VIDING MEALS WITH OUR ALLIES-CYNTHIA'S COLUMN-HERE AND THERE IN THE SHOPS

SOME OF US LIKE TO TALK ABOUT TRAINS AND BOATS

Those Who Have Traveled Most Keep Quiet About It. A Woman Who Steered the Conversation to Dear Old Europe for the Good of a Crowd

one thing-that Carrie has versation.

And this is the way Carrie trav-Not that traveling by roundticket isn't a very good way to around. Goodness knows it's bet-

station agent that doesn't speak But wait—Carrie's travel pictures are different. They are brief, but they dazzle and awe you * * * !! the ocean six times, not counting that flashes across your mind that Carrie has spent years and years flitting around Europe. If you'are very brave, you dare to say you once took a round to be place your self. But mostly you keep quiet, sahamed of your little ten thousand-mile jaunt.

TT IS well for the little Carries in

comes by the thousands in every traveled. wants to let other people an

has traveled. In man cars or staterooms, or storms on the English Channel.

I had an amusing experience recently. We were sitting around a luncheon table—several women who knew each other very well, and then the constant of the new ones who steered the constant of the new ones. It was one Babies More Likely to Die Than Sol-

were bought in London and from that time on Carrie and her mother and father and her little sister lived according to the ticket; that is, if the ticket said Florence was the next stop in Italy after Rome, Florence it and some listened attentively and were was. And this is the way Carrie tray.

As we stood on the corner waiting the good old everyday trolley to take us home, we found out the than getting all mixed up with following: One of the women at the table had

been around the world once, across the ocean six times, not counting that

AVE you ever met Carrie, Sue attitude of people who have really me In our broad land. She is the tinually talking about it? If there is last? who wants to let other people an honest-to-goodness conversation You a we have traveled. Sometimes going on about far-away places, a ser have guessed it? I said to myself. Side satin and the bow at the center have guessed it? I said to myself. Side satin and the bow at the center have guessed it? I said to myself. Side satin and the bow at the center have guessed it? I said to myself. Side satin and the bow at the center have guessed it? I said to myself. Side satin and the bow at the center have guessed it? I said to myself. Side satin and the bow at the center have guessed it? I said to myself. Side satin and the bow at the center have guessed it? I said to myself. Side satin and the bow at the center have guessed it? I said to myself. Side satin and the bow at the center have guessed it? I said to myself. Side satin and the bow at the center have guessed it? I said to myself. Side satin and the bow at the center have guessed it? I said to myself. Side satin and the bow at the center have guessed it? I said to myself. Side satin and the bow at the center have guessed it? I said to myself. Side satin and the bow at the center have guessed it? I said to myself. Side satin and the bow at the center have guessed it? I said to myself. Side satin and the bow at the center have guessed it? I said to myself. Side satin and the bow at the center have guessed it? I said to myself. Side satin and the bow at the center have guessed it? I said to myself. Side satin and the bow at the center have guessed it? I said to myself. Side satin and the bow at the center have guessed it? I said to myself. Side satin and the bow at the center have guessed it? I said to myself. Side satin and the bow at the center have guessed it? I said to myself. Side satin and the bow at the center have guessed it? I said to myself. Side satin and the bow at the center have guessed it? I said to myself. Side satin and the bow at the center have guessed it? I said to myself. Side satin and the bow at the center have guessed it. it isn't Europe she has on her brain, seasoned traveler is only too happy Like as not it's California or Flor- to join in and exchange experiences. Like as not it's California or Flor- to join in allo exceed know her for ida. But no matter how the conver But otherwise you could know her for out

Alice Kent and the Day's Work The Story of a Business Girl Who Would Not Fail By MARTHA KEELER

DINNER was a less Joyous meal than the occasion warranted, according to Richard's reckoning. If the young man surprised his father also surprised him by voicing his displeasure that a son of his should be so foolish as to think of getting married at the age of twentysetting married at the age of twentyone. "How do you expect to live?" he
demanded in the presence of us all; and
I for one heartily wished myself elsewhere.
"That we will discuss, sir. at some other time." Dick answered him. "Sunday is a day of rest."
"When a man has a wife and form."
"When a man has a wife and form."
"When a man has a wife and form."

