PAGE FOR PROGRESSIVE WOMEN-EDITORIALS ON TIMELY TOPICS-HOUSEHOLD MATTE

Miss Clara Hopkins has

handled \$1,000,000 of

the city's funds with-

cut skipping a cent.

THE OPEN SEASON IN FAINTING CLOSED; LYDIA LANGUISH GONE

War and the Woman Movement Have Chased Swooning Off the Map—Question Is, Did Girls Use to Keel on Purpose?

Old Friends

THEN YOU'LL REMEMBER ME

When other lips and other hearts Their tales of love shall tell,

There may perhaps in such a scene Some recollection be

Of days that have as happy been And you'll remember me.

When coldness or deceit shall slight The beauty now they prize,
And deem it but a faded light
Which beams within your eyes;

mask,
'Twill break your own to see,

That you'll remember me.

-WEBB.

it refers to men as well as women.

fainted, you will agree, self-control or

Word Luncheon Invitation

To the Editor of Woman's Page!

attribute of the hard-skinned.

The power they feel so well,

TERE lies ; dia Languish! Heaven! sas ber demise and keep her

ave you missed her-Lydia? Or as it dawned on you that the woman no faints is no longer with us? It k a war, the women movement and according new styles in women's avior to close the open season in ng. But 't's closed.

estion, Why did women faint? And ff they don't have to do it now, why aid they have to do it then?

I do not speculate idly. Science itself interested in the passing of Lydia nguish, and the wherefore of her fore she passed. Note Dr. George Lincoln Walton in his little book. "Peg Along." Dr. Walton is consult ing neurologist to the Massachusetts eral Hospital and a noted special- try at least to control the emotions. lat on the why and wherefore of such This, of course, is important because

FTER establishing the fact that it is no longer an everyday occurrence "for some young lady to be inistered to for emotional colwe," and linking this up with "the advent of the new woman who represents a revulsion from the Lydia anguish type," Dr. Walton proceeds to the matter of why women did faint.

"The question naturally arises." he says, "did the women faint on pur-Perhaps those did who were so gifted, but it was probably as a rule a case, not of the women fainting on but of letting themselves regularly every Sunday morning re-

2. To make a bed in the most efficient way, learn to finish one side of it entirely before commencing on the other side. This does away with the lost time and motion of running from side to side.

2. Petausium permanganate is a cisemical used to remove stains from all white fabrics. It can be used successfully, too, on many colored fabrics, but must be tested first.

Children and the Movies

is an increasing tendency in our coun- Lydia Languish.

THE WOMAN'S EXCHANGE

TODAY'S INQUIRIES

ANSWERS TO SATURDAY'S INQUIRIES

DIET FOR CHILD IN SECOND YEAR

the task or adjustment to a varied diet of solid foods, but must be strengthened by the gradual addition of new foods until the organs are trained to more and to withdraw it and return to the simpler diet at the first sign of trouble. The following list shows the day's meals for a baby in his second year:
7 a.m.—Milk zwieback, toast or dried bread.

dried bread.

9 a. m.—Orange julce.

10 a. m.—Cereal. cup of milk.

2 p. m.—Thin gruel. vegetable, stale bread, baked apple.

6 p. m.—Gereal. milk, toast or bread.

10 p. m.—Milk (may be omitted).

Milk: At this time the baby should be taking about one quart of milk in twenty-four hours; part of thia may be poured over the cereal. poured over the cereal,

Cereais: Oatmeat should be cooked three hours, with a little sait in the water. It should be served without But it is with women we are chiefly concerned. And there is probably nothing more indicative of their sugar, or with a very little only progress than the changing standards lighter cereals should be cooked at least of behavior which make self-control a thing to be desired. When women

fainted, you will agree, self-control or whatever keeps a weak one from keeling over in church was deemed an made by cutting thin slices from such a loaf and allowing them to dry still more, then toasting them to a delicate AND so it is that we are living in made is crisp all the way through and may be used in many ways. Many chillenger does the fair one who keeled in this great constant to a defeate brown over a quick fire. To act thus made is crisp all the way through and may be used in many ways. Many chillenger does the fair one who keeled in this great constant. in thin gruel or milk. Hot breads and regularly every Sunday morning re-biscuits, griddle cakes and muffins are gale her friends later on in the day not suitable for young children.

