PAGE OF WOMAN'S VARIED INTERESTS: SPRINGTIME MODES: THE USE OF MILK: LETTER

STORY ABOUT A LITTLE GIRL; IT MIGHT TEACH THE REST OF US

There Are Two Ways of Taking the War for Granted-Ethel Insisted on Making It Part of Her Life

who did not like bread crusts. One may her daddy caught her hidine them under the edges of her plate. Heretofore Ethel's idea about the war had been rather hazy. Now daddy thought it time for her to heer some definite things. So he took little daughter on his knee and told her how much depended on little girls' eating every bit of their bread.

Two days later daddy saw Ethel tussling with a very hard crust that looked perilously in danger of breaking her little white teeth.

"Here, here, sister." he said. "you don't have to eat that piece. That's all right, dear."

The little girl looked up inquiringly, "Oh." she said with a little sigh of relief, putting down the piece, "is the war over, daddy?" BL was a very small person

IF EVERY one looked at the war situation the way Ethel looked at it Mr. Hoover would have very little trouble to get women to save wheat. Mr. Vanderlip could get rid of his thrift stamps with case and the Red Cross would have no trouble in getting women to faithfully attend its work-room sessions.

Little Ethel, small as she was, had made the war part of her life.

It seems like coming back to an old saw to say the majority of grown-up Ethels simply refuse to let the war enter their lives, but it is true. These women want the war to be won, but they simply will not connect the winning of it with any concrete things they themselves can do.

In spite of all strict orders to the contrary, many are calmly serving

contrary, many are calmly serving wheat bread on wheatless days. They cannot tell you which day is wheatless. To them it is a fanciful creation of the food administration!

Thrift stamps many have never seen and do not seem to be ashamed to say so. Some of our women slackers to to the Red Cross workrooms occasionally when they have nothing else to do. The fact that making bandages and hospital shirts should actually become a part of the day's work has not yet entered their heads.

FIRST LICENSED WOMAN WIRELESS OPERATOR NOW TEACHES RADIO WORK TO GIRLS FOR WAR SERVICE

Fair Sex May Replace Men Wireless Operators in War Posts, Says Mrs. F. B. Chambers

Women Show Remarkable Aptitude for the Work, Says Instructress in Telling of Progress

THE unique distinction of being the first woman radio operator in the world to be licensed might have satisfied some women, but not Mrs. F. B. Cham-bers, of 2046 Arch street. She also pos-senses the distinction of being the only woman licensed by Uncle Sam to teach and experiment with the wireless

The war has not affected her license but has just given her an opportunity to do her "bit" in a way that no other woman could. Eleven hours each day this pioneer woman spends in teaching wireless work to men qualifying for aviation service with the Government and to men and women who are pre-paring themselves to fill any gap that may confront the Government in this branch of service.

"Never have we had such large classes in radio work," Mrs. Chambers raid as she sat at the head of a long table fitted with receivers and transmittable fitted with receivers and transmit-ters for eight students. But it is only as it is in all other branches of service that may be of help to the Government in winning this war. People have re-sponded nobly to all suggestions and demands from Washington and preparedness is the watchword.

As she talked, this woman who is de- replace the Government operators at

FOOD DICTATORS KICK

ON THEIR OWN DIET

Diews and cook for thirty minutes or longer, Pour into a wet bread pan and set in a cool place. When cold silce and die in flour and saute.

Savory Rice—One cup rice with boiling water to cover well; one temporonful a pinch of cream of tartar. Boil slowly without stirring until it will form a ball on the fingers. Their Rules to Luncheon and Many Avoid Test

Miss Moses Applies Their Rules to Luncheon and Many Avoid Test

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Savory Rice—One cup rice with boiling a pinch of cream of tartar. Boil slowly without stirring until it will form a ball in the fingers. Then remove from the fire and beat with a wooden paddie until salted water and cook rapidly until salted water and cook rapidly until salted water and cook rapidly until salted water. Add them to rice and shape of potatoes. Roll in clinamon.

RAE GOTTLIEB.

Philadelphia boasts of the

world's only woman licensed as

an instructor in wireless work.

She is Mrs. F. B. Chambers, of

2046 Arch street, who has sev-

eral classes, among them one of

young men who are seeking to

qualify for the aviation corps.

The photograph shows Mrs.

Chambers at work in her studio.

As she talked, this woman, who is developed by the machine of the cooked or with a tomato sauce.

Try it tomorrow for that wheat-less meal.

Now Teaching Girls

"I don't know that the Government will feel called upon to recruit the women are as colicitous for what happens over there as though lifeling next-door neighbors were having long next-door neighbors were having long next-door neighbors were having long next-door neighbors were having is very far away.

