

PLEA FOR MOPPING UP GRAVY; WAR IS NO TIME FOR NICETIES

Thousands of Pounds' Worth of Meat Are Thrown Out Every Day Disguised as Gravy. If We're Going to Save Food, Let's Save It

SOME one has discovered a new way to win the war. It is by gravy-mopping. That is, by taking up the gravy left on the platter or plate by the simple but effective little method of dipping a piece of bread into it. Food the following letter, which explains:

Dear Madam—May I enter a plea for gravy-mopping as a means to win the war? Gravy-mopping, as you know, is a well-known and well-considered habit. It is a habit which is not only a waste of food, but a waste of money. It is a habit which is not only a waste of food, but a waste of money.

WHAT is to prevent us from making use of the gravies and sauces that remain at the bottoms of our plates? What is to prevent us from making use of the gravies and sauces that remain at the bottoms of our plates?

THE WOMAN'S EXCHANGE

Letters and questions submitted in this department must be written on one side of the paper only and signed with the name of the writer. Special queries like those which follow are invited. It is not intended that the editor should not necessarily indicate the author's name. All correspondence for this department should be addressed to THE WOMAN'S EXCHANGE, Evening Public Ledger, Philadelphia, Pa.

TODAY'S INQUIRIES
1. In whipping cream, what will a delicious flavor, cream the cream in a glass bowl all day and at the same time have sugar?

ANSWERS TO YESTERDAY'S INQUIRIES
1. In substituting butter for white sugar, use a tablespoonful of butter for two scant tablespoonfuls of sugar.

Here comes St. Patrick's Day
To the Editor of Woman's Page:
Dear Madam—I want to ask your advice in regard to St. Patrick's Day. I am planning to have a party and I am wondering what to do about the decorations.

A Reader's Wheatless Recipe
To the Editor of Woman's Page:
Dear Madam—I am sending a recipe for a wheatless cake. It is a simple recipe and I think it will be found to be very delicious.

Country Boy Versus City Lad
To the Editor of Woman's Page:
Dear Madam—I am in school my class is having a contest. The contest is between a country boy and a city lad. I am on the side of the country boy.

Hog Island Company Office
To the Editor of Woman's Page:
Dear Madam—Will you please advise me with the information as to the whereabouts of the Hog Island Company?

Shoes With Cutaway
To the Editor of Woman's Page:
Dear Madam—What kind of shoes would you recommend for a girl who is going to school? I want shoes that are comfortable and stylish.

Spring Showing
The Fur & Millinery Shop, Inc.
1423 Walnut Street

Editorial for Women Written by a Woman



WOMEN TO RESCUE

By MABEL S. GROUITCH
With the nation's attention concentrated on the military and naval forces, the women of the nation are being forgotten. They are the backbone of the home, and their work is just as important as that of the men.

To House Shipbuilders
Dear Madam—You can tell me the names of the shipbuilders who are building the ships for the navy. I am interested in the work they are doing.

To Become Postmaster
Dear Madam—I am interested in becoming a postmaster. Can you tell me what the requirements are?

Character Will Prevail
Dear Madam—I am interested in the character of a person. Can you tell me what the signs are?

QUESTIONS AND ANSWERS
Cure the Tobacco Habit
What will cure the tobacco habit?

High-Heeled Shoes
Who is the wearing of high-heeled shoes?

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TEACHER FAMINE THREATENS IN PHILADELPHIA: BETTER PAY OR LOWER STANDARDS ONLY SOLUTION



Applicants for Posts in Normal Schools Have Fallen Off Recently by More Than Half

A PHILADELPHIA famine threatens Philadelphia. The number of applicants for posts in normal schools has fallen off recently by more than half. This is due to the fact that the standards for these posts are so high that only the best candidates can qualify.

Two years ago the maximum number of girls who could be entered at the Normal School for training was 216. Only those who graduated from high school with an average of 25 were eligible.

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The Children's Menu Card

It is always important that the children be well fed. But it is one of our gravest concerns in wartime to give the children plenty of wholesome food. Do not stint them on whole milk and butter.

BRKFAST
Baked Apple
Well-cooked Cereal with Two or Three Spoonfuls of Butter

MIDDORNING LUNCH
Bread Butter Milk
DINNER
Soft-cooked Egg
Fry Potatoes
Baked Potato

SUPPER
Milk Toast
Baked Custard
Sponge Cake

COGNAC COOKIES
One-half cupful vegetable oil
One-half cupful molasses

Combine the oil, molasses, eggs, beaten egg and milk. Sift the dry ingredients and combine with the liquid.

Y. M. C. A. Symphony Concert
The Y. M. C. A. Symphony Orchestra will give several selections.

J.M. Gidding & Co. 1422 Walnut Street West of Bellevue-Stratford

SPRING MODES

Presenting Models just received from abroad together with Gidding conceptions of the approaching Fashion

Smart Dinner and Dance frocks

Restaurant and Street Dresses

Limousine and Utility Coats

Sleeveless Sports Coats

Toreador Capes

French Blouses & Tailored Shirts

Furs and Millinery

INTRODUCED FIRST IN AMERICA

by Gidding

Toothache Quickly Relieved

Do not suffer the agonies of prolonged toothache or neuralgia, when you can secure almost instant relief through applications of Glyco-Iodine to the gums and face.

Glyco-Iodine is freed from poisonous compounds found in Tincture of Iodine and other similar preparations, but retains all the well-known curative qualities.

TINCTURE AND EXTRACT CO. Philadelphia, Pa.

Tweed-O-Wool advertisement featuring a woman in a coat and a man in a suit. Text includes 'Woolen goods', 'Suits \$23.50 to \$33.50', 'Coats \$35.00 to \$36.00', and 'BLAYLOCK & BLYNN, Inc. 1528 Chestnut St.'"/>