OMEO MIGHT HAVE BORED HIS LOVED ONE. LATER ON—ODD TOYS FOR BABIES—LETTERS

WILD DASH FOR FREEDOM JULIET MIGHT HAVE MADE

Thirty-two Life Would Have Found Her Utterly Bored With Romeo—The Mental Liberty Leaps Every Married Woman Indulges in

IF JULIET had grown to be thirty-two, say, and safely married to Romeo or somebody else, would she ever have wanted to make a wild dash for freedom—from Romeo or somebody else?

William McFee, the seaman-author, raises this interesting possibility in his new novel, "Aliens."

"No marriage is happy," he makes his happily married young woman character say, "not in the sense you understand the term. Marriage suits some men and women more than others, but that isn't to say the people it suits are any the happier. In fact, it's often the other way. They're frightfully unhappy at times. Very few married women haven't been on the point of—of making a dash for freedom at some time or other; women you'd never accuse of a single rebellious thought all their born days."

And then this frank-spoken young woman goes back to Shakespeare.

"How old was Juliet—fourteen, wasn't she?" she asks suddenly.

"Well, there you are," she goes on. "At thirty-two the chances are that she would have had a storm, too."

DISCOURAGING, isn't it, for the engaged ones? And yet helpful because it's true. Juliet would without doubt have utterly wearied of Romeo's stock jokes if he insisted on telling them at every one of her dinner parties. She would have rebelled at sewing his sandals while he went romping off to the club. The storm might never have got any further than her handkerchief, but storm there would have been in Juliet's life if she were thirty-two?

Discouraging but true. This isn't to say that one has the right to see one's best friend across the street and suspect her of harboring a Pullman ticket for flight in her knitting bag. A wild dash for freedom is a very broad term. Sometimes, but not so often as you'd think, it's a leap for romance. Sometimes it's a reach for independence. Sometimes for rest and peace. But there's just one description that fits nearly every one of these dashes for the beyond. They are mental ones.

LIFE is in the main lived on the plains. There are the high, shining peaks always tempting some one to come explore them. But life as we live it is best suited to the plains. I think it is this thought that turns most of the wild dashes for freedom into mental leaps that flare up and then die quietly down, even as their rebellious entertainers go down to get the supper ready.

Life is exciting and ideal for just so long, regardless of station or vocation. After that it is just what men and women take firm resolve to make it.

ADVENTURES WITH A PURSE

A WEE FURNITURE SET SIX INCHES IN HEIGHT

It's Painted White and Pink Like Grown-Up Things—For a Good Little Girl!

IS THERE a greater pleasure in all this world than buying things to please our little folk? And could the reward when we have shown our baby a new toy or little trinket be greater than the sweet, happy little smile we receive, or that crowing laughter?

No wonder that many, many delightful minutes were spent in today's adventure among the display of children's things.

A quaint little set of furniture, including table and four chairs about six inches in height, all painted white, with delicately painted rosebuds and leaves, proved an irresistible temptation, particularly when the price proved to be only $1.

Then there was a very unusual sweater hanger, in the form of a large wooden ring. This is painted with black background and gay color designs of red, yellow and green. And in addition to being most artistic, it is also very useful, for the round form keeps the sweater shoulders in shape and prevents their becoming pointed.

And then do you remember when you used to knit horse reins on a spool? You probably robbed mother's sewing basket of the best cotton, but you had to have a spool. Think how happy your own little one would be made by the lovely "spool" of bright red wood, representing a little man with jolly face and impressive mustache. Small, blunt-pointed pins are already placed for the yarn to be twisted.

There is also an adorable little set of wicker furniture and a most bewildering display of small dolls, most of them in infants' dresses and snug bonnets.

You will most certainly want to see this little corner with its appealing children's things.

For the names of shops where articles mentioned in "Adventures With a Purse" can be purchased address Editor of Women's Page, Evening Public Ledger, or phone the Woman's Department, Walnut 3900.

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer. Special queries like those given below are invited. It is understood that the editor does not necessarily indorse the sentiment expressed. All communications for this department should be addressed as follows: THE WOMAN'S EXCHANGE, Evening Public Ledger, Philadelphia, Pa.

TODAY'S INQUIRIES

1. What original service flag does the summertime suggest?
2. How does England deprive herself of wheat in order to help America speed up her war program?
3. What are creches?
4. What is the very newest shape in cushions?
5. For summertime screens and cushions what material can be attractively substituted for cretonnes and the heavy linens?
6. What are Oliver Twist rompers?