"Dear me" she said, "aren't you just Before the war the little friend I crazy for the war to be over so we a trying to tell you about went to can all run across to dear old Europe urope on a three months' tour, again? It's going to be sad though sound-trip tickets for the continent don't you think? I mean those won Round-trip tickets for the continent don't you think? I mean those won-were bought in London and from that derful old cathedral towns. Dear me,

"Oh, what was the use?" she said. "Quite proper that the professor should

To is well for the little Carries in kindness."

The world to know that this is the attitude of papers who had been attituded of papers at the papers who had been attituded of papers at the papers who had been attituded of papers at the papers who had been attituded of papers at the p

How I liked the "protected" feeling I had when we started out together.

It could not be true that he is mean.

The professor came. How I liked flash of his white teeth when he sm

Forget Me Not

murmured all the night its plaint

Its tiny face was wet with tears,

A sunbeam smiled; embraced i

Stephen Moylan Bird, in Contem

diers It is safer to be a soldier in the trenches than a baby in a cradle, ac-cording to figures quoted by the women's auxiliary committee, Minnesota Commis-tion of Public Safety, Council of Na-

wal Defense. While the death rate of men in the

Hunting a Husband

By MARY DOUGLAS

(Copyright)

CHAPTER NCHI

Disillusionment

I heard Aunt Emily saying to mother

You are to have your desire

Your year has not been wasted?

When rosy came the day;

And kissed the tears away.

porary Yerse.

At sunset wept a little bloom

That Pan forgot to kiss;

To be denied such bliss.

Play's Work

I Who Would Not Fail

KEELER

Ledger Commany.

"All right," she agreed. Richard too, oncurred, only bidding me be suick One of my friend's beauties was a Cone of my friend's beauties we had gone away, it began to detect an in care of the Eventual decay my friend's beauties we make the rain and the my friend's beauties we had gone away, it began to detect annot be a cannot be a cannot be a cone of my friend's beauties we make the my friend's

was standing in our way. The professor curtly said, "No" to the driver. So we walked up the street. The drops were

I could not dry my soaked clothes. Nor could the maid do more than wine up the little pools of water that ran off me. The party was spoiled. Why. I would

That we will discuss, sir, at some other time." Dick answered him. "Sunday is a day of rest."

"When a man has a wife and family to support." Carruth senior retorted frowning across the table at his son, week. Especially on the farm." The sound is thigh up to her head and leave the sound not strain. I begged to be allowed to comb weeks and not live on a farm." The hiart to suit myself; in a sweet spill of resignation, she but herself into my worst. Then I prophesy you'll end in the poorhouse," said the head of the family. The Carruth have been farmers from any back."

And its light time to change." Dick makes family begin to the strain of the family of

THE WOMAN'S EXCHANGE

TODAY'S INQUIRIES 1. Can women take their training as nurses in military hospitals?

What novel neck effect is seen on the

ben there is no ice, what will keep the

Dear Madam—I am a man Do sou care to answer me? I hope you will. I am a man of Jugo-Slav nationality. If you have seen heard of such nationality. If you have seen heard of such nationality. I have been outside the United States within said time; have never dreamed to go back to my native country for many good reasons. I nave been loyal to the United States. When the first call came to buy Liberty Bonds i hought them and gave to the fund of the Ad Cross, then bought of the second base of Liberty Bonds and third ones and gave to the Var Chest. But even then I did not be War Chest. But even then I did not feel that this was enough for me to do to help win the war.

I jet my job to take up Government to so your letter very well, although sometimes the word were just a little mission. I have the search to be computed to not of it tells me you want to fight for course, you understand that it is necessary for Uncle Sam to be strict about making to be observed. Otherwise citizenship in this fine, big country that you have to halp win the war.

