ONSERVING FOOD AN AID TO SELF-CONTROL—HINTS FOR THE HOUSEHOLD—TALKS WITH GIRLS. SEVEN ADDITIONAL PATRIOTIC CHILDREN PRESERVING VING SUGAR IS ONE WAY **OF BUILDING UP WILL-POWER** "TWILIGHT SERVICES"

that Is One Advantage of Being Alive These Days-Sweeten- Presbyterian Meetings on ing Has Been With Us Since We Can Remember, but It Has Not Been Used to Mold Character

HAVE gone on for years think-1 Saving food for our soldier boys-

other speenful or lump.

TN A WAY we should be glad we are a alive in this age. There is really no satisfaction like the great satisfac-tion of having conquered self. And nearly every hour in the day war is giving us the chance to conquer self. There are no two ways about it. We can hire people to teach is foreign insurances, we can pay others to make our clothes; but we, and we alone giving us the chance to conquer self. Giving up sugar once when you while not build for you a will now, except those whose religion teaches them sacrifice in little things, has ever thought to use sweetening as a builder of character or a strength-siner of the will?

HAVE gone on for years thinking our characters and wills as a maximum output characters and wills as a fine and noble thing to look in the heart; that is, in the abstract. It is a fine and noble thing to look up at the stars and know they are for our allies—touches a deep spring in the first start start is in the abstract. It is a fine and noble thing to look up at the stars and know they are for one to ther sigar to be noble to the point of deciding. But when we come right down to the point of deciding whether is bowl. One little swirl of white into the cup, m. "Will 1 or won't 1 take er? * * **I will start saving g just one tomorrow for SURE."
It is a such times that ine thought of her by little sucrifices comes to our is adder to the such ther spoonful or lump. The "twilight services" conducted by

ter by little sacrifices comes to our preacher," will speak, sketcling pictures and,

streets, the Rev. H. N. Faulconer, of Paltimore, will speak. The Rev. Charles

Alice Kent and the Day's Work The Story of a Business Girl Who Would Not Fail By MARTHA KEELER (Copyright, 1918, by the Public Ledger Company)

GTT'S about Helen." Dick began o

It was a comfort to be able to first his rratified by his taking me into his con-ndence. First of all he wanted my ad-is frozen half the time in Boston: Si mother: not that he shrark from telling her anything that could be kept secret hetween the two of them, but his pros-ent intentions must be communicated to the whole family and already I was the base in the hore abrow and with the wo hus to have a horne and with the wo hus base and be hore a horne and with the wo hus base and be hore a horne and with the wo hus base and be hore a horne and with the wo hus base and be hore a horne and with the wo hus base and to have a horne and with the wo hus base and to have a horne and with the wo hus base and to have a horne and with the wo hus base and to have a horne and with the wo hus base and to have a horne and with the wo hus base and to have a horne and with the wo hus base and to have a horne and with the wo hus base and to have a horne and with the wo hus base and to have a horne and with the hus horne have a horne had with her have a horne had with the hus horne have a horne had with her have her have a horne had with her have her have a horne igh the farmer's outburst was nothing in comparison Dick was prepared for now

dors." in the voune

but things to get married yet but things haven't turned out remember she had a job in licel's it?"

Thereupon, forgetting that before him had disposed of the sugar

Advertiser mays: my seat and Dick went on: my seat and Dick went on: think that just because born and brought

CHAPTER LIN TT'S about Helen." Dick began "We've changed our plans." From the way he spoke I could nee was a comfort to be able to free his Ing Ints act thereafter a

Roak

learnous atomement), white out of his hand

Having spent three weeks with it he tike to be the poor res spirational address.

Herone snow files I'll matry "Before snow files I'll matry we haven't anything to live on and Long at and Long CONTINUED MONDAY)

Tokio's Red Cross Work

in the former Episcopal Hos-Tokio, Japan, according to a room Red Cross headquarters-pital is now an American base under direction of the Ameri-

der supervision

penking of the work accomplished this war work association, the Tokjo vertiser says: "Particular emphasis laid upon the fact that the credit this stiendid showing was largely to the untiving efforts of the women nected with the Yokohama and Tokjo dilartes." Tokio next few days

Church Lawns Etc., Growing in Favor-Crowds at Tent

Could these he any better and wiser employment for the summer holidays the nlearning how to be useful women of the future?

