WOMEN OF AMERICA HEAR CALL TO ADMINISTER TO THE SICK AND NEEDY BACK HERE AT HOME

A COLLEGE WOMAN'S PLATTSBURG STUDENT NURSES' TRAINING CAMP

Courses at Vassar College to Be Held This Summer to Prepare Graduates for War Service in Near Future

THE college woman's Plattsburg. That's what they call it. The big thing that appeals about the nurses' training camp for college women to be held this summer under the auspices of the Council of National Defense and the American Red Cross is that it leads to something no one can ever take away. A degree in registered nursing that will make it possible for these women to be virtually officers in the profession. In other words, they will be supremely trained.

When women volunteer for war work one question is asked them, not How willing are you to work? but What kind of work can you do? In other words, a trained worker is immeasurably more valuable to her country than an untrained one.

And more than anything else it seems trained nurses are needed. For every million of our soldiers who go across the sea twelve thousand registered nurses must go with them.

In military hospitals for the "reconstruction" of the convalescent and the permanently crippled there must be nurses. If the shortage is serious now, how much more acute will it be later on?

In the forty branches of civilian and public health nursing in the United States there must be nurses.

ORDINARILY a course in trained nursing lasts three years. But those who finish the three months' training at the camp will be given credit for a whole year's work. This, then, reduces the period of training from three to two years. The two years of hospital work which are to follow will be taken in well-known hospitals that have volunteered to accept groups of from ten to fifty of the training camp students.

College women who have heard vaguely of the course are wondering if they will see "active service," since there is a possibility the war will be over before they finish training. Nurses in hospital training, that is, undergraduates who have not yet received their degrees, are very apt to complete their training by actual war work. All first-class hospitals are expected to supply nurses in training to the local base hospitals.

In the event that the war continues they will qualify for the many administrative and executive positions in the nursing profession, both home and abroad.

COLLEGE women who have graduated during the last ten years are eligible for the course. The fee for the course, which opens June 24 and closes September 13, is $95. This includes board, room and laundry. It covers the actual course of tuition, too. A student must buy her own uniform, however.

IN THE MOMENT'S MODES

Cossack linen, in Quaker gray, makes this smart coat suit for spring and summer days. The skirt has the new straight line, not narrow, but certainly not voluminous. The trimming is white linen embroidery. The draped cuffs, the shaping of the collar and the overlapped tab of the coat skirt are construction points of more than usual interest.

Fashion Says:

Little folks are having their collars and cuffs edged with fluted ruffles.

Ostrich feathers and furs are frequently worn with plain dark costumes.

There is no doubt that the sash that is tied in a large bow in the back is smart.

A charmingly simple dress is of white satin with collars and cuffs of pink crepe de chine.

There is nothing that will brighten the costume more than a long string of bright blue beads.

High Heart

The sea that I watch from my window
I see it toss in the darkness
All the night.
My soul swoops down to sorrow
As the sea gulls dip,
And all my love flies after
Your lonely ship.
Yet I am not despairing;
Though we must part,
Nothing can be too bitter
For my high heart;
All in the dreary midnight,
Watching the flying foam,
I wait for a golden morning
When you come home.

—Aline Kilmer, in Good Housekeeping.

A Thrift Stamp Party

A very ingenious reader of the EVENING PUBLIC LEDGER has planned a thrift party, building part of the entertainment on the war savings jingles that appear on this page.

The plan is outlined as follows:

"One of my friends has had several changes in her home life, due to both of her brothers having been called to the service, and it will, therefore, be necessary for her to make her home in another town far from here with her relatives.

"I had thought about having some other friends, say about ten girls or so, visit my home some evening just for a little informal party before our friend leaves for her new home. All winter we have been knitting and packing comfort kits and sewing for the Red Cross. I had half an idea that to make this little party a fitting and timely affair it would be nice to call it a thrift party. What do you think of that? I can't remember where I saw it, but a long time ago I read somewhere that a woman had used thrift cards with one thrift stamp attached as placecards for the guests at her dinner table. This latter is really what gave me the idea of a thrift party.

