. Bake in loaf or muffin tin. The raisins at 1 nuis may be omitted and the mixture haked as a plain spice cake. will be found just as good as one using nugar (form syrup can also be used in place

of sugar as sweetening for cold drinks for ices. This pincapple ice is excellent: PINEAPPLE ICE One cupful of grated placapple.
One and three-fifth cupfuls of corn

Two cupfuls of water Process as any water ice.

LEMON PIE FILLING filling and the meringue. One cupful of corn syrup or refiners'

Four tablespoonfuls of coenstarch. Two eng yalks.
Three tenspoonfuls of leman inive.
Grated vind of half a leman.

One-half cupful of corn syrup cooked until it forms a hard ball when dropped in cold water.
One-quarter tenspoonful of salt, One teaspoonful of vanilla. Two egg whites intiffly beaten.

Best whites very stiff and best in yrun. Pile lightly on top lemon filling and brown in oven. a chocolate pudding that calls for no sugar try this recipe:

CHOCOLATE PUDDING

FRUIT CAKE One-quarter cupful of shortening. One cupful of corn syrup sorghum or refiners' wirens. Tico caas.

Two eggs.
Two thirds rupful of milk.
Two tenspoonfuls of vanilla.
Seven-righths cupful of vice flour.
Three-quarters cupful of barley flour. Two tenspoonfuls of baking powder.
One tenspoonful of salt.
One tenspoonful of cloves.

One teaspoonful of claves.
One teaspeonful of ginger.
One tablespoonful of cinnamon.
One capful of chopped raisins.
One-quarter cupful of chopped nuts.
One-quarter cupful of chopped citron. Mix fut and syrup; add egg yolks and

PRUNE WHIP
One cupful of sifted prune pulp.
Three egg whites (stiffly beaten). Six tablespoonfuls of syrup Two teaspoonfuls of tenon juic One-quarter teaspoonful of salt.

Wash the prunes and allow them oak in water until they regain their plumphess. Simmer until tender in the water in which they soaked. Rub the pulp through a sieve. Add salt to egg whites and best until very stiff. Fold in the sifted fruit pulp and the lemon juice. Add the syrup last, beating it in carefully. Chili and serve with cream. Lemon pic also is good made with corn Apricot or peach pulp or apple sau Apricot or peach pulp or apple sauce These are but a few suggestions for the use of syrups to save sugar. Try these and others. They can help make your sugar supply hold out,

No Room for "Lodgers" at Moya Mix cornstarch and sult with cold water and cook over the flame until the starch is clear. Beat in the syrup slowly to prevent tumping. Add beaten egg yolk, lemon juice and rind. Put in double boiler and cook.

Put the filling in a crust that has been previously baked, spread with meringue and brown in over.

MERINGIA: Forty-five men taken by city detec-



This ingenious little device sees to it that bread is turned out in even. inbroken slices. The bread board helps to carry out that mandate of Mr. Hoover's which says, "Cut your bread at the table just as you need it"

Soothe Your Skin With Cuticura Il druggists, Noap 25, Cintment 25 & 50, Talcum



Here's something new and delicious to take the place of meat. Just the most appetizing, easiest to prepare, whole-meal dish you could possibly serve-Sawtay Salmon au Gratin.

For BAKING-SHORTENING-FRYING

E CANDY-MAKING Sawtay Salmon au Gratin Make a white sauce of two tablespoons of SAWTAY, two tablespoons of flour, two cups of milk, salt and papper to taste. When holling put in a cupful of Salmon broken in small pieces. Turn into baking dish, cover top with bread crumbs and grated cheese. Brown in oven.

Sawtay is a snow-white butter made from the rich cream of tropical nuts. It makes richer white and hard sauces than creamery butter. Packed in 1-lh. 2-oz., 2-lb. 5-oz., 4-lb. 12-oz. rans.

A MAID AND TWO MEN

The Story of the Girl Who Was Left Behind By HAZEL DEYO BATCHELOR

ways looked upon her mother as a weak-er character, some one, to be loved dearly, but excused for many weaknesses. When Mrs. Brander asked Helen to come home.

Ruth rejoiced. Now it would be so much

easier for Helen, and having made the supreme sacrifice. Helen should be helped

n every way possible. Helen told Ruth

that she would go home and try living there, but that if her mother and father made it too unpleasant, she would not

rade it too unpleasant, she would not stay.

"I can get work of some kind, and I shall do it," she had said firmly, and Ruth knew she meant it.

In talking things over with Jack one evening. Ruth, turning scarlet, had made a tentative remark about marriage.

Jack turned toward her instantly, his

Jack turned toward her instantly, his face alight with sudden expectation.
"Dear, do you mean it?"
"Of course I mean it," she returned,

her hand caressing his cheek softly, as

"Ruth." Jack returned, his joy sober-ing suddenly, "the last time you spoke to me you said that you would rather

ion't go into this thing. I'd rather have

"Oh, I'm just queer these days, Jack.

