

THE SOLDIER'S BRIDE RISES TO CALL HER BLESSED AND IS PERFECTLY WILLING TO FORGET THE HYPHENS

THE SOLDIER'S BRIDE RISES TO CALL HER BLESSED AND IS PERFECTLY WILLING TO FORGET THE HYPHENS

CERTAINLY her own has brought one woman into her own. God bless her, she is the mother-in-law! Before the war, in spite of the fact that it was not as bad as our jokesters would have us believe, the hyphens are as good as gone. She is just mother, and daughter-in-law, who had a few hyphens of her own, is just daughter!

It could have been otherwise when you think it over. When a soldier son fledged around and ventured as how it wouldn't look right for the wife he intended to take, to live with her people and be supported by them, his mother might have kept quiet or might have spoken out her mind on the subject of war brides. But she didn't. "Bring her home to me," she said simply, although the girl might have been her pet aversion. But you see this little fluffy-ruffly war bride-to-be had one big saving grace. She loved this boy who was his mother's son! She loved him enough to marry him on the eve of his going to war.

AND then there was daughter-in-law. She had a way of thinking young people knew just a little bit more than those older and not quite so well pointed on the newest books, on the smart thing to wear perhaps. But how different it all was when she and mother got together on the subject of this man they were sending off to war. What did a best-seller mean when there was the vast and mighty field of getting his winter underwear to be discussed? Who wanted to talk about what was going to be worn in spring when mother got out the old photograph album and told about when he was a little boy? Oh, the richness of a common bond of love and anxiety!

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed with real names below are invited. It is understood that the editor does not necessarily endorse the sentiments expressed. All correspondence for this department should be addressed to THE WOMAN'S EXCHANGE, Evening Public Ledger, Philadelphia, Pa.

TODAY'S INQUIRIES
1. What delicious and healthy sweet for the children can be made with oranges?
2. How can temporary inexpensive weather clothing be made?
3. What will keep clothes from freezing to the clothesline?

ANSWERS TO YESTERDAY'S INQUIRIES
1. A delicious punch can be made of one-half ginger ale and one-half water, orange juice and lemon juice.
2. The steaming of a leakette is a health measure because nature intended we should breathe air with comparative humidity.
3. A solution of one part chloroform, one part benzene and one part kerosene in a quart of water, drawn from the most distant of fabrics, draw a circle of color on the fabric, and then wash with its spreading while working on it.

Happy Birthday to You
Dear Madam—Will you kindly publish in the paper how to have a birthday party for a girl? We have twins, a boy and girl, of eleven years of age. We would like to know how to prepare a nice party for thirteen children, and how you would give in some advice on Washington's birthday.
TONY AND SUSIE

Good Reading for Children
Dear Madam—Here is a list of much good reading for your children. My little girl would be benefited by the following books: "The Story of the American Revolution," by Dixon; "The Story of the American Republics," by Dixon; "The Story of the American People," by Dixon; "The Story of the American Government," by Dixon; "The Story of the American Constitution," by Dixon.

Yellow Tint to White Hair
Dear Madam—Can you tell me how to remove the unattractive yellow tint from white hair? How should I wash it?
Mrs. H. B. B.

All in Her Imagination
Dear Madam—Here is a list of much good reading for your children. My little girl would be benefited by the following books: "The Story of the American Revolution," by Dixon; "The Story of the American Republics," by Dixon; "The Story of the American People," by Dixon; "The Story of the American Government," by Dixon; "The Story of the American Constitution," by Dixon.

Save the Wheat
Chip
Cream of Barley

FLORENCE KOBER EXPECTS TO USE ALL HER ABILITIES IN FRANCE

Florence Kober expects to use all her abilities in France. She is a versatile girl, expert in metal work, jewelry making, design, a fine welder of the hammer and a "trucker" electrician and plumber, who will leave shortly for "over there" as chief mechanic with the first women's overseas hospital unit of New York city.

VERSATILE GIRL IS VERITABLE DYNAMO OF ENERGY AND GOOD CHEER

"JACK" of all trades may have been regarded rather skeptically in our grandmothers' time, but not in these days. It seems to be the "jill" of all trades who are filling some of the big and important gaps left by Uncle Sam's fighting forces. And here is a Philadelphia girl, expert in metal work, jewelry making, design, a fine welder of the hammer and a "trucker" electrician and plumber, who will leave shortly for "over there" as chief mechanic with the first women's overseas hospital unit of New York city.

"I most certainly expect to find an opportunity to use every one of my accomplishments, even to jewelry making, and a whole lot that I haven't got too," Miss Kober said with a laugh. "I expect I shall come back a wiser girl, for there will not be all the conveniences of a big manufacturing city out in the devastated part of France where our hospital will be located. We will probably have to turn inventors as well."

While she talked she looked speculatively at her hands—fine, capable hands, long fingers which showed a thirst for knowledge, big palms, indicating a large capacity, and the curved exterior of those palms which would plainly tell any student of chiromancy that she was destined to do original things, that she would branch out from the accustomed field of woman's endeavor.