> Vegetables: A small portion of some properly cooked green vegetable, such as spinach or tender string beans, may be given. Such vegetables should be fresh. They should be cooked, then drained and mashed or strained through a colander.

QUESTIONS AND ANSWERS

What are the best hours for meals, especially for the dinner hour? KATE J.

Food is fuel. It supplies energy to the best hours for meals, especially for the dinner hour? KATE J.

Food is fuel. It supplies energy to the dood just as coal supplies energy to a locomotive. The hody begins to receive energy from the food almost immediately after it is taken into the stomach. The intake of energy from food increases steadily for the first three hours, then it begins to diminish. It is evident, then, that a hearty meal should be taken early in the day instead of late at night. A portion of the food taken is stored up in the liver has to carry a heavy load for some hours before it can be unburdened, and much to its disadvantage.

Fat and Billousness

If the use of fats makes a person billous would put the information he had given them, and his old heart was dead within him. One may not be loyal for seventy was to be taken away. He had watched while the boxes of ammunition were uncovered in their barrels, he had seen the cobbler's shop become a seething hive of activity, where all day men had come and gone.

Fat and Billousness

If the use of fats makes a person billous would nave was to despiring. That very day had he learned to what use the committee would put the information he had given them, and his old heart was dead within him. One may not be loyal for seventy him had given them, and his old heart was dead within him. One may not be loyal for seventy was to be taken away. He had watched while the wast of the core of the first three hours, then it begins to diminish. It is evident, then, that a hearty meal them easily become a traitor.

He had surveyed stonily the costume them, above their heads, it rang out. Slow, ominous, terrible. A sob ran through the crowd. In groups, and at last as a whole, the throng knelt. Men uncovered in head.

"Gone!" he said. "The old King!"

His face twitched. But the horror behind him drove him on through the kneeling crowd. Where it refused to yield. he drove the iron point of the w mapping out meals to be prepared entirely in the oven, what important rule must be observed in order to do justice to the meal and conserve fuel at the same time?

1. Who was Elizabeth Garrett Anderson?

2. Name three unusual color combinations that are very good.

3. Is it proper for a girl to clap as a man claps when a dance is over? The Wanes of Great Britain are the members of the Woman's Auxilitary Army Corps. They do work behind the fighting lines and sleep in barracks. The war Department in the United States is contemplating forming similar units. When an engagement is announced it has grown to be a custom for the man's mother content of the man's mother than the same of the man's mother had been but is very often something more elaborate.

Afternoon Frock of Serge and



Advice on preventice medicine will be given by Doctor Kellogg in this col-umn dally; but in no case will diagnosis or treatment of aliments be attempted. Personal aueries on health will be promptly answered if postage is inclosed.

By J. H. KELLOGG, M. D., LL. D. THE second year is a particularly trying one for most children. Much of the difficulty is due to mistakes in feeding. The baby's delicate digestive mechanism, accustomed to dealing only with mlik, can not all at once undertake complicated operations. The safe rule for feeding the baby is to add but one new food at a time to his dietary; to watch carefully the effect of each one

Breads: Bread for young children

seeds and hard parts should be remov Prunes should be very carefully wash than a necessity or still, on the other hand, something actually done on pur-band, something actually done on pur-pose.

The Waiton goes on to say there blood. Long life to it. And peace to may be used niso.

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer. Special averies like those piven slow are invited. It is understood that the salter does not necessarily inderes the sentiment spressed. All communications for this department should be addressed as follows: THE UMAN'S EXCHANGE, Evening Public Ledger. Philadelphia, Pa.

