EVENING PUBLIC LEDGER-PHILADELPHIA, TUESDAY, FEBRUARY 26, 1918

SENSE OF HUMOR, A SENSE OF HONOR AND THE WHEAT QUESTION-GIRLS' TRADE SCHOOLS successful in cases of apparent death from electrical shock. No Victory Bread in

OMEN BUY WHEAT SUBSTITUTES HILDA SPONG INDICTS STAR SYSTEM IN DRAMATIC **ART; CHAMPIONS CAUSE OF WELL-ROUNDED PLAYS** AND THEN DO NOT'USE THEM

They Laugh About Fooling Uncle Sam, but Young English Actress It Takes a Queer Sense of Humor to See This Joke

INTY days. It sounds like a sentence. Only the sixty days Mr. er gives us to save 75,000,000 hels of wheat to send our allies it a sentence. It's a period of proion. If we save the wheat we show e are sporting Americans, game to our part toward winning the war. we don't save it, we face compulory rationing, standing in line with brefid cards. We face losing the war. For a long time the United States Food Administration, has been more ar less on its knees trying to make od saving easy for the American ple. Now the situation is put as it night have been well to put it some time ago. War is not the time to consult the tastes and preferences of fastid as palates. War means taking what are told to take or going without. Germans burn their homes on a cer. tutes. But some women have found rounded play."

wheat regardless of how we feel about the occasion. it, of how our families feel about it. With the establishment of victory THERE has been a good bit of hon-bread, wheat saving by the bakers and to a certain extent by families is regu-standing about the use of the sub-Her dara fur roat and small feather has

It is true the Government is at-tempting to regulate the use of white four in the home by law by making

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department would be printen on one side of the paper only and signed with the wants of the writter. Survive institution of the those survive below are include. It is understood that the altern dream of unceasarily inders the surface of the adverteent of and the calculate the surface of the surfa

TODAY'S INQUIRIES

Which contains more nourisiment, sait 1. What is the cost of re-stablishing a smaked fish or fresh lish, and what is the reson for this? What will prevent the stretching of the process of reconstruction in France? what will prevent the stretching of the purling around the waist of a sweater? Sheen, how can one treat it in the re-making?

Instead of washing the huir so fre-nuently that it becomes dull and lifeless-looking what can one do to insure the cleanness of 10?

ANSWERS TO YESTERDAY'S INQUIRIES

ANSWERS TO YESTERDAY'S INQUIRIES In mapping out meals to be prepared indirection of the state introduction of the inter-tention of the state and the well as proper preparation of the meal mapping clothesing and then tucking the a under the mattrees. Costing a solid light straw knittent mapping clothesing affire the proper transmittent of the state mapping the one of the priori black trans-mapping the one of the priori black trans-tion and priori black trans-tion of the state of the priori black trans-tion of the priori black trans-tran

Talks Entertainingly of Need of Theatre of Today Deplores Tendency to Sub-**Old Friends** ordinate Sterling Work

Success

to Desire for Immediate

FROM THE "MARSEILLAISE" O Liberty ! can man resign thes, Once having feit thy generous fame? Can dungeons, bolts or bars confine \mathbf{A}^{N} indictment of the Star system was returned today by Hilda Spong, an thee? Or whips thy noble spirit tame? Too long the world has wept, bewallactress well known here and abroad, now ing That falsehood's dagger tyrants wield, But freedom is our sword and

shield, And all their arts are unavailing. To arms, to arms, ye brave! The avenging sword unsheathe: arch on! mares solved On victory or death. —Adapted from the French of Rouget de Lisle. March on! march on! all hearts re-

Over in France the housewives were it imposible to buy white flour with easily seen that such would affect the not consulted as to whether it would out purchasing at the same time an rest of the production. There really is convenient for them to have the equal amount of white flour substi- nothing like a stock company for a well-

tain day. No, war is not like this, a way to get around this. They boast The gray walls of the theatre, an oc-As far as history records it war has of buying the substitutes and then of casional section of an attractive room never been a matter of convenience, not using them. They laugh at their and pieces of stage property formed a ingenuity. I have a sense of humor, gloomy background for this attractive but somehow it failed me when I heard young Englishwoman who sat on an old

TULAT'S the way things stand today, this little joke. A sense of henor bench telling of her interest in her pro-neemed so eminently more suited to provement. The occasional word or gentenne drifted out from the stage where

inted by law. But is is a sense of stitutes. Some have been under the merged into the shadow of these sur-honor alone that can make a woman impression that it is necessary to use adjusting power which any one who average of the standard ther own home. It must be clearly making, it is not necessary for worder her bright face radiated enhousand and to do this. They can serve more cat-does not constitute serving a wheat-neal breakfast food, more corn muf. Life is filled with immerable tasks, fins, more fried mush and serve less there is work for each and every inditess meal nor living up to a wheatless has, more fried much and serve iss day. The food administration clearly states that housewives must use at these times breads that contain only the very, very small quantity of bread will be required.

wheat that is necessary as a binder in The more petatoes eaten the less fessions. But, according to Misa Spong.

ing to lovers of the strong, old-fash-ioned play a revived interest and spread-ing to the general public an appreciation of good drama.

