# ONNETS IN TERMS OF SPRINGTIME—WHEN WOMAN TURNS TO MUSIC—THE MONTESSORI SYSTEM

## AN'S AVERSION TO SOB STUFF DOESN'T APPLY TO HIS MUSIC

Likes It Nice and Dreamy-Leave Him The War Is Strikingly Re-Alone With the Phonograph and Find Out. But Woman Likes Hers "Peppered"

Old Friends

Oft in the Stilly Night Oft in the stilly night, Ere slumber's chain has bound me, Fond memory brings the light

Fond memory brings the light Of other days around me. The smiles, the tears Of boyhood years, The words of love then spoken,

The eye that shone, Now dimm'd and gone, The cheerful hearts now broken!

When I remember all
The friends, so link'd together,
I've seen around me fall,
Like leaves in wintry weather,
I feel like one who treads alone,
Some hanquet hall deserted.
Whose lights are fled,
Whose sariands dead,
And all but he departed.
—Thomas Moore.

whole it goes a long way toward proving that the average man likes

his songs slow and dreamy and that the average woman wants hers "pep-

Now that we are vindicated, vindi-

Here's a Black Kitty

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written one one side of the paper only and signed with the name of the writer. Special overless like those gives below are invited. It is understood that the editor does not necessarily indures the sentiment recessed. All communications for this department should be addressed as follows: THE ORDAN EXCHANGE, Evening Public Ledger. Philadelphia. Fa.

TODAY'S INQUIRIES

I. Suggest a menu for the St. Patrick's alght supper.

I. Who is Mrs. Robert E. Speer?

What is the shamrock salad for the St.
Patrick's Day party made?

I. What new altogether different knitting seedle has made its appearance?

I. What is the particular type of mork women are doing in alriplane factories?

I. It correct to serve paper napkins at a luncheun?

ANSWERS TO YESTERDAY'S INQUIRIES

world somehow or other has a woman goes to a play she is ex-cated to weep at the weepy part. It also said she sighs many sighs over entimental music. But does she?

Is a woman really as emotional in r musical tastes as a man is?

Recently at a house party an intersating experiment was conducted by
young women who wanted to find
t. They managed to leave five men

lone in the living room where the thonograph was, knowing that eventually they would start to play it.

Pretty soon there was silence. Then well, these are the strains that loated up toward the second floor thring the course of the stronger sex's arminute session with the talking en-minute session with the talking machine, "The End of a Perfect Day," "Macushia," "Absent," a waltz song from "Elleen" and "Robin Adair." A single jazz-band record was the only concession to man's reputed aversion to the sob stuff.

THIS does not prove conclusively that men care for emotional music cation does not seem so desirable, does not that women do not, but on the 11?

hen men's shirts are hopelessly worn at the neck and cuffs, cut them down for kitchen aprons.

Plain Maple Fudge

Old Family Recipe

To the Editor of Woman's Page:

Dear Madam—Many helps have I clipped from your column and pasted in a vest-pocket notebook, under such headings as Sewing Halling Cleaning Helps' and Washday Watder whether you will be kind enough of truining two other recipes for the last. How to remove stains, esused, I think, by tamon jutce, from a Michigan marble wash-stand? Also, another (sent by one of your yaders two or three months ago), to make a piece of cracked china waterproof.

Wanting to do my little share, am sending a recipe one of our misids gave mather years ago, called by maid's name, Lucinda's ginger cockes; One bist of New Orleans molasses, me-half cupful (inge) of lard, one heaping tablespoonful ginger, one heaping tablespoonful ginger one of our miside ginger of the Editor of Woman's To the Editor of Woman's T

## SPRING MILLINERY BLOOMS IN SHOPS DESPITE A THREATENED FAMINE IN FEMININE STRAW HATS

flected in Milady's Headgear for the Coming Summer Season

Few Hats Are Imported, but American Designers Supply the Lack With Art and Ingenuity

ASTRAW-HATLESS season is com-

"Siep!" cry those of the gentler sex who have quietly and efficiently aided Mr. Hoover in his many "less days," who have forgone many luxuries to help supply comforts for our boys and who are aiding in conservation of railroad ener-gies that all supplies may be transported to the scaperts and thence across to our allies and soldiers. allies and soldiers.