SATURDAY'S ANSWERS

1. The Honorable P. P. Claxton is United States Commissioner of Education.
2. The arm band of the United States School Garden Army has a white ground with blue border and red stars separating the letters U. S. S. G. Three stars denote a captain, two a first lieutenant, one a second lieutenant and none a private.
3. Swiss reed porch furniture calls for two colors in the same piece. A very popular pattern is the interwoven red and white reed.
4. When closet room is scarce in the summertime cottage hang two curtains of cretonne on a door that is not used and put summer dresses on hangers between these.
5. An excess of soda should be guarded against in making the quick or hot breads, because this causes a yellow color in the bread and a less agreeable flavor.
6. In setting out seeds in the war garden observe a succession that will insure having fresh vegetables all summer. Make three or four different sowings of chard, with ten days or two weeks between each. Follow the same rule with carrots, onions, peas, rubbage, etc.

An Unusual Request

To the Editor of Woman's Page:

Dear Madam—I have had considerable experience in nursery governess work. Now, do you think I could get a position as nursery governess in a refined family, where my husband, who is employed, and child, four years old, could stay with me? I also teach piano and mandolin. I would like to do something to lessen our expenses. I also would like to know if it is a good idea to use lemon juice in the last water to rinse the hair in. INQUIRER.

I have never heard of a case like this where a husband and little one could both live where the nursery governess lived, but these are extraordinary times, when help is very hard to get. Why not advertise, telling the facts? That is the only real way you could find out whether any one would entertain such a proposition. I would also go direct to the Placement Bureau of the woman's committee of the Council of National Defense, at 1667 Walnut street, and state my qualifications there. They have calls for all types of women, and I have no doubt they could suggest some work that would help to cut down expenses. There is much need for women today.

Lemon juice in the rinse water dries hair somewhat, but it makes it brighter and is excellent for blondes.

Suggest Wedding Presents

To the Editor of Woman's Page:

Dear Madam—Kindly suggest some wedding presents for a bride to be married this week. Also will you tell me if it is proper for her to be married in church or at home?

A piece of silver or cut glass, an odd plate, a tea tray, a brass kettle, a percolator, a door stop or door knocker, an odd spoon, a silver frame; in fact, the jewelry in any jewelry store or china specialty department could give you ideas by the dozens.

As far as propriety goes, either house or church is correct for a wedding. If the contracting parties are Catholics they must be married in church unless one is too ill to go to church. If it is a mixed marriage, that is between a Protestant and Catholic, it must be at home or in the church rectory. If it is between two Protestants or two members of the Jewish religion the wedding may be performed in church or at home, whichever the contracting parties desire to be.

Your questions in regard to Mr. Fairchild will be answered in the column later in the week.

You Are Welcome

To the Editor of Woman's Page:

Dear Madam—I called on Mr. Headley, as suggested, and have written to several others at his suggestion. I thank you very much for your kindness. Mrs. Z. G.

I hope the little sick boy will pick up quickly in the fine, dry mountain air!

Very Small Kitty Is Homeless

To the Editor of Woman's Page:

Dear Madam—You have found homes for the kitties for me through your good offices again. I appeal to you with another problem.

I found night and night before a little [illegible] in my back yard. It strayed [illegible] somewhere, or more likely some [illegible] it to our neighborhood and abandoned it.

I am sorry for the unfortunate little [illegible] this morning I took it in and [illegible] with good clean soap and water, gave it some warm milk and it [illegible] to purr. It is just big enough to be out of a saucer. So, you see, it has [illegible] for mother. Its coat is a very [illegible] gray and white.

[illegible] to adopt it himself, but will [illegible] it up and suppose it is some [illegible] big enough to play on [illegible] Would like to place it with [illegible] the next few days. I thank [illegible]

Talk With Mother

To the Editor of Woman's Page:

Dear Madam—I know a young man who went with a girl three times and she always used to say that I only went with her because of him. He does not go with her now as she has married some one else. He has been taking me to the theatre and dances lately and has been very nice to me. My mother thinks I ought not to go with him but I like him very much. Do you think he cares for me, and is it proper for me to ask him when he leaves me, "When shall I see you again?"

He is much younger than I, but I would like very much to get him. I have been going with another young man, and the first one knows it and he always is sure to come to forget him and give him up. I would like your advice on the matter, for I am a steady reader of your column. DARK EYES.