"These days, you know, everything is frightfully commercial." Miss Spong id : "the managers and producets dare and the managers and proves an immediate success, and so prove an immediate success, and so many promising bits of real drama, as well as the masterpleces of older playwrights, have been crowded off the present-duy stage. The Theatre Workshop offers an stage. The Theatre Workshop offers an opportunity to the actors and actresses to play the things they really want to play and so we who are so interested in the re-establishment of the art of the

sipt of a self-addressed spamped er-

BREAKFAST

Coffee

LUNCHEON (Meatless) Bean Soup Lettuce

Buckwheat Spice Cookles

American Chop Suey

BUCKWHEAT SPICE COOKIES

DINNER

Rye Rolls Pineapple Pudding

Baked Apples Corn Bread

.

Celery

elope.

Scrapple

Cocca

00 A STATE OF THE STA MISS HILDA SPONG

Editorials for Women by Women

TRADE SCHOOLS INTRODUCE NEW STANDARDS By MAY ALLINSON

Assistant Secretary National Society for the Promotion of Industrial Education

who is being seen here this week in "A Gauntle" said. Coming from the headquarters of the Actors and Actresses' War Relief Asso-of the directors, a member of four com-nitices, one of the leaders in the drive for funds and several other things, Misg. Spong is giving of the best of her crea-tive ability in the portrayal of Mrs. Ries in this Scandinavian drama; bring-

airl had a course in geography. She ought to know where St. Louis is. Fortunately such arguments are no longer acceptable. LIFE is meas-uring up to the world's domands. Curiously, the trade school, represent. the boy for LIFE-not business. The og ten vents' thinking on vocational maining for fourteen to eighteen year

HOW TO CURE FLAT FEET

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and night when barefooted. The first thing to do always is to get correct shoes. No gain can really be made until you do. The inner sole of the shoe must be straight and not curved, as many soles are. The shoes must be comfortably loose; every to should move freely and especially the bis too.

should move freely and expectato big too. Why is the big too? Of course there are reasons, and one is because it is often required to act as the support of the entire weight of the body. To have the too squeezed or compressed in any way is to injure a very important part of the body, one that keeps us in good standing, as it were. The only curs for flatfoot is a correct posture and correct shoes.

QUESTIONS AND ANSWERS Sulphuric Acid in Fruit

The Pulmotor





COOK'S

TOURS

Homes Wheatless Day

THE general adoption of victory bread docs not absolve the

housewife from her own indi-

vidual observance of wheatless

On this day victory bread must

not be eaten in the home. Bread served must be made from sub-

stitutes and only a very small

amount of wheat flour is allowed

TOMORROW IS WHEATLESS

DAY. Remember our bread drive

for the ALLIES and OBSERVE

Dried Beef

is Delicious But-

day.

as a binder.



Neuralgia

Food for Children

Hitch your wagon to a star.

Noep your seat, and there you are, ---Seattle Post-Intelligencer,

Developed in all the new shades of Satin, Serge, Taffeta

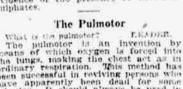
Serge, Taffete and Georgette

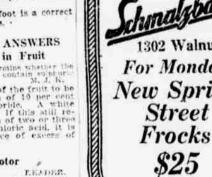
FLAT FEET
Advice on preceding medicing with the prime daily: but on the colored in this will be released.
Advice on preceding medicing with the released by main the prime daily: but on we can be diagoned.
Neuralgia may be caused by main the prime daily: but on we cause the diagoned.
Neuralgia may be caused by main the prime daily: but on the diagoned by the diagoned by the diagoned by the diagoned by the prime daily: but on the prime daily: but on the diagoned by the diagone troubles is receiving much attention from the medical journals and the daily press.