Then, too, I have seen a number of war savings jingles in your paper recently, and it occurred to me that one of the games we might play would be to have each girl make up war savings rhymes and then offer thrift stamps as prizes. I also thought it might work out very well to give each girl a pencil and piece of paper and ask them to draw a war savings stamp from memory and offer a thrift stamp as a prize. This girl has done so much work herself in the war savings campaign and is so enthusiastic I thought perhaps this sort of a party would please her very much. J. T."

We approve heartily and hope others will follow your example.

Tomorrow's War Menu

The recipe for any dish mentioned here will be forwarded upon receipt of a self-addressed stamped envelope.

BREAKFAST (wheatless)
Corn Cereal with Chopped Dates
Barley Scones Marmalade
Mutton Hash
Coffee

LUNCHEON (no bread)
Bean Molasses Cake
Baked Potatoes Lettuce
Cup Custard

DINNER
Lamb Hotch Potch
Mashed Potatoes Scalloped Onions
Norwegian Cornstarch Pudding

BEAN MOLASSES CAKE

One and one-half cupfuls flour, one and one-half cupfuls bean meal, three-eighths teaspoonful soda, one teaspoonful salt, one egg, one-half cupful molasses, one and one-quarter cupfuls milk. Sift the dry ingredients. Add the egg and molasses to the milk and add to the dry ingredients. Shape into a loaf and bake in a moderate oven.—Food Administration.

Turn the Faucet and Get Soapsuds

To C. M. Campbell, of New York, patent has just been granted on a device for producing a soapy solution by simply turning on a faucet. The apparatus is a cup which has a perforated bottom, swinging on an arm attached to the faucet. The cup is filled with scrap soap. When clear water is wanted the cup is swung back. When soapy water is wanted for washing dishes, etc., the cup is swung forward to a position under the flowing water.

The water strikes a perforated spreader, which stands up umbrella-fashion in the cup. This breaks up the stream, so that the water reaches every particle of soap.—New York World.

CALL IS SOUNDED TO FIRST-AID ALUMNAE TO RE-ENLIST FOR WAR NURSING AT HOME

University Hospital to Open Three Months' Course in Intensive Training

Directress Explains Plan of Post-Graduate Red Cross Training to Start April 1

A CALL to the girls who took first-aid courses last year and are sitting with folded hands this year is being sounded.

Beginning April 1 the University of Pennsylvania Hospital will offer to women who have completed the Red Cross course in hygiene and home care of the sick a course of three months' work in the hospital. This to directly prepare them for the war needs at home.

Miss M. Louise Snyder, directress of nurses of the hospital, discussed the plan today.

"Girls who enrolled in the short courses in nursing which were popular last year and who are now sitting impatiently about with folded hands waiting for possible emergency might be serving all this time in our hospitals at home and making themselves actually fit for valuable nursing service," declared Miss Snyder, when asked by the EVENING PUBLIC LEDGER to comment on the need of trained nurses at the present time.

"We cannot train too many nurses," Miss Snyder said, "not only on account of the excessive demands which will be made on us to nurse the sick and wounded during the war, but for many years afterward it will be the nurse who will help bring order out of chaos in the reconstruction period of the world.

"Our training school capacity has been increased 25 per cent at the notice of the Government," she continued, "and we have changed our regular three-year course to two years for college graduates. In a hospital like ours we have had no difficulties so far in filling our regular training classes from our waiting lists.

The value of the student nurse was particularly dwelt on. There are many girls who are wondering what service they can render to their country, Miss Snyder pointed out, and the appeal of the nursing profession today is very strong, but many lack the stamina necessary for their period of training, which to them may seem as three years wasted.

MISS M. LOUISE SNYDER

"Girls who are in doubt," said Miss Snyder, "should realize the importance of the student nurse whose training is of vital importance to fill up the depleted ranks of our graduate-nursing forces. If you are physically capable, well educated and able to devote your full time to your country, nursing as a field of national service is for you. If Red Cross nursing fails to claim you, your duty to your country is just as great in the hospitals at home, in crowded city tenements, in schools and factories, in stores and homes and greatest of all in conserving the life of little children, the coming generation. A thoroughly trained graduate nurse has no difficulty in obtaining a good position with a salary which compares favorably with the salaries of other trained women. By serving your country through your service to others who could help but find peace and contentment?"