It is asking too much, however, to suggest that they do without the new spring bonnet this season. This is just what will happen if the embargo is not lifted from these treasures. To be sure, the shop windows are now filled with many attractive spring models in millinery, but

NOTHING was said about this at the time, but later in the evening the experimenters saw to it that the other girl guests be left alone with the records. I blush and yet at the same time for the sake of upsetting a popular theory I am glad to report, what happened.

Not a single sentimental selection with the program staged. Poor Butter, what happened.

Not a single sentimental selection was put on that phonograph. Why, there was a regular whirewing value will be program staged. Poor Butter, which may be the program staged. The proposed woman wants here "peppered up."

A long time ago a more digntifed experiment than this one cited was conducted in Italy by Lombroso, a psychologist. But it proved the same thing. The women are less emotional than men.

Do MANY women weep at the the regive spirit of the American woman of today and are not trying to force any particular style on her. Instead the regive spirit of the American woman of today and are not trying to force any particular style on her. Instead the regive spirit of the American woman of today and are not trying to force any particular style on her. Instead the regive spirit of the American woman of the regive spirit of the American woman of today and are not trying to force any particular style on her. Instead the regive spirit of the American woman of the regive was a regular whirewing to force any particular style on her. Instead the regive was a regular whirewing the freight and express tio-up or standing in hoses on the facility and express tio-up or standing in hoses on the facility and express tio-up or standing in hoses on the facility and express tio-up or standing in hoses on the facility and express tio-up or standing in hoses on the facility and express tio-up or standing in hoses on the facility and express tio-up or standing in hoses on the facility and express tio-up or standing in hoses on the facility and express tio-up or standing in hoses on the facility and express tio-up or standing in hose are assured.

Speaking of pokes, they are partilarly good this season. Big ones with a simple ornament on them and little ones covered with a verifable flower bed. These hats are the pride of the sweet. doll-faced girl or woman and will bring to our grandfathers the memory of his youthful days and the picture of our grandmother on her wedding day. Along-side of these may be seen the little turban, the huge sailors and the severe military shapes. While the military hats that turn straight away from the face, high is front and low in back, like face, high in front and low in back, like the stiff dress hats of our officers, have assed the zenith of their popularity bey are still being worn considerably is noticeable that much of the trim

ming, particularly the wings, is arranged to enhance their effect.

The sailor hats are not severe in their lines either. There is a slight droop, suggestive of the mushroom, to be noticed in most of these, and the facings In whipping cream, add a teaspoonful of honey instead of sugar. This gives a delicious flavor, makes the cream stay firm longer and saves sugar.

"Every dairy cow in her lifetime supplies in milk an amount of human food equal to that provided by seventeen steers."—Bulletin United States Department of Agriculture.

1. New York has the largest number of women physicians of any State in the Union, agriculture in the Union, agricultur (virtually all have facings) are of soft grays and taupes, Every hat shop window emphasizes

the great range in choice offered this season. The straws in themselves give a wide variety. Milan, linere and horschair are holding the center of the stage among the large and dress hats Wings, feathers and ostrich plumes and tips, both natural and burnt, are seen on these hats, with only an occasional flower hed motif creeping in. Semi-

Plain Maple Fudge

To the Editor of Woman's Page:

Dear Madam—I have nothered through your cleims and it is a leasure to read it. Will you please print in your ceiums and it is a leasure to read it. Will you please print in your Woman's Exchange how to make thank and we are having a cake and candy sale for the Red Cross on Saturday?

Plain chocolate fudge, which is, of course, dark, is made with the following ingredients: One tablespoonful of butter or nut margarine, two cupfuls of sugar, three-quarters of a cupful of top mills, two squares of unsweetened chocolate and one teaspoonful of vanilla. Melt the butter or margarine in a saucepan and the sugar, chocolate and milk and silr gently until all is melted. Then bring to boiling point and let boil without attring until the candy forms a soft ball tried in cold water. Take from fire, let cool and then beat until candy begins to get sugary. Put in buttered pan and cut in squares.

We hope the affair will be successful.

To the Editor of Woman's Page:

Dear Madam—I have noticed through your column and it is a family of seven for one as the following driven in that you secured hemse for sogs and sort four twith him, but they are having a cake and carried and our deag do not agree and we must be and our dog do not agree and we must be and our dog do not agree and we must be and our dog do not agree and we must be and our dog do not agree and we must be and our dog do not agree and we must be and our dog do not agree and we must be and our dog do not agree and we must be and our dog do not agree and we must be and our dog do not agree and we must be and our dog do not agree and we must be and our dog do not agree and we must be and our dog do not agree and we must be and our dog do not agree and we must be and our dog do not agree and we must be a five to an invalant to an i If you will go to the Young Men's Christian Association, at Franklin and Cathedral streets, in Baltimore, you will either be able to sectire a room or directions to a good, clean rooming house. The headquarters of this association in Baltimore is located in the heart of the rooming-house district. For a number of years popules have seemed to be in disgrace. They are going to predominate the flowers this season. Conservation of wheat and grains has

rooming-house district.