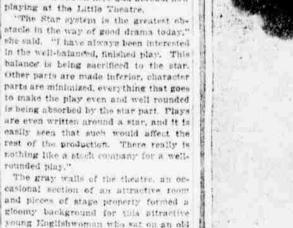
The shoes worn by men are built on anatomical lines to a greater degree than are women's shoes, but some of them are biddly designed and made and

ure and correct shoes.

there any test to determine whether fruits in the market contain suit







a quarter of a teaspoonful of pepper, four cives, two tablespoonfuls of sugar meshait of a bay leaf and two slices of mion. Then press through a collader add to this three tablespoonfuls of sugar add to the sugar add to the sugar add to this three tablespoonfuls of the sugar add to the table to tack the sugar add to the sugar add to the sugar add to the sugar add the sugar add to the tother add the sugar add the following way successful mething the polatoes are cut into eighther.
After the polatoes are cut into eighther add the sugar add the sugar add to the sugar add to send you some helpful advice.

the inside? (Mrs.) M. A great many bump into this trouble hen they fix French fried potatoes. I we found the following way successful getting them just right: After the potatoes are cut into eighths mythwise soak them first in cold water about hilf an hour and than put iem in hot water for a minute. Then for about seven minutes. Then drain brown paper and sprinkle with sait. It ycock one layer of the potatoes at a

For Mentless Day or of Woman's Page

Perhaps this little at a very appage

ave a very apperliains dish in h is very cusy to make. It is a since of over into a bak-a little mile sud sait and ed. The top is serificid with to be a point of the dish is it does not here to stay in here, is the set for the way to be a set of the way to be a the dish will

How to Eat Cheese

To the Editor of Woman's Page:

one-half cupful of white symplet of or of a shortening, three cupfuls of buckwheat meal, two eggs, one-quarter teaspoonful of sait, one-half teaspoonful of cinamon and one-half teaspoonful of clove. Dear Madant-Will you kindly tell me whether cheese should be eaten with a knife or fork? HENNIETTA.

Cheese is usually caten with crackers and is spread on the cracker with a small eliver kuife. Cream theese may be eaten with a fork with salad, but it is customary to spread it on the crackers with a knife. Beat the eggs well and add syrup and melted shortening. Combine with dry ingredients, mixing well. Pour onto a floured hoard and roll to one-eighth inch

To Leon Springs, Texas

To the Editor of Woman's Page: Dear Madam-Will you please let me how through the columns of your paper how many miles team Sorthan. Tak, is from biladelphia and how many days it takes is at there by rail? I. R. M. Leon Springs, Tex, is 2151 miles from Principlic parts in the will take you about forty-sight hours, or two days is the transferrer to get there is non-take the transferrer to get there is non-take the transferrer to get there is non-take keeping. War-Saving Jingles Pat-a-cake, pat-a-cake, procery man. Bell me a Thrift Card as fast as you can. Fold it, and charge it, and mark it with B.

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once accepted, may be increasingly expanded. The school cannot go faster than public opinion. The family that can maintain its daughter in school beyond the grammar grades does not want her trained for the factory. But the manufacturing trades are rapidly gaining favor as college girls become employment managers, welfare workers and educational directors, and as splendid buildings, hygienic conditions and regulated hours characterize the large factory. Here lies the great field for the vocational training of the future.

Shifting aspirations are characteristic of the adolescent child, and the untrained girl sometimes holds fifteen or more wholly unrelated jobs in one year. The trade school girls are more stable because they have a trade.

The largest proportion of those going into new occupations have bettered their condition. The trade school does not create an industrial class nor direct a girl into an occupation from which she cannot escape. The One-half cupful of white syrup or one additional related education acquired in the trade school puts the girl in line for something better.

The State is assuming increasing control over the child under eighteen years. The public school will be one of the agencies through which the State must exercise its guardianship. Every State in the Union under the Smith-Hughes act provides vocational schools for boys and girls under State and Federal supervision. But the school cannot handle the vocational training of the child alone because of its inability to duplicate equipment and thick. Shape with a cutter first dipped in flour and bake in a moderate oven ten to fifteen minutes. — Good Housebusiness conditions. When properly organized it should become the administrative center, co-operating with employers on a part-time working agree-ment. The new vocational school, co-operating with approved establish-

ments and supervised by the State, will become the great conserver of the children who must work, finding out what they can do best, training them for this work, placing them in surroundings approved by the school and the State and maintaining after-care supervision.

me all

and waste are to be avoided, you should have Vogue at hand. For, now every woman must devote even more than her customary care to the selection of her wardrobe, so that not one hat, gown or wrap may remain unworn and its price wasted.

The gown you buy and never wear is the really expensive gown. Gloves, boots, hats, that miss being exactly what you want, are the ones that cost you more than you can afford.

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You need not bother to enclose a chique or even to write? The coupon opposite will do, and is conier and grider

May 1

How to dress number July a How to dress one's salad, car's table, one's servants, together with the latest ways of doing everything from pouring tes to sealing a note. Chats about books, plays, war-charides and people.

house to a Sz-Chuen birdcage-not forgetting charming clothes for the hostess.

Summer clothes are fascination. Vogue knows. Shows. Buys. And you have no regrets.

June

June 18

Everything from a plquant part sol to a clingless bathing suit. What to read and what to do with your friends when you . tertain Hot Weather

Apr. 15

How to be cool though dece rative. How to add the last touch of Paris to one's summer charms.

The Hostess Number July 18

May 13

Summer Fashions

In the Country