

THE HIGHWAYS AND BYWAYS OF WOMEN'S INTERESTS—NEW KNITTING BAGS—RECIPES

WHEN A MAN CAN'T GIVE WHAT SHE'S BEEN USED TO

This Is the Stumbling Block in the Way of Thousands of Happy Marriages—Many Times It Flourishes in the Mind of the Young Lady's Mother

SO MUCH is said about the match-making mother—the mother who comes down to the parlor to unfold the social triumphs of her daughter while her daughter is upstairs putting a final dab of powder on her nose—that it is interesting to study the other extreme of this type of parent. She does not come downstairs to tell Anna Marie's devoirs. She does not urge on the young man from the bank second plate of strawberries with the fond hope that he will grow to like the family and come early and often to call on Anna Marie.

You see, the other type of mother has never seen a man who is good enough for the child of her heart. It is love that makes her criticize the young fellow she has picked out through the lace curtains in the second-story front and she and Anna Marie go out for their first Sunday afternoon walk in the park. She says that the Thursday night caller, "Well, you might as well get that out of your head, Anna Marie, that you're going to have anything to do with him?" I have often wondered.

Recently a letter came to the Women's Page telling of a girl who had been having callers for five years and who had yet to display one that had proved to her mother's liking. IT MAY be love. Sometimes one can't agree with but can at least realize the viewpoint of the mother. She and the man she married have no doubt shared for years to give their daughter the position she now occupies. Most of the young men who come to call on her have far less to offer in the world's goods than they have. This, unfortunately, convinces that a "young man" must start where her parents leave off. It is the one standard by which a mother of this

The Red Cross

Why is there an urgent need for nurses now? There is a demand from the army and navy for 5000 more nurses at once for overseas service. Only 10,000 Red Cross nurses are now with the army and navy nurse corps; the Government has asked the Red Cross to supply at least 25,000. Hence the immediate call to the colors of every graduate nurse in the country for either home or foreign service.

What are the qualifications necessary in the Red Cross nursing service? That a nurse be a graduate from an accredited school. That she be more than twenty-one years of age. That she be physically fit. The upper age limit is left indefinite, and is entirely dependent on the physical examination.

ITALY RIPE FOR SUFFRAGE

The time is ripe for the establishment of equal suffrage in Italy, according to a dispatch from Rome. The Women's Citizens' League has completely vanquished, and that a large majority who had formerly opposed such a measure are now being counted among its warmest supporters. Premier Orlando, a prominent convert to the cause, has introduced into the Italian Parliament, according to report, an official announcement to the effect that the Government would support any bill granting to women the right to vote, and that any further attempt to deny them the right to a more direct participation in the political life of the country would be futile and, perhaps, unwelcome. Attention to the part women are taking in industry the Premier stated. "Women are affected by the economic conditions of the country and are equally interested in their solution. They have given to war as much as we have given, and I believe the time is here for granting them the right to vote."

GIRLS DEVOTE SPARE HOURS TO FARMING



These four girls are employees of the Philadelphia Electric Company, but devote a large part of their leisure time to farming a tract at Kelly's lane and West Chester pike. Left to right: Miss Beatrice Wineland, Miss Ethel Hannis, Miss Marjorie Allen, Miss Marie McGonigal.

FRUIT BUTTERS EASY TO MAKE; TRY THEM

No Windfalls Should Be Allowed to Go to Waste. Good With Cereals

Save the sound parts. Fruit butters make the good in inferior fruit. Make them from sound portions of windfalls, wormy and bruised apples, peaches, pears and plums without sugar. They make the way breads go down easily. No tree fruits should be allowed to go to waste when it is possible to make a good use of them. Fruit butters which go well with plain cereals and are particularly useful as a spread for bread. Only fruit of good quality should be used, but size is not important. The sound part of a bruised or injured piece of fruit makes a good product. The following recipes for fruit butters are given.

