LADELPHIA GIRLS PLAY SMILEAGE CIRCUIT—SHALL WOMAN PROPOSE OR HOLD HER PEACE

IRISH LASSIES CHUER TOUR BOYS"

NOT LET HER PROPOSE? WAR CONFERS PRIVILEGES

nen Woman Might Have the Name as Well as the Game of Making Man Do Something She Has Always Made Him Do

18 too bad, declared a prominent lately, addressing a Chiclub, that custom does not permit st young woman of today to

ill. why not? They have put the young woman in trousers, given her a man's-sized pay enso why not the rest of man's o right? Why not let her pro-

at is-provided she wants to! he biggest woman movement in the ry of the world is in the air. ared with it all other woman ents have been as mere clock Those with vision can see it etching down the middle of the road ugh future ages. Woman free to vote, free to study and work where he pleases. Woman free to propose. That is-provided she wants to:

ery beginning man has been the pur- never intended to? and since that time woman has et it be given out that she has been TT IS a rather secure gamble that for him to come woo her,

ing in the parlor at all?

Will anything make her want to is lost, my that she's been quite actively wait. Will she be willing to let go wasted ing in the parlor? That while man all this and discard it for something. has always had the name of proposing, thought of which has at all times perilstion just a little sooner than he woman! woman sat so very quiet?

A Woman's Crowning Glory

She Spilled Salt in the Sugar

Old Friends

THE LOW-BACKED CAR When first I saw sweet Peggy.
Twas on a market day,
A low-breked car she drove and sot
Upon a truss of hay;
But when that hay was blooming

grass,
And deck'd with flowers of spring,
o flow'r was there that would compure
With the blooming girl I sing.
As she sat in the low-backed car

The man at the tormpike bur Never ask'd for the toll, But just rubbed his audd poll, And look'd after the low-backed car. SAMUEL LOVER.

Will woman's new-found freedom make her acknowledge that there's ne such thing in the world as a tonguetied man-not if he doesn't want to be? Will she own up to that men are shy—but not so shay as we think they are? Will she stand up and tell all their cheering songs and dances and WAR has dealt many a smashing are shy-but not so shay as we think blow to tradition. But this quest hey are? Will she stand up and teil ail lon brings us to the most deenly the world that when a man doesn't luri poted tradition of them all. From the propose, it's a pretty safe but he

It is a rather secure gamble that the act, too, and it is sure to keep paners him to come woo her. never want to propose in face of all Shall war and the things it has done these facts. If she is very earnest she Shall war and the things it has done these facts. If she is very earnest she They sing the songs which the boys to enfranchise woman be powerful will tell you herself that it wouldn't have heard at home and bring the firetopsy-turvy? Will anything under the years perfecting the art of making a ever make woman want to come man want to do something that he get in the open and acknowledge that honestly and sincerely imagines be really she hasn't been passively wait- thought out all by himself. It hasn't been easy. One slip sometimes and all Maude Albert, Contralto, and

old himself? Strange, wasn't it, when Really, I don't think the earnest young woman wants to propose.

Washington's Birthday Party

To the Editor of Women's Page.

THE WOMAN'S EXCHANGE

TODAY'S INQUIRIES

ANSWERS TO YESTERDAY'S INQUIRIES

HEROES TO HEAR SUNSHINE TRIO'S SONGS AS SWEET INTERLUDES OF WAR'S STERN CLANGOR

Margaret, Kathryn and 'Billie' O'Gorman, Philadelphia Girls, Entertain Hospital Patients With Music and Dancing

Patriotic Sisters Who Have Cheered Cantonments Will Carry Their Gifts Under Uncle Sam's Patronage

AFTER you have been dedging Boche bullets and bombs for months and living in an atmosphere of smoke and trenches, what is more welcome than a visit of three pretty girls to sing to you while you are resting up a bit from the in of battle?

And to cheer such horoes is one of the chief aims of the Misses Margaret, Kath-ryn and "Billie" O'Gorman, sisters, They are Philadelphia girls and Justly named frive away all gloom wherever it may

In addition to visiting the canton ments these charming sisters have also entertained many of the boys who are convalencing at the hospitals.

listeners.

Y. M. H. A. CONCERT

Ethelyn Dryden, Pianist

The Young Men's Hebrer Association

The "Three Irish Graces," as the O'Gorman sisters, Margaret, Kathryn and "Billie," are called, are going from camp to camp throughout the country and in Canada as well, delighting the boys in khaki with their songs. They also sing in army hospitals, and their friends call them the "Sunshine Trio." mgh to turn this order of things do any good. Women have spent side, as it were, right to the camp or tered the war the O'Gorman girls sang | Their success was so pronounced that

on the Recruit, the battleship which they were invited to tour the camps Shortly after the United States en- stands in Union Square, New York under the auspices of Uncle Sam.

not hold his head up well, does not sit up straight as children do at his age, should suspect rickets. If his head is

overlarge, or his legs are not developing

well, or his teeth are much delayed, she should strongly suspect this condition.