It is not possible for an outsider to judge whether a man she has never seen cares for a girl she has never seen. From what you tell me I should think that he likes you. Otherwise he would not be going to take you out to the theatre and dances. But why does your mother think you should not go with him? She must have a good reason.

I often wonder why a girl does not follow her mother's advice more. She has been through it all and knows so well what is best for her daughter. It is always a pity for a woman to marry a man much younger unless the man is very unusual, old beyond his years and able to be the deciding influence in the household. Love to be solid must be founded on respect. Think about these things before you go any further with this affair. And talk with your mother about it.

There is no harm in saying, "When shall I see you again?" to a man one sees often.

Ants in the Refrigerator

To the Editor of Woman's Page:

Dear Madam—Can you please print in your column a way to get rid of ants? They act in peculiar fashion in our house. We have a refrigerator, new not very long ago, and it is here they choose to roost. They don't seem to be in any other part of the house. I have thoroughly scrubbed the refrigerator, but in spite of this they have returned. Can you suggest anything to get rid of them? READER.

There are extreme ways employed to get rid of ants, but, unfortunately, one could not use these methods in an ice-box. The most final way of getting rid of these little pests is to track them to their nest and destroy the nest with boiling water and chloride of lime. The ants may be nested in some obscure corner of the refrigerator. However, if you can't find the nest, the only thing to do is to drive them out of the ice-box and keep on driving until you get them out of the house. Sprinkling cayenne pepper all about inside the refrigerator will drive them out, and if you make a trap by wringing out a big sponge in sugar water you will catch all that are around and you can plunge this in boiling water and get rid of numbers that way. A piece of uncooked bacon also makes a trap. Sulphur sprinkled about and turpentine placed in a dish will rid a place of ants, but the odor of these makes them undesirable for an ice-box. The sponge should be frequently scrubbed with boiling water to boot.

GLORY OF WOMEN LIES IN SERVICE

EDITORIAL FOR WOMEN BY A WOMAN

By MRS. PAUL DENCKLA MILLS
Chairman Central City Section, Women's Liberty Loan Committee

THERE is a spirit that has risen in the hearts of American women since the war began to wash our own thresholds, since we began to send our gay, sturdy men across the water, since the war crept out of a black region of unreality like a nightmare, and we know that it is real. I think that the true spirit of service has come into the hearts of the women and most flowers into a perfection that will exist long after the memory of the battlefield has faded into legend.

I believe that the war has come with a great reason to American women, to hasten their development for many years. We have lived now in peace, prosperity and an idleness that varied with the temperament of the individual and the result has been a restlessness that has vented itself in talk and foibles, a thin film of bitterness in the hearts of some and a lust of fierce aggressiveness in the hearts and tongues of others. All others were forced into a sort of lethargy, and were drifting carelessly without feeling life either in joy or pain.

At the outbreak of the war in Europe, before we had gone in, we felt, perhaps, a wave of that longing to be of service, spasmodic and generous enough. American women went across to face the suffering in France and Belgium, and then more went over. They stayed; then they came back to urge others to serve and to save the children of other women in those far-off sister countries.

Now America has gone to war; it is our own men that slip off secretly to fight in some part of the world that we cannot even picture to ourselves. It is our own men that stand in the slime and blood in the trenches, and we women know that we must give everything that is in us for them; that every day we must make a greater sacrifice and so become full of the humility and the strength which is the soul of service.

I have seen the spirit in older women and in the girls and the little children, the real spirit, because it is unflagging, the enthusiasm grows warmer and deeper every day, it seems, and seems to ashine in the increasingly solemn sense of the fact that war has wrapped us about, and that we have to stand behind the men with the same sternness and resolution with which they have gone to fight.

Men believe that the qualities of tenderness, patience and quiet steadfastness are woman's qualities, even though in the individual cases they find the opposites time and time again; they are going to count on them.

In time the war will end and the world will be built again; it will be rebuilt on a basis of established ideals. Ideals that we have proved real because we fought for them. There will be no need to talk of the equality of the sexes, nor of the superiority of one over the other. Women will have learned that their great glory is in service and men will know, perhaps, that the progress of women, no matter into what fields it leads them, cannot alter the fundamental qualities of womanhood.

Ellen Dreyfus Mills

Their Own Things

Let the children have their own washing and towels; children delight in having their very own things, and the magic which is brought about by these simple actions, embroidered and labeled is wonderful. Even grimy handed boys have been known to relish their ablutions when accompanied with a washcloth crocheted around the edge with their favorite color, which is generally red, and marked in the corner with their name or initials. When the lessons are unhappily to also involve the use of the hold dearly to a washcloth which has his name worked on it. Indelible ink, but on his own peg, will mean much.