If you're sure you're not ready,

She nodded.

here was Helen influencing Ruth her-self in one of the most important issues of her life. In the days that followed. still more surprised when Helen made no complaint. Ruth was strangely thoughtful and

when talk was most flagrant among the

little crowd of people who knew Helen best, Ruth was strangely silent. Ruth was thinking, and thinking hard, Into her heart had come the recognition of what the war had done for Helen, It was like a revelation; it had brought out unexpected depths in Helen's char-Perhaps Helen might never have married Jim Townsend otherwise, and Ruth was almost convinced that Helen had done the right thing. It was the personal sacrifice that Ruth had come in contact with, and it meant something In contact with, and it meant something a great deal more in her life than reading about German atrocities or knitting endless yards of gray and khaki wool because to isnit was a duty. The personal side of the war had come into Ruth's life at last, just a little corner of it, but more and more was to come intil Ruth undergraded what the war. until Ruth understood what the war in

its higgest sense actually meant. Into the hotbed of personal opinions that Helen Brander's marriage evoked came the first letter from Scott Ray-mond to Ruth. It was a merry little letter telling of doings on the ship, the landing, the excitement of what Scott termed the adventure of the thing, a friendly little letter of personalities and lest, but Ruth was astounded at the wave of relief that swept over her when she realized that Scott had arrived safely in France. She wondered curi-ously what her feelings would have been if instead of the letter from Scott a letr from Jack had come instead. ried to picture Jack in khaki and found

trainust impossible. Jack looked s-steady and secure in his business clothes khaki did not seem to suit him, and-yet how slim and eager Scott had looked when he had come to see her on one of his trips up from camp. Ruth did not scalize how three months had changed her. She did not realize that she was changing still more every day of her life. She had waited engerly to hear the step and had defended her hotly to any one who questioned Helen's choice. Ruth was even surprised at herself for doing this, but after she had thought things

out she realized that there was nothing Mrs. Brander was furious and had refused to see Helen, but Helen did not seem to mind. She and Jim were wildly. seem to mind. She and Jim were wildly, gloriously happy, conscious only of each other's presence, taking advantage of every single moment spent together. The ugly little apartment came to be the center of a great many gatherings, and Ruth found herself seeing more of Helen than she had ever done in her life here. life before in moments alone Helen confessed some of the more wonderful things of life to Ruth—her confidence in Jim, his consideration, the wonder of belonging to him—just bits of confidence that cropped out unaware, but bits that that Ruth seized upon and treasured and which made her wonder still more.

When Jim got sailing orders, Helen continued to be gay. She made every moment count still more; she never even, in moments alone with Jim, told him anything that was in her heart, nor d'd she confide anything of her agony to Ruth. But Ruth read between the hues. She knew that it would never be possible!

ASCO.

All the old landmarks seem to be away. It's the war, it's changing so that I'm not sure even of mys want to try to get into something can do in my small way to help, didn't want to help. I resented thing that perhaps I should, but I know it will cheer me up."

"I'll make you happy, dear," said, eagerly. "If you'll marry myou will have enough to keep you you will have enough to keep you." for Helen to care as she did for Jim. and

Scott Raymond and Jack Bond love Ruth Rowland, and she promises to marry Jack. Both men are drafted, but Jack is exempted. The marriage of Helen Brander to Jim Townsend, a seldier, eanses Ruth to doubt the wisdom of her choice.

ARTICLE XIV

RUTH had never dramed that Helen Brander would in any way come to be an influence in any one's life, and here was Helen influencing Ruth here was Helen influencing Ruth here self in one of the most important issues of here life to the day of the self-self in one of the most important issues of the life to care as she did for Jim, and you will have enough to keep you of a struggle, and Ruth, curiously it setting gloomy."

"Yes, it will be fun geiting read a wedding," assented Ruth. "Not down; her lips were bravely smiling I'm going to have a big wedding. I'm going to have a big

quite unlike herself these days. With Jack this attitude was more noticeable than it was with her mother. Ruth always looked were her mother. Ruth always looked were her mother.

When Company Drops in for Luncheon

It used to be that when company dropped in unexpectedly about lunch time I had to open a can of sardines or something else that looked like what it was-a make-But now I'm not a bit worried no matter how many of them there are, because I know that with very little trouble I can get

the best salad they ever tasted. I boil some eggs hard and cool them by putting them under the cold water for a minute. Then I take out the yolks, crumble them, and mix with butter, salt, pepper and At Sauce to taste. I put the mixure back into the whites and serve on lettuce with any kind of dressing I happen to have in the house. It's the Al Sauce that makes all the difference between ordinary stuffed eggs and the flavor of this wonderful salad, that no one but a French chef has ever before been able to get.—Adv.

J.M. Gidding & Co. 1422 Walnut Street PRESENT First Autumn Modes

Specialty Featuring

Millinery

by Gidding



THE BEST TO BE HAD

"Uictor" Bread



LOAF

The Big Quality and Quantity Loaf

A ruling effective September 1st removes all restrictions as to the use of Bread.

You Can Now Serve All You Want

Victor is today as it has always been-

The Biggest and Best Value **Baked in These United States**

While "Victor" is made strictly in accordance with the requirements of the Food Administration, there is this difference as compared with others-

We put the best of everything into it, producing the loaf from point of size and quality that stands alone.

Baked in our own sanitary bakeries and sold only in our 1200 stores.

You can't get it anywhere else

Everywhere in Philadelphia and throughout Penna., New Jersey, Delaware and Maryland.

ASCO.

ASCO.