Peach Butter

Put the peaches in a wire basket and dip in boiling water for a few seconds until the skin slips—test by raising peaches out of water and rubbing the skin with fingers. Then cut into cold water and peel and pit the fruit. Well-ripened freestone varieties are best. Mash the pulp and cook in its own juice until one-half through a colander or coarse wire sieve to make a butter of the texture. To measure of sugar and cook slowly and stir frequently until the product is of the desired thickness. Various syrups of lovely colors, which are very smart addition to a boardable costume, and would be of real use in country walks. The price is \$5.

Plum Butter

Wash the plums and place them in a preserving kettle with water enough barely to cover, and cook until soft. Then put them through a colander or coarse wire sieve to remove the seeds and skins, and to each measure of pulp add three-fourths measure of sugar and cook slowly and stir frequently until the product is of the desired thickness. Various syrups of lovely colors, which are very smart addition to a boardable costume, and would be of real use in country walks. The price is \$5.

Maple Icing

Two cups maple or corn syrup, one egg white, two tablespoons shortening, one-half cup sugar, one-half cup milk, one-half cup cream, one-half cup butter, one-half cup flour, one-half cup salt.

Alice Kent and the Day's Work

The Story of a Business Girl Who Would Not Fail

CHAPTER LIII WHEN I entered Professor Freeland's office at the close of school that afternoon, for a wonder nobody was there and until the principal appeared I kept turning over in my mind what I meant to say to him, especially the opening sentence, "But, what a wonderful day!" I had heard somewhere that a difficult undertaking is half done when it is well begun; accordingly, in the hope of bringing the interview quickly to a successful end, I was eager to make exactly the right start. But when Professor Freeland, after having been waylaid, he said, half a dozen times, finally walked in, crossed over to the long table which he had just showed many ink spots, seated himself in a big armchair, smiled at me and said, "Now, Alice, what is it?" I was so confused that I started out with something I had never thought of putting in that form till then. "Professor Freeland, do you think I could teach school?"

French Wartime Recipes

Spinach a la Reine. Three and one-half tablespoons butter substitute. One-half cup spinach, chopped. One-half cup potatoes, boiled and chopped. One-half cup milk. One-half cup flour. One-half cup salt. Cook the onion in the butter substitute, add spinach and fry quickly. Add the potatoes, milk and flour. Season with salt and pepper; add grated cheese, and when it starts to boil remove from fire and add bread crumbs. Bake ten minutes. This fish also may be served in shells.

Salmon a la Moray

Four potatoes. Two cupfuls boiled salmon or one can salmon. One cupful white sauce. Mash the potatoes and mix a greased baking-dish with them. Add the cheese to the white sauce and pour half of the potatoes. Add the fish and cover it with white sauce and buttered bread crumbs. Bake the fish in the oven for twenty minutes. This fish also may be served in shells.

Mackerel au Gratin

Two fresh mackerels. Two shallots. Two tablespoonfuls chopped parsley. One-half cupful buttered bread crumbs. One teaspoonful vinegar. Bake the mackerels and put in a moderate oven for twenty minutes. Remove the mackerels; replace them in the dish and add the shallots, parsley and bread crumbs. Bake ten minutes, and then add the vinegar and serve immediately.—Delicatessen.

Girls Sell Peanuts

High School girls at Johnston, Pa., sold peanuts on the streets to send a delegate to the war work conference of the W. C. A. at Canton, Pa.

What Jim Calls "Camouflage Sauce"

Maybe it's creamed chicken, or croquettes, or asparagus—perhaps it's creamed mushrooms—but Jim says if it's smiling up at him under the hat, it's camouflage sauce. It's GOOD, of course, it's healthy, it's white, and I know—but the secret is that it is I add about half a tablespoonful of A1 Sauce—my miracle worker. And unless the flavor of the dish itself turns it into an ethereal Frenchy creation with piquancy plus!

Ask Florence Rose

If you want her own personal advice on materials, colors and styles suitable for you, address Miss Rose, in care of the Evening Public Ledger's women's page. Send self-addressed, stamped envelope your questions. All inquiries are answered by mail.