Editorial for Women Written by a Woman

By LOULIE G. THOMSON

WOMEN MUST BOOM LIBERTY LOAN

By LOULIE G. THOMSON
Chairman Woman's Liberty Loan Committee of Philadelphia.

What the women of Philadelphia did in the first and second Liberty Loan campaigns they are about to repeat in the third campaign which promises to be the biggest of them all. Women in all walks of life have responded eagerly to the call for volunteers but each day new demands are presented to us and new conditions arise, and I feel that we can use many more volunteer workers, either at headquarters, in the Lincoln Building, or out in the various sections of the city. Every woman who feels that she would like to do something in this greatest of campaigns should come and see me in the Lincoln Building.

During the short time that I have been at the head of the Woman's Liberty Loan Committee in Philadelphia I have been amazed by the patriotic spirit of the women here. Many women I know have agreed to cancel all their social engagements for the period of the third campaign and they will devote all their time to selling bonds. Scores will visit churches, stores and homes in their efforts to make clear to the people of Philadelphia that they must subscribe to the loan if the United States and the Allies are to come out victorious.

Many business women, too, have offered their help and we know that they will give a good account of themselves when the drive starts. Church societies and other women's organizations have appointed committees to assist the executive committee in this great and splendid undertaking. All of us realize that we must work hard from morning until night if Philadelphia is to make good her quota.

In the last two weeks we have perfected organizations in every section of the city. A member of the executive committee will be in charge in each of the nine districts, with the result that every household will be canvassed by women.

This seems an opportune time again to point out that the quota for the third Liberty Loan cannot be raised by the rich alone. Women cannot do it alone. Men cannot do it alone. But every one, working together, co-operating in every effort, casting aside partisanship and forgetting selfish interests, can achieve the glorious result.

Are the women of Philadelphia going to let the Germans win? It is scarcely necessary to wait for a reply. The patriotic women of this city, as well as in New York and the smallest hamlet in the country, are going to fight, not in the trenches, where they have sent their sons, but right here in the city's homes and the city's offices and shops, to persuade all to buy Liberty Bonds and to buy bonds themselves.

It is the duty of the women of this city to get behind this campaign. When every one has done her part we can feel sure that the soldiers in France under General Pershing will be supplied with the necessary war equipment and that soon the American forces and the armies of the Allies will bring happiness to the world again.

One cannot buy too many Liberty Bonds, for they are the best of all investments. With the money in the hands of the United States Government one runs no risk of losing it.

Philadelphia women, get busy and help the American soldiers go "over the top" in the war to make this world safe from autocrats.

Louie G. Thomson

WOMEN TAKE A HAND IN TUBERCULOSIS DRIVE

Daily Meetings in Plans for $150,000 Rush Hospital Campaign

W. H. Stokes, of the executive committee in charge of the campaign to raise $150,000 for the Rush Hospital for Consumption and Allied Diseases, will speak at 11:30 o'clock today to the woman's division in the Bellevue-Stratford Hotel.

Much progress already has been made in the campaign and continuous reports show more glowing results. Ashton Devereux and Fred Rothermil have been announced as captains, joining H. W. Stokes, H. Evan Taylor, Dr. T. Mellor Tyson and Louis Taylor. Each captain is to select the personnel of his team. H. W. Stokes announced the completion of his team with ten workers. A corps of fifteen men's teams will be completed this week.

To speed the work of organization the executive committee decided to meet at daily luncheons in the Bellevue-Stratford until March 25, when the big drive will get in full swing.

A report from the woman's sector of the drive showed enlistments for organization work progressing rapidly. Eleven woman captains, with two more in view, and seventy-six workers were reported.