Foulard



This afternoon frock, designed for spring wear, is of white figured navy foulard combined with navy serge, a fabric com-bination that one sees frequently in the shops nowadays. The

ALLENTOWN'S ASSISTANT TREASURER SCENARIO TO SCREEN AND IN BETWEEN

Notes of the Players in This Week's Shows-Women Stars Lead

Kitty Gordon in "The Divine Sacri fice" is announced for Wednesday at the Bluebird. In it will appear Vera Beresford, who is Miss Gordon's daugh-

Mary Garden, whose first movie appearance was in "Thais," will be at

the Apollo tomorrow in that story. Douglas Fairbanks is a bandit catcher in "Headin' South" at the Stanley.

To cut your flesh for the purpose of hiding pearls is supposed to be what happens to Sessue Hayakawa in "Hid-den Pearls," at the Arcadia.

"Stella Maris" is the best of recent Mary Pickford stories and it will be at the Leader on Wednesday.

Olga l'etrova and her own producing company will appear this week at the Victoria in "The Light Within."

Emily Stevens in "Daybreak" will be today's feature at the Model.

The censors recommended Harold Lock-wood in "Broadway Bill," and it is scheduled for public censorship at the Regent the first half of the week.

The Fox version of "Les Miserables" will be on view at the Rivoli all week with William Farnum in the chief role.

Alfred Whitman, who was formerly known as Vosbaugh, will be featured in "The Wild Strain" at the Rialto on Thursday.

Official British war pictures are scheduled at the Nixon and Colonial.

The Fox kiddles are the chief players "Treasure Island" at the Fairmoun

Peggy Hyland in "The Other Woman is the main attraction at the Palac

Taylor Holmes in "Uneasy Money" in Knickerbocker,

Tomorrow's War Menu BREAKFAST (Wheatless)

Grapefruit Top Milk

Coddled Eggs Spoon Corn Bread

LUNCHEON Tomato Rarebit

Fruit DINNER

Salmon Loaf French Fried Potatoca Canned Peas Coffee Caramel Custards



Says Chip of Cobb's Hollow

ESSONS sin't hard no d more. Seems like the wheels go 'round faster in my head. Mother sez it's 'cause I'm getting nourished so good on Cream of Barley. Mebbe so, I ain't a-goin' t' say nothin' that'll make her stop givin' me Cream of Barley, for I sure do love that stuff.



WHERE THEY ARE NOW SHOWING SMART AND DISTINCTIVE FASHIONS FOR SPRING

INCLUDING

FOR DAYTIME OR EVENING SMART DINNER AND DANCE FROCKS RESTAURANT AND STREET DRESSES LIMOUSINE AND UTILITY COATS FRENCH BLOUSES AND TAILORED SHIRT SEPARATE SKIRTS—SWEATERS

Note-The House of Gidding Maintains Its Own Organisation



Assistant Director Food Conservation Committee of the Philadelphia County W THE "war kitchens" which are being conducted under the dis the food administration are an outgrowth of the present urgent of the Government that we conserve our supply of wheat flour, The housewife has found it difficult to make upe the substitute gested by the Government into good light bread. Up to now whole

Editorials for Women by Women

WAR KITCHENS

By MRS. EDITH ELLICOTT SMITH

to make only white bread. The "war-bread kitchens"

ernment is only urging the house will work no hardship in our home

palatable substitutes for wheat-fire bread is oatmeal bread made for week. Every day at 11 o'clock at again at 3 o'clock some expert des strator actually makes these breads in the presence of an audience.

meetings are informal; all questions are gladly answered, difficulties plained and recipe books are given to the women. The demonstrations attracted so many women during the last

that a larger scating capacity is being arranged for the second week the food drive, and it is hoped that there will be a lot of new faces present Mrs. Charles Boden, who is secretary for the Pennsylvania State P.

eration of Women's Clubs, is in charge of the war kitchens, and I, as and retary of the Pennsylvania Rural Progress Association, am intensely ested in the work, especially as it affects the production end. It is our be-

Edut Eller T Smith

J.M. Gidding & Co. 1422 Malnut Street

Wiest of Bellebue. Stratford

DIRECT THE ATTENTION OF THEIR MANY PHILADELPHIA PATRONS TO THE OPENING OF THEIR NEW SALONS

GOWNS AND WRAPS

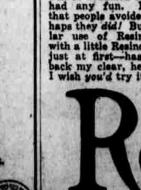
FASHIONABLE FURS FOR SPRING PARIS AND NEW YORK HATS

in Paris, Augmented by Its Personal Representatives.