WOMEN NEED NOT SACRIFICE ART FOR ECONOMY IN DRESS

Mrs. Bertha Holley, New York, Leads Crusade Against "Twin Foes of Tastelessness and Extravagance" and Designs Novel "Wardrobe"

PHILADELPHIA women who permit their thoughts to stray occasionally from domestic duties to the chronic interest of clothes may give these thoughts a thoroughly patriotic twist by considering the subtlest artistry in dress allied with the shrewdest economy. Mrs. Bertha Holley, of New York, is leading a crusade against the twin foes of tastelessness and extravagance, which she says are, as a rule, inseparable. Mrs. Holley bases her plea for beauty in dress on the assertion that, while "beauty has its cost, it alone of all things retains its worth forever."

"A beautiful dress," continues Mrs. Holley, "could not be a useless dress, a dress too elaborate for actual wear, for in this day we all realize that real beauty is synonymous with complete service. The most harmonious lines for a dress are usually the lines that give speed and usefulness." Then Mrs. Holley outlines her plan of a garment which combines the most exquisite qualities of color, texture and design with genuine economy. It is the first place, this garment, or "wardrobe"—which, in fact, it is—superior to the ruthless extravagance of fashion; the tyranny of fashion—the rigid pattern molding every type and temperament and condition of womanhood to the same convention, suppressing the personal variations which throughout nature compose the very essence of beauty and charm. "Fashion is the deadly enemy to the economy," says Mrs. Holley, and she

Dusk in the Garden

The stillness made of azure And veiled with lavender. Must be my daylight garden Where all the pigeons were! Blue dusk upon my eyelids. Your elfin whims disclose The moth that is a flower. The wings that are a rose. Make haste, exalt your sweetness. For you must vanish soon: The garden will forget you. At rising of the moon.

Success in Canning

Success in canning depends upon: First. Fresh fruit and vegetables. Second. Perfect fruit and vegetables. Third. Good jar bands—Good Luck Bull Dog. Fourth. Airtight lids. Fifth. All water must be boiling violently. Sixth. Time must be accurate in the cooking in the jars. Dry all foods which cannot be canned at 150 degrees F. Treat with soda cracker closed in the jar of dry food. It should stay crisp. If it becomes limp, dry the food over a fire. Dry food is leathery, not crisp. Soak all dried foods at least six hours before using. Mrs. Marion Condit, in which they were soaked, in order to retain all the valuable mineral salts. Keep dry foods in jars that would not do for canning or in empty can with removable tops, which have been boiled in washing soda and water to remove any strong odor. Every ounce of food which a woman conserves releases a corresponding amount for the woman who has no the opportunity to store away food.

Women Cooks in the Army Service

It is the avowed policy of the surgeon general's office of the army medical department to release men as far as possible by employing women in the service. No general communitarian has been made for the employment of women in hospitals of cantonments upon the official recommendation of the commanding officer of a cantonment and the statement that he can procure trained women. Living quarters arranged in the accommodation of such employes. Because of the special mess, unlike any other in the army, the French dragoon camps here in the United States to such camps is now being considered.

Summertime Salads

Tomato Jelly Salad. One quart tomato juice, one teaspoonful of salt, one of sugar, half of pepper, a little cayenne pepper, one tablespoonful of chopped onions, ten whole cloves; simmer for fifteen minutes. Have soaked in cold water ten tablespoonfuls gelatin; add a dash of paprika and add to the tomato; strain in small cups or molds. When it begins to set, add a few slices of hard-boiled eggs and some sliced olives to decorate. Garnish with lettuce leaves with mayonnaise dressing.

Help Your Skin

Help Your Hair. Help Your Cuticle. Wash with a fork collared. Slowly drip into it enough ready-made French dressing to make thick as such hot custard. Keep stirring all the time. You can flavor with a little onion in the French dressing. Add a few drops of lemon juice, celery, parsley, and many other salads. Garnish with olives or anything else at hand for company—hard-boiled egg, etc. Keep it pretty thick.