A certain amount of bowing of the

rickety condition is remedied. The bones

but operation will cure. Braces are not

To Insure Pure Air

I know of no such device nor would

Gymnastic Dancing Would it be injurious for a woman of forty-six to take symmatic dancing if he general hosits is good? PAULANE.

The exercise is excellent, but outdoor

Keeping Off Frost

exercise is better. Try both

Is there any device or appliance which of can wear while traveling to reduce the itake of contaminated sir? LUCILE.

BAD SHOES END

traite, and Ethelyn Dryden, planist THE short muscles of the feet play a Their program, which proved a bit over- I very important part in walking, and Cream and butter should be added. long, but thoroughly interesting from any shoe or stocking compression weak-Fruit and vegetables must be given. It

"II Min Bel Foco." Bensdetto Marcello.
"II Pleure Dans Min Cosur." Claude de
Bussy: "Bonibur, Suson." Leo Delibes ariafrom "Samson et Belliah, "Amour, viens
Anider." C. Saint-Saens.

For contraito (a) "Papillons." (b) "Les
Pettis Moulins a Vent." Francis Couperin
(a) "Warmer" (b) "Vogel Als Prophet."
(a) "Warmer" (b) "Vogel Als Prophet."
Anton Rubinstein.

Anton Rubinstein.

The toos are squeezed together and the kept off his feet as much as poss the bones are bent by narrow pointed the bones are bent by narrow pointed the length of shoes; corns, calluses and bunions form, so that proper bending of the foot is a painful act and is unconsciously avoided. Short-fitted shoes are directity "Warmer" (b) "Vogel Als Prophet." (c) "Rubinstein (c) "The benefit of children are not completely ossi avoided. Short-fitted shoes are directity "Robert Schumann: "Prelude in A minor."

Anton Rubinstein (c) "The benefit of the shoes are directity "Rubinstein (c) "The benefit of the shoes are directity "Rubinstein (c) "The benefit of the shoes are directity "Rubinstein (c) "The benefit of the shoes are directity "Rubinstein (c) "The benefit of the shoes are directity "Rubinstein (c) "The benefit of the shoes are directity "Rubinstein (c) "The benefit of the shoes are directity "Rubinstein (c) "The benefit of the shoes are directity "Rubinstein (c) "The benefit of the shoes are directity "Rubinstein (c) "The benefit of the shoes are directity "Rubinstein (c) "The benefit of the shoes are directity "Rubinstein (c) "The benefit of the shoes are directity "Rubinstein (c) "The benefit of the shoes are directity "Rubinstein (c) "The benefit of the shoes are directity "Rubinstein (c) "The benefit of the shoes are directity "Rubinstein (c) "The benefit of the shoes are directity "Rubinstein (c) "The benefit of the shoes are directity "Rubinstein (c) "The benefit of the shoes are directity "Rubinstein (c) "The benefit of the shoes are directity "Rubinstein (c) "The benefit of the shoes are direct For piano: "Pur Dicesti." Antonia Lotti: are high and narrow (and they usually Dem Unendlichen," Franz Schubert. are) the proper balance of the foot is are) the proper balance of the foot is

disadvantage, the ligaments of the feet become stretched and may rupture. Permanent changes take place in the bones and spasms of pain occur in the entire foot structure. Then it is that the adult realizes that his feet are in

a serious condition, that walking is really agony. He seeks remedies for the condition brought on by his own folly and by tame submission to the wearing of shees designed by those who have no knowledge whatever of hygienic shoes, or, if they have, make no use of it.

In treating diseased feet one must be guided by the extent to which the condition has progressed, by the local and general physical condition and by the patient's mental attitude. It is impossible to do anything if the patient refuses to recognize the causes of his suffering and who is therefore not willing to abandon had shoes and do everything possible to correct foot abuse. Occasional visits to a chiropodist give only temporary relief. It is manifestly impossible to put the foot back into normal shape when the bone structure and the muscles have grown out of shape. Massage, tonic foot baths, comfortable hostery, and, most important of all, correct shoes, are absolutely necessary.