If you love the young lady and the young lady loves you there is no reason.

YESTERDAY'S ANSWERS

4. A burian corner is a corner of the room set off for the children. The lower part of the wall is lined with burian, which is fastened with thumb tacks. The little ones then pin their favorite pictures to the burian.

little beaded powder puff is a novelty strongly gaining in favor.

n some occasions it is correct to wear law white sports shoes with a dressy organdle frock. They could be worn promenading at a resort, for instance, but would not be appropriate to wear to a formal tea.

Broken phonograph records can be used to wax an iron.

Deve Madam—I can a max De year care man of Appendix mellorality. If you have man of Appendix mellorality, if you have man of Appendix mellorality, if you have man of Appendix mellorality, if you have many of the mellorality and the mellorality of the property of the pro

6. Make currant jelly sauce for serving with lamb, etc., by adding a fourth of a cupful of currant jelly and a teaspoonful of leman juice to a cupful of brown sauce.

A Co-Ed Vacation

Fringe Has Come to Stay

A Daily Fashion Talk by Florence Rose A VERY short time ago I mentioned to you that fringe was being used to decorate many of the new frocks. Since that time word has been received from Paris that the fall models, which the conturiers are now preparing for the inspection of American buyers, are extravagantly trimmed with fringe, so one who may be hesitating on the advisability of using fringe on her new frock may feel quite assured that not only is fringe good at present, but it will remain in fash on for some time to come. The use of fringe is not confined to frocks, but is also used on capes and even on hats. One might suppose that quite the stubby sort of fringe would be the kind which trims the hats but while

the narrow width is popular for hats and edgings of veils, the milliners have found a remarkable number of designs that are enhanced by the suse of wider widths of fringe. For the woman who is looking for an appropriate frock for afternoon wear and one which may be utilized for in-formal dinners, she will find the model which the artist has sketched today a very practical affair; besides, it ex-emplifies one of the ways of using silk fringe. In this instance the fringe no only finishes the apron tunic of besded georgette crepe, but forms a trimming PROFESSOR COE invited me to din-at the end of the eatin sash as well. The front and back of the bodice are beaded to correspond with the tunic. I ner with him. We are to go to It is the first time he has asked The sleeve and under-arm sections of

> To many women the interesting feature is that the dress may be purchased dark colorings. Worn with this frock is a hat of navy blue georgette crepe. The slight roll on the left side of the brim is faced with blue satin and the bow at the center Convright, 1918, by Florence Rose

the bodice are of the plain georgette

he srah end.

The draped girdle is of satin matching

Ask Florence Rose

if you want to know where the costume sketched in today's dress talk can be sourced. Write to Miss Rose if you want her own personal advice on materials, clore and styles suitable for you PATTERNS CANNOT BE SUPPLIED. Address Miss Rose, in care of the Eventual Final Labranes woman's page. Send self-addressed stamped envelope for reply as all inquiries are answered by path.



Fashion assures us fringe is not only good now, but will be good for a long time to come. In this little frock fringe finishes the apron tunic of beaded georgette crepe and trims the satin sash, too. The front and back of the bodice are beaded to match the tunic. The hat worn with this frock is of navy georgette crepe with under brim facing of blue satin. Dark green wooden beads circle the top of the



To the Editor of Woman's Page:

Dear Madam Can a young man have space for his views in the columns of your page which he has very often enjoyed reading? What chance has a young fellow making \$20 or \$25 a week to win a spire who are willing to enjoy very simple enjoyments on them, but it seems to me they are only willing to enjoy simple enjoyments until source fellow comes along who has more to offer. The average young fellow pays board at home and then be has to buy clother and pay other expenses. This description is two states of the treated man there who was much for the fellow comes along who has more to offer. The average young fellow pays board at home and then be has to buy clothers and pay other expenses. This description of the fellow comes along who has more to offer. He treated man there who was not to see the fellow comes along the page to the page to

save enough of the world's

To the Editor of Woman's Page:

walked beside me, saying in suppressed tones. "Exorbitant, outrageous."
Outside the rain had stopped. Only a drizzle. We made our way to the car. I was silent. I could not reply to the professor's sallies.