Incomposed or with a tomato sauce.

Now Teaching Girls

"I don't know that the Government will feel called upon to recruit the women are training with me but that they girls are taking up the work with the part of the training does not seem to the training does not seem to trouble them in the least. Of course, a knowledge of electricity is a great help, and this is something in which very few girls have had any training the call come, while there are others and women are as solicitous for what happens over there as though lifelong next-door neighbors were having long next-door neighbors with the best men. Seven of them are ready now to pass Government examinations."

Now Teaching Girls

"I don't know that the Government will feel called upon to recruit the women would the measures with the women into two will feel called upon to recruit the women would not trouble them in the least. Of course, a knowledge of electricity is a great help, and this is something in which very few girls have had any training at Drexel Institute, his wife studied at home with him. They built is not rouble them in the least. Of course, a knowledge of electricity is a great help, and this is something in which very few girls have had any training at Drexel Institute, his with their firms wireless machine in 1904 and trouble them in the least. Of course, a knowledge of elec

IN THE MOMENT'S MODES

Two Chapeaux From the Spring Paris Importations



water three minutes, and add tinue the beating until the mixture will hold its shape. thoroughly, remove 152,678 Citizens Who Failed to Qual- Field and serve with sugar

Tweed-O-Wool A TWEED-O-WOOL coat or suit has that distinction which characterizes everything that is youthful and charming. and one does not often, find such an assortment of beauti-Suita \$23.50 to \$33.50 \$35.00 to \$36.00 BLAYLOCK & BLYNN Inc

Editorial for Women Written by a Woman

USE MORE MILK

By ELLEN S. BRINTON

Member of the Milk Department, Federal Food Administration, Philadelphia. THERE are frequent articles in newspapers and magazines and lengthy letters from correspondents who object to the present cost of milk, asserting that the price is excessive, unreasonable and threatening an organized boycott in order to force a reduction. These persons do not seem to realize that by their words they are endangering the food supply of their own families and of our country as a whole. There is a serious shortage of food

the world over. We no longer eat exactly what we like. We eat what is most available. In order to prevent an actual famine we must learn to eat replace the Government operators at the maxy yards and even on patrol boats and merchant ships."

Conomically. We cannot live on vegetables entirely. We must have some animal food for the best growth of our minds and bodies. Milk is an animal food, and the milch cow is the cheapest converter of foods that human beings cannot eat (corn fodder, grass, hay mill refuse, etc.) into foods that human beings cannot eat. For every 100 pounds of nutriments consumed, the dairy cow returns 18 pounds of edible solids, the plus gives 15.6 pounds, the steep 2.5 pounds. The steep 2.6 pounds. In her lifetime the dairy cow supplies in milk and merchant ships." what can be produced from the soil most

portion extended by adding a cream sauce or milk gravy. Sausage, han, bacon, hamburg can be made with a milk gravy just as readily as dried

Milk will make the left-over vege-tables into satisfying and nourishing soups. Creamed vegetables are whole-some and appetizing dishes for meatics

Use plenty of puddings and milk des-serts. They have real food value at little cost, and, already containing milk sugar, require little sweetening.

surar, require little sweetening.

Skim milk can be used in cooking, and for adults and oider children to drink. The cream, and thus part of the flavor, is missing, but there still remains all of the protein or bone and body-building material, and the sugar and mineral salts. The fat can be purchased cheapiy in the form of butter.

Buttermilk has the same food value as skim milk, with an added medicinal value in some cases. Save your sour

brown straw, with jet beads dotting the straw. The feathers are brown paradise. The lower hat is an making, the same as milk.

Ellen & Brinton



ELLEN S. BRINTON

Dingy Overshoes Dingy overshoes can be made to shine if wiped off with a cloth wrung out of

Tomorrow's War Menu The recipe for any dish me ere will be forwarded upon rec self-addressed stamped envelo Potato Sausages Potato Sco Tomato Bisque
Fish Croquettes with Cheese Sause
Potato Cakes Creamed Onloss
Baked Honey Custard Beat three eggs slightly, taking on to make them foamy. Add all one-quarter cupful of honey, two cup of scalded milk, one-eighth teaspool of honey and one-quarter cupful of sait. Bake in cups, we should be set in u pan of water. TOTHE FIRES

When working butter with a woods
paddle, the butter sometimes will site
to it, specially if the butter is a little
warm. This can be avoided by rubble
sait well over the paddle.

To cleanse a bottle or decanter, in
with coarse rock sait, and shaks unit
all stains are removed. This is man
better than shot,

Little Jack Horner spled in a corner, A nickel and two shining dimes. Down went his thumb, 'cause Jack test, "A Thrift Stamp, and then to the Rhing" J.M. Gidding & Co.