Civil Service for High School Girl

To the Editor of West and grains has extended even to millinery, and not for a number of years has there been so little of this trimming uses in the early hats. Ribbon is another neglected decoration company.

EAT POTATOES TO SAVE WHEAT

By J. H. KELLOGG, M. D., LL. D. TOTHING could be better as a diet N prescription for the whole country than Mr. Hoover's injunction to eat potatoes in place of bread.

Cereals, as shown by Bunge years ago and by Sherman, of Columbia, more recently, contain an excess of acids. As these acids accumulate in the body, insomnia, neurasthenia, finally Bright's disease and other chronic maladies, in-cluding premature old age, make their Meat contains four times as great an

excess as wheat, which contains more acid than common rice. It is thus plain that a diet of wheat

and meat or bread and beef is high degree calculated to breed dis-

not be looked upon as a calamity, but a blessing.

Lers meat and less wheat will help to clear the acid out of the tissues of our gouty and rheumatic tissues and to raise general vital resistance to dis-

The average German has been trained rom boyhood to eat potatoes, and consumes four times as much as the aver age American. A somewhat celebrated Danish athlete lived exclusively on po-tatoes with a little fat for more than a year, and performed prodigious tasks on the athletic field and in the harvest

of butter or other fat, and a pint of milk will supply everything needed by the average man for complete nutrition. A man doing very haru work would need to add two or three pounds more pota-

What kind of artificial light is best for

Editorial for Women Written by a Woman



ANNA WINDLE PAIST

## MONTESSORI METHODS

By ANNA WINDLE PAIST

toes.

The potato is chiefly starch or carbohydrates, the best kind of fuel food, the
element needed to maintain the energy
of the bedy and to keep it warm.

This remarkable vegetable also contains a fine quality of protein, the blood
and muscle building element, a particular in which it is superior to other
vegetables.

But the potato is lacking to the
build in the potato is lacking to the
build in fat.

Infat.

and mustle building element, a particular in which it is superior to other vegetables.

But the potato is lacking in lime and in fat, so these must be supplied by milk, green stuffs, butter or other fats.

The potato is rich in alkaline salts, which are of high value as a corrective, neutralizing the acid wastes of the body, and thus serving as a preventine of kidney disease, hardening of the arteries and other senile changes.

QUESTIONS AND ANSWERS

Heat Rash

Work my friend was not an enthusiant, but a person of sound judgment, a Wellie lead directly its reading. This is a direct preparation for the grade work of the schools and obviously will lead directly its reading. This is a direct preparation for the grade work of the schools and obviously will lead directly its reading. This is a direct preparation for the grade work of the schools and obviously will lead directly its reading. This is a direct preparation for the grade work of the schools and obviously will lead directly its reading. This is a direct preparation for the grade work of the schools and obviously will lead directly its reading. This is a direct preparation for the grade work of the schools and obviously will lead directly its reading. This is a direct preparation for the grade work of the schools and obviously will lead directly its reading. This is a direct preparation for the grade work of the schools and obviously will lead directly its reading. This is a direct preparation for the grade work of the schools and obviously will lead directly its reading. This is a direct preparation for the grade work of the schools and obviously will lead directly its reading. The work of the schools and obviously will lead directly its reading. The work of the schools and obviously will lead directly its reading. The work of the schools and obviously will lead directly its reading. The work of the schools and obviously will lead directly its reading. The work of the schools and obviously will lead directly its reading. The work of the schools and obviou 

Montessori schools are places where normal children assemble under the orection of intelligent teachers. It is here all studies must be made from the synthetic point of view in order that the child may not be oppressed or retarded or overstimulated, any of which should prevent him from attaining his finality. The directress keeps a blographical chart of the child, and this refers to anthropologic research and also to points of hygiene. We make a direct study of the growth of children from

birth up to the highest age they are in our schools. By this means of keeping both physical and mental records the directress is enabled to make an orderly observation of the developing child. We might speak of the evolving of the child, for he not only grows but changes, therefore his energies also have different characteristics, his disposition, his activities, are all in strict relation to his growth. All practice in Mentesses schools, or "children's houses," as the are sometimes called, must, above all, he based on a knowledge of the laws of formation and the laws of time in the construction of mind. There exists an inner force which leads him to help his

construction of mind. There exists an inner force which lends him to help him-self. Liberty must be given this inner

force.

