

# WHY THESE OF WOMEN—GOOD-HUMORED, TALK-FATHOMING, COOKERY AND LETTER

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### THE WOMAN'S EXCHANGE

Those Who Are "Far Away" From Folks Because Their Best Side Is Not Their Outside Are a Little Like Him

GREAT many little boys have picked Abraham Lincoln for a household god. A success in his life and in the lives of others who follow him have ever learned anything from Lincoln.

There is an autobiographical sketch of a business man in the February American Magazine that has to do with him. The writer tells how the kindly eyes of Abe Lincoln looking down at him from the walls of a dingy boarding house befriended him one night when he was young and disheartened because he was plain and unable to impress men in business. He shows how he won his life around Lincoln's after that.

He tells many things about our big, gaunt President, the big things that made him what history proved him to be. But what struck me most was a little thought just tucked in. The writer speaks of talking to Lincoln at night as though he were alive and could hear.

"It did the lots of good," he said; "lonely kid that I was—a thousand miles away from my folks."

Lincoln was the man who was lonely—lonely in the sense that there are a thousand miles away from the understanding of the folks they bump into every day. Like Lincoln, perhaps they are not prepossessing in appearance. Like the man in the magazine article, perhaps the happy thing they ought to say occurs to them on the way home.

Lincoln made up in his understanding of people for their lack of understanding of him. He chose to long for all the little petty meannesses of men toward him and to love them even when they seemed to ignore him. He refused to withdraw suddenly within his shell. The wonderful thing about this system is that it worked out. Little by little he cut down that thousand miles that separated him from folks by being so human that in the end Stanton, the Cabinet member who started out by calling him a long-armed creature, ended up by naming him "the most perfect ruler of men the world has ever seen."

## THE WOMAN'S EXCHANGE

Letters and questions submitted to this department will be written on one side of the paper only. It is understood that the editor does not necessarily indicate the sentiment of this column. All correspondence should be addressed to: THE WOMAN'S EXCHANGE, Evening Public Ledger, Philadelphia, Pa.

**TODAY'S INQUIRIES**

- How do the French use garlic as a flavoring in soup?
- What is the best iron rest for marble?
- How can gold be refined?

**ANSWERS TO SATURDAY'S INQUIRIES**

The custom of braising food originated in the time of Louis XIV. In a country where the food was cooked in a pot over a fire, the food was cooked in a pot over a fire, the food was cooked in a pot over a fire...

**Various kinds of paper can greatly save cleaning up labor around the kitchen.** Newspapers cut in quarters can be put on the kitchen table for dirty water and old pieces of these papers can be used to clean pans before they are washed.

**Girls, Jinney for the Sailors!**

Dear Madam—How many girls and women who own and run automobiles have ever figured out how to get their cars into the hands of our sailors and marines? ...

**And Here's Loch Lomond**

Dear Madam—While reading through the "Woman's Exchange" I was interested to see a notice of a young man who had written to me about his little girl at Christmas. I will gladly give you a copy of the poem "Loch Lomond" which I received from your son. ...

**Aluminum Not Necessary**

Dear Madam—For the benefit of Mrs. C., who makes aluminum plates to clean the dishes in her kitchen, I would like to say that it is not at all necessary to have aluminum plates. ...

**Game for St. Valentine's**

To the Editor of Woman's Page:—Dear Madam—Can you please tell me some game that can be played with hearts—something that can be used as a Valentine's day gift? ...

**A Search for Peter Strech**

To the Editor of Woman's Page:—Dear Madam—I am in possession of a rare old grandfather's clock made by a Peter Strech. ...

**Pea Souffle**

To the Editor of Woman's Page:—Dear Madam—Will you kindly give a recipe for pea souffle? ...

**Material for Bagges**

To the Editor of Woman's Page:—Dear Madam—Can you please tell me where to get material for bagges? ...

**Blue Eyes Wrote Scenario**

To the Editor of Woman's Page:—Dear Madam—As you have helped many people in the past, I have a story and would like to see it in the "Woman's Exchange" if you can help me. ...

**A Little Boy—and a Dream**

The little boy smiled in his sleep that night. As he wandered to Twilight Town; And his face lit up with a heavenly light. ...

## WAR PRICES A NIGHTMARE TO THE SELF-SUPPORTING GIRL



THE GIRLS WHO COOKED THEIR MORNING EGG OVER THE GAS JET ...

**If You Serve Meat Tomorrow**

SURELY it is because you have never pictured a man at the front going hungry. Surely it is because you do not see your own little girl as the Belgian child who has gone without her dinner. IT CANNOT BE THAT YOU DO NOT CARE IF YOU SERVE MEAT TOMORROW.