Baked Apriles
Baked Apriles
Corn Cereal
Buckwheat Car

Breakfast (Wheatless)

Luncheon

Eggs on Rice scones Fruit

BAKED HONEY CUSTARD

Home Hints

War Savings Jingles

1422 Walnut Street West of Bellevue-Stratforb

ARE NOW SHOWING

NEW FASHIONS

Stricth) Tailored Suits, Costume Suits, Gowns, (illiner) (Oummer)

Announcing New Spring Styles in Newark Shoes for Women and Misses

TOMORROW morning, hundreds of Newark Shoe Stores in the principal cities of the United States will display beautiful new Spring Styles for Women, in high and low shoes—at the reasonable—sensible prices \$3.50 and \$5.00.

All of Fashion's Latest Fancies now worn by smart women are shown. There is the dainty new Spat Pump in Rich Havana Brown; soft dull black kid; black patent leather; and white washable kid—the ultra-amart English last Oxford in black Gun Metal; also Rich Burgundy Tan; and the Grey Suede Lace Oxford with covered Louis heels.

Then there are the high top/boots in Grey, Black, Havana Brown, and White washable kid, high and low heels. And the very newest two-tone combinations in Dark Russia Tan Vampe, Ivory kid tops; Battle Ship Grey Vamps, pearl grey tops; and the Havana Brown Vamps, field mouse tops.

Truly we have an assortment from which every woman can be instantly suited. And think of it, for \$3.50 and \$5.00 you may have these fine shoes that duplicate the most expensive models shown in Metropolitan Centers.

Newark Shoe Stores Co.

THE WOMAN'S EXCHANGE

ms regulations?

rontainers for fats do away site and save the trouble of a famous chateau in France as a hampital for the wounded soldiers who come from the State in which she now lives? will prevent a placket from tear-ANSWERS TO YESTERDAY'S INQUIRIES

than three pounds of Victory er person is allowed each week voluntary ration system surfor well-to-do families: co-n, baries breast, etc., being used One-half pound of better, reludes that used for cooking, at per person.

Collie and Fox Terrier Want Homes of the state of the sta

to keep them myself, but am employed during the day. ommunications for Miss M. S. will orwarded to her. Those who write will be first choice. Flowers should never be carried on the street by way of adornment. A bouquet of violets may be attached to the dress or coat of a waiking suit, and it is appropriate to wear one in this way.

Baby Sleeps in Her Bed Tonight the Editor of Woman's Page:

ser Madam—I wish to thank you for a tindness in setting me the little bed for below. When R. called on me hast Priday tole me I could have the little bed. Is he is after the supress man since Satsay to no set it for me, but he has been bush by the pour his afternoon. B. was worried because she did not have infinitely because in more infinitely because in more infinitely because in my place car underly have in the property of the indicate have infinitely because in the property because in my place car underly infinitely because in the property because in the property in more infinitely because in the property in more infinitely inf

An Urgent Cry

"Eat me, lest I perish in vain," the cry of every potato in the land. Have you ever noticed that when you eat a great deal of potato for dinner you don't care for bread? Satisfy your hunger with potatoes. They will help save the

Here is a recipe for potato turnovers recommended by the United States Philadelphia food administration:

Boll and put through rices enough potatoes to measure a pint. Add one well-beaten egg, one tablespecuful of flour and seasen with salt. Turn on floured board, roll out and cut in circles the size of saucer. Place on each a large spoonful of dry hash seasoned with onions and parsley chopped fine, This hash should be dry or bound together with thickening. Double over and pinch together like a turnover. Place on greased baking sheet and brown in hot oven. Serve with a thickened sauce made from the gravy in which the meat was cooked or with a tomato sauce.

do. The fact that making bandages and hospital shirts should actually become a part of the day's work has not yet entered their heads.

Perhaps when the war is over those who did not let the war become a part of their daily life will have regret. It will be something to regret, of course, away to some of us. It seems to of great trial.

To the Editor of Woman's Page:

Dear Madam—When a young man sends a girl a bunch of violets should she carry them or wear them on her dress when walking on the street?

PANNIE.

Employer Liked Bobbed Hair

FOOD DICTATORS KICK

Many Avoid Test

That the Federal food afficials for Philadelphia and Pennsylvania are nothing more than human beings was amply demonstrated today by the number of "kicks" received by Miss Miriam Moses dietitian in charge of the menu of the dally food administration luncheon.

Nemesis, in the form of Miss Moses has decreed that the preacher shall live up to his own doctrine in the case of administrators. They ordered an increased consumption of milk.