Y. M. C. A. Needs Women

Four thus as many women are needed

The thousands of Ludlow streets a front of the Reeve Memorial Mission. (Carroll Park, Effry-ainth lis and the fley. Francis S. Hort will,

a women serving in connection x, M or A, x, and bester Mott, y, M or A, and bester Mott, just returned from an extended instruction of the service num-results. aduet the services. Twilight services will be continued are should be increased fourfold in the samediate future. A continuous or Presbyterian Church, Second and Chear- even field streets, the Nev. James G. Ray- bet

mond speaker. The Rev. Thomas Hous-ich, the blind exangelist, will conduct receives at Twentz-fifth street and In-diana avenue, on the lawn of the East Park Presbyterian Church. Exangelist to refuge request after request for the A. S. Williamson, of New Jersey, will speak nightly at the tent at Catharine and Editor streets. The Parks office writes, how iscrible it is bein of women in the canteen huts you would realize that no time should be tool to set on the tent at Catharine tost the sending them.

The Y M, t' A states that the finest type of woman is needed for this work. High-indiced, unselfsh develon and ab-solute willingness to do the humblest and Feiton streets. The Rev. Nicolas Mueci will conduct rervices for Italians at Sixty-fourth atreet and Westminster task, combined with ability to rise to any qualifications set by the women's over Noon services will be held at eas sector, which is recruiting 1000 women for this work, are outlined as Milliams in speaker. Mission, 228 North

will be open every night in the and forty-five years are desirable, at of down-and-out mon, under no chromosane will any women for the start of age he still. the direction of Superintendent T. J. A rally for Christian workers will

held in Westminster Hall Monday at 12 o'clock noon, Harry P. Ford, secretary, Demonste with he elists and the teachers of the fourteen and emergencies and \$140 equipments. A personal inter-ways neces, may without guarar The Rev. "I can imagine Samuel B. Goff, Jr., will deliver the in-Such crowds are affending the even-

geliatic services conducted by George Long at the Inasmuch tent, Sixtieth and format streets, that on several occaelons the seating accommodations for 1000 persons have proved inadequate. Churches and merchants of West Palladelphia are co-operating in the move-Mr. Long will

been tional Sermon" this evening at the be-flos- ginning of the second week of his three months' evangelistic campaign. Servees will be conducted tomorr a under direction of the Ameri-d Cross organization datag Red Cross and in the evaluat a quiet hour at 3:30 n m. American was known previously on "His Trying Legacy." Watkin American was therefore to Japan the character will lead the singler.

singing A supprise trait has been laid and

vany are awalting Mr. Long's first call for converts. The call may be made tenight, tomorrow night or within the

Girl- and Women to Harvest Fruit More than 1999 girls in Oregon cifes

Madison avenue.

"SLACKER" IS IN TRENCHES

Pershing's Forces

where the adjutant general of Pennsyl-vinin has been scarcifug, is with the American expeditionary forces in France. A notice was received at Lally's home from the adjutant general's department several days ago commonding him to

several days ago communities into the appear for induction into the army. His appear for induction into the army the have the consistency it should not be con-





is low-priced and harmless. Boil the mixture in a kettle or vat vigorously for five minutes. Four the liquid into vessels, preferably glass jars o pitchers;

until perfectly clear. Pour the clear liquid into a preserving kettle. Do not 1. A little tea infuser that is shaped allow sediment at bottom to enter. Add

The process is completed by boiling down

and for benneyi, who gauge or candy thermometer and bring go of the chain and having it go in the the temperature up to 226 degrees F. sup of hot water or tea, Result: several days ago commonding him to as for candy-by pouring a little into cold water. If boiled enough it should

maple syrup. long enough



Crnthin is a real woman who knows and understands girls. In this depart-nent she stands ready to help them with the infimate problems somehow easier o confide in a letter than in any other way. If you are worried as perspessed rite to "Crnthin." is care of the woman's page. Evening Public Ledger.

The condition is a letter than is any other way. If you are write to "Cynthis." is care of the woman's pace were worked or perpleted """.
Would Win Back Lover
The Cynthis—I am a young mit foul, if the perpleted is the same school that the provide the sound man foul, the perpleted is the sound the perpleted is the perpleted is the sound the perpleted is the sound the perpleted is the perpleted is the perpleted is perpleted in the perpleted is the perpleted is perpleted in the perpleted is the perpleted is

dered calcium carbonate to seven gal-If the product is to be sold, legal re-is at its best when served very hot with maple syrup.

With breakfast wheat preparations stir in a few dates, stoned and cut in pieces, about five or ten minutes before taking from the double boiler.

Cold boiled potatoes are often thrown away, and yet white potatoes are very good when made into hashed brown po-tatoes or lyonnaise potatoes.