I reached home. Mother said. "Did you have a good time." I just nodded my have a good time." I just nodded my have a good time." I just nodded my have a good time. The girls always seem to have a good time. The girls always seem to have a good time. The girls always seem to have a good time. The girls always seem to have a good time. The girls always seem to have a good time. The girls always seem to have a good time when I take them to the movies hus form. The girls always seem to have a good time. The girls always seem to have a good time when I take them to the movies hus for some taking it flew he was bowing over my hand to shake hands. The first hope in the good time when I take them to the movies have a good time. The girls always seem to have a good time. The girls always seem to have a good time, the girls always seem to have a good time. The girls always seem to have a good time when I take them to the movies have a good time. The girls always seem to have a good time. The girls always seem to have a good time. The girls always seem to have a good time. The girls always seem to have a good time when I take them to the movies have a good time. The girls always seem to have a good time. The girls always seem to have a good time. The girls always seem to have a good time. The girls always seem to have a good time. The girls always seem to have a good time. The girls always seem to have a good time. The girls always seem to have a good time. The girls always seem to have a good time. The girls always seem to have a good time. The girls always seem to have a good time. The girls always seem to have a good time. The girls always seem to have a good time. The girls always seem to have a good time. The girls always seem to have a good time. The girls always seem to have a good time to girl knew to girls the

To the Editor of Woman's Page: Dear Madam—I am so worried. I have promised to marry within the next two weeks a man I have known a long time, and I fear I do not love him. When I am with him I do not worry, but when I do not see him I keep thinking that I may be making a mistake. What shall I do?

Lear Madam—Do you think it proper for a burch of girls to go off to a hotel for their vacation and to have the boys they go with the same hotel? I know some girls all right and that nobody thought anything at all about it at the hotel.

Why can't the boys stay at another hotel in the same town? Unless there is a chaperon with the girls it isn't the thing for the boys to come and stay for the week-end at the same hotel where the girls are staying. This view may seem old-fashioned, for I too know that many hold the opinion the girls you speak of hold. But many good, sound, sensible

New Food Conservation Bulletin Food-conserving methods tested and proved reliable by Government specialists have been compiled in Farmers' Bulletin 839. United States Department of Agriculture, and upon request will be sent free to housewives.

be sent free to housewives.

According to the Department of Agriculture more vegetables than ever before are expected this year and in every home the surplus should be conserved. Every quart saved will cut family expenses and increase America's food supplies, consequently every housewife who has a garden is urged to make it last all winter, on the canning shelves, or if she hasn't the garden she should get ready to can the surplus of those who have.

When We Come Back From the Theatre

Jim's job has not quite reached the

point yet where he can afford aftertheatre suppers, and the other night. when we struck our little house. I just gave him a surprise. Before we went out I had made some cheese sandwiches, with both the bread and the cheese cut thin. They would have been good, anyway, because I had flavored the cheese with a few drops of Al Sauce, and you know what that means. It isn't a Worcestershire, you know-I call it my "miracle worker." But, instead of serving them cold, I toasted them under the hot flame, turning them often, so that the cheese melted and ran down into the bread. Jim had four, and would have eaten mine. too, but he is still a polite husband There is something about that Al Sauce which makes a kitchen a place

Adventures With a Purse

FOUND TODAY
1. Unusual opportunities in bathing

 A Jewel box for his attempt and cuff links.
 Little leather writing case to take to the beach.

MY. CAN'T you almost smell the sea breezes and see the sun gleaming on the warm, inviting sand these days:

And, of course, the minute you think of sand you immediately want to go right down in your bathing suit. Do you need new bathing shoes this year? If you do, stop in and see the display I saw today, light shoes in green or red, and laced the sand and sand with white, come at \$1. Trim sandals with ankle straps may be procured for sixty cents; while "exfords" in black sons in Philadelphia are invited.