"When my complexion was red, rough and unsightly, I was so ashamed that I never had any fun. I imagined that people avoided me—perhaps they did! But the regular use of Resinol Scap—with a little Resinol Ointment just at first—has given me back my clear, healthy skin. I wish you'd try it!"





AND FROM TWO OF PHILADELPHIA'S FOREMOST ART CONNOISSEURS ON TUESDAY AND WEDNESDAY AFTERNOONS February 26 and 27, 1918, at 2:30 e'Clock
THE FOLLOWING EMINENT ARTISTS ARE AMONG
THOSE REPRESENTED IN THE COLLECTION

GIRLS LACK FINANCIAL SENSE? ONE MANAGES CITY'S MONEY

Miss Clara Hopkins, Assistant City Treasurer of Allentown, Has Handled \$1,000,000 Without a Single Mistake

By GEORGE ROTH

ALLENTOWN, Pa., Feb. 25.

WAR work has swept many women to the fore; but not so many positions of responsibility have been taken over by women to make Allentown forget its Assistant City Treasurer — Miss Clara Hopkins, a girl who has handled about \$1,000,000 in city funds without skipping a cent.

Assistant City Treasurer Hopkins, right-hand man—or, rather, woman—for the official who has the keys to the municipal strong box, was elected to her present position after five years' service in the City Treasurer's office. She bestate deputy and county organiser of the two succeeding City Treasurers, Samuel A. Knauss and Miles G. Person. The latter recently was re-elected. Nobody was surprised when the City Council elected Miss Hopkins Assistant City Treasurer, for, in addition to keeping the city books without an error, she frequently had complete charge of the office in the absence of her chief.

Assistant City Treasurer Hopkins is a daughter of Mr. and Mrs. Daniel G. Hopkins, who rank high among the State's agriculturists. Mr. Hopkins is State deputy and county organiser of

profiled."

gale her friends later on in the day with the news of how she "had to be after all, according to our doctor after all, according to our doctor friend, a matter of giving in to a tendency which we all possess rather.

It has to do with energetic were gale her friends later on in the day with the news of how she "had to be taken out." Keeling is no longer in portion of baked apple or prunes once a day in addition to his morning feed and price. The apple should be in portion of baked apple or prunes once a day in addition to his morning feed in portion of baked apple or prunes once a friend, a matter of giving in to a tendency which we all possess rather.

It has to do with energetic were greatly washed.

Prunes should be very carefully washed.

Prunes should be removed.

When Reichenbach became Mayor she fafms.

Prunes should be removed.

When Reichenbach became Mayor she fafms.

Prunes should be removed.

When Reichenbach five years sevels cannot be came a clerk under City Treasurer of the City

"LONG LIVE THE KING" A Human Story of Child-Desire, Court Intrigue and Love, the Latest Novel

By MARY ROBERTS RINEHART Copyright, 1918, by Mary Roberts Rinchart and the Public Ledger Company

and rising on it addressed the crowd.

attempting to rouse them. Each time angry hands pulled him down and hisses greeted him as he slunk away. WHILE the birthday supper was at its height, in the bureau of the Had old Adelbert been alive to any

their arms, biasing placards for the wooden leg into yielding flesh, and so made his way.

Fat should not be entirely excluded from the dietary. A certain amount of fat is necessary for good nutrition; at least one ounce a day. Many persons who cannot use fat in the form of cream are able to take sterilized butter or clive oil without inconvenience.

IN THE MOMENT'S

MODES

Their arms, biasing placards for the walls of the town.

Theo, at seven o'clock, something had happened.