A Shepherd's Pie

Grease baking dish, cover bottom with mashed potatoes. Add layer of cooked minced meat or fish season well and mix with meat stock or gravy. Cover with mashed potatoes. Bake long enough to heat through, twenty to thirty minutes.

MOTHERS' PROBLEMS

For the Children's Year

By MARY L. READ, B. S.
Director of the School of Mothercraft War Service

Summer and Its Diseases

The careless mother is not disturbed about the dangers of summer and takes no thought about protecting the children, while the hysterical mother wastes her energy in worry instead of using her strength for safeguarding the children. The wise mother uses her mind in preventing danger and has the calmness of assurances because she has protected the children

Have you special problems with children? Send them to Miss Read, in care of the Evening Public Ledger. Write your questions distinctly on one side of the paper only. State age of the children in months and whether boys or girls.

WHEN the ostrich hears sounds of approaching danger it runs and buries its head in the sand so it cannot hear or see the danger. In some of the war-stricken districts when the peasants heard that the enemy was approaching they ran about hysterically, not knowing what to do, and doing worse than nothing. The world has seen those of another country saying "Peace, peace," when there is no peace. And it has seen other countries facing the danger frankly and applying the calmness of judgment, knowledge and organization to conquering a stubborn and powerful danger.

Summer has its special dangers for children. More young children die during the summer months than during the winter, and relatively few of these deaths are caused by infantile paralysis. The symptoms of that disease and the defects it leaves are more visibly apparent, but there are other diseases that take more lives and that also leave permanent injuries. Of the exact causes of infantile paralysis and the means by which it is spread the specialists are still uncertain.

Most of the dangerous summer diseases are infectious diseases. Infantile paralysis is one of them. So are measles and whooping cough and mumps. More children die from measles and whooping cough than from infantile paralysis. Ten times as many children die of summer diarrhea every summer as die of infantile paralysis, and the causes of the former are completely in our control, simply a matter of intelligent care and cleanliness.

Among children from five to twenty years of age there are several thousands of deaths every year from drowning and several hundred from burning to death, victims not of any cruel military operations, but of carelessness in playing on the water, not knowing how to swim, or the water, with mistakes of boyhood, disposition. Even these may be prevented and multitudes of children thereby relieved of discomfort.

Summer is a time of special dangers. But the control of these dangers and the protection of the children are within our power, and for this we need only to apply our intelligence, forethought and patient care in details.

QUESTIONS AND ANSWERS

At what age do you think children should be given pocket money? And what do you think the correct amount to give at this time and how should it be increased?

Are you ambitious to teach the child good economic principles? This can be done in part through a thoughtful, systematic plan regarding pocket money. Most children at two or three years know how to put pennies into a toy bank or a Sunday school collection basket or across a lollypop counter, and at six or seven years, with a little aid, how to keep account of what they have received and how they have disposed of it. Whatever the family income might allow, there is an economic and ethical limit—that is, the amount a child will use thoughtfully, not extravagantly, and that will not be a temptation to luxury or self-indulgence, an amount that will not satisfy all his desires, but keep him always with some sense of limitation of resources and of unsatisfied desires. The increase in amount would depend upon how carefully the child uses what he has. By eight or nine years of age a child might well be allowed a sum for school supplies, clothes, toilet articles, dental care, amusements and taught how to spend this and keep account of it.

I wonder if you would give me your opinion about kissing babies? I have a dear little two-year-old daughter that every one seems tempted to kiss. I do not like to seem fanatical and tell those I know best that such is not allowed in our house, but still I would put my foot down if I were sure it is really harmful. Mrs. A. D. K.

There is no harm in kissing, provided it is not on a spot that is likely to transfer some of the fifty-nine varieties of germs (some of them influenza, tuberculosis, diphtheria, etc.,) that every one is likely to be carrying in his mouth, to the mouth of the baby. It is only kissing the baby's face or hands that is dangerous. One mother had a way of telling her friends tactfully that they might kiss the strawberry patch on the back of the baby's neck.

(Ways of fortifying against the summer dangers will be discussed in an early article.)