This question of Liberty has been much discussed. It becomes very simple when we repeat "The broader the selectific preparation of the directress, the abler she will be to know which actions to discourage and which actions to encourage." It appears there is a deeply rooted belief in human consciousness that nothing exists in the child and that we must do everything for him; that his salvation rests uniquely in our window, whereas we should know that with in the child there is semething very dom, whereas we should know that with in the child there is semething very superior to our power; it fashions him in beauty and makes him become a man it is through this possibility of unfettered growth and the given conditions of life which cover environment, nurshment, freedom of movement, and then certain stimul or objects by which the child may exercise his mind that life will triumph. will trlumph.

will triumph.

Doctor Montessori has designed a group of "objects" for use in the schools 'This didactic material contains the control of errors and is a stimulus to autoeducation, on which the method is based. Care and management of the environment afford the principal means of motor education; while sensory education and education in language are provided for by the didactic material. A lesson is always given the child in each new work he attempts, and usually this lesson follows the order of the three periods given by Seguin. riods given by Seguin.

While I use some of the occupat employed by the kindergartens, if and the children of five years prefer the Mentersori materials which lead to writing, drawing, number work, writing of the script letters and building of the cardboard letters in words and sentences which will lead directly to reading. This

# Newest Hat Modes for Spring Wear

The very large model at the top is of taupe straw, with a wreath black hemp, trimmed high on the right side and back with gray and black wings. The large black dress hat below is made of bands of maline and milan and horsehair braid. The bands of French blue velvet circle the crown and fall in long streamers from the back. The only other trimming is the little bouquet of French flowers dropped care-

while the second state of the control of the contro

upstanding collar and huge bow of white grosgrain ribbon. The under side of the brim is faced with white hemp.





COLLINGSWOOD, N. J., March 2.— Many residents of this place have schools here. C. M. Gilbert, Jr., teacher of the Baraca Bible class of more than 100 men in the First Baptist Church, and State secretary of the Baraca movement, is one of the prime movers, and has announced his intention of being a sandidate for the school board in opposiand State secretary of the Baraca move-

Tuna Fish Salad Hot Potato Biscuits Current Jelly Cocoa

POTATO BISCUITS One cupful of mashed potatoes will be required for two cupfuls of bread flour previously sifted with three teaspoonfuls of baking powder and one teaspoonful salt. Mix these ingredients well and rub in two tablespoonfuls of shortening Molsten with sufficient milk, or milk and water mixed, to make a soft dough (about one-half cupful will be needed) Turn out on the molding-board and knead very lightly into shape. Then roll quickly and cut into rounds, the biscuits over with milk, and bake in a hot oven fifteen to twenty minutes. Remember, in making potato biscuits, to Many residents of this place have started an agitation for the elimination of the teaching of German in the special here. C. M. Gilbert, Jr. 1000 here is a special sp

Church's Service Flag Has 57 Stars



Full-Page Photograph Taken During the Services Over Archbishop Prendergast in the Intaglio Section of the

PUBLIC LEDGER

TOMORROW

Thank You, Mrs. K.

To the Editor of Woman's Page:

Dear Madam—Will you please tell me
in your valuable column where the following
colleges are located and with what religion
they are connected, if any? Creighton University, Hobart, John B. Stetson University,
Loyola College and Gallaudet? Thanking you,
A READER.

Creighton University is in Omaha, Neb., and is under Catholic auspices. Hobart College is in Geneva, N. Y., and is nonsectarian. John B. Stetson University is in De Band, Fla., and is non-secturian. There are two Loyola Universities in the United States, one in Chicago and the other in New Orleans. There is also a Loyola College, which is located in Baltimore. All of these are under Catholic auspices. Galiaudet College is in Washington, D. C., and is non-sectarian.

Superfluous Hair

To the Editor of Woman's Page:

Dear Madam—I am a girl about fifteen years old. I have superfluous hair on my years old. I have superfluous hair on my upper lip. As the days go by it grows long and darker. It is very annoying. Everybedy remarks about it. I would like you to advise me how to remove it or not to let it show. Thanking you.

ANYIOUS