Properly shaped shoes and exercise of the feet while seated, as well as standing, will accomplish wonders with sick feet, since this condition is due, in the first place, to improperly shaped or incorrectly fitted shoes and consequent. To help you save your coin," said Simple Simon, sai

first place, to improperly shaped or in-correctly fitted shoes and consequent bad posture. The percentage of bad feet due to other causes is very small

We admit the difficulty of getting proper shoes when the average dealer sells only the so-called "highly styled" shoes. However, there are correct shoes on the market that can be procured if one really wishes to have the full use of his feet with comfort.

Bowlegs in Babies

Would you kindly inform me if there is a cure for howleggedness in child of two years. What causes it? Will it correct iself if left alone, or would out abyise praces? MRS. Liewis.



Kuehnle's Sign

stands for a lot more than a mere advertisement. It is your standing guarantee of satisfaction.

Get our estimate-no obligation

Kuehnle PAINTER 11 8.16th St. 1222 1475

"Vive La France!" CRIED one woman as she stood on the curbstone last spring

cheering General Joffre. But she serves wheat bread today at the times the Government

has proscribed as wheatless. There is only one way to make France live-to feed her. All the shouting and the tears shed over the pity of it all will not smooth away one of her hurts.

Most of all France needs wheat. There is no miracle way to get it for her.

It must be gathered from every flour bin in America. TOMORROW IS WHEATLESS

DAY. Never mind about the family next door. DO YOUR PART.

Tomorrow's War Menu

BREAKFAST Apple Sauce with Rice and Cream

LUNCHEON (MEATLESS) Fish Chowder Pickled Pears Oatmoal Cookies

Potato-Crust Mest Pie Pineapple Salad with Honey Dressing POTATO-CRUST MEAT PIE

To one quart of hot boiled potatoes add enough hot milk to moisten. Season with margarine and salt. Mash in kettle in which they were boiled and beat with fork until light. Stir in onehalf cupful minced meat. Have ready four hard-boiled eggs and one-half cup of stock or gravy. Arrange potatoes and sliced eggs in dish in alternate layers with potatoes forming top and out, bowlegs; or "bend in," knock knees.
Why are the bones too soft? Because
of rickets. A mother who notices that Brush over the top with milk or egg and brown in hot oven.—U. S. Food Adminof rickets. A mother who head, does her baby sweats around the head, does not sit. istration.

Front Line

Standing on the fire-step. Rickets should always be discovered and cured before the legs begin to bow. If the legs have bowed, can anything be done? Yes. The food must be richer. The black was filled with figure His comrade could not mark ecause it was softly snowing Because it was Christmastide He saw three figures passing Glittering in their pride is well to feed the milk raw. Life in the open air is essential. The child should be kept off his feet as much as possible

One was a blackmoor,

One a bearded Persian;
They all rode up to the door.
They all rode up to the stable door,
Dismounted and bent the knes. legs tends to remedy itself when the of children are not completely essified and the tendency of the muscles is to pull a slightly bowed bone to its normal shape. If the deformity is bad, nothing The door flamed open like a rose, But more he could not see.

Standing on the fire-step In softly falling snow.
It came to him—the carol—
Out of the long ago.

He heard the glorious organ Fill transept, loft and nave. He faintly heard the pulpit words. "Himself he could not save." and all the wires in no-man's-land Seemed thrummed by ghostly thumbs There woke then such a harping

As when a hero comes

He leaned against the parapet And peered into the black. Century.

A brand of Grapefruit that stands for more juice and richer juice.

ropiko

GRAPEFRUIT "Juiciest Fruit in the World"

Be sure name "Tropiko" is on each wrapper.

LUCY LANE TRAUTWINE

meantime, with the Government ou of the city, where the supply has insufficient for years, what is to come of the long-suffering civiliant For much of the present trouble the use of the "nearside" car is at exponsible. A car with entrance and exit at the same end is bound cause crowding of passengers near that end, intolerably impeding the

shortage. Traffic suffers in all dis

situation is that, although the gen

nated to those of the Government

tries, feel that the national war and

in Washington. On the occasion of

spurt and locally under threate

espionage, inevitably at the ex

It is reported that the Gover

as ordered a hundred cars from p

Brill Company, a few of them to

delivered in ninety days; but, in the

of the rest of the system

public's requirements are

traveling public.