"HELLO GIRLS" AT CAMP MEADE

Fifty-four girl telephone operators at Camp Meade have a big country club of their own up on a hill in the heart of the camp. They entertain extensively one another. To the right of them, to the left of them, there are soldiers, thousands of them, but between the girls and the soldiers there is a sturdy sentinel with his gun

PRETTY TELEPHONE GIRLS BEAULESS AND LONESOME

Fifty-four Heart-Breakers Isolated in Their Own Quarters at Camp Meade and Guarded From 30,000 Potential Cupids by Tireless Armed Sentry

IN THE center of an encampment of 30,000 soldiers, fifty-four pretty telephone operators are beauless at Camp Meade, Admiral, Md., despite the fact that not one of them is a manchater.

The girls are employed by the Chesapeake and Potomac Telephone Company. They are housed in a modern, comfortable home all their own. They entertain extensively one another. They talk daily to hundreds of men, but they never have any "dates."

The tramp, tramp, tramp, of a sentry constantly between them and the soldiers is somewhat dampening to the ardor of any chance uniformed Lothario.

No man has entered the operators' clubhouse since the girls were installed. The army says that none ever will as long as Camp Meade retains its telephone girls. It is the only case on record where Cupid has been beaten at his own game.

Vogue of Smocks Is Still Strong

A Daily Fashion Talk by Florence Rose

SOMEHOW it seems impossible to down the smock or its allies. Not that I have heard of any one making any strenuous efforts to annihilate the smock, but it is unusual that a garment of so plebeian an origin should have such a strong and lasting influence. For we all look back to the smock as a working costume, first worn by the peasants and later adopted by the artists when painting, and recently we have known of its being worn in the country, not always by the amateur gardener, for oftimes these modern smocks have been of too expensive material for a working garb, and oftimes intended only for playtime, when one wants to look quite fit.

However, the evolution and adaptations of the smock have been slow, which very likely is the reason for its success. When I first saw the frock illustrated today, the thought immediately came to me that the smock must have inspired the originator, and I am sure that you will think so, too.

It is a very unusual dress and very cleverly designed. I have shown the back, that you may get an accurate idea of its lines and construction. Impossible as it may seem, this is a one-piece frock and a slip-on. The smock or front is cut in one with the tab ends which you see at the back, and this slips on over the head.

The skirt, which is a two-piece affair, has a belt across the front and placket hole which may be opened, thus enabling one to jump into the smock and skirt together. The back is one piece from shoulder to hem. The facing on the lower part of the smock is attached to make pockets on each side.

Not only is this garment unusual in construction, but the blending of materials is also worthy of note. The skirt, smock and back of the dress are of good quality dark blue linen. The sleeves, rolling collar and sash ends are of plaid gingham. Novelty buttons ornament the front on either side and mark the beginning of the pockets, also finish the narrow cuff, which is of blue linen, and the tabs which hold the sash at the back.

Inquiries are solicited and may be addressed to this newspaper.

(Copyright, 1918, by Florence Rose.)

This is a very smart frock dress of dark blue linen and plaid gingham, the sleeves, collar and sash ends being of the gingham. It seems hard to believe, but the frock is a slip-on and one piece. The front or smock part is cut in one piece and so is the entire back. One gets in through the placket hole which opens on to the belt across the front

POILUS SING "TIPPERARY"

French Soldiers Like Song, Though British Neglect It

"Tipperary" in English is the prize accomplishment of the French poilus. Although it is seldom sung now by the British soldiers, who popularized the song, it still is heard along the communication lines where French troops are constantly marching to and from the battle positions.

Not more than half of the singers knows what the words mean, says the Stars and Stripes, the American army newspaper in Paris, but they like the air. It is a brotherhood of music, they say.

Greasing Potatoes

Potatoes will bake more quickly, have a better flavor, and instead of shrinking up fill the skins to the full if rubbed with dripping before baking.

Oatmeal Cookies

Cream one-half cupful shortening with three-fourths cupful of molasses, add two cupfuls rolled oats over which has been poured one and one-half cupfuls boiling water. Cool, add the following mixture: One cupful corn flour, one cupful cornstarch, one-half teaspoonful soda, one-half teaspoonful salt and one cupful chopped nuts.

Drip from teaspoon one inch apart, bake in moderate oven.

Corks in Floors

New corks of the proper size are just the thing for plugging holes in floors. They will take any floor stain and will hardly be distinguishable from the rest of the floor.

Using Sour Cream

Sour cream makes an excellent shortening for cookies and cakes, and it can also be made into salad dressings and gravies for meat.