"We are to take all our equipment with us from here. I'm fearfully afraid we will find we neglected to take some little things that will seem like unimportant, common articles that are most needed and hardest to get. I've tried to take everything and not leave a thing to chance or to be obtained from the depleted French supplies."

"Our own motor trucks and ambulances will carry us, and our equipment from Bordeaux to Paris, where we will probably stay two weeks before we make our arrangements and receive our orders and commissions from the French Government. You see, this unit was first offered to our own Government, but after indefinite promises and long waits it was offered to the French Government with the sanction of the United States and immediately accepted."

In her practical brown khaki suit, brown leather shoes and her carriage, she is a girl who can take a thing to the end of the world. She is a girl who can take a thing to the end of the world. She is a girl who can take a thing to the end of the world.

IN THE MOMENT'S MODES

Jerkin and Chapeau Set
This charming set of jerkin and chapeau is fashioned from rose-color silk, elaborately stitched in vari color silks. A set of this kind is a most attractive accessory to a simply modeled one-piece frock, as it really transforms the frock into another costume.



CHIP OF COBB'S HOLLOW

Dear Rusty
Today the new trustee came to our school. He wuz bald and his glasses set so far on the end of his nose he had to bend backwards 'look through 'em. He sez I want each little boy 't tell me what sacrifice he is making 't help his country in the war. Gee, the fellers couldn't think of nothin' until I up and sez, "I eat Cream of Barley for breakfast 't save wheat for the soldiers." Then Hinky spoiled it all. "Please sir," sez he, "we eat Cream of Barley at our house 'nd most all the other fellows do too, but it ain't no sacrifice. We're all crazy about Cream of Barley 't's so awful good." The trustee said 't was a mighty good thing to do anyway 'nd gosh I guess it is. Whyn't you eat it.



Save the Wheat
Chip
Cream of Barley



MISS FLORENCE KOBER

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"One thing just naturally led to another. I assure you I was not prompted by any premonition of this special kind of usefulness, even when I started a course in carpentry at Carnegie Institute last fall, but I did feel when I shifted my energies to electrical engineering that I might find a niche waiting for me."

"My father was of an inventive mind, always working at tools and machinery, and I have always been able to use my hands. Even as a little girl I helped wire the house for electricity. We lived in Michigan then, where I took courses in metal and leather work at the high school. When I came here to Philadelphia to study design and jewelry work, my family came too, and we are regular Philadelphians now."

"For two years I taught art at the Winchester School, in Pittsburgh, and it was while there that I took the course at Carnegie Tech, working nights on the dynamo and mastering the practical knowledge of electricity. When I thought of going across with the Women's Hospital Unit I studied plumbing, too, so you see I am a 'jack at all trades' though I hope the old adage will not prove true."

"The Women's Overseas Hospital Unit, of which Miss Kober is the chief mechanic, is made up of women from all over the United States. It is in charge of Dr. Caroline Finley, Dr. Alice Gregory and Dr. Anna Van Stoll. There will be twenty women in the unit, including twelve doctors, twenty nurses and many aids and orderlies. It is being supported by the Red Cross and National Suffrage Association at an expense of \$125,000. This money is being used simply for equipment, as all the members are giving their services as their 'bit.'"

Just Fashion
"Genile embroidery vies with wool embroidery in decorating the new adjustable fish tail veils—have you one?
Wool jersey is still the ideal sport suit fabric.
Stripes and stripes for sports wear.
Detachable tunics—a new note.

War Savings Jingles
Sing a song of thrift stamps.
Pocketful of dough.
When five years are over.
The U. S. Government
Will give you back your capital,
Enriched by four per cent!

Chip
Cream of Barley

WALKING AIDS FOOT HEALTH

Answers questions on every letter, and "right living" conducted by J. H. Kellogg, M. D., LL. D., assisted by J. M. Kellogg, M. D., LL. D., registered dietitian and Food Inspector. Questions concerning the treatment of diseases will receive prompt answer.

By J. H. KELLOGG, M. D., LL. D.
WALKING is not only a means of getting somewhere—it is also a recreation—a recreation, and a valuable remedy for various disorders—constipation, obesity, etc.

Notice what a great health asset the hikes, the drilling and the open-air life have been for the young men who are in our training camps. This all involves footwork.

It is a poor kind of workman who deliberately blunts and breaks the tools which he needs for important work when he knows that he cannot replace them, when he knows that to use the damaged tools will cause long, drawn-out suffering.

The common unnatural gait, with the weak and diseased feet and the fallen arches that go with it, is caused by several things, but chiefly by shoes that distort and cramp the feet.

There are cases of flat foot in little children, due to delayed development of some of the bones of the feet; this has been shown by radiograms. Such feet must be treated by an orthopedic surgeon. Weak feet in children is often due also to excessive weight and to illness.