Alum for Cleaning Brass

Try this for cleaning brass faucets. The Popular Science Monthly says it will not injure either metal or hands. Put one and a half ounces of alum in one pint of boiling water and rub the solution on the brass surface with a cloth. The stains, as well as the tarnish, are quickly removed. The solution is inexpensive and easily made.

Let's Fool the Kaiser!

How much patriotism have you? asks the food administration. An ounce? A pound?

Well, if you aren't sure, you can easily measure your patriotism by the amount of wheat you are saving.

It has often been said that food will win the war. This statement might well be narrowed to: "Bread will win the war."

Where people have plenty of bread they do not starve.

But there may be some who think that the little sacrifice in wheat that the food administration asks each one of us to make is too diminutive to matter.

But when the Kaiser heard that the Americans were voluntarily adopting individual and daily food conservation so that they might give the Allies the food they needed, he immediately spent large sums of money in paying for secret service men and for propaganda that would frustrate such an attempt on the part of the American people.

If the Kaiser thought it was worth all this to prevent us from adopting food conservation, does it not seem that it is worth our time and energies to accomplish this?

The Kaiser tried in every way to prevent us from adopting these little daily and individual food conservation measures in order to feed our associates in this war.

His plans have failed. They will continue to fail. But the Kaiser is comforting himself with the thought, "Oh, well, the American people will easily become discouraged and careless in making these little daily sacrifices. If a big sacrifice were demanded of them, the whole nation would rise in a mountain of strength to the task. But these little, individual sacrifices will soon seem too petty to them to continue."

Shall we let this prediction come true? Let's fool the Kaiser!

How much patriotism have you? Only an ounce? Make it a pound!

No More Sewing Fowls

It really isn't necessary to sew up a fowl any more to hold in the stuffing. A very enterprising person named Gertrude A. Smart, who lives in Madison, Neb., invented a little apparatus that turns the trick by clamping. She has just received a patent for her device.

It consists of a small strip of metal furnished with barbs that enter the skin of the bird and hold the edges firmly together.

Mary's Lamb

Mary had a little lamb,
And it ran far away
From its mother and its friends
Upon a stormy day.

Mary wept a little weep,
The storm was such a fury.
I couldn't bear to sit at home;
I hate to see her worry.

I went out and got the lamb;
It was all that I could carry.
I loved the lamb—that you know;
But also I loved Mary.

—By Master Wallace Ross in Woman's World.

THE WOMAN'S EXCHANGE

TODAY'S INQUIRIES

1. How can the gray color of bread made of mixed flour be avoided?
2. What is a good way to use up left-over sandwiches that have grown stale?
3. When a knitted garment has been unraveled, how is it possible to smooth out the yarn so that it can be used again?
4. What city leads in British recruiting at the present time in this country?
5. Who was the first woman to mobilize and command a field hospital in the present war?
6. How can ink spots be removed from the fingers without rubbing with a pumice stone?

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer. Special queries like those given below are invited. It is understood that the editor does not necessarily indorse the sentiment expressed. All communications for this department should be addressed as follows: THE WOMAN'S EXCHANGE, Evening Public Ledger, Philadelphia, Pa.

Do Not Be Importunate

To the Editor of Woman's Page:

Dear Madam—I have belonged to a charitable organization for about one and a half years and for the last eight months have been in love with a young girl I met there. She has allowed me to come up to the house during that time and I have paid considerable attention to her. I have taken her out many times and our friendship has been growing more and more every day. During the last few weeks she has been acting a little queer and I noticed it, but did not say a word to her about it.

I asked her what she thought of getting engaged and she answered me that she was not prepared yet. But I am taking it the opposite way because she has been acting so queer. I asked her what her reason was, and she told me that she did not care for me to know. Now, I would like to know whether I should continue going up to her house and taking her home from meetings or whether I should drop our friendship and let things take their course. I am twenty years of age and she is nineteen, and I know I can't do without her. I certainly do love her, and although she has not told me so, I have received information from some of her people to that effect. Your opinion and advice in this matter will certainly be appreciated, and I am going to follow your advice in the matter, as it is the best. Her people think a lot of me and during the eight months I have received many invitations to come up and see them, some of which I have accepted. PATIENCE.