WOMEN VICTIMS OF HEROIN HERE ARE TO BE RECLAIMED

Miss Elsie Bailey, Working Under District Attorney's Direction, Begins a Campaign to Curb Drug Evil and Its Ravages in Philadelphia

PHILADELPHIA'S drug victims will occupy much of the attention of Miss Elsie L. Bailey, probation officer of the Municipal Court, recently lent by Judge Brown to the Federal Government.

"My new work is just what I have been doing for five years for the Municipal Court," said Miss Bailey in her new headquarters in District Attorney Kane's office. "I was often called in to investigate cases for Mr. Kane, and when I presented my letter of introduction to him on being indefinitely transferred, he laughed.

"I have had experience with 'dope' cases. A woman can question the women unfortunates much more satisfactorily than a man.

"The number of women in Philadelphia who use heroin is appalling. The only way to save them is to put the dealers out of business. District Attorney Kane intends to do that.

"In many cases a jail sentence is a blessing, as it gives the drug victim a chance to come to himself or herself, both physically and morally, before he or she faces life again. In most cases city life has been too much for the girls, and heroin has 'relieved' the oppression a bit.

"One case I am deeply interested in now is that of a beautiful little southern girl who is in jail. I hope by the time she finishes her nine months she will be physically fit and spiritually ready to go back to her home. When she first came here she was wildly rebellious."

According to Miss Bailey, the war has greatly increased the need for social service in Philadelphia. Hundreds of girls coming to the city to relieve the labor shortage, the increased difficulty in finding living places, the high cost of living, all these increased the number of women falling under the ban of the law.

"As often as possible we persuade the girls to go home. Where girls run away from home we try to get them to go back without the publicity of a warrant," said Miss Bailey.

"The District Attorney has hundreds of letters about things over which he has no jurisdiction. For instance, here is a letter from a man whose wife and daughter have left him. He is apparently just relieving his mind in general, on investigation we find that he is mentally incompetent."

Miss Bailey was asked how she spent her spare time and took her mind away from the absorbing responsibilities of her position.

"I am just an ordinary human being," she replied. "I love my home, and all the entertainments and sports of normal people."

Tomorrow's War Menu

The recipe for any dish mentioned here will be forwarded upon receipt of a self-addressed stamped envelope.

BREAKFAST
Prunes with Corn Cereal
Beauregard Eggs
Coffee Potato Biscuits

LUNCHEON
Potato Peel Soup
Lima Bean Croquettes
Cornmeal Gingerbread

DINNER (no bread)
Boston Roast
Savory Potatoes Celery au Gratin
Butterscotch Pudding

CELERY AU GRATIN

Cut four stalks of celery into pieces one inch in length and let cook in a double boiler for about a half an hour. Make a sauce as follows: Add to the milk in which the celery was boiled one tablespoonful of margarine, one tablespoonful of whole-wheat flour and a teaspoonful of salt. When of the consistency of sauce add two tablespoonfuls of grated cheese and mix well. Put a layer of the celery in a baking dish and cover with the sauce. Proceed in this way until the dish is filled. Sprinkle bread crumbs on the top and put in the oven to brown. Let bake for about a half an hour.

POTATO PEEL SOUP

Use the peelings from six potatoes that have been thoroughly washed. Put these in a saucepan, cover with salted boiling water and let boil until soft. Then press the peelings through a strainer into the water in which they were cooked. Have ready two cupfuls of scalded milk with an onion added. After the flavor has had time to penetrate remove the onion and add the milk to the potato water. Melt a tablespoonful of margarine and rub into this a tablespoonful of whole-wheat flour and add to the soup. Season with salt and paprika.

To Minnie

(With a Hand-Glass)

A picture-frame for you to fill,
A paltry setting for your face,
A thing that has no worth until
You lend it something of your grace.

I send unhappy I that sing
Laid by a while upon the shelf
Because I would not send a thing
Less charming than yourself.

And happier than I, alas!
(Dumb thing, I envy its delight)
I will wish you well, the looking-glass,
And look you in the face tonight.
Robert Louis Stevenson.

Science Shows That Beefsteak is Over ½ Waste

while

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WAR TIME RECIPES
A little booklet containing delicious and economical recipes. Sent free on request to H. O. Wilbur & Sons, Inc., Phila.

A Good Send-off

IMAGINE!—a breakfast like this:—a cup of your fragrant Java and a stack of crispy, tasty, golden brown-baked Holland Rusk. Well-buttered, maybe—or smothered in berries—or drowned in rich cream and sugar. Oh boy—who said you couldn't eat!

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