From early childhood, shoes are worn from morning until bedtime, and children's feet are not fitted to shoes as carefully as they should be. A child's foot grows rapidly. Parents forget this and expect a child to wear his shoes until they are worn out, even though the foot becomes too long for the shoe.

In buying shoes for children, take care that they are long enough to allow for normal growth of the foot during the life of the shoes, and that they are broad enough so that no undue pressure may be exerted on the toe joints. Avoid so-called foot-forming or foot-shaping shoes. Be sure that the shoes you provide for your little ones are so shaped as to allow nature to develop the foot without hindrance.

QUESTIONS AND ANSWERS

Nervous While Asleep
My boy is twelve years old. When he is asleep he talks and sometimes even gets up and walks. He is apparently in good health and large for his age.
G. S.

Sage Tea
I have tried several or four teeth in the lower jaw which are loose. They are not decayed, and I have tried several dentures, but I have nothing that will tighten them.
E. H. S.

Loose Teeth
I have tried several or four teeth in the lower jaw which are loose. They are not decayed, and I have tried several dentures, but I have nothing that will tighten them.
E. H. S.

Cause of Fever Blisters
Will you please tell me the cause of so-called fever blisters, and how can they be prevented? Why do they usually come around the mouth and always on the face?
J. H. S.

Requirements of Tea Lovers are Rigid
Tetley's Tea Satisfies Them All
ONE LITTLE TEASPOONFUL MAKES TWO CUPS

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Editorials for Women by Women

TO LIVE—HOW? WHERE?
By EDITH DUDLEY SHELDON
Executive Secretary of the Philadelphia Bureau of Boarding Houses

These are the critical questions of the present day more than ever before, owing to the abnormal conditions of the entire world.

Dr. Richard Cabot, of Boston, has said that to live involves work, play, love and worship. Work requires the consideration of the individual in relation to his or her job, the remuneration resulting, the conditions under which that labor is accomplished, "all which work and no play makes life a saying applicable to all ages of life. It is indeed true that the play or recreative hours of the wage-earner make or mar the efficiency of the day's labor and the enjoyment of life. Yet, the conditions of work, of play, of rest, influence the physical, mental, moral well-being of the individual. Real friendships established between coworkers brighten the daily existence of the human being. Without love given and received the highest ideals of life are not even approximately realized. The associates of the play hours mean much in the day's program. Then, the spiritual or worship is the fourth element mentioned by Doctor Cabot in "What Men Live By." To every person at some time or other there comes a longing for better things; a seeking after good which is inspired by the religious man's nature. To live, then, in the truest and broadest sense the term is to correlate the day's occupations—work, play, rest—that the best of the individual—mentally, morally, spiritually—is developed.

There are organizations which have for their object the improvement of labor conditions. Others confine their efforts to education. Some emphasize recreation, others religious activities. Especially now, when so many girls and women are coming to Philadelphia for employment or for other reasons, there is a great opportunity to aid them in finding living accommodations, recreation, etc.

The Philadelphia Bureau of Boarding Houses for Girls and Women, a nonsectarian organization, has as its object to provide clean, pleasant, proper homes for girls and women who are living away from their families. The girls from North, South, East and West, varying in age from sixteen to seventy years, hears of the bureau, and before she comes to the city she writes asking for help in her search for a home. In answer to the bureau's reply, when she comes into the city, she visits the offices at 206-207 Otis Building, Sixteenth and Sansom streets, and the various elements, for example, location of employment, whether a large or small family home is desired, prices of rooms, are considered; and then suitable recommendations made from a list of registered houses. These houses have all been thoroughly investigated as to moral and sanitary conditions. At least two references are required for the landlady and a registration fee of twenty-five cents. When the house has been visited and the written references received, if the investigation committee approves, the house is formally registered. However, the bureau reserves the right to withdraw the house from the list if satisfactory conditions are not maintained. The secretaries are always glad to suggest to the applicant, if desired, reliable employment agencies, educational institutions, places of recreation, churches or other associations, thus giving the stranger within our gates, or, indeed, a Philadelphian, a chance to live—merely to exist.

War conditions have brought to the Bureau of Boarding Houses opportunities of patriotic service besides helping the strangers. Many families appreciate even a small increase of income and gladly, through the bureau, offer their extra rooms for the use of girls and women who, in their turn, enjoy the family home.

Societies and associations constitutionally have needs, and the Philadelphia Bureau of Boarding Houses for Girls and Women is one of the flock. Our financial need is great and pressing at this time, as our usefulness has increased more than 500 per cent over the corresponding month in 1917. We need a larger list of houses. We need, above all, the thoughtful interest and cooperation of the citizens of Philadelphia.

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Advertisement for Nemo Self-Reducing Tea, featuring a large illustration of a teacup and saucer, and text describing the product's benefits for stout figures.

Advertisement for Tweed-O-Wool clothing, featuring a large illustration of a woman in a long coat and hat, and text describing the quality and variety of the garments.