I would continue to see the young girl unless she says she wants to give up the friendship. She has probably not thought of love as coming so soon in the friendship, if she has thought of it at all.

There are some girls who become [illegible] shy and reserved about love [illegible] it first dawns on them. I would [illegible] the subject and, above all things, [illegible] it with any of her people. She would naturally resent that of all [illegible]. She may have been teased [illegible] by her relatives, and her reserve would assert itself immediately. Try to be tactful, kind and [illegible] at the same time be nice [illegible]. Then she will probably find [illegible] and it will all come [illegible]. Sincerely, Sandy Lee

We're Going to Be Bald

To the Editor of Woman's Page:

Dear Madam—If women bob their hair they will lose it just as men do. Experience will show this, but a word to the wise ought to be sufficient. A. J. S.

Plush Can't Be "Sleeveless"

To the Editor of Woman's Page:

Dear Madam—I am writing to you and think you can solve my problem. I have an old plush coat and I want to make a sleeveless coat out of it, as they are going to be in style this spring. I am sixteen years old. H. C. E.

Although sleeveless coats are going to be very smart this season, I am afraid it would not be practicable to have one in plush. Plush is more or less a winter material and would not look well without sleeves. Why not save the coat and cut it up for a very pretty stole and muff for next season? You could trim it with folds of black satin and it would be very pretty and useful, indeed.

Always Look Before You Sign

To the Editor of Woman's Page:

Dear Madam—You have helped a countless number of men and women in problems of all kinds. Now I come and give you some of my trouble.

Some five years ago I came to this country from Italy with my brother three years my senior. I was then sixteen years of age. Unfortunately, three years later my brother died. He had about $200 and some in a bank in Sea Isle City, N. J. At the time he died I was pocket dark of money and was unable to pay for the funeral expenses. The undertaker encouraged me by saying that he would get the money from the bank, pay off his charges and consign me the remainder. I agreed. He then put the matter into his lawyer's hands. Six months later he told me that the money could not be taken from the bank unless I would get the consent of my family. He then gave me some papers to send back to Italy and have them signed. I did so. Some time later he got his money, that is the funeral expenses, from the bank and told me to come around and see him the following week. Now he's been putting it off for about a year from week to week. The other day he gave me some other papers to send back to Italy again to get them signed. This undertaker seems to be fair with me, talks in a gentlemanly way and he is considered a gentleman with a good reputation.

I will be very thankful if you will express your opinion on this subject. Sincerely yours, F. R.

Explain your predicament to the Legal Aid Society, 34 South Sixteenth street. You would never sign papers unless you know what you are signing. This is the [illegible] time you asked [illegible] papers. If you [illegible] Delaware Children's Home Society, Great Springs, near Wilmington.

YESTERDAY'S ANSWERS

1. A good substitute for whipped cream is made of whites of two eggs, one-half cupful of condensed milk and one-quarter of a pound of marshmallows melted together.
2. A rag dipped in paraffin will make windows clear and bright. Tissue paper will polish the glass without leaving lint on the surface.
3. Save small pieces of soap by putting them in an old talcum powder box with the top screwed off. Fill this with hot water and shake on the suds to pour into your dishwater.
4. An unusual bit of romance that figured in the career of Miss Christine Miller, the famous prima donna, was the provision for her musical education by an unknown benefactor, whom she married after she had become internationally famous.
5. Anne Martin is a resident of Reno, who has announced that she is a candidate for the Senate to fill the unexpired term of Senator Newlands. She is vice chairman of the National Woman's party and leader of Capitol lobbying organization.
6. Chamois skin will be printed in flowered patterns this year and made into sports coats.

For a Clear Complexion

To the Editor of Woman's Page:

Dear Madam—I am a girl of seventeen and have a very poor complexion. The skin on my face is peeling and I have blackheads around my nose and chin which I cannot get rid of. I have also some very large pores on my nose. Please let me know what must I do to have a better complexion. Do you think a flesh brush would do any harm if I would use it for my face? Thanking you, POOR COMPLEXION.