**Tomorrow's War Menu**

BREAKFAST: Stewed Potatoes, Coffee, French Toast, Fruit Syrup

LUNCHEON: Macaroni Rabbit, Apples, Cookies

DINNER (WHEATLESS): Lima Bean Soup, Johnny Cake, Honey

VEGETABLE "FLOWER": A Tested Recipe

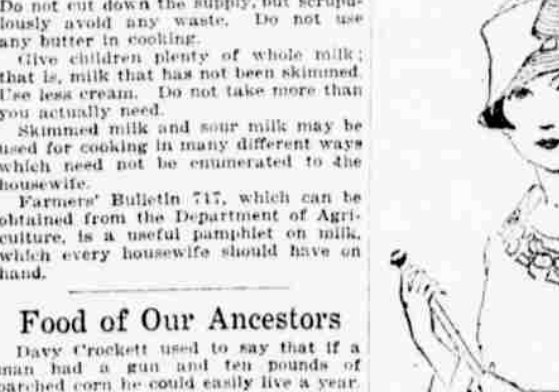
**Can a Girl Support Herself Today on Ten Dollars a Week?**

Sociologists, Alarmed at Advance in Cost of Living Necessities, Doubt Ability of Brave Feminine Workers to Accomplish Task Under \$11.70

IF IT COST a self-supporting girl \$8.53 a week to keep body and soul together in 1917, what is the lowest figure at which it can be done in 1918? Many brave little workers, according to Miss Frieda Miller, executive secretary of the Women's Trade Union League of this city, are attempting to do it on \$10 a week, and something less than that. ...

**IN THE MOMENT'S MODES**

Semi-Sports Frock of White Khaki-Kool



**Food of Our Ancestors**

Days crocked used to say that if a man had not had a few pounds of parched corn he could easily live a year. It is true that corn has a very high food-value. ...

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## BRONCHITIS AND ITS CURE

Advice on preventive medicine will be given by Dr. J. H. Kellogg in his weekly column. ...

By J. H. KELLOGG, M. D., LL. D. THE cause of this disease, so common at this time of year, are: Improper habits in eating and drinking, tight wrapping of the throat, bad ventilation and too much indoor life. ...



MANY HARD-WORKING GIRLS ARE STUDYING STENOGRAPHY AT NIGHT ...

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**QUESTIONS AND ANSWERS**

**Goiter**  
Dear X-ray for most doctor the thyroid gland is not enlarged. It is simply the abnormal growth of the gland, but the normal part of the gland is not injured unless the application is repeated too many times or applied too long. ...

**Bunch Under the Tongue**  
I have a small bunch under my tongue. The doctor says it is a small tumor. How should I have it removed? ...

**Stiff Knee**  
What treatment will cure a knee that has been stiff for nearly a year? ...

**Dandruff**  
Dandruff is said to be a germ disease. How can the germ be destroyed so that the scalp will be covered with dandruff? ...

**Hairlip**  
My baby nephew has hairlip. The mother thinks it is the same as the cleft lip, and she is so sure. ...

**HOW LIVING SCALE INCREASES**

Things have changed—many things, including landladies, and the "flow" that comes from the gas jet and the price of eggs.

**RED CROSS OPENS DRIVE AMONG SCHOOL CHILDREN**

Enrollment in Junior Membership Begins Tomorrow in Philadelphia and Adjacent Places

**PHILOPATRIAN BALL AN ASSURED SUCCESS**

Fully 5000 Persons Expected to Attend Tonight's Big Society Function

**GASSET COLLECTION HERE**

Famous Paintings Now on Exhibition at Art Alliance

**Civil Service Examinations**

The Civil Service Commission has announced open competitive examinations for passenger-rate clerk, freight-rate clerk and tariff clerk, at salaries ranging from \$1200 to \$1800 a year. ...

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## Editorials for Women by Women

By MRS. HENRY A. PILSBRY

Harvard last June, looked quite beyond the boys, back to the rows and rows of mothers. It was to the women he spoke. "I don't need to call the boys to the colors," he said, "I need to speak to you mothers. And to you I can only say, there was a mother once, named—Mary."



MRS. HENRY A. PILSBRY

The Church's bidding and the nation's bidding. Church women know how to fast as the Church bids. They are conserving the food. What can we send to help them most? Reading matter? The Church Periodical Club sends reading matter far and wide, on land and sea. But what can we give to strengthen them most when the boys "go over the top"?

An American boy who was killed in action at Vimy Ridge wrote: "I am going up to an attack in a short time. I am going to leave this note to send to you in case, by God's will, this is my final work. I have made my communion and go with a light heart and a determination to do all that I possibly can to help in this fight against evil for God and humanity. You have given me my faith, which makes it easy for me."

**SEEK FUND OF \$20,000 TO AID WORKING GIRLS**

Business Women's Christian League Opens Campaign to Extend Its Activities

The Business Women's Christian League is starting a campaign to raise \$20,000 to subsidize working girls who have been unemployed through the tremendous expansion of business during the last year.

**FREE COPIES OF SYKES'S CARTOON ON TUSCANIA**

Evening Public Ledger Circulation Department Will Give Out Striking War Picture

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