Thursday afternoon a tea will be given from 3 to 6 in the clubrooms, to which all friends and all interested persons in Philadelphia are invited.

Hospital shirts made of outing flannel, are piled in heaps that look encouraging, for the welfare of the French wounded.

Fracture pillows were made of pieces. with white trimmings are only twentyfive cents.

mond street, is chairman of the auxiliary; Mrs. Thomas F. Durham, 4618
Spruce street, is vice chairman. The members working with these two and giving most of the daylight hours to fashioning c'othes for the needy French war sufferers are: Mrs. John T. Dec. Mrs. W. Lewis Cave, Mrs. William Goll. Mrs. W. Lewis Cave, Mrs. William Goll. Mrs. Thomas Jackson, Mrs. E. Shellen berger, Mrs. Robert Schofield, Mrs. John McCarthy, Mrs. R. Y. Filbert, Mrs. Work, "said Mrs. Marshail, commentings work," said Mrs. Marshail, commentings work, "said Mrs. Marshail, commentings work," said Mrs. Marshail, commentings work, "said Mrs. Marshail, commentings work," said Mrs. Marshail, commentings work, "said Mrs. Marshail, commentings work," said Mrs. Marshail, commentings work, "said Mrs. Marshail, commentings work," said Mrs. Marshail, commentings work, "said Mrs. Marshail, commentings work," said Mrs. Marshail, commentings work, "said Mrs. Marshail, commentings work," said Mrs. Marshail, commentings work, "said Mrs. Marshail, commentings work," said Mrs. Marshail, commentings work, "said Mrs. Marshail, commentings work," said Mrs. Marshail, commentings work, "said Mrs. Marshail, commentings work," said Mrs. Marshail, commentings work, "said Mrs. Marshail, commentings work," said Mrs. Marshail Taylor, the work of the auxiliary which should be work of the auxilia two compartments for buttons and cuff Mrs. Henry Tissell, Mrs. Clarence Lanlinks, and the lid is fitted with grooves dreth, Mrs. Harry Stewart, Mrs. Guy for his stick pins. It is the kind of case that should please any man, and the united is only fifty case.

And, of course, you want to give her something extra nice for graduation, even if you didn't think of it until the last moment. Why not get her a writing easy to get, the members of the auxiliary of the surface of th case? This is an unusual gift, one which probably no one else would think of. I flannels and other materials which consaw one today of green leather, lined fronted them on their introduction to with green moire silk. There is a compartment for a tablet, one for envelopes materials in the piece remain. and one for postoards. When folded its size is very convenient, and should parties and other benefits, one of which prove just the thing to carry down to the beach or off to the hammock under the trees, where those long-due letters are going to be written.

For the names of shops where articles mentioned in "Adventures With a Purse" can be purchased, address Editor of Woman's Page, EVENING PUBLIC LEDGER, OF Woman's Department, Walnut 3000.

A Day's Wheatless Program

For breakfast, serve corn muffins or nothing, neither money nor material.

For luncheon, serve barley bread or Observe Strict Economy rn dodgers. For dinner, serve oatmeal wafers or For dinner, serve oatmeal wafers or corn meal crisps with soup or salad. If a couple of extra vegetables are served, no bread is necessary with the main course. A good substitute is spoon bread, which can be made entirely from cornmeal without a particle of wheat flour admixture.

For thickening purposes use cornstarch, corn flour or potato, rice or barley flour,

More Vegetables

and Less Bread

more restricted. Other vegetables may also be used nore plentifully to make up for the lack of bread. A greater variety of vegetables should be served with meals where no bread is offered and the house-

wives should study their food values in terms of bread. The following list shows various vege-table portions, each one of which is equal in fuel value to two small slices of bread cut one-half inch thick:

1 dish lima beans.

1-3 cup of corn.