"Very well," says Miss Moses, "you shall drink milk." Thereafter coffee was not served with the meal. They have to drink milk or water, or not imbibe

The women in South Dakota have been voted full suffrage. In North Dakota no suffrage has been granted.

When walking in the street with two women a man should not place himself in the middle, but on the outside. with their luncheon. with their luncheon.

The use of wheat was banned; immediately Miss Moses stopped the serving of bread at the luncheons. One butter ball a person a meal was flecreed by the administration. They are now given just this amount (when they are given any). The use of potatoes was urged; Miss Moses sees that potatotes are served at every meal. The ration are served at every meal. The ration for each person was set at three pounds

To the Editor of Woman's Page:

Dear Madam—Not long ago I "took in" two does that I think might get home through your kind offices. One, a heautiful female celle, yellow and white, shoul tike to get in a street ear with him and the has a collar on, but was not advertised, and has turned out to be a high lumper—can lump a four-foot fence at the little yellow-and-white tree in the street. It is not good form to wischaired to a seging to sell him "to any it rann, who had bux." He is a splendid watch to see the would not go very well with another to be a high lumper—can little yellow-and-white to a seging to sell him "to any it rann, who had bux." He is a splendid watch to be a high lumper—can little yellow-and-white to a seging to sell him "to any it rann, who had bux." He is a splendid watch to be would be a lovely pet.

The distributions and have evidently been pets, either turned out or lost. But have nice dispositions and have evidently been pets, either turned out or lost. But have nice dispositions and have evidently been pets, either turned out or best light been pets, either turned out or lost. But have nice dispositions and have evidently been pets, either turned out or lost. But have nice dispositions and have evidently been pets, either turned out or lost. But have nice dispositions and have evidently been pets, either turned out or lost. But have nice dispositions and have evidently been pets, either turned out or lost. But have nice dispositions and have evidently been pets, either turned out or lost. But have nice dispositions and have evidently been pets, either turned out or lost. But have nice dispositions and have evidently been pets, either turned out or lost. But have nice dispositions and have evidently been pets, either turned out or lost. But have nice dispositions and have evidently been pets, either turned out or lost. But have nice dispositions and have evidently been pets, either turned out or lost. But have nice dispositions and have evidently been pets, either turned out or lost. But h tetration to have coffee, but he must ask for it. The appeal for bread has assumed such volumes that a compromise

St. Patrick Day Dessert

Soak two tablespoonfuls has been reached. Bread made entirely granulated mint gelatin of corn and with no wheat flour in it in one-fourth cupful cold will be served.

The administration officials have even two cupfuls milk; then add The administration officials have even gone so far in voicing their protest against having to eat their own rations that the attendance at the daily luncheon in Wanamaker's tea room has fallen off from more than thirty to less than fifteen. Even the county and State adfifteen. Even the county and State additional themselves when in town ministrators themselves when in town have attended only a small percentage of the luncheons.

WOMEN'S LEAGUE PLANS Turn into a mold, first REGISTRATION DRIVE dipped in cold water. Chill

ify at Primaries to Be

A determined drive to obtain the registration of evry qualified voter in Philadelphia for the primary election has been planned by the Worsen's League for Good Government and the co-operation of these organizations has been asked to see that there may be no "slackers" on election day:

The Woman Suffrage parts, the W. C. T. U., the Anto-Saloon Lesus, the New Century Club, the Civic Club, the Philomusian and City Clubs, the Chamber of Commerce the Town Meeting party the Committee, of Seventy, the National Woman's party and the Unitarian Alliance. You have helped your country even if you have helped your Liberty Bonds, for you have loaned money to your Uncle Sam during the months you were paying into them. Moreover, by purchasing those two bonds you set them in circulation. The person to whom you sell them may hold them, but even if he does not they are still in circulation and do not return to the Government. Of course, it wouldn't be fair to hold Liberty Bonds at the expense of not meeting your debts. After you have paid the debt why not still put away \$10 a month and invest this in the third Liberty Bond issue, to be released in April? And there are always thrift stamps and the war-cayings stamps to be considered.

Weman's party and the Unitarian Alleance.

According to statistics there were 152,678 citizens of Philadelph's who failed to qualify as voters at the primaries last fail. It is the purnose of the Woman's League for Good Government to see that all of this number and as many more as have become cilgible to vote in the meantime shall do their civic duty this year.

Using Up the Other Half

Cornmeal with Left-over Meat atmeal Macaroons Fruit Gelatin Coroa Vegetrble Boup Baked Hominy and Cl Rice Flour Mufins Norwegian Cornstarch F

RECIPES