To the Editor of Woman's Page:

Dear Madam—I am a woman about thirty-eight years of age and have a son about sixteen years. He has many blackheads on his face. Will you kindly tell me how to get rid of them? Thanking you very much for the favor I ask. A READER.

In order to have a clear complexion first regulate your diet. Eliminate rich pastries, fatty meats, spices and sweets, and instead eat plenty of fresh fruits and vegetables. Drink at least six glasses of water a day. Eat bran bread. These things will help materially. By all means buy yourself a complexion brush. They are soft, but will help a great deal in getting rid of the blackheads. Wash well with warm water, a pure soap and the brush. Rinse well with warm and then with cold water, being sure to remove all the soap. Then dry. After this rub into your face a reliable cold cream. It is the dryness that causes the peeling, and this will supply oil. Rub the cold cream off. Once a week steam your face over a bowl of hot water and press out the blackheads that are not irritated. Then apply hot towels to close the pores. Gradually they should decrease in size.

Baby Must Stay in Own State

To the Editor of Woman's Page:

Dear Madam—Will you please give me the name and address of one or more homes or institutions where infants under three months of age can be boarded in Pennsylvania, Delaware, New York or Maryland? (Mrs.) C. A. S.

It will be necessary to place the baby in the State where its parents have had legal residence. To find out particulars about this apply to the Rev. W. K. [illegible], Delaware Children's Home Society, Great Springs, near Wilmington.

Honey while delicious is not a perfect food

because it is deficient in tissue-builders.

WILBUR'S COCOA

"ALL FOOD, NO WASTE"

on the contrary, is of real bone- and sinew-building value, pleasing to the taste, healthful to the body.

WAR TIME RECIPES

A little booklet containing delicious and economical recipes. Sent free on request to H. O. Wilbur & Sons, Inc., Phila.

J. M. Gidding & Co.
564 566 568 Fifth Avenue AT 46TH ST. N.Y.
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Invite you to their Informal Display

BEAUTIFUL HATS AND SUITS, COATS, WRAPS, MANTEAUX BLOUSES, GOWNS, DRESSES PARIS BAGS, NOVELTIES.

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FEATURING

Embroidery, Beaded Designs Corded or Quilted Effects, and smart creations in contrasting colours and textures.

INDUSTRIA ET PROBITAS

Easter Millinery

The woman who desires personality as well as becomingness in her hats finds here style and originality that appeal to her discriminating taste.

Our Spring models are of our usual high-grade inimitable standard.

BLAYLOCK & BLYNN, Inc
1528 Chestnut St.

We respectfully call your attention to our Fur Storage Vaults for the preservation of your furs.

WHO IS SHE?

$100 $100

MISS "COLLY" IN PERSON!

A young artiste of international repute (she has been the prima donna of the foremost Grand Opera companies of Europe) has volunteered to appear in masque as Miss "Colly" to open the

RED CROSS BAZAAR

to be conducted at the Hotel Colonnade under the auspices of the Eastern Star Auxiliary No. 185, American Red Cross. Opening at noon on Thursday, it will remain open daily from noon to midnight.

TWO SONG RECITALS ON THURSDAY will be given by Miss "Colly" from 3.30 to 4 and from 11.30 to 12 P. M.

Each visitor to the bazaar may, before midnight Thursday, make a written guess as to the identity of Miss "Colly." If her name is guessed, a one-hundred-dollar gown will be donated to the Eastern Star Auxiliary by Bonwit Teller & Co. Later, the gown will be auctioned and the entire proceeds will go to help our boys over there.

Hear Miss "Colly's" marvelous voice, guess—and help the Red Cross!

HOTEL COLONNADE
Chestnut Street at Fifteenth

FOR the nursery tea, spread sandwiches with Sawtay creamed with sugar. Just the thing for school lunch, too. Sawtay helps to make children sturdy and study.

"Better than Cheap Butter" Community Stores We Serve You Save "Cheaper than Good Lard"

At Your Grocer or Market, in Convenient Size Tins