tions, to the Intense discomfort of the

A serious feature of the pre-

matter of detail is the lack of emergency crews, disabled cars having to until the next car of the line comes along and pushes it forward. In this connection serious consideration should be given to the q of employing qualified and registered women as conductors and as m men. Three hundred women have been so employed with success in

trance and exit of passengers and involving delays at crossings. A

Editorials for Women by Women

PHILADELPHIA'S TRANSIT CONDITIONS

By LUCY LANE TRAUTWINE

Chairman on Transit Conditions of the Civic Club of Phi

TRANSIT conditions have never been ideal in Philadelphia, and just

demand for the transportation of armies of governmental workmen to

they are aggravated by acute conditions, including a heavy and a

from outlying points, by the withdrawal of men for military service and

phenomenally cold and snowy weather, combined with an unprecedented

York, and many women have so registered in Philadelphia. To what extent the present condition is the result of inaction or ne upon the part of the company or of its natural desire to make the am possible outlay for a given return can be properly determined not by the hysterical outcries of the victims on the one hand, or by the interested place ings of the company's officials on the other, but only by an exhaustive and cold-blooded study at the hands of qualified experts.

But all know that these conditions are intolerable, and it will serve the company and public alike to have these conditions formulated and public denounced. It is believed that this can be most effectually accomplished all interested organizations and individuals will send their several pre-

Such protests should by all means include an imperative demand for the immediate installation of an effective and ample jitney service, free free hampering restrictions dictated by the self-interest of competition-fer rivals. If, as threatened, the Government is to commandeer cars for its purposes, still further crippling the already crippled service to the civilians, litney service will be more than ever a necessity.

If the Philadelphia Rapid Transit Company is sincere in its protests of singleness of purpose in the public interest it will unqualifiedly informs

ducy Laner Teatrons







Speedways of Communication

The million and a half miles of wire in the Western Union System are the speedways of communication open day and night. Fifty thousand employes are trained in their work of assisting the direction of the enormous business of a mighty nation. The mature efficiency of 67 years is the value of this organization in these times of stress.

WESTERN UNION

Telegrams—Day Letters—Night Letters— Cablegrams—Money Transferred by Wire

THE WESTERN UNION TELEGRAPH CO.

Butter of Nuts for Baking & Frying USE 1/8 LESS THAN COW BUTTER

light, wholesome combread or mussins made with Sawtay. "Good as cake," the kiddies say. Makes delicious biscuits, too, and fries crullers to "a turn."

EVERYONE will enjoy Wheatless Day if you serve

"Better than Community Stores Cheaper than We Serve You Save Good Lard" Good Lard" At Your Grocer or Market, in Generous Size Tins.

A General Mix-Up the Editor of Women's Page: Dear Madam—White reading the Eventset of Editor Leponar this evening I came across to the Editor of Women's Page: Dear Madam—In reading last night's Eventset of Editor Leponar this evening I came across to the control of the Editor of Women's Page: Dear Madam—In reading last night's Eventset of Editor of Women's Page: Dear Madam—In reading last night's Eventset of Editor of Women's Page: Dear Madam—In reading last night's Eventset of Editor of Women's Page: Dear Madam—In reading last night's Eventset of Editor of Women's Page: Dear Madam—In reading last night's Eventset of Editor of Women's Page: Dear Madam—In reading last night's Eventset of Editor of Women's Page: Dear Madam—In reading last night's Eventset of Eventset of Eventset In the women interest to the Gould Now in last 500 women intrese I aloue do not know her address. Address the Countess Laura de Gozdawa Turxgynowicz, in care of Madame Paderewski and Turkgynowicz, in care of Madame Paderewski and the other work of recruiting the nurses who will accompany the Polish Legion to France is being carried on in New York Madame Paderewski is in charge of the work. The Countess is vice chairman.

Ten Years' Difference

To the Editor of Women's Page:

Dear Madam—I am a young girl of eighteen and last summer I met a man ten years my senior. He has been very attentione and I like him very much. Now my mother thinks I ought not to go around with him, as he is so much older. I really love him dearly and he save he loves me, and I think it is true. I told him what my mother and and he said that lots of sirls of eighteen married fellows of twenty-eight and that he wanted me to marry him. I told him I did not feel sure that I loved him enough and saked him to give me three months to answer him. He seemed so disappointed I am sorry I did so. Do you think I was wrong or reint?

You are quite right, my dear Clara. Editor of Nomen's Page:

Madam—I having on hand ten pounds are and through a mistake I stilled surar having on hand ten pounds of sait into this sugar. The surar how has a cast of sait. Kindly thuse through your valuable paper can extract this sait from the sugar, lais cannot be done, of what Use can of this mixture. Thanking you in a passible way of your possible way of your

a possible way of your this augur from the salt by so fine screen strainer or betfine piece of cloth, such as augur could not pass through, alt could However, this sifter, would be rather a tedious of a little uncertain. A better would be to save the mixture mould be to save the mixture mould be to save the mixture and tingly made for recipes sait and augur are both reastly be necessary for you to arithmetic to work this out.