The concierge's nicce had gone, leaving the supper ready cooked on the stock of the stove. Old Adelbert sat alone and witched the red bars of the stove fade to black. By that time it stove fade to black. By that time it was done, and he was of the dammed. The Crown Prince, who was of an age with the American lad upstairs, the Crown Prince was in the hands of his enemies. He, old Adelbert, had done it. He wore his new uniform, in honor of He wore his new uniform, in honor of

the day. Suddenly he felt that he could not wear it any longer. He had no right to any uniform. He who had sold his country was of no country. He went slowly out and up the stair-

He went slowly out and up the staircase, dragging his wooden leg painfully
from step to step. He heard the concierge come in below, his heavy footsteps re-echoed through the building.
Inside the door he called furiously to
his niece. Old Adelbert heard him strike
a match to light the gas.

On the staircase he met the Fraulein
hurrying down. Her face was strained
and her eyes glittering. She hesitated,
as though she would speak, then she
went past him. He could hear her running. It reminded the old man of that
day in the Opera when a child ran down
the staircase, and, as is the way of the
old, repeated himself: "One would think
new legs grew in place of old ones, like
the claws of sea creatures." he said fretfully. And went on up the staircase.

In his room he sat down on a straight
chair inside the door, and stared ahead.
Then, slowly and mechanically, he took
off his new uniform and donned the old
one.

He would have put on civilian clothes,

had he possessed any. For by the deeds of that day he had forfeited the right to the King's garb. It was there that Black Humbert, hurrying up, found him. The conclerge was livid, his massive frame shook with

excitement.

"Quick!" he said, and swore a great oath. "To the shop of the cobbler Heinz and tell him this word. Here in the building is the boy."

"What boy?"

"What boy?"
The concierge closed a great hand on
the veteran's shoulder. "Who but the
Crown Prince himself!" he said.
"But I thought—how can he be here?"
"Here is he, in our very hands. It is
no time to ask questions."
"If he is here—"
"He is with the Americans," hissed
the concierge, the veins on his forehead.

"If he is here—"
"He is with the Americans," hissed the concierge, the veins on his forehead swollen with excitement. "Now, go, and quickly. I shall watch. Say that when I have secured the lad I shall take him there. Let all be ready. An hour ago," he said, raising his great fists on-high, "and everything lost. Now—hurry, old wooden leg. It is a great night."

"But—I cannot. Already I have done too much. I sm damned. I have lost my soul. I who am soon to die—"

"You will go!"
And, at last, he went, hobbling down the staircase recklessly, because the looming figure at the stairhead was listening. He reached the street. There, only a block away, was the cobbler's shop, lighted, but with the dirty curtains drawn across the window,
Old Adelbert gased at it. Then he commended his soul to God, and turned toward the palace.

He passed the Opera. On carnival night it should have been open and in gala array, with lines of carriages and machines before it. It was closed and draary. But old Adelbert saw it not at all. He stumped along, panting with haste and anhaustion, to do the thing he had set himself to do.

Here was the palace. Before it ware packed dense flyongs of silent people. Now and then a man put down a box.

sell us to Karnia."
"Fools!" cried "Fools!" cried old Adelbert, and pushed her off. When she refused to release him, he planted his iron toe on her shapely one and worked his way forward. The crowd had risen, and now stood expectantly facing the palace. Some one raised a cry and others took it up.

it up.
"The King!" they cried. "Show us the little King!" (CONTINUED TOMORROW)

Salmon Loaf

SALMON LOAF
Mix one cupful of dried bread crumbs. one teaspoonful of salt, one-quarter tea spoonful of pepper, one teaspoonful of onion juice, one cupful of boiling water, one egg, beaten, and a can of salmon one egg, beaten, and a can of salmon flaked. Pour into a greased mold and let bake in a moderate oven. Serve the loaf with white sauce with a little lemon juice added or with tomate sauce. Any of the other recipes called for on this war menu will be malled on receipt of a self-addressed stamped envelope.

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EDITH ELLICOTT SMITH