Beautiful your hair by the new method

That dandruff that eventually means goodbye to hair can be done away with. Get a bottle of Wildroot from any good druggist. Apply it according to directions and dandruff will go or we will refund your money.

WILDROOT THE GUARANTEED HAIR TONIC

You will never know how beautiful your hair really is until you try this: Moisten a piece of cloth with Wildroot, then take a strand of hair at a time and pass the moistened cloth over the strand from scalp clear to the end. Repeat till you have gone over all your hair. Then look in your glass. Wildroot is for sale by all good drug stores, and all good barber shops. Applications may also be had at any first class hair-dressing parlor. Always sold under our unconditional guarantee that it will do what we say or your money will be refunded. WILDROOT CHEMICAL COMPANY BUFFALO, N. Y. Wildroot Shampoo Soap, when used in connection with Wildroot, will hasten the treatment.

Please Tell Me What to Do

By CYNTHIA

Cynthia is a real woman who knows and understands girls. In this department she answers to the girls the intimate problems, somewhat easier to confide in a letter than in any other way. If you are worried or perplexed write to "Cynthia," in care of the Women's Page, Evening Public Ledger.

Depends on Size

Dear Cynthia—Will you kindly publish in your valuable column a little of the trouble I should wear her hair up or not? Will you tell me how I can wear my hair and still be able to do it? R. W.

If you are tall it would be well to put your hair up. That is, arrange it in a low, soft coil at the back of the head above the nape of the neck and in front part it on one side, or wear it curly let it fall about the face. If you are small—about five feet one or two inches—wear your hair caught back at the nape of the neck with a little curl at the ends. If you are of average height, let the long hair fall down your back. Arrange about your face as you would if you put it up.

Nervous With the Girls

Dear Cynthia—About a week ago I met a young lady and when I got introduced to a young lady I saw a girl who would like you to tell me what I could do for her. She is a young lady and she asked me what I was thinking about. I told her I was thinking about her. Please tell me what I can do.

Don't Ask Intentions

Dear Cynthia—About a week ago I met a girl through a friend of mine. He had him to the house. After that he was quite a lot of time with me. Sometimes he always brought me things to eat. In fact, he didn't seem to be interested in me. Several times he gave me to understand that he didn't want to be introduced to me. I saw him with a week ago Saturday and he said he was going to be introduced to me. He said he was going to be introduced to me. He said he was going to be introduced to me.

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper, only and signed with the name of the writer. Answers will be given like those given below are invited. If you understand that the editor does not necessarily endorse the contents of the letters, all communications for this department should be sent to the Women's Exchange, Evening Public Ledger, Philadelphia, Pa.

YESTERDAY'S ANSWERS

1. Mrs. M. E. Holland was one of the first persons in America to invent the printing press for government officials. 2. The woman's royal naval service is a woman's unit in Great Britain. It was first organized in 1917. 3. Daniel Beard was the founder of the Boy Scout movement here in America. 4. When the yolk of an egg is left over after cooking, it can be used in a variety of ways. 5. When home-baked beans are served, the small family left-over ones are not so good as the ones that are just made. 6. A home-made rack for the bottom of the washbowl is used for draining. It can be made by putting a wire mesh of coarse window wire in the bottom of a wooden tub and fastening it with blocks of wood underneath support.

Wants Larger Ankles

Dear Madam—I am coming to you for advice in solving my problem that is troubling me very much. I have a pair of ankles that are very large. I would like to know if there is any way to make them smaller. I would also like to know if there is any way to make them smaller. I would also like to know if there is any way to make them smaller.

Four Little Kittens for Someone

Dear Madam—As you have so kindly found time to write me, I would like to tell you that I have a number of plays that I have written. I would like to know if you would like to see them. I would also like to know if you would like to see them. I would also like to know if you would like to see them.

Ambitious Youth Wants Start

Dear Madam—I am interested in a certain young man who is seventeen years of age. He is a very ambitious young man and he wants to start a business. I would like to know if you would like to see him. I would also like to know if you would like to see him. I would also like to know if you would like to see him.