It required four can figure you have one-fifth an much have sugar in every cupful times. By adding a half the politure to a cake that o and a half cupfuls of sugar.

Gloves at Theatre

Ten Years' Difference

To the Editor of Woman's Page:

wrong or right?

You are quite right, my dear Clara, if you are not sure you care enough. There are few things more beautiful than a happy married life, and there is nothing worse than an unhappy one, so think well before you decide. Ten years' difference is not too great, though it is more of a difference at eighteen than it would be at twenty-five. Three months are not long to wait for a decision for a lifetime, and you can probably make the young man see this. Somehow, I do not think he will be disappointed at the end of the three months.

To the Editor of Woman's Page:

Dear Madain—I am sevited to attend the theatre with a young man next week, have a semisvening dress with short sleeves, would it be all right to wear that without long gloves?

Gloves are not necessary. Be sure to remove the short ones you wear in the present, as the effect of short sleeves of short sleeves as the street, as the effect of short sleeves.

which has been responsible for the Philway back in her heart she has always ously threatened woman's high place adelphia debuts of many important arknown when he was going to ask the in his heart? Pursuit of man by tists, introduced two newcomers last house. These were Maude Albert, con- By J. H. KELLOGG, M. D., LL. D. the standpoints of variety and marit, ens the short muscles.

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer. Special queries like those given below are invited. It is understood that the editor does not necessarily indorse the sentiment expressed. All communications for this department should be addressed as follows: THE WOMAN'S EXCHANGE. Evening Public Ledger, Philadelphia, Pa. 1. What are horeakes and how are they made?
2. Before using a piece of net to mend a loce in a lace curtain, what should be done with it?
3. What liquids can be used in the making semievening frack?

The technical efficiency which a sucession of virtuoso players has led audiences to expect as a right from planists was the foundation of Miss Dry-Dear Madam—Please tell us games to be played and decoration suitable for a class party for girls and beys, second year, bigh effective tone from her keyboard and school! We expect about twenty of twenty of twenty five to attend. Each guest pays twenty-five to attend. Each guest pays twenty-five ents, which is to cover refreshments and money necessary to supply amusement and decorations. The party is to be held Washington's Birthday.

If. B. den's performance. But she has addi-tional assets. She wins a sweet and effective tone from her keyboard and she has individual ideas about inter-

IN THE MOMENT'S MODES

New Chapeau and Blouse Set Designed for Spring



The vogue for "sets" increases with each passing day. Palm Beach modes brought a return of the chapeau-parasol-knitting bag set; arrivals in the second quota of spring styles introduced new versions of the chapeau-handbag set, and now comes the blouse-chapeau set. An example of the attractiveness of this most recent arrival is presented in today's illustration. Heavy blue crash linen is the foundation of the blouse and hat, and the embellishment is supplied by embroidary worked

IN ILL NERVES Assurers questions on race betterment, expenses and "right living. Conducted by J. H. Kellogs, M. D., I.L. D., assisted by experts of the Bure Betterment Foundation and Eugenies Registry, Questions accompanied by stamped addressed envelope still receive prompt onsuer.

"Dem Unenditchen," Prans Schubert.
For centralto. 'Danse Negre,' Cyrli
Scott: (a) "Prelude in F sharp minor,' the
'Nocturne in C sharp minor,' the
'Nocturne in C sharp minor,' the
'Chopin. 'Thanseode Honsroise, No. 10.
Frans Lisat.
For plane, "Atlant," G. W. Chadwick,
'In the Woods,' Goorges Bizet, 'Roschud,
'Thring Her Again,' Maurice, N. We'll
'Pairie' Lullaby,' A. Bussi-Peccia.

Miss. Albert her a voice of true conNothing is no irritating to the power.

Nothing is no irritating to the power.

Miss Albert has a voice of true contraits character, of deep, dark tones and luscious quality. She uses it well, with artistic phrasing and authoritative control of her numbers. The familiar things she sang in standard manner and her novelties, interesting compositions by Maurice Weyl, were freship given.

The technical effections which a succession and lack of discipline. Weak feet and "flat-foot," then, are affections due to the control of the contro and lack of discipline. Weak feet and "flat-foot," then, are affections due, not to disease, but to overwork of a mechan-lcally distorted structure.

As one grows older and continues his daily amount of foot work under such a | " a serious condition, that walking is have we really agony. He seeks remedies for the others?

QUESTIONS AND ANSWERS

Bowlegs result from putting weight on legs the bones of which are not yet firm enough. The weight and the pull