For hashed brown potatoes, cut salt pork in smail cubes and try o Remove scraps and measure the fat, which there should be two and a h training in war work for women.

which there another tablesponfuls. Add fat to one cupful of cold boiled pointoes, finely chopped; a few grains, of pepper, and more salt if needed. Turn into a small hot iron frying pan and

book three minutas, stirring constantly, hen let stand until well browned under-beath. Fold same as an omelei, turn

economics.

There to let its mission drop. Only though a while to stop, Till again it's passed along And another hears the wong. And shall pass it on, you see. For its immortality? This, I think, is truest art, When the writing finds the heart.

MARTHA SHEPARD LIPPINCOTT.

Training in War Work for Women.

The University of Louisville will offer

n its fall term several new courses for

course of statistics, theory and prac

In accordance with the request.

tice will be offered in the department of

lons of apple cider. Powdered calcium quirements as to labeling should be as carbonate (carbonate of lime) or, to give certained and complied it its common name, precipitated chalk,

allow to stand six or eight hours, or

to the clear liquid one level teaspoonful ing, afterno n and evening. Mrs. Long John Lally Has Been Found With of time carbonate and stir thoroughly.

to harden like candy when tested

Adventures With a Purse

FOUND TODAY like a spoon and acts like a tea ball.

Metal filigree bead necklaces. Pershing's Forces The process is completed by holling down that is all very well until you can have had the experience of letting

Kewples soup dolls for baby's bath.

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APPEARS

EVENING

iver 1 to Saint

Cats Spoiled War Garden

Cats Spoiled War GardenTo the Editor of Wowing's PageDear Madam—Inclosed Ind IsocentiTo the Editor of Wowing's PageDear Madam—Inclosed Ind IsocentiTo the Editor of Wowing's PageDear Madam—Inclosed Ind IsocentiTo the Salar of the Salar Phase P

thing is of interest to me. Y.W.B. Your letter is so interesting that I will have to bad that the cate spoiled your arden. I hope the rest of it will common to the second state of the letter of the line of the state of the second state of the

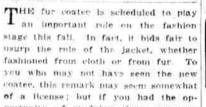
The stand and apply a warm from the stand apply a warm from the box for the box and the stand apply a warm from th

terrande, All comminications for this acparament should be addressed as for lows: THE WOMAN'S EXCHANGE, Evening Public Leager, Philadelphia, Pa.

a name day occupation for the children that will save the trouble of labeling preserve jars.
 When there is no birthday cake, how can a rever novel centerplace of candles and for the Editor of Wontan's Paoe:
 To the Editor of Wontan's Paoe:
 In sending articles to the dry changer.
 In sending articles to the dry changer.

and so the Larger of Source a reasonal pieces stains? Draw Madam 1 have a new set head of Liberty with Rowing hair and or the larger of the piece with Rowing hair and or the larger of the piece with Rowing hair and or the larger of the piece with Rowing hair and or the larger of the piece with Rowing hair and or the larger of the piece with Rowing hair and or the larger of the piece with Rowing hair and the piece of the piece with reasonal for the source the two cents and where could 1 and 0 to get the meney? A Source of Source of Source of Source of the piece of the source of the source of the source of the piece of the source of the source of the source of the piece of the source of the source of the source of the two cents of the source of the source of the source of the the source of the the source of the source of the source of the source of the the source of the the source of the source of the source of the source of the the source of the source of the source of the source of the the source of the source of the source of the source of the the source of the source of the source of the source of the the source of the source of the source of the source of the the source of the the source of the the source of the sou

Thinking Ahead to Furs A Daily Fashion Talk by Florence Rose



portunity of studying these garments you would understand just how many possibilities there are in this chic sort al of a wrap. In the first place, we are all look- m

ing forward, more or less, to winter-time, and the "wise ones" are seeking garments that will keep them warm and so guard against any coalless days. These coatees, while they may look like not much of anything, are really very warm, as the lines conform quite closely pe to the body, covering the shoulders, sr back, chest and ofttimes extending down over the arms to the waist. Another ou utilitarian advantage is that not only w can the coatee be worn over a thin st frock, but over the serge dress or even the suit in very cold weather. It is not infrequent, nowadays, that

the scarf which we have seen and ad-mired for several seasons is made with either slits for the arms or with shor: sieeves, and by this means the scarf is

fashloned after the coatee. The artist has made you a sketch for today of one of the newest fur wraps This is of one of the newest fur wraps fashioned on the lines of the coates. This is of moleskinn, and is in cape effect, with long, pointed scarf ends on either side of the front. A roll collat entries the neck, and the belt of the "fur encircles the waist and ties at the front the pointed and of which care front, the pointed ends of which are finished with small balls made of the fur. The toque worn with this coates has a crown of stitched feit and a brim of velvet.