2 medium-sized on 3 rucumbers.
4 cups chopped celery.
18 oz. lettuce (more than 2 heads).
5 cups chopped cabbage.
11 should be remembered, however, that when other ingredients are served with these vegetables, they not alone add to the flavor but they add percentibly to the amount of food value. To add a few nuis and French dressing to cabbage, for instance, will doubt its food value. Therefore the same amount that served plain equals two half-inch slices of bread when treated in this way becomes equal to four one-half inch slices. cucumbers

In the case of scalloned onions, the addition of cream dressing doubles the fool value so that half a serving will furnish the same food value as is in two half-inch slices of bread, while tomatoes split open and covered with French dressing also require only half the amount as when served plain.

COMFORTS FOR WOUNDED MADE BY CLUB WOMEN

Quaker City Organization Will Give Tea at Hotel Walton Thursday to Celebrate Completion of First Shipment

THOUGH only a month old, the ors, who have assisted liberally in the

Mrs. William H. Marshall, 1525 Dia- of cloth too tiny to be utilized in any mond street, is chairman of the auxil- other way. Small cuttings little more

The auxiliary is subsidiary to the present organization at 73 Park avenue.

muslin having been used for undergar

Shipments to France will go direct from Philadelphia. The first will carry garments for wounded men in hospitals. for convalencents and needy members of their families at home.

It is a matter of pride to the women of the auxiliary that they have made all garments to be shipped and have wasted

Not a penny is expended except where absolutely essential. Quilts made of tailors' scraps are warm, comfortable and serviceable adjuncts for the beds of French wounded or their dependen families. These cost the auxiliary but thirty cents each, only the small extra fabrics which are combined with the

Mrs. Guy cut out and sewed into garments. and the stores of materials have been used. I feel almost as dazed by the lack of work to do. Most of our materials? are either made up and laid away here ready to be shown to our friends Thurs? day afternoon or are out among some of the workers who have taken them home. and will bring them back made up in a

few days. "At Pitman Grove Mrs. Edward Hallow well is in charge of an auxiliary to which we are sending three dozen hospital shirts, cut out and ready for the making. This work probably will not be finished? in time for our exhibition, but many? things will be. We want all Philadelhia to come to the Walton Thursday afternoon, be our guests for a cup of tea and see what we are sending to the French wounded."

Rely On Cuticura For Skin Troubles

HEMSTITCHING DONE WHILE YOU WAIT



It is significant that they deserve so well of the newest addition to Milady's luggage. Their style-lure is as potent to the unstinting as it is to the dis-

cerning woman who must take counsel from her purse. This model of La France Shoes, made in all leathers, all sizes, all widths. Tan, white, gray and black.



How can you tell if your baby is well?

TAS he a good appetite—a clear pink skin-bright, wideopen eyes—alert, springy muscles—a contented little face? Does he gain each week in weight - does he sleep quietly with eyes and mouth tightly closed?

If he hasn't all these things, something evidently is wrong with him and nine times in ten that something is his food. Your baby can't grow rosy and strong if he doesn't have the right food. Nurse your baby if you can. If you can't, give him Nestle's Food.

Don't give him raw cows' milk. Cows' milk needs a calf's four stomachs to digest it. "Cows' milk, as ordinarily marketed is unfit for human consumption," says the U.S. Government.

But there is something in cows' milk that is good for your baby, if that something is changed and purified so that it is as light, as satisfying and as pure as mother's milk itself. That is what is done for your baby in Nestle's Foodmade out of pure milk

> sugar added. It comes to you reduced to a powder in an air-tight can. You add only waterboil one minute-and it is ready with just the right amount of fats, proteids, and car-

bohydrates to make

your baby healthy.

with just the right

amounts of cereal and

Send the coupon or a postcard for a free trial package of 12 feedings and the 96page book about babies, by special-

ists. Doit for your baby's sake today.

Please send me FREE your

A Complete Milh Food

Book and Trial Package