(Copyright, 1918, by Florence Rose.)

- Ask Florence Rose

if you want her own personal advice on materials, colors and styles suffable for you. Address Miss Ross, in care of the Evenist Printo Litterer's woman's page. Send self-addressed stamped envelope for reply as all inquiries are answered by mail.

PUBLIC LEDGER, or phone the Woman's Department, Walnut 3000.	IN "THE FIREFLY OF PRANCE"	WILLIAM DESMOND
Alum Can Be Used in Many Ways A little alum in the water used for vashing perspiring hands and feet will illeviate any unpleasantness. Alum is used in this way by an con- nomical housewife who preserves sum- ner fruit without suzar or vinegar: Pick the fruits from the stalks and but into bottles. Put one drachm of alum into four rallons of water and let it stand till t is cold Then fill the bottles and fasten them tight. Put them into a cop- er of cold water and heat to 176 de- crees. To Keep Out Moths—To keep them but of the carpet pour strong alum water on floor a foot and a half from the deges before putting down the carpet. Sprinkle salt upon carpet before sweep- ing occasionally.	EMPRESS MAIN ST., MANAYUNK MATINEE DAILY CHARLES RAY IN "PLAYING THE GAME"	REGENT MARKET ST. Below 11 11 A. M. to 11 P DOROTHY DALTON IN "THE KALSER'S SHADOW"
	FAIRMOUNT 20th & GIRARD AV. Matinee Dally Tom Mix and Little Virginia Lee Corbin in "ACE HIGH"	RIALTO GERMANTOWN AVE. AT TULPEHOCKEN CHARLES RAF
	FAMILY THEATRE-1311 Market St. 9 A. M. to Midnight. WILLIAM S. HART in "THE GUN FIGHTER"	RIVOLI 52D AND SANSOM STS. MATINEE DA RHEA MITCHELL IN "THE BLINDNESS OF DIVORCI
	56TH ST. THEATRE Below Spruce MATINEE DAILY Barbara Castleton and Irving Cummings in "IN THE HEART OF A GIR!"	RUBY MARKET ST. BELOW TT 10 A. M. to 11:16 F VIVIAN MARTIN IN VIVETTE
	GREAT NORTHERN Broad St. at Erio ENID BENNETT 7.7 & 9 P. M.	SAVOY 1211 MARKET STREET 8 A. M. TO MIDNI PECGY HYLAND IN "OTHER MEN'S DAUGHTERS
	IMPERIAL GOTH & WALNUT STS. Mats. 2:30. Evgs. 7 & 9. MARY PICKFORD	STANLEY MARKET ABOVE 10 11:15 A. M. to 11:15 MAR MARSH in "ALL WOMEN"
My "Come Again" Sunday Supper	LEADER 41ST & LANCANTER AVE. Matimee Daily VIVIAN MARTIN In "VIVETTE"	VICTORIA MARKET ST. AB. DOUGLAS FAIRBANKS
	T H E A	TRE
In the old days L would have called it meat load. Ton know-a couple of parate of Snely chopped lean been and one of chopped pork-sea- soned and baked in a builtered bread pan, molded around three or four hard-boiled eggs, laid end to end. But we don't call it meat loaf any more. You see, we add to the sea- soning a good two tablespoonfuls of A1 Sauce-and that makes all the difference in the world, turning, "meat loaf" into what we call our "come again" Sunday supper. It's delicious hot-and even better cold. Jim doesn't know it of course, but most of my pottle of A1 Sauce. I call it my miracle worker !-Adv.	THE UNITED EXHIB BELMONT 52D ABOVE MARKET TO DAY FLORIA SWANNON, "Station of Content" and CHARLIE CHAPLIN The Woman"	
	Stuart Blackton in "Missing"	Set Marguerite Fisher, "The Square I LOCUST \$2D AND LOCUST STREES "Ass, 130, 233, 5048, day
	COLISEUM Market BL. Soth & Goth LINA CAVALIERI In "LOVE"B	Douglas Fairbanks in "Bay! Young Fe
	COLONIAL Gts. & Maplewood Aves. 2:15 and 8:15 R.M.	NIXON 52D BELOW MARKET ST Taylor Holmes in "Ruggies of Red
	EUREKA 40TH, MARKET ATS. Dolly Sisters A MILLION.	THIS PROGRAM APPEA IN MORNING AND EVEN PUBLIC LEDGER

Re-enforcing a fine silk stocking where the carter catches with a sumary of old stocking will lengthen the life of it.

International distribution of the source of t

The fur coatee such as is seen the sketch is to be the last word in furs this fall and winter. This particular one is of moleskin; it is described in the fashion talk